

Sunnybrook 8K Cross Country
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

M30 8000 Meter Run

Name	Age Team	Finals	Age-Grading Points
Results - Men 30			
1 Reid Coolsaet	M31 Speed River	25:23.99	25:16.68 83.86%
2 Mike Gill	M33 Physikult	26:03.97	25:45.99 82.29%
3 Mario Iozzo	M34 Newmarket Huskies	26:42.14	26:16.51 80.70%
4 Mike Bianchi	M31 Harbour Track	29:01.93	28:53.57 73.37%
5 Kyle Ferguson	M31 Toronto Olym	29:25.24	29:16.77 72.40%
6 Michael Doyle	M30 Longboat RR	29:45.29	29:40.83 71.42%
7 Steve Metzger	M34 Longboat RR	31:33.99	31:03.69 68.27%

W30 8000 Meter Run

Name	Age Team	Finals	Age-Grading Points
Results - Women 30			
1 Chantal Warriner	W30 Newmarket Huskies	31:32.42	31:31.86 76.36%
2 Carrie Byer	W31 Newmarket Huskies	34:24.24	34:21.97 70.10%
4 Wendy Lee	W34 East Toronto	40:00.56	39:43.28 60.61%

M35 8000 Meter Run

Name	Age Team	Finals	Age-Grading Points
Results - Men 35			
1 Jay Brecher	M36 UTTC	28:18.11	27:32.10 76.97%
2 Dave Tepper	M35 Newmarket Huskies	28:25.20	27:49.06 76.24%
3 Paul Felix	M35 Harbour Track	29:00.50	28:23.61 74.69%
4 Gary Pluim	M39 UTTC	29:47.86	28:22.23 74.73%
5 Kevin Curnock	M35 Longboat RR	31:00.31	30:20.88 69.88%
6 Kevin Tearle	M35 Harbour Track	31:07.49	30:27.90 69.61%
7 Gerardo Reyes	M35 Longboat RR	31:32.97	30:52.84 68.68%
8 Mike Bown	M39 Harbour Track	31:53.22	30:21.58 69.83%
9 Greg Purkis	M38 Toronto Olym	34:05.63	32:42.17 64.82%

W35 8000 Meter Run

Name	Age Team	Finals	Age-Grading Points
Results - Women 35			
1 Sarah Nagy	W37 Newmarket Huskies	31:16.00	30:41.49 78.46%
2 Becky Patten	W36 Toronto Olym	33:55.34	33:26.65 72.03%

M40 8000 Meter Run

Name	Age Team	Finals	Age-Grading Points
Results - Men 40			
1 Kevin Farr	M40 UTTC	29:37.56	27:59.98 75.72%
2 Paul Trebilcock	M44 Harbour Track	29:58.89	27:29.41 77.10%
2 Greg Bonhomme	M41 Longboat RR	38:38.56	36:14.81 58.48%
3 Chris Madsen	M42 UTTC	30:11.26	28:06.29 75.42%
4 Ian Sinclair	M40 Toronto Olym	30:17.47	28:37.70 74.06%
5 Chris Jocelyn	M40 Harbour Track	30:23.65	28:43.54 73.81%
6 Michael Chang	M43 UTTC	31:15.64	28:53.10 73.41%
7 Jianping Xu	M44 Harbour Track	32:08.88	29:28.60 71.91%

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8	Brian Lovshin	M41	Toronto Olym	33:26.53	31:22.13	67.58%
9	Mark Luxton	M44	Unattached	33:28.80	30:41.87	69.05%
10	Zacharia Gatitu	M44	Toronto Olym	35:40.77	32:42.88	64.79%

W40 8000 Meter Run

Name	Age	Team	Finals	Age-Grading	Points
Results - Women 40					
1	Christy Barber	W42	Unattached	33:07.08	31:30.71 76.44%
1	Sheryl Potter	W43	Newmarket Huskies	38:54.00	36:42.83 65.60%
2	Kathryn Sullivan	W44	Newmarket Huskies	37:21.09	34:56.55 68.94%
2	Hellaina Rothenburg	W40	South Simco	39:44.06	38:21.34 62.79%
3	Wendy Chen	W41	Longboat RR	38:17.99	36:43.09 65.58%

M45 8000 Meter Run

Name	Age	Team	Finals	Age-Grading	Points
Results - Men 45					
1	Geoff Peat	M47	Newmarket Huskies	28:19.11	25:22.07 83.57%
1	Paul Ernst	M46	Unattached	31:38.16	28:33.66 74.23%
2	Simon Rayner	M46	Unattached	30:53.01	27:52.90 76.04%
3	Roger Moss	M47	Longboat RR	32:03.79	28:43.34 73.81%
4	Stefan Zver	M48	Unattached	32:32.29	28:55.20 73.30%
5	Eric Jackson	M48	Unattached	32:37.34	28:59.69 73.11%
6	Jeff Orchard	M45	London Pacers	32:45.61	29:48.51 71.12%
7	Peter Drake	M49	Harbour Track	33:09.38	29:14.04 72.54%
8	Edward Kooistra	M49	Unattached	37:39.11	33:11.86 63.87%
8	Rob Pearson	M49	Unattached	46:47.72	41:15.57 51.39%
9	Tom Sawyer	M49	Estonia masters	46:48.17	41:15.97 51.39%

W45 8000 Meter Run

Name	Age	Team	Finals	Age-Grading	Points
Results - Women 45					
1	Christine Ross	W46	Physikult	34:19.12	31:28.42 76.54%
2	Nancy Chong	W48	Unattached	35:41.85	32:00.17 75.26%
3	Margaret Watson	W47	Unattached	37:46.85	34:16.27 70.27%

M50 8000 Meter Run

Name	Age	Team	Finals	Age-Grading	Points
Results - Men 50					
1	Chris Deighan	M50	Newmarket Huskies	29:09.69	25:30.46 83.10%
2	Robert Campbell	M50	Longboat RR	30:34.86	26:44.96 79.24%
3	Ken Hawthorn	M51	Newmarket Huskies	31:28.31	27:18.30 77.64%
3	Alex Keeting	M53	EtobicokeTC	38:40.88	33:01.11 64.20%
4	Jonathan Black	M52	Unattached	33:56.44	29:12.57 72.58%
5	Jim Freemantle	M52	Newmarket Huskies	34:29.23	29:40.78 71.43%
6	Tony Madott	M50	Unattached	41:13.41	36:03.50 58.79%

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W50 8000 Meter Run

Name	Age Team	Finals	Age-Grading Points
Results - Women 50			
5 Cathie Campbell	W50 Unattached	43:50.43	38:20.84 62.80%

M55 8000 Meter Run

Name	Age Team	Finals	Age-Grading Points
Results - Men 55			
1 Jerry Kooymans	M55 Toronto Olym	29:17.99	24:35.84 86.18%
2 Jim Rawling	M55 Longboat RR	36:20.10	30:30.20 69.49%

W55 8000 Meter Run

Name	Age Team	Finals	Age-Grading Points
Results - Women 55			
1 Dawn Hamel	W55 South Simco	36:05.58	29:36.21 81.36%
2 Maureen Mancuso	W56 Longboat RR	38:28.52	31:08.29 77.32%
3 Clara Northcott	W56 Mississauga Tra	39:55.73	32:18.87 74.51%
6 Mary Jacobs	W57 UTTC	46:45.54	37:19.95 64.52%

M60 8000 Meter Run

Name	Age Team	Finals	Age-Grading Points
Results - Men 60			
1 Bob Knuckey	M62 Newmarket Huskies	33:13.96	26:15.63 80.74%
2 Tim Payne	M60 Newmarket Huskies	35:28.64	28:32.07 74.32%
3 Mike Bedley	M63 Longboat RR	35:44.23	27:59.37 75.74%
4 Murray Hale	M61 Newmarket Huskies	35:50.21	28:34.15 74.23%
5 Bert de Vries	M64 Longboat RR	38:20.29	29:45.26 71.25%
5 Ken Hamilton	M60 Newmarket Huskies	39:39.03	31:53.46 66.50%
7 John Lyng	M60 Longboat RR	42:26.74	34:08.35 62.12%

M65 8000 Meter Run

Name	Age Team	Finals	Age-Grading Points
Results - Men 65			
1 Robert Moore	M69 Toronto Olym	37:03.09	27:25.54 77.28%
4 Glen Norcliffe	M67 Toronto Olym	39:07.02	29:32.01 71.79%
11 John Powell	M66 EtobicokeTC	57:18.90	43:40.45 48.53%

M80 8000 Meter Run

Name	Age Team	Finals	Age-Grading Points
Results - Men 80			
10 Ralph Lang	M82 Metro Fitnes	51:48.56	30:10.74 70.26%