

# Canadian Cross Country Championships

Jericho Beach - Vancouver, British Columbia

Saturday, December 2, 2006

Hosted by BC Athletics

## M30

Jamie Halla	Toronto, ON	South Simcoe Dufferin	33:12	64.18%
Doug Kay	Ottawa, ON	Ottawa Lions	37:36	56.65%
Alex Agnoluzzi	Etobicoke, ON	Etobicoke Huskies/Striders	39:42	53.66%

## W30

Jen Cochran	Grande Prairie, AB	Wapiti Striders	36:43	64.41%
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## M35

Philip Rist	Vancouver, BC	UN-BC	27:20	77.94%
Jeff Barrett	Port Elgin, ON	Saugeen Track & Field Club	29:05	74.24%
Kevin O'Connor	Vancouver, BC	Hershey Harriers	30:03	72.91%
Ken Gosleigh	Port Elgin, ON	Saugeen Track & Field Club	30:17	72.34%
Mark Knoop	Victoria, BC	UN-BC	30:45	71.25%
Scott Andruschak	West Vancouver, BC	Hershey Harriers	34:21	62.42%
Jamie Forget	Shanty Bay, ON	South Simcoe Dufferin	35:23	61.44%

## W35

Penny Thompson	Grande Prairie, AB	Wapiti Striders	33:38	70.69%
Sharon McCready	Etobicoke, ON	Etobicoke Huskies/Striders	40:31	60.07%

## M40

Steve Boyd	Kingston, ON	Physi-Kult	27:01	83.45%
Shawn Muldrew	Edmonton, AB	Edmonton Thunder	28:16	78.58%
Paul McCloy	Calgary, AB	Calgary Roadrunners	28:18	79.65%
Norman Tinkham	Maple Ridge, BC	Prairie Inn Harriers Racing	29:01	77.66%
Daniel Fiorini	Schomberg, ON	Newmarket Huskies Track	29:04	78.12%
Adrian Becklumb	Calgary, AB	Calgary Roadrunners	29:22	75.62%
Bertrand Plouvier	Vancouver, BC	UN-BC	29:40	74.87%
Jamie Black	Toronto, ON	UN-ON	30:12	74.64%
Bruce Dalton	Calgary, AB	Calgary Roadrunners	30:40	72.96%
Kevin Bowles	Calgary, AB	Calgary Roadrunners	30:42	72.32%
Andrew Tuovinen	Belcarra, BC	Hershey Harriers	30:55	72.91%



Joel Bourgeois leads the Senior Men's race in Jericho Park, across English Bay from downtown Vancouver

**M40 con't**

Kevin Hooper	Meaford, ON	Owen Sound Runners	30:55	72.90%
Ernest Hawker	Surrey, BC	UN-BC	31:31	72.03%
Fraser Roy	Owen Sound, ON	Owen Sound Runners	32:09	69.58%
Robert Durrant	Langley, BC	UN-BC	32:15	68.86%
Max Waibler	Vancouver, BC	Hershey Harriers	32:36	68.64%
Derek Smith	Owen Sound, ON	Owen Sound Runners	32:50	68.13%
John Fitzgerald	West Vancouver, BC	Hershey Harriers	33:32	66.22%
Christopher Kelsall	Victoria, BC	Prairie Inn Harriers Racing	36:14	60.86%
Darrell Fenning	Calgary, AB	Univeristy of Calgary Athletic	38:18	58.84%

**W40**

Joan McGrath	Victoria, BC	Prairie Inn Harriers Racing	31:52	80.27%
Colleen Hopkins	Toronto, ON	Toronto Olympic Club	34:16	73.37%
Rhonda Clark	Calgary, AB	Calgary Roadrunners	35:26	69.81%
Donna Dixon	Calgary, AB	Calgary Roadrunners	35:55	71.21%
Nicola Everton	Garibaldi Highland	Ocean Athletics	36:31	68.30%
Teresa Nightingale	Halfmoon Bay, BC	Sunshine Coast Athletics	36:33	68.22%
Liz Jones	Vancouver, BC	Hershey Harriers	36:38	68.09%
Marlene Corcoran	Grande Prairie, AB	Wapiti Striders	38:30	65.87%
Christine Blanchette	Richmond, BC	Kajaks Track & Field Club	39:21	62.86%
Jeanie Bezdán	Vancouver, BC	Ocean Athletics	82:06	

**M45**

Tim Wood	Owen Sound, ON	Owen Sound Runners	29:52	78.96%
Beto Bustos	Edmonton, AB	UN-AB	30:19	77.82%
Phillip Sigalet	Kamloops, BC	Kamloops Ridge Runners	30:40	75.11%
Darren Lazaruk	Calgary, AB	Calgary Roadrunners	30:43	74.46%
Ed Bickley	Calgary, AB	Calgary Roadrunners	31:08	75.20%
Art Boileau	Vancouver, BC	Hershey Harriers	31:19	75.31%
Mike Leroux	Stillwater Lake, NS	Dartmouth Athletics	31:20	72.98%
Darrell Kary	Calgary, AB	UN-AB	31:29	74.35%
Ted de St. Croix	Surrey, BC	Ocean Athletics	31:46	74.25%
Scott Vining	Owen Sound, ON	Owen Sound Runners	31:47	71.97%
Gary Duncan	Victoria, BC	Prairie Inn Harriers Racing	31:48	74.19%
Max Findlay	Edmonton, AB	UN-AB	32:56	71.63%
Nick Meloche	Owen Sound, ON	Owen Sound Runners	33:01	69.26%
Bill Corcoran	Grande Prairie, AB	Wapiti Striders	33:33	68.18%
Alex Keeting	Etobicoke, ON	Etobicoke Huskies/Striders	40:34	58.15%



**Rhonda Clark, Sharisse Kyle,  
Isabel Ostrom, and Donna Dixon**



**M45 Darren Lazaruk AB, M50 Dave Reed BC,  
M55 Michael Secker AB, M35 Mark Knoop BC,  
M40 Kevin Hooper ON** Photo by Joe Lehmann

**W45**

Jennifer Ditchfield	London, ON	UN-ON	33:41	77.94%
Lynda deBoer	Etobicoke, ON	Etobicoke Huskies/Striders	36:10	72.60%
Sandra Yaworski	Calgary, AB	Calgary Roadrunners	36:29	70.68%
Lori Mitchinson Bailey	Barrie, ON	South Simcoe Dufferin	27:22	73.00%
Sharisse Kyle	Calgary, AB	Calgary Roadrunners	36:46	72.67%
Wendy Davies	Victoria, BC	Prairie Inn Harriers Racing	37:01	71.56%
Jackie Holloway	West Vancouver, BC	Hershey Harriers	37:46	70.75%
Isabel Ostrom	Calgary, AB	Calgary Roadrunners	38:59	66.16%
Katherine Willis	Etobicoke, BC	Etobicoke Huskies/Striders	39:54	66.39%

**M50**

Paul Reimer	Abbotsford, BC	Deerfoot Athletic Club	30:14	79.25%
Dave Reed	Victoria, BC	Prairie Inn Harriers Racing	31:10	77.51%
Cliff Russell	Edmonton, AB	UN-AB	32:13	75.61%
Rob Lang	Surrey, BC	UN-BC	32:45	72.59%
Brad Morley	Owen Sound, ON	Owen Sound Runners	33:22	72.98%
Tony Lambert	Edmonton, AB	Edmonton Masters	33:30	70.97%
Keith Robinson	Kelowna, BC	UN-BC	34:45	68.40%
Rae Gordon	Burnaby, BC	Lions Gate Road Runners	35:03	68.91%
James Neff	Okotoks, AB	Calgary Roadrunners	36:46	64.67%
Willi Ribl	Richmond, BC	Kajaks Track & Field Club	36:52	66.62%
Robert McKinnon	Denwood, AB	Denwood Outdoor Athletics	37:04	65.18%

**W50**

Maureen de St. Croix	Surrey, BC	Ocean Athletics	34:24	80.69%
Clara Northcott	Etobicoke, ON	Etobicoke Huskies/Striders	39:30	69.54%
Lilian Wong	Vancouver, BC	Vancouver Falcons Athletic	46:15	60.59%

**M55**

Michael Secker	South Edmonton, AB	Edmonton Thunder	30:55	80.12%
Robert Dunbrack	Nanaimo, BC	UN-BC	33:39	74.97%
Steve Hosford	Richmond, BC	Kajaks Track & Field Club	34:31	72.41%
Scott Stewart	Langley, BC	UN-BC	35:31	70.36%
Larry McMahon	Victoria, BC	Lions Gate Road Runners	36:25	70.50%
Doug Smith	Toronto, ON	UN-ON	38:50	63.78%
Gaetan Breton	Sherbrooke, QC	Sherbrooke Athletics Club	39:02	65.78%
Teddy Boyko	Prince Albert, AB		39:38	62.49%

**W55**

Gwyn Woodson	Victoria, BC	Prairie Inn Harriers Racing	35:33	79.56%
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**M60**

Brian Connon	Victoria, BC	Prairie Inn Harriers Racing	34:10	75.84%
Jake Madderom	Burnaby, BC	Kajaks Track & Field Club	36:45	71.89%
Ted Mitchell	London, ON	UN-ON	44:32	60.57%
John Powell	Etobicoke, ON	Etobicoke Huskies/Striders	51:33	51.26%

**M65**

Herb Phillips	Victoria, BC	Prairie Inn Harriers Racing	34:18	80.31%
Bill Hollingshead	Nanaimo, BC	Prairie Inn Harriers Racing	36:34	74.50%
Vern Christensen	Toronto, ON	Scarborough Masters	37:00	73.60%
Jack Geddes	Toronto, ON	Scarborough Masters	39:26	72.24%
Jim Pascoe	Pickering, ON	UN-ON	45:40	61.68%
Rob Daniel			51:19	54.28%

**M70**

Ron Crichton	Etobicoke, ON	Etobicoke Huskies/Striders	40:29	71.19%
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**M75**

Maurice Tarrant	Victoria, BC	Prairie Inn Harriers Racing	41:16	75.71%
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**Results courtesy of Sylvan Smyth  
Race Headquarters - ChampionChip Canada**



## Club Team Scores

**M30**

Etobicoke Huskies	
Alex Agnoluzzi	39:42
Ron Crichton	40:29
Alex Keeting	40:34
John Powell	<u>51:33</u>
	2:52:18

**M40**

Calgary Roadrunners A	
Paul McCloy	28:18
Adrian Becklumb	29:22
Kevin Boyles	30:42
Michael Secker	<u>30:55</u>
	1:59:17
Owen Sound Roadrunners	
Tim Wood	29:52
Kevin Hooper	30:55
Fraser Roy	32:09
Nick Meloche	<u>33:01</u>
	2:05:57
Calgary Roadrunners B	
Ed Bickley	31:08
Darren Lazaruk	30:43
Bruce Dalton	30:40
James Neff	<u>36:46</u>
	2:09:17

**M60**

PIH Racing Team BC	
Brian Connon	34:10
Heb Phillips	34:18
Bill Hollingshead	<u>36:34</u>
	1:45:02
Scarborough Masters	
Vern Christensen	37:00
Jack Geddes	39:26
Joan Christensen	<u>48:30</u>
	2:04:56

**W30**

Etobicoke Huskies Striders	
Lynda deBoer	36:10
Clara Northcott	39:30
Katherine Willis	39:54
Sharon McCready	<u>40:31</u>
	2:36:05

**W40**

Calgary Roadrunners	
Rhonda Clark	35:26
Donna Dixon	35:55
Sandra Yaworski	36:29
Sharisse Kyle	<u>36:46</u>
	2:24:36

## Bluenose Trophy

awarded to the province with the top four age-graded marks

				<b>AG%</b>	
<b>1</b>	<b>British Columbia</b>				
	31:51.1	Joan McGrath	40	Victoria	80.95
	34:23.6	Maureen de St. Croix	50	Surrey	80.69
	34:17.1	Herb Philips	65	Victoria	80.31
	35:33.0	Gwyn Woodson	55	Victoria	<u>79.56</u>
					321.51
<b>2</b>	<b>Ontario</b>				
	27:00.2	Steve Boyd	40	Kingston	83.45
	29:52.0	Tim Wood	45	Owen Sound	78.96
	29:03.5	Daniel Fiorini	40	Schomberg	78.12
	33:40.8	Jennifer Ditchfield	45	London	<u>77.94</u>
					318.47
<b>3</b>	<b>Alberta</b>				
	30:54.8	Mike Secker	55	South Edmonton	80.12
	28:17.4	Paul McCloy	40	Calgary	79.65
	28:15.2	Shawn Muldrew	40	Edmonton	78.58
	30:18.2	Beto Bustos	45	Edmonton	<u>77.82</u>

Two big reasons that BC won the Bluenose  
**M65 Herb Philips and W50 Maureen de St Croix**

Photo by Joe Lehmann

