

Ontario Masters 8K Cross Country Championships

Sunnybrook Park, Toronto

Sunday, November 5, 2006

M30	Wepler, Jason	SAG	27:00.00	78.9%
	Brecher, Jay	MAD	27:08.00	78.5%
	Tepper, David	NWH	27:40.00	77.0%
	Halla, Jamie	SSD	30:27.00	70.0%
	Rishworth, Dan	UNA	32:24.00	65.7%
	Byrne, Louis	TOC	32:44.00	65.1%
	Strachan, Jeff	UNA	33:09.00	64.3%
W30	Nagy, Sarah	NWH	31:18.00	75.5%
	Sherwood, Kathryn	MAD	35:27.00	66.7%
	Yin, Cora	UNA	37:13.00	63.5%
	Lee, Wendy	ETS	41:02.00	57.6%



W30 Sarah Nagy leads W45 Beth Primrose
Near the first of two loops.

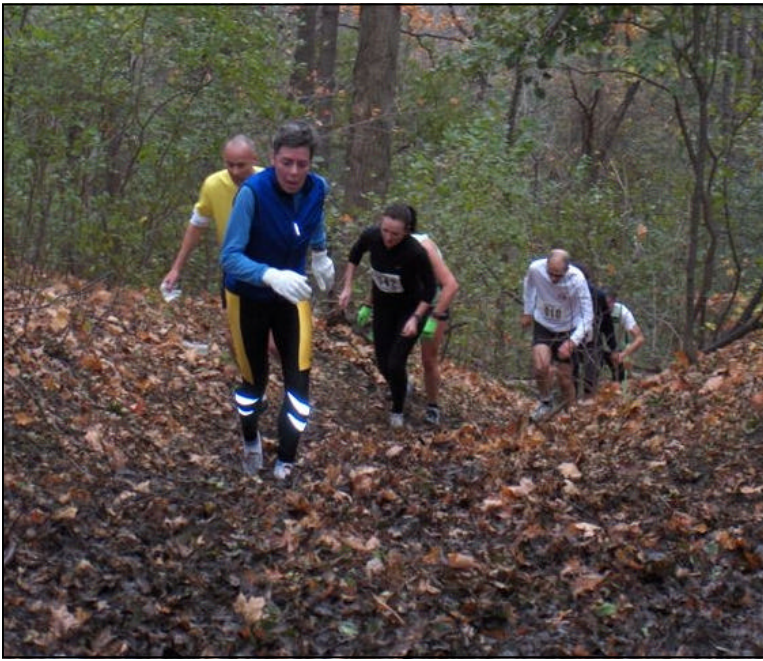
Beth went on to break the W45 Course Record.
She now holds the W35 and W 40 CR's as well.

M35	Stevens, Scott	STC	27:33.00	78.4% CR
	(old CR 27:51 Gord Christie '98)			
	Barrett, Jeff	SAG	28:04.00	76.9%
	Gosleigh, Ken	SAG	29:13.00	74.9%
	Pribaz, Allan	UNA	29:18.00	72.7%
	McDonell, Scott	UNA	29:21.00	74.6%
	Bauman, Marvin	SAG	29:28.00	72.8%
	Hackshaw, Derek	NWH	30:15.00	71.4%
	Hoage, Bryan	UNA	32:35.00	66.7%
	Bailey, Mark	UNA	34:22.00	63.3%
	McLauchlin, Troy	BTF	34:31.00	63.0%
	Boyd, Jason	LBR	37:35.00	57.0%
	Armstrong, Brent	UNA	38:05.00	57.5%
W35	Boultbee, April	UNA	32:23.00	73.0%
	Boultbee, Melanie	UNA	32:50.00	72.0%
	Lock, Kate	UNA	36:40.00	65.3%

M35 Scott Stevens #64
broke the Gord Christie's CR

	Potter, Sheryl	NWH	37:23.00	65.6%
	Van Erp Rothenburg	UNA	38:18.00	62.5%
	Tam, Sandra	LBR	41:22.00	57.4%
	Emery, Barb	RRR	41:59.00	57.0%
	Phelps, Paula	UNA	45:05.00	53.1%
M40	Fiorini, Dan	NWH	27:50.00	81.6%
	Peat, Geoff	NWH	28:36.00	78.8%
	Kaandorp, John	SAG	28:55.00	78.5%
	Black, Jamie	MAD	29:42.00	75.9%
	Belle-Isle, Francoi	SPR	30:28.00	72.4%
	Gonos, John	ETS	31:41.00	70.1%
	Hinnen, John	LSM	32:18.00	68.3%
	Wallace, James	UNA	34:08.00	66.5%
	French, Kevin	LSM	36:39.00	61.9%
W40	Hopkins, Colleen	TOC	33:17.00	75.5%
	Kay, Kristen	LBR	41:00.00	61.3%
	Dopuda, Alemka	LBR	47:22.00	53.9%
	Parkinson, Andria	UNA	50:29.00	50.2%
M45	Earl, Rob	ETS	28:54.00	80.3%
	Trudeau, Stan	TOC	29:39.00	78.3%
	Meijer, John	LSM	30:41.00	74.5%
	Hammers, Rob	LSM	31:00.00	73.8%
	Moloney, Desmond	ETS	31:36.00	72.9%
	Allegretti, Joseph	UNA	31:49.00	73.5%
	D'Oliveira, Armand	SMC	34:03.00	67.7%
	Gillis, Dave	LBR	34:09.00	69.0%
	Langridge, Robb	QLT	34:53.00	66.6%
	Spielvogel, David	SMC	35:08.00	67.1%
	Keeting, Alex	EHS	36:46.00	64.1%
W45	Primrose, Beth	TOC	31:08.00	82.8% CR
	(old CR 32:24 Lynda DeBoer '05)			
	Salter, Gillian	MOM	37:12.00	69.3%
	Sutcliffe, Suzanne	UNA	39:58.00	64.5%
	Spoel, Cathy	UNA	40:50.00	65.4%
	Ahmed, Gay	MOM	40:58.00	64.6%





Gillian Salter leads a pack up the *Bob Moore Hill*
Photo by Carl Wilcox

	Roblin, Lynn	MOM	43:05.00	62.0%
M50	Farr, Anthony	UNA	31:19.00	76.5%
	Mossman, Gary	UNA	32:14.00	75.6%
	Butlin, Richard	LSM	32:40.00	72.7%
	Meleca, Joe	NWH	33:44.00	71.6%
	Rawling, Jim	LBR	34:34.00	69.3%
	Campbell, Bruce	LSM	35:15.00	67.4%
	Creighton, Denny	LSM	36:36.00	65.5%
	Buonastella, Orland	LBR	37:02.00	65.2%
W50	Hamel, Dawn	OAC	36:04.00	75.4%
	Northcott, Clara	EHS	37:04.00	74.1%
	Marino, Chris	MOM	41:31.00	65.5%
	Watson, Pauline	MOM	42:53.00	64.0%
	Butlin, Carole	LSM	48:24.00	55.7%
M55	Horwich, Bill	UNA	33:19.00	77.1%
	Bailey, Richard	LBR	34:50.00	73.0%
	Smith, Doug	PRS	38:26.00	64.4%
	Snider, Dan	TOC	39:26.00	62.8%
	Hoff, Tory	LBR	42:38.00	59.7%
M60	de Vries, Bert	LBR	34:26.00	75.2%
	Connolly, Hugh	LBR	36:56.00	70.8%
	Kavanagh, Dermot	UNA	39:14.00	68.0%
	Mitchell, Ted	UNA	43:34.00	61.9%
	Powell, John	EHS	48:51.00	54.1%
	Verjee, Zul	UNA	57:50.00	46.6%
W60	Wells, Nancy	LBR	37:56.00	78.5% CR
	(old CR 43:29 Claire Prest '05)			
	De Geus, Tina	LBR	53:50.00	56.6%
M65	Moore, Robert	TOC	34:21.00	79.3% CR
	(old CR 34:34 Jack Geddes '04)			
	Christensen, Vern	SMC	36:34.00	74.5%
	Geddes, Jack	SMC	38:32.00	73.9%
	Pascoe, Jim	RRR	43:22.00	64.9%
	Nagle, Bob	LBR	43:50.00	64.3%

	Bostock, Charles	UNA	44:34.00	62.5%
	Abbott, Norm	UNA	48:25.00	58.8%
W65	Christensen, Joan	SMC	45:04.00	71.0%
	Rowswell, Adri	SMC	48:53.00	65.4%
	Doench, Jean	LBR	50:47.00	64.7%
M70	Crichton, Ron	EHS	39:50.00	72.4%
	Krolow, Gerhard	MTF	40:38.00	71.8%
	Milligan, Jim	LBR	49:06.00	60.2%
	Waller, Gary	SMC	52:29.00	56.3%
W70	Turner, Molly	MTF	45:24.00	76.6%
M75	Wilson, Dave	KRR	47:41.00	64.5% CR
	(old CR 48:26 Ralph Lang '05)			

Team Results

M30

Saugeen T&F Club **83:59** **CR**
Barrett, Gosleigh, Kaandorp, Wepler
(old CR 1:27:57 Marathon Dynamics '05)

Newmarket Huskies 84:06
Fiorini, Peat, Hackshaw, Tepper

Marathon Dynamics 87:58
Beth Primrose, Brecher, Black

Longboat Roadrunners 101:23
Boyd, Gillis, Trudeau



Bob Moore & Jim Rawling

M40

East Toronto Striders 92:11
Rob Earl, Moloney, Gonos

Lakeshore Masters 93:59
Hinnen, Meijer, Hammers, French

Etobicoke Huskies 113:40
Keeting, Crichton, Clara Northcott, Powell

M50

Lakeshore Masters 104:31
Campbell, Butlin, R. Creighton, Carol Butlin

Longboat Roadrunners 106:26
Buonastella, Bailey, Rawling, Hoff

M60

Longboat Roadrunners 115:12
Connoly, Nagel, deVries, Milligan

Scarborough Masters 127:35
Geddes, V.Christensen, Waller

M70

Metro Fitness 86:02 CR
Molly Turner, Krolow, Lang (DNF)
(old CR 1:26:47 Belle Watling USA '98)

W40

Merry Moms of Oakville 121:15
Salter, Roblin, Ahmed

Longboat Roadrunners 128:20
Dopuda, Kay, Sutcliffe

**M45 Rob Earl****W50**

Merry Moms of Oakville 84:24
Watson, Marino

W60

Longboat Roadrunners 88:43 CR
Wells, de Geus, Doench
(old CR 1:30:58 Longboat '05)

Scarborough Masters 93:57
J. Christensen, Rowswell



Thanks to **Sarah Raetsen**
for taking the photographs.

Special thanks to **Vern & Joan**
and the Scarborough Masters
for the refreshments after the race.

M45 Armand D'Oliveira
leads a pack near the end