

# Ontario Masters Outdoor Championships

## MEET RECORDS

Compiled by Doug Smith - 2011 marks in **BOLD**

Year	Location	Meet Director	<u>200m</u>			<u>1500m</u>					
71	No Information		M30	Dree Ryan	22.76	10	<b>M30</b>	<b>Jimmy Semes</b>	<b>4:43.15</b>	<b>11</b>	
72	Hamilton McMaster	John Parr	M35	Luis Vega Penso	22.54	09	M35	Rich Tremain	4:06.18	07	
73	Oshawa	??	M40	Kerry Smith	23.20	97	M40	Ray Tucker	4:06.0	88	
74	No Information		M45	Thaddeus Bell USA	23.78	92	M45	Ray Tucker	4:16.19	93	
75	X (Cancelled due to 1st WAVA meet in Toronto)		M50	Kerry Smith	23.50	06	M50	Ed Whitlock	4:21.1	82	
76	Oshawa	??	M55	Kerry Smith	24.50	09	M55	Cliff Hall	4:39.2	82	
77	Hamilton - Mac	??	M60	Tony Powell	25.94	04	M60	Cliff Hall	4:53.7	88	
78	Oshawa	??	M65	Tony Powell	26.53	09	M65	Earl Fee	4:52.0	94	
79	Scarborough (NorthAm Champs)	George Mitchell	M70	George Horton	29.72	04	M70	Ed Whitlock	5:24.94	03	
80	Tillsonburg	Jim Young	M75	Earl Fee	30.72	06	M75	Ed Whitlock	5:26.03	07	
81	Oshawa	Chris Stones	M80	Blain Till	37.2	87	<b>M80</b>	<b>Ed Whitlock</b>	<b>5:59.81</b>	<b>11</b>	
82	Kitchener	Don MacFarlane	M85	Karl Trei	53.83	96					
83	Sudbury	Shirley Pommier, Hugh Ferguson	W30	Foy Williams	24.83	05	W30	Sascha Scott USA	4:38.06	08	
84	Oshawa	Kevin Dillon & Barb Webster	W35	Marg Hendershot	26.5	91	W35	Janet Takahashi	4:40.6	95	
85	East York CI	Brian Keaveney		Maureen Rodrigue	26.74	01	W40	Cecilia O'Neill	4:55.39	04	
86	Etobicoke	Brian Keaveney	W40	Deborah Lenz	27.93	98	W45	Diane Palmason	5:04.3	83	
87	East York CI	Brian Keaveney	W45	Eveline Saul	29.62	79	W50	Christine Lavallee	5:20.24	08	
88	Etobicoke	Brian Keaveney	W50	Karla Del Grande	26.44	05	W55	Molly Turner	5:35.2	89	
89	Sudbury	Shirley Pommier	W55	Karla Del Grande	28.04	09	W60	Jean Horne	5:46.15	93	
90	Etobicoke	George Gluppe	W60	Rhona Trott	32.89	09	W65	Jean Horne	6:10.03	99	
91	Oshawa	Oliver Sinclair	W65	Doreen Carmichael	35.37	96	W70	Jean Horne	6:40.31	04	
92	Hamilton - Mohawk	Val Sarjeant	W70	Elga Meri	41.0	91					
93	Sudbury	Shirley Pommier	W75	Isobel Saumier	41.8	89					
94	Oshawa	Oliver Sinclair	W80	Isobel Cunningham	53.1	94					
95	Tillsonburg	Ron Beck					<b>5000m</b>				
96	25 <sup>th</sup> York U.	OMTFA Executive					<b>M30</b>	<b>William Bentley</b>	<b>17:42.51</b>	<b>11</b>	
97	York University	OMTFA Executive	<b>400m</b>				M35	Gord Michener	15:09.8	83	
98	London - St Thomas Aquinas	Richard Lenz	<b>M30</b>	<b>Shane Firth</b>	<b>51.50</b>	<b>11</b>	M40	Ken Inglis	15:16.4	83	
99	York University	OMTFA Executive	M35	Horace Hudson	51.5	88	M45	Jerry Kooymans	15:40.56	01	
00	York University	OMTFA Executive	M40	J. Burnett	51.83	82	M50	Jerry Kooymans	16:03.43	08	
01	York University	OMTFA Executive	M45	Mike Sherar	51.39	09	M55	Bob Moore	16:57.51	96	
02	Hamilton - Mac	Val Sarjeant	M50	Benny James USA	54.80	10	M60	Ed Whitlock	18:14.73	92	
03	York University	OMTFA Executive	M55	Rudolph Valentine USA	54.56	79	M65	Ed Whitlock	17:38.50	97	
04	York University	OMTFA Executive	M60	Earl Fee	59.0	89	M70	Ed Whitlock	18:49.94	04	
05	York University	OMTFA Executive	M65	Earl Fee	58.9	95	M75	Ed Whitlock	20:21.57	06	
06	London - Western U.	Linda Findley	M70	Earl Fee	62.49	99	<b>M80</b>	<b>Ed Whitlock</b>	<b>21:02.38</b>	<b>11 WR</b>	
07	London - Western U.	Linda Findley	M75	Earl Fee	69.28	05					
08	Toronto T&F Centre	Doug Smith	M80	Earl Fee	WR	1:10.82	09	W35	Janet Takahashi	17:42.9	95
09	Toronto T&F Centre	Doug Smith					W40	Cecilia O'Neill	17:59.01	04	
10	Toronto T&F Centre	Doug Smith	W30	Katonya Harding	62.61	00	W45	Elizabeth Primrose	18:46.66	08	
11	Varsity Centre	Doug Smith	W35	Maureen Rodrigue	59.17	01	W50	Linda Findlay	19:35.99	98	
			W40	Maureen Rodrigue	61.83	05	W55	Molly Turner	20:48.5	89	
			W45	Faith Nesdoly	64.09	05	W60	Molly Turner	21:20.00	97	
			W50	Karla Del Grande	60.56	04	W65	Molly Turner	22:46.11	01	
			W55	Karla Del Grande	1:07.88	09	W70	Judith Kazdan	26:36.0	90	
			W60	Jean Horne	1:17.22	97					
			W65	Jean Horne	1:15.79	01	<b>10,000m</b>				
			W70	Jean Horne	1:21.87	03	M35	James Earl	31:56.27	97	
			W75	Isobel Cunningham	2:00.6	91	M40	Ken Inglis	31:07.1	82	
							M45	Mike Scott	33:19.0	88	
			<b>800m</b>				M50	Art Taylor	34:44.1	79	
			M30	Trevor Van Nest	2:05.66	02	M55	Bob Moore	35:05.17	96	
			M35	Rich Tremain	1:58.43	07	M60	Ed Whitlock	37:28.50	93	
			M40	Ray Tucker	1:58.1	88	M65	Ed Whitlock	36:31.52	97	
			M45	Ray Tucker	2:02.89	93	M70	Ed Whitlock	39:44.60	01	
			M50	Ray Tucker	2:09.37	99	M75	Kurt Gelbhaar	47:33.98	99	
			M55	Cliff Hall	2:12.8	81	M80	Odino Soligo	1:00:10.10	01	
			M60	Earl Fee	2:14.4	89					
			M65	Earl Fee	2:19.0	94	W35	Laura Lynn	37:16.1	89	
			M70	Earl Fee	2:23.04	99	W40	Diane Palmason	38:38	82	
			M75	Earl Fee	2:38.91	05	W45	Barbara McLeod	43:03.2	85	
			M80	Earl Fee	2:48.95	09	W50	Beverley Coburn	41:32.40	01	
							W55	Molly Turner	42:10.6	92	
			W30	Sasha Scott USA	2:11.31	08	W60	Judith Kazdan	48:43.0	81	
			W35	Marg Hendershot	2:15.7	91	W65	Judith Kazdan	51:13.3	85	
			W40	Faith Nesdoly	2:21.09	01	W70	Judith Kazdan	54:15.5	90	
			W45	Faith Nesdoly	2:24.88	05					
			W50	Christine Lavallee	2:35.96	08					
			<b>W55</b>	<b>Rita Quibell</b>	<b>2:41.95</b>	<b>11</b>					
			W60	Jean Horne	2:45.67	93					
			W65	Jean Horne	2:54.67	01					
			W70	Jean Horne	3:11.43	04					
W30	Tomikka Harrison	12.35	03								
W35	Molly Killingbeck	12.66	97								
W40	Rose Noesges	13.35	00								
W45	Lyn Barrett	14.46	06								
W50	Karla Del Grande	13.18	04								
W55	Karla Del Grande	13.47	09								
W60	Rhona Trott	15.50	09								
W65	Doreen Carmichael	15.98	96								
W70	Doreen Carmichael	17.50	01								
W75	Isobel Cunningham	18.0	91								
W80	Isobel Cunningham	22.61	96								
W85	Isobel Cunningham	23.78	99								

### Sprint Hurdles

M35	Horace Hudson	16.4	88
M40	Michael Heron	16.55	01
M45	Glenn Chipkar	16.72	04
M50	Bill DeHorn	16.95	00
M55	Scott Tyler	15.4	95
<b>M60</b>	<b>Richard Lech</b>	<b>18.18</b>	<b>11</b>
M65	Ed Lukens	18.1	87
M70	Chuck Sochor	14.91	99
M75	Karl Trei	16.4	86
M80	Karl Trei	17.1	89
M85	Karl Trei	20.5	95

W35	Liz McBlain	13.3	88
W40	Leslie Estwick	12.10	02
W45	Gean Hemming	16.90	91
W50	Rhona Trott	20.88	03
W55	Rhona Trott	15.69	07
<b>W60</b>	<b>Rhona Trott</b>	<b>14.85</b>	<b>10</b>

### Long Hurdles

M30 400m	Bryan Lambert	1:04.91	03
M35	Horace Hudson	57.3	88
M40	Steve Bogatek	1:00.26	93
M45	Glenn Chipkar	1:01.10	04
M50	Steve Bogatek	1:04.62	00
M55	Rudolph Valentine	1:07.03	79
M60 300m	Earl Fee	47.5	91
M65	Earl Fee	48.4	95
M70	Earl Fee	53.81	02
M75	Karl Trei	70.99	86
M80	Karl Trei	68.0	89

W35 400m	Maureen Rodrigue	1:10.05	02
W40	Carol Felepchuk	1:12.70	98
W45	Ann Marie Rosenitsch	1:27.0	88
W50 300m	Rhona Trott	56.81	03
W55	Ann Marie Rosenitsch	1:13.80	97
W60	Ruth Carrier	1:12.4	94

### Steeplechase

<b>3000m</b>			
M35	Fred Robbins	10:13.1	94
M40	Ray Varey	9:51.2	85
M45	Chris Deighan	10:57.91	08
M50	Roland Anspach	11:42.2	77
M55	Jim Robinson USA	11:14.98	09
<b>2000m</b>			
M60	Jack Geddes	7:57.77	00
M65	Vern Christensen	8:32.28	06
M70	Peter Fellowes	11:24.38	96
M75	Peter Fellowes	12:22.72	00
W35	Karen Hyslop	8:15.31	08
W45	Karen Kennedy	8:40.85	05
W55	Ruth Carrier	10:10.4	89

### 4 X 100m Relay

M30	UNA	47.90	04
	Atkinson, Proudfoot, Baptiste, Robinson		
M40-49	Masters Sprint Club	47.7	80
	Malmstrom, Dungey, Horton, Rodrigues		
M50-59	Masters Sprint Club	50.8	83
M60+	Masters Sprint Club	54.7	80
	Grant, Pickl, Jamieson, Warwas		
W35	Scarborough Masters	58.8	87
W40	Scarborough Masters	63.2	83
W50	Scarborough Masters	69.1	85
	Masil, Turner, Carmichael, Heilig		
W60	Scarborough Masters	1:10.47	87

### 4 X 400m Relay Relays held 76, 77, 80, 83

M35	Northland Athletic Club	3:51.7	83
M40-9	Masters Sprint Club	4:02.8	80
	Andrade, Dungey, Rodrigues, Horton		
M50-9	Masters Sprint Club	4:18.5	80
	Masi, Morris, Egerton, Baum		
M60+	Masters Sprint Club	4:55.7	83

### 5000m Racewalk

M30	Jean Pierre Fortin	29:49.96	10
M35	J. Hall	26:43.6	81
M40	Gerald Bocci	24:53.0	79
<b>M45</b>	<b>Jianping Xu</b>	<b>23:58.17</b>	<b>11</b>
M50	Alex Oakley	23:33.2	76
M55	Bill Purves	27:08.74	00
M60	Max Gould	25:37.1	80
M65	Max Gould	27:33.1	83
M70	Bill Flick USA	29:05.16	96
M75	Bill Flick USA	32:45.61	01
M80	Art Keay	39:57.4	87

W30	Sarah Raetsen	29:41.38	09
W35	Joni Bender	23:31.91	99
W40	Nanci Sweazey	27:14.25	96
W45	Nanci Sweazey	25:53.26	02
W50	Liliana Whalen	28:56.15	03
W55	June-Marie Provost	29:52.0	92
W60	June-Marie Provost	29:23.6	94
W65	June-Marie Provost	30:32.75	99
W70	June-Marie Provost	34:24.86	05
W75	Jean Horne	38:55.04	10

### High Jump

M30	David Valenzuela	1.83	09
<b>M35</b>	<b>Zoltan Sara</b>	<b>1.85</b>	<b>11</b>
M40	John Hawkins	1.90	91
M45	Kermit Hollingworth	1.75	79
	Witold Klinger	1.75	92
	Don Ritchie	1.75	10
M50	Istvan Major	1.80	03
M55	Bill DeHorn	1.48	04
M60	Ian Hume	1.48	77
M65	Ian Hume	1.45	81
M70	Ian Hume	1.45	88
M75	Ian Hume	1.35	90
M80	Ian Hume	1.25	95
M85	Karl Trei	1.05	94
M90	Karl Trei	0.90	99

W30	Jennifer Pineo	1.40	09
W35	Leslie Estwick	1.65	00
W40	Liz McBlain	1.59	88
W45	Gean Hemming	1.35	90
W50	Maria Mallia	1.37	05
W55	Edith Gray	1.20	94
	Marg Radcliffe	1.20	00
W60	Edith Gray	1.24	98
W65	Helgi Pedel	1.19	89
W70	Helgi Pedel	1.16	97
W75	Helgi Pedel	1.11	99
W80	Helgi Pedel	1.04	04

### Pole Vault

M30	James Sniatenchuk	4.14	06
M35	Kevin Lake	4.50	05
<b>M40</b>	<b>Kevin Lake</b>	<b>4.30</b>	<b>11</b>
M45	Matti Kilpelainen USA	4.00	94
	Geoff Outerbridge	4.00	10
M50	Matti Kilpelainen USA	4.17	97
M55	Matti Kilpelainen USA	3.65	04
M60	Matti Kilpelainen USA	3.66	06
M65	Stan Egerton	2.90	95
M70	Stan Egerton	3.00	97
M75	Stan Egerton	2.85	01
M80	Ian Hume	2.01	95
W35	Gaby Szanto	3.15	01
W45	Barbara Stewart	1.70	90
W50	Hillen Stubendorff USA	2.60	03
W60	Edith Gray	1.90	96

### Long Jump

M30	Donovan Bell	6.76	03
M35	George Pachovsky	6.18	80
M40	Todd Crawford	6.66	06
M45	George Pachovsky	6.18	90
M50	Jean-Pierre Mayer	5.85	99
M55	Jean-Pierre Mayer	5.58	04
M60	Alan Slater	5.17	03
M65	Ed Lukens	5.00	88
M70	Ian Hume	4.56	85
M75	Karl Trei	3.92	85
M80	Karl Trei	3.67	89
M85	Karl Trei	3.17	94
M90	Karl Trei	2.55	99

W30	Linda Carty USA	4.63	00
W35	Marg Hendershot	4.83	90
W40	Leslie Estwick	5.28	02
W45	Josephine Cross USA	4.36	92
W50	Anne VanDer Vleuten	4.08	89
W55	Marg Radcliffe	3.39	00
W60	Edith Gray	3.77	96
W65	Edith Gray	3.60	01
W70	Elga Meri	3.00	92
W75	Helgi Pedal	2.48	00

### Triple Jump

M30	Chris Martin	14.26	09
M35	Jean Pierre Mayer	13.11	83
M40	Todd Crawford	13.19	05
M45	Dennis McWhinney	12.32	09
M50	Igor Konovalov	11.63	99
M55	Alan Slater	11.21	98
M60	Alan Slater	10.85	03
M65	Ed Lukens	10.69	87
M70	Ian Hume	10.00	87
M75	Ian Hume	8.71	90
M80	Karl Trei	7.26	89
M85	Karl Trei	6.59	94
M90	Karl Trei	5.57	99

W30	Linda Carty USA	10.62	01
W35			
W40	Liz McBlain	9.55	88
W45	Audrey Hiemstra	9.12	87
W50	Hillen Stubendorff USA	8.44	03
W65	Helgi Pedal	6.25	91
W70	Helgi Pedal	6.16	96

### Shot Put

M30	Geoff Stewart	9.02	03
M35	Gintas Degutis	15.40	10
M40	Len Olson	12.61	73
<b>M45</b>	<b>Peter Ingelton</b>	<b>12.99</b>	<b>11</b>
M50	Joe Myers USA	13.96	05
M55	Joe Myers USA	13.71	10
M60	G. Battick	13.21	82
M65	William Eipel	12.00	79
M70	Garry Bachman	12.31	95
M75	Garry Bachman	11.28	98
M80	Evalds Viskers	9.97	09
M85	Karl Trei	7.15	94
M90	Karl Trei	5.54	99

W30	Marie-Josée LeJour PQ	13.56	09
W35	Diane Bedford PQ	9.44	09
W40	Bozenna Wojciekian	11.64	95
W45	April Capwill USA	10.00	99
W50	Erika Szanto	10.15	96
W55	Velta Tomsons	8.27	84
W60	Helgi Pedel	8.37	85
W65	Helgi Pedel	7.93	89
W70	Velta Tomsons	7.74	00
W75	Velta Tomsons	6.67	05
W80	Velta Tomsons	7.15	10

### Discus

<b>M30</b>	<b>Russell Evans</b>	<b>29.88</b>	<b>11</b>
M35	Eric Forshaw	59.04	05
<b>M40</b>	<b>Mike Ransky</b>	<b>51.72</b>	<b>11</b>
M45	Don Bailey USA	44.86	07
M50	Don Bailey USA	48.21	10
M55	Jean-Pierre Mayer	42.93	03
M60	Evald Poltrok	40.44	79
M65	William Smith	42.96	01
M70	Elmer Shaw	38.02	88
M75	Evalds Viskers	32.52	01
M80	Evalds Viskers	29.94	06
<b>M85</b>	<b>Evalds Viskers</b>	<b>19.86</b>	<b>11</b>
M90	Karl Trei	16.98	99

W30	Marie-Josée Le Jour	13.56	09
W35	Diana Jaam Shahriari	37.05	05
W40	Diana Jaam Shahriari	37.92	06
W45	April Capwill USA	32.66	99
W50	Barb Dabrowski	25.09	09
W55	Adri Rowsell	21.07	99
W60	Velta Tomsons	22.14	88
W65	Elga Meri	19.86	90
W70	Elga Meri	19.40	93
W75	Elga Meri	17.54	96
W80	Velta Tomsons	16.20	08

### Javelin

M30	Bill Plain	46.80	03
M35	Marty Withers	63.10	98
M40	Folgo Della Vedova	56.84	92
M45	Marty Withers	56.09	08
M50	Bob Kouvollo USA	53.42	03
M55	Fred Pamerter	45.48	96
M60	Gary Stenlund USA	53.64	04
M65	Ian Hume	40.36	81
M70	Ian Hume	35.10	87
M75	Ed Purgalis	29.64	92
M80	Ian Hume	29.04	95
M85	Karl Trei	19.54	94
M90	Karl Trei	17.74	99

W30	Beth Stroud	37.20	08
W35	Dianne Bedford	32.85	09
W40	Ana Maria Neilson	33.85	06
W45	Ana Maria Neilson	33.17	09
W50	Barb Dabrowski	34.65	09
W55	Marg Radcliffe	23.40	00
W60	Rhona Trott	21.35	09
W65	Elga Meri	23.22	89
W70	Elga Meri	22.91	92
W75	Elga Meri	19.78	96
W80	Olga Kotelko	15.66	00

### Hammer

M35	Jean-Francois Latour	40.80	01
M40	Len Olson	40.58	73
M45	Boris Zaitchouk	50.70	93
M50	Boris Zaitchouk	60.35	01
M55	Boris Zaitchouk	58.36	03
M60	Emil Muller	44.66	99
M65	Emil Muller	49.95	00
M70	Emil Muller	45.48	06
M75	Bill Koski	32.84	86
<b>M80</b>	<b>Max Woerle</b>	<b>25.75</b>	<b>11</b>
M85	Aleks Upmalis	14.06	03
M90	Albert White	5.68	94

W35	Kristin Daija	40.20	98
W40	Darlene Aulenback	29.94	95
W45	April Capwill USA	29.36	00
W50	Kathy Wetenhall USA	29.04	08
W55	Rhona Trott	27.20	08
W60	Rhona Trott	30.93	10
W65	Mary Thomson	19.74	96
W80	Olga Kotelko	17.45	00

### Weight Throw (Weights changed for 60+ in '97)

M35	Richard Parkinson	13.01	02
M40	Dave Watkins	12.75	05
M45	Boris Zaitchouk	15.02	93
M50	Jim Wetenhall USA	19.94	08
M55	Boris Zaitchouk	18.03	03
M60	Emil Muller	15.55	99
M65	Emil Muller	16.40	01
M70	Emil Muller	16.72	06
M75	Garry Bachman	11.54	01
M80	Ian Hume	12.32	97
M85	Aleks Upmalis	5.80	03

W35	Bozena Wojciekian	11.14	93
W40	Darlene Aulenback	10.73	93
W45	April Capwill USA	10.93	00
W50	Kathy Wetenhall USA	9.38	08
W55	Dortha Swanson USA	8.03	95
W60	Rhona Trott	12.68	09
W65	Helgi Pedal	7.16	90 #16 ?
W70	Helgi Pedal	6.73	94 #16 ?
W75	Elga Meri	5.58	96
W80	Olga Kotelko	7.62	00