

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**Mixed 50 Meter Dash**

Name	Age Team	Prelims	Age-Grading
Heat 1 Preliminaries			
1 Milt Hart	M46 Unattached	6.74q	6.14 90.36%
2 Eddy Renelique	M47 viva La Salsa	7.24q	6.55 84.67%
3 Richard Lech	M62 Unattached	7.25q	5.92 93.66%
4 Marco DeChellis	M45 Unattached	7.26q	6.66 83.20%
5 Bryan Baldsing	M52 Unattached	7.42q	6.48 85.58%
6 Karla Del Grande	W57 Mississauga Tra	7.65q	6.17 96.60%
7 Alexander Jozefacki	M60 Unattached	7.73q	6.39 86.80%
8 David Stern	M70 Mississauga Tra	8.16q	6.33 87.62%
Heat 2 Preliminaries			
1 Joseph Baptiste	M50 Space Age Techno	6.92q	6.13 90.46%
2 Tyrone Edge	M36 Unattached	7.02q	6.90 80.34%
3 John Varone	M51 Unattached	7.08q	6.22 89.12%
4 Paul White	M44 London Legion T&	7.11q	6.57 84.39%
5 Tony Powell	M67 Unattached	7.26q	5.74 96.56%
6 Mike Morris	M70 Unattached	7.69q	5.96 92.98%
7 Jennifer Morris	W40 Unattached	7.99q	7.71 77.35%
Heat 3 Preliminaries			
1 Mark Smyth	M36 Unattached	6.53q	6.42 86.37%
2 Ken Kudo	M48 Unattached	6.68q	6.00 92.37%
3 Michael Lee Foon	M50 Space Age Techno	6.69q	5.93 93.57%
4 Scott Smyth	M40 Unattached	6.87q	6.54 84.72%
5 Blaise Ambrose	M39 UTTC	7.10q	6.81 81.41%
6 Mel White	M51 Unattached	7.27q	6.39 86.80%
7 Lissa Waters	W32 Toronto Purs	8.19q	8.19 72.77%

Mixed 50 Meter Dash

Name	Age Team	Finals	Age-Grading
Section 1 Finals			
1 Mike Morris	M70 Unattached	7.61	5.90 93.96%
2 Karla Del Grande	W57 Mississauga Tra	7.63	6.16 96.85%
3 Lissa Waters	W32 Toronto Purs	8.04	8.04 74.13%
4 Jennifer Morris	W40 Unattached	8.18	7.89 75.55%
5 David Stern	M70 Mississauga Tra	8.26	6.40 86.56%
Section 2 Finals			
1 Blaise Ambrose	M39 UTTC	7.05	6.76 81.99%
2 Tyrone Edge	M36 Unattached	7.08	6.96 79.66%
3 Paul White	M44 London Legion T&	7.15	6.61 83.92%
4 Eddy Renelique	M47 viva La Salsa	7.21	6.52 85.02%
5 Tony Powell	M67 Unattached	7.32	5.79 95.77%
6 Richard Lech	M62 Unattached	7.36	6.01 92.26%
7 Mel White	M51 Unattached	7.39	6.49 85.39%
Section 3 Finals			
1 Milt Hart	M46 Unattached	6.41	5.84 95.01%
2 Mark Smyth	M36 Unattached	6.52	6.41 86.50%
3 Michael Lee Foon	M50 Space Age Techno	6.72	5.95 93.15%
4 Ken Kudo	M48 Unattached	6.76	6.07 91.27%
5 Joseph Baptiste	M50 Space Age Techno	6.85	6.07 91.39%
6 Scott Smyth	M40 Unattached	6.93	6.60 83.98%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**Mixed 150 Meter Dash**

Name	Age	Team	Finals	Age-Grading
Section 1				
1 Milt Hart	M46	Unattached	20.42	
2 Richard Lech	M62	Unattached	22.56	
Section 2				
1 Eddy Renelique	M47	viva La Salsa	20.10	
2 Bryan Baldsing	M52	Unattached	22.26	
3 David Stern	M70	Mississauga Tra	23.73	
Section 3				
1 Karla Del Grande	W57	Mississauga Tra	21.75	
2 Mike Morris	M70	Unattached	22.24	
Section 4				
1 Tony Powell	M67	Unattached	20.56	
2 Ken Davis	M55	Toronto Purs	21.02	
3 Lissa Waters	W32	Toronto Purs	22.64	
Section 5				
1 Ken Kudo	M48	Unattached	18.51	
2 Tyrone Edge	M36	Unattached	19.41	
3 Scott Smyth	M40	Unattached	19.51	
Section 6				
1 Joseph Baptiste	M50	Space Age Techno	18.95	
2 John Varone	M51	Unattached	19.49	
3 Blaise Ambrose	M39	UTTC	19.72	
Section 7				
1 Michael Lee Foon	M50	Space Age Techno	18.30	
2 Gabe Schwartz	M18	United State	18.32	
3 Mark Smyth	M36	Unattached	18.51	

Mixed 300 Meter Dash

Name	Age	Team	Finals	Age-Grading
Section 1				
1 Kasper Hinds	M42	Unattached	43.03	39.51 75.95%
2 Steve Millward	M55	Unattached	47.37	39.70 75.58%
3 Lissa Waters	W32	Toronto Purs	48.90	48.90 67.48%
Section 2				
1 Gabe Schwartz	M18	United State	39.30	38.41 78.12%
2 Saleem Baksh	M39	Mississauga Tra	41.78	39.21 76.52%
3 Ken Davis	M55	Toronto Purs	45.15	37.84 79.29%
4 Tony Powell	M67	Unattached	46.64	35.80 83.81%

Mixed 600 Meter Run

Name	Age	Team	Finals	Age-Grading
Section 1				
1 Delilah Topic	W31	Unattached	2:10.32	2:10.32 61.39%
2 Alex Safianak	M71	Unattached	2:21.03	1:41.38 71.18%
Section 2				
1 Gary Pluim	M39	UTTC	1:34.40	1:29.76 80.38%
2 Kevin Farr	M40	UTTC	1:34.64	1:29.23 80.86%
3 Jianping Xu	M45	Harbour Track	1:48.41	1:38.14 73.53%
4 Lee Shooter	M36	Unattached	1:48.99	1:46.32 67.86%
5 Earl Fee	M81	Mississauga Tra	2:02.37	73.17 98.61%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**Mixed 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
Section 1			
1 Mike Bedley	M63 Longboat RR	5:34.99	4:16.61 80.28%
2 Hugh Connolly	M65 Longboat RR	5:35.96	4:13.18 81.36%
3 Chris Mackie	M70 Unattached	5:47.76	4:11.44 81.93%
4 Gary Cassel	M65 Cambridge Harriers	5:53.60	4:26.48 77.30%
5 Jack Geddes	M73 Scarborough Masters	5:57.10	4:06.55 83.56%
6 Nancy Wells	W64 Longboat RR	7:00.92	4:50.78 79.95%
Section 2			
1 Jimmy Semes	M32 Village People R	5:00.10	5:00.10 68.64%
2 Andre Lapierre	M34 Quebec	5:05.25	5:04.64 67.62%
3 Ted Paget	M59 Checkers AC	5:05.99	4:02.10 85.09%
4 Lee Shooter	M36 Unattached	5:15.94	5:08.84 66.70%
5 Richard Bailey	M62 Longboat RR	5:37.24	4:20.39 79.11%

Mixed 3000 Meter Run

Name	Age Team	Finals	Age-Grading
Section 1			
1 Paul Huyer	M52 The Runway	10:27.49	9:00.02 81.48%
2 Dave Penney	M54 QLT	11:34.14	9:47.59 74.88%
3 Jay Yakabowich	M49 Unattached	11:46.15	
4 Lee Shooter	M36 Unattached	11:53.47	11:34.14 63.39%
5 Gary Cassel	M42 Unattached	12:08.77	11:18.49 64.85%
6 Richard Bailey	M62 Longboat RR	12:24.65	9:48.43 74.78%
7 Jack Geddes	M73 Scarborough Masters	12:55.67	9:05.38 80.68%
8 Maki Kajiura	W39 Hamilton Oly	13:19.79	12:50.04 65.12%
9 Bob Glazier	M72 Toronto Running	13:28.92	9:37.09 76.24%
10 Cathy Tedford	W57 Runner's Life	20:12.66	15:41.76 53.24%

Mixed 50 Meter Hurdles

Name	Age Team	Finals	Age-Grading
1 Don Ritchie	M49 Unattached	8.17	7.09 88.25%
2 Richard Lech	M62 Unattached	9.33	7.54 82.96%
3 Graham Smith	M49 Airborne Athletics	9.54	8.28 75.58%
4 Rhona Trott	W62 Hamilton Oly	9.93	7.42 88.72%

Mixed High Jump

Name	Age Team	Finals	Age-Grading
Flight 1			
1 David Valenzuela	M34 Unattached	1.80m	1.88m 76.92%
2 Negoita Ovidiu	M39 Unattached	1.65m	1.80m 73.66%
3 Gary Plum	M39 UTTC	1.60m	1.75m 71.43%
3 Graham Smith	M49 Airborne Athletics	1.60m	1.93m 79.21%
3 Don Ritchie	M49 Unattached	1.60m	1.93m 79.21%
6 Marco DeChellis	M45 Unattached	1.55m	1.80m 73.46%
7 Paul White	M44 London Legion T&	1.50m	1.72m 70.42%
8 Stan Seitz	M63 Ottawa Track	1.40m	1.99m 81.40%
9 Bob Land	M74 Unattached	1.15m	1.89m 77.70%
9 Bill Barras	M56 Fast	1.15m	1.50m 61.50%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**Mixed Pole Vault**

Name	Age Team	Finals	Age-Grading
1 Paul White	M44 London Legion T&	3.45m	4.01m 65.34%
2 Mark Schaber	M52 Unattached	3.30m	4.29m 69.92%
3 Stan Seitz	M63 Ottawa Track	2.75m	4.28m 69.80%
4 Hugh Miller	M64 Scarborough Masters	2.45m	3.88m 63.31%
-- Bob Land	M74 Unattached	NH	

Mixed Long Jump

Name	Age Team	Finals	Age-Grading
1 Kasper Hinds	M42 Unattached	5.61m	6.38m 71.28%
2 Don Ritchie	M49 Unattached	5.00m	6.19m 69.25%
3 Ralph Cilevitz	M56 Throwers Club	4.07m	5.53m 61.85%
4 Rhona Trott	W62 Hamilton Oly	3.64m	5.48m 72.95%

Mixed Triple Jump

Name	Age Team	Finals	Age-Grading
1 Pierce Lepage	M14 Unattached	12.89m	15.20m 83.16%
2 Kasper Hinds	M42 Unattached	10.38m	11.39m 62.30%

Mixed Shot Put

Name	Age Team	Finals	Age-Grading
1 Bill Pearson	M58 Throwers Club	11.76m	16.04m 69.38%
2 Gabe Schwartz	M18 United State	10.99m	12.08m 52.26%
3 Jack Harkness	M51 Unattached	10.32m	12.07m 52.23%
4 Marco DeChellis	M45 Unattached	10.13m	11.27m 48.77%
5 David Morris	M72 Throwers Club	9.21m	12.67m 54.82%
6 Graham Smith	M49 Airborne Athletics	9.09m	11.00m 47.59%
7 Evalds Viskers	M84 Throwers Club	8.12m	14.85m 64.24%
8 Max Woerle	M80 Throwers Club	7.56m	11.70m 50.64%
9 Rhona Trott	W62 Hamilton Oly	7.10m	12.43m 54.95%
10 Erico Toscano	M70 Unattached	6.52m	8.48m 36.71%
11 Velta Tomsons	W83 Throwers Club	6.40m	20.72m 91.56%
-- Marie-Josée Le Jour	W31 Throwers Club	ND	

Mixed Weight Throw

Name	Age Team	Finals	Age-Grading
1 Jim Wettenhall	M56 United State	19.53m	24.06m 93.09%
2 Bill Pearson	M58 Throwers Club	12.58m	16.08m 62.18%
3 David Morris	M72 Throwers Club	11.86m	16.13m 62.39%
4 Max Woerle	M80 Throwers Club	11.60m	18.24m 70.56%
5 Kathy Wettenhall	W57 United State	11.44m	16.18m 68.59%
6 Gabe Schwartz	M18 United State	9.15m	9.83m 38.01%
-- Marie-Josée Le Jour	W31 Throwers Club	ND	
-- Rhona Trott	W62 Hamilton Oly	ND	

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**Mixed 1500 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
Section 1			
1 Jianping Xu	M45 Harbour Track	6:51.0h	6:13.48 82.74%
2 John Kittredge	M66 Ontario RaceWalkers	7:55.17	5:55.15 87.01%
3 Sarah Raetsen	W34 Ontario RaceWalkers	8:14.16	8:11.20 68.61%
4 Anne Fischer	W49 Cambridge RW	8:48.69	7:53.18 71.22%
5 Paul Holmes	M48 Unattached	8:56.04	7:55.20 65.03%
6 Lawrence Malek	M50 Metro Fitnes	9:01.05	7:51.58 65.52%
7 Lily Whalen	W59 Ontario RaceWalkers	9:21.32	7:39.56 73.33%
8 Lina Liscio	W61 Metro Fitnes	9:42.97	7:47.78 72.04%
9 Niki Stevenson	W54 Cambridge RW	10:01.19	8:35.53 65.37%
-- Jean Horne	W78 Ontario RaceWalkers	DQ	