

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**Women 60 Meter Dash**

Name	Age Team	Prelims	Age-Grading	H#
Preliminaries				
1 Natalia Issajenko	W22 Speed Academy	7.74q	7.74 89.53%	4
2 Rebecca Murray	W17 Unattached	7.87q	7.75 89.33%	3
3 Maryann Dike	W18 Flying Angels	8.04q	7.96 86.94%	3
4 Khadijah Thompson	W18 Relentless	8.10q	8.02 86.30%	3
5 Karlene Crossman	W38 Flying Angels	11.04q	10.91 63.41%	1

Men 60 Meter Dash

Name	Age Team	Prelims	Age-Grading	H#
1 Seon Holmes	M22 The Wonder Boys	7.09q	7.06 90.55%	5
2 Mike James	M31 Brampton Track	7.25q	7.26 88.14%	5
3 Jared Kerr	M16 Flying Angels	7.29q	6.90 92.73%	5
4 Rashad Glasco	M17 Flying Angels	7.33q	7.01 91.27%	5
5 Clayton Latham	M31 Brampton Track	7.49q	7.50 85.31%	5
6 Shane Ferth	M30 Waterloo Track Club	7.50q	7.51 85.20%	5
7 Leacroft Thompson	M15 Relentless	7.55q	7.05 90.73%	4
8 Mark Smyth	M37 Parry Sound Lege	7.56q	7.37 86.77%	4
9 Michael Lee Foon	M51 Space Age Techno	7.57q	6.66 96.04%	4
10 Sodiq Ibrahim	M15 Flying Angels	7.59q	7.08 90.25%	4
11 Cleon Holmes	M26 Unattached	7.62q	7.63 83.86%	5
12 Andre Mitchell	M35 UTTC	7.66q	7.58 84.33%	3
13 Chris Lemassif	M44 UTTC	7.81q	7.22 88.60%	3
14 Scott Smyth	M41 Parry Sound Lege	7.82q	7.39 86.45%	3
15 Issac Sirdivan	M14 Flying Angels	7.88q	7.25 88.20%	3
16 Ken Kudo	M49 Unattached	7.92q	7.06 90.53%	4
17 Bryan Griffiths	M31 Unattached	7.96q	7.97 80.28%	3
18 Tim Taschereau	M46 Unattached	7.97q	7.26 88.08%	2
19 Ryan Edge	M34 Unattached	8.15q	8.14 78.65%	1
20 Tyrone Edge	M37 Unattached	8.16q	7.96 80.39%	2
21 Eddy Renelique	M48 viva La Salsa	8.18q	7.35 87.04%	2
22 Rick Reynolds	M45 Unattached	8.20q	7.52 85.00%	2
23 Les Neufeld	M45 Unattached	8.21q	7.53 84.90%	1
24 Tristian Hylton-Hastings	M16 Flying Angels	8.24q	7.79 82.04%	4
25 Donovan Watson	M12 Flying Angels	8.34q	7.39 86.57%	2
26 Richard Petko	M40 Unattached	8.40q	8.00 79.88%	2
27 Richard Lech	M63 Unattached	8.55q	6.93 92.16%	2
28 Bryan Baldsing	M53 Unattached	8.85q	7.67 83.28%	1
29 Danny Pincivero	M43 Unattached	8.94q	8.33 76.85%	2
30 Jose Moreno	M35 Unattached	8.94q	8.85 72.26%	1
31 David Stern	M71 Mississauga Tra	9.55q	7.35 86.91%	1
32 Jonathan Colford	M34 Unattached	9.71q	9.69 66.01%	1

Women 60 Meter Dash

Name	Age Team	Finals	Age-Grading	Points
Finals				
1 Natalia Issajenko	W22 Speed Academy	7.70	7.70 90.00%	
2 Rebecca Murray	W17 Unattached	7.83	7.71 89.78%	
3 Maryann Dike	W18 Flying Angels	8.03	7.95 87.05%	
4 Khadijah Thompson	W18 Relentless	8.06	7.98 86.72%	
5 Karlene Crossman	W38 Flying Angels	11.10	10.97 63.06%	

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**Men 60 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Seon Holmes	M22 The Wonder Boys	7.01	6.98 91.58%	5	
2 Jared Kerr	M16 Flying Angels	7.19	6.80 94.02%	5	
3 Rashad Glasco	M17 Flying Angels	7.29	6.97 91.77%	5	
4 Shane Ferth	M30 Waterloo Track Club	7.44	7.45 85.89%	3	
5 Mark Smyth	M37 Parry Sound Lege	7.50	7.31 87.47%	3	
6 Michael Lee Foon	M51 Space Age Techno	7.53	6.62 96.55%	3	
7 Leacroft Thompson	M15 Relentless	7.55	7.05 90.73%	5	
8 Sodiq Ibrahim	M15 Flying Angels	7.60	7.09 90.13%	5	
9 Andre Mitchell	M35 UTTC	7.64	7.56 84.55%	3	
10 Cleon Holmes	M26 Unattached	7.77	7.78 82.24%	5	
11 Scott Smyth	M41 Parry Sound Lege	7.84	7.41 86.22%	3	
12 Bryan Griffiths	M31 Unattached	7.85	7.86 81.40%	2	
13 Chris Lemassif	M44 UTTC	7.93	7.33 87.26%	3	
14 Ken Kudo	M49 Unattached	7.93	7.07 90.42%	2	
15 Tim Taschereau	M46 Unattached	7.99	7.28 87.86%	2	
16 Issac Sirdivan	M14 Flying Angels	8.02	7.38 86.66%	4	
17 Ryan Edge	M34 Unattached	8.08	8.07 79.33%	2	
18 Tyrone Edge	M37 Unattached	8.15	7.95 80.49%	2	
19 Eddy Renelique	M48 viva La Salsa	8.19	7.36 86.94%	2	
20 Les Neufeld	M45 Unattached	8.20	7.52 85.00%	1	
21 Rick Reynolds	M45 Unattached	8.29	7.61 84.08%	2	
22 Tristian Hylton-Hastings	M16 Flying Angels	8.30	7.85 81.45%	4	
23 Donovan Watson	M12 Flying Angels	8.35	7.39 86.47%	4	
24 Richard Petko	M40 Unattached	8.45	8.05 79.41%	1	
25 Richard Lech	M63 Unattached	8.66	7.02 90.99%	1	
26 Bryan Baldsing	M53 Unattached	8.75	7.59 84.23%	1	
27 Danny Pincivero	M43 Unattached	8.97	8.35 76.59%	1	
28 David Stern	M71 Mississauga Tra	9.57	7.37 86.73%	1	
29 Jonathan Colford	M34 Unattached	9.92	9.90 64.62%	1	
30 Jose Moreno	M35 Unattached	13.62	13.48 47.43%	1	

Mixed 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jared Kerr	M16 Flying Angels	23.08	21.87 88.34%	11	
2 Shane Ferth	M30 Waterloo Track Club	23.33	23.34 82.81%	11	
3 Rashad Glasco	M17 Flying Angels	23.67	22.79 84.79%	11	
4 Leacroft Thompson	M15 Relentless	24.38	22.71 85.11%	10	
5 Andre Mitchell	M35 UTTC	24.81	23.92 80.77%	9	
6 Mark Smyth	M37 Parry Sound Lege	24.89	23.64 81.76%	8	
7 Rebecca Murray	W17 Unattached	25.03	24.12 88.49%	8	
8 Sodiq Ibrahim	M15 Flying Angels	25.14	23.41 82.54%	10	
9 Chris Lemassif	M44 UTTC	25.27	22.76 84.92%	10	
10 Murphy Caesar	M23 Unattached	25.37	25.38 76.15%	9	
11 Scott Smyth	M41 Parry Sound Lege	25.39	23.38 82.67%	7	
12 Kyryl Krylov	M30 Unattached	25.54	25.55 75.65%	1	
13 Ken Kudo	M49 Unattached	25.65	22.27 86.74%	9	
14 Suliaman Bangura	M14 Flying Angels	25.74	23.50 82.25%	5	
15 Tyreak Stanley	M12 Flying Angels	25.79	22.41 86.23%	6	
16 Bryan Griffiths	M31 Unattached	25.85	25.75 75.05%	8	
17 Tyrone Edge	M37 Unattached	25.90	24.59 78.57%	7	
18 Ryan Edge	M34 Unattached	26.06	25.34 76.29%	5	
19 Issac Sirdivan	M14 Flying Angels	26.31	24.02 80.46%	8	
20 Nita Patterson-Reid	W17 Unattached	26.69	25.72 82.99%	7	

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**...Mixed 200 Meter Dash**

21	Eddy Renelique	M48	viva La Salsa	26.70	23.35	82.73%	7
22	Kate Bickle	W27	University of Wa	26.77	26.78	79.72%	6
23	Tristian Hylton-Hastings	M16	Flying Angels	26.90	25.49	75.80%	9
24	Maryann Dike	W18	Flying Angels	26.93	26.20	81.47%	4
25	Danielle Knight	W17	Flying Angels	27.02	26.04	81.98%	6
26	Rick Reynolds	M45	Unattached	27.11	24.23	79.75%	4
27	Donavan Watson	M12	Flying Angels	27.21	23.64	81.73%	5
28	Andrew Bass	M50	Unattached	27.74	23.91	80.82%	4
29	Kenisha Williams	W14	Flying Angels	27.79	25.75	82.91%	5
30	Talika James	W14	Flying Angels	28.55	26.45	80.70%	3
31	Karla Del Grande	W58	Mississauga Tra	28.64	22.06	96.75%	4
32	Tiffany Sabado-Worrell	W14	Flying Angels	29.21	27.06	78.88%	3
33	Adrian Camera	W16	Flying Angels	29.35	27.97	76.32%	2
34	Richard Lech	M63	Unattached	30.24	23.88	80.92%	3
35	David Stern	M71	Mississauga Tra	31.99	23.60	81.90%	2
36	Bruce Mitchell	M68	Mississauga Tra	32.42	24.68	78.32%	2
37	Anita Thomas	W42	Mississauga Tra	32.56	30.00	71.16%	1
38	Peter Evans	M69	Mississauga Tra	32.79	24.76	78.04%	2
39	Earl Fee	M82	Mississauga Tra	33.78	20.56	93.96%	1
40	John Powell	M67	EtobicokeTC	38.49	29.53	65.45%	1
--	Giovanna Canini	W18	Unattached	DQ			6 Lane infraction

Mixed 400 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points	
1	Stephen Bidgood	M30	Unattached	58.19	58.20	74.21%	4
2	Saleem Baksh	M40	Mississauga Tra	58.85	55.03	78.47%	4
3	Kate Bickle	W27	University of Wa	59.04	59.05	80.62%	4
4	Josh Kramer	M36	Unattached	60.48	58.26	74.12%	4
5	Justin Murtagh	M15	Flying Angels	63.79	59.61	72.44%	3
6	Steve Millward	M56	Unattached	65.35	54.77	78.85%	4
7	Adrian Camera	W16	Flying Angels	66.00	61.80	77.03%	3
8	Karla Del Grande	W58	Mississauga Tra	66.47	50.51	94.25%	3
9	Talika James	W14	Flying Angels	67.82	61.26	77.71%	2
10	Mike Durocher	M56	Longboat RR	68.73	57.60	74.97%	1
11	Kenisha Williams	W14	Flying Angels	68.74	62.09	76.67%	3
12	Tiffany Sabado-Worrell	W14	Flying Angels	70.02	63.25	75.26%	3
13	Duncan Greenshields	M63	UTTC	72.79	58.35	74.01%	2
14	Karen Gold	W49	Mississauga Tra	73.37	60.67	78.47%	2
15	John Faulkner	M63	Burlington Runners	74.32	59.58	72.48%	1
16	Earl Fee	M82	Mississauga Tra	74.73	43.02	100.39%	1
17	Jonathan Colford	M34	Unattached	1:20.52	78.74	54.84%	2

Mixed 1000 Meter Run

Name	Age	Team	Finals	Age-Grading	Points	
1	Josh Kramer	M36	Unattached	2:52.98	2:50.04	76.75%
2	Ming Tsai	M39	UTTC	2:54.98	2:47.02	78.13%
3	Jordan Rosenberg	M42	UTTC	3:01.60	2:48.49	77.46%
4	Daniel Hipson	M39	Unattached	3:01.86	2:53.59	75.18%
5	James Earl	M52	East Toronto	3:03.80	2:35.89	83.72%
6	Jimmy Semes	M33	Village People R	3:04.49	3:04.50	70.74%
7	Desmond Moloney	M51	East Toronto	3:09.15	2:41.79	80.67%
8	Werner Tars	M51	Burlington Runners	3:11.50	2:43.80	79.68%
9	Teresa Duck	W36	Unattached	3:11.82	3:11.75	76.40%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**...Mixed 1000 Meter Run**

10	John De Finney	M61	Newmarket Huskies	3:21.05	2:38.25	82.47%
11	John Helliker	M60	UTTC	3:26.09	2:43.48	79.83%
12	Brent Hutchinson	M54	Brantford Track	3:26.78	2:52.38	75.71%
13	Blair Nicolle	M39	UTTC	3:30.38	3:20.81	64.99%
14	Markus del Mar	M34	Longboat RR	3:32.77	3:32.78	61.33%
15	Heather O'Hagan	W50	Newmarket Huskies	3:33.53	3:07.29	78.22%
16	Joan Chung	W28	UTTC	3:33.92	3:33.93	68.48%
17	Michel Fortin	M57	Longboat RR	3:40.91	2:59.63	72.65%
18	Ginette Jones	W45	Newmarket Huskies	3:41.64	3:23.87	71.86%
19	Greg Bonhomme	M42	Longboat RR	3:45.69	3:29.40	62.32%
20	Sheryl Potter	W44	Newmarket Huskies	3:57.27	3:40.41	66.47%
21	Doug Smith	M60	UTTC	4:00.65	3:10.89	68.36%
22	Nancy Wells	W65	Longboat RR	4:38.22	3:13.73	75.62%
23	Mary Holley	W51	Unattached	5:02.00	4:21.57	56.01%

Mixed 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1	William Bentley	M31 Village People R	10:02.24	9:59.35 73.41%
2	Kevin Farr	M41 UTTC	10:04.97	9:27.47 77.54%
3	Ming Tsai	M39 UTTC	10:18.32	9:48.71 74.74%
4	Daniel Hipson	M39 Unattached	10:24.34	9:54.44 74.02%
5	James Earl	M52 East Toronto	10:26.34	8:59.03 81.63%
6	Robert Campbell	M52 Longboat RR	10:26.39	8:59.08 81.62%
7	Walsh McGuire	M45 Unattached	10:32.84	9:35.83 76.41%
8	Desmond Moloney	M51 East Toronto	10:44.34	9:19.03 78.71%
9	Werner Tars	M51 Burlington Runners	10:59.87	9:32.51 76.86%
10	Gary Jr Cassel	M43 Cambridge Harriers	11:06.34	10:15.70 71.46%
11	James Wallace	M49 Unattached	11:06.37	9:47.54 74.89%
12	Jimmy Semes	M33 Village People R	11:13.39	11:05.65 66.10%
13	Jianping Xu	M46 Harbour Track	11:16.71	10:10.94 72.02%
14	Jay Yakabowich	M50 Unattached	11:28.54	10:02.27 73.06%
15	John De Finney	M61 Newmarket Huskies	11:39.81	9:17.89 78.87%
16	Tracey Snarr	W47 Newmarket Huskies	11:46.37	10:25.43 80.17%
17	Richard Bailey	M63 Longboat RR	11:48.00	9:14.51 79.35%
18	Chris Mackie	M71 Unattached	12:26.92	9:00.03 81.48%
19	Markus del Mar	M34 Longboat RR	12:46.44	12:34.18 58.34%
20	Greg Bonhomme	M42 Longboat RR	12:46.91	11:54.00 61.63%
21	Lynn Bourque	W48 Longboat RR	12:46.96	11:10.71 74.76%
22	Michel Fortin	M57 Longboat RR	12:55.62	10:40.20 68.73%
23	Tony Serwatuk	M46 Longboat RR	13:19.54	12:01.83 60.96%
24	Diane Marrow	W61 Longboat RR	13:25.35	9:50.41 84.93%
25	Robert Moore	M71 Toronto Olym	13:37.40	9:50.99 74.45%
26	Chris Marino	W56 Joshua Creek Run	15:20.48	12:04.88 69.17%
27	Jonathan Colford	M34 Unattached	16:57.81	16:41.53 43.93%
28	Sheelagh Tait	W64 Unattached	17:26.42	12:13.02 68.40%

Mixed 60 Meter Hurdles

Name	Age Team	Prelims	Age-Grading
Preliminaries			
1	David Valenzuela	M35 Unattached	9.01q 8.75 83.46%
2	Giovanna Canini	W18 Unattached	9.48q 9.48 81.12%
3	Jordan Rosenberg	M42 UTTC	10.13q 9.28 78.68%
4	Richard Lech	M63 Unattached	10.85q 8.59 85.07%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**...Mixed 60 Meter Hurdles**

5 Paul White	M45 London Legion T&	11.58q	10.35	70.55%
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Mixed 60 Meter Hurdles

Name	Age Team	Finals	Age-Grading Points
Finals			
1 David Valenzuela	M35 Unattached	9.01	8.75 83.46%
2 Giovanna Canini	W18 Unattached	9.67	9.67 79.52%
3 Richard Lech	M63 Unattached	10.63	8.41 86.83%

Mixed 4x400 Meter Relay

Team	Finals	Points
1 Longboat Road Runners 'A'	4:56.90	
1) Richard Bailey 63		
2) Mike Durocher 56		
3) Markus del Mar 34		
4) Tony Serwatuk 46		
2 Newmarket Huskies 'A'	5:01.45	

Mixed High Jump

Name	Age Team	Finals	Age-Grading Points
1 David Valenzuela	M35 Unattached	1.80m	1.89m 77.59%
2 Richard Mirkiewicz	M69 Unattached	1.15m	1.77m 72.33%
3 Bob Land	M75 Unattached	1.10m	1.84m 75.34%
-- Ovidiu Negoita	M40 Unattached	NH	

Mixed Pole Vault

Name	Age Team	Finals	Age-Grading Points
1 Marcus Popp	M38 Unattached	4.50m	4.84m 78.95%
2 Jeff Hayhoe	M38 York UniversityT	4.00m	4.30m 70.18%
3 Brian Magerkurth	M53 Unattached	3.10m	4.09m 66.67%
4 Bob Land	M75 Unattached	1.95m	3.86m 62.90%
-- Paul White	M45 London Legion T&	NH	

Mixed Long Jump

Name	Age Team	Finals	Age-Grading Points
1 Stephen Bidgood	M30 Unattached	5.87m	5.87m 65.59%
2 Michael Dike	M15 Flying Angels	5.85m	6.73m 75.19%
3 Ovidiu Negoita	M40 Unattached	5.67m	6.30m 70.43%
4 Jordan Rosenberg	M42 UTTC	4.91m	5.58m 62.39%
5 Andrew Bass	M50 Unattached	4.85m	6.08m 68.02%

Mixed Triple Jump

Name	Age Team	Finals	Age-Grading Points
1 Clayton Latham	M31 Brampton Track	14.05m	14.08m 77.03%
2 Thevarajan Sinnathurai	M58 United T.S.C.	11.04m	15.00m 82.08%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**Mixed Shot Put**

Name	Age Team	Finals	Age-Grading Points
1 Richard Mirkiewicz	M69 Unattached	9.12m	15.37m 66.52%
2 Jordan Rosenberg	M42 UTTC	8.83m	9.35m 40.49%
3 Garry Bachman	M90 Throwers Club	8.81m	21.62m 93.52%
4 David Morris	M73 Throwers Club	8.75m	12.39m 53.58%
5 Karlene Crossman	W38 Flying Angels	8.48m	9.52m 42.08%
6 Rhona Trott	W63 Hamilton Oly	7.52m	13.46m 59.49%
7 Katherine Willis	W53 UTTC	5.23m	7.65m 33.83%

Mixed Weight Throw

Name	Age Team	Finals	Age-Grading Points
1 Marie-Josée Le Jour	W33 Unattached	17.38m	21.39m 90.66%
2 Jim Wettenhall	M57 United State	16.90m	21.20m 82.00%
3 Rhona Trott	W63 Hamilton Oly	11.47m	15.63m 66.26%
4 David Morris	M73 Throwers Club	11.38m	15.88m 61.45%
5 Garry Bachman	M90 Throwers Club	10.01m	22.91m 88.58%
6 Michelle Baptie	W44 athletiques In	7.01m	10.66m 45.20%

Mixed 3000 Meter Race Walk

Name	Age Team	Finals	Age-Grading Points
1 Jianping Xu	M46 Harbour Track	14:42.95	13:17.40 79.19%
2 John Kittredge	M67 Ontario RaceWalkers	17:07.83	12:41.32 82.94%
3 Lawrence Malek	M51 Toronto Race Wal	17:08.74	14:51.00 70.87%
4 Anne de Thy	W58 Ontario RaceWalkers	18:34.57	15:17.52 75.75%
5 Ken Atkins	M55 Unattached	18:45.20	15:41.12 67.09%
6 Lina Liscio	W62 Toronto Race Wal	18:50.15	14:50.68 78.03%
7 Lily Whalen	W60 Ontario RaceWalkers	19:09.21	15:26.15 75.04%
8 Mary Witko	W59 Ontario RaceWalkers	21:06.11	17:11.38 67.39%