

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**W29&U 60 Meter Dash**

Name	Age	Team	Prelims	Age-Grading	H#
Preliminaries					
1 Natalia Issajenko	W22	Speed Academy	7.74q	7.74 89.53%	4
2 Rebecca Murray	W17	Unattached	7.87q	7.75 89.33%	3
3 Maryann Dike	W18	Flying Angels	8.04q	7.96 86.94%	3
4 Khadijah Thompson	W18	Relentless	8.10q	8.02 86.30%	3

M29&U 60 Meter Dash

Name	Age	Team	Prelims	Age-Grading	H#
1 Seon Holmes	M22	The Wonder Boys	7.09q	7.06 90.55%	5
3 Jared Kerr	M16	Flying Angels	7.29q	6.90 92.73%	5
4 Rashad Glasco	M17	Flying Angels	7.33q	7.01 91.27%	5
7 Leacroft Thompson	M15	Relentless	7.55q	7.05 90.73%	4
10 Sodiq Ibrahim	M15	Flying Angels	7.59q	7.08 90.25%	4
11 Cleon Holmes	M26	Unattached	7.62q	7.63 83.86%	5
15 Issac Sirdivan	M14	Flying Angels	7.88q	7.25 88.20%	3
24 Tristian Hylton-Hastings	M16	Flying Angels	8.24q	7.79 82.04%	4
25 Donavan Watson	M12	Flying Angels	8.34q	7.39 86.57%	2

M29&U 60 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points
Finals						
1 Seon Holmes	M22	The Wonder Boys	7.01	6.98 91.58%	2	7
2 Jared Kerr	M16	Flying Angels	7.19	6.80 94.02%	2	5
3 Rashad Glasco	M17	Flying Angels	7.29	6.97 91.77%	2	4
4 Leacroft Thompson	M15	Relentless	7.55	7.05 90.73%	2	3
5 Sodiq Ibrahim	M15	Flying Angels	7.60	7.09 90.13%	2	
6 Cleon Holmes	M26	Unattached	7.77	7.78 82.24%	2	
7 Issac Sirdivan	M14	Flying Angels	8.02	7.38 86.66%	1	
8 Tristian Hylton-Hastings	M16	Flying Angels	8.30	7.85 81.45%	1	
9 Donavan Watson	M12	Flying Angels	8.35	7.39 86.47%	1	

W29&U 60 Meter Dash

Name	Age	Team	Finals	Age-Grading	Points
1 Natalia Issajenko	W22	Speed Academy	7.70	7.70 90.00%	7
2 Rebecca Murray	W17	Unattached	7.83	7.71 89.78%	5
3 Maryann Dike	W18	Flying Angels	8.03	7.95 87.05%	4
4 Khadijah Thompson	W18	Relentless	8.06	7.98 86.72%	3

M30 60 Meter Dash

Name	Age	Team	Prelims	Age-Grading	H#
Preliminaries					
2 Mike James	M31	Brampton Track	7.25q	7.26 88.14%	5
5 Clayton Latham	M31	Brampton Track	7.49q	7.50 85.31%	5
6 Shane Ferth	M30	Waterloo Track Club	7.50q	7.51 85.20%	5
17 Bryan Griffiths	M31	Unattached	7.96q	7.97 80.28%	3
19 Ryan Edge	M34	Unattached	8.15q	8.14 78.65%	1
32 Jonathan Colford	M34	Unattached	9.71q	9.69 66.01%	1

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M30 60 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#	Points
Finals					
1 Shane Ferth	M30 Waterloo Track Club	7.44	7.45 85.89%	3	7
2 Bryan Griffiths	M31 Unattached	7.85	7.86 81.40%	2	5
3 Ryan Edge	M34 Unattached	8.08	8.07 79.33%	2	4
4 Jonathan Colford	M34 Unattached	9.92	9.90 64.62%	1	3

W35 60 Meter Dash

Name	Age Team	Prelims	Age-Grading
Preliminaries			
5 Karlene Crossman	W38 Flying Angels	11.04q	10.91 63.41%

M35 60 Meter Dash

Name	Age Team	Prelims	Age-Grading	H#
8 Mark Smyth	M37 Parry Sound Lege	7.56q	7.37 86.77%	4
12 Andre Mitchell	M35 UTTC	7.66q	7.58 84.33%	3
20 Tyrone Edge	M37 Unattached	8.16q	7.96 80.39%	2
30 Jose Moreno	M35 Unattached	8.94q	8.85 72.26%	1

M35 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
Finals					
1 Mark Smyth	M37 Parry Sound Lege	7.50	7.31 87.47%	3	7
2 Andre Mitchell	M35 UTTC	7.64	7.56 84.55%	3	5
3 Tyrone Edge	M37 Unattached	8.15	7.95 80.49%	2	4
4 Jose Moreno	M35 Unattached	13.62	13.48 47.43%	1	3

W35 60 Meter Dash

Name	Age Team	Finals	Age-Grading	Points
1 Karlene Crossman	W38 Flying Angels	11.10	10.97 63.06%	7

M40 60 Meter Dash

Name	Age Team	Prelims	Age-Grading	H#
Preliminaries				
13 Chris Lemassif	M44 UTTC	7.81q	7.22 88.60%	3
14 Scott Smyth	M41 Parry Sound Lege	7.82q	7.39 86.45%	3
26 Richard Petko	M40 Unattached	8.40q	8.00 79.88%	2
29 Danny Pincivero	M43 Unattached	8.94q	8.33 76.85%	2

M40 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
Finals					
1 Scott Smyth	M41 Parry Sound Lege	7.84	7.41 86.22%	3	7
2 Chris Lemassif	M44 UTTC	7.93	7.33 87.26%	3	5

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**....M40 60 Meter Dash**

3	Richard Petko	M40	Unattached	8.45	8.05	79.41%	1	4
4	Danny Pincivero	M43	Unattached	8.97	8.35	76.59%	1	3

M45 60 Meter Dash

Name	Age	Team	Prelims	Age-Grading	H#
Preliminaries					
16	Ken Kudo	M49	Unattached	7.92q	7.06 90.53% 4
18	Tim Taschereau	M46	Unattached	7.97q	7.26 88.08% 2
21	Eddy Renelique	M48	viva La Salsa	8.18q	7.35 87.04% 2
22	Rick Reynolds	M45	Unattached	8.20q	7.52 85.00% 2
23	Les Neufeld	M45	Unattached	8.21q	7.53 84.90% 1

M45 60 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points
Finals						
1	Ken Kudo	M49	Unattached	7.93	7.07 90.42% 2	7
2	Tim Taschereau	M46	Unattached	7.99	7.28 87.86% 2	5
3	Eddy Renelique	M48	viva La Salsa	8.19	7.36 86.94% 2	4
4	Les Neufeld	M45	Unattached	8.20	7.52 85.00% 1	3
5	Rick Reynolds	M45	Unattached	8.29	7.61 84.08% 2	2

M50 60 Meter Dash

Name	Age	Team	Prelims	Age-Grading	H#
Preliminaries					
9	Michael Lee Foon	M51	Space Age Techno	7.57q	6.66 96.04% 4
28	Bryan Baldsing	M53	Unattached	8.85q	7.67 83.28% 1

M50 60 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points
Finals						
1	Michael Lee Foon	M51	Space Age Techno	7.53	6.62 96.55% 3	
2	Bryan Baldsing	M53	Unattached	8.75	7.59 84.23% 1	5

M60 60 Meter Dash

Name	Age	Team	Prelims	Age-Grading	H#
Preliminaries					
27	Richard Lech	M63	Unattached	8.55q	6.93 92.16% 2

M60 60 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points
Finals						
1	Richard Lech	M63	Unattached	8.66	7.02 90.99% 1	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M70 60 Meter Dash**

Name	Age Team	Prelims	Age-Grading
Preliminaries			
31 David Stern	M71 Mississauga Tra	9.55q	7.35 86.91%

M70 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
Finals					
1 David Stern	M71 Mississauga Tra	9.57	7.37 86.73%	1	7

M29&U 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jared Kerr	M16 Flying Angels	23.08	21.87 88.34%	11	7
2 Rashad Glasco	M17 Flying Angels	23.67	22.79 84.79%	11	5
3 Leacroft Thompson	M15 Relentless	24.38	22.71 85.11%	10	4
4 Sodiq Ibrahim	M15 Flying Angels	25.14	23.41 82.54%	10	3
5 Murphy Caesar	M23 Unattached	25.37	25.38 76.15%	9	2
6 Suliaman Bangura	M14 Flying Angels	25.74	23.50 82.25%	5	1
7 Tyreak Stanley	M12 Flying Angels	25.79	22.41 86.23%	6	
8 Issac Sirdivan	M14 Flying Angels	26.31	24.02 80.46%	8	
9 Tristian Hylton-Hastings	M16 Flying Angels	26.90	25.49 75.80%	9	
10 Donavan Watson	M12 Flying Angels	27.21	23.64 81.73%	5	

W29&U 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Rebecca Murray	W17 Unattached	25.03	24.12 88.49%	8	7
2 Nita Patterson-Reid	W17 Unattached	26.69	25.72 82.99%	7	5
3 Kate Bickle	W27 University of Wa	26.77	26.78 79.72%	6	4
4 Maryann Dike	W18 Flying Angels	26.93	26.20 81.47%	4	3
5 Danielle Knight	W17 Flying Angels	27.02	26.04 81.98%	6	2
6 Kenisha Williams	W14 Flying Angels	27.79	25.75 82.91%	5	1
7 Talika James	W14 Flying Angels	28.55	26.45 80.70%	3	
8 Tiffany Sabado-Worrell	W14 Flying Angels	29.21	27.06 78.88%	3	
9 Adrian Camera	W16 Flying Angels	29.35	27.97 76.32%	2	
-- Giovanna Canini	W18 Unattached	DQ		6	Lane infraction

M30 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Shane Ferth	M30 Waterloo Track Club	23.33	23.34 82.81%	11	7
2 Kyril Krylov	M30 Unattached	25.54	25.55 75.65%	1	5
3 Bryan Griffiths	M31 Unattached	25.85	25.75 75.05%	8	4
4 Ryan Edge	M34 Unattached	26.06	25.34 76.29%	5	3

M35 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Andre Mitchell	M35 UTTC	24.81	23.92 80.77%	9	7
2 Mark Smyth	M37 Parry Sound Lege	24.89	23.64 81.76%	8	5

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**...M35 200 Meter Dash**

3 Tyrone Edge	M37 Unattached	25.90	24.59	78.57%	7	4
---------------	----------------	-------	-------	--------	---	---

W40 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Anita Thomas	W42 Mississauga Tra	32.56	30.00	71.16%	7

M40 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chris Lemassif	M44 UTTC	25.27	22.76	84.92%	10 7
2 Scott Smyth	M41 Parry Sound Lege	25.39	23.38	82.67%	7 5

M45 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ken Kudo	M49 Unattached	25.65	22.27	86.74%	9 7
2 Eddy Renelique	M48 viva La Salsa	26.70	23.35	82.73%	7 5
3 Rick Reynolds	M45 Unattached	27.11	24.23	79.75%	4 4

M50 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Andrew Bass	M50 Unattached	27.74	23.91	80.82%	4 7

W55 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Karla Del Grande	W58 Mississauga Tra	28.64	22.06	96.75%	4 7

M60 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Richard Lech	M63 Unattached	30.24	23.88	80.92%	3 7

M65 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bruce Mitchell	M68 Mississauga Tra	32.42	24.68	78.32%	2 7
2 Peter Evans	M69 Mississauga Tra	32.79	24.76	78.04%	2 5
3 John Powell	M67 EtobicokeTC	38.49	29.53	65.45%	1 4

M70 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 David Stern	M71 Mississauga Tra	31.99	23.60	81.90%	2 7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M80 200 Meter Dash**

Name	Age Team	Finals	Age-Grading	Points
1 Earl Fee	M82 Mississauga Tra	33.78	20.56 93.96%	7

M29&U 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Justin Murtagh	M15 Flying Angels	63.79	59.61 72.44%	3	7

W29&U 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kate Bickle	W27 University of Wa	59.04	59.05 80.62%	4	7
2 Adrian Camera	W16 Flying Angels	66.00	61.80 77.03%	3	5
3 Talika James	W14 Flying Angels	67.82	61.26 77.71%	2	4
4 Kenisha Williams	W14 Flying Angels	68.74	62.09 76.67%	3	3
5 Tiffany Sabado-Worrell	W14 Flying Angels	70.02	63.25 75.26%	3	2

M30 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Stephen Bidgood	M30 Unattached	58.19	58.20 74.21%	4	7
2 Jonathan Colford	M34 Unattached	1:20.52	78.74 54.84%	2	5

M35 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Josh Kramer	M36 Unattached	60.48	58.26 74.12%	4	7

M40 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Saleem Baksh	M40 Mississauga Tra	58.85	55.03 78.47%	4	7

W45 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Karen Gold	W49 Mississauga Tra	73.37	60.67 78.47%	2	7

M55 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Steve Millward	M56 Unattached	65.35	54.77 78.85%	4	7
2 Mike Durocher	M56 Longboat RR	68.73	57.60 74.97%	1	5

W55 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Karla Del Grande	W58 Mississauga Tra	66.47	50.51 94.25%	3	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M60 400 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Duncan Greenshields	M63 UTTC	72.79	58.35 74.01%	2	7
2 John Faulkner	M63 Burlington Runners	74.32	59.58 72.48%	1	5

M80 400 Meter Dash

Name	Age Team	Finals	Age-Grading	Points
1 Earl Fee	M82 Mississauga Tra	74.73	43.02100.39%	7

W29&U 1000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Joan Chung	W28 UTTC	3:33.92	3:33.93 68.48%	7

M30 1000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Jimmy Semes	M33 Village People R	3:04.49	3:04.50 70.74%	7
2 Markus del Mar	M34 Longboat RR	3:32.77	3:32.78 61.33%	5

M35 1000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Josh Kramer	M36 Unattached	2:52.98	2:50.04 76.75%	7
2 Ming Tsai	M39 UTTC	2:54.98	2:47.02 78.13%	5
3 Daniel Hipson	M39 Unattached	3:01.86	2:53.59 75.18%	4
4 Blair Nicolle	M39 UTTC	3:30.38	3:20.81 64.99%	3

W35 1000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Teresa Duck	W36 Unattached	3:11.82	3:11.75 76.40%	7

M40 1000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Jordan Rosenberg	M42 UTTC	3:01.60	2:48.49 77.46%	7
2 Greg Bonhomme	M42 Longboat RR	3:45.69	3:29.40 62.32%	5

W40 1000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Sheryl Potter	W44 Newmarket Huskies	3:57.27	3:40.41 66.47%	7

W45 1000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Ginette Jones	W45 Newmarket Huskies	3:41.64	3:23.87 71.86%	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M50 1000 Meter Run**

Name	Age Team	Finals	Age-Grading	Points
1 James Earl	M52 East Toronto	3:03.80	2:35.89 83.72%	7
2 Desmond Moloney	M51 East Toronto	3:09.15	2:41.79 80.67%	5
3 Werner Tars	M51 Burlington Runners	3:11.50	2:43.80 79.68%	4
4 Brent Hutchinson	M54 Brantford Track	3:26.78	2:52.38 75.71%	3

W50 1000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Heather O'Hagan	W50 Newmarket Huskies	3:33.53	3:07.29 78.22%	7
2 Mary Holley	W51 Unattached	5:02.00	4:21.57 56.01%	5

M55 1000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Michel Fortin	M57 Longboat RR	3:40.91	2:59.63 72.65%	7

M60 1000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 John De Finney	M61 Newmarket Huskies	3:21.05	2:38.25 82.47%	7
2 John Helliker	M60 UTTC	3:26.09	2:43.48 79.83%	5
3 Doug Smith	M60 UTTC	4:00.65	3:10.89 68.36%	4

W65 1000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Nancy Wells	W65 Longboat RR	4:38.22	3:13.73 75.62%	7

M30 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 William Bentley	M31 Village People R	10:02.24	9:59.35 73.41%	7
2 Jimmy Semes	M33 Village People R	11:13.39	11:05.65 66.10%	5
3 Markus del Mar	M34 Longboat RR	12:46.44	12:34.18 58.34%	4
4 Jonathan Colford	M34 Unattached	16:57.81	16:41.53 43.93%	3

M35 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Ming Tsai	M39 UTTC	10:18.32	9:48.71 74.74%	7
2 Daniel Hipson	M39 Unattached	10:24.34	9:54.44 74.02%	5

M40 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Kevin Farr	M41 UTTC	10:04.97	9:27.47 77.54%	7
2 Gary Jr Cassel	M43 Cambridge Harriers	11:06.34	10:15.70 71.46%	5
3 Greg Bonhomme	M42 Longboat RR	12:46.91	11:54.00 61.63%	4

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M45 3000 Meter Run**

Name	Age Team	Finals	Age-Grading	Points
1 Walsh McGuire	M45 Unattached	10:32.84	9:35.83 76.41%	7
2 James Wallace	M49 Unattached	11:06.37	9:47.54 74.89%	5
3 Jianping Xu	M46 Harbour Track	11:16.71	10:10.94 72.02%	4
4 Tony Serwatak	M46 Longboat RR	13:19.54	12:01.83 60.96%	3

W45 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Tracey Snarr	W47 Newmarket Huskies	11:46.37	10:25.43 80.17%	7
2 Lynn Bourque	W48 Longboat RR	12:46.96	11:10.71 74.76%	5

M50 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 James Earl	M52 East Toronto	10:26.34	8:59.03 81.63%	7
2 Robert Campbell	M52 Longboat RR	10:26.39	8:59.08 81.62%	5
3 Desmond Moloney	M51 East Toronto	10:44.34	9:19.03 78.71%	4
4 Werner Tars	M51 Burlington Runners	10:59.87	9:32.51 76.86%	3
5 Jay Yakabowich	M50 Unattached	11:28.54	10:02.27 73.06%	2

M55 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Michel Fortin	M57 Longboat RR	12:55.62	10:40.20 68.73%	7

W55 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Chris Marino	W56 Joshua Creek Run	15:20.48	12:04.88 69.17%	7

M60 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 John De Finney	M61 Newmarket Huskies	11:39.81	9:17.89 78.87%	7
2 Richard Bailey	M63 Longboat RR	11:48.00	9:14.51 79.35%	5

W60 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Diane Marrow	W61 Longboat RR	13:25.35	9:50.41 84.93%	7
2 Sheelagh Tait	W64 Unattached	17:26.42	12:13.02 68.40%	5

M70 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Chris Mackie	M71 Unattached	12:26.92	9:00.03 81.48%	7
2 Robert Moore	M71 Toronto Olym	13:37.40	9:50.99 74.45%	5

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**W29&U 60 Meter Hurdles**

Name	Age Team	Prelims	Age-Grading
Preliminaries			
2 Giovanna Canini	W18 Unattached	9.48q	9.48 81.12%

W29&U 60 Meter Hurdles

Name	Age Team	Finals	Age-Grading	Points
Finals				
1 Giovanna Canini	W18 Unattached	9.67	9.67 79.52%	7

M35 60 Meter Hurdles

Name	Age Team	Prelims	Age-Grading
Preliminaries			
1 David Valenzuela	M35 Unattached	9.01q	8.75 83.46%

M35 60 Meter Hurdles

Name	Age Team	Finals	Age-Grading	Points
Finals				
1 David Valenzuela	M35 Unattached	9.01	8.75 83.46%	7

M40 60 Meter Hurdles

Name	Age Team	Prelims	Age-Grading
Preliminaries			
3 Jordan Rosenberg	M42 UTTC	10.13q	9.28 78.68%

M45 60 Meter Hurdles

Name	Age Team	Prelims	Age-Grading
Preliminaries			
5 Paul White	M45 London Legion T&	11.58q	10.35 70.55%

M60 60 Meter Hurdles

Name	Age Team	Prelims	Age-Grading	Points
Finals				
4 Richard Lech	M63 Unattached	10.85q	8.59 85.07%	ONT

M60 60 Meter Hurdles

Name	Age Team	Finals	Age-Grading	Points
Finals				
1 Richard Lech	M63 Unattached	10.63	8.41 86.83%	7

M40 4x400 Meter Relay

Team	Finals	Points
Finals		
1 Longboat Road Runners 'A'	4:56.90	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M30 Long Jump**

Name	Age	Team	Finals	Age-Grading	Points
1 Stephen Bidgood	M30	Unattached	5.87m	5.87m 65.59%	7

M40 Long Jump

Name	Age	Team	Finals	Age-Grading	Points
1 Ovidiu Negoita	M40	Unattached	5.67m	6.30m 70.43%	7
2 Jordan Rosenberg	M42	UTTC	4.91m	5.58m 62.39%	5

M50 Long Jump

Name	Age	Team	Finals	Age-Grading	Points
1 Andrew Bass	M50	Unattached	4.85m	6.08m 68.02%	7

M30 Triple Jump

Name	Age	Team	Finals	Age-Grading	Points
1 Clayton Latham	M31	Brampton Track	14.05m	14.08m 77.03%	7

M55 Triple Jump

Name	Age	Team	Finals	Age-Grading	Points
1 Thevarajan Sinnathurai	M58	United T.S.C.	11.04m	15.00m 82.08%	7

CAN**W35 Shot Put**

Name	Age	Team	Finals	Age-Grading	Points
1 Karlene Crossman	W38	Flying Angels	8.48m	9.52m 42.08%	7

M40 Shot Put

Name	Age	Team	Finals	Age-Grading	Points
1 Jordan Rosenberg	M42	UTTC	8.83m	9.35m 40.49%	7

W50 Shot Put

Name	Age	Team	Finals	Age-Grading	Points
1 Katherine Willis	W53	UTTC	5.23m	7.65m 33.83%	7

W60 Shot Put

Name	Age	Team	Finals	Age-Grading	Points
1 Rhona Trott	W63	Hamilton Oly	7.52m	13.46m 59.49%	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M65 Shot Put**

Name	Age	Team	Finals	Age-Grading	Points
1 Richard Mirkiewicz	M69	Unattached	9.12m	15.37m 66.52%	7

M70 Shot Put

Name	Age	Team	Finals	Age-Grading	Points
1 David Morris	M73	Throwers Club	8.75m	12.39m 53.58%	7

M90 Shot Put

Name	Age	Team	Finals	Age-Grading	Points
1 Garry Bachman	M90	Throwers Club	8.81m	21.62m 93.52%	7 CAN

W30 Weight Throw

Name	Age	Team	Finals	Age-Grading	Points
1 Marie-Josée Le Jour	W33	Unattached	17.38m	21.39m 90.66%	7

W40 Weight Throw

Name	Age	Team	Finals	Age-Grading	Points
1 Michelle Baptie	W44	athletiques In	7.01m	10.66m 45.20%	7

M55 Weight Throw

Name	Age	Team	Finals	Age-Grading	Points
1 Jim Wettenhall	M57	United State	16.90m	21.20m 82.00%	7

W60 Weight Throw

Name	Age	Team	Finals	Age-Grading	Points
1 Rhona Trott	W63	Hamilton Oly	11.47m	15.63m 66.26%	7

M70 Weight Throw

Name	Age	Team	Finals	Age-Grading	Points
1 David Morris	M73	Throwers Club	11.38m	15.88m 61.45%	7

M90 Weight Throw

Name	Age	Team	Finals	Age-Grading	Points
1 Garry Bachman	M90	Throwers Club	10.01m	22.91m 88.58%	7 CAN

M45 3000 Meter Race Walk

Name	Age	Team	Finals	Age-Grading	Points
1 Jianping Xu	M46	Harbour Track	14:42.95	13:17.40 79.19%	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M50 3000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading	Points
1 Lawrence Malek	M51 Toronto Race Wal	17:08.74	14:51.00 70.87%	7

M55 3000 Meter Race Walk

Name	Age Team	Finals	Age-Grading	Points
1 Ken Atkins	M55 Unattached	18:45.20	15:41.12 67.09%	7

W55 3000 Meter Race Walk

Name	Age Team	Finals	Age-Grading	Points
1 Anne de Thy	W58 Ontario RaceWalkers	18:34.57	15:17.52 75.75%	7
2 Mary Witko	W59 Ontario RaceWalkers	21:06.11	17:11.38 67.39%	5

W60 3000 Meter Race Walk

Name	Age Team	Finals	Age-Grading	Points
1 Lina Liscio	W62 Toronto Race Wal	18:50.15	14:50.68 78.03%	7
2 Lily Whalen	W60 Ontario RaceWalkers	19:09.21	15:26.15 75.04%	5

M65 3000 Meter Race Walk

Name	Age Team	Finals	Age-Grading	Points
1 John Kittredge	M67 Ontario RaceWalkers	17:07.83	12:41.32 82.94%	7