

33rd Annual Longboat Toronto Island Run
Toronto, Ontario
Sunday September 8, 2013
Ontario Masters Athletics – Results

O'all Place	Bib	Name	Gun Time	Class Placing	Gender Place	Pace /Km	Chip Time	City	
1	423	Jimmy Semes	18:12	SM35-39	1/16	6	3:39	18:12	Toronto
2	143	Mark Duff	18:17	SM50-54	2/20	7	3:40	18:17	Toronto
3	505	William Woods	18:42	SM50-54	3/20	10	3:45	18:42	Toronto
4	145	Glenn Duncan	19:09	SM40-44	1/16	12	3:50	19:09	Toronto
5	402	Nikolay Ryabkov	19:17	SM30-34	3/22	14	3:52	19:15	Toronto
6	152	James Earl	19:32	SM50-54	5/20	18	3:55	19:32	Toronto
7	403	Tanya Sakharov	20:03	SF30-34	1/43	2	4:01	20:03	Scarborough
8	279	Paul Langstaff	20:39	SM45-49	1/20	25	4:08	20:38	Etobicoke
9	329	Charles Minor	21:19	SM45-49	3/20	33	4:16	21:13	Aurora
10	317	Donald McDavid	21:51	SM60-64	1/5	38	4:23	21:48	Pickering
11	32	Phyllis Berck	23:26	SF60-64	1/4	12	4:42	23:26	Toronto
12	29	Melinda Bayliss	23:36	SF40-44	2/31	13	4:44	23:35	Toronto
13	183	Janet Foran-goneau	24:42	SF55-59	1/11	18	4:57	24:41	Belleville
14	107	Jonathan Colford	26:12	SM35-39	8/16	81	5:15	26:08	Toronto
15	439	Liz Spellen	27:44	SF55-59	3/11	42	5:33	27:39	Lindsay
16	215	Richard Graves	30:57	SM80+	1/1	128	6:12	30:50	Toronto