

Around the Bay Road Race

March 26th, 2017

Hamilton, ON

30 km OMA Championships Results

Place	Official Time	Pace/Km	Num	Name	City	Gender Plc/Tot	Category Plc/Tot	Category	Chip Time	Split 10.0 km	Split 15.0 km	Split 20.0 km
1	01:43:00	3:26	121	Cooper, Aaron	Camlachie	1/50	1/3	M30-34	01:43:00	00:35:09	00:51:26	01:08:41
2	01:49:56	3:40	447	Way, Dan	Toronto	2/50	2/3	M30-34	01:49:54	00:37:25	00:54:53	01:13:23
3	01:51:57	3:44	110	Clarke-Ames, Joel	Toronto	3/50	1/5	M35-39	01:51:55	00:38:03	00:55:27	01:14:04
4	01:52:27	3:45	3	Free, Mitch	St. George	4/50	2/5	M35-39	01:52:27	00:37:36	00:55:07	01:13:48
5	01:55:34	3:52	F27	Kortchaguina, Lioudmila	Markham	1/25	1/6	F45-49	01:55:33	00:39:22	00:58:02	01:17:32
6	01:56:23	3:53	323	Munro, Alistair	Toronto	5/50	1/12	M50-54	01:56:20	00:39:21	00:57:24	01:16:47
7	01:58:00	3:56	445	Watson, Chris	Huntsville	6/50	1/5	M40-44	01:57:57	00:39:47	00:58:16	01:18:17
8	01:59:31	3:59	78	Bowry, Richard	Toronto	7/50	1/3	M45-49	01:59:27	00:40:41	00:59:07	01:19:07
9	02:03:15	4:07	91	Campbell, Robert	Toronto	8/50	1/8	M55-59	02:03:12	00:42:10	01:01:35	01:22:05
10	02:04:25	4:09	307	Meijer, John	Toronto	9/50	2/8	M55-59	02:04:21	00:42:15	01:01:48	01:22:33
11	02:07:25	4:15	F29	Dempsey, Lynn	Brantford	2/25	1/3	F40-44	02:07:22	00:42:55	01:02:52	01:24:24
12	02:08:41	4:18	195	Hanks, Robert	Toronto	10/50	2/12	M50-54	02:08:34	00:43:27	01:03:49	01:25:25
13	02:09:01	4:18	337	O'Higgins, Brian	Ottawa	11/50	1/8	M60-64	02:08:49	00:44:24	01:04:42	01:26:10
14	02:09:47	4:20	267	Levesque, Gilles	Kanata	12/50	2/5	M40-44	02:09:40	00:44:28	01:05:08	01:27:03
15	02:10:08	4:21	127	Crocker, Nick	Toronto	13/50	3/3	M30-34	02:10:08	00:39:22	01:00:39	01:23:37
16	02:10:09	4:21	293	McCleary, Rick	Burford	14/50	3/12	M50-54	02:10:04	00:44:31	01:05:10	01:27:20
17	02:11:13	4:23	319	Morton, Martina	Huntsville	3/25	1/3	F30-34	02:11:08	00:43:57	01:04:47	01:27:07
18	02:12:20	4:25	240	Kleinke, Holger	Waterloo	15/50	4/12	M50-54	02:12:08	00:44:21	01:05:03	01:27:38
19	02:13:32	4:27	317	Morgan, Clive	Yarker	16/50	3/8	M55-59	02:13:14	00:46:17	01:07:35	01:30:02
20	02:13:48	4:28	75	Bodoni, George	Ottawa	17/50	5/12	M50-54	02:13:43	00:44:59	01:05:42	01:28:08
21	02:13:51	4:28	227	Jongsma, Alfred	Whitby	18/50	6/12	M50-54	02:13:37	00:44:50	01:05:30	01:27:53
22	02:14:33	4:29	448	Waywell, Elizabeth	Guelph	4/25	1/5	F55-59	02:14:30	00:44:30	01:05:37	01:28:27
23	02:15:51	4:32	384	Robb, Bryan	Waterford	19/50	3/5	M40-44	02:15:42	00:44:23	01:05:06	01:27:34
24	02:16:00	4:32	277	Madott, Anthony	Toronto	20/50	4/8	M55-59	02:15:52	00:45:51	01:07:01	01:29:41
25	02:16:28	4:33	276	Mackinnon, Daniel	Pickering	21/50	7/12	M50-54	02:16:11	00:45:58	01:07:28	01:30:05
26	02:18:11	4:37	284	Marra, Tony	Toronto	22/50	2/3	M45-49	02:18:01	00:47:00	01:08:51	01:32:15
27	02:19:54	4:40	300	McIlraith, Sara	Lively	5/25	2/6	F45-49	02:19:50	00:47:21	01:09:06	01:32:39
28	02:21:01	4:42	1165	Sheldrake, Mark	Brantford	23/50	4/5	M40-44	02:20:32	00:47:27	01:09:28	01:32:46
29	02:21:15	4:42	526	Beale, Ryan	Burlington	24/50	3/5	M35-39	02:20:45	00:45:27	01:06:48	01:29:48
30	02:22:00	4:44	697	Ellis, John	Scarborough	25/50	8/12	M50-54	02:21:44	00:45:24	01:06:49	01:31:12
31	02:22:19	4:43	158	Emilio, Dave	Toronto	26/50	3/3	M45-49	02:21:17	00:49:17	01:11:34	01:34:57
32	02:22:39	4:45	224	Iserman, Dan	Scarborough	27/50	4/5	M35-39	02:22:30	00:44:24	01:06:37	01:29:33
33	02:22:44	4:45	1255	Van Buskirk, Jim	Brampton	28/50	2/8	M60-64	02:22:24	00:47:13	01:09:15	01:34:11
34	02:24:08	4:48	931	Loponen, Erik	Toronto	29/50	5/5	M40-44	02:23:38	00:48:02	01:10:47	01:35:03
35	02:24:12	4:48	554	Bolduc, Caroline	Etobicoke	6/25	2/3	F40-44	02:23:43	00:48:26	01:11:22	01:35:43
36	02:24:44	4:49	2748	Word, Stephen	Toronto	30/50	5/5	M35-39	02:24:13	00:49:04	01:12:01	01:36:22
37	02:25:38	4:51	374	Rawling, Jim	Toronto	31/50	3/8	M60-64	02:25:25	00:48:04	01:10:41	01:34:58
38	02:26:14	4:52	193	Hamel, Dawn	Orillia	7/25	1/2	F60-64	02:26:00	00:48:25	01:11:03	01:35:23
39	02:26:22	4:52	879	Kraay, Feite	Toronto	32/50	9/12	M50-54	02:25:42	00:48:17	01:10:40	01:34:41
40	02:26:40	4:53	187	Greig, Tracy	Owen Sound	8/25	3/6	F45-49	02:26:18	00:51:14	01:14:07	01:38:59
41	02:27:14	4:54	1235	Tobon, Juliana	Toronto	9/25	2/3	F30-34	02:26:43	00:49:06	01:12:05	01:36:36
42	02:28:04	4:54	640	Cranna, Laura	Toronto	10/25	3/3	F30-34	02:26:51	00:52:18	01:15:36	01:39:58
43	02:28:13	4:56	531	Bell, Debbie	Mississauga	11/25	1/4	F50-54	02:27:39	00:50:05	01:14:15	01:39:15
44	02:28:57	4:57	489	Allan, Bill	Burlington	33/50	5/8	M55-59	02:28:27	00:50:12	01:14:01	01:39:11
45	02:30:44	5:02	76	Borsos, Richard	Ottawa	34/50	1/4	M65-69	02:30:33	00:48:14	01:12:03	01:38:04
46	02:30:46	5:00	446	Vellacott, Lindsay	Dartmouth	12/25	1/1	F25-29	02:29:56	00:51:39	01:15:28	01:40:31
47	02:30:49	5:01	785	Hec, Richard	Toronto	35/50	6/8	M55-59	02:30:07	00:50:38	01:14:10	01:39:17
48	02:31:06	5:01	1105	Roedde, Nigel	Hamilton	36/50	1/1	M25-29	02:30:14			
49	02:31:16	5:02	833	Jackson, Greg	Milton	37/50	10/12	M50-54	02:30:37	00:50:30	01:14:03	01:39:12
50	02:33:36	5:06	927	Loch, Christine	Toronto	13/25	2/5	F55-59	02:32:43	00:52:03	01:15:59	01:41:46
51	02:34:49	5:08	2325	O'Halloran, Cynthia	Oakville	14/25	2/4	F50-54	02:33:46	00:50:07	01:16:40	01:41:36
52	02:41:16	5:21	2581	St. John, Richard	Toronto	38/50	1/1	M70-74	02:40:23	00:54:56	01:20:16	01:46:54
53	02:45:10	5:30	1103	Robinson, Lindsay	Guelph	15/25	4/6	F45-49	02:44:50	00:51:55	01:16:30	01:43:58
54	02:45:34	5:30	1965	Ibach, Susan	Manotick	16/25	5/6	F45-49	02:44:55	00:55:36	01:22:15	01:50:23
55	02:46:03	5:31	950	Mantel, Kathy	Princeton	17/25	6/6	F45-49	02:45:10	00:55:59	01:22:18	01:49:24

Around the Bay Road Race

March 26th, 2017

Hamilton, ON

30 km OMA Championships Results

Place	Official Time	Pace/Km	Num	Name	City	Gender Plc/Tot	Category Plc/Tot	Category	Chip Time	Split 10.0 km	Split 15.0 km	Split 20.0 km
56	02:46:16	5:33	59	Bailey, Richard	Toronto	39/50	2/4	M65-69	02:46:03	00:54:07	01:21:18	01:50:21
57	02:46:19	5:30	3012	Belic, Cathy	St. Catharines	18/25	3/5	F55-59	02:44:36	00:56:51	01:23:15	01:50:53
58	02:48:04	5:32	3901	Jones, Ginette	Pefferlaw	19/25	3/4	F50-54	02:45:32	00:56:48	01:22:45	01:50:31
59	02:50:32	5:39	2478	Ryerson Vieira, Nancy	Toronto	20/25	2/2	F60-64	02:49:24	00:56:09	01:22:51	01:51:27
60	02:50:53	5:39	1500	Berck, Phyllis	Toronto	21/25	1/1	F65-69	02:49:16	00:56:56	01:23:31	01:51:40
61	02:51:52	5:39	4848	Shand, Peter	Ottawa	40/50	4/8	M60-64	02:49:19	00:57:11	01:25:43	01:52:28
62	02:53:04	5:45	1051	Park, Kelly	Burlington	22/25	4/4	F50-54	02:52:26	00:53:39	01:20:13	01:48:50
63	02:53:37	5:43	2371	Pedlar, John	Caledon East	41/50	7/8	M55-59	02:51:25	00:55:52	01:21:33	01:49:17
64	02:55:09	5:47	1820	Gabriels, Henry	Egbert	42/50	3/4	M65-69	02:53:28	00:56:02	01:23:12	01:51:45
65	02:55:50	5:48	3588	Fraser, Robert	Ilderton	43/50	5/8	M60-64	02:53:48	00:57:26	01:27:32	01:56:38
66	02:58:35	5:52	1762	Dunbar, Sheila	Cayuga	23/25	3/3	F40-44	02:55:42	00:59:15	01:26:39	01:56:10
67	03:02:22	6:03	2477	Ryback, Peter	Huntsville	44/50	4/4	M65-69	03:01:20	00:56:42	01:23:42	01:53:11
68	03:03:16	6:06	1315	Wilson, Tom	Scarborough	45/50	6/8	M60-64	03:02:32	00:57:14	01:25:27	01:55:59
69	03:10:13	6:17	747	Geraghty, Michael	Hamilton	46/50	7/8	M60-64	03:08:27	01:01:05	01:28:19	01:58:50
70	03:43:51	7:15	3489	Ellis, John	Toronto	47/50	11/12	M50-54	03:37:01	01:13:52	01:51:09	02:26:05
71	04:06:45	8:14	140	Dey, Taraknath	Caledon	48/50	8/8	M55-59	04:06:42	01:12:39	01:49:20	02:31:34
72	04:13:03	8:25	1866	Gribbons, Beverly	London	24/25	4/5	F55-59	04:12:10	01:19:09	01:57:44	02:41:11
			275	Macisaac, Anthony	Mississauga	49/50	12/12	M50-54		00:43:55	01:06:30	
			2967	Balmer, Dawn	Mississauga	25/25	5/5	F55-59		01:02:42		
			698	Emas, Joseph	Nepean	50/50	8/8	M60-64		01:26:06		