

Chris Deighan	M56	Newmarket HU	30:12	82.62%	80.01%
Geoff Peat	M53	Newmarket HU	29:24	81.42%	
Derek Hackshaw	M47	Newmarket HU	29:02	79.24%	
Elaine Mota	W50	Newmarket HU	34:29	78.50%	
Sarah Nagy	W43	Newmarket HU	31:36	78.29%	
Anthony MacIsaac	M51	UTTC	30:44	77.89%	75.33%
Lynn Kobayashi	W60	UTTC	39:55	76.67%	
Michael Sherar	M52	UTTC	31:19	76.46%	
Clara Northcott	W62	UTTC	41:21	74.02%	
Mark Sterling	M51	UTTC	33:25	71.62%	
Susan Stone	W56	Longboat Roa	38:05	75.46%	70.29%
Trevor Kobe	M55	Longboat Roa	35:02	71.23%	
Hugh Connolly	M71	Longboat Roa	40:53	70.10%	
Gerardo Reyes	M41	Longboat Roa	32:22	68.39%	
Mathieu Marilly	M32	Longboat Roa	32:01	66.28%	
Mary Unsworth	W38	Muskoka Algo	32:21	74.84%	63.52%
Jessica Sheppard	W32	Muskoka Algo	38:23	62.63%	
Sharon Bennett	W38	Muskoka Algo	38:55	62.20%	
Darla Coles	W37	Muskoka Algo	39:46	60.88%	
Chris Bennett	M38	Muskoka Algo	37:38	57.04%	