

Winter Mini Meet #2 - 2016-01-31**Results - Mini Meet #2 - Age Grading: 5 Yr Indiv & 5 yr Multi****Mixed 60 Meter Dash**

Name	Age	Team	Prelims	Age-Grading	H#
Preliminaries					
1 Troy Dos Santos	M41	Unattached	7.17q	6.87 93.17%	7
2 Ian Chambers	M32	Phoenix Athletics	7.19q	7.20 88.87%	7
3 Rob Pipitone	M19	Unattached	7.39q	7.40 86.47%	7
4 Christopher Warburton	M50	Nemean Lions Ath	7.44q	6.69 95.56%	6
5 Kemar Burrel	M19	Phoenix Athletics	7.46q	7.47 85.66%	6
6 Marqus Rookwood	M15	Hamilton Oly	7.47q	7.48 85.54%	1
7 Sebastian David	M15	Phoenix Athletics	7.56q	7.57 84.52%	6
8 Flo Mi	W26	Unattached	7.66q	7.67 90.34%	7
9 Gianmarco Raimondo	M25	Unattached	7.69q	7.70 83.09%	7
10 Ellis Perryman	M44	Unattached	7.75q	7.42 86.19%	6
11 Dave Kervin	M37	Peterborough	7.86q	7.75 82.44%	6
12 Rick Reynolds	M49	Jamaica Masters	7.90q	7.33 87.22%	5
13 Daniel Da Silva	M32	Unattached	7.94q	7.95 80.48%	6
14 John Berardi	M41	Unattached	7.94q	7.60 84.13%	5
15 Tit (Jonathan) Hui	M44	Unattached	7.96q	7.62 83.92%	5
16 Chris Wagner	M30	Unattached	7.96q	7.97 80.28%	6
17 Mike Lee Foon	M55	Jamaica Masters	8.04q	7.00 91.42%	7
18 Daniel Simpson	M15	Phoenix Athletics	8.13q	8.14 78.60%	5
19 Paul Dowhos	M48	Unattached	8.14q	7.56 84.64%	5
20 Les Neufeld	M55	Unattached	8.15q	7.09 90.18%	4
21 Nathan Da Silva	M30	Unattached	8.16q	8.17 78.31%	6
22 Leigh Veerman	W25	Unattached	8.17q	8.18 84.70%	4
23 Kamran Khan	M24	Hamilton Oly	8.25q	8.26 77.45%	1
24 Tivona Thomas	W20	Unattached	8.27q	8.28 83.68%	4
25 Marissa Dubois	W17	Hamilton Oly	8.29q	8.30 83.47%	2
26 Richard Petko	M44	Unattached	8.51q	8.15 78.50%	4
27 Sydney Frigerio	W16	Phoenix Athletics	8.57q	8.58 80.75%	4
28 Janay Chapman	W13	Unattached	8.60q	8.61 80.47%	2
29 Sandra Marcantonio	W39	Unattached	8.65q	8.56 80.92%	4
30 Richard Lech	M67	Jamaica Masters	8.76q	7.10 90.07%	4
31 Emma Schwartz	W15	Phoenix Athletics	8.85q	8.86 78.19%	2
32 Emma Brender	W15	Phoenix Athletics	8.96q	8.97 77.23%	2
33 Robert Morley	M68	Unattached	9.04q	7.33 87.28%	3
34 Eva Lacna	W34	Unattached	9.13q	9.14 75.79%	3
35 Sydney Baxter	W12	Unattached	9.23q	9.24 74.97%	2
36 Mike Morris	M75	Unattached	9.28q	6.87 93.10%	2
37 Cathy Barry	W45	Unattached	9.31q	8.56 80.88%	3
38 Raine Garrell	W12	Unattached	9.35q	9.36 74.01%	1
39 Gaye Boston	W46	UTTC	9.38q	8.62 80.28%	3
40 Robert Beyea	M68	Unattached	9.41q	7.63 83.85%	1
41 Teawna Pinard	W38	Unattached	9.50q	9.40 73.68%	3
42 Peter Evans	M73	Jamaica Masters	9.56q	7.44 85.98%	2
43 Theresa Rozario	W51	UTTC	10.03q	8.87 78.07%	1
44 Pierre Kirwin	M55	Unattached	10.04q	8.73 73.21%	1
45 Denise Gordon-Mohamud	W45	Mississauga Oly	10.69q	9.82 70.44%	1

Mixed 60 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points
Finals						
1 Troy Dos Santos	M41	Unattached	7.15	6.85 93.43%	6	
2 Ian Chambers	M32	Phoenix Athletics	7.30	7.31 87.53%	6	
3 Kemar Burrel	M19	Phoenix Athletics	7.44	7.45 85.89%	6	
4 Christopher Warburton	M50	Nemean Lions Ath	7.44	6.69 95.56%	6	
5 Rob Pipitone	M19	Unattached	7.47	7.48 85.54%	6	

Winter Mini Meet #2 - 2016-01-31**Results - Mini Meet #2 - Age Grading: 5 Yr Indiv & 5 yr Multi**

6	Marqus Rookwood	M15	Hamilton Oly	7.54	7.55	84.75%	6
7	Flo Mi	W26	Unattached	7.55	7.56	91.66%	6
8	Gianmarco Raimondo	M25	Unattached	7.58	7.59	84.30%	5
9	Sebastian David	M15	Phoenix Athletics	7.58	7.59	84.30%	6
10	John Berardi	M41	Unattached	7.83	7.50	85.31%	5
11	Dave Kervin	M37	Peterborough	7.84	7.73	82.65%	5
12	Tit (Jonathan) Hui	M44	Unattached	7.94	7.60	84.13%	5
13	Rick Reynolds	M49	Jamaica Masters	7.97	7.40	86.45%	5
14	Mike Lee Foon	M55	Jamaica Masters	7.98	6.94	92.11%	4
15	Chris Wagner	M30	Unattached	8.03	8.04	79.58%	5
16	Kamran Khan	M24	Hamilton Oly	8.09	8.10	78.99%	4
17	Daniel Simpson	M15	Phoenix Athletics	8.12	8.13	78.69%	4
18	Les Neufeld	M55	Unattached	8.14	7.08	90.29%	4
19	Leigh Veerman	W25	Unattached	8.17	8.18	84.70%	4
20	Marissa Dubois	W17	Hamilton Oly	8.20	8.21	84.39%	3
21	Paul Dowhos	M48	Unattached	8.25	7.66	83.52%	4
22	Tivona Thomas	W20	Unattached	8.32	8.33	83.17%	4
23	Janay Chapman	W13	Unattached	8.56	8.57	80.84%	3
24	Sydney Frigerio	W16	Phoenix Athletics	8.60	8.61	80.47%	3
25	Sandra Marcantonio	W39	Unattached	8.73	8.64	80.18%	3
26	Richard Petko	M44	Unattached	8.73	8.36	76.52%	3
27	Richard Lech	M67	Jamaica Masters	8.84	7.17	89.25%	3
28	Emma Schwartz	W15	Phoenix Athletics	8.94	8.95	77.40%	3
29	Emma Brender	W15	Phoenix Athletics	9.06	9.07	76.38%	3
30	Eva Lacna	W34	Unattached	9.14	9.15	75.71%	2
31	Robert Morley	M68	Unattached	9.17	7.43	86.04%	2
32	Sydney Baxter	W12	Unattached	9.20	9.21	75.22%	2
33	Cathy Barry	W45	Unattached	9.34	8.58	80.62%	2
34	Mike Morris	M75	Unattached	9.36	6.93	92.31%	2
35	Raine Garrell	W12	Unattached	9.38	9.39	73.77%	2
36	Teawna Pinard	W38	Unattached	9.41	9.31	74.39%	1
37	Peter Evans	M73	Jamaica Masters	9.66	7.51	85.09%	1
38	Theresa Rozario	W51	UTTC	10.07	8.90	77.76%	1
39	Pierre Kirwin	M55	Unattached	10.13	8.81	72.56%	1
40	Denise Gordon-Mohamud	W45	Mississauga Oly	10.67	9.81	70.57%	1
41	Robert Beyea	M68	Unattached	11.40	9.24	69.21%	2

Mixed 200 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points	
1	Daunte Henriques	M14	Hamilton Elite At	23.37	23.38	82.67%	13
2	Ian Chambers	M32	Phoenix Athletics	24.40	24.41	79.18%	1
3	Christopher Warburton	M50	Nemean Lions Ath	24.47	21.87	88.39%	11
4	Sebastian David	M15	Phoenix Athletics	24.64	24.65	78.41%	12
5	Kemar Burrel	M19	Phoenix Athletics	24.94	24.95	77.47%	11
6	Stephen Krebs	M17	Hamilton Elite At	25.19	25.20	76.70%	13
7	Marqus Rookwood	M15	Hamilton Oly	25.30	25.31	76.36%	1
8	Dave Kervin	M37	Peterborough	25.64	25.23	76.60%	12
9	Mike Lee Foon	M55	Jamaica Masters	25.84	22.31	86.61%	13
10	David Turkstra	M50	Unattached	26.01	23.24	83.16%	10
11	Gianmarco Raimondo	M25	Unattached	26.03	26.04	74.22%	12
12	Kevin Farr	M45	University of Wi	26.05	24.06	80.31%	10
13	Fortune Downs	W16	Unattached	26.07	26.08	81.86%	11
14	Daniel Simpson	M15	Phoenix Athletics	26.38	26.39	73.24%	8
15	Rob Pipitone	M19	Unattached	26.80	26.81	72.09%	12
16	Mahamadou Drame	M18	Unattached	26.87	26.88	71.90%	13
17	Rick Reynolds	M49	Jamaica Masters	26.88	24.83	77.83%	11
18	Andrew Bass	M54	Unattached	27.15	24.26	79.67%	10
19	Leigh Veerman	W25	Unattached	27.27	27.28	78.25%	8
20	Sean Kapitain	M45	Unattached	27.30	26.86	71.94%	10
21	Tivona Thomas	W20	Unattached	27.44	27.45	77.77%	8

Winter Mini Meet #2 - 2016-01-31**Results - Mini Meet #2 - Age Grading: 5 Yr Indiv & 5 yr Multi**

22	Paul Dowhos	M48	Unattached	27.61	25.50	75.77%	9
23	Molly Giannone	W16	Hamilton Oly	27.75	27.76	76.90%	1
24	Michal Kapral	M43	UTTC	27.77	26.49	72.96%	9
25	Nathan Da Silva	M30	Unattached	27.86	27.87	69.35%	13
26	Sandra Marcantonio	W39	Unattached	28.63	27.78	76.84%	9
27	Janay Chapman	W13	Unattached	29.17	29.18	73.16%	7
28	Louis Byrne	M44	Toronto Olym	29.23	27.88	69.31%	9
29	Emma Schwartz	W15	Phoenix Athletics	30.06	30.07	70.99%	7
30	Emma Brender	W15	Phoenix Athletics	30.17	30.18	70.73%	6
31	Marsha Thompson	W44	Jamaica Masters	30.83	28.81	74.08%	4
32	Richard Lech	M67	Jamaica Masters	30.91	24.75	78.07%	6
33	Kaelyn Perisic	W14	Hamilton Elite At	31.08	31.09	68.66%	8
34	Cathy Barry	W45	Unattached	31.27	28.09	75.98%	6
35	Sydney Baxter	W12	Unattached	31.69	31.70	67.34%	5
36	Jodi Rice	W46	Unattached	31.75	28.52	74.83%	5
37	Raine Garrell	W12	Unattached	32.02	32.03	66.65%	5
38	Mike Morris	M75	Unattached	32.67	23.58	81.97%	5
39	Teawna Pinard	W38	Unattached	32.87	31.90	66.93%	4
40	Duncan Greenshields	M67	UTTC	33.42	26.76	72.20%	4
41	Annika Kapral	W13	Unattached	33.60	33.61	63.51%	4
42	Brian Borowy	M53	Unattached	33.77	30.18	64.05%	1
43	Heather Driscoll	W46	Blue Devils AC	34.72	31.19	68.43%	3
44	Pierre Kirwin	M55	Unattached	35.00	30.22	63.94%	3
45	Anke Graenert	W48	Newmarket Huskies	35.70	32.07	66.55%	2
46	Denise Gordon-Mohamud	W45	Mississauga Oly	39.17	35.19	60.66%	1
47	Nicky Slovitt	W55	UTTC	42.15	34.83	61.28%	2
48	John Powell	M71	EtobicokeTC	47.02	35.94	53.76%	2

Mixed 400 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points	
1	Daunte Henriques	M14	Hamilton Elite At	54.21	54.22	79.65%	8
2	Otis Morgan	M40	Jamaica Masters	54.45	50.94	84.78%	8
3	Michael Sherar	M52	UTTC	54.99	48.14	89.71%	8
4	Mahamadou Drame	M18	Unattached	57.86	57.87	74.63%	8
5	Bill Wells	M41	UTTC	57.93	54.19	79.68%	7
6	Jay Brecher	M42	UTTC	57.94	54.20	79.67%	7
7	Richard Reid	M47	Jamaica Masters	57.95	52.47	82.30%	7
8	Kevin Farr	M45	University of Wi	58.11	52.62	82.07%	7
9	Mirco Graenert	M46	Newmarket Huskies	58.88	53.31	81.00%	6
10	Andrew Bass	M54	Unattached	60.02	52.55	82.19%	6
11	Holly Gibson	W15	Unattached	61.70	61.71	77.15%	6
12	Louis Byrne	M44	Toronto Olym	62.72	58.67	73.60%	6
13	Chris Webb	M50	Unattached	62.82	55.00	78.53%	5
14	Janay Chapman	W13	Unattached	65.19	65.20	73.02%	5
15	Eddy Renelique	M52	Unattached	65.46	57.31	75.36%	3
16	Steve Millward	M60	Niagara Olympic	66.22	54.00	79.98%	5
17	Molly Giannone	W16	Hamilton Oly	66.25	66.26	71.85%	4
18	Jodi Rice	W46	Unattached	72.68	65.29	72.91%	4
19	Kaelyn Perisic	W14	Hamilton Elite At	73.01	73.02	65.20%	5
20	Daniel Ahong	M15	Durham Gazelles	75.00	75.01	57.57%	3
21	Duncan Greenshields	M67	UTTC	75.80	59.40	72.69%	3
22	Heather Driscoll	W46	Blue Devils AC	77.73	69.83	68.17%	3
23	Dianne Kapral	W42	Unattached	77.92	73.18	65.05%	2
24	Anke Graenert	W48	Newmarket Huskies	79.05	71.02	67.03%	2
25	Lauryn Kapral	W11	Unattached	1:23.82	1:23.83	56.79%	1
26	Brian Borowy	M53	Unattached	1:26.49	75.72	57.04%	1
27	Nicky Slovitt	W55	UTTC	1:33.17	76.10	62.55%	1
28	Gary McColeman	M73	UTTC	1:34.66	70.62	61.15%	1

Winter Mini Meet #2 - 2016-01-31**Results - Mini Meet #2 - Age Grading: 5 Yr Indiv & 5 yr Multi****Mixed 1000 Meter Run**

Name	Age Team	Finals	Age-Grading H#	Points
1 Michal Kapral	M43 UTTC	2:48.57	2:40.77 81.18%	4
2 Stuart Galloway	M54 UTTC	2:49.21	2:28.15 88.09%	4
3 Vince Friel	M53 Newmarket Huskies	2:49.53	2:28.43 87.93%	4
4 Geoff Peat	M52 Newmarket Huskies	2:50.52	2:29.30 87.41%	4
5 Anthony MacIsaac	M51 UTTC	2:54.01	2:32.35 85.66%	4
6 Alec Braithwaite	M40 Brantford Track	2:55.83	2:47.69 77.83%	4
7 Frank Pearson	M38 Unattached	3:09.56	3:08.20 69.34%	3
8 Darryl Barber	M44 Unattached	3:09.67	3:00.89 72.15%	2
9 Dave Corlett	M48 Boardwalk Runnin	3:10.14	2:53.91 75.04%	3
10 John MacMillan	M59 Longboat RR	3:12.01	2:40.60 81.26%	3
11 Thomas Bok	M35 Unattached	3:12.02	3:10.64 68.46%	4
12 Mary Unsworth	W38 Muskoka Algonqui	3:12.20	3:12.21 76.22%	3
13 Gary Cassel	M48 Cambridge Harriers	3:14.15	2:57.57 73.49%	3
14 Mark Duff	M54 Boardwalk Runnin	3:14.45	2:50.25 76.66%	3
15 John Helliker	M64 UTTC	3:15.40	2:35.70 83.82%	3
16 Chris Webb	M50 Unattached	3:16.24	2:51.81 75.96%	3
17 Amy Ballon	W44 UTTC	3:25.09	3:17.86 74.05%	2
18 Steve Burns	M56 Unattached	3:29.25	2:55.02 74.57%	2
19 Jon Comerford	M58 UTTC	3:46.83	3:09.73 68.79%	2
20 Chris Mackie	M75 Unattached	3:47.41	2:29.82 87.11%	2
21 Bruce Urch	M60 Throwers Club	3:50.71	3:03.83 70.99%	2
22 Joy Kramarich	W55 UTTC	3:55.53	3:13.54 75.70%	2
23 Paul Osland	M52 UTTC	3:55.55	3:26.23 63.28%	2
24 Tim Payne	M65 Newmarket Huskies	4:04.86	3:05.14 70.49%	2
25 Robert Moore	M75 Toronto Olym	4:31.84	2:59.09 72.87%	2
26 Frances Enchin	W64 UTTC	4:34.09	3:29.55 69.91%	2

Mixed 5000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Robert Madej	M47 Longboat RR	18:03.97	16:48.31 75.08%	
2 Paul Osland	M52 UTTC	18:28.66	16:32.59 76.27%	
3 Cory Currie	M28 Brantford Track	18:44.89	18:44.90 67.30%	
4 Gary Stewart	M58 Unattached	18:47.39	16:10.01 78.04%	
5 Mary Unsworth	W38 Muskoka Algonqui	19:00.82	1:54.09757.95%	CAN
(old CAN 20:04.20 Diane Palmason ON 1978)				
6 Iain Fraser	M28 Longboat RR	19:23.17	19:23.18 65.08%	
7 Alec Braithwaite	M40 Brantford Track	19:23.20	18:42.61 67.43%	
8 Michelle Clarke	W41 Longboat RR	19:23.64	18:57.46 76.02%	CAN
(old CAN 19:31.50 Leanne Shafir ON 2012)				
9 Jim Rawling	M60 Longboat RR	20:10.03	16:38.88 75.78%	
10 Dean Foster	M61 East Toronto	20:30.08	16:55.44 74.55%	
11 Dale Gommier	M40 Unattached	20:31.58	19:48.60 63.69%	
12 Thomas Bok	M35 Unattached	20:43.94	20:43.95 60.86%	
13 Richard Bailey	M67 Longboat RR	20:57.75	16:32.62 76.26%	
14 Neil Whitlock	M56 Unattached	21:34.35	18:33.66 67.97%	
15 Robert Moore	M75 Toronto Olym	25:09.69	17:33.47 71.86%	

Mixed 60 Meter Hurdles

Name	Age Team	Finals	Age-Grading	Points
1 Stephen Krebs	M17 Hamiton Elite At	8.52	8.53 85.68%	
2 Molly Giannone	W16 Hamilton Oly	9.77	9.78 78.71%	
3 Richard Lech	M67 Jamaica Masters	10.92	8.68 84.16%	

Winter Mini Meet #2 - 2016-01-31**Results - Mini Meet #2 - Age Grading: 5 Yr Indiv & 5 yr Multi****Mixed 1600 Meter Steeplechase 30" Barriers**

Name	Age Team	Finals	Age-Grading Points
1 Vern Christensen	M75 UTTC	7:31.76	

Mixed 4x400 Meter Relay

Team	Finals	Points
1 Boardwalk Running Club 'A'	4:37.78	
1) John MacMillan 59	2) Mark Duff 54	
3) Dave Corlett 48	4) Duncan Greenshields 67	
2 Team Kapral	5:07.76	
1) Lauryn Kapral 11	2) Dianne Kapral 42	
3) Annika Kapral 13	4) Michal Kapral 43	

Mixed High Jump

Name	Age Team	Finals	Age-Grading Points
1 David Turkstra	M50 Unattached	1.70m	1.97m 80.57%
2 Don Ritchie	M54 Bolton Pole Vault	1.60m	1.85m 75.83%
3 Caroline Ritchie	W17 Bolton Pole Vault	1.35m	1.35m 64.59%
4 Marsha Thompson	W44 Jamaica Masters	1.30m	1.43m 68.78%
5 Bruce Urch	M60 Throwers Club	1.25m	1.62m 66.49%

Mixed Long Jump

Name	Age Team	Finals	Age-Grading Points
1 Marissa Dubois	W17 Hamilton Oly	4.55m	4.55m 60.51%
2 Bruce Urch	M60 Throwers Club	4.11m	5.78m 64.62%
3 Daniel Ahong	M15 Durham Gazelles	3.39m	3.39m 37.88%

Mixed Triple Jump

Name	Age Team	Finals	Age-Grading Points
1 Lenroy Munro	M45 Unattached	11.79m	13.28m 72.64%
2 Jack Pontes	M44 Jamaica Masters	11.39m	12.11m 66.22%
3 Marissa Dubois	W17 Hamilton Oly	10.25m	10.25m 66.13%

Mixed Shot Put

Name	Age Team	Finals	Age-Grading Points
1 Jeremy Elliott	M13 Saugeen Track Club	11.02m	11.02m 47.66%
2 Bill Pearson	M63 Throwers Club	10.99m	13.71m 59.34%
3 Jerzy Wyroba	M66 Unattached	10.86m	14.77m 63.92%
4 Elizabeth Hill	W54 Kingston Track &	10.23m	12.89m 56.99%
5 Ralph Shapiro	M64 Throwers Club	10.12m	12.63m 54.64%
6 Brian Borowy	M53 Unattached	9.75m	11.42m 49.42%
7 Kristen Dajia	W52 Throwers Club	9.38m	11.82m 52.26%
8 Bruce Urch	M60 Throwers Club	9.27m	11.57m 50.05%
9 Adri Rowswell	W75 Unattached	8.31m	15.22m 67.29%
10 David Morris	M77 Throwers Club	8.26m	11.55m 50.00%
11 Bill Wells	M41 UTTC	6.55m	7.29m 31.55%
12 Gary McColeman	M73 UTTC	6.08m	7.78m 33.68%

Winter Mini Meet #2 - 2016-01-31**Results - Mini Meet #2 - Age Grading: 5 Yr Indiv & 5 yr Multi****Mixed Weight Throw**

Name	Age Team	Finals	Age-Grading Points
1 Tony Elliott	M16 Saugeen Track Club	16.13m	16.13m 62.37%
2 Patrick Ryall	M17 South Simco	15.21m	15.21m 58.82%
3 Kristen Dajia	W52 Throwers Club	13.04m	15.41m 65.33%
4 Bill Pearson	M63 Throwers Club	12.03m	12.54m 48.49%
5 David Morris	M77 Throwers Club	11.41m	14.01m 54.20%
6 Elizabeth Hill	W54 Kingston Track &	11.39m	13.46m 57.06%
7 Jeremy Elliott	M13 Saugeen Track Club	10.63m	10.63m 41.11%
8 Ralph Shapiro	M64 Throwers Club	8.54m	8.90m 34.42%

Mixed 1500 Meter Race Walk

Name	Age Team	Finals	Age-Grading Points
1 John Kittredge	M71 Ontario RaceWalkers	8:52.78	6:20.09 81.30%
2 Pau Ilerbaig-Bajona	M12 Ontario RaceWalkers	8:52.85	8:52.86 57.99%
3 Claustre Bajona-Xandri	W47 Ontario RaceWalkers	9:40.90	8:57.34 62.72%
4 Jon Todd	M69 Ontario RaceWalkers	11:01.67	8:20.03 61.80%
5 Jean Horne	W83 Ontario RaceWalkers	11:15.92	7:00.56 80.13%