

Bob Moore

Bob had a very successful 'open' career and continues to set records as a master as of his induction into the OMA Hall of Fame in 2010. His M35 marks are the standard for the Canadian Records. He still holds 11 Ontario Records in distances from 5K to the marathon, on the track, indoors and out, and on the road. He is well past 1600 lifetime races.



Canadian Records;

Outdoor	M55	10,000m	35:05
Roads	All M35 records 5K to marathon		
	M50	30K	1:49:41
	M55	Half Marathon	1:16:21

Ontario Records;

Outdoor	5000m	M55	16:57
	10,000m	M55	35:05
Indoor	3000m	M35	8:41
	3000m	M55	10:09

Roads

5 Mile	M40	25:01
	M50	27:02
10K	M55	34:24
25K	M40	1:21:38
Half Mara	M55	1:16:21
30K	M40	1:38:17
	M50	1:49:41

Bob leading the 1974 Hamilton Around The Bay race.



**1974 - Jerome Drayton and
Bob Moore at lift bridge**

Bob was inducted into the Hall at the Athletics Ontario Awards Gala on October 30th, 2010, along with Brian Keaveney and Stuart Summerhayes.

