

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M30 60 Meter Dash 10:30am**

| Name                | Age Team       | Finals | Wind | Age-Grading | H# | Points |
|---------------------|----------------|--------|------|-------------|----|--------|
| Finals              |                |        |      |             |    |        |
| 1 Greg Hetherington | M30 Unattached | 7.49   | NWI  | 7.50 85.31% | 6  | 7      |
| 2 D Powell          | M31 Unattached | 7.92   | NWI  | 7.93 80.68% | 6  | 5      |
| 3 Cat Jordan        | M31 Unattached | 8.07   | NWI  | 8.08 79.18% | 6  | 4      |

**M35 60 Meter Dash 10:30am**

| Name            | Age Team         | Finals | Wind | Age-Grading | H# | Points |
|-----------------|------------------|--------|------|-------------|----|--------|
| 1 Dree Ryan     | M35 Jamaica      | 7.14   | NWI  | 7.07 90.48% | 6  | 7      |
| 2 Howard Powell | M37 Unattached   | 7.44   | NWI  | 7.25 88.17% | 6  | 5      |
| 3 Dave Kervin   | M36 Peterborough | 7.87   | NWI  | 7.73 82.72% | 6  | 4      |

**W35 60 Meter Dash 10:30am**

| Name  | Age Team        | Finals      | Wind       | Age-Grading        | H#       | Points   |
|---|-----------------|-------------|------------|--------------------|----------|----------|
| <b>1 Khama Beckles</b>                                    | <b>W38 UTTC</b> | <b>7.95</b> | <b>NWI</b> | <b>7.86 88.05%</b> | <b>6</b> | <b>7</b> |
| (old CAN 8.05 Khama in 2013, old MR 8.08 Linda Carty USA) |                 |             |            |                    |          |          |

**M40 60 Meter Dash 10:30am**

| Name             | Age Team       | Finals | Wind | Age-Grading | H# | Points |
|------------------|----------------|--------|------|-------------|----|--------|
| 1 Jay Foubert    | M44 UTTC       | 7.54   | NWI  | 6.97 91.78% | 5  | 7      |
| 2 Nigel John     | M41 UTTC       | 7.59   | NWI  | 7.18 89.06% | 5  | 5      |
| 3 Michael Yap    | M43 Unattached | 8.04   | NWI  | 7.49 85.45% | 5  | 4      |
| 4 Ovidiu Negoita | M42 Unattached | 8.41   | NWI  | 7.89 80.98% | 5  | 3      |
| 5 Matt Beechey   | M43 Unattached | 8.48   | NWI  | 7.90 81.01% | 5  | 2      |

**M45 60 Meter Dash 10:30am**

| Name                | Age Team             | Finals | Wind | Age-Grading | H# | Points |
|---------------------|----------------------|--------|------|-------------|----|--------|
| 1 Chris Lemassif    | M47 UTTC             | 7.77   | NWI  | 7.03 90.99% | 4  | 7      |
| 2 Bernard St. Lewis | M46 Ottawa Lions     | 7.92   | NWI  | 7.22 88.64% | 6  | 5      |
| 3 Rick Reynolds     | M47 Speed Factory    | 7.94   | NWI  | 7.18 89.04% | 4  | 4      |
| 4 Paul Dowhos       | M46 Thunder Bay Spri | 7.99   | NWI  | 7.28 87.86% | 4  | 3      |
| 5 Will Hudson       | M47 UTTC             | 8.12   | NWI  | 7.35 87.07% | 4  | 2      |

**M50 60 Meter Dash 10:30am**

| Name               | Age Team       | Finals | Wind | Age-Grading | H# | Points |
|--------------------|----------------|--------|------|-------------|----|--------|
| 1 Ken Kudo         | M51 Unattached | 7.79   | NWI  | 6.85 93.32% | 3  | 7      |
| 2 Michael Lee Foon | M53 Jamaica    | 7.83   | NWI  | 6.79 94.13% | 3  | 5      |
| 3 Les Neufeld      | M53 Unattached | 8.23   | NWI  | 7.14 89.55% | 3  | 4      |

**M55 60 Meter Dash 10:30am**

| Name             | Age Team       | Finals | Wind | Age-Grading | H# | Points |
|------------------|----------------|--------|------|-------------|----|--------|
| 1 John Varone    | M55 Unattached | 8.24   | NWI  | 7.05 90.78% | 3  | 7      |
| 2 Bryan Baldsing | M56 Unattached | 8.81   | NWI  | 7.48 85.47% | 3  | 5      |

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M60 60 Meter Dash 10:30am**

| Name              | Age Team          | Finals | Wind | Age-Grading | H# | Points |
|-------------------|-------------------|--------|------|-------------|----|--------|
| 1 Ralph Cilevitz  | M60 Throwers Club | 8.93   | NWI  | 7.38 86.56% | 2  | 7      |
| 2 Bernie Lachance | M63 Quebec        | 9.39   | NWI  | 7.61 83.92% | 2  | 5      |

**W60 60 Meter Dash 10:30am**

| Name                          | Age Team                   | Finals      | Wind       | Age-Grading        | H#       | Points      |
|-------------------------------|----------------------------|-------------|------------|--------------------|----------|-------------|
| <b>1 Karla Del Grande</b>     | <b>W60 Mississauga Tra</b> | <b>8.59</b> | <b>NWI</b> | <b>6.73102.79%</b> | <b>2</b> | <b>7 MR</b> |
| (old MR 9.67 Edith Gray 1996) |                            |             |            |                    |          |             |

**M65 60 Meter Dash 10:30am**

| Name           | Age Team       | Finals | Wind | Age-Grading | H# | Points |
|----------------|----------------|--------|------|-------------|----|--------|
| 1 Richard Lech | M66 Unattached | 8.81   | NWI  | 7.01 91.26% | 2  | 7      |

**W65 60 Meter Dash 10:30am**

| Name          | Age Team         | Finals | Wind | Age-Grading | Points |
|---------------|------------------|--------|------|-------------|--------|
| 1 Rhona Trott | W65 Hamilton Oly | 10.59  | NWI  | 7.93 87.35% | 7      |

**M70 60 Meter Dash 10:30am**

| Name          | Age Team            | Finals | Wind | Age-Grading | Points |
|---------------|---------------------|--------|------|-------------|--------|
| 1 Peter Evans | M71 Mississauga Tra | 9.41   | NWI  | 7.25 88.20% | 7      |
| 2 David Stern | M74 Mississauga Tra | 9.53   | NWI  | 7.18 89.09% | 5      |

**M45 200 Meter Dash 2:00pm**

| Name                    | Age Team             | Prelims | Wind | Age-Grading  | H# |
|-------------------------|----------------------|---------|------|--------------|----|
| <b>Preliminaries</b>    |                      |         |      |              |    |
| 1 Chris Lemassif        | M47 UTTC             | 24.99q  | NWI  | 22.02 87.76% | 3  |
| 2 Christopher Warburton | M48 UTTC             | 25.24q  | NWI  | 22.08 87.52% | 2  |
| 3 David Turkstra        | M48 Hamilton Oly     | 25.57q  | NWI  | 22.37 86.39% | 1  |
| 4 Marcus Skeete         | M46 Unattached       | 25.78q  | NWI  | 22.88 84.48% | 2  |
| 5 Rick Reynolds         | M47 Speed Factory    | 26.42q  | NWI  | 23.28 83.01% | 2  |
| 6 Will Hudson           | M47 UTTC             | 26.48   | NWI  | 23.33 82.82% | 1  |
| 7 Bernard St. Lewis     | M46 Ottawa Lions     | 27.02   | NWI  | 23.98 80.61% | 1  |
| 8 Ira Irving            | M46 Jamaica          | 28.99   | NWI  | 25.72 75.13% | 3  |
| -- Paul Dowhos          | M46 Thunder Bay Spri | DQ      | NWI  |              | 1  |
| -- Paul Robinson        | M48 Jamaica          | DQ      | NWI  |              | 3  |

**M45 200 Meter Dash 2:00pm**

| Name                    | Age Team         | Finals | Wind | Age-Grading  | Points |
|-------------------------|------------------|--------|------|--------------|--------|
| <b>Finals</b>           |                  |        |      |              |        |
| 1 Chris Lemassif        | M47 UTTC         | 24.93  | NWI  | 21.97 87.97% | 7      |
| 2 David Turkstra        | M48 Hamilton Oly | 25.21  | NWI  | 22.05 87.62% | 5      |
| 3 Christopher Warburton | M48 UTTC         | 25.57  | NWI  | 22.37 86.39% | 4      |
| 4 Marcus Skeete         | M46 Unattached   | 25.60  | NWI  | 22.72 85.08% | 3      |

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M30 200 Meter Dash 2:00pm**

| Name                | Age Team       | Finals | Wind | Age-Grading H# | Points |
|---------------------|----------------|--------|------|----------------|--------|
| 1 Greg Hetherington | M30 Unattached | 24.72  | NWI  | 24.73 78.16%   | 7 7    |
| 2 D Powell          | M31 Unattached | 27.68  | NWI  | 27.57 70.09%   | 7 5    |

**W30 200 Meter Dash 2:00pm**

| Name   | Age Team              | Finals       | Wind       | Age-Grading H#      | Points      |
|--|-----------------------|--------------|------------|---------------------|-------------|
| <b>1 Wendy Clarke</b><br>(old MR 27.74 Yvonne Paquet 2006) | <b>W31 Unattached</b> | <b>26.36</b> | <b>NWI</b> | <b>26.37 80.96%</b> | <b>7 MR</b> |

**W35 200 Meter Dash 2:00pm**

| Name                   | Age Team        | Finals       | Wind       | Age-Grading H#      | Points       |
|------------------------|-----------------|--------------|------------|---------------------|--------------|
| <b>1 Khama Beckles</b> | <b>W38 UTTC</b> | <b>26.91</b> | <b>NWI</b> | <b>26.07 81.87%</b> | <b>7 ONT</b> |

**M35 200 Meter Dash 2:00pm**

| Name          | Age Team         | Finals | Wind | Age-Grading H# | Points |
|---------------|------------------|--------|------|----------------|--------|
| 1 Dave Kervin | M36 Peterborough | 25.65  | NWI  | 24.55 78.71%   | 7 7    |

**M40 200 Meter Dash 2:00pm**

| Name           | Age Team       | Finals | Wind | Age-Grading H# | Points |
|----------------|----------------|--------|------|----------------|--------|
| 1 Nigel John   | M41 UTTC       | 23.99  | NWI  | 22.09 87.49%   | 6 7    |
| 2 Jay Foubert  | M44 UTTC       | 24.25  | NWI  | 21.84 88.49%   | 6 5    |
| 3 Matt Beechey | M43 Unattached | 29.41  | NWI  | 26.68 72.42%   | 6 4    |

**M50 200 Meter Dash 2:00pm**

| Name               | Age Team       | Finals | Wind | Age-Grading H# | Points |
|--------------------|----------------|--------|------|----------------|--------|
| 1 Ken Kudo         | M51 Unattached | 25.46  | NWI  | 21.80 88.65%   | 5 7    |
| 2 Michael Lee Foon | M53 Jamaica    | 25.73  | NWI  | 21.73 88.92%   | 5 5    |

**M55 200 Meter Dash 2:00pm**

| Name               | Age Team       | Finals | Wind | Age-Grading H# | Points |
|--------------------|----------------|--------|------|----------------|--------|
| 1 Steve Millward   | M58 Unattached | 29.12  | NWI  | 23.77 81.32%   | 4 7    |
| 2 Bryan Baldsing   | M56 Unattached | 30.32  | NWI  | 25.08 77.04%   | 4 5    |
| 3 Raymond Jonasson | M57 Unattached | 34.65  | NWI  | 28.47 67.88%   | 4 4    |

**W60 200 Meter Dash 2:00pm**

| Name  | Age Team                   | Finals       | Wind       | Age-Grading H#      | Points        |
|---|----------------------------|--------------|------------|---------------------|---------------|
| <b>1 Karla Del Grande</b><br>(old MR 32.95 Rhona Trott ON 2009) | <b>W60 Mississauga Tra</b> | <b>28.90</b> | <b>NWI</b> | <b>21.80 97.92%</b> | <b>4 7 MR</b> |

**M60 200 Meter Dash 2:00pm**

| Name             | Age Team          | Finals | Wind | Age-Grading H# | Points |
|------------------|-------------------|--------|------|----------------|--------|
| 1 Ralph Cilevitz | M60 Throwers Club | 31.82  | NWI  | 25.62 75.42%   | 3 7    |

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

2 Bernie Lachance M63 Quebec 32.86 NWI 25.95 74.47% 3 5

**M65 200 Meter Dash 2:00pm**

| Name           | Age Team       | Finals | Wind | Age-Grading H# | Points |
|----------------|----------------|--------|------|----------------|--------|
| 1 Richard Lech | M66 Unattached | 32.39  | NWI  | 25.05 77.15%   | 2 7    |

**M70 200 Meter Dash 2:00pm**

| Name          | Age Team            | Finals | Wind | Age-Grading H# | Points |
|---------------|---------------------|--------|------|----------------|--------|
| 1 Peter Evans | M71 Mississauga Tra | 31.67  | NWI  | 23.36 82.73%   | 2 7    |
| 2 David Stern | M74 Mississauga Tra | 32.68  | NWI  | 23.01 84.00%   | 2 5    |

**M75 200 Meter Dash 2:00pm**

| Name         | Age Team           | Finals | Wind | Age-Grading H# | Points |
|--------------|--------------------|--------|------|----------------|--------|
| 1 Jim Pascoe | M76 Rouge River RR | 38.58  | NWI  | 26.28 73.54%   | 2 7    |

**W80 200 Meter Dash 2:00pm**

| Name  | Age Team          | Finals       | Wind       | Age-Grading H#      | Points          |
|---|-------------------|--------------|------------|---------------------|-----------------|
| <b>1 Alice Cole</b>                               | <b>W80 Quebec</b> | <b>42.18</b> | <b>NWI</b> | <b>25.01 85.35%</b> | <b>7 CAN MR</b> |
| (old CAN 42.52 Alice this winter, no previous MR) |                   |              |            |                     |                 |

**M30 400 Meter Dash 11:30am**

| Name                | Age Team       | Finals | Age-Grading H# | Points |
|---------------------|----------------|--------|----------------|--------|
| 1 Greg Hetherington | M30 Unattached | 55.44  | 55.45 77.89%   | 6 7    |
| -- D Powell         | M31 Unattached | DQ     |                | 6      |

**W40 400 Meter Dash 11:30am**

| Name          | Age Team             | Finals  | Age-Grading H# | Points |
|---------------|----------------------|---------|----------------|--------|
| 1 Amy Ballon  | W42 UTTC             | 71.51   | 63.51 74.95%   | 2 7    |
| 2 Katty Abran | W43 London Legion T& | 2:54.03 | 2:32.93 31.13% | 1 5    |

**M40 400 Meter Dash 11:30am**

| Name            | Age Team            | Finals | Age-Grading H# | Points |
|-----------------|---------------------|--------|----------------|--------|
| 1 Nigel John    | M41 UTTC            | 54.47  | 50.58 85.39%   | 5 7    |
| 2 Lenroy Munro  | M43 Unattached      | 56.11  | 51.37 84.07%   | 5 5    |
| 3 Saleem Baksh  | M42 Mississauga Tra | 60.47  | 55.75 77.46%   | 5 4    |
| 4 Sean Kapitein | M43 Unattached      | 60.63  | 55.51 77.80%   | 5 3    |

**M45 400 Meter Dash 11:30am**

| Name             | Age Team              | Finals | Age-Grading H# | Points |
|------------------|-----------------------|--------|----------------|--------|
| 1 Richard Reid   | M45 Jamaica           | 55.47  | 50.06 86.28%   | 4 7    |
| 2 Chris Lemassif | M47 UTTC              | 56.04  | 49.89 86.56%   | 4 5    |
| 3 Mirco Graenert | M45 Newmarket Huskies | 56.24  | 50.75 85.10%   | 4 4    |
| 4 Marcus Skeete  | M46 Unattached        | 56.88  | 50.98 84.70%   | 4 3    |

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M50 400 Meter Dash 11:30am**

| Name          | Age Team       | Finals | Age-Grading  | H# | Points |
|---------------|----------------|--------|--------------|----|--------|
| 1 Andrew Bass | M52 Unattached | 60.39  | 51.96 83.11% | 3  | 7      |

**M55 400 Meter Dash 11:30am**

| Name               | Age Team              | Finals | Age-Grading  | H# | Points |
|--------------------|-----------------------|--------|--------------|----|--------|
| 1 John Albert      | M58 Unattached        | 64.01  | 52.96 81.53% | 3  | 7      |
| 2 Jim Freemantle   | M55 Newmarket Huskies | 73.32  | 61.84 69.83% | 3  | 5      |
| 3 Raymond Jonasson | M57 Unattached        | 73.44  | 61.15 70.62% | 3  | 4      |

**M60 400 Meter Dash 11:30am**

| Name              | Age Team         | Finals | Age-Grading  | H# | Points |
|-------------------|------------------|--------|--------------|----|--------|
| 1 John Giffen     | M62 Unattached   | 68.22  | 55.03 78.47% | 2  | 7      |
| 2 John De Finney  | M64 Newmarket Hu | 70.35  | 56.05 77.06% | 2  | 5      |
| 3 Bernie Lachance | M63 Quebec       | 70.54  | 56.55 76.37% | 2  | 4      |

**M75 400 Meter Dash 11:30am**

| Name            | Age Team           | Finals  | Age-Grading  | Points |
|-----------------|--------------------|---------|--------------|--------|
| 1 Jim Pascoe    | M76 Rouge River RR | 1:26.48 | 56.49 76.46% | 7      |
| 2 Steffen Kampe | M77 Unattached     | 1:42.11 | 65.55 65.88% | 5      |

**W80 400 Meter Dash 11:30am**

| Name                                    | Age Team          | Finals         | Age-Grading         | Points      |
|---|-------------------|----------------|---------------------|-------------|
| <b>1 Alice Cole</b><br>(no previous MR) | <b>W80 Quebec</b> | <b>1:42.86</b> | <b>54.41 87.50%</b> | <b>7 MR</b> |

**W30 800 Meter Run 2:30pm**

| Name             | Age Team             | Finals  | Age-Grading    | Points |
|------------------|----------------------|---------|----------------|--------|
| 1 Tanya Sakharov | W33 Boardwalk Runnin | 2:37.18 | 2:37.19 72.07% | 7      |

**M30 800 Meter Run 2:30pm**

| Name             | Age Team       | Finals  | Age-Grading    | H# | Points |
|------------------|----------------|---------|----------------|----|--------|
| 1 David Anderson | M32 Unattached | 2:08.72 | 2:08.73 78.55% | 4  | 7      |

**M35 800 Meter Run 2:30pm**

| Name               | Age Team       | Finals  | Age-Grading    | H# | Points |
|--------------------|----------------|---------|----------------|----|--------|
| 1 Jonathan Colford | M36 Unattached | 3:07.45 | 3:05.17 54.61% | 4  | 7      |

**W40 800 Meter Run 2:30pm**

| Name         | Age Team | Finals  | Age-Grading    | Points |
|--------------|----------|---------|----------------|--------|
| 1 Amy Ballon | W42 UTTC | 2:39.83 | 2:32.71 74.19% | 7      |

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M40 800 Meter Run 2:30pm**

| Name            | Age Team         | Finals  | Age-Grading    | H# | Points |
|-----------------|------------------|---------|----------------|----|--------|
| 1 Michal Kapral | M41 UTTC         | 2:09.00 | 2:01.52 83.21% | 4  | 7      |
| 2 Pat Menzies   | M43 Unattached   | 2:17.86 | 2:07.54 79.28% | 4  | 5      |
| 3 Louis Byrne   | M42 Toronto Olym | 2:27.19 | 2:17.41 73.59% | 4  | 4      |

**M45 800 Meter Run 2:30pm**

| Name               | Age Team              | Finals  | Age-Grading    | H# | Points |
|--------------------|-----------------------|---------|----------------|----|--------|
| 1 Mirco Graenert   | M45 Newmarket Huskies | 2:15.31 | 2:02.88 82.29% | 4  | 7      |
| 2 Niegel Geohagen, | M45 Jamaica           | 2:38.72 | 2:24.14 70.15% | 4  | 5      |

**W45 800 Meter Run 2:30pm**

| Name             | Age Team              | Finals  | Age-Grading    | Points |
|------------------|-----------------------|---------|----------------|--------|
| 1 Anke Graenert  | W47 Newmarket Huskies | 3:00.41 | 2:45.06 68.63% | 7      |
| -- Annie Bunting | W49 UTTC              | DNF     |                |        |

**W50 800 Meter Run 2:30pm**

| Name              | Age Team              | Finals  | Age-Grading    | Points |
|-------------------|-----------------------|---------|----------------|--------|
| 1 Heather O'Hagan | W52 Newmarket Huskies | 2:40.90 | 2:19.88 80.99% | 7      |

**M50 800 Meter Run 2:30pm**

| Name        | Age Team             | Finals  | Age-Grading    | H# | Points |
|-------------|----------------------|---------|----------------|----|--------|
| 1 Mark Duff | M52 Boardwalk Runnin | 2:31.96 | 2:09.93 77.82% | 3  | 7      |

**M55 800 Meter Run 2:30pm**

| Name              | Age Team         | Finals  | Age-Grading    | H# | Points |
|-------------------|------------------|---------|----------------|----|--------|
| 1 John Albert     | M58 Unattached   | 2:28.45 | 2:00.83 83.68% | 3  | 7      |
| 2 Les Landsberger | M55 Quebec       | 2:31.27 | 2:06.10 80.18% | 3  | 5      |
| 3 James Earl      | M55 East Toronto | 2:37.13 | 2:10.99 77.19% | 3  | 4      |

**M60 800 Meter Run 2:30pm**

| Name             | Age Team              | Finals  | Age-Grading    | H# | Points |
|------------------|-----------------------|---------|----------------|----|--------|
| 1 John Helliker  | M62 UTTC              | 2:38.13 | 2:04.72 81.07% | 2  | 7      |
| 2 John De Finney | M64 Newmarket Hu      | 2:43.29 | 2:06.82 79.74% | 2  | 5      |
| 3 Ted Paget      | M62 Newmarket Huskies | 2:43.57 | 2:09.01 78.38% | 2  | 4      |
| 4 Tim Payne      | M63 Newmarket Huskies | 3:03.68 | 2:23.75 70.34% | 2  | 3      |

**M65 800 Meter Run 2:30pm**

| Name             | Age Team        | Finals  | Age-Grading    | H# | Points |
|------------------|-----------------|---------|----------------|----|--------|
| 1 Richard Bailey | M65 Longboat RR | 2:53.61 | 2:13.77 75.59% | 2  | 7      |

**M70 800 Meter Run 2:30pm**

| Name           | Age Team       | Finals  | Age-Grading    | H# | Points |
|----------------|----------------|---------|----------------|----|--------|
| 1 Chris Mackie | M73 Unattached | 2:55.09 | 2:02.08 82.83% | 2  | 7      |

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M75 800 Meter Run 2:30pm**

| Name            | Age Team       | Finals  | Age-Grading    | H# | Points |
|-----------------|----------------|---------|----------------|----|--------|
| 1 Steffen Kampe | M77 Unattached | 3:53.95 | 2:32.87 66.14% | 2  | 7      |

**W30 1500 Meter Run 11:00am**

| Name             | Age Team             | Finals  | Age-Grading    | H# | Points |
|------------------|----------------------|---------|----------------|----|--------|
| 1 Tanya Sakharov | W33 Boardwalk Runnin | 5:29.42 | 5:26.56 71.19% | 2  | 7      |

**M30 1500 Meter Run 11:00am**

| Name        | Age Team       | Finals  | Age-Grading    | H# | Points |
|-------------|----------------|---------|----------------|----|--------|
| 1 Greg King | M32 Unattached | 5:00.42 | 5:00.43 68.57% | 3  | 7      |

**W35 1500 Meter Run 11:00am**

| Name               | Age Team       | Finals  | Age-Grading    | H# | Points |
|--------------------|----------------|---------|----------------|----|--------|
| 1 Donna Mae Robins | W37 Unattached | 5:15.24 | 5:05.82 76.02% | 2  | 7      |

**M35 1500 Meter Run 11:00am**

| Name          | Age Team             | Finals  | Age-Grading    | H# | Points |
|---------------|----------------------|---------|----------------|----|--------|
| 1 Jimmy Semes | M35 Boardwalk Runnin | 4:40.88 | 4:37.29 74.29% | 3  | 7      |

**M40 1500 Meter Run 11:00am**

| Name          | Age Team | Finals  | Age-Grading    | H# | Points |
|---------------|----------|---------|----------------|----|--------|
| 1 Jay Brecher | M40 UTTC | 4:22.65 | 4:06.55 83.55% | 3  | 7      |
| 2 Ian Reid    | M40 UTTC | 4:24.98 | 4:08.74 82.82% | 3  | 5      |

**M45 1500 Meter Run 11:00am**

| Name               | Age Team               | Finals  | Age-Grading    | H# | Points |
|--------------------|------------------------|---------|----------------|----|--------|
| 1 Gary Cassel      | M46 Cambridge Harriers | 5:02.72 | 4:28.43 76.74% | 3  | 7      |
| 2 Niegel Geohagen, | M45 Jamaica            | 5:33.07 | 4:58.00 69.13% | 3  | 5      |

**M50 1500 Meter Run 11:00am**

| Name              | Age Team              | Finals  | Age-Grading    | H# | Points |
|-------------------|-----------------------|---------|----------------|----|--------|
| 1 Geoff Peat      | M50 Newmarket Huskies | 4:30.32 | 3:51.05 89.16% | 3  | 7      |
| 2 Rob Blair       | M50 Newmarket Huskies | 5:04.39 | 4:20.17 79.18% | 3  | 5      |
| 3 Mark Duff       | M52 Boardwalk Runnin  | 5:08.35 | 4:19.05 79.52% | 3  | 4      |
| 4 Desmond Moloney | M53 East Toronto      | 5:12.05 | 4:19.85 79.28% | 3  | 3      |

**M55 1500 Meter Run 11:00am**

| Name              | Age Team         | Finals  | Age-Grading    | H# | Points |
|-------------------|------------------|---------|----------------|----|--------|
| 1 James Earl      | M55 East Toronto | 5:01.31 | 4:06.51 83.57% | 2  | 7      |
| 2 Les Landsberger | M55 Quebec       | 5:06.72 | 4:10.93 82.09% | 2  | 5      |

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W60 1500 Meter Run 11:00am**

| Name            | Age Team       | Finals  | Age-Grading    | Points |
|-----------------|----------------|---------|----------------|--------|
| 1 Cathy Tedford | W60 Unattached | 9:22.52 | 6:52.61 56.34% | 7      |

**M60 1500 Meter Run 11:00am**

| Name            | Age Team              | Finals  | Age-Grading    | H# | Points |
|-----------------|-----------------------|---------|----------------|----|--------|
| 1 John Helliker | M62 UTTC              | 5:09.64 | 3:59.08 86.16% | 2  | 7      |
| 2 Ted Paget     | M62 Newmarket Huskies | 5:21.27 | 4:08.06 83.05% | 2  | 5      |
| 3 Tim Payne     | M63 Newmarket Huskies | 6:03.26 | 4:38.26 74.03% | 2  | 4      |

**M65 1500 Meter Run 11:00am**

| Name            | Age Team        | Finals  | Age-Grading    | H# | Points |
|-----------------|-----------------|---------|----------------|----|--------|
| 1 Bert de Vries | M67 Longboat RR | 6:14.03 | 4:37.31 74.29% | 2  | 7      |

**M70 1500 Meter Run 11:00am**

| Name               | Age Team                | Finals  | Age-Grading    | Points |
|--------------------|-------------------------|---------|----------------|--------|
| 1 Chris Mackie     | M73 Unattached          | 5:51.57 | 4:02.73 84.87% | 7      |
| 2 David Woodhall   | M71 Unattached          | 6:16.79 | 4:28.32 76.78% | 5      |
| 3 Robert Moore     | M73 Toronto Olym        | 6:39.10 | 4:35.54 74.76% | 4      |
| 4 Vern Christensen | M73 Scarborough Masters | 6:55.19 | 4:46.65 71.87% | 3      |

**M75 1500 Meter Run 11:00am**

| Name            | Age Team                | Finals  | Age-Grading    | Points |
|-----------------|-------------------------|---------|----------------|--------|
| 1 Jack Geddes   | M76 Scarborough Masters | 6:33.07 | 4:19.27 79.45% | 7      |
| 2 Steffen Kampe | M77 Unattached          | 8:07.53 | 5:17.19 64.95% | 5      |

**M80 1500 Meter Run 11:00am**

| Name                             | Age Team              | Finals         | Age-Grading           | Points      |
|----------------------------------|-----------------------|----------------|-----------------------|-------------|
| <b>1 Ed Whitlock</b>             | <b>M83 Unattached</b> | <b>6:14.81</b> | <b>3:36.80 95.02%</b> | <b>7 MR</b> |
| (old MR 7:09 Robert Comber 2007) |                       |                |                       |             |

**W30 3000 Meter Run 1:15pm**

| Name         | Age Team | Finals   | Age-Grading     | Points |
|--------------|----------|----------|-----------------|--------|
| 1 Joan Chung | W30 UTTC | 11:46.54 | 11:46.12 71.01% | 7      |

**M30 3000 Meter Run 1:15pm**

| Name           | Age Team       | Finals   | Age-Grading     | H# | Points |
|----------------|----------------|----------|-----------------|----|--------|
| 1 Bernie Hogan | M32 Unattached | 9:39.87  | 9:35.35 76.48%  | 3  | 7      |
| 2 Greg King    | M32 Unattached | 10:57.37 | 10:52.25 67.46% | 3  | 5      |

**W35 3000 Meter Run 1:15pm**

| Name               | Age Team       | Finals   | Age-Grading     | Points |
|--------------------|----------------|----------|-----------------|--------|
| 1 Donna Mae Robins | W37 Unattached | 10:54.71 | 10:38.94 78.48% | 7      |



**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M35 3000 Meter Run 1:15pm**

| Name               | Age Team             | Finals   | Age-Grading     | H# | Points |
|--------------------|----------------------|----------|-----------------|----|--------|
| 1 Alec Braithwaite | M38 Brantford Track  | 9:34.68  | 9:11.24 79.82%  | 3  | 7      |
| 2 Matt Kings       | M35 Unattached       | 9:37.13  | 9:24.90 77.89%  | 3  | 5      |
| 3 Jimmy Semes      | M35 Boardwalk Runnin | 10:15.83 | 10:02.78 73.00% | 3  | 4      |

**M40 3000 Meter Run 1:15pm**

| Name             | Age Team            | Finals   | Age-Grading    | H# | Points |
|------------------|---------------------|----------|----------------|----|--------|
| 1 Jason Matthews | M40 UTTC            | 9:44.02  | 9:11.96 79.72% | 3  | 7      |
| 2 Kevin Farr     | M43 Brantford Track | 10:22.58 | 9:35.27 76.49% | 3  | 5      |
| 3 Rob Sidhu      | M40 UTTC            | 10:25.27 | 9:50.95 74.46% | 3  | 4      |

**W45 3000 Meter Run 1:15pm**

| Name            | Age Team | Finals   | Age-Grading     | Points |
|-----------------|----------|----------|-----------------|--------|
| 1 Annie Bunting | W49 UTTC | 12:05.10 | 10:26.20 80.07% | 7      |

**M45 3000 Meter Run 1:15pm**

| Name             | Age Team               | Finals   | Age-Grading    | H# | Points |
|------------------|------------------------|----------|----------------|----|--------|
| 1 Andrew Jones   | M48 London Pacers      | 9:36.36  | 8:32.27 85.89% | 3  | 7      |
| 2 Pierre Mikhail | M45 Muskoka Algonqui   | 10:20.29 | 9:24.41 77.96% | 3  | 5      |
| 3 Gary Cassel    | M46 Cambridge Harriers | 10:58.45 | 9:54.45 74.02% | 3  | 4      |

**M50 3000 Meter Run 1:15pm**

| Name             | Age Team             | Finals   | Age-Grading    | H# | Points |
|------------------|----------------------|----------|----------------|----|--------|
| 1 Paul Osland    | M50 UTTC             | 9:47.52  | 8:33.91 85.62% | 2  | 7      |
| 2 John Healy     | M51 Boardwalk Runnin | 10:47.59 | 9:21.85 78.31% | 2  | 5      |
| 3 Jay Yakabowich | M52 Unattached       | 10:52.80 | 9:21.80 78.32% | 2  | 4      |

**W55 3000 Meter Run 1:15pm**

| Name               | Age Team | Finals   | Age-Grading     | Points |
|--------------------|----------|----------|-----------------|--------|
| 1 Lynn Kobayashi   | W58 UTTC | 12:54.03 | 9:52.68 84.60%  | 7      |
| 2 Katherine Willis | W55 UTTC | 16:23.24 | 13:05.02 63.87% | 5      |

**M55 3000 Meter Run 1:15pm**

| Name             | Age Team         | Finals   | Age-Grading     | H# | Points |
|------------------|------------------|----------|-----------------|----|--------|
| 1 Jerry Kooymans | M58 Toronto Olym | 10:19.14 | 8:26.71 86.83%  | 2  | 7      |
| 2 James Earl     | M55 East Toronto | 10:49.39 | 9:05.17 80.71%  | 2  | 5      |
| 3 Sam Vilone     | M56 Unattached   | 12:02.58 | 10:01.48 73.15% | 2  | 4      |

**W60 3000 Meter Run 1:15pm**

| Name            | Age Team       | Finals   | Age-Grading     | Points |
|-----------------|----------------|----------|-----------------|--------|
| 1 Cathy Tedford | W60 Unattached | 20:45.38 | 15:26.57 54.12% | 7      |

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M60 3000 Meter Run 1:15pm**

| Name          | Age Team       | Finals   | Age-Grading    | H# | Points |
|---------------|----------------|----------|----------------|----|--------|
| 1 John Giffen | M62 Unattached | 11:34.39 | 9:08.71 80.19% | 2  | 7      |

**M65 3000 Meter Run 1:15pm**

| Name             | Age Team        | Finals   | Age-Grading    | H# | Points |
|------------------|-----------------|----------|----------------|----|--------|
| 1 Richard Bailey | M65 Longboat RR | 11:54.16 | 9:09.27 80.11% | 2  | 7      |

**M70 3000 Meter Run 1:15pm**

| Name             | Age Team         | Finals   | Age-Grading     | Points |
|------------------|------------------|----------|-----------------|--------|
| 1 Roy Collins    | M70 St.Catharins | 13:34.40 | 9:56.06 73.82%  | 7      |
| 2 David Woodhall | M71 Unattached   | 13:48.34 | 9:58.89 73.47%  | 5      |
| 3 Robert Moore   | M73 Toronto Olym | 14:11.55 | 9:58.73 73.49%  | 4      |
| 4 Gary McColeman | M72 UTTC         | 15:20.36 | 10:56.59 67.01% | 3      |
| 5 Brian Drewett  | M72 Unattached   | 15:27.45 | 11:01.65 66.50% | 2      |

**M75 3000 Meter Run 1:15pm**

| Name            | Age Team       | Finals   | Age-Grading     | Points |
|-----------------|----------------|----------|-----------------|--------|
| 1 Steffen Kampe | M77 Unattached | 16:36.38 | 10:53.53 67.33% | 7      |

**M85 3000 Meter Run 1:15pm**

| Name                    | Age Team                 | Finals          | Age-Grading            | Points       |
|-------------------------|--------------------------|-----------------|------------------------|--------------|
| <b>1 Manuel Teodoro</b> | <b>M86 London Pacers</b> | <b>21:23.35</b> | <b>10:57.59 66.91%</b> | <b>7 ONT</b> |

**M35 60 Meter Hurdles 1:00pm**

| Name               | Age Team       | Finals | Wind | Age-Grading | H# | Points |
|--------------------|----------------|--------|------|-------------|----|--------|
| 1 David Valenzuela | M37 Unattached | 8.99   | NWI  | 8.58 85.09% | 2  | 7      |

**M40 60 Meter Hurdles 1:00pm**

| Name             | Age Team       | Finals | Wind | Age-Grading | H# | Points |
|------------------|----------------|--------|------|-------------|----|--------|
| 1 Ovidiu Negoita | M42 Unattached | 10.61  | NWI  | 9.72 75.12% | 2  | 7      |

**M45 60 Meter Hurdles 1:00pm**

| Name            | Age Team       | Finals | Wind | Age-Grading  | H# | Points |
|-----------------|----------------|--------|------|--------------|----|--------|
| 1 Marcus Skeete | M46 Unattached | 11.40  | NWI  | 10.12 72.19% | 2  | 7      |

**M50 60 Meter Hurdles 1:00pm**

| Name             | Age Team            | Finals | Wind | Age-Grading | H# | Points |
|------------------|---------------------|--------|------|-------------|----|--------|
| 1 Don Ritchie    | M52 Throwers Club   | 9.82   | NWI  | 8.43 86.66% | 2  | 7      |
| -- Glenn Chipkar | M54 Mississauga Tra | DNF    | NWI  |             | 2  |        |

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M60 60 Meter Hurdles 1:00pm**

| Name             | Age Team          | Finals | Wind | Age-Grading | Points |
|------------------|-------------------|--------|------|-------------|--------|
| 1 Ralph Cilevitz | M60 Throwers Club | 11.50  | NWI  | 9.70 75.30% | 7      |

**M65 60 Meter Hurdles 1:00pm**

| Name           | Age Team         | Finals | Wind | Age-Grading  | Points |
|----------------|------------------|--------|------|--------------|--------|
| 1 Richard Lech | M66 Unattached   | 11.61  | NWI  | 8.66 84.32%  | 7      |
| 2 Stan Seitz   | M66 Ottawa Lions | 14.16  | NWI  | 10.56 69.14% | 5      |

**W65 60 Meter Hurdles 1:00pm (not regulation 27" hurdles)**

| Name                 | Age Team                | Finals       | Wind       | Age-Grading        | Points       |
|----------------------|-------------------------|--------------|------------|--------------------|--------------|
| <b>1 Rhona Trott</b> | <b>W65 Hamilton Oly</b> | <b>13.83</b> | <b>NWI</b> | <b>9.94 77.37%</b> | <b>7 ONT</b> |

**4x200 Meter Relay 2:45pm**

| Team                   | Finals                 | Points |
|------------------------|------------------------|--------|
| 1 Team 2 'A'           | 1:40.69                |        |
| 1) Marcus Skeete 46    | 2) Dree Ryan 35        |        |
| 3) Michael Lee Foon 53 | 4) Richard Reid 45     |        |
| 2 Team 1 'A'           | 2:25.50                |        |
| 1) Ralph Cilevitz 60   | 2) Bernie Lachance 63  |        |
| 3) Les Landsberger 55  | 4) Raymond Jonasson 57 |        |

**4x400 Meter Relay 3:00pm**

| Team                           | Finals                       | Points     |
|--------------------------------|------------------------------|------------|
| <b>1 Team 2 'A'</b>            | <b>4:23.42</b>               | <b>CAN</b> |
| <b>1) James Earl 55</b>        | <b>2) Desmond Moloney 53</b> |            |
| <b>3) John Albert 58</b>       | <b>4) Paul Osland 50</b>     |            |
| (old CAN 4:33.40 Alberta 2013) |                              |            |

**4x400 Meter Relay 3:00pm**

| Team                   | Finals               | Points |
|------------------------|----------------------|--------|
| 2 Team 1 'A'           | 5:42.91              | DQ     |
| 1) Jack Geddes 76      | 2) David Woodhall 71 |        |
| 3) Vern Christensen 73 | 4) Chris Mackie 73   |        |

**M35 High Jump 10:30am**

| Name                      | Age Team              | Finals       | Age-Grading         | Points      |
|---------------------------|-----------------------|--------------|---------------------|-------------|
| <b>1 Zoltan Sara</b>      | <b>M38 Unattached</b> | <b>1.90m</b> | <b>2.06m 84.07%</b> | <b>7 MR</b> |
| (old MR 1.88 Zoltan 2011) |                       |              |                     |             |
| 2 David Valenzuela        | M37 Unattached        | 1.85m        | 1.98m 81.14%        | 5           |

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M40 High Jump 10:30am**

| Name                  | Age Team       | Finals | Age-Grading  | Points |
|-----------------------|----------------|--------|--------------|--------|
| 1 Ovidiu Negoita      | M42 Unattached | 1.65m  | 1.86m 76.04% | 7      |
| 2 Jasbir Singh Hundal | M40 Unattached | 1.45m  | 1.60m 65.32% | 5      |

**W45 High Jump 10:30am**

| Name  | Age Team              | Finals       | Age-Grading         | Points          |
|---|-----------------------|--------------|---------------------|-----------------|
| <b>1 Gaby Szanto</b><br>(old MR 1.38 Liz McBlain AB 1993) | <b>W48 Unattached</b> | <b>1.45m</b> | <b>1.76m 84.30%</b> | <b>7 ONT MR</b> |

**M45 High Jump 10:30am**

| Name             | Age Team         | Finals | Age-Grading  | Points |
|------------------|------------------|--------|--------------|--------|
| 1 David Turkstra | M48 Hamilton Oly | 1.65m  | 1.97m 80.88% | 7      |

**M50 High Jump 10:30am**

| Name          | Age Team          | Finals | Age-Grading  | Points |
|---------------|-------------------|--------|--------------|--------|
| 1 Don Ritchie | M52 Throwers Club | 1.60m  | 2.00m 81.63% | 7      |
| 2 Paul Osland | M50 UTTC          | 1.40m  | 1.71m 70.00% | 5      |

**M55 High Jump 10:30am**

| Name                  | Age Team       | Finals | Age-Grading | Points |
|-----------------------|----------------|--------|-------------|--------|
| -- Alexandr Senkevich | M59 Unattached | NH     |             |        |

**M60 High Jump 10:30am**

| Name  | Age Team          | Finals       | Age-Grading         | Points      |
|---|-------------------|--------------|---------------------|-------------|
| <b>1 Peter Zowkewych</b><br>(old MR 1.45 Ian Hume '77 & '78, Stan Seitz 2009) | <b>M63 UTTC</b>   | <b>1.46m</b> | <b>2.07m 84.88%</b> | <b>7 MR</b> |
| 2 Ralph Cilevitz  | M60 Throwers Club | 1.20m        | 1.64m 67.42%        | 5           |

**M65 High Jump 10:30am**

| Name                | Age Team                | Finals       | Age-Grading         | Points       |
|---------------------|-------------------------|--------------|---------------------|--------------|
| <b>1 Stan Seitz</b> | <b>M66 Ottawa Lions</b> | <b>1.37m</b> | <b>2.02m 82.53%</b> | <b>7 ONT</b> |

**W45 Pole Vault 9:30am**

| Name          | Age Team       | Finals | Age-Grading  | Points |
|---------------|----------------|--------|--------------|--------|
| 1 Gaby Szanto | W48 Unattached | 2.55m  | 3.47m 67.46% | 7      |

**M45 Pole Vault 9:30am**

| Name          | Age Team       | Finals | Age-Grading | Points |
|---------------|----------------|--------|-------------|--------|
| -- Paul White | M47 Unattached | NH     |             |        |

**M55 Pole Vault 9:30am**

| Name | Age Team | Finals | Age-Grading | Points |
|------|----------|--------|-------------|--------|
|------|----------|--------|-------------|--------|

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

1 Mark Schaber M55 Unattached 3.25m 4.42m 72.06% 7

**M65 Pole Vault 9:30am**

| Name         | Age Team         | Finals | Age-Grading  | Points |
|--------------|------------------|--------|--------------|--------|
| 1 Stan Seitz | M66 Ottawa Lions | 2.85m  | 4.68m 76.41% | 7      |

**M40 Long Jump 1:00pm**

| Name                  | Age Team       | Finals | Wind | Age-Grading  | Points |
|-----------------------|----------------|--------|------|--------------|--------|
| 1 Nigel John          | M41 UTTC       | 5.66m  | NWI  | 6.36m 71.11% | 7      |
| 2 Ovidiu Negoita      | M42 Unattached | 5.16m  | NWI  | 5.86m 65.57% | 5      |
| 3 Jasbir Singh Hundal | M40 Unattached | 4.59m  | NWI  | 5.10m 57.02% | 4      |
| 4 Andrei Georgescu    | M43 Unattached | 4.50m  | NWI  | 5.17m 57.84% | 3      |

**M50 Long Jump 1:00pm**

| Name          | Age Team          | Finals | Wind | Age-Grading  | Points |
|---------------|-------------------|--------|------|--------------|--------|
| 1 Andrew Bass | M52 Unattached    | 4.98m  | NWI  | 6.41m 71.65% | 7      |
| 2 Don Ritchie | M52 Throwers Club | 4.50m  | NWI  | 5.79m 64.75% | 5      |

**M55 Long Jump 1:00pm**

| Name               | Age Team       | Finals | Wind | Age-Grading  | Points |
|--------------------|----------------|--------|------|--------------|--------|
| 1 Raymond Jonasson | M57 Unattached | 3.35m  | NWI  | 4.62m 51.62% | 7      |

**M60 Long Jump 1:00pm**

| Name             | Age Team          | Finals | Wind | Age-Grading  | Points |
|------------------|-------------------|--------|------|--------------|--------|
| 1 Ralph Cilevitz | M60 Throwers Club | 4.27m  | NWI  | 6.15m 68.76% | 7      |

**M35 Triple Jump After the LJ**

| Name               | Age Team       | Finals | Wind | Age-Grading   | Points |
|--------------------|----------------|--------|------|---------------|--------|
| 1 Jonathan Younker | M38 Unattached | 12.84m | NWI  | 13.44m 73.54% | 7      |

**M40 Triple Jump After the LJ**

| Name                  | Age Team       | Finals | Wind | Age-Grading   | Points |
|-----------------------|----------------|--------|------|---------------|--------|
| 1 Lenroy Munro        | M43 Unattached | 12.28m | NWI  | 13.64m 74.61% | 7      |
| 2 Ovidiu Negoita      | M42 Unattached | 10.44m | NWI  | 11.46m 62.67% | 5      |
| 3 Jasbir Singh Hundal | M40 Unattached | 9.80m  | NWI  | 10.50m 57.44% | 4      |
| 4 Andrei Georgescu    | M43 Unattached | 9.53m  | NWI  | 10.58m 57.90% | 3      |

**M60 Triple Jump After the LJ**

| Name                     | Age Team          | Finals | Wind | Age-Grading   | Points   |
|--------------------------|-------------------|--------|------|---------------|----------|
| 1 Thevarajan Sinnathurai | M60 United T.S.C. | 10.97m | NWI  | 15.37m 84.06% | 7 CAN MR |

(old CAN 10.92 Alan Slater ON 2013, old MR 10.33 Alan in 2003))

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

2 Ralph Cilevitz M60 Throwers Club 7.31m NWI 10.24m 56.02% 5

**M40 Shot Put 9:30am**

| Name                  | Age Team       | Finals | Age-Grading   | Points |
|-----------------------|----------------|--------|---------------|--------|
| 1 Ovidiu Negoita      | M42 Unattached | 9.58m  | 10.15m 43.92% | 7      |
| 2 Jasbir Singh Hundal | M40 Unattached | 9.12m  | 9.36m 40.52%  | 5      |

**M45 Shot Put 9:30am**

| Name           | Age Team          | Finals | Age-Grading   | Points |
|----------------|-------------------|--------|---------------|--------|
| 1 Paul Gautier | M49 New Brunswick | 12.16m | 14.72m 63.66% | 7      |

**W45 Shot Put 9:30am**

| Name            | Age Team       | Finals | Age-Grading   | Points |
|-----------------|----------------|--------|---------------|--------|
| 1 Gaby Szanto   | W48 Unattached | 9.67m  | 13.76m 60.82% | 7      |
| 2 Colleen Hill  | W46 Jamaica    | 6.53m  | 8.82m 38.99%  | 5      |
| 3 Annie Bunting | W49 UTTC       | 6.12m  | 8.94m 39.53%  | 4      |

**M50 Shot Put 9:30am**

| Name                       | Age Team          | Finals | Age-Grading   | Points |
|----------------------------|-------------------|--------|---------------|--------|
| 1 Don Ritchie              | M52 Throwers Club | 11.50m | 13.73m 59.40% | 7      |
| 2 Muraleetharan Arulpiraga | M54 Unattached    | 9.48m  | 11.81m 51.11% | 5      |
| 3 Paul Osland              | M50 UTTC          | 6.46m  | 7.40m 32.04%  | 4      |

**W50 Shot Put 9:30am**

| Name                          | Age Team                 | Finals        | Age-Grading          | Points      |
|-------------------------------|--------------------------|---------------|----------------------|-------------|
| <b>1 Elizabeth Hill</b>       | <b>W53 Throwers Club</b> | <b>10.90m</b> | <b>15.95m 70.50%</b> | <b>7 MR</b> |
| (old MR 10.57 Elizabeth 2011) |                          |               |                      |             |

**W55 Shot Put 9:30am**

| Name               | Age Team | Finals | Age-Grading  | Points |
|--------------------|----------|--------|--------------|--------|
| 1 Katherine Willis | W55 UTTC | 5.68m  | 8.62m 38.12% | 7      |

**M60 Shot Put 9:30am**

| Name              | Age Team          | Finals | Age-Grading   | Points |
|-------------------|-------------------|--------|---------------|--------|
| 1 Bill Pearson    | M61 Throwers Club | 11.93m | 15.58m 67.40% | 7      |
| 2 Jerzy Wyroba    | M64 Unattached    | 10.32m | 14.72m 63.66% | 5      |
| 3 Peter Zowkewych | M63 UTTC          | 10.29m | 14.24m 61.62% | 4      |
| 4 Brock Pullen    | M64 Unattached    | 9.62m  | 13.72m 59.35% | 3      |

**W60 Shot Put 9:30am**

| Name              | Age Team         | Finals | Age-Grading   | Points |
|-------------------|------------------|--------|---------------|--------|
| 1 Kathy Wetenhall | W60 United State | 8.33m  | 13.97m 61.80% | 7      |

**M65 Shot Put 9:30am**

| Name | Age Team | Finals | Age-Grading | Points |
|------|----------|--------|-------------|--------|
|------|----------|--------|-------------|--------|

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

|               |                  |       |        |        |   |
|---------------|------------------|-------|--------|--------|---|
| 1 Mike Mercer | M66 Unattached   | 9.35m | 14.21m | 61.47% | 7 |
| 2 Stan Seitz  | M66 Ottawa Lions | 7.64m | 11.61m | 50.23% | 5 |

**W65 Shot Put 9:30am**

| Name             | Age Team             | Finals | Age-Grading   | Points |
|------------------|----------------------|--------|---------------|--------|
| 1 Cheryl Closkey | W66 British Columbia | 7.24m  | 13.89m 61.41% | 7      |

**M70 Shot Put 9:30am**

| Name             | Age Team          | Finals | Age-Grading   | Points |
|------------------|-------------------|--------|---------------|--------|
| 1 John Kasperski | M70 Throwers Club | 11.70m | 15.22m 65.88% | 7      |
| 2 Enrico Toscano | M73 Throwers Club | 6.61m  | 9.36m 40.48%  | 5      |

**M75 Shot Put 9:30am**

| Name           | Age Team       | Finals | Age-Grading   | Points |
|----------------|----------------|--------|---------------|--------|
| 1 James Sumner | M75 Unattached | 8.43m  | 12.68m 54.85% | 7      |

**M40 Weight Throw 11:00am**

| Name                  | Age Team       | Finals | Age-Grading  | Points |
|-----------------------|----------------|--------|--------------|--------|
| 1 Ovidiu Negoita      | M42 Unattached | 6.60m  | 7.42m 28.71% | 7      |
| 2 Jasbir Singh Hundal | M40 Unattached | 6.24m  | 6.82m 26.41% | 5      |

**M45 Weight Throw 11:00am**

| Name           | Age Team          | Finals | Age-Grading   | Points |
|----------------|-------------------|--------|---------------|--------|
| 1 Paul Gautier | M49 New Brunswick | 12.60m | 15.68m 60.66% | 7      |

**M50 Weight Throw 11:00am**

| Name           | Age Team | Finals | Age-Grading   | Points |
|----------------|----------|--------|---------------|--------|
| 1 Ayman Mazhar | M54 UTTC | 17.13m | 20.37m 78.79% | 7      |

**W50 Weight Throw 11:00am**

| Name  | Age Team                 | Finals        | Age-Grading          | Points      |
|---|--------------------------|---------------|----------------------|-------------|
| <b>1 Kristen Dajia</b>                      | <b>W51 Throwers Club</b> | <b>12.84m</b> | <b>16.22m 68.74%</b> | <b>7 MR</b> |
| (old MR Kathy Wettenhall USA 2004 and 2005) |                          |               |                      |             |
| 2 Elizabeth Hill                            | W53 Throwers Club        | 10.47m        | 13.71m 58.10%        | 5           |

**M55 Weight Throw 11:00am**

| Name             | Age Team         | Finals | Age-Grading   | Points |
|------------------|------------------|--------|---------------|--------|
| 1 Jim Wettenhall | M59 United State | 15.31m | 19.94m 77.13% | 7      |

**M60 Weight Throw 11:00am**

| Name           | Age Team          | Finals | Age-Grading   | Points |
|----------------|-------------------|--------|---------------|--------|
| 1 Bill Pearson | M61 Throwers Club | 11.87m | 13.78m 53.32% | 7      |
| 2 Brock Pullen | M64 Unattached    | 11.85m | 14.63m 56.59% | 5      |

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W60 Weight Throw 11:00am**

| Name              | Age Team         | Finals | Age-Grading   | Points |
|-------------------|------------------|--------|---------------|--------|
| 1 Kathy Wetenhall | W60 United State | 11.83m | 15.07m 63.88% | 7      |

**W65 Weight Throw 11:00am**

| Name   | Age Team                    | Finals        | Age-Grading          | Points      |
|--|-----------------------------|---------------|----------------------|-------------|
| <b>1 Cheryl Closkey</b><br>(old MR 7.50 Mary Thompson ON 1995) | <b>W66 British Columbia</b> | <b>10.38m</b> | <b>15.22m 64.51%</b> | <b>7 MR</b> |
| 2 Rhona Trott  | W65 Hamilton Oly            | 9.64m         | 13.79m 58.42%        | 5           |

**M70 Weight Throw 11:00am**

| Name  | Age Team                 | Finals        | Age-Grading          | Points      |
|---|--------------------------|---------------|----------------------|-------------|
| <b>1 John Kasperski</b><br>(old MR 14.84 Helmut Lange 1998) | <b>M70 Throwers Club</b> | <b>15.84m</b> | <b>20.50m 79.28%</b> | <b>7 MR</b> |
| 2 Enrico Toscano  | M73 Throwers Club        | 7.07m         | 9.87m 38.17%         | 5           |

**W50 3000 Meter Race Walk 10:00am**

| Name         | Age Team         | Finals   | Age-Grading     | Points |
|--------------|------------------|----------|-----------------|--------|
| 1 Nancy Kula | W50 Toronto Race | 20:31.45 | 18:12.92 63.59% | 7      |

**W60 3000 Meter Race Walk 10:00am**

| Name                    | Age Team                | Finals   | Age-Grading     | Points |
|-------------------------|-------------------------|----------|-----------------|--------|
| 1 Jacqueline Silverberg | W63 Ontario RaceWalkers | 19:51.47 | 15:28.16 74.88% | 7      |

**M65 3000 Meter Race Walk 10:00am**

| Name             | Age Team                | Finals   | Age-Grading     | Points |
|------------------|-------------------------|----------|-----------------|--------|
| 1 John Kittredge | M69 Ontario RaceWalkers | 17:43.23 | 12:49.36 82.07% | 7      |