

Winter Mini Meet #1 - 2015-01-11
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Mixed 50 Meter Dash

Name	Age Team	Prelims	Age-Grading
Heat 1 Preliminaries			
1 Ellis Perryman	M43 Unattached	6.85q	6.38 86.86%
2 Domenic Lonuzzo	M50 Unattached	7.47q	6.62 83.80%
3 John Siriski	M56 Unattached	8.03q	6.82 81.32%
4 Julien Lamanna	M11 Extreme Velocity	8.29q	7.07 78.41%
5 Pierre Kirwin	M54 Unattached	8.66q	7.45 74.36%
Heat 2 Preliminaries			
1 Trayvon Conley	M18 Flying Angels	6.51q	6.22 89.09%
2 Macy Mungal	W14 Unattached	7.45q	7.23 82.55%
3 Peter Evans	M72 Mississauga Tra	7.71q	5.90 94.03%
4 Bryan Baldsing	M56 Unattached	7.72q	6.55 84.59%
5 David Stern	M74 Mississauga Tra	8.40q	6.33 87.62%
Heat 3 Preliminaries			
1 Chris Lemassif	M47 UTTC	6.71q	6.07 91.36%
2 Bryanna Samuels	W17 Oakville Legion	7.12q	7.07 84.41%
3 Ira Irving	M47 Jamaica Masters AC	7.15q	6.47 85.73%
4 Spencer Arnfield	M55 Extreme Velocity	7.31q	6.25 88.65%
5 Tony Powell	M71 Unattached	7.64q	5.88 94.24%
6 Steve Millward	M59 Unattached	7.82q	6.51 85.17%
7 Mike Morris	M74 Unattached	8.01q	6.03 91.89%
8 Miron Genik-Sas-Berezows	M65 Mississauga Tra	8.12q	6.50 85.34%
Heat 4 Preliminaries			
1 Les Neufeld	M54 Unattached	7.06q	6.08 91.22%
2 Jasmine Gabriel	W26 Extreme Velocity	7.14q	7.15 83.47%
3 Karla Del Grande	W61 Mississauga Tra	7.25q	5.63105.93%
4 Sheree Mullings	W33 Unattached	7.32q	7.33 81.42%
5 Richard Lech	M66 Unattached	7.56q	6.01 92.20%
Heat 5 Preliminaries			
1 Dree Ryan	M36 Jamaica Masters AC	6.14q	6.04 91.86%
2 Rob Pipitone	M18 Newmarket Falcons	6.42q	6.14 90.34%
3 Richard Palmer	M46 Jamaica Masters AC	6.74q	6.14 90.36%
4 Michael Lee Foon	M54 Jamaica Masters AC	6.78q	5.84 94.99%
5 Rick Reynolds	M48 Jamaica Masters AC	6.82q	6.13 90.47%
6 Khama Beckles	W39 UTTC	6.93q	6.77 88.17%
7 Joe Baptiste	M54 Jamaica Masters AC	7.08q	6.10 90.96%
8 Kathryn Bautista	W22 Unattached	7.11q	7.12 83.83%

Mixed 50 Meter Dash

Name	Age Team	Finals	Age-Grading
Section 1 Finals			
1 Tony Powell	M71 Unattached	7.61	5.86 94.61%
2 Peter Evans	M72 Mississauga Tra	7.78	5.95 93.19%
3 Bryan Baldsing	M56 Unattached	7.79	6.61 83.83%
4 John Siriski	M56 Unattached	7.95	6.75 82.14%
5 Mike Morris	M74 Unattached	8.08	6.09 91.09%
6 Miron Genik-Sas-Berezows	M65 Mississauga Tra	8.17	6.54 84.82%
7 Julien Lamanna	M11 Extreme Velocity	8.27	7.05 78.60%
8 Pierre Kirwin	M54 Unattached	8.66	7.45 74.36%
Section 2 Finals			
1 Bryanna Samuels	W17 Oakville Legion	7.06	7.01 85.13%
2 Ira Irving	M47 Jamaica Masters AC	7.09	6.41 86.46%
3 Jasmine Gabriel	W26 Extreme Velocity	7.17	7.18 83.12%

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4	Kathryn Bautista	W22 Unattached	7.23	7.24	82.43%
5	Macy Mungal	W14 Unattached	7.49	7.27	82.11%
6	Domenic Lonuzzo	M50 Unattached	7.59	6.72	82.48%
7	Richard Lech	M66 Unattached	7.66	6.09	90.99%
Section 3 Finals					
1	Michael Lee Foon	M54 Jamaica Masters AC	6.77	5.83	95.13%
2	Ellis Perryman	M43 Unattached	6.79	6.33	87.63%
3	Rick Reynolds	M48 Jamaica Masters AC	6.86	6.16	89.94%
4	Khama Beckles	W39 UTTC	6.98	6.82	87.54%
5	Les Neufeld	M54 Unattached	7.07	6.09	91.09%
6	Joe Baptiste	M54 Jamaica Masters AC	7.08	6.10	90.96%
Section 4 Finals					
1	Dree Ryan	M36 Jamaica Masters AC	6.17	6.07	91.41%
2	Rob Pipitone	M18 Newmarket Falcons	6.44	6.16	90.06%
3	Trayvon Conley	M18 Flying Angels	6.46	6.18	89.78%
4	Richard Palmer	M46 Jamaica Masters AC	6.68	6.08	91.17%
5	Chris Lemassif	M47 UTTC	6.76	6.11	90.68%

Mixed 150 Meter Dash

Name	Age	Team	Finals	Age-Grading
Section 1				
1	Miron Genik-Sas-Berezows	M65 Mississauga Tra	22.93	
2	Julien Lamanna	M11 Extreme Velocity	23.90	
3	Pierre Kirwin	M54 Unattached	25.77	
Section 2				
1	Peter Evans	M72 Mississauga Tra	22.47	
2	Bryan Baldsing	M56 Unattached	22.84	
Section 3				
1	Macy Mungal	W14 Unattached	21.54	
2	Domenic Lonuzzo	M50 Unattached	21.68	
3	Nicole Lukes	W42 Jamaica Masters AC	22.07	
4	Mike Morris	M74 Unattached	24.15	
Section 4				
1	Kathryn Bautista	W22 Unattached	20.75	
2	Sheree Mullings	W33 Unattached	21.02	
3	Wayne Gagne	M60 Cambridge Harriers	21.55	
Section 5				
1	Milton Ashmeade	M30 Jamaica Masters AC	19.92	
2	Tony Powell	M71 Unattached	21.42	
3	Richard Lech	M66 Unattached	23.58	
Section 6				
1	Trayvon Conley	M18 Flying Angels	18.33	
2	Rick Reynolds	M48 Jamaica Masters AC	18.96	
3	Khama Beckles	W39 UTTC	19.91	
4	Ira Irving	M47 Jamaica Masters AC	21.25	
Section 7				
1	Richard Reid	M46 Jamaica Masters AC	18.81	
2	David Turkstra	M49 Jamaica Masters AC	19.10	
3	Joe Baptiste	M54 Jamaica Masters AC	19.83	
4	Bryanna Samuels	W17 Oakville Legion	20.24	
Section 8				
1	Nigel John	M42 Jamaica Masters AC	17.93	
2	Chris Lemassif	M47 UTTC	18.45	
3	Michael Lee Foon	M54 Jamaica Masters AC	18.60	

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Section 9			
1 Dree Ryan	M36	Jamaica Masters AC	17.04
2 Logan Jones	M18	Extreme Velocity	17.46
3 Rob Pipitone	M18	Newmarket Falcons	19.15

Mixed 300 Meter Dash

Name	Age	Team	Finals	Age-Grading
Section 1				
1 John Ellis	M49	Central Toronto AC	45.29	39.55 75.87%
2 Bill Allan	M57	Unattached	48.72	40.30 74.45%
Section 2				
1 Nicole Lukes	W42	Jamaica Masters AC	48.26	43.66 75.59%
2 Wayne Gagne	M60	Cambridge Harriers	48.75	39.53 75.90%
3 Domenic Lonuzzo	M50	Unattached	49.95	43.30 69.29%
Section 3				
1 Andrew Bass	M53	Unattached	41.84	35.55 84.39%
2 Karla Del Grande	W61	Mississauga Tra	46.33	34.44 95.83%
Section 4				
1 Milton Ashmeade	M30	Jamaica Masters AC	43.76	43.77 68.56%
2 Niegel Geohagen	M46	Jamaica Masters AC	49.22	43.90 68.35%
Section 5				
1 Nigel John	M42	Jamaica Masters AC	39.26	36.05 83.24%
2 Richard Reid	M46	Jamaica Masters AC	40.47	36.10 83.12%

Mixed 600 Meter Run

Name	Age	Team	Finals	Age-Grading
Section 1				
1 John Ellis	M49	Central Toronto AC	1:46.64	1:33.58 77.10%
2 Niegel Geohagen	M46	Jamaica Masters AC	1:52.52	1:41.08 71.38%
3 Tanya Sakharov	W34	Boardwalk Runnin	1:55.72	1:55.60 69.21%
4 Blair Nicolle	M42	UTTC	1:58.50	1:49.94 65.63%
5 Domenic Lonuzzo	M50	Unattached	2:05.69	1:49.43 65.93%
Section 2				
1 Andrew Bass	M53	Unattached	1:39.87	1:25.02 84.86%
2 Mark Duff	M53	Boardwalk Runnin	1:50.52	1:34.09 76.68%
3 Glenn Duncan	M42	Boardwalk Rc	1:50.90	1:42.89 70.13%
4 Ted Paget	M63	Newmarket Huskies	1:57.49	1:33.07 77.53%
Section 3				
1 Bill Wells	M40	UTTC	1:35.36	1:29.91 80.25%
2 Kenneth Wong	M36	Longboat RR	1:35.74	1:33.40 77.25%
3 Anthony MacIsaac	M50	Longboat RR	1:38.14	1:25.45 84.44%
4 Armand D'Oliveira	M54	UTTC	1:41.67	1:25.91 83.99%
5 Nancy Catton	W47	UTTC	1:51.25	1:37.82 81.79%
6 Marijana Primorac	W35	UTTC	1:53.57	1:52.22 71.29%

Mixed 1500 Meter Run

Name	Age	Team	Finals	Age-Grading
Section 1				
1 Domenic Lonuzzo	M50	Unattached	6:07.20	5:13.85 65.64%
2 Jon Comerford	M57	UTTC	6:24.66	5:09.54 66.55%

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3 Bert de Vries	M68 Longboat RR	6:27.41	4:44.83	72.33%
4 Doug Smith	M63 UTTC	6:27.64	4:56.94	69.38%
5 Vern Christensen	M74 UTTC	6:32.32	4:26.59	77.27%
6 Robert Moore	M74 Toronto Olym	6:54.76	4:41.83	73.09%
7 Michael Geraghty	M59 East Toronto	7:29.11	5:55.34	57.97%
8 Alice Cole	W81 Quebec	8:15.41	4:12.02	92.24%

Section 2

1 Steve Metzger	M38 Longboat RR	5:13.69	5:00.55	68.54%
2 Scott Lockhart	M51 Unattached	5:17.28	4:28.87	76.62%
3 Ted Paget	M63 Newmarket Huskies	5:19.63	4:04.84	84.14%
4 Tanya Sakharov	W34 Boardwalk Runnin	5:21.37	5:17.23	73.28%
5 Amy Ballon	W43 UTTC	5:25.35	4:57.73	78.08%
6 George Aitkin	M62 Cambridge Harriers	5:30.47	4:15.16	80.73%
7 Richard Bailey	M66 Longboat RR	5:31.98	4:08.16	83.01%
8 Chris Mackie	M74 Unattached	5:48.99	3:57.14	86.87%

Section 3

1 Kenneth Wong	M36 Longboat RR	4:32.87	4:26.74	77.23%
2 Anthony MacIsaac	M50 Longboat RR	4:40.33	3:59.60	85.98%
3 Ming Tsai	M42 UTTC	4:52.91	4:29.80	76.35%
4 Jim Mylet	M44 Unattached	4:56.21	4:27.63	76.97%
5 Gary Cassel	M46 Cambridge Harriers	5:01.17	4:27.05	77.14%
6 Chris Webb	M49 Unattached	5:01.98	4:20.52	79.07%
7 James Wallace	M52 UTTC	5:07.77	4:18.56	79.67%
8 Mark Duff	M53 Boardwalk Runnin	5:08.87	4:17.20	80.10%
9 Leanna Lee	W29 Unattached	5:11.45	5:11.39	74.66%
10 Glenn Duncan	M42 Boardwalk Rc	5:12.68	4:48.01	71.53%
11 Annie Bunting	W50 UTTC	5:15.46	4:25.09	87.70%

Mixed 3000 Meter Run

Name	Age Team	Finals	Age-Grading
Section 1			
1 Rodney Loepky	M45 Physi-kult Kingston	9:36.35	8:44.43 83.90%
2 Robert Madej	M46 Longboat RR	10:47.87	9:44.90 75.23%
3 Rob Earl	M55 East Toronto	10:55.74	9:10.50 79.93%
4 Chris Webb	M49 Unattached	10:56.58	9:38.91 76.01%
5 Rob Hanks	M52 Longboat RR	11:01.24	9:29.07 77.32%
6 Robert Gazzale	M46 Longboat RR	11:18.10	10:12.19 71.87%
7 Jay Yakabowich	M53 UTTC	12:02.62	10:16.83 71.33%
8 Sam Vilone	M57 Unattached	12:44.43	10:30.97 69.73%
9 Margaret Webb	W52 Unattached	13:15.32	11:00.92 75.87%
10 Robert Moore	M74 Toronto Olym	14:26.11	9:59.61 73.38%
-- Michael Geraghty	M59 East Toronto	DNF	

Mixed 50 Meter Hurdles

Name	Age Team	Finals	Age-Grading
1 Glenn Chipkar	M55 Unattached	8.44	7.14 87.56%
2 Richard Lech	M66 Unattached	9.23	6.89 90.79%

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Mixed Long Jump

Name	Age Team	Finals	Age-Grading
Flight 1			
1 Nigel John	M42 Jamaica Masters AC	6.04m	6.86m 76.75%
2 John Siriski	M56 Unattached	4.10m	5.57m 62.31%
3 Bryan Baldsing	M56 Unattached	3.83m	5.21m 58.21%

Mixed Triple Jump

Name	Age Team	Finals	Age-Grading
1 Mihai Ene	M54 Unattached	10.11m	12.96m 70.90%
2 John Siriski	M56 Unattached	8.63m	11.38m 62.27%

Mixed Shot Put

Name	Age Team	Finals	Age-Grading
1 Bill Pearson	M62 Throwers Club	11.94m	16.04m 69.42%
2 Elizabeth Hill	W53 Throwers Club	10.92m	15.98m 70.63%
3 Jerzy Wyroba	M65 Unattached	10.82m	15.92m 68.87%
4 Peter Zowkewych	M64 UTTC	10.46m	14.92m 64.53%
5 John Siriski	M56 Unattached	8.72m	11.35m 49.13%
6 David Morris	M76 Throwers Club	8.48m	13.16m 56.95%
7 Paul Robinson	M46 Jamaica Masters AC	8.11m	9.21m 39.85%

Mixed Weight Throw

Name	Age Team	Finals	Age-Grading
1 Bill Pearson	M62 Throwers Club	12.08m	14.31m 55.36%
2 David Morris	M76 Throwers Club	11.69m	17.71m 68.52%
3 Elizabeth Hill	W53 Throwers Club	11.42m	14.95m 63.37%

Mixed 1500 Meter Race Walk

Name	Age Team	Finals	Age-Grading
Section 1			
1 Kris Kozell	W62 Ontario RaceWalkers	8:12.48	6:31.03 86.18%
2 Amanda Schneider	W25 Unattached	8:16.63	8:16.64 67.86%
3 John Kittredge	M70 Ontario RaceWalkers	8:19.21	5:56.14 86.77%
4 Niegel Geohagen	M46 Jamaica Masters AC	10:06.92	9:07.02 56.49%

Combined Team Scores - 12 Events Scored

1) Jamaica Masters AC	144	2) University of Toronto TC	107
3) Longboat Road Runners	60	4) Throwers Club	42
5) Mississauga Track Club	29	6) Cambridge Harriers	26
7) Boardwalk Running Club	21	8) Extreme Velocity Track Cl	19
9) Newmarket Huskies	14	9) Ontario RaceWalkers	14
9) Oakville Legion	14	12) Central Toronto AC	12
12) East Toronto Striders	12	14) Toronto Olympic Club	11
14) Newmarket Falcons	11	16) Flying Angels	10
17) Boardwalk Rc	9	18) Physi-kult Kingston	7
18) Quebec	7		