

# Order Of Events

(Estimated start times – may start earlier)

**Steeplechase** 30" followed by 36" 12:30pm

**60m Hurdles** 1:00pm

**60m Semis & Finals** 1:10pm

**400m** 2:05pm

**1000m** 2:35pm

**1500mRW** 3:05pm

**200m** 3:20pm

**5000m** 4:00pm

**4X400 Relay** 4:30pm

\*\*

**Weight Throw** 11:00am

**High Jump** 12:30pm

**Shot Put** 12:30pm

**Pole Vault** 1:30pm

**Long Jump** 1:30pm

**Triple Jump** 2:30pm

*(All heats run slowest to fastest)*