

OMA Winter Mini Meet #3 - 2017-02-19
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Mixed 60 Meter Dash

Name	Age	Team	Prelims	Age-Grading	H#	Alternate
Preliminaries						
1 Michael James	M36	Brampton Eli	7.13q	7.03	90.88%	10
2 Jovan Griffiths	M17	Unattached -	7.21q	7.22	88.63%	10
3 Ike Usifo	M16	Hamilton Eli	7.23q	7.24	88.38%	9
4 Ajani Thompson	M17	Unattached -	7.25q	7.26	88.14%	9
5 Sodiq Ibrahim	M20	Terminal Vel	7.25q	7.26	88.14%	10
6 Tommy Gingras	M24	Unattached -	7.36q	7.37	86.82%	9
7 Jermaine Wilson	M15	Flying Angel	7.38q	7.39	86.59%	8
8 Darnell Barnswell	M22	Peterborough	7.39q	7.40	86.47%	7
9 Jordan Miller	M17	Terminal Vel	7.41q	7.42	86.23%	10
10 Christopher Warburton	M51	The Gazelles	7.44q	6.69	95.56%	8
11 Damian Reid	M17	Terminal Vel	7.44q	7.45	85.89%	8
12 Shamar Barnett	M17	Flying Angel	7.46q	7.47	85.66%	7
13 Earl Anderson	M24	The Gazelles	7.50q	7.51	85.20%	9
14 Brandon Comegna	M14	Hamilton Eli	7.56q	7.57	84.52%	8
15 Gianmarco Raimondo	M26	Unattached -	7.58q	7.59	84.30%	7
16 Alvin Henry	M17	The Gazelles	7.63q	7.64	83.75%	6
17 Shamar Wright-Wittock	M17	Flying Angel	7.64q	7.65	83.64%	7
18 Christian Lemassif	M50	UTTC	7.66q	6.89	92.82%	6
19 O'Brian Gibbons	M46	University of Wi	7.68q	7.13	89.71%	8
20 Manly Lau	M28	UTTC	7.75q	7.76	82.45%	7
21 Ellis Perryman	M45	Unattached -	7.75q	7.19	88.90%	7
22 Mark Tiburcio	M31	Unattached -	7.77q	7.78	82.24%	6
23 Dave Kervin	M38	Unattached -	7.84q	7.73	82.65%	6
24 Trisanne Clark	W19	Flying Angel	7.84q	7.85	88.27%	5
25 Milton Ashmeade	M31	Jamaica Masters	7.90q	7.91	80.89%	5
26 Ayooluwa Alofe	M16	Flying Angel	7.91q	7.92	80.78%	7
27 Kerry Smith	M63	Unattached -	7.95q	6.69	95.60%	6
28 Georgia Campbell	W18	Flying Angel	7.96q	7.97	86.93%	5
29 Addison Rich	M29	UTTC	7.96q	7.97	80.28%	5
30 Dan Aversa	M37	Unattached -	7.99q	7.88	81.10%	8
31 Darrian Ireland	M16	The Gazelles	8.01q	8.02	79.78%	5
32 Eesa Aamer	M14	Mississauga Tra	8.04q	8.05	79.48%	5
33 Rick Reynolds	M50	Unattached -	8.04q	7.23	88.43%	6
34 Ivie John	W17	Terminal Vel	8.14q	8.15	85.01%	4
35 Les Neufeld	M56	Unattached -	8.16q	7.10	90.07%	4
36 Kaysen Drummond	W15	Terminal Vel	8.23q	8.24	84.08%	5
37 Andy Burnside	M44	Unattached -	8.26q	7.91	80.87%	6
38 Kevin Farr	M46	University of Wi	8.26q	7.67	83.41%	4
39 Matthew Allen	M32	Brampton Eli	8.31q	8.32	76.90%	9
40 Tihana Williams	W15	Flying Angel	8.31q	8.32	83.27%	4
41 Pho Lam	M45	Unattached -	8.43q	7.83	81.73%	4
42 Noah Cabral	M13	Mississauga Tra	8.46q	8.47	75.53%	4
43 Busola Akinduro	W14	Flying Angel	8.48q	8.49	81.60%	3
44 Matthew Dechellis	M48	Unattached -	8.50q	7.89	81.06%	3
45 Sheree Mullings	W35	Jamaica Masters	8.62q	8.53	81.21%	3
46 Violeta Garfunkel	W43	UTTC	8.70q	8.30	83.45%	2
47 Pranav Pradhan	M14	Mississauga Tra	8.73q	8.74	73.20%	3
48 Kim McCrory	W28	UTTC	8.74q	8.75	79.18%	2
49 Debbie Zinman	W47	Unattached -	8.84q	8.13	85.18%	3
50 Alexus Benjamin	W15	Flying Angel	8.84q	8.85	78.28%	2
51 Claudia Pedrero	W28	Unattached -	8.86q	8.87	78.10%	2
52 Karla Del Grande	W63	Nemean Lions	8.89q	7.23	95.73%	2
53 Sara Lewis	W16	Mississauga Tra	8.94q	8.95	77.40%	2
54 Alicea Hall	W15	Flying Angel	9.02q	9.03	76.72%	4
55 Debbie King	W41	Unattached -	9.09q	8.68	79.87%	2
56 Agnieszka Kuczalska	W49	Unattached -	9.24q	8.49	81.49%	1

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57 Willie A. Price	M54 Unattached	9.48q	8.52	75.00%	1
58 Mike Morris	M76 Unattached -	9.51q	7.04	90.85%	1
59 Denise Gordon-Mohamud	W46 Mississauga Oly	9.87q	9.07	76.29%	1
60 Robert Beyea	M69 Jamaica Masters	9.95q	8.07	79.30%	1
61 Bruce Mitchell	M73 Brantford T.F.C.	10.39q	8.08	79.11%	1

Mixed 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Alternate
Finals					
1 Michael James	M36 Brampton Eli	7.13	7.03 90.88%	8	
2 Sodiq Ibrahim	M20 Terminal Vel	7.13	7.14 89.62%	8	
3 Jovan Griffiths	M17 Unattached -	7.18	7.19 89.00%	8	
4 Ike Usifo	M16 Hamilton Eli	7.20	7.21 88.75%	8	
5 Ajani Thompson	M17 Unattached -	7.26	7.27 88.02%	8	
6 Darnell Barnswell	M22 Peterborough	7.27	7.28 87.90%	8	
7 Tommy Gingras	M24 Unattached -	7.34	7.35 87.06%	8	
8 Jordan Miller	M17 Terminal Vel	7.34	7.35 87.06%	7	
9 Christopher Warburton	M51 The Gazelles	7.40	6.65 96.08%	7	
10 Jermaine Wilson	M15 Flying Angel	7.42	7.43 86.12%	8	
11 Earl Anderson	M24 The Gazelles	7.47	7.48 85.54%	7	
12 Damian Reid	M17 Terminal Vel	7.49	7.50 85.31%	7	
13 Shamar Barnett	M17 Flying Angel	7.53	7.54 84.86%	7	
14 Brandon Comegna	M14 Hamilton Eli	7.55	7.56 84.64%	7	
15 Gianmarco Raimondo	M26 Unattached -	7.56	7.57 84.52%	7	
16 Shamar Wright-Wittock	M17 Flying Angel	7.62	7.63 83.86%	6	
17 Christian Lemassif	M50 UTTC	7.62	6.85 93.31%	6	
18 Alvin Henry	M17 The Gazelles	7.63	7.64 83.75%	7	
19 Manly Lau	M28 UTTC	7.69	7.70 83.09%	6	
20 Ayooluwa Alofe	M16 Flying Angel	7.77	7.78 82.24%	5	
21 Ellis Perryman	M45 Unattached -	7.78	7.22 88.56%	6	
22 Trisanne Clark	W19 Flying Angel	7.80	7.81 88.72%	6	
23 Dave Kervin	M38 Unattached -	7.82	7.71 82.86%	6	
24 Mark Tiburcio	M31 Unattached -	7.83	7.84 81.61%	6	
25 Milton Ashmeade	M31 Jamaica Masters	7.87	7.88 81.19%	5	
26 Addison Rich	M29 UTTC	7.91	7.92 80.78%	5	
27 Rick Reynolds	M50 Unattached -	7.94	7.14 89.55%	4	
28 Kerry Smith	M63 Unattached -	7.95	6.69 95.60%	5	
29 Darrian Ireland	M16 The Gazelles	7.97	7.98 80.18%	5	
30 Eesa Aamer	M14 Mississauga Tra	7.99	8.00 79.97%	5	
31 Dan Aversa	M37 Unattached -	8.01	7.90 80.90%	5	
32 Georgia Campbell	W18 Flying Angel	8.11	8.12 85.33%	5	
33 Ivie John	W17 Terminal Vel	8.14	8.15 85.01%	4	
34 Matthew Allen	M32 Brampton Eli	8.17	8.18 78.21%	4	
35 Kaysen Drummond	W15 Terminal Vel	8.28	8.29 83.57%	4	
36 Tihana Williams	W15 Flying Angel	8.35	8.36 82.87%	4	
37 Pho Lam	M45 Unattached -	8.41	7.81 81.93%	3	
38 Busola Akinduro	W14 Flying Angel	8.56	8.57 80.84%	3	
39 Noah Cabral	M13 Mississauga Tra	8.59	8.60 74.39%	3	
40 Sheree Mullings	W35 Jamaica Masters	8.61	8.52 81.30%	3	
41 Violeta Garfunkel	W43 UTTC	8.72	8.32 83.26%	3	
42 Kim McCrory	W28 UTTC	8.79	8.80 78.73%	3	
43 Pranav Pradhan	M14 Mississauga Tra	8.86	8.87 72.12%	3	
44 Debbie Zinman	W47 Unattached -	8.87	8.15 84.89%	2	
45 Alexus Benjamin	W15 Flying Angel	8.89	8.90 77.84%	2	
46 Claudia Pedrero	W28 Unattached -	8.93	8.94 77.49%	2	
47 Alicea Hall	W15 Flying Angel	9.02	9.03 76.72%	2	
48 Debbie King	W41 Unattached -	9.05	8.64 80.22%	2	
49 Sara Lewis	W16 Mississauga Tra	9.20	9.21 75.22%	2	
50 Agnieszka Kuczalska	W49 Unattached -	9.23	8.48 81.58%	2	
51 Willie A. Price	M54 Unattached	9.38	8.43 75.80%	1	

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52 Denise Gordon-Mohamud	W46 Mississauga Oly	9.77	8.98	77.07%	1
53 Robert Beyea	M69 Jamaica Masters	10.04	8.14	78.59%	1

Mixed 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Alternate
1 Ike Usifo	M16 Hamilton Eli	23.09	23.10 83.67%	11	
2 Tommy Gingras	M24 Unattached -	23.11	23.12 83.60%	11	
3 Jovan Griffiths	M17 Unattached -	23.60	23.61 81.86%	11	
4 Jordan Miller	M17 Terminal Vel	23.80	23.81 81.18%	11	
5 Jermaine Wilson	M15 Flying Angel	23.97	23.98 80.60%	10	
6 Christopher Warburton	M51 The Gazelles	24.03	21.47 90.01%	10	
7 Shamar Wright-Wittock	M17 Flying Angel	24.05	24.06 80.33%	10	
8 Earl Anderson	M24 The Gazelles	24.42	24.43 79.12%	9	
9 Christian Lemassif	M50 UTTC	24.47	21.87 88.39%	9	
10 Brandon Comegna	M14 Hamilton Eli	24.62	24.63 78.47%	9	
11 Stephen Krebs	M18 Hamilton Eli	24.73	24.74 78.12%	10	
12 Alvin Henry	M17 The Gazelles	24.74	24.75 78.09%	9	
13 Gianmarco Raimondo	M26 Unattached -	24.77	24.78 78.00%	8	
14 Manly Lau	M28 UTTC	25.33	25.34 76.27%	8	
15 Dave Kervin	M38 Unattached -	25.36	24.95 77.44%	8	
16 Richard Reid	M48 Jamaica Masters	25.54	23.59 81.91%	8	
17 David Turkstra	M51 Unattached -	25.87	23.12 83.61%	6	
18 Darrian Ireland	M16 The Gazelles	26.06	26.07 74.14%	7	
19 Kevin Farr	M46 University of Wi	26.44	24.42 79.12%	7	
20 Andy Burnside	M44 Unattached -	26.56	25.33 76.28%	6	
21 Kaysen Drummond	W15 Terminal Vel	26.94	26.95 79.21%	6	
22 Mark Tiburcio	M31 Unattached -	27.45	27.46 70.38%	5	
23 Matthew Dechellis	M48 Unattached -	27.74	25.62 75.41%	4	
24 Ivie John	W17 Terminal Vel	27.76	27.77 76.87%	6	
25 Tihana Williams	W15 Flying Angel	27.77	27.78 76.85%	4	
26 Violeta Garfunkel	W43 UTTC	28.48	26.61 80.20%	4	
27 Kim McCrory	W28 UTTC	28.71	28.72 74.33%	4	
28 Claudia Pedrero	W28 Unattached -	29.20	29.21 73.08%	2	
29 Keshante Clark-Hong	W15 Flying Angel	29.60	29.61 72.09%	5	
30 Shaneil Lovell	W15 Flying Angel	29.66	29.67 71.95%	3	
31 Titomi Adebajo	W20 Flying Angels	29.79	29.80 71.63%	2	
32 Tobi Adebajo	W20 Flying Angels	30.34	30.35 70.34%	3	
33 Prathusha Baskaran	W15 Flying Angel	31.28	31.29 68.22%	2	
34 Mike Morris	M76 Unattached -	33.68	24.31 79.51%	1	
35 Robert Beyea	M69 Jamaica Masters	34.27	27.44 70.41%	1	
36 John Powell	M72 EtobicokeTC	49.07	37.50 51.52%	1	
-- Milton Ashmeade	M31 Jamaica Masters	DNF		7	

Mixed 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Alternate
1 William Russell	M21 The Gazelles	50.99	51.00 84.68%	7	
2 Kevin Tabatabaei	M15 Flying Angel	53.75	53.76 80.33%	7	
3 Greg Hetherington	M33 Jamaica Masters	54.57	54.58 79.13%	7	
4 Nigel Roedde	M30 Unattached	55.42	55.43 77.91%	4	
5 Danny Corona	M17 The Gazelles	57.69	57.70 74.85%	6	
6 Trisanne Clark	W19 Flying Angel	57.97	57.98 82.11%	6	
7 Kevin Farr	M46 University of Wi	58.42	52.90 81.63%	6	
8 Eden Senior	W16 The Gazelles	59.82	59.83 79.57%	6	
9 Malik Ballentyne-Campbel	M17 Flying Angel	60.24	60.25 71.68%	5	
10 Andrew Bass	M55 Unattached -	62.26	52.64 82.04%	4	
11 Louis Byrne	M45 Toronto Olym	62.99	57.04 75.71%	5	
12 Pat McLean	M46 Newmarket HU	63.44	57.44 75.17%	2	

OMA Winter Mini Meet #3 - 2017-02-19**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

13 Steve Boston	M46 Newmarket HU	64.05	58.00	74.46%	3
14 Tennessee Tremain	M13 Speed River	66.44	66.45	64.99%	4
15 Bill Cunliffe	M57 Durham Dragons A	66.56	56.27	76.74%	3
16 Steven Millward	M61 Niagara Olym	67.01	54.64	79.03%	3
17 Sam Bennett	M13 Speed River	69.37	69.38	62.25%	2
18 Karla Del Grande	W63 Nemean Lions	69.82	53.87	88.37%	2
19 Acadia Tremain	W11 Unattached	78.73	78.74	60.46%	1
20 Damra Camat	W22 UTTC	1:21.63	1:21.64	58.31%	1
21 Jennifer McCrea	W41 Unattached	1:45.64	1:39.21	47.98%	1
-- Robert Beyea	M69 Jamaica Masters	DNF			2
-- Joy Kramarich	W56 UTTC	DQ			1

Mixed 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Alternate
1 Rich Tremain	M45 Unattached -	2:10.96	2:00.53	83.90%	5
2 Mirco Graenert	M48 Newmarket HU	2:11.90	2:01.39	83.30%	5
3 Pat Menzies	M46 Unattached -	2:14.02	2:03.34	81.98%	5
4 Simon Rayner	M52 UTTC	2:14.09	1:58.63	85.23%	5
5 Steven Blau	M33 UTTC	2:20.37	2:20.38	72.03%	4
6 Semeon Tartakousky Guile	M16 The Gazelles	2:21.22	2:21.23	71.60%	4
7 Ben Nelson	M35 Longboat Roa	2:22.23	2:21.05	71.69%	5
8 Tennessee Tremain	M13 Speed River	2:25.05	2:25.06	69.71%	4
9 Bill Cunliffe	M57 Durham Dragons A	2:27.54	2:05.27	80.72%	4
10 Nikhil Lew	M15 The Gazelles	2:29.43	2:29.44	67.66%	2
11 Sam Bennett	M13 Speed River	2:31.25	2:31.26	66.85%	3
12 Michelle Clarke	W42 Longboat Roa	2:33.80	2:26.68	77.23%	3
13 Joan Chung	W33 UTTC	2:33.89	2:33.90	73.61%	3
14 John MacMillan	M60 Longboat Roa	2:34.03	2:05.28	80.71%	3
15 Glenn Duncan	M44 Boardwalk RC	2:34.17	2:27.39	68.60%	3
16 Pat McLean	M46 Newmarket HU	2:36.40	2:23.94	70.25%	2
17 Mark Duff	M55 Boardwalk RC	2:39.72	2:15.61	74.56%	3
18 Makenna Parkinson	W15 The Gazelles	2:41.20	2:41.21	70.27%	3
19 Ladan Hersi	W15 The Gazelles	2:43.03	2:43.04	69.48%	2
20 Acadia Tremain	W11 Unattached	2:57.01	2:57.02	64.00%	2
21 Chris Mackie	M76 Unattached -	2:57.24	2:02.73	82.39%	1
22 John Eccleston	M51 Unattached	3:00.92	2:40.06	63.17%	3
23 Robert Moore	M76 Toronto Olym	3:39.39	2:31.91	66.56%	1
24 Cathy Vandergeest	W45 Unattached -	3:44.69	3:24.99	55.26%	1
25 Jennifer McCrea	W41 Unattached	3:54.18	3:43.34	50.72%	1
-- Joy Kramarich	W56 UTTC	DNF			2

Mixed 1 Mile Run

Name	Age Team	Finals	Age-Grading	H#	Alternate
1 Simon Rayner	M52 UTTC	5:06.28	4:27.91	83.09%	2
2 Nate Walsh	M32 UTTC	5:08.48	5:08.49	72.16%	2
3 Ben Nelson	M35 Longboat Roa	5:14.66	5:07.99	72.27%	2
4 Michelle Clarke	W42 Longboat Roa	5:35.71	5:17.89	79.15%	2
5 Steven Blau	M33 UTTC	5:42.88	5:42.89	64.92%	1
6 Robert Blair	M53 Newmarket HU	5:46.95	5:03.48	73.35%	1
7 John MacMillan	M60 Longboat Roa	5:47.49	4:39.49	79.65%	2
8 Chris Mackie	M76 Unattached -	6:33.35	4:27.80	83.12%	1
9 Lynn Kobayashi	W61 UTTC	6:47.80	4:59.57	83.99%	1 CAN
(old CAN 6:55.3 Clara Northcott ON 2016)					
10 Clara Northcott	W62 UTTC	7:04.04	5:11.50	80.77%	1
-- Mirco Graenert	M48 Newmarket HU	DNF			2

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Mixed 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Alternate
1 Chris Deighan	M56 Newmarket HU	9:51.72	8:29.36	86.38%
2 Pat Menzies	M46 Unattached -	10:03.41	9:21.42	78.37%
3 Dave Corlett	M49 Boardwalk RC	10:07.41	9:25.14	77.86%
4 Pedro Lopez-Bravo	M46 Newmarket HU	10:32.36	9:48.35	74.78%
5 Robert Hanks	M54 Longboat Roa	10:48.69	9:40.97	75.74%
6 Erik Loponen	M43 Longboat Roa	11:54.37	11:29.51	63.81%
7 Robert Moore	M76 Toronto Olym	14:56.24	10:26.12	70.27%
8 Tom Wilson	M63 Longboat Roa	15:08.46	12:30.39	58.64%
-- Ben Kong	M41 Jamaica Masters	DNF		

Mixed 60 Meter Hurdles

Name	Age Team	Finals	Age-Grading	Alternate
1 Stephen Krebs	M18 Hamilton Eli	8.48	8.49	86.08%
2 Olusola Olumogba	M31 Jamaica Masters	9.36	9.37	77.99%
3 Nicole Luke	W44 Jamaica Masters	10.88	9.86	78.03%
-- Keshante Clark-Hong	W15 Flying Angel	DQ		

Mixed 1600 Meter Steeplechase Mile

Name	Age Team	Finals	Age-Grading	H#	Alternate
1 Chris Deighan	M56 Newmarket HU	5:19.38			2
2 Larbi Benhabib	M34 Unattached	5:47.07			2
3 Glenn Duncan	M44 Boardwalk RC	6:13.22			2
4 John Eccleston	M51 Unattached	7:48.56			2
5 Vern Christensen	M76 UTTC	7:51.32			1

Mixed 4x800 Meter Relay

Team	Finals	Alternate
1 Unattached - Ontario 'A'	9:55.28	
1) Nate Walsh 32		2) Joan Chung 33
3) Larbi Benhabib 34		4) Nigel Roedde 30

Mixed High Jump

Name	Age Team	Finals	Age-Grading	Alternate
1 Femi Akinduro	M16 Flying Angel	1.80m	1.80m	73.47%
2 Ayooluwa Alofe	M16 Flying Angel	1.70m	1.70m	69.39%
3 David Turkstra	M51 Unattached -	1.65m	1.91m	78.20%
4 Shawn Folkes	M48 Jamaica Masters	1.60m	1.76m	72.07%
5 Kristen Matthews	W34 Hamilton Oly	1.55m	1.55m	74.16%
6 Nigel Roedde	M30 Unattached	J1.55m	1.55m	63.27%
7 Busola Akinduro	W14 Flying Angel	1.45m	1.45m	69.38%
8 Sue Hannon	W60 Unattached -	1.25m	1.72m	82.24%

Mixed Pole Vault

Name	Age Team	Finals	Age-Grading	Alternate
1 Alison Fung	W23 Unattached	3.42m	3.42m	66.41%
2 Tessa Hamilton	W18 Unattached	J3.42m	3.42m	66.41%

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Mixed Long Jump

Name	Age Team	Finals	Age-Grading	Alternate
1 Odon Makwene	M30 Flying Angels	6.23m	6.23m	69.61%
2 Damian Reid	M17 Terminal Vel	6.09m	6.09m	68.04%
3 Femi Akinduro	M16 Flying Angel	5.95m	5.95m	66.48%
4 Shamar Barnett	M17 Flying Angel	5.61m	5.61m	62.68%
5 Addison Rich	M29 UTTC	5.58m	5.58m	62.35%
6 Jack Pontes	M45 Jamaica Masters	5.28m	6.09m	68.13%
7 Dan Aversa	M37 Unattached -	4.73m	4.87m	54.49%
8 Alexis Benjamin	W15 Flying Angel	4.34m	4.34m	57.71%
9 Aaliyah Benjamin	W17 Flying Angel	4.06m	4.06m	53.99%
10 Willie A. Price	M54 Unattached	3.90m	4.79m	53.57%

Mixed Shot Put

Name	Age Team	Finals	Age-Grading	Alternate
1 Bill Pearson	M64 Throwers Club	11.54m	14.40m	62.31%
2 Jerzy Wyroba	M67 Unattached -	11.23m	15.28m	66.10%
3 Elizabeth Hill	W56 Kingston Track &	9.81m	13.44m	59.42%
4 Ralph Shapiro	M65 Throwers Club	9.41m	12.80m	55.39%
5 Tracey. (willow) McCarth	W49 Unattached -	9.25m	11.04m	48.81%
6 David Morris	M78 Throwers Club	8.51m	11.90m	51.51%
7 Sheree Mullings	W35 Jamaica Masters	7.92m	8.21m	36.28%
8 Gary McColeman	M74 UTTC	6.21m	7.95m	34.40%
9 Enrico Toscano	M76 Throwers Club	6.12m	8.56m	37.05%
10 Ben Kong	M41 Jamaica Masters	5.59m	6.22m	26.93%
11 Lucille Green	W68 Throwers Club	4.86m	8.06m	35.66%

Mixed Weight Throw

Name	Age Team	Finals	Age-Grading	Alternate
1 Christian Janzen	M17 Hamilton Oly	15.72m	15.72m	60.79%
2 Jonathan Raspanti	M20 Sisu AC	13.34m	13.34m	51.59%
3 Richard Parkinson	M52 Sisu AC	12.96m	13.59m	52.55%
4 Bill Pearson	M64 Throwers Club	12.62m	13.15m	50.87%
5 Ralph Shapiro	M65 Throwers Club	11.35m	12.65m	48.94%
6 Daniel Andric	M13 Hamilton Oly	11.27m	11.27m	43.58%
7 Elizabeth Hill	W56 Kingston Track &	10.36m	13.38m	56.70%
8 David Morris	M78 Throwers Club	10.27m	12.61m	48.79%
9 Tracey. (willow) McCarth	W49 Unattached -	9.69m	12.55m	53.18%
10 Enrico Toscano	M76 Throwers Club	6.66m	8.18m	31.64%
11 Lucille Green	W68 Throwers Club	6.62m	8.77m	37.19%
12 Gary McColeman	M74 UTTC	5.97m	6.81m	26.33%

W60 800 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Patricia Blacker-Thomson	W60 Unattached -	3:43.32	2:55.27	64.63%	410

M45 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Andrew Justason	M45 New Brunswick	3:10.22	2:53.98	75.01%	724
2 Marcus Skeete	M49 UTTC	3:18.90	3:01.92	71.74%	646

M55 1000 Meter Run Indoor Pentathlon

OMA Winter Mini Meet #3 - 2017-02-19
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Age-Grading Points	Alternate
1 Donald Ritchie	M55 Unattached -	4:17.19	3:35.12 60.67%	362
2 Lou Nunno	M58 Unattached -	4:39.23	3:53.55 55.88%	237

M60 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points	Alternate
1 Bruce Urch	M62 Throwers Club	3:55.37	3:07.55 69.58%	592

W60 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points	Alternate
-- Patricia Blacker-Thomson	W60 Unattached -	DQ		

M45 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points	Alternate
1 Andrew Justason	M45 New Brunswick	9.75	8.87 82.36%	775
2 Marcus Skeete	M49 UTTC	11.27	10.25 71.25%	495

M55 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points	Alternate
1 Donald Ritchie	M55 Unattached -	10.38	8.88 82.27%	772
2 Lou Nunno	M58 Unattached -	13.60	11.63 62.79%	275

M60 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points	Alternate
1 Bruce Urch	M62 Throwers Club	12.49	10.39 70.30%	470

W60 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
Alternate			
1 Patricia Blacker-Thomson	W60 Unattached -	0.95m	1.30m 62.50%
			409

M45 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
Alternate			
1 Andrew Justason	M45 New Brunswick	1.62m	1.78m 72.97%
2 Marcus Skeete	M49 UTTC	1.44m	1.58m 64.86%
			610
			449

M55 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
Alternate			

OMA Winter Mini Meet #3 - 2017-02-19**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

Name	Age Team	Finals	Age-Grading Points
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Alternate

1 Donald Ritchie	M55 Unattached -	1.50m	1.84m 75.00% 661
2 Lou Nunno	M58 Unattached -	1.26m	1.54m 63.00% 419

M60 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
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Alternate

1 Bruce Urch	M62 Throwers Club	1.29m	1.68m 68.62% 528
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W60 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
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Alternate

1 Patricia Blacker-Thomson	W60 Unattached -	2.47m	3.55m 47.32% 210
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M45 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
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Alternate

1 Andrew Justason	M45 New Brunswick	5.08m	5.86m 65.55% 556
2 Marcus Skeete	M49 UTTC	4.38m	5.05m 56.52% 392

M55 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
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Alternate

1 Donald Ritchie	M55 Unattached -	4.02m	5.27m 58.94% 435
2 Lou Nunno	M58 Unattached -	3.28m	4.30m 48.09% 255

M60 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
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Alternate

1 Bruce Urch	M62 Throwers Club	4.35m	6.12m 68.40% 613
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W60 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
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Alternate

1 Patricia Blacker-Thomson	W60 Unattached -	4.94m	7.41m 32.78% 361
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OMA Winter Mini Meet #3 - 2017-02-19
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M45 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Andrew Justason	M45 New Brunswick	10.35m	12.44m 53.82% 633
2 Marcus Skeete	M49 UTTC	6.45m	7.75m 33.54% 352

M55 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Donald Ritchie	M55 Unattached -	9.83m	12.49m 54.01% 636
2 Lou Nunno	M58 Unattached -	6.97m	8.85m 38.30% 417

M60 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Bruce Urch	M62 Throwers Club	8.94m	11.15m 48.27% 555

W60 Indoor Pentathlon

Name	Age Team	Finals	Alternate
1 Patricia Blacker-Thomson	W60 Unattached -	1390	

M45 Indoor Pentathlon

Name	Age Team	Finals	Alternate
1 Andrew Justason (old CAN 3256 Don Ritchie ON 2011)	M45 New Brunswick	3298	CAN
2 Marcus Skeete	M49 UTTC	2334	

M55 Indoor Pentathlon

Name	Age Team	Finals	Alternate
1 Donald Ritchie	M55 Unattached -	2866	
2 Lou Nunno	M58 Unattached -	1603	

M60 Indoor Pentathlon

Name	Age Team	Finals	Alternate
1 Bruce Urch	M62 Throwers Club	2758	