

Daniel Fiorini	M55	Newmarket HU	30:10.00	25:37.96	82.71	79.81
Geoff Peat	M54	Newmarket HU	29:32.00	26:09.64	81.04	
Chris Deighan	M57	Newmarket HU	31:18.00	26:35.74	79.71	
Elaine Mota	W52	Newmarket HU	34:41.00	30:47.52	78.04	
Sarah Nagy	W44	Newmarket HU	31:53.00	30:59.44	77.57	
Alistair Munro	M51	MB Performance	29:43.00	26:19.39	80.54%	76.87
Jim Dyck	M52	MB Performance	30:37.00	27:07.22	78.17%	
Leanne Shafir	W48	MB Performance	33:50.00	31:41.10	75.86%	
Chris Van De Water	M35	MB Performance	28:37.00	28:15.37	75.01%	
Marco Li	M35	MB Performance	28:43.00	28:21.30	74.75%	
Anne Byrne	W51	Black Lungs Toronto	35:48.00	31:47.00	75.61%	73.62
Nick Croker	M32	Black Lungs Toronto	28:19.00	28:18.33	74.93%	
Dan Way	M30	Black Lungs Toronto	28:29.00	28:28.32	74.49%	
Zoe Webster	W45	Black Lungs Toronto	35:51.00	33:34.42	71.59%	
Cameron MacDonald	M30	Black Lungs Toronto	29:41.00	29:40.29	71.48%	
Nancy Wells	W71	Longboat Roa	44:55.00	30:40.42	78.37%	72.49
Susan Stone	W57	Longboat Roa	37:55.00	31:43.27	75.78%	
Claire Prest	W72	Longboat Roa	50:07.00	34:13.49	70.24%	
Mike Bedley	M70	Longboat Roa	41:20.00	30:35.45	69.31%	
Trevor Kobe	M56	Longboat Roa	36:17.00	30:49.80	68.76%	
Simon Rayner	M53	UTTC	30:25.00	26:56.59	78.68%	73.07
Ian Reid	M44	UTTC	30:12.00	28:56.08	73.29%	
Clara Northcott	W63	UTTC	42:27.00	33:20.42	72.08%	
Jay Brecher	M43	UTTC	30:58.00	29:40.16	71.47%	
Andrea Cameron	W57	UTTC	41:08.00	34:24.73	69.85%	