

## Sunnybrook 8K - 2017-11-05

## Results

## Event 1 Mixed 8k Run CC

Name	Age Team	Finals	Age-Grading	Points
Results - Mixed				
1 Nick Croker	M32 Black Lungs Toronto	28:19.00	28:18.33	74.93%
2 Dan Way	M30 Black Lungs Toronto	28:29.00	28:28.32	74.49%
3 Chris Van De Water	M35 MB Performance	28:37.00	28:15.37	75.01%
4 Marco Li	M35 MB Performance	28:43.00	28:21.30	74.75%
5 Dave Tepper	M42 Newmarket HU	28:56.00	27:43.27	76.50%
6 Geoff Peat	M54 Newmarket HU	29:32.00	26:09.64	81.04%
7 Cameron MacDonald	M30 Black Lungs Toronto	29:41.00	29:40.29	71.48%
8 Alistair Munro	M51 MB Performance	29:43.00	26:19.39	80.54%
9 Leo Papail	M38 Newmarket HU	29:46.00	29:23.50	72.12%
10 Daniel Fiorini	M55 Newmarket HU	30:10.00	25:37.96	82.71%
1 Ian Reid	M44 UTTC	30:12.00	28:56.08	73.29%
2 Paul Felix	M42 Dundas Valle	30:14.00	28:58.00	73.21%
3 Andrew Lockwood	M37 Black Lungs Toronto	30:17.00	29:54.11	70.89%
4 Eoin O'Flynn	M36 Unattached -	30:18.00	29:55.10	70.85%
5 Simon Rayner	M53 UTTC	30:25.00	26:56.59	78.68%
6 Jim Dyck	M52 MB Performance	30:37.00	27:07.22	78.17%
7 Michael Logue	M35 Newmarket HU	30:51.00	30:27.68	69.58%
8 David Moore	M49 Unattached -	30:56.00	28:31.24	74.35%
9 Jay Brecher	M43 UTTC	30:58.00	29:40.16	71.47%
10 Fraser Clift	M32 Black Lungs Toronto	31:05.00	31:04.26	68.26%
1 Francois Girard	M31 Toronto Olym	31:12.00	31:11.26	68.00%
2 Chris Deighan	M57 Newmarket HU	31:18.00	26:35.74	79.71%
3 Adam Yurkiw	M46 Unattached	31:43.00	29:14.57	72.52%
4 Sarah Nagy	W44 Newmarket HU	31:53.00	30:59.44	77.57%
5 Ian Sinclair	M47 Toronto Olym	32:02.00	29:32.09	71.80%
6 Vince Friel	M54 Newmarket HU	32:08.00	28:27.83	74.48%
7 Ben Nelson	M36 Longboat Roa	32:10.00	31:45.69	66.74%
8 Paul Dunsford	M40 Dundas Valle	32:18.00	30:56.80	68.52%
9 Steve Boston	M47 Newmarket HU	32:44.00	30:10.81	70.26%
10 Tony Marra	M49 Muskoka Algo	33:34.00	30:56.91	68.52%
1 Gerardo Reyes	M42 Longboat Roa	33:43.00	32:18.24	65.65%
2 Patrick Macdonell	M48 MB Performance	33:47.00	31:08.90	68.08%
3 Leanne Shafir	W48 MB Performance	33:50.00	31:41.10	75.86%
4 Carrie Byer	W38 Newmarket HU	33:52.00	33:37.98	71.46%
5 Seanna Robinson	W42 MB Performance	34:32.00	33:33.99	71.62%
6 Elaine Mota	W52 Newmarket HU	34:41.00	30:47.52	78.04%
7 Grant Williams	M58 MB Performance	34:58.00	29:42.68	71.35%
8 Bob Murray	M55 Unattached -	35:05.00	29:48.62	71.12%
9 Steve Jackson	M37 MB Performance	35:22.00	34:55.27	60.70%
10 Ryan Krook	M34 MB Performance	35:32.00	35:31.15	59.71%
1 John Ellis	M52 Central Toronto AC	35:40.00	31:35.62	67.10%
2 Anne Byrne	W51 Black Lungs Toronto	35:48.00	31:47.00	75.61%
3 Zoe Webster	W45 Black Lungs Toronto	35:51.00	33:34.42	71.59%
4 Damian Dupuy	M53 UTTC	36:00.00	31:53.33	66.48%
5 Trevor Kobe	M56 Longboat Roa	36:17.00	30:49.80	68.76%
6 Peter Gordon	M57 UTTC	36:21.00	30:53.20	68.64%
7 James Freemantle	M59 Newmarket HU	36:28.00	30:59.15	68.42%
8 Pat McLean	M47 Newmarket HU	37:20.00	34:25.29	61.61%
9 Anthony Farr	M62 UTTC	37:31.00	30:31.19	69.48%
10 Susan Stone	W57 Longboat Roa	37:55.00	31:43.27	75.78%
1 Larry Carter	M60 Newmarket HU	37:58.00	30:53.16	68.66%
2 Walter Faion	M57 UTTC	38:01.00	32:18.17	65.63%
3 William Woods	M56 MB Performance	38:20.00	32:34.32	65.09%

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4	Michael Mandel	M48	UTTC	38:26.00	35:26.14	59.84%
5	Gwen Bailey-Mason	W51	UTTC	40:12.00	35:41.38	67.33%
6	Richard Bailey	M69	Longboat Roa	40:45.00	31:40.75	66.91%
7	Chris Mackie	M77	Unattached -	41:05.00	28:20.61	74.81%
8	Andrea Cameron	W57	UTTC	41:08.00	34:24.73	69.85%
9	Mike Bedley	M70	Longboat Roa	41:20.00	30:35.45	69.31%
10	Tim Payne	M67	Newmarket HU	42:06.00	32:43.72	64.77%
1	Hugh Connolly	M72	Longboat Roa	42:21.00	31:20.60	67.65%
2	Clara Northcott	W63	UTTC	42:27.00	33:20.42	72.08%
3	Les Rowley	M66	Unattached	43:24.00	33:44.36	62.83%
4	Tony Teddy	M71	Longboat Roa	44:53.00	33:13.09	63.83%
5	Nancy Wells	W71	Longboat Roa	44:55.00	30:40.42	78.37%
6	Calvin Little	M62	Unattached -	45:02.00	36:38.08	57.88%
7	Sandra Tam	W46	Longboat Roa	45:50.00	42:55.38	56.00%
8	Vern Christensen	M76	UTTC	48:32.00	33:28.99	63.32%
9	Liza Parry	W51	Longboat Roa	49:00.00	43:30.14	55.24%
10	Bert De Vries	M71	Longboat Roa	49:56.00	36:57.35	57.38%
1	Claire Prest	W72	Longboat Roa	50:07.00	34:13.49	70.24%
2	Pauline Watson	W63	UTTC	52:20.00	41:06.16	58.47%
3	Gary McColeman	M75	UTTC	55:28.00	38:15.99	55.41%
4	Michael Goodstadt	M77	UTTC	1:02:40.00	43:14.03	49.04%
5	Pritam Sekhon	M73	Unattached -	1:26:15.00	1:03:50.02	33.22%
--	Jo Welch	W61	Unattached		DNS	

## Event 1 Mixed 8k Run CC

Name	Age	Team	Finals	Age-Grading	H#	Points
1	Nick Croker	M32 Black Lungs Toronto	28:19.00	28:18.33	74.93%	1
1	Sarah Nagy	W44 Newmarket HU	31:53.00	30:59.44	77.57%	3
2	Dan Way	M30 Black Lungs Toronto	28:29.00	28:28.32	74.49%	1
2	Leanne Shafir	W48 MB Performance	33:50.00	31:41.10	75.86%	4
3	Chris Van De Water	M35 MB Performance	28:37.00	28:15.37	75.01%	1
3	Carrie Byer	W38 Newmarket HU	33:52.00	33:37.98	71.46%	4
4	Marco Li	M35 MB Performance	28:43.00	28:21.30	74.75%	1
4	Seanna Robinson	W42 MB Performance	34:32.00	33:33.99	71.62%	4
5	Dave Tepper	M42 Newmarket HU	28:56.00	27:43.27	76.50%	1
5	Elaine Mota	W52 Newmarket HU	34:41.00	30:47.52	78.04%	4
6	Geoff Peat	M54 Newmarket HU	29:32.00	26:09.64	81.04%	1
6	Anne Byrne	W51 Black Lungs Toronto	35:48.00	31:47.00	75.61%	5
7	Cameron MacDonald	M30 Black Lungs Toronto	29:41.00	29:40.29	71.48%	1
7	Zoe Webster	W45 Black Lungs Toronto	35:51.00	33:34.42	71.59%	5
8	Alistair Munro	M51 MB Performance	29:43.00	26:19.39	80.54%	1
8	Susan Stone	W57 Longboat Roa	37:55.00	31:43.27	75.78%	5
9	Leo Papail	M38 Newmarket HU	29:46.00	29:23.50	72.12%	1
9	Gwen Bailey-Mason	W51 UTTC	40:12.00	35:41.38	67.33%	6
10	Daniel Fiorini	M55 Newmarket HU	30:10.00	25:37.96	82.71%	1
10	Andrea Cameron	W57 UTTC	41:08.00	34:24.73	69.85%	6
11	Ian Reid	M44 UTTC	30:12.00	28:56.08	73.29%	2
11	Clara Northcott	W63 UTTC	42:27.00	33:20.42	72.08%	7
12	Paul Felix	M42 Dundas Valle	30:14.00	28:58.00	73.21%	2
12	Nancy Wells	W71 Longboat Roa	44:55.00	30:40.42	78.37%	7
13	Andrew Lockwood	M37 Black Lungs Toronto	30:17.00	29:54.11	70.89%	2
13	Sandra Tam	W46 Longboat Roa	45:50.00	42:55.38	56.00%	7
14	Eoin O'Flynn	M36 Unattached -	30:18.00	29:55.10	70.85%	2
14	Liza Parry	W51 Longboat Roa	49:00.00	43:30.14	55.24%	7

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15	Simon Rayner	M53	UTTC	30:25.00	26:56.59	78.68%	2
15	Claire Prest	W72	Longboat Roa	50:07.00	34:13.49	70.24%	8
16	Jim Dyck	M52	MB Performance	30:37.00	27:07.22	78.17%	2
16	Pauline Watson	W63	UTTC	52:20.00	41:06.16	58.47%	8
17	Michael Logue	M35	Newmarket HU	30:51.00	30:27.68	69.58%	2
18	David Moore	M49	Unattached -	30:56.00	28:31.24	74.35%	2
19	Jay Brecher	M43	UTTC	30:58.00	29:40.16	71.47%	2
20	Fraser Clift	M32	Black Lungs Toronto	31:05.00	31:04.26	68.26%	2
21	Francois Girard	M31	Toronto Olym	31:12.00	31:11.26	68.00%	3
22	Chris Deighan	M57	Newmarket HU	31:18.00	26:35.74	79.71%	3
23	Adam Yurkiw	M46	Unattached	31:43.00	29:14.57	72.52%	3
24	Ian Sinclair	M47	Toronto Olym	32:02.00	29:32.09	71.80%	3
25	Vince Friel	M54	Newmarket HU	32:08.00	28:27.83	74.48%	3
26	Ben Nelson	M36	Longboat Roa	32:10.00	31:45.69	66.74%	3
27	Paul Dunsford	M40	Dundas Valle	32:18.00	30:56.80	68.52%	3
28	Steve Boston	M47	Newmarket HU	32:44.00	30:10.81	70.26%	3
29	Tony Marra	M49	Muskoka Algo	33:34.00	30:56.91	68.52%	3
30	Gerardo Reyes	M42	Longboat Roa	33:43.00	32:18.24	65.65%	4
31	Patrick Macdonell	M48	MB Performance	33:47.00	31:08.90	68.08%	4
32	Grant Williams	M58	MB Performance	34:58.00	29:42.68	71.35%	4
33	Bob Murray	M55	Unattached -	35:05.00	29:48.62	71.12%	4
34	Steve Jackson	M37	MB Performance	35:22.00	34:55.27	60.70%	4
35	Ryan Krook	M34	MB Performance	35:32.00	35:31.15	59.71%	4
36	John Ellis	M52	Central Toronto AC	35:40.00	31:35.62	67.10%	5
37	Damian Dupuy	M53	UTTC	36:00.00	31:53.33	66.48%	5
38	Trevor Kobe	M56	Longboat Roa	36:17.00	30:49.80	68.76%	5
39	Peter Gordon	M57	UTTC	36:21.00	30:53.20	68.64%	5
40	James Freemantle	M59	Newmarket HU	36:28.00	30:59.15	68.42%	5
41	Pat McLean	M47	Newmarket HU	37:20.00	34:25.29	61.61%	5
42	Anthony Farr	M62	UTTC	37:31.00	30:31.19	69.48%	5
43	Larry Carter	M60	Newmarket HU	37:58.00	30:53.16	68.66%	6
44	Walter Faion	M57	UTTC	38:01.00	32:18.17	65.63%	6
45	William Woods	M56	MB Performance	38:20.00	32:34.32	65.09%	6
46	Michael Mandel	M48	UTTC	38:26.00	35:26.14	59.84%	6
47	Richard Bailey	M69	Longboat Roa	40:45.00	31:40.75	66.91%	6
48	Chris Mackie	M77	Unattached -	41:05.00	28:20.61	74.81%	6
49	Mike Bedley	M70	Longboat Roa	41:20.00	30:35.45	69.31%	6
50	Tim Payne	M67	Newmarket HU	42:06.00	32:43.72	64.77%	6
51	Hugh Connolly	M72	Longboat Roa	42:21.00	31:20.60	67.65%	7
52	Les Rowley	M66	Unattached	43:24.00	33:44.36	62.83%	7
53	Tony Teddy	M71	Longboat Roa	44:53.00	33:13.09	63.83%	7
54	Calvin Little	M62	Unattached -	45:02.00	36:38.08	57.88%	7
55	Vern Christensen	M76	UTTC	48:32.00	33:28.99	63.32%	7
56	Bert De Vries	M71	Longboat Roa	49:56.00	36:57.35	57.38%	7
57	Gary McColeman	M75	UTTC	55:28.00	38:15.99	55.41%	8
58	Michael Goodstadt	M77	UTTC	1:02:40.00	43:14.03	49.04%	8
59	Pritam Sekhon	M73	Unattached -	1:26:15.00	1:03:50.02	33.22%	8
--	Jo Welch	W61	Unattached		DNS		8