

OMA Winter Mini Meet #3 - 2018-02-11
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Mixed 60 Meter Dash

Name	Age Team	Prelims	Age-Grading	H#
Preliminaries				
1 Alex Helman	M24 Centro Scuola Tfc	7.18q	7.19 89.00%	10
2 Daniel Burke	M18 Ultimate Bod	7.21q	7.22 88.63%	10
3 Ike Usifo	M17 Hamilton Eli	7.22q	7.23 88.50%	10
3 Marcus Renford	M15 Centro Scuola Tfc	7.22q	7.23 88.50%	10
3 Ajani Thompson	M18 Unattached -	7.22q	7.23 88.50%	10
6 Stephen Krebs	M19 Hamilton Eli	7.33q	7.34 87.18%	9
7 Joshua Andrews	M22 Unattached -	7.36q	7.37 86.82%	10
7 Garfield Bailey	M18 The Speed AC	7.36q	7.37 86.82%	10
9 Matthias Richards	M14 Hamilton Eli	7.43q	7.44 86.00%	11
10 Noah Farrell	M16 Burlington Runners	7.44q	7.45 85.89%	9
10 Kemar Burrell	M21 Variety Vill	7.44q	7.45 85.89%	11
12 Jason Anyimadu	M21 Unattached -	7.45q	7.46 85.77%	9
13 Nigel John	M45 Jamaica Masters	7.47q	6.93 92.24%	9
14 Xavier Schiafone-Fleming	M17 Centro Scuola Tfc	7.50q	7.51 85.20%	11
15 Michael Howard	M23 Burlington Runners	7.54q	7.55 84.75%	8
16 David Hurst Jr	M14 Mississauga Oly	7.58q	7.59 84.30%	7
17 Brandon Comegna	M15 Hamilton Eli	7.60q	7.61 84.08%	9
18 Jonah Lee	M15 Variety Vill	7.62q	7.63 83.86%	11
19 Jay Silla	M35 Unattached -	7.66q	7.56 84.60%	8
20 Eesa Aamer	M15 Mississauga Tra	7.67q	7.68 83.31%	8
21 Evan Clarke	M14 Mississauga Tra	7.70q	7.71 82.99%	7
22 Phillip Truong	M15 Unattached -	7.72q	7.73 82.77%	11
23 Christian Lemassif	M51 UTTC	7.73q	6.95 91.98%	7
24 Christopher Wagner	M32 Unattached -	7.80q	7.81 81.92%	7
25 Hugh Yarcia	M17 Phoenix Athletics	7.86q	7.87 81.30%	8
26 Carson James	M16 Centro Scuola Tfc	7.87q	7.88 81.19%	8
27 Manik Singh	M20 Unattached	7.89q	7.90 80.99%	6
28 Jordanne Williams	W27 Unattached -	7.96q	7.97 86.93%	8
29 Ken Kudo	M55 Jamaica Masters	8.00q	6.96 91.88%	7
30 Jason Foubert	M48 Unattached	8.02q	7.45 85.91%	7
31 Noah Cabral	M14 Mississauga Tra	8.07q	8.08 79.18%	7
32 Milton Ashmeade	M32 Jamaica Masters	8.16q	8.17 78.31%	6
32 Les Neufeld	M57 Unattached -	8.16q	7.10 90.07%	5
34 Karl Mondonedo	M15 Centro Scuola Tfc	8.18q	8.19 78.12%	5
35 Matt Beechey	M47 Invictus Ath	8.23q	7.64 83.72%	6
36 Zaria Gomes-John	W14 Centro Scuola Tfc	8.24q	8.25 83.98%	5
37 Jillian Simmons	W30 UTTC	8.30q	8.31 83.37%	6
38 Mike Lee Foon	M57 Unattached -	8.32q	7.24 88.34%	7
39 Karina Di Biase	W15 Centro Scuola Tfc	8.34q	8.35 82.97%	6
40 Kevin Farr	M47 University of Wi	8.35q	7.75 82.51%	6
40 Avery Ferron	W14 Burlington Runners	8.35q	8.36 82.87%	5
42 Victoria Starcevic	W14 Burlington Runners	8.37q	8.38 82.68%	5
43 Joseph Baptiste	M57 Jamaica Masters	8.38q	7.29 87.71%	3
44 Macy Mungal	W16 Mississauga Tra	8.50q	8.51 81.41%	4
45 Katie Falla	W21 Unattached -	8.54q	8.55 81.03%	5
45 Latoya Austin	W41 Unattached -	8.54q	8.15 85.01%	3
47 Ward Hazen	M63 Unattached	8.55q	7.19 88.89%	6
48 Mikayla Hazelton	W19 Extreme Velo	8.57q	8.58 80.75%	5
48 Kim McCrory	W29 Unattached -	8.57q	8.58 80.75%	3
50 Lorena Reyes	W34 Ultimate Bod	8.58q	8.59 80.65%	5
51 Delhia Richards	W13 Ultimate Bod	8.62q	8.63 80.28%	4
52 Dwayne Daniel	M43 Unattached	8.65q	8.28 77.23%	4
53 Carmela Reyes	W34 Ultimate Bod	8.68q	8.69 79.72%	4

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54	Saleem Baksh	M46	Unattached -	8.70q	8.08	79.20%	6
55	Carli McGrath	W13	Mississauga Tra	8.71q	8.72	79.45%	4
56	Sabrina Valeri	W16	Centro Scuola Tfc	8.78q	8.79	78.82%	4
57	Florence Cavalli	W35	UTTC	8.82q	8.73	79.37%	2
58	Kiana Burke	W12	Mississauga Tra	8.83q	8.84	78.37%	2
58	Japinder Narula	M14	Mississauga Tra	8.83q	8.84	72.37%	4
60	Debbie King	W42	Jamaica Masters	8.86q	8.46	81.94%	3
61	Debbie Zinman	W48	UTTC	8.95q	8.23	84.13%	3
62	Robert Morley	M70	Unattached -	8.97q	6.98	91.64%	2
63	Anisha Jandu	W16	Mississauga Tra	9.19q	9.20	75.30%	1
64	Mary Harmer	W53	UTTC	9.20q	8.13	85.11%	2
65	Raquel Williams	W13	Mississauga Tra	9.26q	9.27	74.73%	2
66	Mike Morris	M77	Unattached	9.44q	6.99	91.53%	2
67	Amanda Sugimura	W15	Mississauga Tra	9.48q	9.49	73.00%	2
68	Marlene Sobers-Khan	W62	The Gazelles	9.63q	7.83	88.37%	1
69	Valerie Hargreaves	W51	Unattached -	9.69q	8.57	80.80%	1
70	Sonia Santarossa	W46	UTTC	9.71q	8.92	77.55%	1
71	Renata Macherzynska	W59	UTTC	9.86q	8.37	82.76%	1
72	Dan Tries	M57	London Pacers	9.90q	8.61	74.24%	1
73	Jaswant Grewal	M58	Unattached -	10.37	9.02	70.88%	9
74	Ben Kong	M42	Jamaica Masters	10.46	10.01	63.86%	1
75	Patrick Groulx	M76	UTTC	11.93	8.83	72.42%	1

Mixed 60 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	
Finals						
1	Alex Helman	M24	Centro Scuola Tfc	7.08	7.09 90.25%	9
2	Marcus Renford	M15	Centro Scuola Tfc	7.13	7.14 89.62%	9
3	Ike Usifo	M17	Hamilton Eli	7.15	7.16 89.37%	9
4	Daniel Burke	M18	Ultimate Bod	7.17	7.18 89.12%	9
5	Ajani Thompson	M18	Unattached -	7.24	7.25 88.26%	9
6	Joshua Andrews	M22	Unattached -	7.31	7.32 87.41%	9
7	Garfield Bailey	M18	The Speed AC	7.32	7.33 87.30%	9
8	Stephen Krebs	M19	Hamilton Eli	7.34	7.35 87.06%	9
9	Matthias Richards	M14	Hamilton Eli	7.39	7.40 86.47%	8
10	Kemar Burrell	M21	Variety Vill	7.41	7.42 86.23%	8
11	Noah Farrell	M16	Burlington Runners	7.42	7.43 86.12%	8
12	Nigel John	M45	Jamaica Masters	7.45	6.92 92.48%	8
13	Xavier Schiafone-Fleming	M17	Centro Scuola Tfc	7.46	7.47 85.66%	8
14	Jason Anyimadu	M21	Unattached -	7.47	7.48 85.54%	8
15	Michael Howard	M23	Burlington Runners	7.54	7.55 84.75%	8
16	Phillip Truong	M15	Unattached -	7.60	7.61 84.08%	7
17	Jay Silla	M35	Unattached -	7.62	7.52 85.04%	7
18	Brandon Comegna	M15	Hamilton Eli	7.63	7.64 83.75%	7
19	Jonah Lee	M15	Variety Vill	7.65	7.66 83.53%	7
20	David Hurst Jr	M14	Mississauga Oly	7.66	7.67 83.42%	8
21	Evan Clarke	M14	Mississauga Tra	7.70	7.71 82.99%	7
22	Carson James	M16	Centro Scuola Tfc	7.72	7.73 82.77%	6
23	Christian Lemassif	M51	UTTC	7.73	6.95 91.98%	7
24	Christopher Wagner	M32	Unattached -	7.81	7.82 81.82%	7
25	Manik Singh	M20	Unattached	7.87	7.88 81.19%	6
26	Jason Foubert	M48	Unattached	7.90	7.33 87.22%	6
27	Jordanne Williams	W27	Unattached -	7.92	7.93 87.37%	6
28	Matt Beechey	M47	Invictus Ath	8.09	7.51 85.17%	5

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29	Noah Cabral	M14	Mississauga Tra	8.13	8.14	78.60%	6
30	Karl Mondonedo	M15	Centro Scuola Tfc	8.21	8.22	77.83%	6
30	Mike Lee Foon	M57	Unattached -	8.21	7.14	89.52%	5
30	Les Neufeld	M57	Unattached -	8.21	7.14	89.52%	6
33	Milton Ashmeade	M32	Jamaica Masters	8.23	8.24	77.64%	6
34	Joseph Baptiste	M57	Jamaica Masters	8.28	7.20	88.77%	4
35	Zaria Gomes-John	W14	Centro Scuola Tfc	8.31	8.32	83.27%	5
36	Karina Di Biase	W15	Centro Scuola Tfc	8.32	8.33	83.17%	5
37	Avery Ferron	W14	Burlington Runners	8.33	8.34	83.07%	5
38	Jillian Simmons	W30	UTTC	8.35	8.36	82.87%	5
39	Victoria Starcevic	W14	Burlington Runners	8.37	8.38	82.68%	5
40	Kevin Farr	M47	University of Wi	8.42	7.82	81.83%	5
41	Macy Mungal	W16	Mississauga Tra	8.50	8.51	81.41%	4
42	Mikayla Hazelton	W19	Extreme Velo	8.56	8.57	80.84%	4
43	Katie Falla	W21	Unattached -	8.57	8.58	80.75%	4
44	Delhia Richards	W13	Ultimate Bod	8.58	8.59	80.65%	4
45	Saleem Baksh	M46	Unattached -	8.64	8.02	79.75%	3
46	Kim McCrory	W29	Unattached -	8.65	8.66	80.00%	4
47	Carli McGrath	W13	Mississauga Tra	8.68	8.69	79.72%	3
48	Sabrina Valeri	W16	Centro Scuola Tfc	8.69	8.70	79.63%	3
49	Dwayne Daniel	M43	Unattached	8.74	8.37	76.43%	3
50	Carmela Reyes	W34	Ultimate Bod	8.75	8.76	79.09%	3
51	Debbie King	W42	Jamaica Masters	8.80	8.40	82.50%	2
52	Japinder Narula	M14	Mississauga Tra	8.88	8.89	71.96%	3
53	Robert Morley	M70	Unattached -	8.90	6.92	92.36%	2
53	Florence Cavalli	W35	UTTC	8.90	8.81	78.65%	3
55	Debbie Zinman	W48	UTTC	8.93	8.21	84.32%	2
56	Kiana Burke	W12	Mississauga Tra	8.96	8.97	77.23%	3
57	Mary Harmer	W53	UTTC	9.18	8.11	85.29%	2
58	Anisha Jandu	W16	Mississauga Tra	9.29	9.30	74.49%	2
58	Raquel Williams	W13	Mississauga Tra	9.29	9.30	74.49%	2
60	Amanda Sugimura	W15	Mississauga Tra	9.37	9.38	73.85%	2
61	Mike Morris	M77	Unattached	9.48	7.02	91.14%	2
62	Sonia Santarossa	W46	UTTC	9.61	8.83	78.36%	1
63	Renata Macherzynska	W59	UTTC	9.68	8.22	84.30%	1
64	Marlene Sobers-Khan	W62	The Gazelles	9.71	7.90	87.64%	1
65	Valerie Hargreaves	W51	Unattached -	9.82	8.68	79.74%	1
66	Dan Tries	M57	London Pacers	9.85	8.57	74.62%	1
67	Jaswant Grewal	M58	Unattached -	10.17	8.85	72.27%	1
68	Ben Kong	M42	Jamaica Masters	10.55	10.10	63.32%	1
69	Patrick Groulx	M76	UTTC	11.88	8.80	72.73%	1

Mixed 200 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	
1	Ike Usifo	M17	Hamilton Eli	22.82	22.83 84.66%	15
2	Daniel Burke	M18	Ultimate Bod	22.84	22.85 84.59%	16
3	Garfield Bailey	M18	The Speed AC	23.66	23.67 81.66%	15
4	David Hurst Jr	M14	Mississauga Oly	23.94	23.95 80.70%	16
5	Matthias Richards	M14	Hamilton Eli	24.08	24.09 80.23%	13
6	Nigel John	M45	Jamaica Masters	24.18	22.34 86.52%	16
7	Jonah Lee	M15	Variety Vill	24.45	24.46 79.02%	14
8	Michael Howard	M23	Burlington Runners	24.82	24.83 77.84%	14
9	Mark Skerl	M14	Monte Cristo	24.87	24.88 77.68%	13
10	Carson James	M16	Centro Scuola Tfc	25.15	25.16 76.82%	13

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11	Christian Lemassif	M51	UTTC	25.18	22.50	85.90%	12
12	Evan Clarke	M14	Mississauga Tra	25.32	25.33	76.30%	12
13	Phillip Truong	M15	Unattached -	25.35	25.36	76.21%	13
14	Jay Silla	M35	Unattached -	25.44	25.03	77.20%	11
15	Manik Singh	M20	Unattached	25.51	25.52	75.74%	10
16	Noah Cabral	M14	Mississauga Tra	25.79	25.80	74.91%	12
17	Ken Kudo	M55	Jamaica Masters	25.81	22.29	86.71%	11
18	Matan Berson	M28	UTTC	25.96	25.97	74.42%	11
19	Jordanne Williams	W27	Unattached -	26.12	26.13	81.70%	11
20	Thomas Bok	M37	Unattached -	27.16	26.72	72.31%	10
21	Avery Ferron	W14	Burlington Runners	27.28	27.29	78.23%	7
22	Joseph Baptiste	M57	Jamaica Masters	27.35	23.62	81.83%	9
23	Zaria Gomes-John	W14	Centro Scuola Tfc	27.62	27.63	77.26%	8
24	Karina Di Biase	W15	Centro Scuola Tfc	27.74	27.75	76.93%	9
25	Fiona Spencer	W14	Variety Vill	28.18	28.19	75.73%	8
26	Kim McCrory	W29	Unattached -	28.24	28.25	75.57%	7
27	Macy Mungal	W16	Mississauga Tra	28.38	28.39	75.19%	8
28	Jaden Mullings	W14	Hamilton Eli	28.42	28.43	75.09%	6
29	Katie Falla	W21	Unattached -	28.47	28.48	74.96%	8
30	Delhia Richards	W13	Ultimate Bod	28.68	28.69	74.41%	6
31	Janelle Chhun	W14	Unattached -	28.70	28.71	74.36%	7
32	Lorena Reyes	W34	Ultimate Bod	28.71	28.72	74.33%	6
33	Sabrina Valeri	W16	Centro Scuola Tfc	28.95	28.96	73.71%	5
34	Japinder Narula	M14	Mississauga Tra	29.11	29.12	66.37%	5
35	Debbie King	W42	Jamaica Masters	29.19	27.27	78.25%	5
36	Karla Del Grande	W64	Variety Vill	29.36	23.21	92.00%	4
37	Wayne Gagne	M63	Unattached -	29.70	24.75	78.08%	4
38	Florence Cavalli	W35	UTTC	29.74	28.86	73.97%	4
39	Carli McGrath	W13	Mississauga Tra	29.84	29.85	71.51%	3
40	Carmela Reyes	W34	Ultimate Bod	30.01	30.02	71.11%	2
41	Alessio Adragna	M15	Centro Scuola Tfc	30.53	30.54	63.28%	6
42	Debbie Zinman	W48	UTTC	31.30	28.12	75.91%	5
43	Mary Harmer	W53	UTTC	31.38	27.06	78.87%	3
44	Raquel Williams	W13	Mississauga Tra	31.91	31.92	66.88%	2
45	Monique Shah	W37	Ultimate Bod	32.98	32.00	66.71%	2
46	Dan Tries	M57	London Pacers	33.00	28.49	67.82%	1
47	Valerie Hargreaves	W51	Unattached -	33.61	28.98	73.64%	1
48	Sonia Santarossa	W46	UTTC	33.93	30.48	70.03%	1
--	Richard Lech	M69	Unattached -	DNF			3
--	Karl Mondonede	M15	Centro Scuola Tfc	DQ			7 163.3
--	Kareem Le Gendre	M19	Extreme Velo	DQ			16 163.3a
--	Madison Shakeshaft	W16	Monte Cristo	DQ			9 163.3a
--	Dennis McWhinney	M56	Unattached -	DQ			10 163.3a
--	Xavier Schiafone-Fleming	M17	Centro Scuola Tfc	DQ			14 163.3a

Mixed 400 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	
1	Brandon Comegna	M15	Hamilton Eli	55.71	55.72 77.51%	3
2	Richard Reid	M49	Jamaica Masters	56.96	51.58 83.73%	3
3	Kevin Farr	M47	University of Wi	59.73	54.08 79.84%	3
4	Alice Wang	W15	Variety Vill	60.50	60.51 78.68%	3
5	Matan Berson	M28	UTTC	60.77	60.78 71.05%	2
6	Fiona Spencer	W14	Variety Vill	61.93	61.94 76.86%	2
7	Aidan D'Souza	M18	Unattached -	61.97	61.98 69.68%	2

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8	Nathan Da Silva	M32	Unattached -	63.46	63.47	68.04%	2
9	Milton Ashmeade	M32	Jamaica Masters	64.78	64.79	66.66%	2
10	Wayne Gagne	M63	Unattached -	68.91	56.19	76.85%	1
11	Karla Del Grande	W64	Variety Vill	69.19	53.39	89.17%	1
12	Chris Yu	M44	Unattached -	77.10	72.12	59.87%	1
13	Tim Payne	M67	Newmarket HU	1:23.22	65.22	66.21%	1

Mixed 800 Meter Run

Name	Age	Team	Finals	Age-Grading	H#	
1	Thomas Bok	M37	Unattached -	2:17.44	2:16.30 74.19%	3
2	Simon Rayner	M53	UTTC	2:19.10	2:03.07 82.16%	3
3	Ben Nelson	M36	Unattached -	2:22.28	2:21.10 71.66%	3
4	Alice Wang	W15	Variety Vill	2:24.49	2:24.50 78.40%	3
5	Chris Costa	M38	Unattached -	2:27.06	2:25.84 69.33%	3
6	Louis Byrne	M46	Toronto Olym	2:27.57	2:15.81 74.45%	3
7	Armand D'Oliveira	M57	UTTC	2:32.04	2:09.09 78.33%	3
8	Pat McLean	M47	Newmarket HU	2:32.55	2:20.40 72.02%	2
9	Tanya Sakharov	W37	Boardwalk RC	2:38.34	2:37.57 71.90%	2
10	Scott Lockhart	M54	Unattached -	2:39.93	2:21.50 71.46%	2
11	Nicole Rogers	W35	Unattached -	2:46.44	2:45.63 68.40%	1
12	Laura Pathak	W28	UTTC	2:47.39	2:47.40 67.67%	2
13	Walter Fernando Matias	M54	Longboat Roa	2:50.88	2:31.18 66.88%	3
14	John Clarke	M66	Unattached -	2:52.90	2:14.45 75.21%	2
15	Makie Ohler	W55	UTTC	2:53.33	2:23.78 78.79%	2
16	Ted Paget	M66	Newmarket HU	2:54.74	2:15.88 74.41%	1
17	Gwyneth Bailey-Mason	W51	UTTC	2:57.71	2:34.77 73.19%	2
18	Chris Mackie	M77	Unattached -	3:01.56	2:05.72 80.43%	1
19	Tim Payne	M67	Newmarket HU	3:03.82	2:22.94 70.74%	1
20	Jonathan Colford	M40	Unattached -	3:08.45	3:00.16 56.12%	1
21	Clara Northcott	W63	UTTC	3:14.61	2:32.73 74.17%	1
22	Ben Kong	M42	Jamaica Masters	3:19.50	3:10.73 53.01%	1

Mixed 1 Mile Run

Name	Age	Team	Finals	Age-Grading	
1	Philip Oreopoulos	M45	UTTC	4:57.02	4:30.26 82.36%
2	Scott Lockhart	M54	Unattached -	5:47.56	5:04.02 73.22%
3	John Clarke	M66	Unattached -	5:57.38	4:34.87 80.99%
4	Tanya Sakharov	W37	Boardwalk RC	6:06.50	6:00.16 69.86%
5	Nicole Rogers	W35	Unattached -	6:10.51	6:04.11 69.10%
6	James Wallace	M55	UTTC	6:26.09	5:24.13 68.68%
7	Walter Fernando Matias	M54	Longboat Roa	6:27.41	5:38.87 65.69%
8	Ted Paget	M66	Newmarket HU	6:30.37	5:00.24 74.14%
9	Chris Mackie	M77	Unattached -	6:47.53	4:37.45 80.23%
10	Clara Northcott	W63	UTTC	7:01.13	5:09.37 81.33%
11	Ben Kong	M42	Jamaica Masters	8:35.72	8:07.41 45.67%
12	Jack Geddes	M80	Unattached	8:45.84	5:22.77 68.97%

Mixed 3000 Meter Run

Name	Age	Team	Finals	Age-Grading	
1	Pedro Lopez-Bravo	M47	Newmarket HU	10:01.69	9:19.82 78.60%

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2	Francois Girard	M32	Toronto Olym	10:25.48	10:25.49	70.35%
3	Robert Hanks	M55	Longboat Roa	10:56.10	9:24.78	77.91%
4	John Clarke	M66	Unattached -	11:26.06	9:01.86	81.20%
5	Makie Ohler	W55	UTTC	11:59.82	9:34.71	87.25%
6	Anthony Farr	M63	UTTC	12:13.95	10:06.25	72.58%
7	Vern Christensen	M77	UTTC	15:05.49	10:32.58	69.56%
8	Ben Kong	M42	Jamaica Masters	15:30.15	14:57.79	49.01%
9	Tom Wilson	M64	Longboat Roa	18:07.96	14:58.66	48.96%

Mixed 60 Meter Hurdles

Name	Age	Team	Finals	Age-Grading
1 Mark Skerl	M14	Monte Cristo	9.02	9.03 80.93%
2 Jared Watson	M16	Burlington Runners	9.26	9.27 78.83%
3 Madison Shakeshaft	W16	Monte Cristo	9.65	9.66 79.69%
4 Ward Hazen	M63	Unattached	10.36	8.62 84.75%
5 Kairy Loucks	W51	Unattached -	12.20	10.52 73.11%

Mixed 1600 Meter Steeplechase 30"

Name	Age	Team	Finals	Age-Grading
1 Vern Christensen	M77	UTTC	7:57.94	
2 Joy Kramarich	W57	UTTC	8:10.13	

Mixed High Jump

Name	Age	Team	Finals	Age-Grading
1 Thomas Bereza	M36	Monte Cristo	1.66m	1.70m 69.46%
2 Donald Ritchie	M56	Unattached -	1.61m	1.97m 80.50%

Mixed Pole Vault

Name	Age	Team	Finals	Age-Grading
1 Tyler Dennis	M16	Bolton Pole Vault	3.61m	3.61m 58.79%
2 Mark Schaber	M59	Unattached -	3.01m	3.96m 64.59%
2 Paige Hughes	W15	Bolton Pole Vault	3.01m	3.01m 58.45%
4 Justine Hodson	W15	Bolton Pole Vault	2.91m	2.91m 56.50%
5 Breanna Hayhoe	W16	Bolton Pole Vault	2.76m	2.76m 53.59%
5 Anais Beharry	W17	Bolton Pole Vault	2.76m	2.76m 53.59%
7 Elena Colussi-Pelaez	W17	Bolton Pole Vault	2.61m	2.61m 50.68%

Mixed Long Jump

Name	Age	Team	Finals	Age-Grading
1 Marcus Renford	M15	Centro Scuola Tfc	6.56m	6.56m 73.30%
2 Mark Skerl	M14	Monte Cristo	5.64m	5.64m 63.02%
3 Thomas Bereza	M36	Monte Cristo	5.43m	5.60m 62.56%
4 Carson James	M16	Centro Scuola Tfc	5.19m	5.19m 57.99%
5 Manik Singh	M20	Unattached	4.79m	4.79m 53.52%
6 Jaden Mullings	W14	Hamilton Eli	4.72m	4.72m 62.77%
7 Dwayne Daniel	M43	Unattached	4.54m	4.94m 55.30%

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...Mixed Long Jump

8	Darius Mullings	M12	Hamilton Eli	4.53m	4.53m	50.61%
9	Lorena Reyes	W34	Ultimate Bod	4.27m	4.27m	56.78%
10	Kairy Loucks	W51	Unattached -	4.20m	5.26m	70.00%
11	Kiana Burke	W12	Mississauga Tra	4.11m	4.11m	54.65%
12	Anisha Jandu	W16	Mississauga Tra	3.83m	3.83m	50.93%
13	Jaswant Grewal	M58	Unattached -	3.46m	4.53m	50.73%

Mixed Shot Put

Name	Age	Team	Finals	Age-Grading
1 Fernando Cornejo	M38	Throwers Club	12.67m	13.14m 56.84%
2 Jerzy Wyroba	M68	Unattached	10.70m	14.55m 62.98%
3 Bill Pearson	M65	Throwers Club	10.53m	14.32m 61.98%
4 Doreen Garner	W63	Throwers Club	10.10m	15.16m 67.02%
5 Tracey. (willow) McCarth	W50	Unattached	10.06m	12.68m 56.04%
6 Ward Hazen	M63	Unattached	9.68m	12.08m 52.27%
7 Thomas Bereza	M36	Monte Cristo	9.13m	9.46m 40.96%
8 David Morris	M79	Throwers Club	8.09m	11.32m 48.97%
9 Patrick Groulx	M76	UTTC	6.60m	9.23m 39.95%
10 Gary McColeman	M75	UTTC	6.14m	8.59m 37.17%

Mixed Weight Throw

Name	Age	Team	Finals	Age-Grading
1 Ayman Mazhar	M58	UTTC	15.80m	17.73m 68.58%
2 Bill Pearson	M65	Throwers Club	12.18m	13.58m 52.52%
3 Tracey. (willow) McCarth	W50	Unattached	11.03m	13.03m 55.26%
4 David Morris	M79	Throwers Club	9.82m	12.06m 46.65%
5 Patrick Groulx	M76	UTTC	7.48m	9.18m 35.53%
6 Lucille Green	W69	Throwers Club	7.26m	9.62m 40.79%

M35 1000 Meter Run Indoor Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Matthew McDowall	M36	Hamilton Oly	3:13.26	3:11.87 68.02%	553

M45 1000 Meter Run Indoor Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Matt Beechey	M47	Invictus Ath	3:46.96	3:27.58 62.87%	420

M60 1000 Meter Run Indoor Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Bruce Urch	M63	Throwers Club	4:05.68	3:15.76 66.66%	518
2 Ralph Cilevitz	M63	Jamaica Masters	5:24.05	4:18.21 50.54%	109

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Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M35 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Matthew McDowall	M36 Hamilton Oly	9.56	9.41 77.62% 658

M45 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
-- Matt Beechey	M47 Invictus Ath	DNF	

M60 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Bruce Urch	M63 Throwers Club	12.32	10.25 71.27% 495
2 Ralph Cilevitz	M63 Jamaica Masters	13.45	11.18 65.28% 340

M35 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Matthew McDowall	M36 Hamilton Oly	1.72m	1.76m 71.97% 593

M45 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Matt Beechey	M47 Invictus Ath	1.42m	1.56m 63.96% 434

M60 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Bruce Urch	M63 Throwers Club	1.21m	1.57m 64.36% 441
2 Ralph Cilevitz	M63 Jamaica Masters	1.18m	1.53m 62.77% 411

M35 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Matthew McDowall	M36 Hamilton Oly	5.69m	5.87m 65.55% 559

M45 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Matt Beechey	M47 Invictus Ath	4.38m	5.05m 56.52% 392

M60 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Ralph Cilevitz	M63 Jamaica Masters	3.98m	5.60m 62.58% 502
2 Bruce Urch	M63 Throwers Club	3.93m	5.53m 61.79% 487

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Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M35 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Matthew McDowall	M36 Hamilton Oly	11.89m	12.33m 53.34%	626 9

M45 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Matt Beechey	M47 Invictus Ath	8.65m	10.39m 44.98%	509

M60 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bruce Urch	M63 Throwers Club	9.14m	11.40m 49.35%	570
2 Ralph Cilevitz	M63 Jamaica Masters	7.39m	9.22m 39.90%	439

M35 Indoor Pentathlon

Name	Age Team	Finals
1 Matthew McDowall	M36 Hamilton Oly	2989

M45 Indoor Pentathlon

Name	Age Team	Finals
1 Matt Beechey	M47 Invictus Ath	1755

M60 Indoor Pentathlon

Name	Age Team	Finals
1 Bruce Urch	M63 Throwers Club	2511
2 Ralph Cilevitz	M63 Jamaica Masters	1801

Mixed 1500 Meter Race Walk

Name	Age Team	Finals	Age-Grading
1 Pau Ilerbaig-Bajona	M14 UTTC	8:06.29	8:06.30 63.54%
2 Amanda Schneider	W28 Unattached -	8:42.43	8:42.44 64.51%
3 Claustre Bajona-Xandri	W49 Ontario Race	9:05.38	8:24.48 66.80%
4 Anne De Thy	W64 Ontario Race	9:18.97	7:33.11 74.38%
5 Blanka Smetana	W43 Toronto Race	10:15.31	9:52.24 56.90%
6 Nicky Slovitt	W57 Ontario Race	10:17.60	8:44.97 64.20%
7 Ben Kong	M42 Jamaica Masters	12:03.22	11:24.03 45.17%
8 Jean Horne	W85 Ontario Race	12:17.09	6:58.16 80.59%