

Canadian Masters Indoor Championships
Toronto Track & Field Centre - 2018-03-10 to 2018-03-11
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M29&U 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Alex Helman	M24 Centro Scuola Tfc	6.06	6.07 91.42%	9	7

W30 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Latasha Caesar (old MR 7.35 Sheree Mullings ON 2015)	W34 The Gazelles	7.19	7.20 82.89%	3	7 MR
2 Stéphanie Lavigne	W30 Perfmax-Racing	7.30	7.31 81.64%	3	5

M30 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Isaiah Shikongo	M30 Mississauga Tra	6.44	6.45 86.02%	9	7
2 Sefako Phala	M30 Unattached Ontario	6.83	6.84 81.11%	9	5
3 Michal Bazylewicz	M31 Unattached Ontario	7.02	7.03 78.92%	9	4

W35 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Florence Cavalli	W35 UTTC	7.70	7.71 77.40%	3	7
2 Marie-Eve Boudreau	W37 Saint-Jean O	8.25	8.26 72.24%	3	5

M35 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Michael James	M37 Unattached Ontario	6.14	6.08 91.21%	9	7
2 Alex Gbaguidi	M36 UTTC	6.17	6.11 90.76%	9	5

M40 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chad Kichula	M41 Excel Athletika	6.69	6.37 87.00%	8	7
2 Dwayne Daniel	M43 Unattached Ontario	7.33	6.98 79.40%	8	5
3 Waleed Nassar	M43 UTTC	8.10	7.72 71.85%	8	4
4 Jonathan Colford	M40 Unattached Ontario	8.11	7.72 71.76%	8	3

W40 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Debbie King	W42 Jamcan	7.46	7.20 82.84%	3	7
2 Sonia Lévesque	W40 Saint-Lauren	7.61	7.34 81.21%	3	5

M45 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Nigel John (old MR 6.50 Chris Lemassif ON 2015)	M45 Jamcan	6.39	5.87 94.52%	7	7 MR

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2	Jerry Kangni	M49 Perfmax-Racing	6.65	6.10	90.83%	7	5
3	Lawrence Williams	M47 Ottawa Lions	6.67	6.12	90.55%	7	4
4	Alan Foubert	M47 Unattached Ontario	6.68	6.13	90.42%	7	3
5	Matt Beechey	M47 Invictus AC	6.93	6.36	87.16%	7	2
6	Stéphane Gagnon	M46 Indépendant	7.24	6.65	83.43%	7	1
7	Emre Onat	M45 Unattached Ontario	7.37	6.76	81.95%	7	

W45 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Tracy Viggers (old MR 7.78 Dala Bortolussi PQ 2016)	W46 Unattached Ontario	7.58	6.92 86.28%	2	7 MR
2 Debbie Zinman	W48 UTTC	7.66	6.99 85.38%	2	5
3 Dala Bortolussi	W49 Rive-Sud	7.96	7.26 82.16%	2	3.50
3 Sandi Arnason	W45 Riverdale Ath	7.96	7.26 82.16%	2	3.50
5 Claudia Wagner	W48 Indépendant	8.29	7.56 78.89%	2	2

W50 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Valerie Hargreaves (old MR 8.5 Theresa Rozario ON 2016)	W51 Unattached Ontario	8.25	7.14 83.52%	7 MR

M50 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Christopher Warburton (old MR 6.46 Chris in 2016)	M52 The Gazelles	6.41	5.68 97.66%	6	7 MR
2 Zaven Tavitian	M51 Perfmax-Racing	6.43	5.70 97.36%	6	5
3 Rick Reynolds	M51 Unattached Ontario	6.97	6.17 89.81%	6	4
4 Mooshie Zahirovich	M54 Indépendant	7.38	6.54 84.82%	6	3
5 John Wong	M51 Unattached Ontario	7.41	6.56 84.48%	6	2

M55 50 Meter Dash M55

Name	Age Team	Finals	Age-Grading	Points
1 Robert Nasato	M57 Jamcan	6.80	5.82 95.29%	7
2 Ken Kudo	M55 Jamcan	6.84	5.85 94.74%	5
3 Les Neufeld	M57 Unattached Ontario	7.00	5.99 92.57%	4
4 Mike Lee Foon	M57 Jamcan	7.05	6.03 91.91%	3
5 Joseph Baptiste	M57 Jamcan	7.11	6.08 91.14%	2
6 Mark Schaber	M59 Unattached Ontario	7.82	6.69 82.86%	1
7 Willie A Price	M55 Unattached	7.83	6.70 82.76%	
8 Paul Lee	M58 Unattached Ontario	8.17	6.99 79.31%	

W55 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Faith Lee	W58 Unattached Ontario	9.74	8.01 74.44%	7

M60 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Wayne Gagne	M63 Unattached Ontario	7.55	6.24 88.87%	5	7
2 Bryan Baldsing	M60 Jamcan	7.93	6.55 84.62%	5	5

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3	Ralph Cilevitz	M64 Jamcan	8.06	6.66	83.25%	5	4
--	Dale Lawrence	M60 Unattached SK	DNF			5	

W60 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Wendy Alexis	W62 Ottawa Lions	7.44	5.83102.28%	7
2 Karla Del Grande	W64 Variety Vill	7.55	5.92100.79%	5
3 Loretta Amerongen	W64 Voleo Athletics	9.58	7.51 79.44%	4

M65 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Oswin Spleit	M65 Hamilton Olmpic	8.24	6.59 84.10%	5	7

W65 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Patty Franke Wager	W67 Unattached Ontario	15.67	11.73 50.86%	7

M70 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Robert Morley (old MR 7.57 Mike Morris ON 2012)	M70 Unattached Ontario	7.52	5.83 95.08%	4	7 MR
2 Jean-Louis Perez	M73 Indépendant	8.42	6.53 84.92%	4	5

M75 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mike Morris (old Can 7.96 Mike in 2016, old MR 8.07 Mike in 2017))	M77 Unattached	7.93	5.93 93.44%	4	7 CAN MR
2 Helmut Brosz	M75 Unattached Ontario	9.37	7.01 79.08%	4	5
3 Patrick Groulx	M76 UTTC	9.71	7.26 76.31%	4	4

W75 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Carol LaFayette-Boyd (old CAN and MR 8.64 Christa Bortignon BC 2015)	W75 Excel Athletika	8.08	5.43 109.78%	7 CAN MR

M80 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Steffen Kampe	M81 Unattached Ontario	12.23	8.69 63.78%	4	7

M90 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Atter Singh Sekhon (old CAN 15.27 Howard West BC 2003, no previous MR)	M94 Unattached Ontario	13.47	7.69 72.09%	4	7 CAN MR

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M29&U 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Alex Helman	M24 Centro Scuola Tfc	7.01	7.02 91.16%	12	7
2 Manly Lau	M29 Unattached	7.66	7.67 83.42%	12	5

W29&U 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Thea Olivia Lepore	W21 Indépendant	9.09	9.10 76.13%	5	7

M30 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Isaiah Shikongo	M30 Mississauga Tra	7.54	7.55 84.75%	12	7
2 Christopher Wagner	M32 Unattached Ontario	7.62	7.63 83.86%	12	5
3 Milton Ashmeade	M32 Jamcan	8.43	8.44 75.80%	12	4

W30 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jillian Simmons (old MR 8.64 Julia Crew ON 2017)	W31 UTTC	8.33	8.34 83.07%	5	7 MR
2 Stéphanie Lavigne	W30 Perfmax-Racing	8.68	8.69 79.72%	5	5

M35 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Alex Gbaguidi	M36 UTTC	7.18	7.08 90.25%	11	7
2 Michael James	M37 Unattached Ontario	7.19	7.09 90.13%	11	5
3 David Nguyen	M37 Unattached Ontario	7.63	7.53 84.93%	11	4
-- Richard White	M37 United States	X8.31	8.20 77.98%	11	

W35 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Natacha Dupuis	W38 Ottawa Lions	8.55	8.46 81.87%	5	7
2 Florence Cavalli	W35 UTTC	9.00	8.91 77.78%	5	5
3 Kem McLean	W37 Jamcan	9.25	9.15 75.68%	5	4
4 Marie-Eve Boudreau	W37 Saint-Jean O	9.78	9.68 71.57%	5	3
-- Dedeh Erawati	W38 Indonesia	X7.99	7.91 87.61%	5	

M40 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chad Kichula	M41 Excel Athletika	7.69	7.36 86.87%	10	7
2 Dwayne Daniel	M43 Unattached Ontario	8.51	8.15 78.50%	10	5

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3 Eric Ball	M40 The Gazelles	8.56	8.20	78.04%	10	4
4 Waleed Nassar	M43 UTTC	9.62	9.21	69.44%	10	3
5 Ben Kong	M42 Jamcan	10.48	10.03	63.74%	10	2

W40 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Latoya Austin (old MR 8.4 Leslie Estwick ON 2003 =8.64)	W41 Flying Angel	8.51	8.12 85.31%	4	7 MR
2 Violeta Garfunkel	W44 UTTC	8.57	8.18 84.71%	4	5
3 Renée Lachance	W43 Indépendant	8.78	8.38 82.69%	4	4
4 Debbie King	W42 Jamcan	8.83	8.43 82.22%	4	3
5 Sonia Lévesque	W40 Saint-Lauren	8.96	8.55 81.03%	4	2

M45 60 Meter Dash M45

Name	Age Team	Finals	Age-Grading	Points
1 Nigel John (old MR 7.45 Bennie James USA 2003)	M45 Jamcan	7.39	6.86 93.23%	7 MR
2 Jerry Kangni	M49 Perfmax-Racing	7.73	7.18 89.13%	5
3 Alex-Bobbie Mason	M45 UTTC	8.05	7.47 85.59%	4
4 Matt Beechey	M47 Invictus AC	8.08	7.50 85.27%	3
5 Stéphane Gagnon	M46 Indépendant	8.54	7.93 80.68%	2
6 Emre Onat	M45 Unattached Ontario	8.61	7.99 80.02%	1
7 Saleem Baksh	M46 Unattached Ontario	8.63	8.01 79.84%	

W45 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Marsha Thompson	W46 Jamcan	9.00	8.27 83.67%	3	7
2 Louise Bonneau	W48 Lachine	9.16	8.42 82.21%	3	5
3 Tracy Viggers	W46 Unattached Ontario	9.17	8.43 82.12%	3	4
4 Sandi Arnason	W45 Riverdale Ath	9.60	8.82 78.44%	3	3

M50 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Christopher Warburton	M52 The Gazelles	7.62	6.85 93.31%	9	7
2 Rick Reynolds	M51 Unattached Ontario	8.23	7.40 86.39%	9	5
3 Viorel Magnea	M53 Unattached SK	8.57	7.71 82.96%	9	4

W50 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kelly Silcox	W51 Excel Athletika	8.6h	7.60 91.05%	2	7
2 Mary Harmer	W53 UTTC	9.1h	8.04 86.04%	2	5

M55 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Robert Nasato (old MR 7.79 Mike Lee Foon ON 2016)	M57 Jamcan	7.68	6.68 95.70%	8	7 MR
2 Ken Kudo	M55 Jamcan	7.72	6.72 95.21%	8	5
3 Mike Lee Foon	M57 Jamcan	7.84	6.82 93.75%	8	4

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4 Les Neufeld	M57 Unattached Ontario	7.85	6.83	93.63%	8	3
5 Joseph Baptiste	M57 Jamcan	8.01	6.97	91.76%	8	2
6 Mark Schaber	M59 Unattached Ontario	8.89	7.73	82.68%	8	1

W55 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Renata Macherzynska	W59 UTTC	9.3h	7.89 87.74%	2	7

M60 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bryan Baldsing	M60 Jamcan	9.0h	7.57 84.44%	7	7
2 Ralph Cilevitz	M64 Jamcan	9.1h	7.65 83.52%	7	5

W60 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Wendy Alexis	W62 Ottawa Lions	8.74	7.11 97.37%	7
2 Jo Welch	W61 Unattached NS	10.79	8.78 78.87%	5
3 Susanne Lauridsen	W60 Calgary Spartans	10.94	8.90 77.79%	4

M65 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bernard Lachance	M67 Saint-Jean O	9.3h	7.54 84.84%	7	7

W65 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Patty Franke Wager	W67 Unattached Ontario	29.08	22.62 30.61%	7

M70 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Robert Morley	M70 Unattached Ontario	9.01	7.01 91.23%	6	7
2 Jean-Louis Perez	M73 Indépendant	10.01	7.78 82.12%	6	5

M75 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Patrick Groulx	M76 UTTC	11.94	8.84 72.36%	6	7

W75 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Carol LaFayette-Boyd	W75 Excel Athletika	9.66	6.71103.21%	7	MR
(old MR 10.10 Christa Bortignon BC 2013)					

M90 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
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1 Atter Singh Sekhon **M94 Unattached Ontario** **15.62** **8.95 71.45%** **6** **7** **MR**
 (old MR 16.3 William Falconer BC 2011)

M29&U 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Matan Berson	M28 Unattached	26.42	26.43 73.13%	20	7
-- Desiree Allen	M22 Unattached Ontario	DQ		7	Rule

163.3

W29&U 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Thea Olivia Lepore	W21 Indépendant	31.78	31.79 67.15%	6	7

M30 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Milton Ashmeade	M32 Jamcan	27.41	27.42 70.49%	20	7
2 Michal Bazylewicz	M31 Unattached Ontario	28.48	28.49 67.84%	20	5

W30 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Aimee Dubeau	W30 Unattached	28.43	28.44 75.06%	7	7
(old MR 28.84 Sheree Mullings ON 2015)					
2 Latasha Caesar	W34 The Gazelles	28.71	28.72 74.33%	8	5
.7012					
3 Stéphanie Lavigne	W30 Perfmax-Racing	28.71	28.72 74.33%	8	4
.7021					
4 Lorena Reyes	W34 Ultimate Bod	28.82	28.83 74.05%	8	3
5 Carmela Reyes	W34 Ultimate Bod	29.33	29.34 72.76%	7	2

M35 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Alex Gbaguidi	M36 UTTC	24.04	23.65 81.70%	20	7

W35 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Natacha Dupuis	W38 Ottawa Lions	29.34	28.47 74.98%	6	7
2 Florence Cavalli	W35 UTTC	29.62	28.74 74.27%	6	5
3 Monique Shah	W37 Ultimate Bod	34.01	33.00 64.69%	6	4

M40 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chad Kichula	M41 Excel Athletika	24.97	23.82 81.14%	18	7
2 Howard Powell	M42 Jamcan	25.57	24.39 79.23%	19	5

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3	Sheldon Mirco	M41 Unattached Ontario	26.09	24.88	77.65%	19	4
4	Ian Sheppard	M44 Ultimate Bod	29.85	28.47	67.87%	19	3
5	Jonathan Colford	M40 Unattached Ontario	31.98	30.50	63.35%	18	2
6	Waleed Nassar	M43 UTTC	34.13	32.55	59.36%	18	1

W40 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Violeta Garfunkel (old MR 28.5 Violeta 2017)	W44 UTTC	28.23	26.38 80.91%	5	7 MR
2 Sonia Lévesque	W40 Saint-Lauren	29.18	27.26 78.27%	5	5
3 Debbie King	W42 Jamcan	29.70	27.75 76.90%	5	4
4 Stephanie Olafson	W41 Unattached Manitoba	33.00	30.83 69.21%	5	3

M45 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Nigel John	M45 Jamcan	24.05	22.22 86.99%	17	7
2 Lawrence Williams	M47 Ottawa Lions	24.91	23.01 83.98%	17	5
3 Richard Reid	M49 Jamcan	25.35	23.42 82.52%	17	4
4 Jerry Kangni	M49 Perfmax-Racing	26.26	24.26 79.66%	17	3
5 Alex-Bobbie Mason	M45 UTTC	26.77	24.73 78.15%	16	2
6 Matt Beechey	M47 Invictus AC	26.83	24.78 77.97%	15	1
7 Matthew Dechellis	M49 Unattached Ontario	27.56	25.46 75.91%	15	
8 Sean Kapitan	M47 Unattached Ontario	27.96	25.83 74.82%	16	
9 Stéphane Gagnon	M46 Indépendant	28.20	26.05 74.18%	15	
10 Emre Onat	M45 Unattached Ontario	28.23	26.08 74.11%	15	
11 Shawn Folkes	M49 Jamcan	29.22	26.99 71.59%	16	
12 Brian Lovshin	M48 Toronto Olym	35.31	32.61 59.25%	15	

W45 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Louise Bonneau	W48 Lachine	30.32	27.24 78.36%	4	7
2 Tracy Viggers	W46 Unattached Ontario	31.66	28.44 75.05%	4	5
3 Dala Bortolussi	W49 Rive-Sud	32.25	28.97 73.67%	3	4
4 Claudia Wagner	W48 Indépendant	32.65	29.33 72.77%	4	3
5 Eve La Rivière	W45 Saint-Jean O	33.14	29.77 71.70%	3	2
6 Sonia Santarossa	W46 UTTC	33.78	30.35 70.34%	3	1

M50 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Christopher Warburton	M52 The Gazelles	24.64	22.02 87.78%	14	7
2 Serge Faucher	M53 Ottawa Lions	25.49	22.78 84.86%	14	5
3 Mooshie Zahirovich	M54 Indépendant	29.21	26.10 74.05%	13	4
-- Viorel Magnea	M53 Unattached SK	DQ		13	Rule

163.3

W50 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kelly Silcox (old MR 29.88 Evelyn Burnett AB 2011)	W51 Excel Athletika	28.94	24.96 85.52%	2	7 MR
2 Mary Harmer	W53 UTTC	31.52	27.18 78.52%	2	5
3 Valerie Hargreaves	W51 Unattached Ontario	33.37	28.78 74.17%	2	4

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M55 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ken Kudo	M55 Jamcan	25.96	22.42 86.21%	12	7
2 Joseph Baptiste	M57 Jamcan	28.12	24.28 79.59%	12	5
4 Willie A Price	M55 Unattached	32.63	28.17 68.59%	12	3
3 Steve Gorman	M57 United States	X29.15	25.17 76.78%	12	4

M60 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Wayne Gagne	M63 Unattached Ontario	29.11	24.26 79.66%	11	7
3 Ralph Cilevitz	M64 Jamcan	38.38	31.98 60.42%	11	4
2 Robert Castleman	M60 United States	X30.96	25.80 74.90%	11	5

W60 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	Points
1 Karla Del Grande	W64 Variety Vill	29.08	22.98 92.88%	7
2 Wendy Alexis	W62 Ottawa Lions	29.12	23.02 92.75%	5
3 Jo Welch	W61 Unattached NS	36.53	28.87 73.94%	4

M65 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Tom Stoyan	M67 Unattached	41.61	33.32 57.99%	11	7

M70 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jean-Louis Perez	M73 Indépendant	34.17	26.12 73.98%	10	7
2 Michel Gingras	M73 Saint-Jean O	37.70	28.82 67.06%	10	5

M75 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mike Morris	M77 Unattached	33.43	24.12 80.11%	10	7 MR
(old MR tie 34.02 Ted Rowan 2011 and Mike 2017)					
2 Vern Christensen	M77 UTTC	44.12	31.84 60.70%	10	5
3 Frank Esson	M78 Unattached Ontario	44.97	32.45 59.55%	10	4

W75 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Carol LaFayette-Boyd	W75 Excel Athletika	33.54	21.96 97.23%	7	MR
(old MR 35.21 Christa Bortignon BC 2013)					

M80 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 James Pascoe	M80 Unattached Ontario	41.18	27.58 70.06%	20	7

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2 Steffen Kampe M81 Unattached Ontario 54.92 36.78 52.53% 9 5

M90 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Atter Singh Sekhon (no previous MR)	M94 Unattached Ontario	68.78	35.98 53.69%	9	7 MR

M29&U 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Malcolm King	M22 Jamcan	57.23	57.24 75.45%	12	7

W29&U 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Thea Olivia Lepore	W21 Indépendant	71.25	71.26 66.81%	2	7

M30 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Greg Hetherington	M34 Unattached	55.88	55.89 77.27%	12	7
2 Milton Ashmeade	M32 Jamcan	69.02	69.03 62.56%	12	5

W35 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Natacha Dupuis (old MR 67.57 Sonia Lévesque PQ 2016)	W38 Ottawa Lions	67.05	65.71 72.45%	2	7 MR

M40 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bill Wells	M43 UTTC	58.82	55.03 78.48%	12	7

W40 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Sonia Lévesque (old MR 69.03 Khama Beckles ON 2016)	W40 Saint-Lauren	67.18	63.09 75.45%	3	7 MR
2 Michelle Clarke	W43 Longboat Roa	67.45	63.35 75.15%	3	5
3 Hazel Harding	W44 Ottawa Lions	70.72	66.42 71.68%	3	4
4 Jamie Boisclair	W40 The Gazelles	71.02	66.70 71.37%	3	3
5 Stephanie Olafson	W41 Unattached Manitoba	73.24	68.78 69.21%	3	2

M45 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
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1	Lawrence Williams	M47	Ottawa Lions	55.10	49.89	86.55%	11	7
2	Richard Reid	M49	Jamcan	55.56	50.31	85.84%	11	5
3	Mirco Graenert	M49	Newmarket HU	56.96	51.58	83.73%	11	4
4	Colin James	M47	Unattached	59.99	54.32	79.50%	11	3
5	Matthew Dechellis	M49	Unattached Ontario	63.67	57.65	74.90%	10	2
6	Stéphane Gagnon	M46	Indépendant	65.91	59.68	72.36%	10	1
7	Emre Onat	M45	Unattached Ontario	66.12	59.87	72.13%	10	

W45 400 Meter Dash Sun 1:00pm

Name	Age	Team	Finals	Age-Grading	Points
1 Louise Bonneau	W48	Lachine	70.31	63.16 75.37%	7
2 Claudia Wagner	W48	Indépendant	73.91	66.40 71.70%	5
3 Eve La Rivière	W45	Saint-Jean O	75.62	67.93 70.07%	4
4 Julie Grenier	W46	Saint-Jean O	1:30.01	1:20.86 58.87%	3

M50 400 Meter Dash Sun 1:00pm

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Serge Faucher	M53	Ottawa Lions	56.38	49.36 87.50%	9	7
2 Michael Sherar	M54	UTTC	56.50	49.47 87.31%	9	5
3 Marcus Skeete	M50	UTTC	57.55	50.38 85.72%	9	4
4 Claude Faucher	M50	Unattached Ontario	58.83	51.50 83.85%	9	3
5 Ziad El-Hajj	M52	Enduromax	65.10	56.99 75.78%	9	2

W50 400 Meter Dash Sun 1:00pm

Name	Age	Team	Finals	Age-Grading	Points
-- Brenda Hudey	W50	Excel Athletika	DQ		Rule 163.3

M55 400 Meter Dash Sun 1:00pm

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Ken Kudo	M55	Jamcan	61.15	51.70 83.53%	8	7
2 Joseph Baptiste	M57	Jamcan	64.27	54.34 79.48%	8	5
3 Andrew Forbes	M55	Unattached Ontario	66.50	56.22 76.81%	7	4
4 Trevor Burns	M55	UTTC	68.02	57.51 75.10%	7	3
-- Steve Gorman	M57	United States	X66.21	55.98 77.15%	8	

M60 400 Meter Dash Sun 1:00pm

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Steven Millward	M62	Niagara Olym	65.92	53.76 80.34%	6	7
2 Brent Scott	M61	Unattached BC	66.52	54.25 79.62%	6	5
3 Wayne Gagne	M63	Unattached Ontario	67.30	54.88 78.69%	6	4

W60 400 Meter Dash Sun 1:00pm

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Karla Del Grande	W64	Variety Vill	66.93	51.64 92.19%	2	7 CAN MR

(old CAN 67.1 Karla in 2014, old MR 69.2 Karla in 2017)

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M65 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Tim Payne	M67 Newmarket HU	1:22.96	65.01 66.42%	5	7
-- Tom Stoyan	M67 Unattached	DQ		5	Rule 163.3

M70 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jean-Louis Perez	M73 Indépendant	79.75	59.50 72.58%	5	7

M75 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chris Mackie	M77 Unattached Ontario	1:22.76	57.80 74.71%	4	7
2 Vern Christensen	M77 UTTC	1:37.85	68.34 63.19%	4	5
-- Frank Esson	M78 Unattached Ontario	DQ		4	Rule 163.3

M80 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 James Pascoe	M80 Unattached Ontario	1:39.00	63.00 68.55%	4	7

M29&U 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Desiree Allen	M22 Unattached Ontario	2:45.97	2:45.98 60.92%	2	7

M35 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ian Aseltine	M37 Unattached Ontario	2:07.27	2:06.22 80.11%	6	7
2 Thomas Bok	M37 Unattached Ontario	2:20.10	2:18.94 72.78%	6	5
3 Tedd Konya	M37 UTTC	2:21.30	2:20.13 72.16%	6	4

W35 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Nicole Rogers	W35 Unattached Ontario	2:42.78	2:41.99 69.93%	2	7

W40 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mary Unsworth	W40 Muskoka Algo	2:17.09	2:10.75 86.64%	2	7 MR
(old MR 2:33.13 Michelle Clarke ON 2017)					
2 Michelle Clarke	W43 Longboat Roa	2:27.10	2:20.29 80.75%	2	5
3 Jamie Boisclair	W40 The Gazelles	2:46.16	2:38.47 71.49%	2	4
4 Hazel Harding	W44 Ottawa Lions	2:48.65	2:40.85 70.43%	2	3
5 Stephanie Olafson	W41 Unattached Manitoba	2:51.47	2:43.54 69.27%	2	2
6 Lisa Bradley	W40 Unattached Ontario	3:05.80	2:57.20 63.93%	2	1

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M40 800 Meter Run Sat Noon

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Sheldon Mirco	M41	Unattached Ontario	2:07.33	2:01.73 83.06%	6	7
2 Bill Wells	M43	UTTC	2:08.95	2:03.28 82.02%	6	5
3 Ben Kong	M42	Jamcan	3:15.84	3:07.23 54.00%	6	4

M45 800 Meter Run Sat Noon

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Mirco Graenert	M49	Newmarket HU	2:11.94	2:01.43 83.27%	6	7
2 Pat McLean	M47	Newmarket HU	2:28.74	2:16.89 73.87%	6	5
3 Niegel Geohagen	M49	Jamcan	2:48.26	2:34.85 65.30%	6	4
4 Brian Lovshin	M48	Toronto Olym	3:04.51	2:49.81 59.55%	6	3

W45 800 Meter Run Sat Noon

Name	Age	Team	Finals	Age-Grading	Points
1 Claudia Wagner	W48	Indépendant	2:40.99	2:26.88 77.13%	7
2 Jodi Rice	W48	Unattached Ontario	2:44.80	2:30.35 75.35%	5
3 Julie Grenier	W46	Saint-Jean O	3:31.68	3:13.12 58.66%	4

M50 800 Meter Run Sat Noon

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Paul Osland	M54	UTTC	2:10.13	1:55.13 87.83%	5	7
2 Jim Dyck	M52	MB Performance	2:10.20	1:55.19 87.78%	5	5
3 Simon Rayner	M54	UTTC	2:13.48	1:58.09 85.62%	5	4
4 Claude Faucher	M50	Unattached Ontario	2:13.90	1:58.47 85.35%	5	3
5 Robert Muir	M50	Ottawa Lions	2:19.62	2:03.53 81.86%	5	2
6 Walter Fernando Matias	M54	Longboat Roa	2:54.12	2:34.05 65.64%	5	1

W50 800 Meter Run Sat Noon

Name	Age	Team	Finals	Age-Grading	Points
1 Nancy Catton	W50	Physi-Kult Kingston	2:32.91	2:13.17 85.06%	7
2 Brenda Hudey	W50	Excel Athletika	3:00.48	2:37.19 72.07%	5

M55 800 Meter Run Sat Noon

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Mark Pinckard (old MR 2:16.94 Mark in 2017)	M57	Ocean Athletics	2:16.53	1:55.92 87.23%	4	7 MR
2 Armand D'Oliveira	M57	UTTC	2:20.67	1:59.43 84.66%	4	5
5 Trevor Burns	M55	UTTC	2:39.04	2:15.03 74.88%	4	2
3 Curtis Brereton	M57	Trinidad and Tobago	X2:25.02	2:03.13 82.12%	4	4
4 Steve Gorman	M57	United States	X2:38.61	2:14.66 75.08%	4	3

W55 800 Meter Run Sat Noon

Name	Age	Team	Finals	Age-Grading	Points
-- Joy Kramarich	W57	UTTC	DNF		

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W60 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	Points
1 Clara Northcott	W63 UTTC	3:10.08	2:29.18 75.94%	7

M60 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Brent Scott	M61 Unattached BC	2:28.42	2:00.72 83.76%	4	7
2 Anthony Farr	M63 UTTC	2:47.16	2:15.96 74.37%	4	5
3 Patrick Walsh	M62 Unattached Ontario	2:58.07	2:24.83 69.82%	4	4

M65 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ted Paget	M66 Newmarket HU	2:55.61	2:16.56 74.04%	3	7
2 Tim Payne	M67 Newmarket HU	3:00.68	2:20.50 71.97%	3	5
3 Ian Perowne	M66 Les Godasses	3:04.29	2:23.31 70.56%	3	4

M70 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jean-Louis Perez	M73 Indépendant	2:58.41	2:12.39 76.38%	3	7

M75 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chris Mackie	M77 Unattached Ontario	2:57.46	2:02.88 82.29%	3	7
2 Vern Christensen	M77 UTTC	3:32.80	2:27.35 68.62%	3	5
3 Frank Esson	M78 Unattached Ontario	3:56.67	2:43.88 61.70%	3	4

M80 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Steffen Kampe	M81 Unattached Ontario	5:08.79	3:13.96 52.13%	3	7

W29&U 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Jessica Shaw	W28 Newmarket HU	5:12.98	5:12.99 74.28%	7

M35 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ian Aseltine (old MR 4:48.68 Jimmy Semes ON 2012)	M37 Unattached Ontario	4:29.83	4:27.49 77.02%	5	7 MR
2 Thomas Bok	M37 Unattached Ontario	5:01.17	4:58.55 69.00%	5	5
3 Tedd Konya	M37 UTTC	5:11.98	5:09.27 66.61%	5	4

W35 1500 Meter Run Sun 10:00am

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Name	Age Team	Finals	Age-Grading	Points
1 Nicole Rogers	W35 Unattached Ontario	5:30.58	5:26.35 71.23%	7

M40 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jay Brecher	M44 UTTC	4:26.57	4:13.75 81.18%	5	7
2 Kevin Beatty	M42 Unattached Ontario	4:39.00	4:25.59 77.57%	5	5
3 Ben Kong	M42 Jamcan	6:54.22	6:34.30 52.25%	5	4

W40 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mary Unsworth	W40 Muskoka Algo	4:36.75	4:21.73 88.82%	1	7 MR
(old MR 5:04.94 BobbiJo Waite Lang AB 2013)					
2 Michelle Clarke	W43 Longboat Roa	4:57.34	4:41.20 82.67%	1	5
3 Jamie Boisclair	W40 The Gazelles	6:02.26	5:42.59 67.86%	5	4

M45 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Philip Oreopoulos	M45 UTTC	4:31.96	4:08.17 83.01%	5	7
2 Tony Marra	M49 Muskoka Algo	5:23.58	4:55.27 69.77%	5	5
3 Niegel Geohagen	M49 Jamcan	5:55.30	5:24.22 63.54%	5	4

W45 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Leanne Shafir	W48 MB Performance	5:10.75	4:40.99 82.74%	7
2 Amy Ballon	W46 UTTC	5:21.02	4:50.27 80.09%	5

M50 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Paul Osland	M54 UTTC	4:30.92	3:56.55 87.09%	4	7
2 Simon Rayner	M54 UTTC	4:36.60	4:01.50 85.30%	4	5
3 Claude Faucher	M50 Unattached Ontario	4:48.05	4:11.50 81.91%	4	4
4 Robert Muir	M50 Ottawa Lions	4:51.13	4:14.19 81.04%	4	3
5 Gary G Cassel	M50 Cambridge Harriers	5:01.06	4:22.86 78.37%	4	2
6 Ziad El-Hajj	M52 Enduromax	5:07.45	4:28.44 76.74%	4	1
7 Jianping Xu	M52 Unattached Ontario	5:07.46	4:28.45 76.74%	4	

W50 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Nancy Catton	W50 Physi-Kult Kingston	5:14.37	4:31.21 85.72%	7

M55 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mark Pinckard	M57 Ocean Athletics	4:54.06	4:05.16 84.03%	3	7
2 Daniel Fiorini	M55 Newmarket HU	4:54.46	4:05.50 83.91%	3	5

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3 James Wallace	M55 UTTC	5:43.89	4:46.71	71.85%	3	4
4 Trevor Kobe	M56 Longboat Roa	5:52.58	4:53.95	70.08%	3	3
5 Vincent Sabourin	M58 Indépendant	6:27.21	5:22.82	63.81%	3	2
-- Curtis Brereton	M57 Trinidad and Tobago	X5:09.89	4:18.36	79.73%	3	

W55 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Makie Ohler	W55 UTTC (USA)	5:36.98	4:36.73 84.01%	7 MR
(old MR 5:39.46 Maureen De St Croix BC 2011)				

M60 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Brent Scott	M61 Unattached BC	5:10.57	4:06.57 83.55%	3	7
2 Patrick Walsh	M62 Unattached Ontario	6:16.55	4:58.95 68.91%	3	5

W60 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Thérèse Hérard	W60 Lanaudière-O	5:55.42	4:35.78 84.30%	2	7 MR
(old MR 6:15.61 Lynn Kobayashi ON 2016)					
2 Clara Northcott	W63 UTTC	6:23.89	4:57.87 78.05%	2	5
3 Janet Foran-Goneau	W62 Unattached Ontario	7:00.32	5:26.13 71.28%	2	4

M65 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 John Clarke	M66 Unattached Ontario	5:34.98	4:12.21 81.68%	3	7
2 Ian Perowne	M66 Les Godasses	6:03.25	4:33.50 75.32%	3	5
3 Ted Paget	M66 Newmarket HU	6:07.45	4:36.66 74.46%	3	4
4 Tim Payne	M67 Newmarket HU	6:16.59	4:43.54 72.65%	3	3

M70 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jean-Louis Perez	M73 Indépendant	6:08.87	4:21.13 78.89%	2	7
2 Michel Gingras	M73 Saint-Jean O	6:54.64	4:53.53 70.18%	2	5
3 Bob Kirkby	M72 Unattached Alberta	7:17.13	5:09.45 66.57%	2	4

M75 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chris Mackie	M77 Unattached Ontario	6:02.04	3:57.36 86.79%	2	7
2 Vern Christensen	M77 UTTC	7:06.98	4:39.93 73.59%	2	5
3 Robert Moore	M77 Toronto Olym	7:31.77	4:56.19 69.55%	2	4

M80 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jack Geddes	M80 Unattached	7:52.71	4:39.85 73.61%	2	7

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M40 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Michael Gill (old MR 9:07.30 Predrag Mladenovic ON 2015)	M40 Lions Valley	9:05.00	8:46.04 83.64%	2	7 MR
2 Jay Brecher	M44 UTTC	9:27.52	9:07.78 80.32%	2	5
3 Kevin Beatty	M42 Unattached Ontario	9:50.83	9:30.27 77.16%	2	4
4 Ben Kong	M42 Jamcan	15:40.59	15:07.86 48.47%	2	3

W45 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Amy Ballon	W46 UTTC	11:17.66	10:14.71 81.57%	7

M45 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Predrag Mladenovic (old MR 9:32.73 Geoff Peat ON 20120)	M45 Unattached Ontario	9:15.50	8:36.84 85.13%	2	7 MR
2 Philip Oreopoulos	M45 UTTC	9:58.93	9:17.25 78.96%	2	5
3 Pedro Lopez-Bravo	M47 Newmarket HU	10:04.65	9:22.57 78.21%	2	4
4 Steve Boston	M47 Newmarket HU	10:47.44	10:02.38 73.04%	2	3
5 David Levy	M45 Unattached Ontario	10:49.21	10:04.03 72.84%	2	2
6 Tony Marra	M49 Muskoka Algo	11:24.63	10:36.98 69.08%	2	1

M50 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Simon Rayner	M54 UTTC	10:16.61	9:12.24 79.68%	2	7
2 Robert Muir	M50 Ottawa Lions	10:34.03	9:27.84 77.49%	2	5
3 Gary G Cassel	M50 Cambridge Harriers	11:06.64	9:57.05 73.70%	2	4
4 Jianping Xu	M52 Unattached Ontario	11:14.61	10:04.19 72.83%	2	3

M55 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Steven Blostein	M56 Physi-Kult Kingston	10:19.16	8:52.98 82.56%	2	7
2 Daniel Fiorini	M55 Newmarket HU	10:40.24	9:11.12 79.84%	2	5
3 Trevor Kobe	M56 Longboat Roa	11:38.95	10:01.66 73.13%	2	4
-- Yvan B�chard	M55 Ind�pendant	DNF		2	

W55 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Makie Ohler (old MR 12:30.42 Lynn Kobayashi ON 2013)	W55 UTTC	11:39.04	9:18.12 89.84%	7 MR
2 Katherine Willis	W59 UTTC	15:42.65	12:32.62 66.62%	5

M60 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Anthony Farr	M63 UTTC	12:22.60	10:13.39 71.73%	7

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W60 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Clara Northcott	W63 UTTC	13:44.30	10:13.28 81.76%	7
2 Cathy Tedford	W64 Unattached Ontario	20:41.10	15:23.38 54.30%	5
-- Thérèse Hérard	W60 Lanaudière-O	DNF		

M65 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 John Clarke	M66 Unattached Ontario	11:27.39	9:02.91 81.05%	7

M70 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Bob Kirkby	M72 Unattached Alberta	15:27.85	11:34.69 63.34%	7

M75 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Chris Mackie	M77 Unattached Ontario	13:21.44	9:19.89 78.59%	7
2 Vern Christensen	M77 UTTC	15:09.03	10:35.05 69.29%	5
3 Robert Moore	M77 Toronto Olym	15:45.59	11:00.59 66.61%	4

M80 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Steffen Kampe	M81 Unattached Ontario	20:21.18	12:55.09 56.77%	7

W35 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Marie-Eve Boudreau	W37 Saint-Jean O	9.98	9.99 65.93%	7

W40 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Sonia Lévesque	W40 Saint-Lauren	9.81	8.99 73.29%	7

W45 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Nicole Luke	W45 Jamcan	8.90	7.70 85.51%	2	7 CAN MR
(old CAN and MR 9.70 Judith Metivier PQ 2017)					

W50 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Kairy Loucks	W51 Unattached Ontario	8.88	7.44 88.51%	7 CAN MR
(old CAN 9.00 Muriel Gieni SK 2012, old MR 10.07 Debbie Hele ON 2012)				

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M55 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Glenn Chipkar	M58 Unattached Ontario	8.33	7.05 88.72%	2	7

W55 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Muriel Giени (old CAN and MR 8.84 Muriel in 2017)	W59 Riverdale Ath	8.83	6.98 94.34%	7 CAN MR

W60 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Jo Welch	W61 Unattached NS	11.29	8.66 76.00%	7
2 Susanne Lauridsen	W60 Calgary Spartans	11.71	8.98 73.27%	5

M65 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Steve Bogatek	M68 Unattached Ontario	10.30	7.84 79.81%	2	7
2 Bernard Lachance	M67 Saint-Jean O	11.81	8.99 69.60%	2	5
-- David Black	M65 United States	X9.96	7.58 82.53%	2	

M70 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M73 Saskatoon CE	12.19	9.00 69.48%	7

W35 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	Points
2 Marie-Eve Boudreau	W37 Saint-Jean O	11.21	10.82 71.10%	5
1 Dedeh Erawati (old MR 11.28 Sonia Lévesque PQ 2017)	W38 Indonesia	X8.43	8.13 94.54%	7 MR

W40 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	Points
1 Sonia Lévesque	W40 Saint-Lauren	10.60	9.61 80.09%	7

W45 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	Points
1 Nicole Luke (old MR 10.71 Irene Thompson USA 2003)	W45 Jamcan	10.30	9.24 83.30%	7 MR

M45 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
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1 Shawn Folkes M49 Jamcan 11.71 10.65 68.57% 2 7

M50 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Yannick Le Mouël	M50 Saint-Jean O	8.84	7.89 92.53%	2	7 MR
(old MR 9.8 Paul Zelmanski USA 20120)					

W50 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	Points
1 Kairy Loucks	W51 Unattached Ontario	10.95	9.44 81.46%	7

M55 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Glenn Chipkar	M58 Unattached Ontario	10.40	8.90 82.12%	2	7

W55 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	Points
1 Muriel Giени	W59 Riverdale Ath	10.23	8.47 90.81%	7 CAN MR
(old CAN 10.40 Muriel in 2016, old MR 10.42 Muriel in 2017)				

M60 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ward Hazen	M63 Unattached Ontario	9.78	8.13 89.78%	2	7
2 Dale Lawrence	M60 Unattached SK	11.83	9.84 74.22%	2	5
3 Ralph Cilevitz	M64 Jamcan	12.99	10.80 67.59%	2	4

W60 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	Points
1 Jo Welch	W61 Unattached NS	14.79	11.72 65.65%	7

M65 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bernard Lachance	M67 Saint-Jean O	14.70	11.68 62.52%	2	7
-- Steve Bogatek	M68 Unattached Ontario	DNF		2	

M30 4x200 Meter Relay Sun 2:50pm

Team	Finals	H#	Points
1 JamCan 'A'	2:04.28	2	7
1) Jack Pontes 46	2) Ira Irving 50		
3) Ralph Cilevitz 64	4) Milton Ashmeade 32		

W35 4x200 Meter Relay Sun 2:50pm

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Team	Finals	Points			
1 JamCan 'A'	2:00.9h	7	HT	CAN	MR
1) Nicole Luke 45	2) Debbie King 42				
3) Marsha Thompson 46	4) Kem McLean 37				
(old CAN 2:07.90 Catton, Ballon, Cochrane, Primorac 2015, old MR 2:07.41 JamCan Shah, Caidenhead, King, Luke)					

M45 4x200 Meter Relay Sun 2:50pm

Team	Finals	H#	Points		
1 JamCan 'A'	1:48.72	2	7	MR	
1) Nigel John 45	2) Shawn Folkes 49				
3) Niegel Geohagen 49	4) Richard Reid 49				
(old MR 2:07.41 St Jean Olympic PQ 2017)					

W45 4x200 Meter Relay Sun 2:50pm

Team	Finals	Points			
1 Saskatchewan 'A'	2:05.1h	7	HT		
1) Sandi Arnason 45	2) Brenda Hudey 50				
3) Muriel Gieni 59	4) Kelly Silcox 51				

M55 4x200 Meter Relay Sun 2:50pm

Team	Finals	H#	Points		
1 JamCan 'A'	1:55.72	2	7	CAN	MR
1) Joseph Baptiste 57	2) Bryan Baldsing 60				
3) Mike Lee Foon 57	4) Robert Nasato 57				
(old CAN 1:58.27 Woods, Liu, Gartner, Pinckard BC 2016, Old MR 1:58.51 JamCan Beyea, Varone, Bass, Nasato 2017))					

M75 4x200 Meter Relay Sun 2:50pm

Team	Finals	H#	Points		
1 Ottawa Masters Athletics 'A'	2:51.49	2	7		
1) James Pascoe 80	2) Frank Esson 78				
3) Vern Christensen 77	4) Chris Mackie 77				

M30 4x400 Meter Relay Sat 2:30pm

Team	Finals	Points			
1 Jamcan International Athletics 'A'	5:01.48	7			
1) Jack Pontes 46	2) Ira Irving 50				
3) Milton Ashmeade 32	4) Howard Powell 42				

M45 4x400 Meter Relay Sat 2:30pm

Team	Finals	Points			
1 Jamcan International Athletics 'A'	4:08.92	7	MR		
1) Nigel John 45	2) Shawn Folkes 49				
3) Niegel Geohagen 49	4) Richard Reid 49				

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(no previous MR)

M50 4x400 Meter Relay Sat 2:30pm

Team	Finals	Points		
1 Unattached Ontario 'A'	3:50.24	7	CAN	MR
1) Serge Faucher 53	2) Jim Dyck 52			
3) Claude Faucher 50	4) Paul Osland 54			
(old CAN 4:02.13 The Guss Brothers AB 2015)				

M55 4x400 Meter Relay Sat 2:30pm

Team	Finals	Points		
1 Jamcan International Athletics 'A'	5:29.29	7	MR	
1) Joseph Baptiste 57	2) Ralph Cilevitz 64			
3) Bryan Baldsing 60	4) Mike Lee Foon 57			
(no previous MR)				

M40 4x800 Meter Relay Sun 3:10pm

Team	Finals	Points		
1 JamCan 'A'	11:52.52	7		
1) Nigel John 45	2) Richard Reid 49			
3) Ben Kong 42	4) Niegel Geohagen 49			

M35 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading Points
-- Richard White	M37 United States	X1.85m	1.89m 77.41%

M40 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading Points
1 Zoltan Sara	M42 Unattached Ontario	1.80m	1.88m 76.92% 7 MRtie
(MR 1.80 Walt Reynolds USA 2003)			

M45 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading Points
1 Shawn Folkes	M49 Jamcan	1.55m	1.70m 69.82% 7
2 Matt Beechey	M47 Invictus AC	1.45m	1.59m 65.32% 5
3 Jack Pontes	M46 Jamcan	1.35m	1.48m 60.81% 4

W45 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading Points
1 Marsha Thompson	W46 Jamcan	1.25m	1.45m 69.44% 4.20
1 Sandi Arnason	W45 Riverdale Ath	1.25m	1.45m 69.44% 4.20

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M50 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Marcus Skeete	M50 UTTC	1.55m	1.80m 73.46%	7
-- Guylo Stockard	M52 United States	X1.45m	1.68m 68.72%	

W50 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Annamaria (gaby)) Szanto	W52 Unattached Ontario	1.30m	1.59m 76.02%	7

M55 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Donald Ritchie	M56 Unattached Ontario	1.60m	1.96m 80.00%	7
2 Mark Schaber	M59 Unattached Ontario	1.30m	1.59m 65.00%	5
3 James Wallace	M55 UTTC	1.20m	1.47m 60.00%	4

W60 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Susanne Lauridsen	W60 Calgary Spartans	1.19m	1.63m 78.29%	7

M60 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Thevarajan Sinnathurai	M64 United T.S.C.	1.25m	1.62m 66.49%	7
2 Ralph Cilevitz	M64 Jamcan	1.10m	1.43m 58.51%	5
-- Mark Williamson	M60 United States	X1.66m	2.16m 88.30%	MR
(old MR 1.50 John Hawkins BC 2011)				

M65 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
-- David Black	M65 United States	X1.35m	1.87m 76.27%	

W65 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Louise Nesterenko	W67 Calgary Spartans	0.98m	1.44m 69.01%	7
-- Patty Franke Wager	W67 Unattached Ontario	NH		

M70 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M73 Saskatoon CE	1.19m	1.76m 72.12%	7

W75 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Carol LaFayette-Boyd	W75 Excel Athletika	1.19m	2.03m 97.54%	7 CAN MR

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(old CAN 1.18 Carol in February, old MR 1.03 Judy Hammond NZL 2015)

M30 Pole Vault Sat 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Josh Dorion (no previous MR)	M33 Georgian Jumps	3.90m	3.90m 63.52%	7 MR

W50 Pole Vault Sat 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Annamaria (Gaby) Szanto (old CAN 2.20 Ann Marie Rosenitsch 1995)	W52 Unattached Ontario	2.40m	3.11m 60.45%	7 CAN

M50 Pole Vault Sat 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Yannick Le Mouël (old CAN 4.05 Yannick in January, old MR 3.55 Mark Schaber ON 2013)	M50 Saint-Jean O	4.15m	5.09m 83.00%	7 CAN MR

M55 Pole Vault Sat 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Mark Schaber	M59 Unattached Ontario	3.15m	4.15m 67.60%	7

M70 Pole Vault Sat 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Stan Seitz	M70 Ottawa Lions	2.55m	4.32m 70.44%	7

M75 Pole Vault Sat 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Helmut Brosz	M75 Unattached Ontario	1.50m	2.80m 45.73%	7

W30 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Aimee Dubeau (old MR 4.25 Laura Baker ON 2014)	W30 Unattached	4.46m	4.46m 59.31%	7 MR
2 Lorena Reyes	W34 Ultimate Bod	4.42m	4.42m 58.78%	5

M40 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
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1	Dwayne Daniel	M43	Unattached Ontario	4.66m	5.07m	56.76%	7
2	Jasbir Singh Hundal	M44	Jamcan	4.28m	4.66m	52.13%	5

W40 Long Jump Sat 11:30am

Name	Age	Team	Finals	Age-Grading	Points
1 Padideh Bolorizadeh	W43	Unattached Ontario	4.57m	5.07m 67.50%	7

M45 Long Jump Sat 11:30am

Name	Age	Team	Finals	Age-Grading	Points
1 Nigel John	M45	Jamcan	6.20m	7.16m 80.00%	7 CAN MR
(old CAN 6.09 Gezim Dinaku AB 2017, old MR 5.83 Garfield Benett AB 2011)					
2 Lenroy Munro	M47	Unattached Ontario	5.06m	5.84m 65.29%	5
3 Jack Pontes	M46	Jamcan	5.02m	5.79m 64.77%	4
4 Alex-Bobbie Mason	M45	UTTC	4.23m	4.88m 54.58%	3

W45 Long Jump Sat 11:30am

Name	Age	Team	Finals	Age-Grading	Points
1 Tracy Viggers	W46	Unattached Ontario	4.20m	4.94m 65.73%	7 MR
(old MR tie 4.07 Maria Mallia ON 2003, Gaby Szanto ON 2015)					
2 Sandi Arnason	W45	Riverdale Ath	4.01m	4.72m 62.75%	5
3 Eve La Rivière	W45	Saint-Jean O	3.05m	3.59m 47.73%	4

M50 Long Jump Sat 11:30am

Name	Age	Team	Finals	Age-Grading	Points
1 John Wong	M51	Unattached Ontario	4.31m	5.29m 59.20%	7
2 Jianping Xu	M52	Unattached Ontario	3.81m	4.68m 52.34%	5

W50 Long Jump Sat 11:30am

Name	Age	Team	Finals	Age-Grading	Points
1 Kairy Loucks	W51	Unattached Ontario	4.18m	5.24m 69.67%	7 MR
(old MR 4.13 BJ Freeman AB 2011)					
2 Annamaria (gaby) Szanto	W52	Unattached Ontario	3.44m	4.31m 57.33%	5

M55 Long Jump Sat 11:30am

Name	Age	Team	Finals	Age-Grading	Points
1 Dennis McWhinney	M56	Unattached Ontario	5.27m	6.91m 77.27%	7
2 Robert Nasato	M57	Jamcan	4.79m	6.28m 70.23%	5
3 Willie A Price	M55	Unattached	3.79m	4.97m 55.57%	4
4 Paul Lee	M58	Unattached Ontario	3.33m	4.36m 48.83%	3

W55 Long Jump Sat 11:30am

Name	Age	Team	Finals	Age-Grading	Points
1 Muriel Gieni	W59	Riverdale Ath	3.97m	5.32m 70.77%	7

M60 Long Jump Sat 11:30am

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Name	Age Team	Finals	Age-Grading	Points
1 Bryan Baldsing	M60 Jamcan	4.10m	5.77m 64.47%	7
2 Ralph Cilevitz	M64 Jamcan	3.94m	5.54m 61.95%	5

W60 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Loretta Amerongen	W64 Voleo Athletics	3.00m	4.32m 57.47%	7
2 Patricia Blacker-Thomson	W61 Unattached Ontario	2.42m	3.48m 46.36%	5

M65 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 David Black	M65 United States	X3.71m	5.63m 62.99%	7

W65 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Louise Nesterenko	W67 Calgary Spartans	2.40m	3.73m 49.69%	7
2 Patty Franke Wager	W67 Unattached Ontario	1.18m	1.83m 24.43%	5

M75 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Patrick Groulx	M76 UTTC	2.77m	4.99m 55.73%	7

W75 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Carol LaFayette-Boyd	W75 Excel Athletika	3.59m	6.71m 89.30%	7 MR
(old MR 3.55 Christa Bortignon BC 2013)				

M35 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Chris Goulet	M35 Unattached Ontario	10.54m	10.61m 58.04%	7

M40 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Zoltan Sara	M42 Unattached Ontario	11.27m	11.98m 65.52%	7
2 Dwayne Daniel	M43 Unattached Ontario	9.12m	9.70m 53.02%	5

M45 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Jack Pontes	M46 Jamcan	10.71m	12.07m 65.99%	7
2 Matt Beechey	M47 Invictus AC	8.25m	9.29m 50.83%	5

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W45 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Tracy Viggers (old MR 6.60 Rachel Fouladi BC 2016)	W46 Unattached Ontario	8.47m	9.69m 62.56%	7 MR
2 Sandi Arnason	W45 Riverdale Ath	7.85m	8.98m 57.98%	5

M50 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Jianping Xu	M52 Unattached Ontario	7.26m	8.70m 47.58%	7

W50 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Kairy Loucks (old MR 8.45 Susanne Lauridsen AB 2011)	W51 Unattached Ontario	8.69m	10.60m 68.43%	7 MR
2 Annamaria (gaby) Szanto	W52 Unattached Ontario	7.64m	9.32m 60.16%	5

M55 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Mihai Ene (old CAN and MR 11.45 Mihai 2017)	M57 Unattached Ontario	11.67m	14.93m 81.67%	7 CAN MR
2 Dennis McWhinney	M56 Unattached Ontario	10.85m	13.88m 75.93%	5
3 Robert Nasato	M57 Jamcan	9.48m	12.12m 66.34%	4

W55 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Muriel Gieni	W59 Riverdale Ath	8.59m	11.22m 72.43%	7

W60 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Susanne Lauridsen	W60 Calgary Spartans	7.09m	9.96m 64.34%	7
2 Loretta Amerongen	W64 Voleo Athletics	6.67m	9.37m 60.53%	5
3 Patricia Blacker-Thomson	W61 Unattached Ontario	5.40m	7.59m 49.00%	4

M60 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Thevarajan Sinnathurai	M64 United T.S.C.	9.94m	13.64m 74.57%	7
2 Bryan Baldsing	M60 Jamcan	8.10m	11.11m 60.77%	5
3 Ralph Cilevitz	M64 Jamcan	8.09m	11.10m 60.69%	4

W65 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Louise Nesterenko	W67 Calgary Spartans	4.88m	7.42m 47.89%	7
2 Patty Franke Wager	W67 Unattached Ontario	3.11m	4.73m 30.52%	5

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M65 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
-- David Black	M65 United States	X7.47m	11.05m 60.44%

M70 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
1 Roland Delhomeau	M73 Saskatoon CE	7.03m	11.28m 61.72% 7

M75 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
1 Patrick Groulx (old MR 5.83 Jim Mathers ON 2003)	M76 UTTC	5.90m	10.35m 56.62% 7 MR

W75 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
1 Carol LaFayette-Boyd	W75 Excel Athletika	7.23m	13.85m 89.37% 7

M30 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Scott Paterson (old MR 11.82 Scott in 2017)	M34 Unattached Alberta	12.94m	12.94m 55.97% 7 MR

W30 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
-- Stéphanie Lavigne	W30 Perfmax-Racing	FOUL	

M35 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Fernando Cornejo	M38 Throwers Club	12.02m	12.46m 53.93% 7
2 Reggie Johnson	M37 Throwers Club	11.32m	11.74m 50.79% 5
3 Alex Gbaguidi	M36 UTTC	10.52m	10.91m 47.20% 4
4 Kyle Clark	M39 Unattached Ontario	7.96m	8.25m 35.71% 3

W35 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Galina Todorova-Dineva	W39 Dynamique de Laval	10.77m	11.16m 49.34% 7
2 Sheree Mullings	W36 Jamcan	8.07m	8.36m 36.97% 5

W40 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
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1 Padideh Bolorizadeh	W43 Unattached Ontario	11.57m	12.84m	56.74%	7	MR
(old MR 9.11 Tatiana Little BC 2011)						
2 Alicia Friday	W44 Unattached Ontario	7.65m	8.49m	37.52%	5	
3 Debbie King	W42 Jamcan	7.28m	8.08m	35.70%	4	

M40 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Jasbir Singh Hundal	M44 Jamcan	7.49m	8.34m 36.08%	7
2 Ben Kong	M42 Jamcan	4.58m	5.10m 22.06%	5

M45 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Matt Beechey	M47 Invictus AC	8.60m	10.33m 44.72%	7
2 Richard Reid	M49 Jamcan	8.59m	10.32m 44.67%	5
3 Jack Pontes	M46 Jamcan	7.36m	8.84m 38.27%	4
4 Alex-Bobbie Mason	M45 UTTC	7.01m	8.42m 36.45%	3

W45 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points	
1 Tracy Viggers	W46 Unattached Ontario	10.62m	12.68m 56.04%	7	CAN MR
(old CAN 10.29 Elizabeth Hill ON 2010, old MR 10.17 Gaby Szanto ON in the Pent 2015))					
2 Linda Reid	W47 Jamcan	7.24m	8.64m 38.21%	5	
3 Denise Gordon-Mohamud	W47 Mississauga Oly	6.21m	7.41m 32.77%	4	

M50 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Ira Irving	M50 Jamcan	9.59m	11.24m 48.61%	7

W50 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Annamaria (Gaby) Szanto	W52 Unattached Ontario	10.38m	13.08m 57.83%	7
2 Tracey. (willow) McCarth	W50 Unattached	9.72m	12.25m 54.15%	5

M55 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Danny Yoisten	M58 Unattached Ontario	12.01m	15.25m 65.99%	7
2 Paul Lee	M58 Unattached Ontario	5.40m	6.86m 29.67%	5

W55 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Faith Lee	W58 Unattached Ontario	6.08m	8.33m 36.83%	7

M60 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
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Canadian Masters Indoor Championships
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2	Piotr Wyroba	M60	Unattached Ontario	10.59m	13.21m	57.18%	5
3	Harbans Cheema	M63	Unattached Ontario	9.63m	12.02m	52.00%	4
4	Ralph Cilevitz	M64	Jamcan	7.08m	8.83m	38.23%	3
1	Mark Cwiek	M63	United States	X11.10m	13.85m	59.94%	7

W60 Shot Put Sat 9:30am

Name	Age	Team	Finals	Age-Grading	Points	
1	Loretta Amerongen	W64	Voleo Athletics	6.72m	10.09m 44.59%	7
2	Jo Welch	W61	Unattached NS	6.09m	9.14m 40.41%	5
3	Jane Warren	W62	Unattached NS	5.88m	8.82m 39.02%	4

M65 Shot Put Sat 9:30am

Name	Age	Team	Finals	Age-Grading	Points	
2	Bill Pearson	M65	Throwers Club	10.91m	14.84m 64.21%	5
3	Peter Zowkewych	M67	UTTC	10.66m	14.50m 62.74%	4
4	Jerzy Wyroba	M68	Unattached Ontario	10.54m	14.34m 62.04%	3
5	Terry Mountjoy	M69	Excel Athletika	8.25m	11.22m 48.56%	2
1	Tim Cederblad	M67	United States	X11.64m	15.83m 68.51%	7

W65 Shot Put Sat 9:30am

Name	Age	Team	Finals	Age-Grading	Points	
1	Louise Nesterenko	W67	Calgary Spartans	5.96m	9.89m 43.73%	7
2	Patty Franke Wager	W67	Unattached Ontario	5.11m	8.48m 37.49%	5

W70 Shot Put Sat 9:30am

Name	Age	Team	Finals	Age-Grading	Points
1 Cheryl Closkey	W70	Unattached BC	6.90m	12.80m 56.60%	7 MR
(old MR 6.67 Adri Rowswell ON 2013)					

M70 Shot Put Sat 9:30am

Name	Age	Team	Finals	Age-Grading	Points	
1	John Kasperski	M74	Throwers Club	11.34m	14.52m 62.83%	7
2	Moe Jacobs	M73	Unattached Ontario	9.72m	12.44m 53.85%	5

M75 Shot Put Sat 9:30am

Name	Age	Team	Finals	Age-Grading	Points	
1	Helmut Brosz	M75	Unattached Ontario	8.90m	12.45m 53.87%	7
2	David Morris	M79	Throwers Club	8.46m	11.83m 51.21%	5
3	Patrick Groulx	M76	UTTC	7.52m	10.52m 45.52%	4
4	Gary McColeman	M76	UTTC	6.99m	9.78m 42.31%	3

W75 Shot Put Sat 9:30am

Name	Age	Team	Finals	Age-Grading	Points	
1	Adri Rowswell	W77	Unattached Ontario	7.80m	14.29m 63.16%	7

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M90 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Atter Singh Sekhon	M94 Unattached Ontario	4.49m	8.77m 37.92%	7

M30 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Scott Paterson	M34 Unattached Alberta	14.64m	14.64m 56.61%	7

W35 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Sheree Mullings	W36 Jamcan	5.25m	5.73m 24.29%	7

M35 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Reggie Johnson	M37 Throwers Club	10.80m	11.01m 42.60%	7

M40 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Jasbir Singh Hundal	M44 Jamcan	4.43m	4.82m 18.67%	7

M45 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Jack Pontes	M46 Jamcan	5.35m	6.25m 24.20%	7

W45 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Linda Reid	W47 Jamcan	4.96m	6.42m 27.22%	7

W50 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Tracey. (Willow) McCarth W50 Unattached (old MR 11.68 Elizabeth Hill ON 2014)		11.90m	14.06m 59.62%	7 MR

M55 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Ayman Mazhar	M58 UTTC	15.77m	17.70m 68.45%	7
2 Thomas Lambdin	M56 United States	X13.11m	14.71m 56.90%	5

W55 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
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Canadian Masters Indoor Championships
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1 Kristen Dajia **W55 Throwers Club** **11.92m** **15.39m** **65.24%** **7** **CAN MR**
 (old CAN 11.36 Elizabeth Hill ON 2016, old MR 11.58 Kathy Wettenhall USA 2012)

W60 Weight Throw Sat 3:00pm

Name	Age	Team	Finals	Age-Grading	Points
1 Jo Welch	W61	Unattached NS	8.74m	10.58m 44.84%	7
2 Jane Warren	W62	Unattached NS	6.53m	7.90m 33.50%	5

M60 Weight Throw Sat 3:00pm

Name	Age	Team	Finals	Age-Grading	Points
2 Ralph Cilevitz	M64	Jamcan	7.86m	8.19m 31.68%	5
1 Mark Cwiek	M63	United States	X14.66m	15.28m 59.09%	7

W65 Weight Throw Sat 3:00pm

Name	Age	Team	Finals	Age-Grading	Points
1 Louise Nesterenko	W67	Calgary Spartans	7.34m	9.73m 41.24%	7
2 Lucille Green	W69	Throwers Club	7.24m	9.60m 40.67%	5
3 Patty Franke Wager	W67	Unattached Ontario	4.60m	6.09m 25.84%	4

M65 Weight Throw Sat 3:00pm

Name	Age	Team	Finals	Age-Grading	Points
2 Bill Pearson	M65	Throwers Club	11.78m	13.13m 50.80%	5
3 Terry Mountjoy	M69	Excel Athletika	9.71m	10.82m 41.87%	4
1 Tim Cederblad	M67	United States	X13.85m	15.44m 59.72%	7

W70 Weight Throw Sat 3:00pm

Name	Age	Team	Finals	Age-Grading	Points
1 Cheryl Closkey	W70	Unattached BC	10.21m	14.97m 63.46%	7 MR

(old MR 8.89 Sandy Anderson BC 2011)

M70 Weight Throw Sat 3:00pm

Name	Age	Team	Finals	Age-Grading	Points
1 John Kasperski	M74	Throwers Club	10.86m	12.38m 47.90%	7

M75 Weight Throw Sat 3:00pm

Name	Age	Team	Finals	Age-Grading	Points
1 David Morris	M79	Throwers Club	7.96m	9.77m 37.81%	7
2 Patrick Groulx	M76	UTTC	5.70m	7.00m 27.08%	5

M90 Weight Throw Sat 3:00pm

Name	Age	Team	Finals	Age-Grading	Points
1 Atter Singh Sekhon	M94	Unattached Ontario	4.26m	7.12m 27.54%	7

Canadian Masters Indoor Championships
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Results - Age Grading: 5 Yr Indiv & 5 yr Multi

W60 800 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Susanne Lauridsen	W60 Calgary Spartans	4:10.10	3:16.28 57.71%	229

M35 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Matthew McDowall	M36 Hamilton Olmpic	3:03.78	3:02.46 71.53%	640

M45 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kasper Hinds	M49 Unattached	3:32.90	3:14.72 67.02%	527
2 Alejandro Rangel	M47 Lachine	4:14.52	3:52.79 56.06%	242

M50 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Marcus Skeete	M50 UTTC	3:15.14	2:50.85 76.39%	757

M55 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Luigi Nunno	M59 Unattached Ontario	6:10.83	5:10.17 42.08%	

M60 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Philippe Bouchard	M60 Saint-Jean O	3:22.78	2:41.58 80.77%	856
2 Bruce Urch	M63 Throwers Club	4:04.64	3:14.93 66.95%	525

M65 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bernard Lachance	M67 Saint-Jean O	4:13.97	3:12.03 67.96%	551
2 David Black	M65 United States	X5:06.88	3:52.04 56.24%	246

M70 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M73 Saskatoon CE	4:56.71	3:31.00 61.85%	393
2 Stan Seitz	M70 Ottawa Lions	4:56.93	3:31.15 61.81%	392

W60 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Susanne Lauridsen	W60 Calgary Spartans	13.78	10.92 70.46%	550

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M35 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading H#	Points
1 Matthew McDowall	M36 Hamilton Olympic	9.22	9.08 80.48% 2	728

M45 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading H#	Points
1 Kasper Hinds	M49 Unattached	11.66	10.61 68.87% 2	432
2 Alejandro Rangel	M47 Lachine	13.79	12.55 58.23% 2	163

M50 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading H#	Points
1 Marcus Skeete	M50 UTTC	10.14	9.05 80.67% 2	735

M55 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading H#	Points
-- Luigi Nunno	M59 Unattached Ontario	DQ	2	

M60 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bruce Urch	M63 Throwers Club	12.30	10.23 71.38%	498
2 Philippe Bouchard	M60 Saint-Jean O	12.37	10.29 70.98%	488

M65 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
2 Bernard Lachance	M67 Saint-Jean O	14.01	11.13 65.60%	348
1 David Black	M65 United States	X11.82	9.39 77.75%	662

M70 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Stan Seitz	M70 Ottawa Lions	14.53	11.21 65.11%	336
2 Roland Delhomeau	M73 Saskatoon CE	14.61	11.28 64.75%	325

W60 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Susanne Lauridsen	W60 Calgary Spartans	1.18m	1.62m 77.63%	759

M35 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Matthew McDowall	M36 Hamilton Olympic	1.76m	1.80m 73.64%	627

M45 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
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Canadian Masters Indoor Championships
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1	Kasper Hinds	M49 Unattached	1.42m	1.56m	63.96%	434
2	Alejandro Rangel	M47 Lachine	1.36m	1.49m	61.26%	381

M50 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Marcus Skeete	M50 UTTC	1.57m	1.82m 74.41%	644

M55 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Luigi Nunno	M59 Unattached Ontario	1.24m	1.52m 62.00%	404

M60 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Philippe Bouchard	M60 Saint-Jean O	1.30m	1.69m 69.15%	536
2 Bruce Urch	M63 Throwers Club	1.21m	1.57m 64.36%	441

M65 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
2 Bernard Lachance	M67 Saint-Jean O	1.15m	1.59m 64.97%	457
1 David Black	M65 United States	X1.36m	1.88m 76.84%	696

M70 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Stan Seitz	M70 Ottawa Lions	1.33m	1.97m 80.61%	776
2 Roland Delhomeau	M73 Saskatoon CE	1.18m	1.75m 71.52%	585

W60 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Susanne Lauridsen	W60 Calgary Spartans	3.25m	4.68m 62.26%	474

M35 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Matthew McDowall	M36 Hamilton Olympic	6.18m	6.37m 71.20%	668

M45 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kasper Hinds	M49 Unattached	5.38m	6.21m 69.42%	632
2 Alejandro Rangel	M47 Lachine	3.77m	4.35m 48.65%	264

M50 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Marcus Skeete	M50 UTTC	4.72m	5.79m 64.84%	542

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M55 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Luigi Nunno	M59 Unattached Ontario	3.58m	4.69m 52.49%	324

M60 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bruce Urch	M63 Throwers Club	4.09m	5.75m 64.31%	533
2 Philippe Bouchard	M60 Saint-Jean O	3.64m	5.12m 57.23%	405

M65 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
2 Bernard Lachance	M67 Saint-Jean O	2.86m	4.34m 48.56%	262
1 David Black	M65 United States	X3.68m	5.58m 62.48%	498

M70 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Stan Seitz	M70 Ottawa Lions	3.43m	5.65m 63.17%	512
2 Roland Delhomeau	M73 Saskatoon CE	2.93m	4.82m 53.96%	348

W60 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Susanne Lauridsen	W60 Calgary Spartans	7.01m	10.52m 46.52%	564

M35 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Matthew McDowall	M36 Hamilton Olympic	11.93m	12.37m 53.52%	629

M45 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Alejandro Rangel	M47 Lachine	9.68m	11.63m 50.34%	584
2 Kasper Hinds	M49 Unattached	7.16m	8.60m 37.23%	402

M50 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Marcus Skeete	M50 UTTC	7.10m	8.32m 35.99%	385

M55 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Luigi Nunno	M59 Unattached Ontario	7.07m	8.98m 38.85%	425

M60 Shot Put Indoor Pentathlon

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Name	Age Team	Finals	Age-Grading	Points
1 Philippe Bouchard	M60 Saint-Jean O	9.26m	11.55m 50.00%	579
2 Bruce Urch	M63 Throwers Club	8.77m	10.94m 47.35%	542

M65 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
2 Bernard Lachance	M67 Saint-Jean O	7.17m	9.75m 42.20%	471
1 David Black	M65 United States	X7.51m	10.21m 44.20%	498

M70 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M73 Saskatoon CE	8.34m	10.68m 46.20%	527
2 Stan Seitz	M70 Ottawa Lions	7.90m	10.11m 43.77%	492

W60 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals	
1 Susanne Lauridsen (no previous MR)	W60 Calgary Spartans	2576	MR

M35 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals	
1 Matthew McDowall (old CAN 2853 Doug McLaren 2011, old MR 2837 Gurmukh Sahans USA 2017)	M36 Hamilton Olympic	3292	CAN MR

M45 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals
1 Kasper Hinds	M49 Unattached	2427
2 Alejandro Rangel	M47 Lachine	1634

M50 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals	
1 Marcus Skeete (old MR 2918 Don Ritchie ON 2012)	M50 UTTC	3063	MR

M55 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals
1 Luigi Nunno	M59 Unattached Ontario	1153

M60 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals	
1 Philippe Bouchard (old MR 2850 John Hawkins ON 2011)	M60 Saint-Jean O	2864	MR
2 Bruce Urch	M63 Throwers Club	2539	

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M65 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals
2 Bernard Lachance	M67 Saint-Jean O	2089
1 David Black	M65 United States	X2600

M70 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals
1 Stan Seitz	M70 Ottawa Lions	2508
2 Roland Delhomeau	M73 Saskatoon CE	2178

W29&U 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading Points
1 Amanda Schneider	W28 Ontario Race	8:23.80	8:23.81 66.89% 7

W35 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading Points
1 Erin Talcott (no previous MR, CAN 6:58.28)	W39 United States	X6:55.75	6:51.85 81.83% 7 MR

M40 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading H# Points
1 Ben Kong	M42 Jamcan	12:52.23	12:10.38 42.31% 2 7

W40 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading Points
1 Blanka Smetana	W43 Toronto Race	9:48.07	9:26.02 59.54% 7

M45 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading H# Points
1 Niegel Geohagen	M49 Jamcan	12:39.26	11:29.94 44.79% 2 7

W45 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading Points
1 Claustre Bajona-Xandri (old MR 9:54.59 Nancy Kula ON 2013)	W49 Ontario Race	8:18.98	7:41.56 73.01% 7 MR

M50 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading H# Points
1 Jianping Xu	M52 Unattached Ontario	6:59.53	6:05.67 84.50% 2 7

W55 1500 Meter Race Walk Sat 10:00am

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Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Age-Grading	Points
1 Kitty Cashman	W57 Toronto Race	8:43.61	7:25.07 75.72%	7
2 Faith Lee	W58 Unattached Ontario	9:59.51	8:29.59 66.13%	5
3 Nicky Slovitt	W57 Ontario Race	10:05.21	8:34.43 65.51%	4

M55 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Yvan Béchard (old CAN 7:13.95 James Kenney AB 2013)	M55 Indépendant	6:56.24	5:47.36 88.96%	2	7 CAN
2 Patrick Murphy	M57 Ireland	X7:08.19	5:57.33 86.48%	2	5
3 Dave Talcott	M57 United States	X7:24.27	6:10.75 83.35%	2	4

W60 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Anne De Thy	W64 Ontario Race	9:00.59	7:18.21 76.90%	7

M65 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Henry Charrois	M66 Edmonton Rac	7:56.36	5:59.99 85.84%	2	7

W65 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Kris Kozell (old CAN and MR 8:58.86 Teresa Chiozza AB 2017)	W65 Ontario Race	8:47.24	6:45.03 83.20%	7 CAN MR
2 Teresa Chiozza	W67 Ontario Race	9:07.41	7:00.53 80.14%	5
3 Sharon M. Wright	W68 Unattached Ontario	10:06.79	7:46.14 72.30%	4

M75 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Marcel Jobin	M76 Les Vainqueurs	8:35.44	5:44.99 89.57%	2	7

W85 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Jean Horne (no previous CAN or MR)	W85 Ontario Race	11:53.48	6:44.76 83.26%	7 CAN MR

W35 3000 Meter Race Walk Sun 2:00pm

Name	Age Team	Finals	Age-Grading	Points
-- Erin Talcott (old MR 18:21.72 Sarah Raetsen ON 2015)	W39 United States	X14:55.40	14:46.99 78.36%	MR

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Results - Age Grading: 5 Yr Indiv & 5 yr Multi

W45 3000 Meter Race Walk Sun 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Claustre Bajona-Xandri	W49 Ontario Race	17:39.03	16:19.61 70.95%	7

M50 3000 Meter Race Walk Sun 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jianping Xu	M52 Unattached Ontario	15:14.26	13:18.61 79.07%	2	7

M55 3000 Meter Race Walk Sun 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Yvan Béchard (old CAN 15:13.28 James Kenney AB 2013)	M55 Indépendant	14:27.66	12:05.72 87.01%	2	7 CAN
-- Patrick Murphy	M57 Ireland	X16:12.74	13:33.60 77.61%	2	
-- Dave Talcott	M57 United States	X16:15.11	13:35.59 77.42%	2	

W55 3000 Meter Race Walk Sun 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Kitty Cashman	W57 Toronto Race	18:20.74	15:33.65 74.44%	7
2 Nicky Slovitt	W57 Ontario Race	21:04.13	17:52.24 64.82%	5

M65 3000 Meter Race Walk Sun 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Henry Charrois	M66 Edmonton Rac	17:06.33	12:57.45 81.22%	2	7

W65 3000 Meter Race Walk Sun 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Teresa Chiozza	W67 Ontario Race	18:51.96	14:20.75 80.74%	7
2 Sharon M. Wright	W68 Unattached Ontario	20:46.78	15:48.06 73.31%	5
-- Kris Kozell	W65 Ontario Race	DQ		Rule 237a

M75 3000 Meter Race Walk Sun 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Marcel Jobin (old CAN 18:03.75 Marcel 2017, old MR 18:12.66 Marcel 2017)	M76 Les Vainqueurs	18:00.77	12:04.55 87.15%	2	7 CAN MR