

49th OMA Indoor Championships
Toronto Track and Field Centre - 2019-02-24
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Points only awarded to 30+ Club members 'X' indicates non-scoring marks.

W29&U 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
Finals					
1 Williams, Jordanne	W28 Unattached Ontario	X8.02	8.03 86.28%	4	
2 Alford, Kristy	W20 Unattached Ontario	X8.76	8.77 79.00%	4	
3 Pedrero, Andrea	W27 Univ. Toronto TC	X9.43	9.44 73.38%	4	

W30 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 McCrory, Kim	W30 Univ. Toronto TC	8.46	8.47 81.80%	4	7

W35 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Reyes, Lorena	W35 Ultimate Body	8.30	8.21 84.34%	4	7
2 Caesar, Latasha	W35 Variety Village	8.55	8.46 81.87%	4	5
3 Mullings, Sheree	W37 Jamcan Int'l	8.57	8.48 81.68%	4	4

W40 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 King, Debbie	W43 Jamcan Int'l	9.00	8.59 80.67%	3	7
2 Dorsett, Cindy	W42 Jamcan Int'l	9.50	9.07 76.42%	3	5
3 Gariffe, Tanya	W41 Unattached Ontario	X9.77	9.32 74.31%	3	
4 Jaynes, Nicole	W42 Runner's Life	10.02	9.56 72.46%	3	4

W45 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Garfunkel, Violeta	W45 Univ. Toronto TC	8.59	7.90 87.66%	2	7
2 Reid, Linda	W48 Jamcan Int'l	8.72	8.02 86.35%	2	5
3 Zinman, Debbie	W49 Univ. Toronto TC	8.78	8.07 85.76%	2	4
4 Thompson, Marsha	W47 Jamcan Int'l	8.96	8.24 84.04%	2	3
5 Viggers, Tracy	W47 Unattached Ontario	X9.04	8.31 83.30%	2	

W50 60 Meter Dash

Name	Age Team	Finals	Age-Grading	Points
1 Mulazim, Jamie	W52 U.S.A.T.F.	X8.97	7.93 87.29%	
2 Rossos, Kim	W50 Unattached Ontario	X10.76	9.51 72.77%	

W55 60 Meter Dash

Name	Age Team	Finals	Age-Grading	Points
1 Hibbard, Terry	W56 Unattached Ontario	X10.05	8.53 81.19%	
2 Melvin, Wendy	W58 Unattached Ontario	X10.90	9.25 74.86%	

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W60 60 Meter Dash

Name	Age Team	Finals	Age-Grading	Points
1 Brown, Joanne	W61 Unattached Ontario	X11.30	9.19 75.31%	

M29&U 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Helman, Alex	M25 Centro Scuola	X7.03	7.04 90.90%	8	
2 Manuel, Alex	M24 Ottawa Lions T.F.C.	X7.28	7.29 87.77%	8	
3 Barnett, Shamar	M20 U.S.A.T.F.	X7.43	7.44 86.00%	8	
4 Anderson, Earl	M26 The Gazelles	X7.58	7.59 84.30%	8	

M30 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Lau, Manly	M30 Univ. Toronto TC	7.63	7.64 83.75%	7	7
2 Phala, Sefako	M31 Unattached Ontario	X7.90	7.91 80.89%	7	
3 Uppal, Shaurya	M32 Unattached Ontario	X7.97	7.98 80.18%	7	
4 Liu, Box	M30 Univ. Toronto TC	8.36	8.37 76.44%	7	5
5 Nishida, Raphael	M30 Univ. Toronto TC	9.30	9.31 68.71%	7	4

M35 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 James, Michael	M38 Unattached Ontario	X7.35	7.25 88.16%	7	
2 Silla, Jay	M36 Unattached Ontario	X7.85	7.74 82.55%	7	

M40 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Cunningham, Neil	M40 Ottawa Lions T.F.C.	8.27	7.92 80.77%	6	7
2 Eniojukan, Sunday	M43 The Gazelles	8.33	7.98 80.19%	6	5
3 Nassar, Waleed	M44 Univ. Toronto TC	9.53	9.12 70.09%	6	4

M45 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Hui, Tit (jonathan)	M48 Guelph Track	7.69	7.14 89.60%	5	7
2 Scatliffe, Joseph	M46 Ottawa Lions T.F.C.	7.77	7.21 88.67%	5	5
3 Mason, Alex-Bobbie	M46 Univ. Toronto TC	7.96	7.39 86.56%	5	4
4 Beechey, Matt	M48 Jamcan Int'l	8.13	7.55 84.75%	5	3

M50 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Warburton, Christopher	M53 Variety Village	7.61	6.84 93.43%	4	7
2 Lemassif, Christian	M52 Univ. Toronto TC	7.73	6.95 91.98%	4	5
3 Robinson, Paul	M53 Jamcan Int'l	8.61	7.74 82.58%	4	4
4 Bolton, Scott	M53 Unattached Ontario	X9.19	8.26 77.37%	4	

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M55 60 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Nasato, Robert	M58	Jamcan Int'l	8.21	7.14 89.52%	3	7
2 Lee Foon, Mike	M58	Jamcan Int'l	8.23	7.16 89.31%	3	5
3 Neufeld, Les	M58	Unattached Ontario	X8.28	7.20 88.77%	3	
4 Baptiste, Joseph	M58	Jamcan Int'l	8.84	7.69 83.14%	3	4

M60 60 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Blenman, Grantley	M61	The Gazelles	8.09	6.80 93.94%	2	7
2 Gagne, Wayne	M64	Muskoka Algon.	8.49	7.14 89.52%	2	5
3 Baldsing, Bryan	M61	Jamcan Int'l	9.27	7.80 81.98%	2	4
4 Cilevitz, Ralph	M64	Jamcan Int'l	9.53	8.01 79.75%	2	3

M65 60 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Hehar, Manmohan	M68	Unattached Ontario	X8.80	7.13 89.66%	2	
2 Spleit, Oswin	M66	Unattached Ontario	X9.23	7.48 85.48%	2	

M70 60 Meter Dash

Name	Age	Team	Finals	Age-Grading	Points
1 Lech, Ryszard	M70	Jamcan Int'l	8.45	6.57 97.28%	7
-- Morley, Robert	M71	Unattached Ontario	XDNF		

M75 60 Meter Dash

Name	Age	Team	Finals	Age-Grading	Points
1 Morris, Mike	M78	Unattached Ontario	X9.26	6.86 93.30%	
2 Tams, Peter	M79	Unattached Ontario	X10.13	7.50 85.29%	

M95 60 Meter Dash

Name	Age	Team	Finals	Age-Grading	Points
1 Sekhon, Atter Singh	M95	Unattached Ontario	X15.51	7.51 85.11%	CAN
(no previous CAN record)					

W29&U 200 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Williams, Jordanne	W28	Unattached Ontario	X26.46	26.47 80.65%	4	

W30 200 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points
1 McCrory, Kim	W30	Univ. Toronto TC	27.89	27.90 76.51%	4	7

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W35 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mullings, Sheree	W37 Jamcan Int'l	29.49	28.62 74.60%	4	7
2 Caesar, Latasha	W35 Variety Village	29.80	28.92 73.83%	4	5

W40 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 King, Debbie	W43 Jamcan Int'l	29.60	27.66 77.16%	3	7
2 Jaynes, Nicole	W42 Runner's Life	36.80	34.38 62.07%	3	5

W45 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Garfunkel, Violeta (old MR 28.55 Karla Del Grande 2003)	W45 Univ. Toronto TC	28.34	25.46 83.84%	3	7 MR
2 Zinman, Debbie	W49 Univ. Toronto TC	29.69	26.67 80.03%	2	5
3 Reid, Linda	W48 Jamcan Int'l	29.97	26.92 79.28%	3	4
4 Harding, Hazel	W45 Ottawa Lions T.F.C.	31.99	28.74 74.27%	2	3

W50 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Rozario, Theresa	W54 Variety Village	31.90	27.51 77.59%	2	7

M29&U 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Manuel, Alex	M24 Ottawa Lions T.F.C.	X23.14	23.15 83.49%	10	
2 Anderson, Earl	M26 The Gazelles	X24.99	25.00 77.31%	10	
3 Berson, Matan	M29 Unattached Ontario	X26.03	26.04 74.22%	10	

M30 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Lau, Manly	M30 Univ. Toronto TC	24.79	24.80 77.93%	9	7
2 Uppal, Shaurya	M32 Unattached Ontario	X27.56	27.57 70.10%	9	

M40 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Eniojukan, Sunday	M43 The Gazelles	27.14	25.89 74.65%	8	7
2 Cunningham, Neil	M40 Ottawa Lions T.F.C.	27.34	26.08 74.10%	8	5
3 Colford, Jonathan	M41 Unattached Ontario	X31.96	30.48 63.39%	8	
4 Nassar, Waleed	M44 Univ. Toronto TC	38.66	36.87 52.41%	8	4

M45 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Hui, Tit (jonathan)	M48 Guelph Track	25.73	23.77 81.31%	6	7
2 Mason, Alex-Bobbie	M46 Univ. Toronto TC	26.50	24.48 78.94%	6	5

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3 Beechey, Matt	M48 Jamcan Int'l	27.14	25.07	77.08%	6	4
4 Kapitain, Sean	M48 Unattached Ontario	X27.79	25.67	75.28%	6	
-- Scatliffe, Joseph	M46 Ottawa Lions T.F.C.	DQ			6	163.3

M50 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Warburton, Christopher	M53 Variety Village	24.85	22.21 87.04%	5	7
2 Lemassif, Christian	M52 Univ. Toronto TC	25.27	22.58 85.60%	5	5
3 Faucher, Serge	M54 Ottawa Lions T.F.C.	26.05	23.28 83.03%	5	4
4 De Chellis, Marco	M53 Unattached Ontario	X31.06	27.75 69.64%	5	

M55 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Lee Foon, Mike	M58 Jamcan Int'l	27.36	23.62 81.80%	4	7
2 Chapman, Ric	M58 Unattached Ontario	X29.22	25.23 76.59%	4	
3 Baptiste, Joseph	M58 Jamcan Int'l	29.37	25.36 76.20%	4	5

M60 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Blenman, Grantley	M61 The Gazelles	27.81	23.18 83.39%	3	7
2 Gagne, Wayne	M64 Muskoka Algon.	28.51	23.76 81.34%	3	5

M65 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Hehar, Manmohan	M68 Unattached Ontario	X30.08	24.09 80.22%	3	

M70 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Lech, Ryszard	M70 Jamcan Int'l	30.98	23.68 81.60%	2	7
2 Morley, Robert	M71 Unattached Ontario	X31.61	24.16 79.97%	2	

M75 200 Meter Dash

Name	Age Team	Finals	Age-Grading	Points
1 Powell, Anthony J. (old MR 32.51 Jack Greenwald 2004)	M75 Univ. Toronto TC	32.30	23.31 82.91%	7 MR
2 Morris, Mike	M78 Unattached Ontario	X33.82	24.41 79.18%	
3 Sekhon, Pritam	M75 Unattached Ontario	X1:18.3h	56.50 34.20%	

M95 200 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Sekhon, Atter Singh (no previous CAN record)	M95 Unattached Ontario	X1:07.59	28.26 68.37%	2	CAN

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W40 400 Meter Dash

Name	Age Team	Finals	Age-Grading	Points
1 Armstrong, Nicole	W42 Runner's Life	1:23.43	1:18.35 60.76%	7

W45 400 Meter Dash

Name	Age Team	Finals	Age-Grading	Points
1 Harding, Hazel	W45 Ottawa Lions T.F.C.	1:11.93	1:04.62 73.67%	7

W50 400 Meter Dash

Name	Age Team	Finals	Age-Grading	Points
1 Bailey-Mason, Gwen	W52 Univ. Toronto TC	1:15.55	1:04.79 73.47%	7

W55 400 Meter Dash

Name	Age Team	Finals	Age-Grading	Points
1 O'Hagan, Heather	W57 Univ. Toronto TC	1:14.51	1:00.86 78.22%	7

M29&U 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Davidescu, Paul	M29 Univ. Toronto TC	X56.09	56.10 76.98%	7	
2 Berson, Matan	M29 Unattached Ontario	X59.22	59.23 72.91%	7	

M30 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kerebel, Nicolas	M34 Univ. Toronto TC	54.70	54.71 78.94%	7	7
2 Lohonyai, Adam	M32 Brantford T.F.C.	1:08.70	1:08.71 62.85%	7	5

M35 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Miller, Ainsley	M37 Unattached Ontario	X56.94	54.97 78.56%	6	
2 Costa, Chris	M39 Unattached Ontario	X57.37	55.39 77.97%	6	

M40 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Morgan, Otis	M43 Jamcan Int'l	55.89	52.28 82.59%	6	7
2 Frenette, Gilles	M42 Ottawa Lions T.F.C.	1:03.39	59.30 72.82%	6	5
3 Colford, Jonathan	M41 Unattached Ontario	X1:15.37	1:10.51 61.24%	6	

M45 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
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1 Farr, Kevin M48 Univ. Windsor AC 1:00.97 55.21 78.22% 5 7

M50 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mulazim, Khalid (old MR 55.54 Serge Faucher 2017)	M52 U.S.A.T.F.	X54.17	47.43 91.07%	5	MR
2 Faucher, Serge	M54 Ottawa Lions T.F.C.	56.63	49.58 87.11%	5	7
3 Graenert, Mirco	M50 Newmarket Huskie	56.66	49.61 87.06%	5	5
4 Faucher, Claude	M51 Unattached Ontario	X59.65	52.22 82.70%	4	
5 Rayner, Simon	M54 Univ. Toronto TC	1:05.46	57.31 75.36%	4	4
6 Geohagen, Niegel	M50 Jamcan Int'l	1:10.20	1:01.46 70.27%	4	3

M55 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Tries, Dan	M58 Thames AC	1:17.11	1:05.19 66.24%	3	7
-- Chapman, Ric	M58 Unattached Ontario	XDQ		3	163.3

M60 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Gagne, Wayne	M64 Muskoka Algon.	1:04.88	52.91 81.63%	2	7
2 Millward, Steven	M63 Niagara Olympic	1:05.49	53.41 80.87%	2	5

M65 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Stoyan, Tom	M68 York Univ. T.F.C	1:34.40	1:13.98 58.37%	2	7

M75 400 Meter Dash

Name	Age Team	Finals	Age-Grading	Points
1 Sekhon, Pritam	M75 Unattached Ontario	X2:45.07	1:55.29 37.46%	

M95 400 Meter Dash

Name	Age Team	Finals	Age-Grading	Points
1 Sekhon, Atter Singh (no previous CAN record)	M95 Unattached Ontario	X3:06.60	58.11 74.31%	CAN

W35 800 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Sakharov, Tanya	W38 Variety Village	2:33.47	2:32.72 74.18%	7

W40 800 Meter Run

Name	Age Team	Finals	Age-Grading	Points
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1 Boisclair, Jamie	W41 Physi-Kult Kingston	2:43.04	2:35.50	72.85%	7
2 Bradley, Lisa	W41 Unattached Ontario	X2:57.99	2:49.75	66.73%	

W50 800 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Maguire, Liz	W52 Ottawa Lions T.F.C.	2:38.98	2:18.46 81.82%	7
2 Koch, Anne	W53 Univ. Toronto TC	2:55.13	2:32.53 74.27%	5

W55 800 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Ohler, Makie	W56 Univ. Toronto TC	2:53.07	2:23.57 78.90%	7

W60 800 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Northcott, Clara	W64 Univ. Toronto TC	3:14.28	2:32.48 74.29%	7

M30 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Lohonyai, Adam	M32 Brantford T.F.C.	2:59.86	2:59.87 56.22%	3	7

M40 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mirco, Sheldon	M42 Unattached Ontario	X2:13.96	2:08.07 78.95%	3	
2 Gardiner, Mark	M41 Unattached Ontario	X2:14.25	2:08.35 78.78%	3	
3 Frenette, Gilles	M42 Ottawa Lions T.F.C.	2:29.62	2:23.04 70.69%	3	7
4 Hrynkow, Christopher	M41 Univ. Toronto TC	2:51.83	2:44.27 61.55%	3	5

M45 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Brecher, Jay	M45 Univ. Toronto TC	2:13.04	2:02.44 82.58%	3	7
2 Menzies, Patrick	M48 Unattached Ontario	X2:24.13	2:12.65 76.23%	3	
3 Farr, Kevin	M48 Univ. Windsor AC	2:31.30	2:19.25 72.62%	3	5
4 Mawani, Zohrab	M48 Longboat RR	2:31.43	2:19.37 72.55%	3	4

M50 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Dyck, Jim	M53 Toronto Harriers	2:09.27	1:54.37 88.41%	2	7
2 Graenert, Mirco	M50 Newmarket Huskie	2:12.31	1:57.06 86.38%	2	5
3 Geohagen, Niegel	M50 Jamcan Int'l	2:44.82	2:25.82 69.34%	2	4
4 Moriarity, Dan	M50 Unattached Ontario	X2:49.65	2:30.09 67.37%	2	

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M55 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Sherar, Michael (old MR 2:11.00 Francois Martel PQ 2009)	M55 Univ. Toronto TC	2:09.53	1:49.98 91.94%	2	7 MR
2 Osland, Paul	M55 Univ. Toronto TC	2:13.09	1:53.00 89.48%	2	5
3 Tries, Dan	M58 Thames AC	2:48.06	2:22.69 70.86%	2	4

M60 800 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Freemantle, James	M60 Newmarket Huskie	2:54.89	2:22.24 71.08%	7
2 Walsh, Patrick	M63 Univ. Toronto TC	2:58.11	2:24.86 69.80%	5

M65 800 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Hamilton, Ken	M69 Newmarket Huskie	2:54.37	2:15.60 74.57%	7
2 Stoyan, Tom	M68 York Univ. T.F.C	3:55.85	3:03.40 55.13%	5

M75 800 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Mackie, Chris	M78 Unattached Ontario	X3:02.30	2:06.23 80.10%	
2 Sekhon, Pritam	M75 Unattached Ontario	X6:36.84	4:34.78 36.80%	

W30 1500 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Doyle, Jaclyn	W31 Toronto Harriers	5:27.24	5:27.25 71.04%	7

W40 1500 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Boisclair, Jamie	W41 Physi-Kult Kingston	5:34.15	5:16.01 73.57%	7

W50 1500 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Maguire, Liz	W52 Ottawa Lions T.F.C.	5:14.48	4:31.31 85.69%	7
2 Cochrane-Brink, Kate	W51 Univ. Toronto TC	5:37.15	4:50.86 79.93%	5
3 Koch, Anne	W53 Univ. Toronto TC	5:54.44	5:05.78 76.03%	4
4 Mantel, Kathy	W51 Brantford T.F.C.	5:56.03	5:07.15 75.69%	3

W55 1500 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Ohler, Makie	W56 Univ. Toronto TC	5:38.29	4:37.81 83.68%	7
2 Hicks, Carolyn	W56 Univ. Toronto TC	7:23.89	6:04.53 63.77%	5

W60 1500 Meter Run

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Name	Age Team	Finals	Age-Grading	Points
1 Northcott, Clara	W64 Univ. Toronto TC	6:17.65	4:53.02 79.34%	7
2 Willis, Katherine	W60 Univ. Toronto TC	7:37.06	5:54.64 65.55%	5

M35 1500 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Thompson, Craig	M36 Unattached Ontario	X5:02.58	4:59.95 68.68%	2	

M45 1500 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Levy, David	M46 Unattached Ontario	X4:55.93	4:30.04 76.28%	2	

M50 1500 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Rayner, Simon	M54 Univ. Toronto TC	4:36.53	4:01.44 85.32%	2	7
2 Munro, Alistair	M53 Toronto Harriers	4:46.99	4:10.58 82.21%	2	5
3 Cattana, Robert	M52 Toronto Harriers	4:51.00	4:14.08 81.08%	2	4
4 Cassel, Gary	M51 Cambridge Harriers	5:06.84	4:27.91 76.89%	2	3
5 Madsen, Chris	M51 Univ. Toronto TC	5:33.69	4:51.35 70.71%	2	2
6 Moriarity, Dan	M50 Unattached Ontario	X5:41.96	4:58.57 69.00%	2	

M55 1500 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Greenaway, Bill	M55 Unattached Ontario	X5:33.01	4:37.64 74.20%	2	

M60 1500 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Walsh, Patrick	M63 Univ. Toronto TC	5:55.50	4:42.24 72.99%	7
2 Freemantle, James	M60 Newmarket Huskie	5:58.24	4:44.41 72.43%	5
3 Farr, Anthony	M64 Univ. Toronto TC	6:01.03	4:46.63 71.87%	4
4 Chee, Wayne	M64 Univ. Toronto TC	6:26.60	5:06.93 67.12%	3
5 Lam, Tom	M60 Unattached Ontario	X7:13.99	5:44.55 59.79%	

M65 1500 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Hamilton, Ken	M69 Newmarket Huskie	5:58.13	4:29.64 76.40%	7

M75 1500 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Mackie, Chris	M78 Unattached Ontario	X6:09.86	4:02.49 84.96%	
2 Sekhon, Pritam	M75 Unattached Ontario	X13:27.30	8:49.27 38.92%	

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W35 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Smith, Andrea	W35 Monarch AC	10:36.97	10:28.12 79.83%	7
2 Weber, Maria	W39 Longboat RR	11:38.15	11:28.45 72.83%	5

W40 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Clarke, Michelle	W44 Longboat RR	11:18.96	10:48.62 77.31%	7

W50 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Mantel, Kathy	W51 Brantford T.F.C.	12:30.24	10:39.73 78.38%	7
2 Koch, Anne	W53 Univ. Toronto TC	13:10.90	11:14.41 74.35%	5

W55 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Ohler, Makie	W56 Univ. Toronto TC	11:58.73	9:33.84 87.38%	7

W60 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Northcott, Clara	W64 Univ. Toronto TC	13:33.21	10:05.03 82.88%	7

M35 3000 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kinsella, Ian	M37 Toronto Harriers	9:58.62	9:58.63 73.50%	2	7

M40 3000 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Tepper, Dave	M43 Newmarket Huskie	10:00.85	9:39.95 75.87%	2	7
2 Diaz, Brenton	M43 Unattached Ontario	X11:11.18	10:47.83 67.92%	2	
3 Gommier, Dale	M43 Unattached Ontario	X11:11.24	10:47.89 67.91%	2	

M45 3000 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Loepky, Rodney	M49 Physi-Kult Kingston	9:38.32	8:58.07 81.77%	2	7
2 Lopez-Bravo, Pedro	M48 Newmarket Huskie	9:57.45	9:15.87 79.15%	2	5
3 Menzies, Patrick	M48 Unattached Ontario	X10:24.05	9:40.62 75.78%	2	
4 Mawani, Zohrab	M48 Longboat RR	10:59.02	10:13.16 71.76%	2	4

M50 3000 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Xu, Jianping	M53 Dundas Valley	11:26.46	10:14.80 71.57%	2	7
2 Cassel, Gary	M51 Cambridge Harriers	11:26.71	10:15.02 71.54%	2	5

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M55 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Greenaway, Bill	M55 Unattached Ontario	X12:22.25	10:38.93	68.86%
2 Wallace, James	M56 Unattached Ontario	X13:19.02	11:27.80	63.97%

M60 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Farr, Anthony	M64 Univ. Toronto TC	12:36.49	10:24.87	70.42% 7
2 Freemantle, James	M60 Newmarket Huskie	12:39.08	10:27.01	70.18% 5
3 Chee, Wayne	M64 Univ. Toronto TC	13:40.27	11:17.55	64.94% 4

M65 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Hamilton, Ken	M69 Newmarket Huskie	12:45.41	10:04.53	72.78% 7

M75 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Collins, Roydon	M75 Niagara Olympic	13:40.89	9:33.48	76.73% 7
2 Norcliffe, Glen	M75 Toronto Olympic	13:53.84	9:42.53	75.53% 5

M80 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Geddes, Jack	M81 Unattached Ontario	X16:18.05	10:20.77	70.88%

M50 60 Meter Hurdles

Name	Age Team	Finals	Age-Grading	Points
1 Skeete, Marcus	M51 Univ. Toronto TC	9.84	8.78	83.13% 7
2 Dechellis, Matthew	M50 Unattached Ontario	X10.95	9.77	74.70%
3 Folkes, Shawn	M50 Jamcan Int'l	11.47	10.24	71.32% 5

M55 60 Meter Hurdles

Name	Age Team	Finals	Age-Grading	Points
1 Chipkar, Glenn	M59 Etobicoke T.F.C.	10.53	9.01	81.10% 7

M60 60 Meter Hurdles

Name	Age Team	Finals	Age-Grading	Points
1 Cilevitz, Ralph	M64 Jamcan Int'l	14.04	11.68	62.54% 7

M70 60 Meter Hurdles

Name	Age Team	Finals	Age-Grading	Points
1 Lech, Ryszard	M70 Jamcan Int'l	11.11	8.58	85.15% 7 CAN

(old CAN 11.3 Ian Hume PQ 1985, tie MR 11.11 Chuck Sochor USA 1999) **MRtie**

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M50 1609 Meter Steeplechase

Name	Age Team	Finals	Age-Grading H#	Points
1 Xu, Jianping	M53 Dundas Valley	6:45.61	2	7
2 Geohagen, Niegel	M50 Jamcan Int'l	6:55.34	2	5

M55 1609 Meter Steeplechase

Name	Age Team	Finals	Age-Grading H#	Points
1 Baldamus, Steve	M58 Unattached Ontario	X9:06.12	2	

M75 1609 Meter Steeplechase

Name	Age Team	Finals	Age-Grading	Points
1 Sekhon, Pritam	M75 Unattached Ontario	X16:42.03		

W30-39 4x200 Meter Relay

Team	Finals	Points
1 Jamcan International Athletics 'A' 1) King, Debbie 43 2) Reid, Linda 48 3) McLean, Kem 38 4) Mullings, Sheree 37 (old CAN 2:07.90 Catton, Ballon, Cochrane-Brink, Primorac 2015)	1:59.36	7 CAN

M40-49 4x200 Meter Relay

Team	Finals	Points
1 Jamcan International Athletics 'A' 1) Beechey, Matt 48 2) Pontes, Jack 47 3) Geohagen, Niegel 50 4) Morgan, Otis 43	1:52.00	7

W40-49 4x200 Meter Relay

Team	Finals	Points
1 Unattached 'A' 1) Garfunkel, Violeta 45 2) Armstrong, Nicole 42 3) Zinman, Debbie 49 4) Harding, Hazel 45	X2:07.05	

M50-59 4x200 Meter Relay

Team	Finals	Points
1 Jamcan International Athletics 'A' 1) Baptiste, Joseph 58 2) Robinson, Paul 53 3) Folkes, Shawn 50 4) Lee Foon, Mike 58	1:52.52	7

M40-49 4x400 Meter Relay

Team	Finals	Points
1 Jamcan International Athletics 'A' 1) Folkes, Shawn 50 2) Baptiste, Joseph 58 3) Geohagen, Niegel 50 4) Morgan, Otis 43	5:04.09	7

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Mixed 50-59 4x400 Meter Relay

Team	Finals	Points
1 University of Toronto T.C. 'A'	5:38.16	7
1) Chee, Wayne 64	2) Madsen, Chris 51	
3) Koch, Anne 53	4) Northcott, Clara 64	

M30 High Jump

Name	Age Team	Finals	Age-Grading	Points
1 Nishida, Raphael	M30 Univ. Toronto TC	1.28m	1.28m 52.24%	7

M40 High Jump

Name	Age Team	Finals	Age-Grading	Points
1 Sara, Zoltan	M43 Brockville	1.80m	1.88m 76.92%	7
2 Morgan, Otis	M43 Jamcan Int'l	1.04m	1.09m 44.44%	5

M45 High Jump

Name	Age Team	Finals	Age-Grading	Points
1 Beechey, Matt	M48 Jamcan Int'l	1.36m	1.49m 61.26%	7

W45 High Jump

Name	Age Team	Finals	Age-Grading	Points
1 Viggers, Tracy	W47 Unattached Ontario	X1.32m	1.53m 73.33%	
2 Thompson, Marsha	W47 Jamcan Int'l	J1.32m	1.53m 73.33%	7

M50 High Jump

Name	Age Team	Finals	Age-Grading	Points
1 Folkes, Shawn	M50 Jamcan Int'l	1.56m	1.81m 73.93%	7
2 Skeete, Marcus	M51 Univ. Toronto TC	1.52m	1.76m 72.04%	5

M55 High Jump

Name	Age Team	Finals	Age-Grading	Points
1 Ritchie, Donald	M57 Unattached Ontario	X1.60m	1.96m 80.00%	MR
(old MR 1.56m Don last year)				

M60 High Jump

Name	Age Team	Finals	Age-Grading	Points
1 Varone, John	M60 Jamcan Int'l	1.40m	1.82m 74.47%	7
2 Cilevitz, Ralph	M64 Jamcan Int'l	1.04m	1.35m 55.32%	5

M65 High Jump

Name	Age Team	Finals	Age-Grading	Points
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1 Zowkewych, Peter M68 Univ. Toronto TC 1.32m 1.83m 74.58% 7

M75 High Jump

Name	Age Team	Finals	Age-Grading	Points
1 Tams, Peter	M79 Unattached Ontario	X1.04m	1.65m	67.53%

M50 Pole Vault

Name	Age Team	Finals	Age-Grading	Points
-- White, Paul	M52 Dorchester PV	NH		

M60 Pole Vault

Name	Age Team	Finals	Age-Grading	Points
1 Schaber, Mark	M60 Unattached Ontario	X2.95m	4.19m	68.45%

M29&U Long Jump

Name	Age Team	Finals	Age-Grading	Points
1 Young, Arren	M27 Phoenix	X6.96m	6.96m	77.77%

M30 Long Jump

Name	Age Team	Finals	Age-Grading	Points
6 Liu, Box	M30 Univ. Toronto TC	J4.87m	4.87m	54.41% 7
8 Phala, Sefako	M31 Unattached Ontario	XJ4.60m	4.60m	51.40%
14 Nishida, Raphael	M30 Univ. Toronto TC	J2.85m	2.85m	31.84% 5

W30 Long Jump

Name	Age Team	Finals	Age-Grading	Points
5 Pedrero, Claudia	W30 Univ. Toronto TC	J4.89m	4.89m	65.03% 7

W35 Long Jump

Name	Age Team	Finals	Age-Grading	Points
2 Reyes, Lorena	W35 Ultimate Body	J5.18m	5.43m	72.35% 7
12 McLean, Kem	W38 Jamcan Int'l	J3.80m	3.99m	53.07% 5

M45 Long Jump

Name	Age Team	Finals	Age-Grading	Points
3 Pontes, Jack	M47 Jamcan Int'l	J5.09m	5.87m	65.68% 7
4 Munro, Lenroy	M48 Unattached Ontario	XJ5.03m	5.81m	64.90%
7 Mason, Alex-Bobbie	M46 Univ. Toronto TC	J4.70m	5.42m	60.65% 5
15 Beechey, Matt	M48 Jamcan Int'l	J2.71m	3.13m	34.97% 4

W45 Long Jump

Name	Age Team	Finals	Age-Grading	Points
11 Viggers, Tracy	W47 Unattached Ontario	XJ4.05m	4.76m	63.38%

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M50 Long Jump

Name	Age Team	Finals	Age-Grading	Points
9 Skeete, Marcus	M51 Univ. Toronto TC	J4.32m	5.30m 59.34%	7

M60 Long Jump

Name	Age Team	Finals	Age-Grading	Points
10 Cilevitz, Ralph	M64 Jamcan Int'l	J4.19m	5.89m 65.88%	7
13 Baldsing, Bryan	M61 Jamcan Int'l	J3.68m	5.18m 57.86%	5

M75 Long Jump

Name	Age Team	Finals	Age-Grading	Points
16 Tams, Peter	M79 Unattached Ontario	XJ2.66m	4.79m 53.52%	
18 Sekhon, Pritam	M75 Unattached Ontario	XJ0.78m	1.40m 15.69%	

M95 Long Jump

Name	Age Team	Finals	Age-Grading	Points
17 Sekhon, Atter Singh	M95 Unattached Ontario	XJ1.14m	3.27m 36.66%	CAN
(no previous CAN record)				

M29&U Triple Jump

Name	Age Team	Finals	Age-Grading	Points
1 Barnett, Shamar	M20 U.S.A.T.F.	X12.99m	12.99m 71.02%	

W40 Triple Jump

Name	Age Team	Finals	Age-Grading	Points
7 Gariffe, Tanya	W41 Unattached Ontario	XJ 7.57m	8.16m 52.64%	MR
(old MR 6.70 Vera Cabanus 1992)				

M40 Triple Jump

Name	Age Team	Finals	Age-Grading	Points
2 Sara, Zoltan	M43 Brockville	J11.13m	11.83m 64.71%	7

W45 Triple Jump

Name	Age Team	Finals	Age-Grading	Points
5 Viggers, Tracy	W47 Unattached Ontario	XJ8.70m	9.95m 64.25%	

M45 Triple Jump

Name	Age Team	Finals	Age-Grading	Points
3 Munro, Lenroy	M48 Unattached Ontario	XJ10.97m	12.36m 67.59%	

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4 Pontes, Jack M47 Jamcan Int'l J10.56m 11.90m 65.06% 7

M60 Triple Jump

Name	Age	Team	Finals	Age-Grading	Points
6 Cilevitz, Ralph	M64	Jamcan Int'l	J7.81m	10.71m 58.59%	7
8 Black, Tom	M63	Unattached Ontario	XJ7.56m	10.37m 56.71%	
9 Baldsing, Bryan	M61	Jamcan Int'l	J7.30m	10.01m 54.76%	5

M75 Triple Jump

Name	Age	Team	Finals	Age-Grading	Points
10 Sekhon, Pritam	M75	Unattached Ontario	XJ2.31m	4.05m 22.17%	

W35 Shot Put

Name	Age	Team	Finals	Age-Grading	Points
6 Mullings, Sheree	W37	Jamcan Int'l	J8.43m	8.74m 38.62%	7
8 Norman, Chantell	W36	Jamcan Int'l	J7.63m	7.91m 34.95%	5
12 McLean, Kem	W38	Jamcan Int'l	J7.40m	7.67m 33.90%	4

W40 Shot Put

Name	Age	Team	Finals	Age-Grading	Points
5 Gariffe, Tanya	W41	Unattached Ontario	XJ8.45m	9.37m 41.44%	
10 King, Debbie	W43	Jamcan Int'l	J7.54m	8.36m 36.98%	7
13 Dorsett, Cindy	W42	Jamcan Int'l	J5.75m	6.38m 28.20%	5

W45 Shot Put

Name	Age	Team	Finals	Age-Grading	Points
1 Viggers, Tracy (old MR 10.29 Elizabeth Hill 2010)	W47	Unattached Ontario	X10.45m	12.48m 55.15%	MR
7 Friday, Alicia	W45	Unattached Ontario	XJ7.75m	9.25m 40.90%	
9 Thompson, Marsha	W47	Jamcan Int'l	J7.58m	9.05m 40.00%	7
11 Reid, Linda	W48	Jamcan Int'l	J7.41m	8.84m 39.10%	5

W50 Shot Put

Name	Age	Team	Finals	Age-Grading	Points
3 Easton, Leah	W53	Throwers Club	J9.22m	11.62m 51.36%	7
4 McCarthy, Tracey (willow)	W51	Unattached Ontario	XJ8.78m	11.06m 48.91%	

W60 Shot Put

Name	Age	Team	Finals	Age-Grading	Points
2 Garner, Doreen	W64	Throwers Club	J10.14m	15.22m 67.29%	7

M30 Shot Put

Name	Age	Team	Finals	Age-Grading	Points
1 Norman, Jermaine	M34	Jamcan Int'l	7.66m	7.66m 33.13%	7

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2 Nishida, Raphael M30 Univ. Toronto TC 6.39m 6.39m 27.64% 5

M40 Shot Put

Name	Age Team	Finals	Age-Grading	Points
1 Andrew, Dale	M41 Unattached Ontario	X10.24m	11.40m 49.33%	
2 Clark, Kyle	M40 Unattached Ontario	X8.02m	8.93m 38.63%	

M45 Shot Put

Name	Age Team	Finals	Age-Grading	Points
1 Beechey, Matt	M48 Jamcan Int'l	8.41m	10.11m 43.73%	7
2 Pontes, Jack	M47 Jamcan Int'l	7.36m	8.84m 38.27%	5
3 Paraiso, Jean-Emile	M45 Longboat RR	7.05m	8.47m 36.66%	4
4 Mason, Alex-Bobbie	M46 Univ. Toronto TC	6.85m	8.23m 35.62%	3

M50 Shot Put

Name	Age Team	Finals	Age-Grading	Points
1 Folkes, Shawn	M50 Jamcan Int'l	10.57m	12.38m 53.57%	7
2 Sethukavalar, Manoharan	M53 Unattached Ontario	X10.35m	12.13m 52.46%	
3 Robinson, Paul	M53 Jamcan Int'l	8.94m	10.47m 45.31%	5
4 Skeete, Marcus	M51 Univ. Toronto TC	7.57m	8.87m 38.37%	4

M55 Shot Put

Name	Age Team	Finals	Age-Grading	Points
1 Mazhar, Ayman	M59 Univ. Toronto TC	8.27m	10.50m 45.44%	7

M60 Shot Put

Name	Age Team	Finals	Age-Grading	Points
1 Dabrowa, Jerzy	M60 Unattached Ontario	X10.29m	12.84m 55.56%	
2 Virk, Sukhwinder	M60 Unattached Ontario	X10.17m	12.69m 54.91%	
3 Wyroba, Piotr	M61 Unattached Ontario	X9.74m	12.15m 52.59%	
4 Varone, John	M60 Jamcan Int'l	9.70m	12.10m 52.38%	7
5 Cheema, Harbans	M63 Unattached Ontario	X9.39m	11.72m 50.70%	
6 Cilevitz, Ralph	M64 Jamcan Int'l	7.63m	9.52m 41.20%	5

M65 Shot Put

Name	Age Team	Finals	Age-Grading	Points
1 Zowkewych, Peter	M68 Univ. Toronto TC	10.51m	14.30m 61.86%	7
2 Pearson, William	M66 Throwers Club	9.89m	13.45m 58.21%	5
3 Wyroba, Jerzy	M69 Unattached Ontario	X9.64m	13.11m 56.74%	

M70 Shot Put

Name	Age Team	Finals	Age-Grading	Points
1 Johnston, Frank	M70 Brockville	8.55m	10.94m 47.37%	7

M75 Shot Put

Name	Age Team	Finals	Age-Grading	Points
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1	Kasperski, John	M75	Throwers Club	11.00m	15.39m	66.59%	7
2	McColeman, Gary	M76	Throwers Club	6.04m	8.45m	36.56%	5
3	Toscano, Enrico	M78	Throwers Club	5.60m	7.83m	33.90%	4

M80 Shot Put

Name	Age	Team	Finals	Age-Grading	Points
1 Morris, David	M80	Throwers Club	8.25m	12.41m 53.71%	7

M95 Shot Put

Name	Age	Team	Finals	Age-Grading	Points
1 Sekhon, Atter Singh	M95	Unattached Ontario	X4.07m	9.78m 42.31%	CAN
(no previous CAN record)					

M30 Weight Throw

Name	Age	Team	Finals	Age-Grading	Points
6 Norman, Jermaine	M34	Jamcan Int'l	J6.61m	6.61m 25.56%	7
10 Nishida, Raphael	M30	Univ. Toronto TC	J4.86m	4.86m 18.79%	5

W35 Weight Throw

Name	Age	Team	Finals	Age-Grading	Points
8 Norman, Chantell	W36	Jamcan Int'l	J5.83m	6.36m 26.98%	7

M40 Weight Throw

Name	Age	Team	Finals	Age-Grading	Points
3 Andrew, Dale	M41	Unattached Ontario	XJ9.85m	10.73m 41.51%	
5 Clark, Kyle	M40	Unattached Ontario	XJ7.22m	7.86m 30.43%	

M45 Weight Throw

Name	Age	Team	Finals	Age-Grading	Points
9 Pontes, Jack	M47	Jamcan Int'l	J5.33m	6.23m 24.11%	7

M50 Weight Throw

Name	Age	Team	Finals	Age-Grading	Points
2 Sethukavalar, Manoharan	M53	Unattached Ontario	XJ11.44m	11.99m 46.39%	

W50 Weight Throw

Name	Age	Team	Finals	Age-Grading	Points
4 McCarthy, Tracey (willow)	W51	Unattached Ontario	XJ9.72m	11.49m 48.70%	
7 Easton, Leah	W53	Throwers Club	J6.49m	7.67m 32.52%	7

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M55 Weight Throw

Name	Age Team	Finals	Age-Grading	Points
1 Mazhar, Ayman	M59 Univ. Toronto TC	15.11m	16.96m 65.58%	7

M60 Weight Throw

Name	Age Team	Finals	Age-Grading	Points
1 Cilevitz, Ralph	M64 Jamcan Int'l	9.67m	10.08m 38.98%	7
2 Dabrowa, Jerzy	M60 Unattached Ontario	X9.17m	9.55m 36.96%	

W60 Weight Throw

Name	Age Team	Finals	Age-Grading	Points
1 Garner, Doreen	W64 Throwers Club	10.93m	13.23m 56.08%	7

M65 Weight Throw

Name	Age Team	Finals	Age-Grading	Points
1 Pearson, William	M66 Throwers Club	11.41m	12.72m 49.20%	7

W70 Weight Throw

Name	Age Team	Finals	Age-Grading	Points
1 Green, Lucille	W70 Throwers Club	6.86m	10.06m 42.64%	7

M75 Weight Throw

Name	Age Team	Finals	Age-Grading	Points
1 Kasperski, John	M75 Throwers Club	13.64m	16.75m 64.80%	7
2 Toscano, Enrico	M78 Throwers Club	6.41m	7.87m 30.45%	5

M80 Weight Throw

Name	Age Team	Finals	Age-Grading	Points
1 Morris, David	M80 Throwers Club	10.35m	13.49m 52.19%	7

M95 Weight Throw

Name	Age Team	Finals	Age-Grading	Points
1 Sekhon, Atter Singh	M95 Unattached Ontario	X4.79m	10.08m 39.01%	CAN
(no previous CAN record)				

W29&U 3000 Meter Race Walk

Name	Age Team	Finals	Age-Grading	Points
1 Schneider, Amanda	W29 Ontario Racewalk	X17:38.40	17:38.41 65.67%	

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W40 3000 Meter Race Walk

Name	Age Team	Finals	Age-Grading	Points
1 Smetana, Blanka	W44 Toronto RW	17:40.61	17:00.84 68.08%	7

M45 3000 Meter Race Walk

Name	Age Team	Finals	Age-Grading	Points
1 Pontes, Jack	M47 Jamcan Int'l	23:37.81	21:30.92 48.91%	7

M50 3000 Meter Race Walk

Name	Age Team	Finals	Age-Grading	Points
1 Swarts, David	M53 U.S.A.T.F.	X14:14.49	12:26.40 84.60%	
2 Xu, Jianping	M53 Dundas Valley	14:44.32	12:52.46 81.74%	7
3 O'Brien, Dan	M54 U.S.A.T.F.	X16:06.68	14:04.40 74.78%	
4 Geohagen, Niegel	M50 Jamcan Int'l	23:04.76	20:09.59 52.20%	5

W65 3000 Meter Race Walk

Name	Age Team	Finals	Age-Grading	Points
-- Kozell, Kris	W66 Ontario Racewalk	DQ		230.7a

M75 3000 Meter Race Walk

Name	Age Team	Finals	Age-Grading	Points
-- Sekhon, Pritam	M75 Unattached Ontario	XDQ		230.7a