

Name	City	Age Group	ChipTime	RT_Split1	RT_Split2	RT_Split3	Age Grade %
Emily Campbell	Dundas	F20-24	3:28:47.6	1:09:27.5	1:44:06.1	2:19:47.6	44.0 %
Mengistu Emebet	mississauga	F25-29	1:45:55.9	0:34:28.4	0:52:11.5	1:09:38.3	89.0 %
Haley Walker	Sarnia	F25-29	2:27:25.1	0:49:09.0	1:13:31.8	1:37:43.8	63.6 %
Holly Sundy	Huntsville	F25-29	2:41:38.9	0:55:45.1	1:22:27.2	1:48:54.5	57.7 %
Sarah Pifer	Huntsville	F25-29	2:46:53.9	0:55:43.9	1:22:26.5	1:48:54.7	55.9 %
Jade Babcock	Ottawa	F25-29	2:52:42.1	0:57:50.3	1:27:00.7	1:55:51.7	53.6 %
Rachel Hannah	Guelph	F30-34	1:51:41.9	0:36:18.1	0:54:52.5	1:13:42.8	84.5 %
Danielle Giliauskas	Oakville	F30-34	2:38:36.2	0:51:46.2	1:18:34.9	1:45:12.9	58.8 %
Darla Coles	Huntsville	F35-39	2:14:32.9	0:43:23.9	1:05:45.4	1:28:39.7	71.6 %
Melissa Kosowan	Barrie	F35-39	2:22:00.9	0:46:37.9	1:10:36.1	1:34:16.8	66.7 %
Katharine O'hearn	Ottawa	F35-39	2:32:33.6	0:47:02.8	1:11:58.3	1:37:44.6	62.5 %
Meghan Langill	Whitby	F35-39	2:55:07.0	0:57:07.6	1:26:04.6	1:54:55.9	53.6 %
Mei Ling	Toronto	F35-39	3:26:37.3	1:01:29.6	1:34:45.7	2:09:11.8	45.0 %
Viktori Brown	Whitby	F40-44	31:38.9				65.0 %
Krista Duchene	Brantford	F40-44	1:56:28.5	0:37:19.5	0:56:32.8	1:16:27.3	84.5 %
Emily Smith	Toronto	F40-44	2:42:56.5	0:52:38.1	1:19:31.1	1:46:31.0	59.3 %
Kirstin Thomas	Huntsville	F40-44	3:18:50.8	1:00:49.5	1:32:09.3	2:04:36.3	48.9 %
Susan Anderson	Guelph	F40-44	3:23:24.7	1:06:14.5	1:39:37.7	2:14:01.2	46.3 %
Lynn Dempsey	Brantford	F45-49	2:09:15.7	0:41:43.2	1:03:01.2	1:24:53.8	78.1 %
Helen Dempster	Port Sydney	F45-49	2:11:03.3	0:42:50.3	1:04:58.4	1:27:10.8	78.5 %
Kerstin de Wit	Burlington	F45-49	2:33:04.5	0:48:00.8	1:13:07.9	1:38:55.4	66.1 %
Cathy Vandergeest	Toronto	F45-49	3:40:45.7	1:12:35.7	1:51:56.4	2:28:50.6	45.9 %
Robin Todd	Cambridge	F50-54	2:11:12.8	0:42:46.0	1:04:49.0	1:26:45.8	85.5 %
Claire Zhang	Richmond Hill	F50-54	2:23:39.6	0:45:26.7	1:09:15.3	1:33:22.8	75.1 %
Nathalie Auger	Toronto	F50-54	2:26:51.5	0:48:59.9	1:14:03.7	1:38:27.0	75.1 %
Kathy Mantel	Princeton	F50-54	2:31:03.5	0:48:05.7	1:13:05.9	1:38:26.2	71.4 %
Tannis Wettlaufer	Huntsville	F50-54	2:53:45.5	0:57:09.1	1:25:57.9	1:54:32.0	60.1 %
Christine Horner	Brampton	F50-54	2:57:14.4	0:57:12.8	1:27:07.5	1:57:08.1	63.0 %
Michelle Wang	North York	F50-54	3:07:50.5	0:57:32.4	1:28:33.1	2:00:23.9	58.2 %
Lisa Myers	Pickering	F50-54	3:16:07.4	0:59:40.3	1:32:15.9	2:04:36.1	54.6 %
Makie Ohler	Toronto	F55-59	2:22:07.9				81.9 %
Debbie Macdonald	Mississauga	F55-59	2:32:00.5	0:50:40.8	1:16:10.4	1:41:25.9	76.5 %
Rita Teeter	Guelph	F55-59	2:40:11.6	0:49:09.1	1:15:34.4	1:43:06.5	74.7 %
Jean Maarouf	Woodbridge	F55-59	2:41:29.0	0:53:48.9	1:21:10.2	1:47:57.2	71.0 %

Cathy Hopkins	St. Catharines	F55-59	3:05:26.4	1:00:55.7	1:33:48.9	2:04:21.9	62.2 %
Clara Northcott	Mississauga	F60-64	2:44:19.7				77.8 %
Danielle Beausoleil	Toronto	F60-64	2:45:30.7	0:53:15.5	1:21:13.4	1:49:14.3	72.9 %
Sylvia Cashmore	Peterborough	F65-69	2:55:34.1	0:57:53.0	1:26:56.6	1:56:02.1	76.0 %
Nancy Cole	Milton	F65-69	4:09:00.1	1:17:07.8	1:59:28.7	2:41:27.6	52.3 %
Debbie Macdonald	Hamilton	F65-69	4:43:09.7	1:32:35.5	2:18:28.8	3:05:07.8	46.2 %
Pat Cranston	Lambton Shores	F70-74	3:28:20.8	1:07:36.5	1:42:27.0	2:16:46.9	67.0 %
Lynne Faight	Peterborough	F70-74	3:52:50.7	1:08:10.7	1:45:09.6	2:24:07.7	64.3 %
Patrick Mackinnon	Hamilton	M25-29	1:45:07.3	0:33:41.2	0:51:37.4	1:09:28.5	81.0 %
Daniel Burke	Port Colborne	M25-29	2:08:24.9	0:40:02.3	1:00:59.3	1:23:52.6	66.2 %
Kevin Smith	Welland	M25-29	3:36:56.2	1:04:20.5	1:37:17.9	2:10:01.1	38.2 %
Erik Johnson	Toronto	M30-34	2:04:25.0	0:41:26.1	1:02:21.4	1:23:15.1	68.3 %
Adam Tarvit	Toronto	M35-39	2:06:47.0	0:41:40.7	1:02:56.8	1:23:59.2	68.2 %
Manny Scott	Haileybury	M35-39	2:31:38.9	0:49:19.9	1:14:04.2	1:38:25.4	56.3 %
Craig Thompson	Toronto	M35-39	2:33:03.0	0:46:09.4	1:11:40.0	1:38:18.3	55.9 %
Mitch Free	St. George	M40-44	1:49:07.7	0:36:18.1	0:54:51.5	1:13:02.2	80.7 %
Geoffrey Richards	Whitby	M40-44	1:54:46.6	0:37:20.9	0:56:33.3	1:16:10.1	78.6 %
Kevin Beatty	Frankford	M40-44	1:57:13.9	0:38:25.5	0:58:14.3	1:17:49.4	76.4 %
Chris Watson	Huntsville	M40-44	1:59:14.3	0:38:59.0	0:59:14.8	1:19:31.7	75.6 %
Kip Sigsworth	Thunder Bay, ON	M40-44	2:10:22.8	0:43:48.7	1:05:38.9	1:27:15.3	69.1 %
Stephan De Wit	Burlington	M40-44	2:10:38.0	0:43:20.3	1:05:36.4	1:27:18.0	67.4 %
Robert Carreau	Rosseau	M40-44	2:12:13.8	0:42:31.3	1:04:18.5	1:26:13.4	66.5 %
Dale Gommier	Cambridge	M40-44	2:23:34.1	0:45:12.7	1:08:23.4	1:32:12.5	62.2 %
Kevin Smith	Mississauga	M45-49	2:03:07.3	0:40:22.2	1:01:11.0	1:21:57.3	76.3 %
Mark Sinnige	Huntsville	M45-49	2:03:28.2	0:39:17.6	0:59:40.8	1:19:56.5	76.2 %
Richard Koo	Toronto	M45-49	2:11:16.8	0:44:07.9	1:06:19.8	1:28:12.9	69.3 %
Dave Cooper	Toronto	M45-49	2:12:04.3	0:44:15.6	1:06:52.6	1:29:03.5	69.4 %
Arthur Oskan	Toronto	M45-49	2:13:56.6				67.8 %
Graham Anderson	Guelph	M45-49	2:43:34.0	0:53:57.1	1:21:36.1	1:48:57.8	55.4 %
Rob Horton	Huntsville	M45-49	2:47:47.5	0:51:05.0	1:18:32.1	1:46:44.8	55.1 %
Bill Steinburg	Hamilton	M50-54	2:04:11.7	0:41:38.1	1:02:47.6	1:23:31.9	76.4 %
Mark McClay	Pickering	M50-54	2:08:44.4	0:41:52.0	1:03:18.0	1:24:39.2	76.3 %
Omar Mbengue	Brampton	M50-54	2:10:43.4	0:39:48.5	1:01:45.3	1:24:28.1	73.9 %
Stephen Evans	Toronto	M50-54	2:12:15.3	0:43:50.4	1:06:09.8	1:28:27.4	73.0 %
Damian Dupuy	Toronto	M50-54	2:18:25.9	0:45:34.5	1:09:08.0	1:31:58.3	70.9 %

Andre Boudreault	HUNTSVILLE	M50-54	2:18:35.8	0:44:26.6	1:07:01.6	1:29:52.1	70.7 %
Chris Deighan	Newmarket	M50-54	2:21:29.1	0:39:58.8	1:02:52.7	1:27:34.0	69.5 %
Lorne Singer	Belleville	M50-54	2:24:43.7	0:44:24.5	1:07:48.4	1:31:57.9	67.3 %
Beau Hatcher	Toronto	M50-54	2:25:20.2	0:46:16.1	1:10:03.4	1:34:08.1	66.3 %
John Meijer	Toronto	M55-59	2:00:58.4	0:39:46.2	0:59:48.6	1:20:10.9	83.5 %
Terry Jarrell	Park Ridge	M55-59	2:13:48.3	0:44:47.9	1:07:15.4	1:29:24.1	76.1 %
Peter Gilpin	Scarborough	M55-59	2:17:29.4	0:44:44.8	1:07:48.7	1:30:55.4	72.6 %
Anthony Madott	Toronto	M55-59	2:18:26.4	0:45:40.2	1:08:52.7	1:32:23.2	73.6 %
Trevor Kobe	Toronto	M55-59	2:23:18.6	0:45:58.7	1:10:01.4	1:34:07.7	69.9 %
Brian Gray	Utterson	M55-59	2:31:59.5	0:48:47.4	1:13:32.0	1:38:39.5	65.5 %
Alan Davis	Port Elgin	M55-59	2:41:39.8	0:53:01.8	1:19:57.4	1:46:41.2	61.5 %
Jim Rawling	Toronto	M60-64	2:31:23.2	0:46:49.4	1:12:14.0	1:38:13.0	70.1 %
Jim Van Buskirk	Brampton	M60-64	2:35:23.2	0:50:24.5	1:16:19.9	1:42:13.5	67.9 %
Bill Allan	Burlington	M60-64	2:36:11.3	0:51:24.9	1:17:57.4	1:44:10.7	67.0 %
Lee Nguyen	Mississauga	M60-64	3:37:12.3	1:10:29.7	1:45:07.6	2:20:50.5	47.8 %
Paul Martin	WELLANDPORT	M60-64	4:09:23.8	1:12:44.0	1:53:56.8	2:37:47.0	42.1 %
Taraknath Dey	CALEDON	M60-64	4:40:31.1	1:18:01.9	2:04:34.7	2:56:18.2	37.1 %
David Collins	Burlington	M65-69	2:46:19.8	0:52:47.3	1:20:31.8	1:48:31.1	66.1 %
Henry Gabriels	Egbert	M65-69	3:04:41.1	0:58:53.2	1:29:27.1	1:59:53.6	60.6 %
Michael Rigato	brampton	M65-69	3:12:44.9	0:53:10.7	1:27:00.0	2:00:39.6	56.5 %
Robert Fraser	Ilderton	M65-69	3:16:03.6	1:04:50.9	1:37:05.6	2:10:00.6	53.7 %
Peter Symons	Thornhill	M65-69	3:22:48.4	1:03:35.4	1:37:17.6	2:11:16.6	54.9 %
Richard St. John	Toronto	M70-74	2:41:33.9	0:52:09.4	1:19:15.7	1:45:52.6	72.4 %
Mike Bedley	Willow Beach	M70-74	2:51:24.1	0:51:36.1	1:19:17.0	1:48:49.5	67.4 %
Richard Felton	Sarnia	M70-74	3:33:35.9	1:03:49.5	1:36:41.1	2:13:06.6	54.0 %
John Buchanan	Mississauga	M70-74	3:51:26.7	1:10:32.8	1:46:40.9	2:26:19.3	49.9 %
ROGER BARKER	BURLINGTON	M75+	3:04:24.5	1:00:35.2	1:31:15.7	2:02:02.1	66.0 %