

Event 141 Women Open 10000 Meter Run Open

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Canadian:	*	31:41.59	2015-05-02	Natasha Wodak	
Ontario:	R	31:44.74	2003-05-02	Courtney Babcock (72)	
RCLDS:	!	33:10.47	2011-05-08	Megan Brown, Athletics Toronto	
Name			Year Team	Seed	Finals Points
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1			98 Physi-Kult Kings	33:15.00	34:29.28
2			95	37:26.00	37:48.98
--			91	32:59.99	DNF

Event 142 Men Open 10000 Meter Run Open

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Canadian:	*	27:02.35	2017-08-04	Mohammed Ahmed	
Ontario:	R	27:02.35	2017-08-04	Mohammed Ahmed (91), Niagara Olympic Club	
RCLDS:	!	28:58.90	2015-05-10	Kelly Wiebe, Saskatchewan	
Name			Year Team	Seed	Finals Points
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1			93 Unattached Ontar	29:55.00	29:38.04
2			84 Newmarker Huskie	29:59.28	29:48.37
3			77 Unattached Ontar	30:50.00	30:45.59 ONT
4			96 Physi-Kult Kings	31:00.00	30:48.83
5			99 Harbour Track	30:48.00	30:54.07
6			96 Newmarker Huskie	31:27.90	30:54.64
7			82 Unattached Ontar	30:15.00	30:59.27
8			88 Crimps Cycli	31:00.00	31:10.30
9			98 Harbour Track	31:15.00	31:20.48
10			91 Unattached Ontar	31:00.00	31:20.97
11			93 Unattached Ontar	32:00.00	31:29.09
12			94 Physi-Kult Kings	31:10.00	31:30.31
13			98 U of Toronto TC	31:15.00	31:56.52
14			94 London Western T	31:30.00	32:10.83
15			94 Dundas Valle	31:30.00	32:15.95
16			89 London Runner Di	32:30.00	32:41.28
17			91 Newmarker Huskie	32:56.44	32:49.78
--			93 London Western T		DNF
--			99 London Runner Di		DNF
--			99		DNF
--			60 U of Toronto TC	41:00.00	DNS