

# Winter Mini Meet Records

Only tabulated 30 and older marks

50m	Duane Napier	37	5.98	09 #2	Mavis Ayiphey	31	6.82	09 #2
60m	Troy Dos Santos	33	6.72	08 #3	Tomikka Harrison	31	7.91	07 #1
150m	Michael James	38	17.48	19 #1	<b>Khama Beckles</b>	<b>44</b>	<b>20.90</b>	<b>20 #1</b>
200m	Dree Ryan	30	22.15	09 #1	Karla Del Grande	52	27.03	06 #2
300m	Malik Crepsac	39	36.67	06 #1	Maureen Rodrigue	39	43.78	04
400m	Malik Crepsac	39	52.29	06 #3	Maureen Rodrigue	39	61.82	04
600m	Jordan Rosenberg	35	1:30.22	05	<b>Tanya Sakharov</b>	<b>39</b>	<b>1:45.53</b>	<b>20 #1</b>
800m	Mike Sherar	45	2:01.27	09 #2	<b>Jennifer Schindler</b>	<b>36</b>	<b>2:27.03</b>	<b>20 #3</b>
1000m	Michal Kapral	32	2:42.03	05	Gillian Tweedie	32	3:03.56	13 #2
1500m	Rich Tremain	38	4:14.76	10 #1	Teresa Duck	32	4:40.23	08 #1
Mile	Rich Tremain	39	4:32.06	11 #3	Cecilia O'Neill	40	5:20.42	04
2 Miles	Antony Mwangi	35	9:54.28	06 #3	Margaret Watson	45	12:41.54	08 #3
3000m	Fred Robbins	40	8:58.6	95	Mary Unsworth	39	10:05.06	18 #1
5000m	Chris Deighan	56	17:19.38	17 #2	Mary Unsworth	40	17:07.11	18 #2
1500mW`	JP Xu	45	6:51.0	11 #1	Nanci Patten Sweazey	49	7:15.42	05
3000mW	JP Xu	45	14:16.86	11 #2	Nanci Patten Sweazey	47	15:30.07	03
Steeple 30"	Wayne Chee	60	7:09.85	15 #3	Joy Kramarich	57	8:10.13	18 #3
Steeple 36"	Predrag Mladenovic	42	4:54.88	15 #3	Nicole Luke	45	8.87	18 #1
<b>50m H</b>	<b>Glenn Chipkar</b>	<b>60</b>	<b>8.44</b>	<b>20 #1</b>	Nicole Luke	44	10.88	17 #3
<b>60m H</b>	<b>Tino Ngoy</b>	<b>39</b>	<b>9.21</b>	<b>20 #2</b>	Lorena Reyes	35	4.99	19 #2
LJ	Maurice Ennis	30	7.16	04	<b>Mary Egbo-Egbo</b>	<b>34</b>	<b>9.85</b>	<b>20 #2</b>
TJ	Dennis McWhinney	41	12.49	04	Kristen Matthews	34	1.55	17 #3
HJ	Zoltan Sara	35	1.91	11 #2	<b>Charlotte Ireland</b>	<b>40</b>	<b>2.95</b>	<b>20 #1</b>
PV	Kristian Wilson	31	5.00	08 #3				

Throws are not compiled.