

Jim Breslin Cup Standings 2009

only scoring team members listed

Final Standings - Best Four Races

| | | |
|----------------|--------------------------|------------|
| Winners | Newmarket Huskies | 100 |
| | South Simcoe Dufferin TC | 267 |
| | Longboat Roadrunners | 529 |
| | Etobicoke Track Club | 731 |

Series Points

Guelph Falling Leaves - September 19th

| | <u>Last name</u> | <u>First name</u> | <u>Team</u> | <u>Time</u> | <u>AG%</u> | <u>NEWH</u> | <u>SSD</u> |
|----|------------------|-------------------|--------------------------|-------------|------------|-------------|------------|
| 1 | Hamel | Dawn | South Simcoe Dufferin TC | 32:04.5 | 83.5 | 2 | 1 |
| 2 | Fiorini | Daniel | Newmarket Huskies | 27:01.7 | 81.9 | 3 | 4 |
| 3 | Peat | Geoff | Newmarket Huskies | 27:23.6 | 80.1 | 5 | 6 |
| 4 | Gallagher | Don | South Simcoe Dufferin TC | 28:06.0 | 79.3 | 7 | 8 |
| 5 | Deighan | Chris | Newmarket Huskies | 29:49.1 | 75.6 | 10 | 9 |
| 6 | Chong | Nancy | South Simcoe Dufferin TC | 32:51.7 | 75.6 | 27 | 28 |
| 7 | Sullivan | Kathryn | Newmarket Huskies | 32:40.7 | 73.1 | | |
| 8 | Jackson | Eric | South Simcoe Dufferin TC | 30:06.3 | 71.2 | | |
| 9 | Forget | Jamie | South Simcoe Dufferin TC | 29:59.3 | 70.4 | | |
| 10 | Byer | Carrie | Newmarket Huskies | 32:40.7 | 69.1 | | |
| 11 | Wessel | Mark | South Simcoe Dufferin TC | 34:22.6 | 66.4 | | |

Newmarket Twosome - September 26th

| | | | | | | <u>NEWH</u> |
|---|-------|----------|-------------------|---------|---------|-------------|
| 1 | Dan | Fiorini | Newmarket Huskies | 14:07.0 | 102.01% | |
| 2 | Rita | Quibell | Newmarket Huskies | 17:33.0 | 101.42% | 1 |
| 3 | Geoff | Peat | Newmarket Huskies | 14:29.0 | 98.62% | 2 |
| 4 | Mario | Iozzo | Newmarket Huskies | 13:23.0 | 97.51% | 3 |
| 5 | Chris | Deighan | Newmarket Huskies | 15:22.0 | 95.23% | 4 |
| 6 | Ken | Hawthorn | Newmarket Huskies | 15:36.0 | 93.80% | 5 |

| | | | | | |
|----|---------|-----------|-------------------|---------|--------|
| 7 | Trevor | Van Nest | Newmarket Huskies | 15:10.0 | 91.32% |
| 8 | Tracey | Snarr | Newmarket Huskies | 17:31.0 | 91.15% |
| 9 | Heather | O'Hagan | Newmarket Huskies | 18:08.0 | 91.08% |
| 10 | Kathryn | Sullivan | Newmarket Huskies | 18:02.0 | 86.97% |
| 11 | Tom | Callaghan | Newmarket Huskies | 17:01.0 | 85.99% |
| 12 | Ginette | Jones | Newmarket Huskies | 18:49.0 | 83.35% |
| 13 | Sheryl | Potter | Newmarket Huskies | 19:44.0 | 78.80% |
| 14 | Josh | Schrader | Newmarket Huskies | 17:10.0 | 76.41% |

15

Taylor Creek 5K - October 4th

| | | | | | |
|----|--------------------|--|--------------------------|----------|-------|
| 1 | Jerry Kooymans | | Toronto Olympic Club | 16:47.62 | 90.7% |
| 2 | Elizabeth Primrose | | Toronto Olympic Club | 18:31.16 | 89.1% |
| 3 | Rita Quibell | | Newmarket Huskies | 20:18.40 | 87.6% |
| 4 | Dawn Hamel | | South Simcoe Dufferin TC | 20:38.88 | 86.2% |
| 5 | Vince Friel | | South Simcoe Dufferin TC | 16:39.93 | 85.7% |
| 6 | Geoff Peat | | Newmarket Huskies | 16:41.09 | 85.6% |
| 7 | Ken Hamilton | | Newmarket Huskies | 18:49.92 | 84.4% |
| 8 | Mario Iozzo | | Newmarket Huskies | 15:34.89 | 83.7% |
| 9 | Michael Sherar | | Toronto Olympic Club | 17:08.33 | 82.7% |
| 10 | Chris Deighan | | Newmarket Huskies | 17:44.59 | 82.4% |
| 11 | Don Gallagher | | South Simcoe Dufferin TC | 17:39.25 | 82.2% |
| 12 | Robert Campbell | | Longboat Roadrunners | 18:00.39 | 81.2% |
| 13 | Clara Northcott | | Etobicoke Track Club | 22:18.93 | 80.8% |
| 14 | Nancy Chong | | South Simcoe Dufferin TC | 20:12.42 | 80.7% |
| 15 | Paul Osland | | Toronto Olympic Club | 17:37.70 | 80.4% |
| 16 | Roger Moss | | Longboat Roadrunners | 17:53.94 | 79.8% |
| 17 | Anne Byrne | | Longboat Roadrunners | 19:40.78 | 79.6% |
| 18 | Claire Prest | | Longboat Roadrunners | 25:52.69 | 79.2% |
| 19 | Robert Moore | | Toronto Olympic Club | 22:10.60 | 77.7% |
| 20 | Bert de Vries | | Longboat Roadrunners | 21:18.44 | 77.2% |
| 21 | Tracey Snarr | | Newmarket Huskies | 20:41.99 | 77.1% |
| 22 | Eric Jackson | | South Simcoe Dufferin TC | 18:46.40 | 76.7% |
| 23 | Kathryn Sullivan | | Newmarket Huskies | 20:28.09 | 76.6% |

| NEWH | SSD | TOC | LBR | ETOB |
|-----------|-----------|-----------|-----------|------------|
| 3 | 4 | 1 | 12 | 13 |
| 6 | 5 | 2 | 16 | 30 |
| 7 | 11 | 9 | 17 | 31 |
| 8 | 14 | 15 | 18 | 35 |
| 10 | 22 | 19 | 20 | 39 |
| 34 | 56 | 46 | 83 | 148 |

| | | | | | |
|----|---------------------|--|--------------------------|----------|-------|
| 24 | Michael Connolly | | Toronto Olympic Club | 18:14.56 | 76.5% |
| 25 | Hugh Connolly | | Longboat Roadrunners | 22:15.42 | 74.6% |
| 26 | Jim Rawling | | Longboat Roadrunners | 20:37.64 | 73.8% |
| 27 | Carrie Byer | | Newmarket Huskies | 20:16.08 | 73.0% |
| 28 | Craig Steley | | South Simcoe Dufferin TC | 20:02.35 | 72.4% |
| 29 | Ginette Jones | | Newmarket Huskies | 21:40.47 | 72.3% |
| 30 | Bernadette Qemerais | | Etobicoke Track Club | 22:21.66 | 72.1% |
| 31 | Karla Del Grande | | Etobicoke Track Club | 25:26.95 | 71.8% |
| 32 | Brian Lovshin | | Toronto Olympic Club | 18:55.82 | 71.5% |
| 33 | Jamie Forget | | South Simcoe Dufferin TC | 19:15.60 | 71.3% |
| 34 | Sheryl Potter | | Newmarket Huskies | 22:48.39 | 68.1% |
| 35 | Bruce Mitchell | | Etobicoke Track Club | 25:31.23 | 66.3% |
| 36 | Josh Schrader | | Newmarket Huskies | 20:11.05 | 64.9% |
| 37 | Chris McPeake | | Longboat Roadrunners | 22:03.01 | 62.8% |
| 38 | Bill Prest | | Longboat Roadrunners | 25:54.61 | 61.8% |
| 39 | Felix Charles | | Etobicoke Track Club | 36:08.40 | 59.6% |
| 40 | John Powell | | Etobicoke Track Club | 31:15.97 | 53.6% |
| 41 | Kim Diamond | | Longboat Roadrunners | 31:20.70 | 49.6% |

Don Farquharson Harriers Memorial - October 18th

| | | | | | |
|----|-----------------|--|--------------------------|---------|------|
| 1 | Rita Quibell | | Newmarket Huskies | 0:16:38 | 84.1 |
| 2 | Dawn Hamel | | South Simcoe Dufferin TC | 0:16:44 | 83.6 |
| 3 | Geoff Peat | | Newmarket Huskies | 0:13:20 | 82.8 |
| 4 | Dan Fiorini | | Newmarket Huskies | 0:13:30 | 82.4 |
| 5 | Vince Friel | | South Simcoe Dufferin TC | 0:13:54 | 79.4 |
| 6 | Mario Iozzo | | Newmarket Huskies | 0:12:44 | 79.2 |
| 7 | Clara Northcott | | Etobicoke Track Club | 0:18:11 | 77.9 |
| 8 | Don Gallagher | | South Simcoe Dufferin TC | 0:14:29 | 77.4 |
| 9 | Rob Campbell | | Longboat Roadrunners | 0:14:45 | 76.6 |
| 10 | Tracey Snarr | | Newmarket Huskies | 0:16:31 | 75.5 |
| 11 | Anna Byrne | | Longboat Roadrunners | 0:16:13 | 75.2 |
| 12 | Nancy Wells | | Longboat Roadrunners | 0:21:12 | 75.0 |
| 13 | Murray Hale | | Newmarket Huskies | 0:16:23 | 75.0 |

| NEWH | SSD | TOC | LBR | ETOB |
|-----------|-----------|-----|-----------|------------|
| 1 | 2 | | 9 | 7 |
| 3 | 5 | | 11 | 17 |
| 4 | 8 | | 12 | 23 |
| 6 | 26 | | 18 | 24 |
| 10 | 27 | | 19 | 29 |
| 24 | 68 | | 69 | 100 |

| | | | | | |
|----|----------------------|--|--------------------------|---------|------|
| 14 | Heather O'Hagan | | Newmarket Huskies | 0:17:19 | 74.7 |
| 15 | Chris Deighan | | Newmarket Huskies | 0:15:14 | 74.2 |
| 16 | Trevor Van Nest | | Newmarket Huskies | 0:14:29 | 73.9 |
| 17 | Katherine Willis | | Etobicoke Track Club | 0:18:09 | 73.1 |
| 18 | Bert de Vries | | Longboat Roadrunners | 0:17:27 | 72.9 |
| 19 | Hugh Connolly | | Longboat Roadrunners | 0:17:42 | 72.6 |
| 20 | Dave Tepper | | Newmarket Huskies | 0:13:59 | 72.4 |
| 21 | Diana Marrow | | Longboat Roadrunners | 0:20:29 | 72.1 |
| 22 | Tim Payne | | Newmarket Huskies | 0:17:04 | 72.0 |
| 23 | Karla del Grande | | Etobicoke Track Club | 0:20:08 | 71.4 |
| 24 | Bernadette Quemarais | | Etobicoke Track Club | 0:18:17 | 69.9 |
| 25 | Jim Rawling | | Longboat Roadrunners | 0:17:01 | 69.2 |
| 26 | Houston Gonsalves | | South Simcoe Dufferin TC | 0:14:44 | 68.2 |
| 27 | Jamie Forget | | South Simcoe Dufferin TC | 0:15:37 | 68.0 |
| 28 | Craig Steley | | South Simcoe Dufferin TC | 0:16:35 | 67.1 |
| 29 | Bruce Mitchell | | Etobicoke Track Club | 0:19:37 | 66.7 |
| 30 | Jean Doench | | Longboat Roadrunners | 0:27:33 | 65.8 |
| 31 | Erik Mohr | | Longboat Roadrunners | 0:15:27 | 65.6 |
| 32 | Mike Durocher | | Longboat Roadrunners | 0:17:54 | 65.2 |
| 33 | Rob Blair | | Newmarket Huskies | 0:17:05 | 64.1 |
| 34 | Alex Keeting | | Etobicoke Track Club | 0:18:07 | 63.9 |
| 35 | Tina de Geus | | Longboat Roadrunners | 0:25:43 | 63.8 |
| 36 | Jamie Halla | | South Simcoe Dufferin TC | 0:15:51 | 63.6 |
| 37 | Josh Schrader | | Newmarket Huskies | 0:15:58 | 63.4 |
| 38 | Richard Graves | | Etobicoke Track Club | 0:23:38 | 63.1 |
| 39 | Wendi Hanger | | Longboat Roadrunners | 0:29:56 | 61.6 |
| 40 | Bob Nagle | | Longboat Roadrunners | 0:22:25 | 61.5 |
| 41 | Kelly Chase | | Longboat Roadrunners | 0:18:46 | 60.9 |
| 42 | Felice Passarelli | | Etobicoke Track Club | 0:19:56 | 59.6 |
| 43 | Mary-Jane Owen | | Longboat Roadrunners | 0:23:17 | 57.7 |
| 44 | Felix Charles | | Etobicoke Track Club | 0:32:00 | 52.0 |
| 45 | John Powell | | Etobicoke Track Club | 0:25:00 | 51.8 |
| 46 | Aziz Mohammed | | Etobicoke Track Club | 0:23:40 | 50.2 |

Sunnybrook 8K - November 1st

| | | | | | |
|----|---------------------|--|--------------------------|---------|--------|
| 1 | Jerry Kooymans | | Toronto Olympic Club | 28:33.4 | 87.70% |
| 2 | Elizabeth Primrose | | Toronto Olympic Club | 31:06.1 | 86.30% |
| 3 | Geoff Peat | | Newmarket Huskies | 27:45.4 | 84.60% |
| 4 | Bruce Raymer | | Toronto Olympic Club | 26:38.3 | 84.20% |
| 5 | Dawn Hamel | | South Simcoe Dufferin TC | 35:00.9 | 82.70% |
| 6 | Jennifer Ditchfield | | London Pacers | 33:29.9 | 82.20% |
| 7 | Ken Hamilton | | Newmarket Huskies | 31:58.6 | 81.70% |
| 8 | Vince Friel | | South Simcoe Dufferin TC | 28:59.7 | 80.90% |
| 9 | Michael Sherar | | Toronto Olympic Club | 29:05.7 | 80.70% |
| 10 | Jim Burrows | | London Pacers | 29:35.9 | 80.50% |
| 11 | Mario Iozzo | | Newmarket Huskies | 26:42.2 | 80.30% |
| 12 | Ken Hawthorn | | Newmarket Huskies | 30:11.4 | 80.20% |
| 13 | Peter Haase | | London Pacers | 33:49.5 | 80.00% |
| 14 | Don Gallagher | | South Simcoe Dufferin TC | 30:04.0 | 79.30% |
| 15 | Jeff Enfield | | Toronto Olympic Club | 27:17.5 | 78.00% |
| 16 | Robert Moore | | Toronto Olympic Club | 36:50.8 | 77.70% |
| 17 | Gerta Zonruiter | | London Pacers | 34:19.8 | 77.30% |
| 18 | Becky Patten | | Toronto Olympic Club | 31:42.5 | 76.70% |
| 19 | Andrew Jones | | London Pacers | 29:59.9 | 76.50% |
| 20 | Clara Northcott | | Etobicoke Track Club | 38:30.0 | 76.20% |
| 21 | Fred Robbins | | Etobicoke Track Club | 33:10.2 | 76.10% |
| 22 | Sharon Barry | | London Pacers | 34:31.8 | 76.00% |
| 23 | Murray Hale | | Newmarket Huskies | 34:45.3 | 75.80% |
| 24 | Melanie Boulton | | 7 Systems | 32:34.2 | 75.60% |
| 25 | April Boulton | | 7 Systems | 32:48.5 | 75.10% |
| 25 | John Cappelletti | | Newmarket Huskies | 32:14.4 | 75.10% |
| 25 | Glen Norcliffe | | Toronto Olympic Club | 37:00.4 | 75.10% |
| 28 | Dave Tepper | | Newmarket Huskies | 28:42.3 | 75.00% |
| 28 | Ian Sinclair | | Toronto Olympic Club | 29:39.2 | 75.00% |
| 30 | Bert de Vries | | Longboat Roadrunners | 36:06.1 | 74.90% |
| 30 | Heather O'Hagan | | Newmarket Huskies | 35:52.0 | 74.90% |

| NEWH | SSD | TOC | LBR | ETOB |
|-----------|------------|-----------|------------|------------|
| 3 | 5 | 1 | 30 | 20 |
| 7 | 8 | 2 | 39 | 21 |
| 11 | 14 | 4 | 43 | 47 |
| 12 | 40 | 9 | 44 | 58 |
| 23 | 48 | 15 | 60 | 66 |
| 56 | 115 | 31 | 216 | 212 |

London 7 Systems

Pacers

LOP **7SYS**

6 24

10 25

13 35

17 40

19 42

65 **166**

| | | | | | |
|----|--------------------|--|--------------------------|---------|--------|
| 32 | Kathryn Sullivan | | Newmarket Huskies | 34:28.5 | 74.00% |
| 33 | Christian Gundlack | | London Pacers | 30:46.1 | 73.90% |
| 34 | Tony Stokes | | London Pacers | 31:52.1 | 73.60% |
| 35 | Martin Rydlo | | 7 Systems | 30:02.1 | 73.50% |
| 36 | Tracey Snarr | | Newmarket Huskies | 35:23.8 | 73.40% |
| 37 | Graham McGee | | London Pacers | 33:02.7 | 73.30% |
| 38 | Tim Payne | | Newmarket Huskies | 35:42.0 | 73.20% |
| 39 | Claire Prest | | Longboat Roadrunners | 45:45.8 | 72.80% |
| 40 | Wes Dearborn | | 7 Systems | 29:22.6 | 72.30% |
| 40 | Eric Jackson | | South Simcoe Dufferin TC | 32:44.0 | 72.30% |
| 42 | Dan Rishworth | | 7 Systems | 30:28.0 | 72.00% |
| 43 | Hugh Connolly | | Longboat Roadrunners | 38:09.8 | 71.50% |
| 44 | Jim Rawling | | Longboat Roadrunners | 35:15.4 | 71.00% |
| 45 | Brian Lovshin | | Toronto Olympic Club | 31:47.7 | 70.50% |
| 46 | Jeff Orchard | | London Pacers | 32:56.0 | 70.10% |
| 47 | Bernadette Qemerai | | Etobicoke Track Club | 38:04.7 | 69.70% |
| 48 | Craig Steley | | South Simcoe Dufferin TC | 34:17.4 | 69.50% |
| 49 | Carrie Byer | | Newmarket Huskies | 34:44.2 | 69.30% |
| 50 | Ginette Jones | | Newmarket Huskies | 36:51.1 | 69.20% |
| 51 | Michael Midmer | | 7 Systems | 31:28.4 | 68.80% |
| 52 | Michael Medeiros | | 7 Systems | 31:14.0 | 68.60% |
| 53 | Lori Whitmore | | London Pacers | 38:25.2 | 68.30% |
| 54 | Mark Hamel | | South Simcoe Dufferin TC | 34:12.6 | 67.50% |
| 55 | Nancy Chong | | South Simcoe Dufferin TC | 39:27.8 | 67.20% |
| 56 | Sheryl Potter | | Newmarket Huskies | 38:14.9 | 66.10% |
| 57 | Rob Blair | | Newmarket Huskies | 35:22.0 | 65.80% |
| 58 | Alex Keeting | | Etobicoke Track Club | 37:39.7 | 65.40% |
| 59 | Adrienne Stewart | | Toronto Olympic Club | 43:03.5 | 64.70% |
| 60 | Tina de Geus | | Longboat Roadrunners | 52:56.3 | 63.90% |
| 61 | Jiri Kopka | | Longboat Roadrunners | 40:15.3 | 63.80% |
| 62 | Wendi Hanger | | Longboat Roadrunners | 59:29.2 | 63.70% |
| 63 | Bob Nagle | | Longboat Roadrunners | 47:19.8 | 61.90% |
| 64 | Bill Prest | | Longboat Roadrunners | 44:07.7 | 60.20% |

| | | | | | |
|----|-------------------|--|----------------------|---------|--------|
| 65 | Christina Watson | | London Pacers | 41:57.9 | 59.10% |
| 66 | Felice Passarelli | | Etobicoke Track Club | 43:01.6 | 58.20% |
| 67 | Aziz Mohammed | | Etobicoke Track Club | 43:55.7 | 57.40% |
| 68 | Felix Charles | | Etobicoke Track Club | 03:26.3 | 55.80% |
| 69 | John Powell | | Etobicoke Track Club | 52:04.7 | 52.90% |

Ontario Championships - King City - November 15th

| | | | | | |
|----|-------------------|--|--------------------------|---------|-------|
| 1 | Jerry Kooymans | | Toronto Olympic Club | 17:15.1 | 88.3 |
| 2 | Steve Boyd | | Physi-Kult Kingston | 16:21.3 | 87.33 |
| 3 | Beth Primrose | | Toronto Olympic Club | 19:02.5 | 86.74 |
| 4 | Patrick McDermott | | Physi-Kult Kingston | 17:08.5 | 84.01 |
| 5 | Dawn Hamel | | South Simcoe Dufferin TC | 21:13.8 | 83.84 |
| 6 | Geoff Peat | | Newmarket Huskies | 17:04.9 | 83.62 |
| 7 | Troy Cox | | Physi-Kult Kingston | 16:51.1 | 82.19 |
| 8 | Bob McGraw | | Physi-Kult Kingston | 18:07.9 | 81.99 |
| 9 | Mike Sherar | | Toronto Olympic Club | 17:31.1 | 81.53 |
| 10 | Ken Hamilton | | Newmarket Huskies | 19:32.3 | 81.38 |
| 11 | Ken Hawthorn | | Newmarket Huskies | 18:14.8 | 80.84 |
| 12 | Paul Kemp | | UTTC | 17:01.1 | 80.21 |
| 13 | McDonald Myra | | Physi-Kult Kingston | 21:05.9 | 80.18 |
| 14 | Vince Friel | | South Simcoe Dufferin TC | 17:50.2 | 80.08 |
| 15 | Clive Morgan | | Physi-Kult Kingston | 18:29.9 | 79.74 |
| 16 | Jeff Barrett | | Saugeen T&F Club | 17:10.2 | 79.5 |
| 17 | Don Gallagher | | South Simcoe Dufferin TC | 18:28.8 | 78.55 |
| 18 | Chris Deighan | | Newmarket Huskies | 18:41.1 | 78.32 |
| 19 | Clara Northcott | | Etobicoke Track Club | 23:02.9 | 78.31 |
| 20 | Roddy Loeppky | | Physi-Kult Kingston | 17:29.3 | 78.05 |
| 21 | John Willet | | UTTC | 18:32.5 | 77.66 |
| 22 | Rebecca Patten | | Toronto Olympic Club | 19:17.1 | 77.52 |
| 23 | Robert Moore | | Toronto Olympic Club | 22:18.1 | 77.35 |
| 24 | Robert Campbell | | Longboat Roadrunners | 18:57.7 | 77.17 |
| 25 | Roger Moss | | Longboat Roadrunners | 18:31.8 | 77.08 |

| NEWH | SSD | TOC | LBR | ETOB |
|-----------|------------|-----------|------------|------------|
| 6 | 5 | 1 | 24 | 19 |
| 10 | 14 | 3 | 25 | 55 |
| 11 | 17 | 9 | 34 | 61 |
| 18 | 45 | 22 | 37 | 66 |
| 31 | 53 | 23 | 41 | 70 |
| 76 | 134 | 58 | 161 | 271 |

| Saugeen | Timmins | Physi-Kult | UofT |
|-------------|-------------|-------------|-------------|
| <u>Saug</u> | <u>Tims</u> | <u>PysK</u> | <u>UTTC</u> |
| 16 | 33 | 2 | 12 |
| 28 | 44 | 4 | 21 |
| 38 | 56 | 7 | 29 |
| 50 | 62 | 8 | 30 |
| 60 | 63 | 13 | 59 |
| 192 | 258 | 34 | 151 |

| | | | | | |
|----|-------------------|--|--------------------------|---------|-------|
| 26 | Michael Gill | | Physi-Kult Kingston | 16:52.2 | 77.06 |
| 27 | Michael Connolly | | Toronto Olympic Club | 18:08.7 | 76.97 |
| 28 | Ken Gosleigh | | Saugeen T&F Club | 18:05.8 | 76.53 |
| 29 | Annie Bunting | | UTTC | 20:54.9 | 76.34 |
| 30 | Tim Moran | | UTTC | 17:54.1 | 76.25 |
| 31 | Murray Hale | | Newmarket Huskies | 21:02.3 | 76.21 |
| 32 | Dave Tepper | | Newmarket Huskies | 17:15.8 | 75.98 |
| 33 | Trevor Harterre | | Timmins - Porcupine TFC | 18:18.7 | 75.63 |
| 34 | Claire Prest | | Longboat Roadrunners | 27:37.4 | 75.36 |
| 35 | Ian Sinclair | | Toronto Olympic Club | 18:04.5 | 74.97 |
| 36 | Heather O'Hagan | | Newmarket Huskies | 22:02.7 | 74.92 |
| 38 | Bevin Stevenson | | Saugeen T&F Club | 17:38.9 | 74.7 |
| 37 | Nancy Wells | | Longboat Roadrunners | 27:01.2 | 74.7 |
| 39 | Tom Callaghan | | Newmarket Huskies | 19:40.7 | 74.36 |
| 40 | Glen Norcliffe | | Toronto Olympic Club | 22:49.9 | 74.17 |
| 41 | Anne Byrne | | Longboat Roadrunners | 21:09.4 | 74.13 |
| 42 | Bert de Vries | | Longboat Roadrunners | 22:22.1 | 73.62 |
| 43 | Tim Payne | | Newmarket Huskies | 21:36.2 | 73.6 |
| 44 | Sylvain Gauthier | | Timmins - Porcupine TFC | 17:57.3 | 73.42 |
| 45 | Eric Jackson | | South Simcoe Dufferin TC | 19:45.3 | 72.89 |
| 46 | John Cappelletti | | Newmarket Huskies | 20:17.7 | 72.68 |
| 47 | Hugh Connolly | | Longboat Roadrunners | 22:53.0 | 72.61 |
| 48 | Marvin Bauman | | Saugeen T&F Club | 18:45.6 | 72.23 |
| 49 | Rick Royce | | Physi-Kult Kingston | 20:44.0 | 71.7 |
| 50 | Shelly Price | | Saugeen T&F Club | 20:52.8 | 71.6 |
| 51 | Crystal Drummond | | Newmarket Huskies | 21:27.4 | 71.46 |
| 52 | Ginette Jones | | Newmarket Huskies | 22:01.5 | 71.21 |
| 53 | Houston Gonsalves | | South Simcoe Dufferin TC | 18:17.1 | 71.1 |
| 54 | Lynn Bourque | | Longboat Roadrunners | 22:30.2 | 70.95 |
| 55 | Karla delGrande | | Etobicoke Track Club | 25:49.1 | 70.82 |
| 56 | Russell Wood | | Timmins - Porcupine TFC | 18:23.8 | 70.48 |
| 57 | Brian Lovshin | | Toronto Olympic Club | 19:29.2 | 70.05 |
| 58 | Jim Rawling | | Longboat Roadrunners | 21:50.1 | 69.77 |

| | | | | | |
|----|-------------------------|--|--------------------------|---------|-------|
| 59 | Chris Madsen | | UTTC | 18:32.6 | 69.75 |
| 60 | Kirk Reid | | Saugeen T&F Club | 19:01.4 | 69.74 |
| 61 | Bernadette Quemerais | | Etobicoke Track Club | 23:32.4 | 69.31 |
| 62 | Jean-Pierre Nadon | | Timmins - Porcupine TFC | 20:46.7 | 68.74 |
| 63 | Julie Maisonneuve | | Timmins - Porcupine TFC | 22:40.2 | 67.64 |
| 64 | Louis Byrne | | Toronto Olympic Club | 20:01.5 | 67.17 |
| 65 | Adrienne Stewart | | Toronto Olympic Club | 25:34.8 | 66.98 |
| 66 | Bruce Mitchell | | Etobicoke Track Club | 25:17.8 | 66.94 |
| 67 | Rob Blair | | Newmarket Huskies | 21:12.9 | 66.86 |
| 68 | Jamie Halla | | South Simcoe Dufferin TC | 19:59.2 | 65.63 |
| 69 | Julie Gagnon | | Timmins - Porcupine TFC | 22:35.9 | 65.49 |
| 70 | Alex Keeting | | Etobicoke Track Club | 22:54.3 | 65.42 |
| 71 | Sheryl Potter | | Newmarket Huskies | 23:47.0 | 65.38 |
| 72 | Pierre Lambert-Belanger | | Timmins - Porcupine TFC | 19:48.7 | 65.28 |
| 73 | Rob Welsh | | UTTC | 20:57.2 | 65.14 |
| 74 | Tina de Geus | | Longboat Roadrunners | 32:04.7 | 64.89 |
| 75 | Richard Graves | | Etobicoke Track Club | 30:14.0 | 63.78 |
| 76 | Ken Cormack | | Saugeen T&F Club | 23:42.3 | 63.77 |
| 77 | Edel Ebbs | | UTTC | 23:57.5 | 63.58 |
| 78 | Mary Jacobs | | UTTC | 29:02.0 | 62.97 |
| 79 | Anna Gauthier | | Timmins - Porcupine TFC | 24:45.6 | 62.8 |
| 80 | Bill Prest | | Longboat Roadrunners | 25:59.4 | 61.69 |
| 81 | Josh Schrader | | Newmarket Huskies | 21:32.2 | 60.9 |
| 82 | Greg Purkis | | Toronto Olympic Club | 22:09.0 | 60.27 |
| 83 | Felice Passarelli | | Etobicoke Track Club | 25:34.6 | 59.56 |
| 84 | Chris McPeake | | Longboat Roadrunners | 23:33.8 | 58.78 |
| 85 | John Powell | | Etobicoke Track Club | 31:15.7 | 53.63 |
| 86 | Felix Charles | | Etobicoke Track Club | 43:00.1 | 50.11 |
| 87 | Kim Diamond | | Longboat Roadrunners | 33:06.4 | 46.97 |