

34th Annual

Ontario Masters Indoor Championships

hosting the inaugural

Canadian Masters Indoor Championships

March 8th, 2003
York University, Toronto
Meet Director - Brian Keaveney

* denotes USA (except for Hillen Stubendorff GER)

60m

Mark & Age-Grade

W35

***Carty, Linda USA 8.08 87.7% MR**

(old MR 8.29 Maureen Rodrigue '02,
CAN record 8.16 Caren Reindl '94)

Rodrigue, Maureen 8.38 85.9%

Kuczalska, Agnes 8.77 80.2%

W40

Estwick, Leslie 8.40 88.3% MR

(old MR 8.46 Deborah Lenz '97)

Barrett, Lyn 9.21 80.5%

W45

Del Grande, Karla 8.47 92.4% CAN, MR

(old CAN & MR 8.58 Deborah Lenz '01)

Hogg, Denise 9.83 77.8%

W50

***Stubendorff, Hillen GER 9.39 86.6%**

(CAN record 8.93 Rhona Trott '99)

W70

Carmichael, Doreen 10.99 87.5% CAN, MR

(old CAN 11.32 Elga Meri '92,

old MR 12.36 Elga '94)

Darby, Kevin 7.70 83.2%

Atkinson, Tyler 8.80 72.8%

M35

***Scott, Aston 7.51 88.1%**

Robinson, Paul 7.79 84.4%

Errey, Brian 8.49 77.5%

Russo, Phil 8.86 74.2%



M70 Ross Mitchell is back in fine form after recovering from a stroke last year.



60m - Leslie, Agnes, Maureen, Linda & Lyn

Leslie broke the W40 MR, and Linda broke Maureen's W35 MR

M30

Weniger, Mike 7.38 86.8% MR

(no previous MR)

M40

Foon, Michael Lee 7.40 91.8%

Stasiuk, Peter 7.72 87.5%

Bertrand, Benoit 7.76 88.7%

Williamson, Steve 7.85 86.6%

Roblin, Blair 8.19 84.1%

M45

***James, Ben 7.45 93.6%**

Smith, Kerry 7.57 94.0%

***Cheadle, Bill 8.18 87.0%**

Davis, Ken 8.31 84.6%

Baldsing, Bryan 8.48 81.8% (8.473)

Harubin, Wayne 8.48 81.8% (8.476)

Cirocki, Henry 8.54 83.3%

M50

Chubb, Roy 8.29 87.7%

***Spitz, Wayne 8.48 86.2%**



W45 Karla Del Grande broke 3 *CAN records* !
and **W35 Linda Carty** broke 2 Meet Records

Canagasabey, Roger 8.61 85.4%
Ciaravella, Paul 8.85 82.1%

M55

Lech, Richard 8.01 92.5%

M60 Heats

*Butts, Tim 8.33 92.0%
Slater, Alan 8.45 90.7%
Morris, Mike 8.62 90.2%
Tyler, Scott 8.94 87.7%
Stern, David 8.96 87.5%
*McGruder, Malachi 9.12 84.7%
Day, Bill 9.91 79.1%
Dhillon, Bachan Singh DNF

M60 Final

*Butts, Tim 8.34 91.9%
Slater, Alan 8.35 91.8%
Morris, Mike 8.65 89.9%
Tyler, Scott 9.00 87.1%
Stern, David 9.07 86.4%
*McGruder, Malachi 9.18 84.2%

M65

Horton, George 8.73 93.7%
Sharma, Dev 9.28 87.3%
Little, Clark 9.52 84.4%

M70

Mitchell, Ross 9.35 92.8%
Thompson, Bill E. 9.91 86.6%

M75

*Greenwald, Jack 9.50 92.4%

200m

W35

*Carty, Linda 26.68 83.5% **MR**
(old MR 26.95 Irene Thompson USA '93)

W40

Barrett, Lyn 30.64 76.3%

W45

Del Grande, Karla 28.55 86.7% CAN, MR
(old CAN & MR 28.77 Deborah Lenz '01)

W50

*Stubendorff, Hillen 31.37 82.3%
Trott, Rhona 31.64 81.6%

W60

Rosenitsch, Ann Marie 36.18 76.5%

W70

Carmichael, Doreen 40.27 76.9% MR
(old MR 40.6 Elga Meri '92)

M30

Weniger, Mike 24.22 81.4% MR
(no previous MR)

Darby, Kevin 25.12 78.5%
Atkinson, Tyler 28.43 69.3%

M35

Zero, Nick 24.86 81.2%
Errey, Brian 28.24 72.0%
Robinson, Paul 34.25 59.4%
*Scott, Aston DQ

M40

Foon, Michael Lee 23.67 89.0%
Varone, John 25.17 84.9%
Bertrand, Benoit 25.69 83.2%
Williamson, Steve 25.87 81.4%
Chipkar, Glenn 26.07 81.4%
Baptiste, Joseph 26.23 80.3%

M45

Smith, Kerry 24.59 90.0%
Davis, Ken 26.43 82.6%
*Cheadle, Bill 26.56 83.4%
Cirocki, Henry 27.76 79.7%
Frazer, Kenneth 29.51 74.5%

M50

*Spitz, Wayne 28.32 80.4%
Chubb, Roy 29.03 77.9%
*Woosley, Jim 30.30 75.7%



**M40's Benoit Bertrand, Glenn Chipkar,
Steve Williamson, John Varone**



M30 Mike Weniger set two MR's
in the two-year old M30 division.

M55

Lech, Richard	27.54 83.9%
*Gaide, Dale	28.31 83.4%
Clarke, Kingsley	30.26 78.6%
Milward, Bill	30.49 77.4%

M60

*Butts, Tim	28.36 84.5%
Morris, Mike	29.55 82.4%
Stern, David	29.75 82.5%

M65

Sharma, Dev	32.19 79.0%
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M70

Thompson, Bill E.	34.69 78.0%
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M75

*Greenwald, Jack	DQ
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400m

W40

Millson, Karen	70.17 73.4%
*McCoy, Belinda	73.16 71.6%
Willis, Katherine	73.40 72.5%

W45

Del Grande, Karla	62.60 88.6%	CAN, MR
(old CAN 63.56 Erna Kozak '91, old MR 67.8 Rhona Trott '94)		

W50

*Stubendorff, Hillen	71.58 81.0%
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M35

*Scott, Aston	54.77 83.1%
Osland, Paul	55.07 83.2%

M40

Williamson, Steve	57.25 81.6%
Baptiste, Joseph	DQ

M45

*James, Ben	53.86 89.2%	MR
(old MR 54.94 Ben '02)		

Davis, Ken	58.49 82.7%
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*Cheadle, Bill	59.03 83.1%
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Gagne, Wayne	60.07 81.1%
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Frazer, Kenneth	65.93 73.9%
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M50

Carter, Mike	58.96 85.8%
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Prendergast, Douglas	62.28 80.6%
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Krueger, Don	67.76 75.2%
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M55

*Gaide, Dale	61.62 85.5%
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Faulkner, John	66.48 77.3%
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Milward, Bill	71.04 74.2%
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Clarke, Kingsley	72.46 73.3%
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Powell, John K.	73.85 71.3%
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Karla Del Grande at the bell in the 400m
Her **THIRD** Canadian Record of the day!...
and Karla turned 50 two weeks after the meet.

M60

Van Der Wal, Hyke	65.42 85.0%
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Morris, Mike	71.88 75.9%
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Christensen, Vern	74.31 73.5%
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M65

Irons, Jim	67.53 84.0%
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Sharma, Dev	71.30 80.4%
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Pascoe, James	72.64 77.3%
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M70



M65 Jim Pascoe just nicks **M55 John Powell** in the 800m by 0.02 sec. *Lean guys!*

Thompson, Bill E. 1:25.11 72.2%

M75

*Greenwald, Jack 79.70 79.0%

M85

Leyland, Les 1:55.36 64.2% CAN, MR
(no previous CAN or MR)

800m

W40

Kennedy, Karen 2:35.23 80.9%

Millson, Karen 2:43.86 74.1%

Willis, Katherine 2:44.52 76.3%

Soucy-Fraser, Louis 2:46.55 73.5%

M30

Menzies, Patrick 2:04.15 82.6% MR

(no previous MR)

Menzies, Neil 2:11.40 79.1%

M35

Van Nest, Trevor 2:06.57 82.7%

M40

Kennedy, Doug 2:11.88 83.9%

Kilford, Chris 2:21.21 77.2%

M45

*Robinson, Jim 2:08.65 90.0%

Robbins, Fred 2:19.12 82.6%

Gagne, Wayne 2:23.48 80.0%

Brown, Doug 2:36.39 72.9%

*Cheadle, Bill 2:42.75 71.1%

M50

Carter, Mike 2:21.44 84.5%

Prendergast, Douglas 2:24.76 81.9%

Payne, Tim 2:28.55 79.8%

Krueger, Don 2:36.79 76.9%

M55

*Gaide, Dale 2:24.63 86.3%

Wilson, Jim 2:27.47 83.9%

Powell, John 2:58.48 69.9%

M60

Van Der Wal, Hyke 2:48.76 78.4%

M65

Pascoe, James 2:58.46 74.9%
M70
Fee, Earl 2:32.23 96.6% **MR**
 (old MR 2:52.82 Richard Bredenbeck USA '76)
M85
Leyland, Les 4:41.57 63.8% **CAN, MR**
 (no previous MR or CAN record)

Dorly Brechbuehl Memorial 1500m

W30
Taggart, Suzette 5:09.90 75.5% **MR**
 (no previous MR)

W35
 Hopkins, Colleen 5:03.40 79.6%

W40
 Kennedy, Karen 5:12.10 81.4%

W50
 McLean, Christine 6:12.20 72.7%

M35
 Berresford, Brian 4:47.39 75.7%
 Grosdanis, Nick 4:53.26 73.6%

M40
 Friel, Vince 4:17.95 84.9%
 Deubelbeiss, David 4:19.70 84.3%
 Klaver, Clayton 4:28.60 81.5%

M45
 Robbins, Fred 4:38.00 83.6%
 Marshall, Tom 4:55.24 78.1%

Beck, Robert 5:17.92 72.0%
 Keeting, Alex 5:23.36 70.3%

M50
 Shaw, Bill 4:42.29 84.4%
 De Finney, John 4:42.68 85.7%
 Aitkin, George 4:46.47 82.5%
 *Fondren, Ben 4:50.79 81.9%
 Payne, Tim 4:53.78 81.7%

M55
 *Gaide, Dale 4:50.14 87.2%
 *Ruffin, Ronald 5:12.50 78.8%

M60
 Featherstone, Dennis 5:10.74 84.6%
 Moore, Robert 5:30.23 79.6%

M65
 Irons, Jim 5:13.64 87.4%
 Geddes, Jack 5:24.87 83.5%
 Graves, Richard 6:51.55 69.0%

M70
Whitlock, Ed 5:14.15 93.9% **WR**
 (old WR 5:27.4 Austin Newman USA,
 old CAN & MR 5:41.78 Kurt Gelbhaar '94)

Fee, Earl 5:17.31 94.1%
 (Earl was under the WR as well!)

M80
 Soligo, Odino 8:10.55 69.0%

M85
Leyland, Les 9:01.16 67.6% **CAN, MR**
 (no previous MR or CAN record)



Ed Whitlock smashes the
M70 World Record
 in the 1500m by over 13
 seconds.

Earl Fee finishing 10m back
 also broke the WR !

3000m

ht—hand timed

W35 ht

Hopkins, Colleen 10:57.7 78.6%

W40 ht

Davis, Charlotte 13:21.2 66.7%

Dumais, Jocelyne 13:54.7 64.5%

W45 ht

Sweazey, Nanci Patten 12:15.0 75.9%

M40

Deubelbeiss, David 9:36.40 81.3%

Wallace, James 11:27.05 68.2%

M45

Pacque, Raymond 9:55.17 81.7%

Robbins, Fred 10:09.15 81.6%

Keeting, Alex 11:12.90 72.2%

Campbell, Bruce 11:23.05 72.2%

Beck, Robert 11:39.82 70.0%

**M45 400m - Ken Frazer leads Wayne Gagne at the bell.****M50**

Aitkin, George 10:17.42 81.8%

Shaw, Bill 10:21.98 81.9%

*Fondren, Ben 10:29.17 80.9%

Pickard, John 10:59.67 79.1%

Smith, Doug 12:57.10 65.5%

M55

*Ruffin, Ronald 10:54.83 80.4%

Sheridan, David 11:04.79 82.1%

Cassel, Gary 11:47.74 75.7%

Weir, Bill 11:55.93 74.2%

Breton, Gaetan 12:16.81 71.4%

M60 ht

Mackie, Chris 11:09.0 84.0%

Moore, Robert 11:23.5 82.2%

Lavoie, Larry 11:39.2 78.8%

Featherstone, Dennis 12:03.4 77.6%

**M85 Les Leyland and M80 Odino Soligo**

Les set **FOUR CAN records** in the 400, 800, 1500, & 3000m
and Odino broke Les' record in the 3000m

M65 ht

Geddes, Jack 12:03.3 80.1%

Graves, Richard 14:15.9 70.8%

M70 ht

Whitlock, Ed 11:26.3 91.6% CAN, MR
(old MR & CAN 11:50.05 Ed '02)

M80 ht

Soligo, Odino 16:02.5 74.8% CAN, MR
(old MR & CAN 16:18.98 Les Leyland '98)

M85 ht

Leyland, Les 20:15.9 64.0% CAN, MR
(no previous MR or CAN record)

**M40 Dave Deubelbeiss & M45 Alex Keeting**



Women's 3000m RW - Nanci, Kitty, Aggie, Wendy, Nancy, Sherry, Lily, Jeannie, Joanie, Ann Marie (ie!)

3000m Racewalk

ht—hand timed

W40

Cashman, Kitty 16:38.6 76.4%

W45

Sweazey, Nanci Patten 15:14.3 86.8%

Watts, Sherry 18:18.1 73.5%

Santi, Wendy 19:28.7 66.8%

W50

Whalen, Lily 17:20.2 79.6% CAN, MR

(old MR & Can 17:30.2 Lily '02)

Leo, Nancy 18:24.5 75.7%

Ramsden, Aggie 20:23.4 68.9%

W60

Rosenitsch, Ann Marie 18:30.4 82.2%

Christensen, Joan 18:54.6 81.3%

McKeigan, Jeannie 21:17.3 72.2%

M55

Ramsden, Don 17:32.2 72.6%

M60

Freeman, Mike DQ

M65

Summerhayes, Stuart 18:00.5 79.5%

M75

Brancaccio, Salvado 21:19.7 72.7%



W45 Irene Thompson

60m Hurdles

W45

*Thompson, Irene 10.71 84.3%

Mallia, Maria 12.25 73.7%

W50

Cochrane, Nancy 12.44 74.5% CAN, MR

(old MR 13.41 Barbara Stewart USA '94,
no previous CAN record)

Trott, Rhona 12.51 78.1%

M40

Chipkar, Glenn 9.40 85.5%

M50

*Woosley, Jim 11.42 75.8%

Chubb, Roy 11.80 71.8%

M55

De Horn, Bill 10.93 80.1%

M60

Slater, Alan 10.84 81.9% CAN, MR

(old CAN & MR 11.0 Art Obokata '83)

48 High Jump

W35

Szanto, Gaby 1.50m 79.3%

W40

Estwick, Leslie 1.55m 87.0% MR

(old MR Elaine Weeks '00)

W45

Mallia, Maria 1.32m 80.0%

M40

***Reynolds, Walt 1.80m 83.7% MR**

(old MR 1.70tie Imrich Kiraly '89 & Bill DeHorn '89)

Williamson, Steve 1.50m 70.7%

M45

Lepard, Bev 1.55m 75.2%

Cilevitz, Ralph 1.25m 63.4%

M50

Chubb, Roy 1.30m 68.0%

M55

De Horn, Bill 1.55m 83.7% MR

(old MR 1.45 Juhan Toomes '93)

M65

Boles, Harvey 1.05m 62.8%

M70

Malmstrom, Eric 0.95m 60.9%

M75

Mathers, Jim 1.05m 70.0%



M60 Alan Slater broke Art Obokata's 20 year old CAN record.

Pole Vault

W35

Szanto, Gaby 3.00m 75.7% CAN, MR
(no previous MR or CAN record)

W50

***Stubendorff, Hillen 2.70m 87.9% MR**

(old MR 2.20 Ann Marie Rosenitsch '95)

M35

***Lacy, Wayne 4.00m 70.8%**

M40

Schaber, Mark 3.60m 71.1%

M55

***Kilpelainen, Matti 3.80m 90.0% MR**

(old MR 3.30 Stan '83)

Miller, Hugh 3.40m 79.4% CAN

(previous CAN 3.30 Stan Egerton '83)

De Horn, Bill 3.20m 73.7%

M60

Merrilees, Brian 2.60m 68.0%

M65

Boles, Harvey 2.00m 53.0%

M75

Egerton, Stan 2.50m 78.3%



M40 Walt Reynolds breaking the MR with a fine 1.80



M65 Harvey Boles

Karl Trei Memorial Long Jump

W40

Estwick, Leslie 5.24m 82.9% MR
(old MR 4.72 Eveline Saulle '77) *26 years old!!!!*

W45

Mallia, Maria 4.07m 70.1%

M40

*Reynolds, Walt 6.15m 78.4%

Stasiuk, Peter 5.58m 71.1%

Jackman, Kenny 5.48m 70.8%

Hopkins, Scott 4.98m 66.1%



M40 Peter Stasiuk first Canadian in the LJ

M60

Slater, Alan 10.33m 82.7% CAN, MR
(old CAN & MR 9.54 Ian Hume '78) *25 years old !!!*

Kniivila, Paul 8.80m 73.6%

M65

Boles, Harvey 6.53m 56.2%

M70

Malmstrom, Eric 5.89m 55.3%

M75

Mathers, Jim 5.83m 58.0%



W45 Maria Mallia

M45

Cilevitz, Ralph 3.80m 53.9%

M55

Lech, Richard 5.43m 83.6% MR
(old MR 5.23 Alan Slater '98)

M60

Slater, Alan 5.15m 84.8% CAN, MR
(old CAN 5.13 Art Obokata '80,
old MR 4.62 Art '83)

M65

Boles, Harvey 3.38m 59.6%

M70

Malmstrom, Eric 2.66m 50.8%

M75

Mathers, Jim 2.43m 48.9%

Triple Jump

M35

Olivierre, John 10.47m 61.9%

Russo, Phil 7.82m 44.9%

M40

Jackman, Kenny 11.80m 72.9%



M55 Richard Lech broke Alan's MR with a 5.43 LJ

Shot Put

W35

Szanto, Gaby 11.19m 52.1% CAN, MR
(old CAN 11.09 Liz McBlain '84,
old MR 10.77 Corry Fox '95)

W75

Tomsons, Velta 7.33m 82.5% CAN, MR
(old CAN & MR 6.83 Helgi Pedal '99)

M35

Parkinson, Richard 11.95m 54.7%
Smith, Sheffield 10.48m 47.2%

M40

Nahri, Nabil 10.19m 53.1%
Hopkins, Scott 9.04m 47.1%
Jackman, Kenny 7.07m 35.3%

M45

***Wettenhall, Jim** 13.05m 74.1% MR
(old MR 12.47 Big John Kasperski '91)

M50

Pearson, Bill 12.22m 65.8%
Boghina, Rudy 11.47m 66.0%

M55

Kasperski, John 12.73m 83.4%

M60

*Cahners, Bob 11.14m 68.0%
*McGruder, Malachi 9.00m 56.2%

M65

Dhaliwal, Sukhdev Singh 10.22m 71.1%

M70

Malmstrom, Eric 8.69m 60.2%
Woerle, Max 7.62m 54.0%

Mitchell, Ross ND

M75

Viskers, Evalds 9.36m 72.3%

M80

Bachman, Garry 10.05m 87.7% CAN, MR
(old CAN & MR 9.85 Garry '02)



M65 Sukhdev Singh Dhaliwal

Weight Throw (Indoors for the first time)

M35

Parkinson, Richard 12.67m 55.2%

M45

***Wettenhall, Jim** 16.65m 84.7% MR
(old MR 10.95 Carl Klehm '85)

M50

Boghina, Rudy 12.51m 58.1% MR
(old MR 11.51 Rudy '02)

M60 (60+ used a heavier weight than regulation)

*Cahners, Bob 16.95m 78.4%

M70

Woerle, Max 6.98m 34.8%

M80

Bachman, Garry 8.57m 42.9%

4 x 200m Relay

T5		1:50.35
MAC	Shanti McLeland, Bryan Balasing, Roger Canagasabay, Ian Critchell	1:57.60
EHS	Mike Carter, Louise Soucy-Fraser, Wayne Gagne, Earl Fee	1:59.56
EHS	Karta, Katherine Willis, Benoit Bertrand, John Powell	2:05.38
MIX	John Faulkner, Bruce Campbell, Jim Pascoe, Dave Laforest	2:12.34



M35 Richard Parkinson

We held the Weight Throw indoors for the first time since the outdoor venue was covered in ice.

OMTFA Indoor Pentathlon

Women

60m

*Thompson, Irene	48	8.79	86.3%
Trott, Rhona	54	9.34	84.4%
Cochrane, Nancy	50	10.78	73.1%

800m

*Thompson, Irene	48	3:04.39	68.7%
Trott, Rhona	54	3:12.20	68.9%
Cochrane, Nancy	50	3:24.24	64.9%

High Jump

*Thompson, Irene	48	1.26m	73.6%
Trott, Rhona	54	1.23m	76.4%
Cochrane, Nancy	50	1.23m	76.4%

Long Jump

*Thompson, Irene	48	4.35m	71.7%
Trott, Rhona	54	3.87m	68.6%
Cochrane, Nancy	50	3.09m	54.7%

Shot Put

Trott, Rhona	54	7.99m	45.3%
*Thompson, Irene	48	7.56m	43.2%
Cochrane, Nancy	50	5.68m	32.2%

Total Points

*Thompson, Irene	3174
Trott, Rhona	3157
Cochrane, Nancy	2267



Shanti, Harvey, Henryk, James, Mark, John start the grueling 800m

800m

Gunby, Mark	40	2:20.42	77.1%
Buhlman, James	35	2:28.59	70.4%
McLelland, Shanti	54	2:55.65	66.4%
Olivierre, John	39	3:09.94	55.1%
Kupczyk, Henryk	70	3:58.09	59.4%

High Jump

Buhlman, James	35	1.48m	64.6%
Olivierre, John	39	1.42m	62.0%
Gunby, Mark	40	1.36m	62.6%
Boles, Harvey	65	1.16m	69.4%
McLelland, Shanti	54	1.16m	59.4%
Kupczyk, Henryk	70	1.01m	63.9%

Long Jump

Olivierre, John	39	5.15m	60.5%
Buhlman, James	35	4.88m	57.4%
Gunby, Mark	40	4.52m	56.9%
McLelland, Shanti	54	3.39m	48.8%
Boles, Harvey	65	3.23m	56.9%
Kupczyk, Henryk	70	2.34m	44.1%

Shot Out

Olivierre, John	39	8.93m	40.2%
Buhlman, James	35	8.92m	40.1%
Kupczyk, Henryk	70	8.50m	57.6%
Boles, Harvey	65	8.39m	57.0%
McLelland, Shanti	54	7.18m	38.6%
Gunby, Mark	40	6.88m	32.8%

Total Points

Gunby, Mark	2384
Buhlman, James	2320
McLelland, Shanti	2088
Olivierre, John	2076
Kupczyk, Henryk	1937



Irene leads Rhona (L) and Nancy in the 800m

Men

60m

Olivierre, John	39	7.97	81.4%
Buhlman, James	35	8.35	77.7%
Gunby, Mark	40	8.42	79.6%
McLelland, Shanti	54	8.76	81.8%
Boles, Harvey	65	10.04	79.3%
Kupczyk, Henryk	70	11.35	73.3%

380 photos at the SONY site.....

<http://www.imagestation.com/album/?id=4290552693>