

Ontario Masters Club T & F Championships

Iroquois HS, Oakville July 10, 2004

100m

1 Smith, Kerry	M50 Unattached	11.97	92.23%
2 Del Grande, Karla	W51 Etobicoke H	13.73	90.09%
3 Mayer, Jean-Pierre	M56 Throwers Club	13.20	87.05%
4 Agnoo, Charles	M69 Scarborough Mas	14.71	86.40%
5 Stern, David	M64 Etobicoke H	14.26	85.34%
6 Robinson, Paul	M39 Unattached	12.22	83.96%
7 Cilevitz, Ralph	M50 Etobicoke H	13.46	82.02%
8 Davis, Ken	M49 Toronto Purs	13.43	81.68%
9 Kuczalska, Agnes	W36 Etobicoke H	13.77	80.17%
10 Renelique, Eddy	M40 Oakville Pembro	12.94	79.83%
11 Gallant, Alain	M42 Unattached	13.40	78.13%
12 Salter, Gillian	W42 Merry Moms	14.92	77.41%
13 Jolicoeur, Denise	W47 Guelph Track C	16.07	74.67%
14 Pascoe, James	M66 Rouge River RR	16.79	73.67%
15 Russo, Phil	M39 Unattached	13.97	73.44%
16 Villeneuve, Martin	M30 Lakeshore Mast	13.74	71.76%
17 Powell, John	M60 Etobicoke H	16.47	71.71%
18 Campbell, Bruce	M48 Lakeshore Mast	15.56	70.05%
19 Legzdins, Ina	W35 Throwers Club	17.93	61.07%

400m

1 Davis, Ken	M49 Toronto Purs	58.83	83.48%
2 Crepsac, Malik	M37 Unattached	54.53	82.96%
3 Renelique, Eddy	M40 Oakville Pembr	56.85	81.14%
4 Meijer, John	M42 Lakeshore Mast	63.29	73.87%
5 Pascoe, James	M66 Rouge River RR	77.24	73.51%
6 Willis, Katherine	W45 Etobicoke H	73.63	72.88%
7 Salter, Gillian	W42 Merry Moms	71.90	72.85%
8 Cilevitz, Ralph	M50 Etobicoke H	69.75	70.92%
9 Marino, Chris	W49 Unattached	78.34	70.82%
10 Powell, John	M60 Etobicoke H	77.20	69.46%
11 Villeneuve, Martin	M30 Lakeshore Mast	66.12	65.47%

1500m

1 Mackie, Chris	M63 Unattached	5:20.81	82.87%
2 Pacque, Raymond	M46 Checkers AC	4:42.91	80.97%
3 Rendeiro, John	M41 Etobicoke H	4:33.40	80.72%
4 Meijer, John	M42 Lakeshore Mast	4:50.50	76.53%
5 Marino, Chris	W49 Unattached	5:51.55	75.59%
6 Keeting, Alex	M47 Etobicoke H	5:13.67	73.60%
7 Salter, Gillian	W42 Merry Moms	5:42.06	73.03%
8 Hinnen, John	M37 Lakeshore Mast	4:59.21	71.70%
9 Davis, Alan	M48 Lakeshore Mast	5:33.79	69.70%
10 Watson, Pauline	W49 Merry Moms	6:35.97	67.11%
11 Villeneuve, Martin	M30 Lakeshore Mast	5:17.74	65.37%

3000m

1 Whitlock, Ed	M73 Milton RR	11:00.69	96.47%	CAN
(old CAN 12:02 Maurice Tarrant '00)				
2 Moore, Robert	M63 Toronto Olym	11:36.06	81.56%	
3 Jalonen, Mike	M45 Lakeshore Mast	11:02.87	73.36%	
4 Mitchell, Ted	M62 Unattached	12:48.20	73.16%	
5 Marino, Chris	W49 Unattached	12:58.50	73.00%	
6 Keeting, Alex	M47 Etobicoke H	11:17.53	72.88%	
7 Creighton, Denton	M48 Lakeshore Mast	11:52.03	69.88%	
8 Collins, Tim	M38 Lakeshore Mast	11:07.43	69.28%	
9 Smith, Doug	M52 President	12:36.41	67.92%	
10 Watson, Pauline	W49 Merry Moms	14:04.92	67.26%	

Long Jump

1 Mayer, Jean-Pierre	M56 Throwers Club	5.24m	81.88%
2 Gallant, Alain	M42 Unattached	5.21m	67.40%
3 Salter, Gillian	W42 Merry Moms	4.03m	63.77%
4 Cilevitz, Ralph	M50 Etobicoke H	4.20m	60.52%
5 Kuczalska, Agnes	W36 Etobicoke H	4.06m	58.93%
6 Kotikov, Nikolai	M46 Oakville Pemb	4.22m	57.57%
7 Meijer, John	M42 Lakeshore Mast	4.12m	53.30%
8 Campbell, Bruce	M48 Lakeshore Mast	3.63m	50.91%

Shot Put

1 Mayer, Jean-Pierre	M56 Throwers Club	12.48m	76.66%
2 Pearson, Bill	M52 Throwers Club	11.88m	66.93%
3 Boghina, Rudy	M54 Throwers Club	11.15m	65.59%
4 Foutre, Terry	M46 Woodstock Leg	10.10m	54.95%
5 Woerle, Max	M73 Throwers Club	7.52m	54.49%
6 Kotikov, Nikolai	M46 Oakville Pemb	8.30m	45.16%
7 Cilevitz, Ralph	M50 Etobicoke H	8.11m	43.70%
8 Creighton, Denton	M48 Lakeshore Mast	6.56m	37.29%
9 Legzdins, Ina	W35 Throwers Club	7.62m	35.52%
10 Campbell, Bruce	M48 Lakeshore Mast	5.68m	32.29%

4 X 100m Relay

1 Etobicoke Huskies Striders	53.52
1) Cilevitz, Ralph 50	2) Kuczalska, Agnes 36
3) Del Grande, Karla 51	4) Stern, David 64
2 Lakeshore Masters	55.24
1) Campbell, Bruce 48	2) Hinnen, John 37
3) Villeneuve, Martin 30	4) Meijer, John 42
3 Marathoners	70.12
1) Whitlock, Ed 73	2) Smith, Doug 53
3) Moore, Robert 63	4) Marino, Chris 49

Place	Club	Points	100m	400m	1500m	3000m	Long J	Shot	Relay
1	Lakeshore Masters	8293	1419	1394	1482	1433	1034	696	835
2	Etobicoke HS.	8057	1754	1438	1544	729	1194	437	961
3	Merry Oakville Moms	4667	774	729	1401	673	638	452	0
4	Throwers Club	3737	1482	0	0	0	819	1436	0
5	Oakville Pembroke	2638	799	811	0	0	567	452	0
6	Toronto Pursuit Club	1652	817	835	0	0	0	0	0
7	Rouge River	1472	737	735	0	0	0	0	0
8	Milton RR	965	0	0	0	965	0	0	0
9	Scarborough Masters	860	860	0	0	0	0	0	0
10	Toronto Olympic	816	0	0	0	816	0	0	0
11	Checkers AC	810	0	0	810	0	0	0	0
12	Guelph TC	747	747	0	0	0	0	0	0
13	Woodstock Legion	550	0	0	0	0	0	550	0



Brian Keaveney presents the **Jim Breslin Trophy** to the **Lakeshore Masters**
Tim Collins, Brian, Bruce Campbell, John Hinnen



3000m - Chris Marino, Mike Jalonon, Pauline Watson, Denny Creighton, Bob Moore, Doug, Ed, Tim Collins
Ed looks pretty fresh after just knocking a minute off the M70 CAN record. He then went on to anchor the Marathoners 4X100 relay team.



Some of the throwers in the
Shot Put