

36th Annual Ontario Masters Indoor Championships

Toronto Track & Field Centre
Saturday, February 26th, 2005
Meet Director - Brian Keaveney
Results - Jim Pascoe Entries - Doug Smith

60m

W35	Kuczalska, Agnes	UNA	8.56	80.8%
W40	Barrett, Lyn	QLT	8.74	82.1%
W45	Gunasekera, Roshani	UNA	9.45	80.3%
	Jolicoeur, Denise	EHS	10.08	75.3%
W50	Del Grande, Karla	EHS	8.28	96.6% CAN
	(old CAN record 8.57 Karla '04, MR 8.65 Karla '04)			
W60	Rowswell, Adri	SMC	10.80	81.7%
W70	Carmichael, Doreen	MSC	12.00	80.5%
M30	Weniger, Mike	UNA	7.35	86.9%
	Guzman, Jay	KJK	7.83	81.6%
M35	Robinson, Paul	UNA	7.72	83.6%
	Proudfoot, Marc	UNA	7.85	82.2%
	Russo, Phil	UNA	8.68	74.4%
M40	Foon, Michael Lee	UNA	7.51	89.3%
	Renelique, Eddy	OAK	8.15	82.3%
	Baptiste, Joseph	UNA	8.22	81.6%
	DeChellis, Marco	UNA	8.42	79.6%
M45	Varone, John	UNA	8.09	86.1%
	Sanjari, Kevin	UNA	8.13	85.7%
	Wilson, Rodney	USA	8.20	85.0%

	White, Mel	UNA	8.51	81.9%
M50	Smith, Kerry	EHS	7.57	95.3%
	Cilevitz, Ralph	EHS	8.28	87.2%
	Chubb, Roy	SMC	8.53	84.6%
	Cirocki, Henry	UNA	8.70	82.9%
M55	Lech, Richard	UNA	8.22	91.0%
	Poirier, Andre	UNA	8.90	84.0%
M60	Powell, Tony	UNA	8.32	92.9%
	Butts, Tim	USA	8.58	90.0%
M65	Stern, David	EHS	8.85	90.2%
	Sharma, Dev	EHS	9.87	80.9%
M70	Agnoo, Charles	SMC	9.24	89.1%
	Tremblay, Paul-Emil	UNA	11.33	72.7%
M80	Hipple, Jack	USA	11.45	78.6%

200m

W35	Kuczalska, Agnes	UNA	29.11	73.3%	
W40	Barrett, Lyn	QLT	29.31	77.1%	
W50	Del Grande, Karla	EHS	27.33	93.1%	CAN
	(old CAN 27.65 Karla '04, old MR 28.22 Karla '04)				
M30	Weniger, Mike	UNA	24.23	79.7%	
	Guzman, Jay	KJK	26.04	74.1%	
M35	Robinson, Paul	UNA	25.28	79.2%	
	Zero, Nick	UNA	25.35	79.0%	
M40	Foon, Michael Lee	UNA	24.08	86.5%	
	Renelique, Eddy	OAK	26.37	78.9%	
	Baptiste, Joseph	UNA	26.79	77.7%	
	Jackman, Kenny	UNA	28.37	73.4%	
	DeChellis, Marco	UNA	28.63	72.7%	
M45	James, Ben	USA	24.25	89.1%	
	Davis, Ken	TPS	26.57	81.3%	
	Solomon, Livienne	EHS	27.13	79.6%	
	Sanjari, Kevin	UNA	27.29	79.2%	
	White, Mel	UNA	DNF		
M50	Smith, Kerry	EHS	24.65	90.9%	
	Davidson, Bob	UNA	30.00	74.7%	
M55	Lech, Richard	UNA	28.16	82.4%	
	Krueger, Don	UNA	32.69	71.0%	
M60	Powell, Tony	UNA	26.69	89.9%	
	Butts, Tim	USA	29.42	81.5%	
	Mitchell, Bruce	EHS	29.78	80.5%	
	Powell, John	EHS	34.89	68.7%	
M65	Stern, David	EHS	30.15	82.2%	
M70	Agnoo, Charles	SMC	32.54	79.2%	
	Tremblay, Paul-Emil	UNA	37.94	68.0%	
M80	Hipple, Jack	USA	43.56	69.7%	



W60 Adri Rowswell & W70 Doreen Carmichael in the 60m



Another **World Record** for **W50 Karla Del Grande** - running 61.38 in the 400m

400m

W40	Barrett, Lyn	QLT	66.61	78.8%	
W50	Del Grande, Karla	EHS	61.38	94.7%	WR
	(old WR and CAN record Karla 62.28 '04, old MR 1:08.19 Rhona Trott '99)				
M35	Crepasac, Malik	UNA	54.77	81.2%	
M40	Renelique, Eddy	OAK	59.18	78.0%	
	Dickson, Christopher	UNA	62.02	74.4%	
	Hutchinson, Kevin	BTFC	62.14	74.3%	
	Jackman, Kenny	UNA	62.39	74.0%	
M45	James, Ben	USA	54.60	87.6%	
	Davis, Ken	TPS	58.61	81.6%	
	Solomon, Livienne	EHS	60.51	79.0%	
	Langridge, Robert	QLT	DQ		
M50	Davidson, Bob	UNA	63.96	77.4%	
M55	Krueger, Don	UNA	72.04	71.0%	
M60	Powell, John	EHS	1:20.43	65.7%	
M65	Wilson, Hugh	UNA	1:22.06	66.4%	
	Irons, Jim	TOC	DQ		
M70	Wilson, Dave	KGTN	1:28.52	66.6%	

800m

W30	Boyle, Shari	TOC	2:24.51	78.3%	MR
	(no previous MR)				
W40	Bunting, Annie	UNA	2:26.21	79.6%	MR
	(old MR 2:27 Linda Findley 1988)				
W45	Nesdoly, Faith	UNA	2:28.36	82.0%	MR
	(old MR 2:30.05 Diane Palmason 1985)				
	Willis, Katherine	EHS	2:53.89	70.0%	
W65	Doench, Jean	LBR	3:48.25	70.6%	
M30	Menzies, Patrick	UNA	2:10.77	77.7%	
	Byrne, Louis	TOC	2:17.43	74.0%	
	Gaffney, Raymond	USA	2:35.05	65.6%	
M35	Van Nest, Trevor	UNA	2:13.41	78.4%	
	Crepasac, Malik	UNA	2:18.43	75.6%	

M40	Dickson, Christopher	UNA	2:21.93	76.3%
	Hutchinson, Kevin	BTFC	2:37.41	68.8%
M45	Raaflaub, Richard	UNA	2:15.52	82.8%
	Kennedy, Doug	PYK	2:17.71	81.5%
	Hutchinson, Brent	BTFC	2:18.78	80.9%
	Grudzinski, Piotr	UNA	2:24.87	77.5%
	Langridge, Robert	QLT	2:29.16	75.3%
	Keeting, Alex	EHS	2:45.59	67.8%
M50	Robbins, Fred	STO	2:35.41	75.1%
	Payne, Tim	CAM	2:37.37	74.1%
M55	Pickard, John	EHS	2:29.43	81.3%
	Krueger, Don	UNA	2:44.98	73.7%
M60	Mackie, Chris	UNA	2:41.31	78.8%
M65	Wilson, Hugh	UNA	3:10.19	70.3%



Very close for the Silver medal in the **M40 400m**
Christopher Dickson #41 outleaves **Kevin Hutchinson**

1500m

W40	O'Malley, Lynn	PYK	5:07.54	74.9%
	Millson, Karen	PYK	5:16.35	72.8%
W45	Nesdoly, Faith	UNA	5:05.80	81.0%
	Kennedy, Karen	PYK	5:08.99	80.1%
	Willis, Katherine	EHS	5:57.37	69.3%
M30	Byrne, Louis	TOC	4:49.77	71.0%
M35	Zero, Nick	UNA	4:33.77	76.2%
M40	Osland, Paul	TOC	4:20.56	84.2%
	Rendeiro, John	EHS	4:22.94	83.4%
	Air, Donald	UNA	5:12.52	70.2%
M45	Raaflaub, Richard	UNA	4:37.95	82.8%
	Kennedy, Doug	PYK	4:38.79	82.5%
	Hutchinson, Gary	BTFC	4:44.25	81.0%
	Hutchinson, Brent	BTFC	4:48.61	79.7%
	Nesbitt, Steve	UNA	5:16.24	72.8%
	Keeting, Alex	EHS	5:34.62	68.8%
M50	Aitkin, George	CAM	5:06.99	78.5%
	Payne, Tim	CAM	5:19.09	75.5%
	Robbins, Fred	STO	5:04.20	79.2%
	(Fred ran in a different heat)			
M55	DeFinney, John	CEN	4:57.24	84.7%
	Pickard, John	EHS	5:01.52	83.5%
	Cassel, Gary	CAM	5:17.96	79.1%
M60	Mackie, Chris	UNA	5:19.78	82.1%
	Prince, Jim	UNA	5:24.09	81.0%
	Moore, Robert	TOC	5:39.64	77.3%
M65	Irons, Jim	TOC	5:38.37	80.7%
	Wilson, Hugh	UNA	6:07.91	74.3%

3000m

W30	Mooney, Edel	LBR	10:09.35	81.7%	MR
	(no previous MR)				
	Boyle, Shari	TOC	10:15.86	80.8%	
W35	Sviajiana, Margarita	PYK	11:25.75	73.6%	
W40	Hopkins, Colleen	TOC	DNF		
W45	Kobayashi, Lynn	LBR	11:27.18	79.8%	
	Hamel, Dawn	OAC	12:21.19	73.9%	
	Marino, Chris	MOM	12:37.57	72.3%	
W55	Cassel, Brenda	CAM	15:52.75	63.1%	
W70	Turner, Molly	RRC	15:23.79	77.8%	
M35	Lovshin, Brian	TOC	10:11.13	74.1%	
M40	Black, Jamie	UOT	9:53.16	79.0%	
	Blostein, Steven	PYK	10:06.37	77.3%	
	Whittaker, Andy	BTFC	10:23.76	75.1%	
	Wallace, James	UNA	11:20.80	68.8%	
M45	Wallace, Peter	LBR	9:55.99	81.6%	
	Pacque, Raymond	CAC	9:57.61	81.3%	
	Black, Jonathan	UNA	10:07.65	80.0%	
	Hutchinson, Gary	BTFC	10:12.71	79.3%	
	Nesbitt, Steve	UNA	11:31.85	70.2%	
	Campbell, Bruce	LSM	11:38.35	69.6%	
M50	Aitkin, George	CAM	10:54.99	77.1%	
	Robbins, Fred	STO	11:31.83	73.0%	
	Smith, Doug	PRES	11:58.59	70.3%	
M55	DeFinney, John	CEN	10:45.13	81.6%	
	Connolly, Hugh	LBR	11:08.20	78.8%	
	Cassel, Gary	CAM	11:37.59	75.5%	
	Riposo, Philip	USA	11:47.15	74.4%	
	deVries, Bert	LBR	11:55.23	73.6%	
M60	Moore, Robert	TOC	11:41.06	78.6%	
	Prince, Jim	UNA	11:42.78	78.4%	
	Sheridan, David	CAM	11:43.78	78.3%	
M65	Yerich, Paul	STC	11:47.60	81.8%	
	Wilson, Hugh	UNA	13:10.20	73.3%	
M70	Whitlock, Ed	MIL	10:52.40	93.9%	WR
	(old WR 10:56.69 Enrique Moreno – Spain '03, old CAN 11:15.3 Ed '04, old MR 11:26 Ed in '03)				
	Wilson, Dave	KGTN	14:37.06	69.9%	
	Graves, Richard	EHS	15:18.36	66.7%	

3000m Racewalk

W30	Robichaud, Rachel	BTW	14:59.4h	78.2%	MR
	(no previous MR)				
W35	Houston, Laura	BTW	20:08.3h	60.0%	
W40	Cashman, Kitty	EHS	16:15.2h	77.0%	
W45	Sweazey, Nanci Patten	EHS	15:17.0h	85.1%	
	Santi, Wendy	ORW	19:11.0h	67.8%	
W50	Whalen, Lily	EHS	19:09.3h	70.8%	
W55	Leo, Nancy	LOP	18:10.0h	78.1%	
W60	Rosenitsch, Ann Marie	MSC	18:59.9h	78.4%	
	Sarkar, Eileen	BTW	19:43.0h	75.6%	
W65	Christensen, Joan	SMC	19:28.5h	80.7%	MR
	(no previous MR)				
	McKeigan, Jeannie	OTW	22:13.3h	70.7%	



M70 Ed Whitlock, running 30 seconds faster than he did at last year's meet, breaks the **World Record** in the **3000m**.

That's Ed's son Neil (L) working the finish line. Photo by Jack Castle

(3000m Racewalk con't)

M45	Lee, Peter	ORW	18:17.8h	63.6%
M55	King, Patrick	ORW	17:36.6h	71.6%
	Krueger, Don	UNA	17:55.6h	70.4%
M65	Farrelly, Patrick	UNA	19:23.9h	71.5%
M70	Summerhayes, Stuart	CRW	18:24.1h	79.5%
M75	Brancaccio, Salvador	ORW	23:05.9h	67.2%
M80	Fellowes, Peter	MTF	23:08.9h	71.6%
	(old CAN & MR 23:44 George Paterson '93)			

60m Hurdles

M50	Cilevitz, Ralph	EHS	11.33	70.8%
	Chubb, Roy	SMC	12.27	65.4%
M65	Land, Bob	UNA	14.24	65.6%

4x200m Relay

1	Etobicoke Huskies Striders	1:58.08
	(Del Grande, Cilevitz, Powell, Soloman)	
2	Brantford / Team Hutchinson	2:26.13
	(Brent H., Andy Whittaker, Gary H., Kevin H.)	

High Jump

W45	Gunasekera, Roshani	UNA	1.23m	68.7%
M35	Biglow, Ted	UNA	1.60m	68.9%
M40	Gallant, Alain	UNA	1.70m	76.5%
	DeChellis, Marco	UNA	1.50m	67.5%
M45	Sanjari, Kevin	UNA	1.50m	71.0%
	Kotikov, Nikolai	OAK	1.50m	71.0%
M50	Davidson, Bob	UNA	1.40m	70.0%
	Cilevitz, Ralph	EHS	1.40m	70.0%
	Chubb, Roy	SMC	1.30m	65.0%
M55	Poirier, Andre	UNA	1.25m	66.1%
M60	Campbell, Rob	VSP	1.25m	70.2%
M65	Land, Bob	UNA	1.20m	71.4%

Pole Vault

M45	Schaber, Mark	MSC	3.65m	70.0%
M55	Kilpelainen, Matti	USA	3.65m	80.9%
	(CAN record 3.40 Hugh Miller '04)			
M65	Land, Bob	UNA	NH	

Long Jump

W45	Gunasekera, Roshani	UNA	3.98m	62.1%
W50	Mallia, Maria	UNA	4.16m	69.4%
	(old MR 3.87 Anne Van Der Vleuten '90)			
M35	Biglow, Ted	UNA	6.03m	70.7%
M40	Gallant, Alain	UNA	5.56m	69.0%
	Jackman, Kenny	UNA	5.47m	67.9%
M45	Sanjari, Kevin	UNA	5.26m	69.3%
	Black, Tom	UNA	4.98m	65.6%
M50	Cilevitz, Ralph	EHS	4.96m	69.5%
M55	Lech, Richard	UNA	5.42m	81.2%
	(MR 5.43 Richard in '03)			
	Poirier, Andre	UNA	4.06m	60.8%
M80	Hipple, Jack	USA	2.28m	52.2%



M80 Peter Fellowes breaks the 12 year old CAN record in the 3000m Racewalk
Bruce Mitchell did the announcing trackside.

Triple Jump

W45	Gunasekera, Roshani	UNA	8.10m	64.6%
M35	Russo, Phil	UNA	8.28m	46.2%
M40	Jackman, Kenny	UNA	11.46m	68.7%
	Gallant, Alain	UNA	10.97m	65.8%
M45	Sanjari, Kevin	UNA	11.49m	74.0%
	Campbell, Bruce	LSM	7.51m	48.4%
M50	Cilevitz, Ralph	EHS	9.09m	62.9%



Competitor at our championships for many years,
M55 Matti Kilpelainen comes up from the States to do a fine job in the Pole Vault.
 From the photo, it looks like we need a higher roof!

Shot Put

	4.0 Kg			
W35	Jaam Shahriari, Diane	THR	10.40m	47.5%
W45	Thornton, Monica	USA	6.73m	38.3%
	3.0 Kg			
W50	Wetenhall, Kathy	USA	9.07m	54.4%
W70	Carmichael, Doreen	MSC	5.31m	48.7%
W75	Tomsons, Velta	THR	6.41m	67.8%

	7.26 Kg			
M40	Parkinson, Richard	SIS	11.33m	50.3%
M45	St.Pierre, Peter	THR	8.86m	42.6%
	6.0 Kg			
M50	Wetenhall, Jim	USA	14.05m	69.6%
	(old MR 13.98 Jean-Pierre Mayer '01)			
	Pearson, Bill	THR	12.07m	59.8%
	Bzibziak, Ray	USA	10.63m	52.7%
	Chubb, Roy	SMC	8.59m	42.6%
	Boghina, Rudy	THR	ND	
	5.0 Kg			
M60	Nastiuk, Ron	UNA	10.34m	56.8%
	Burniston, Bob	UNA	10.00m	54.9%
M65	Morris, David	THR	9.69m	61.6%
	4.0 Kg			
M70	Malmstrom, Eric	THR	8.68m	48.8%
M75	Viskers, Evalds	THR	8.90m	57.9%
M80	Bachman, Garry	THR	9.96m	76.7%
	Nielsen, Peder	THR	7.42m	57.1%

Weight Throw

	9.09 Kg			
W35	Jaam Shahriari, Diane	THR	10.78m	58.2 CAN, MR
	(old MR 6.39 N.Lachivsa '91, no listed CAN record)			
	7.26 Kg			
W50	Wetenhall, Kathy	USA	11.16m	58.7% MRtie
	(tied MR 11.16 Kathy in 2004)			
	15.90 Kg			
M40	Parkinson, Richard	SIS	12.26m	51.8%
M45	St.Pierre, Peter	THR	7.36m	33.3%
	11.35 Kg			
M50	Wetenhall, Jim	USA	20.20m	86.8% MR
	(old MR 12.51 Rudy Boghina '03, also a USA record)			
	Pearson, Bill	THR	13.45m	57.8% CAN
	(old CAN 12.51 Rudy Boghina '03)			
	Boghina, Rudy	THR	11.53m	49.5%
	Bzibziak, Ray	USA	10.30m	44.3%
	9.09 Kg			
M60	Burniston, Bob	UNA	11.35m	50.0%
	Nastiuk, Ron	UNA	8.32m	36.6%
M65	Morris, David	THR	10.99m	53.6%
	7.26 Kg			
M70	Malmstrom, Eric	THR	6.36m	31.8%
	5.44 Kg			
M80	Bachman, Garry	THR	13.29m	80.8 CAN, MR
	(old CAN & MR 13.26 Garry '02)			
	Nielsen, Peder	THR	9.77m	59.4%



M45 Kevin Sanjari sails to 5.26m in the Long Jump.
OMTFA Director Jim Flowers gets ready to measure.

Many thanks to the volunteers - but especially **Tom Woodward**, who has been out for 20 straight years. Tom started as one of Brian's students. There was a presentation of a certificate of our appreciation for Tom's efforts.

350 photos on the **SONY** site at:
www.imagestation.com/member/?name=douglasjsmith



M80 Garry Bachman betters his own CAN record by 0.03m in the Weight Throw - set three years ago.
You can just see the Weight implement top-left.