

OMTFA / OTFA 5K Cross Country Championships

Guelph Lakes Golf Course - Guelph

Sunday, November 16, 2003

Hosted by the Guelph Athletic Society

	Overall Place			8	12	James Earl	17:47.3
				9	13	David House	17:51.8
W30				10	16	Desmond Moloney	18:10.5
1	98	Celina Sagan	24:35.1	11	17	David Deubelbeiss	18:24.4
M30				12	18	Bill Shnurr	18:28.1
1	4	Jeff Cole	17:05.2	13	21	Don Gallagher	18:50.0
2	7	Jeff Barrett	17:24.1	14	33	Rob Berry	19:48.1
3	9	Michal Kapral	17:26.4	15	41	Rob Hammers	20:14.6
4	20	Brian Lovshin	18:39.3	16	46	James Chin Yut	20:39.1
5	29	Chris Graham	19:36.4	17	53	Alan Beasley	20:56.5
6	91	Stuart Scott-Field	23:52.8	18	81	Tim Smith Trojan	22:56.1
W35				19	105	Ted Mitchell	25:28.8
1	30	Colleen Hopkins	19:38.2	W45			
2	37	Kim House	20:00.1	1	62	Dawn Hamel	21:26.5
3	87	Angela Barker	23:20.8	2	71	Sharon Stewart	22:06.6
M35				3	72	Nanci Patten Sweazey	22:09.2
1	11	Ken Gosleigh	17:44.1	4	79	Katherine Willis	22:50.2
2	19	John Gonos	18:28.4	5	84	Clara Northcott	23:07.0
3	32	John Hinnen	19:46.1	6	94	Deidra Newman	24:15.5
4	36	David Meijer	19:57.3	7	99	Pauline Watson	24:38.4
W40				8	104	Laurie DeGrace	25:19.3
1	70	Anne MacRae	22:04.8	9	107	Christine Robson	25:40.0
M40				W45			
1	1	Vince Friel	16:49.3	1	24	Philip Steel	19:02.4
2	2	Paul Kelly	16:55.6	2	26	Mike Sellon	19:28.6
3	3	Ron Da Silva Jardine	17:02.7	3	28	Larry Longo	19:35.3
4	5	Jamie Black	17:09.4	4	35	Thomas Marshall	19:53.6
5	6	Ray Paulins	17:21.7	5	42	Dave Yaeger	20:23.7
6	8	John Rendeiro	17:25.0	6	44	Fred Dykman	20:28.1
7	10	Rob Earl	17:28.0	7	45	Wayne Gagne	20:38.7



8	49	Alex Keeting	20:42.5
9	50	Robb Langridge	20:51.9
10	54	Bruce Campbell	20:59.6
11	58	Alan Davis	21:13.6
12	101	Tony Pietrangelo	25:00.4
W50			
1	97	Karla DelGrande	24:31.4
2	109	Christine Guy	26:09.1
3	116	Brenda Cassell	28:08.0
4	117	Angela Meyer	29:01.5
5	119	Judith Jonas	31:18.4
6	122	Cathy Tedford	35:39.9
M50			
1	14	Bill Shaw	17:54.7
2	15	George Aitkin	17:59.0
3	22	Gerry Holliday	18:53.6
4	27	Murray Hale	19:33.7
5	31	Tim Payne	19:39.4
6	43	Roger De Plancke	20:24.0
7	47	Francesco Guardiani	20:39.5
8	55	Greg Kuczkowski	21:02.3
9	64	Joseph Lee	21:34.8
10	65	Doug Smith	21:39.4
11	66	Steve Blake	21:43.6
12	68	Don Doan	21:56.0
13	76	John Lyng	22:29.5
W55			
1	75	Linda Findley	22:28.8
M55			
1	25	Ray Tucker	19:16.5



Fred Dykman leads (L-R) Wayne Gagne, Bob Moore, James Chin Yut, and Francesco Guardiani

2	34	John Pickard	19:52.0
3	39	Gary Cassel	20:08.3
4	40	Jim Buckley	20:11.7
5	56	Jim Wilson	21:09.1
6	57	Bert de Vries	21:12.4
7	60	Hugh Connolly	21:19.3
8	63	Charlie Upshall	21:28.5
9	67	Dale Thibideau	21:46.9
10	78	Ian Donaldson	22:46.8
11	88	David Booth	23:29.5
12	89	John Grant	23:38.4
13	90	Adrian Beer	23:40.8
14	92	Don Mashinter	24:10.1
15	95	Jim Clarke	24:20.1
16	102	David Barrett	25:06.6
17	108	John Powell	26:07.2
18	112	Hugh Miller	26:58.0
W60			
1	114	Joan Christensen	27:22.0
2	115	Adri Rowswell	27:35.2
M60			
1	48	Bob Moore	20:40.7
2	51	Glen Norcliffe	20:54.5
3	61	Paul Yerich	21:24.9
4	69	Vern Christensen	21:56.7
5	73	Brian Drewett	22:17.4
6	80	Dennis Shriner	22:51.5
7	82	Reg Wilson	23:05.9
8	85	Colin Royce	23:12.0
9	96	Bruce Mitchell	24:28.4
10	100	Wally Fenshe	24:47.2
11	111	Bob Parker	26:39.4
12	120	Paul Collier	33:14.9



M40 Ron Da Silva Jardine leads M30 Jeff Cole & M40 Jamie Black



M60 Reg Wilson nicked M70 Earl Fee

M65			
1	74	Jim Irons	22:19.7
2	77	Ron Crichton	22:42.3
3	86	Llyod Kehoe	23:13.9
4	103	James Pascoe	25:08.2
5	106	Donald Jones	25:37.8
6	113	Bill McIlwaine	27:13.6

W70			
1	123	Doreen Carmichael	44:28.6

M70			
1	83	Earl Fee	23:06.5
2	93	Bob Wild	24:13.3
3	110	Richard Graves	26:10.2

M75			
1	121	Felix Charles	34:42.2

Teams

W40			
1		Etobicoke Huskies Striders	71:08
		Sweazey, Nanci Patten W48	22:09
		Willis, Katherine W45	22:50
		Guy, Christine W50	26:09
2		Merry Moms of Oakville	71:14
		Salter, Gillian W45	21:17
		Watson, Pauline W45	24:38
		Degrace, Laurie W45	25:19

W50			
1		Etobicoke Huskies Striders	47:00
		Findley, Linda W55	22:29
		Del Grande, Karla W50	24:31

2		Longboat	60:24
		de Geus, Tina W59	29:06
		Jonas, Judith W52	31:18

W60		Scarborough Masters	54:57
		Christensen, Joan W63	27:22
		Rowswell, Adri W63	27:35

M30			
1		East Toronto Striders	57:09
		Gonos, John M38	18:28
		Langridge, Rob M45	20:52
		Gallagher, Don M42	18:50

2		Longboat	58:20
		Kapral, Mikal M31	17:26
		Deubelbeiss, Dave M41	18:24
		Lyng, John M53	22:30
		Barker, Angela W38	23:21

3		Lakeshore Masters	62:01
		Hinnen, John M37	19:46
		Campbell, Bruce M47	21:00
		Davis, Alan M47	21:14
		Lee, Joseph M53	21:35

M40			
1		East Toronto	52:17
		DaSilva-Jardine, Ron M42	17:03
		Earl, Rob M44	17:28
		Earl, James M44	17:47
		Moloney, Des M43	18:11

2		Etobicoke Huskies Striders	63:11
		Rendeiro, John M40	17:25
		Keeting, Alex M46	20:43
		Pietrangelo, Tony M45	25:00

3		Lakeshore Masters	64:01
		Creighton, Denton M48	20:55
		Grant Jr., John M58	23:38
		Hammers, Rob M42	20:15
		MacRea, Anne W42	22:05

M50			
1		Cambridge Harriers	57:46
		Aitkin, George M51	17:59
		Payne, Tim M53	19:39
		Cassel, Gary M58	20:08
		Buckley, Jim M55	20:12

2		Etobicoke Huskies Striders	60:55
		Hale, Murray M54	19:34
		Pickard, John M55	19:52
		Upshall, Charlie M59	21:29
		Powell, John M59	26:07

3	Longboat		63:11
	Guardiani, Francesco	M54	20:40
	de Vries, Bert	M57	21:12
	Connolly, Hugh	M58	21:19
	Collier, Paul	M60	33:15
4	Georgetown		63:51
	Clarke, Jim	M59	20:00
	Thibideau, Dale	M56	21:47
	Doan, Don	M50	21:56
5	Georgetown		68:00
	Wilson, Jim	M58	21:09
	Blake, Steve	M53	21:44
	Barrett, David	M57	25:07
6	Georgetown		71:21
	Mashinter, Don	M55	24:10
	Booth, David	M58	23:30
	Beer, Adrian	M59	23:41
	Meyer, Angela	W53	29:02
7	Scarborough Masters		72:01
	Christensen, Vern	M62	21:57
	Wilson, Reg	M60	23:06
	Miller, Hugh	M57	26:58
	Tedford, Cathy	W50	35:27
M60			
1	Toronto Olympic Club		63:56
	Moore, Bob	M62	20:41
	Norcliffe, Glen	M60	20:55
	Irons, Jim	M67	22:20



Jim Irons & Linda Findley



M55 John Powell and teammate W50 Christine guy

2	St. Catherines Roadrunners		66:34
	Yerich, Paul	M64	21:25
	Drewitt, Brian	M63	22:17
	Shriner, Dennis	M62	22:52
3	Etobicoke Huskies Striders		72:48
	Crichton, Ron	M67	22:42
	Mitchell, Bruce	M60	24:28
	Jones, Don	M67	25:38
	McIlwaine, Bill	M65	27:14
4	Georgetown		74:38
	Royce, Colin	M60	23:12
	Fenske, Wally	M62	24:47
	Parker, Bob	M60	26:39
M70			
1	Etobicoke Huskies Striders		47:17
	Fee, Earl	M74	23:07
	Graves, Richard	M70	26:10
	Charles, Felix	M75	34:42

Photos in the **fog** by *Jack Castle*