

Outdoor track - M30 10000 m

<b>Performance</b>	<b>Athlete Name</b>	<b>Age-Rated Performance</b>
34:49.47	Hugo Orozco Reyes	

M35 10000 m

<b>Performance</b>	<b>Athlete Name</b>	<b>Age-Rated Performance</b>
38:13.02	<a href="#">Robert Welsh</a>	70.4%
36:55.01	<a href="#">Jason Matthews</a>	72.8%

M40 10000 m

<b>Performance</b>	<b>Athlete Name</b>	<b>Age-Rated Performance</b>
38:31.49	<a href="#">Jianping Xu</a>	74.5%

W40 10000 m

<b>Performance</b>	<b>Athlete Name</b>	<b>Age-Rated Performance</b>
1:03:03.80	Rose Ritchie	50.7%

M45 10000 m

<b>Performance</b>	<b>Athlete Name</b>	<b>Age-Rated Performance</b>
34:57.60	Daniel Fiorini	84.0%

M50 10000 m

<b>Performance</b>	<b>Athlete Name</b>	<b>Age-Rated Performance</b>
37:54.33	<a href="#">Ken Hawthorn</a>	78.7%

W50 10000 m

<b>Performance</b>	<b>Athlete Name</b>	<b>Age-Rated Performance</b>
54:40.64	<a href="#">Christina Marino</a>	66.0%
47:31.88	<a href="#">Clara Northcott</a>	76.0%

M55 10000 m

<b>Performance</b>	<b>Athlete Name</b>	<b>Age-Rated Performance</b>
43:57.75	<a href="#">Henry Cirocki</a>	71.9%

M60 10000 m

<b>Performance</b>	<b>Athlete Name</b>	<b>Age-Rated Performance</b>
47:21.32	<a href="#">Bryan Mason</a>	71.6%
40:52.77	<a href="#">Bob Knuckey</a>	80.0%

W60 10000 m

<b>Performance</b>	<b>Athlete Name</b>	<b>Age-Rated Performance</b>
54:55.59	<a href="#">Carole Tracey</a>	72.8%

M65 10000 m

<b>Performance</b>	<b>Athlete Name</b>	<b>Age-Rated Performance</b>
46:40.00	<a href="#">Robert Moore</a>	75.4%
43:32.34	<a href="#">David Sheridan</a>	78.6%

M70 10000 m

<b>Performance</b>	<b>Athlete Name</b>	<b>Age-Rated Performance</b>
54:45.23	<a href="#">Gerhard Krolow</a>	69.4%
47:47.10	<a href="#">Jack Geddes</a>	77.2%

