

Canadian Results

WMA Championships Puerto Rico 2003

Official Results compiled by;
 Brian Keaveney, Canadian Team Manager, WMA Official
 Contact masters@sympatico.ca for other non-Canadian results.

100M

Prelims

W35

4 Kuczalska, Agnieszka 13.61q -1.5

W50

1 Del Grande, Karla 13.51q 2.1

(Legal wind is 2.0 - CAN record 13.84 Avril Douglas '98)

8 Trott, Rhona 14.65q -0.7

9 Fossberg, Mette 14.92 2.1

32 Wisneth, Eric 16.48 -1.0

Semi-Finals

M40

1 Provo, D. Lee 11.11 1.4

8 Kuno, Gary 12.08 1.4

2 Tissenbaum, Allan 11.33 1.4

M50

8 Dickson, Thomas 12.05q -0.9

M60

14 Morris, Michael 13.72 0.1

M70

16 Giegerich, Joe 15.33q 0.1

18 Thompson, Bill 15.79 0.1

M75

12 Robson, Leslie 16.53 0.7

Finals

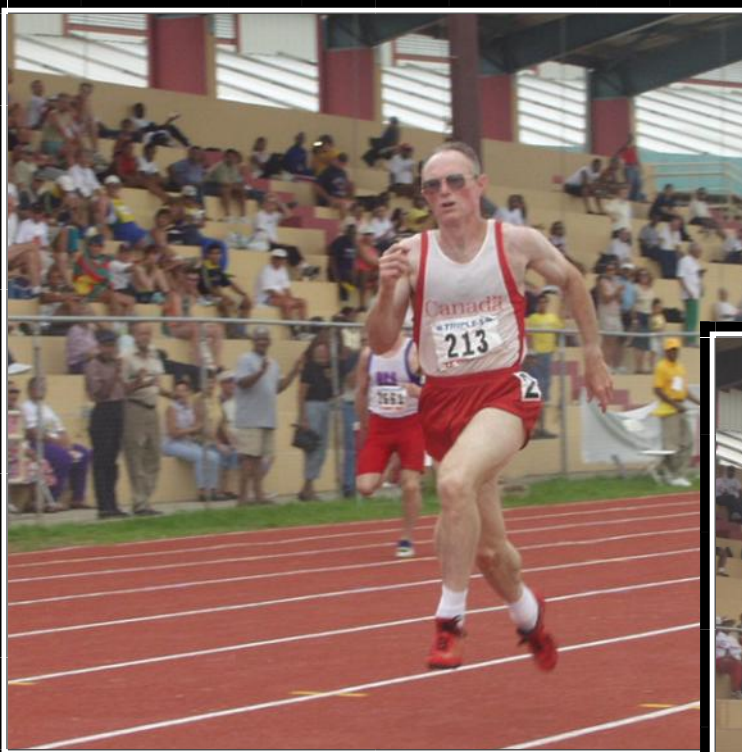
W35

4 Kuczalska, Agnieszka 13.31 3.3

W50

2 Del Grande, Karla 13.41 2.7

7 Trott, Rhona 14.51 2.7



M50 Tom Dickson

W55

18 Piresferreira, Marta 17.71 -5.7

W60

8 Radcliffe, Marg 15.75q 0.1

W70

6 Carmichael, Doreen 18.71q 0.2

9 Daniels, Marjoire 22.05 -0.4

M40

1 Provo, D. Lee 11.18q 2.6

3 Tissenbaum, Allan 11.44q 0.1

16 Kuno, Gary 12.10q 3.2

21 Bertrand, Benoit 12.73 3.7

M50

7 Dickson, Thomas 11.90q 0.6

M60

14 Morris, Michael 13.48q -3.5



M75 Les Robson

W60

8 Radcliffe, Marg 15.79 2.2

W70

2 Carmichael, Doreen 17.87 -0.8

W75

6 McLeod-Smith, Doreen 21.57 0.3

M40
 1 Provo, David Lee 11.15 0.1
 M50
 5 Dickson, Thomas 11.87 1.1
M90
4 West, Howard 27.07 -0.8 CAN
 (no previous CAN record)

200M

Prelims

W55
 11 Piresferreira, Marta 35.79q -0.9
 W60
 13 Radcliffe, Marg 33.46 0.6
 M40
 2 Provo, D. Lee 22.89q -1.5
 15 Kuno, Gary 24.86q -1.5



M80 Harry Thompson

W35
 4 Kuczalska, Agnieszka 28.47 5.2
 W50
 2 Del Grande, Karla 27.64 4.7
 5 Trott, Rhona 30.87 4.7
 W70
 2 Carmichael, Doreen 38.62 3.1
 W75
 4 McLeod-Smith, Doreen 45.97 1.2
 M40
 1 Provo, D. Lee 22.45 4.7
M90



M50 Maureen de St Croix

M45
 23 Gagne, Wayne 26.53q 3.2
 M50
 13 Freeman, Peter 25.16q 1.1
 14 Dickson, Thomas 25.51q 1.1
 M60
 22 Mitchell, Bruce 30.11 -3.5
 26 Wisneth, Eric 33.45 0.6
 M65
 12 Sharma, Dev 30.11q 0.1
 24 Poonia, Kesar 32.10 -0.2
 M70
 16 Thompson, Bill 33.44q -1.4
 M75
 11 Robson, Leslie 34.04 0.9
Semis
 M50
 8 Freeman, Peter 24.77q 4.8
 11 Dickson, Thomas 25.07 4.8
 M65
 16 Sharma, Dev 30.38 1.2
Finals



M60 Harold Morioka

3 West, Howard 1:07.06 1.2 CAN
(no previous CAN record)

400M

Prelims

W60

4 Radcliffe, Marg 1:18.04q

W50

1 Del Grande, Karla 1:02.38q

M45

20 Gagne, Wayne 1:00.31

M50

6 Freeman, Peter 55.43q

M60



M50's Gord Valient & Mike Carter

1

Morioka, Harold 56.15
4 Badowski, Tony 1:00.93
M70
2 Fee, Earl 1:04.50
M75
7 Robson, Leslie 1:21.88

800M



M85 Les Leyland

W40 Leslie Estwick

1 Morioka, Harold 58.10q
3 Badowski, Tony 1:01.86q
18 Mitchell, Bruce 1:08.70
21 Mc Namara, Bill 1:12.06
M70
3 Fee, Earl 1:09.61q
6 Giegerich, Joe 1:11.29q
14 Thompson, Bill 1:21.57
M75
6 Robson, Leslie 1:18.26q

Semi-finals

M50

9 Freeman, Peter 55.10

400m Finals

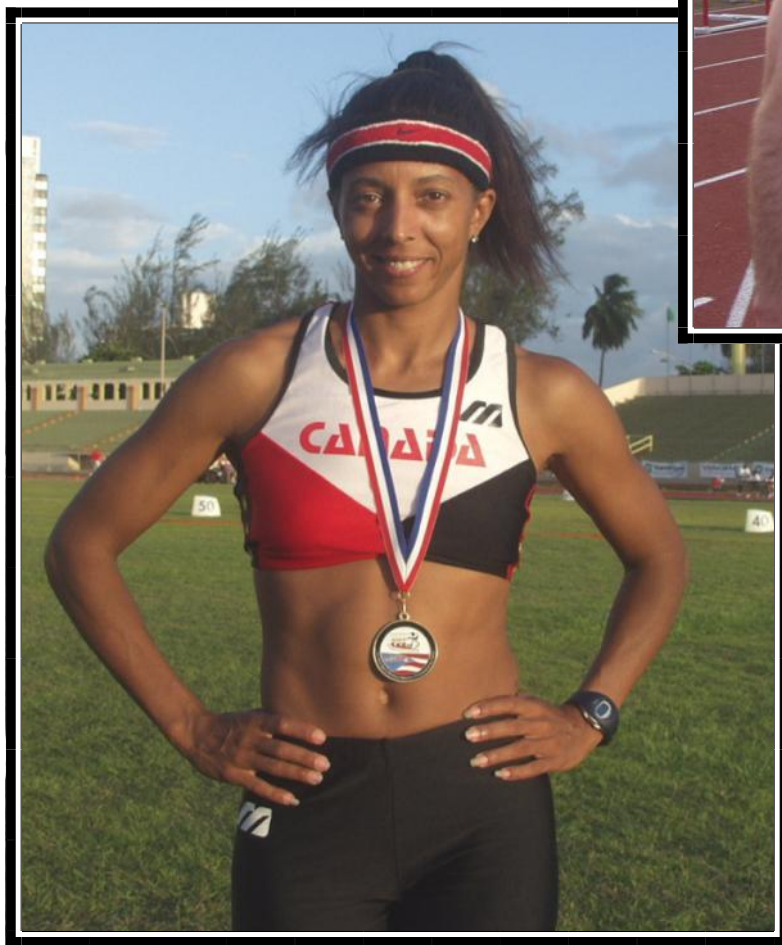
W50

2 Del Grande, Karla 1:02.99

W60

6 Radcliffe, Marg 1:19.65

M60



Prelims

W50

1 De St Croix, Maureen	2:31.78q
6 McMillan, Marne	2:40.53q

W55

1 Findley, Linda	2:49.73q
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M50

8 Valiant, Gordon	2:13.81q
19 Carter, Michael	2:30.12

M55

7 Judson, Fred	2:18.98q
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M60

4 Morioka, Harold	2:28.15q
17 Mc Namara, Bill	2:53.51

M70

3 Fee, Earl	2:37.31q
6 Giegerich, Joe	2:46.01q

Finals

W50

1 De St Croix, Maureen	2:20.18
6 McMillan, Marne	2:37.34

W55

2 Findley, Linda	2:47.76
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W70

1 Horne, Jean	3:12.82 CAN
(old CAN 3:25 Hazel Cameron '94, WR 3:10)	

M50

7 Valiant, Gordon	2:10.62
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M55

6 Judson, Fred	2:15.30
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M60

1 Morioka, Harold	2:15.26
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M70

2 Fee, Earl	2:26.09
4 Giegerich, Joe	2:43.21

M80

3 Thompson, Harry	3:21.34
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M85

1 Leyland, Les	4:15.93 CAN
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M40 1500m Final - Vince Friel 4th. (John Hinton 1st not in photo)

(old CAN 4:43 Les '02)

1500M

Prelims

M40

2 Friel, Vince	4:21.61q
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M50

3 Valiant, Gordon	4:44.93q
17 Carter, Michael	5:09.67

M55

6 Judson, Fred	4:53.28q
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Finals

W50

1 De St Croix, Maureen	4:47.44
6 McMillan, Marne	5:41.76

W55

2 Findley, Linda	5:40.74
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W65

2 Visser, Helly	6:38.62
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W70

1 Horne, Jean	6:49.23
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M40

4 Friel, Vince	4:13.46
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M50

6 Valiant, Gordon	4:41.63
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M55

8 Judson, Fred	4:46.84
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M65

4 Davies, Roger	5:26.16
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M70

8 Giegerich, Joe	5:56.04
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M80

2 Thompson, Harry	7:07.44 CAN
(old CAN 7:12 Hans Weickardt '94)	

M85

1 Leyland, Les	8:55.00
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5000M

Finals



M70 Joe Giegerich

W40	
11 Lyon, Marie	23:02.52
12 Dumais, Jocelyne	23:31.97
W55	
5 Findley, Linda	21:30.76
M50	
25 Smith, Doug	22:27.37
M55	
19 Breton, Gaetan	21:23.70
M60	
18 Christensen, Verner	20:52.85
24 Mounsey, Duncan	22:31.71
M65	
5 Davies, Roger	20:01.09
M85	

M65	
4 Summerhayes, Stuart	32:22.41

10,000M

M50	
22 Smith, Doug	48:57.66
M55	
16 Breton, Gaetan	46:56.38
M60	
17 Mounsey, Duncan	47:43.92
M65	
11 Davies, Roger	44:23.51

Sprint Hurdles

Finals

W50 80 M	
5 Cochrane, Nancy	15.78 2.3
M65 100 M	
Preliminaries	
12 Poonia, Kesar	25.27 1.5

Long Hurdles

Prelims

M50 400 M	
6 Berquist, Brian	1:05.53q
M55 400 M	
2 Judson, Fred	1:07.59q
M60 300 M	
1 Morioka, Harold	45.52q CAN
(old CAN 47.5 Earl Fee)	
4 Badowski, Tony	48.36q
M65 300 M	
8 Sharma, Dev	54.29q
M70 300 M	
1 Fee, Earl	52.26q
Finals	
W50 300 M	
3 Trott, Rhona	54.83
M50 400 M	
5 Berquist, Brian	1:05.36
M55 400 M	
4 Judson, Fred	1:07.87
M60 300 M	
1 Morioka, Harold	45.33 CAN
(old CAN 47.5 Earl Fee)	
4 Badowski, Tony	46.56
M65 300 M	
8 Sharma, Dev	54.99
M70 300 M	
1 Fee, Earl	50.78

Steeplechase 2000m

W45	
1 Sweazey, Nanci	8:25.26
W50	
4 Cochrane, Nancy	10:31.69
W55	
1 Findley, Linda	9:20.22 CAN
(old CAN 10:06 Ruth Carrier '87)	
M60	
5 Christensen, Verner	8:12.43
M65	
4 Van der Wal, Hyke	9:13.86
M50 3000m Steeplechase	
6 Smith, Doug	13:42.75

Long Jump

W40



M60 Hyke Van Der Wal - Photo by Jack Castle

Leyland, Les 35:27.38

5000M Race Walk

W40	
1 Cashman, Katharine	27:55.68
W45	
2 Sweazey, Nanci	26:46.62
W50	
3 Whalen, Liliana	29:44.64
4 Watts, Sherry	32:00.62
5 Ramsden, Agnes	33:45.73
8 Leo, Nancy	36:14.21
W60	
4 Christensen, Joan	33:24.69
5 Rosenitsch, AnnMarie	34:01.50
9 McKeigan, Jeannie	35:40.99
W70	
1 Provost, June-Marie	34:32.24
M55	
8 Ramsden, Donald	30:19.82

1 Estwick, Leslie	5.50m	1.9	CAN
(old CAN 4.95 Liz McBlaine '88)			
W50			
3 Fossberg, Mette	4.51m	2.4	
M40 Qualifying			
10 Stasiuk, Peter	5.79m	-0.1	
Finals			
M40			
9 Stasiuk, Peter	5.71m	4.7	
M60			
6 Slater, Alan	5.11m	+0.0	
M75			
11 Robson, Leslie	3.31m	3.8	

Triple Jump

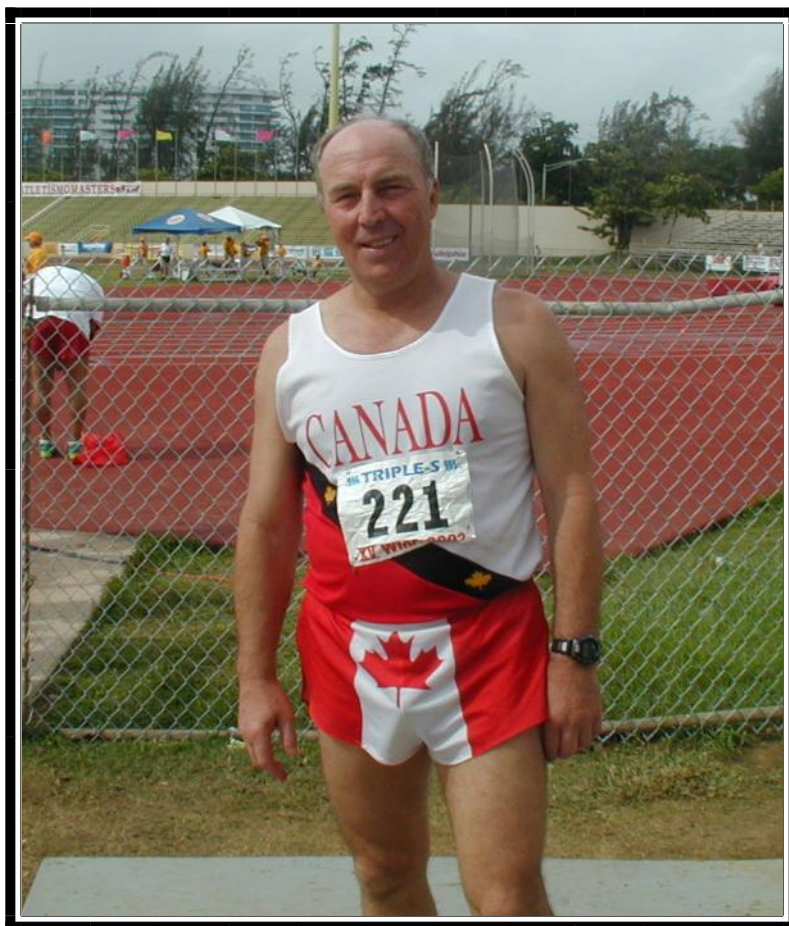
W50			
2 Fossberg, Mette	8.87m	1.0	CAN
(old CAN 8.13 Jutta Reigel '92)			
M60			
6 Slater, Alan	10.56m	-0.9	
M65			
10 Poonia, Kesar	8.13m	0.5	

Pole Vault

W40			
3 Estwick, Leslie	3.00m		CAN
(old CAN 2.90 Leslie '01)			
M45			
3 Courteau, Ambroise	4.00m		
M55			
1 Hamill, Warren	3.50m		CAN
(old CAN 3.36 Hugh Miller in June)			
6 Dehorn, William	3.10m		
9 Judson, Fred	2.50m		

High Jump

W40



M60 Marek Glowacki

1 Estwick, Leslie	1.65m
W55	
5 McBlain, Liz	1.15m
M50	
3 Hawkins, John	1.65m
M80	
5 Thompson, Harry	1.09m

Shot Put

Prelims		
M60		
7 Glowacki, Marek	13.19mq	
M65		
11 Poonia, Kesar	10.45m	
Finals		
W75		
9 McLeod-Smith, Doreen	4.81m	
M60		
7 Glowacki, Marek	13.59m	CAN
(old CAN 13.31 Marek '01)		
M65		
9 Poonia, Kesar	9.88m	
M90		
5 West, Howard	5.50m	

Javelin

W35		
6 Kuno, Jan	22.88m	
W50		
9 Cochrane, Nancy	16.51m	
W60		
1 Radcliffe, Marg	29.19m	
W75		
6 McLeod-Smith, Doreen	10.48m	



W50 Marne McMillan

M60
Preliminaries
8 Glowacki, Marek 40.04mq
Final
M90
3 West, Howard 14.72m

Discus Throw

W75
8 McLeod-Smith, Doreen 12.10m
Qualifying
M60
5 Glowacki, Marek 46.62mq
Final

M60

6 Glowacki, Marek 48.60m CAN
(old CAN 46.68 Marek '01)

M90
6 West, Howard 13.99m

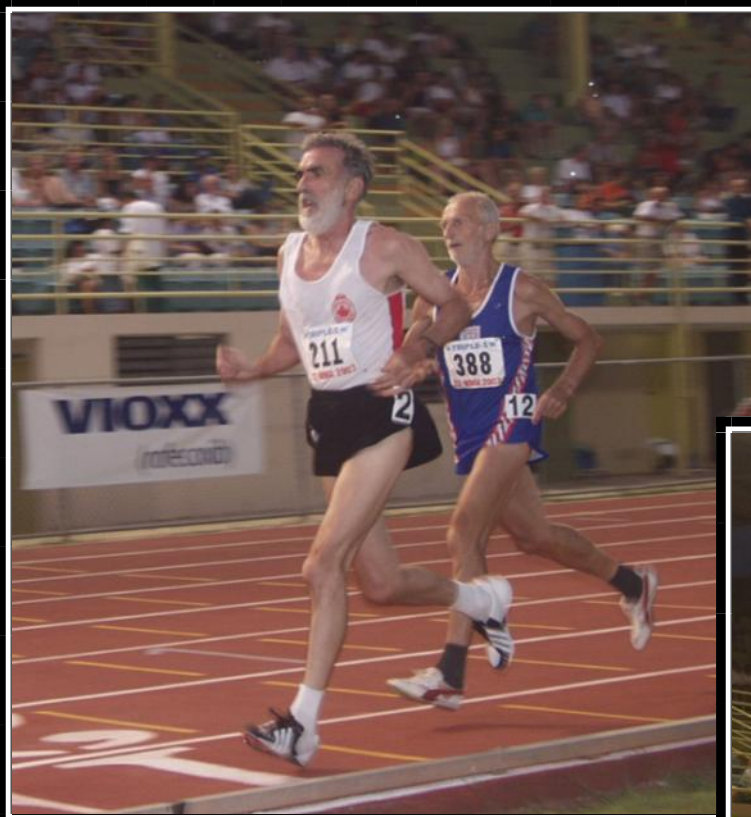
Hammer Throw

W75
7 McLeod-Smith, Doreen 10.23m
M55



W65 Helly Visser

W55 Shot Put
3 McBlain, Liz 9.58m 831
W75 Shot Put
6 McLeod-Smith, Doreen 4.63m 616
W55 Discus
4 McBlain, Liz 18.66m 402
W75 Discus
6 McLeod-Smith, Doreen 11.39m 406
W55 Javelin
3 McBlain, Liz 15.32m 357
W75 Javelin
7 McLeod-Smith, Doreen 9.53m 373



M65 Roger Davies

1 Zaitchouk, Boris 61.58m CAN
(old CAN 58.36 Boris in June)

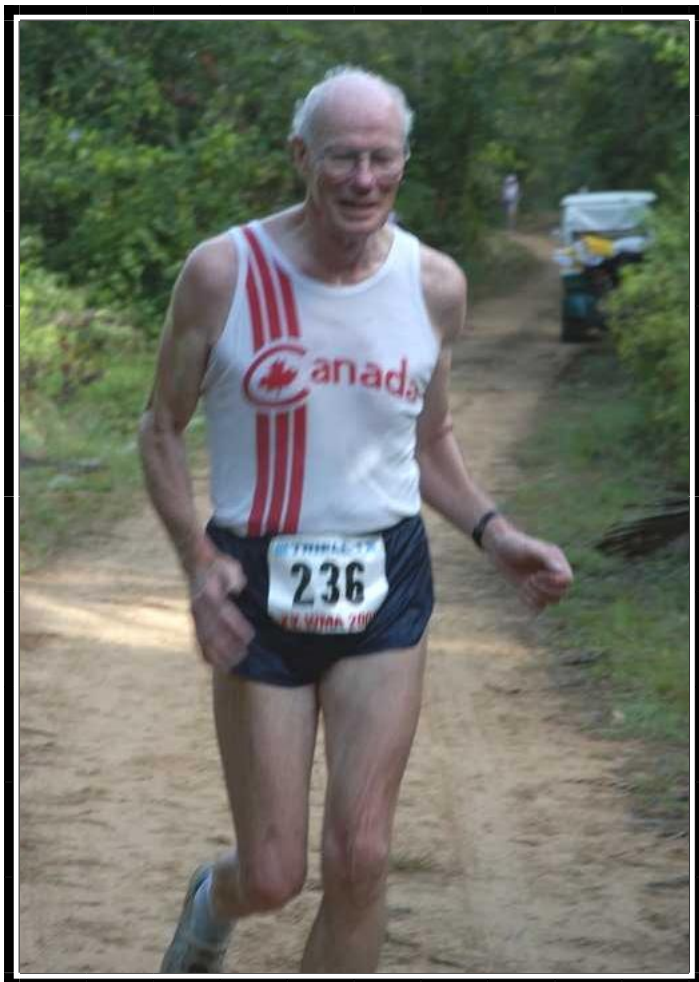
M65
7 Staveley, Bob 36.37m
M90
4 West, Howard 15.01m

Weight Pentathlon

W75 Hammer
7 McLeod-Smith, Doreen 11.69m 420
W55 Hammer
3 McBlain, Liz 26.30m 627



W70 Jean Horne



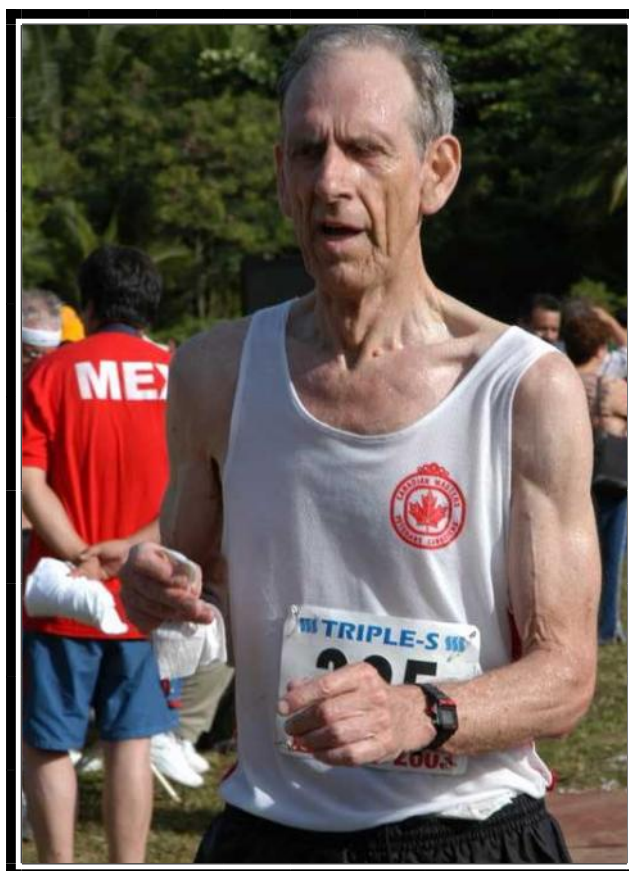
M70 Brian Oxley - photo by Peter Freeman

W55 Weight		
3	McBlain, Liz	10.36m 745
W75 Weight		
6	McLeod-Smith, Doreen	5.47m 515
M90 Hammer		
2	West, Howard	15.20m 776
M90 Shot Put		
1	West, Howard	6.00m 909
M90 Discus		
1	West, Howard	13.25m 637
M90 Javelin		
1	West, Howard	13.98m 589
M90 Weight		
1	West, Howard	8.17m 948
Weight Pentathlon Totals		
3	McBlain, Liz	2962
	McLeod-Smith, Doreen	NP
1	West, Howard	3859

Decathlon

M50 100 M		
2	Berquist, Brian	12.70 NWI 2 789
13	Hawkins, John	14.12 NWI 3 538
M55 100 M		
2	Hamill, Warren	13.14 1.1 2 784
8	Judson, Fred	13.95 1.1 2 641
M70 100 M		
8	Kupczyk, Henryk	17.40 5.1 2 353
9	Daniels, Edwin	18.27 4.2 1 258
M50 Long Jump		
9	Berquist, Brian	4.88m NWI 613

10	Hawkins, John	4.77m NWI 582
M55 Long Jump		
2	Hamill, Warren	5.00m 1.5 743
5	Judson, Fred	4.67m -1.3 644
M70 Long Jump		
7	Daniels, Edwin	2.68m 4.3 295
8	Kupczyk, Henryk	2.39m 5.7 212
M50 Shot Put		
2	Hawkins, John	10.91m 637
5	Berquist, Brian	10.69m 622
M55 Shot Put		
3	Hamill, Warren	11.61m 776
8	Judson, Fred	9.11m 582
M70 Shot Put		
5	Kupczyk, Henryk	8.50m 549
8	Daniels, Edwin	7.57m 477
M50 High Jump		
1	Hawkins, John	1.65m 822
5	Berquist, Brian	1.44m 593
M55 High Jump		
1	Hamill, Warren	1.56m 813
4	Judson, Fred	1.47m 714
M70 High Jump		
7	Kupczyk, Henryk	0.91m 331
M50 400 M		
4	Berquist, Brian	59.26 2 739
10	Hawkins, John	1:06.39 1 488
M55 400 M		
2	Judson, Fred	1:01.30 2 738
4	Hamill, Warren	1:01.83 1 718
M70 400 M		
7	Kupczyk, Henryk	1:28.82 2 259
M50 100 M Hurdles		
6	Berquist, Brian	18.35 NWI 2 535
12	Hawkins, John	20.00 NWI 2 391
M55 100 Meter Hurdles		



M60 Duncan Mounsey - photo by Peter Freeman

2 Hamill, Warren	16.92	-0.4	1	804
4 Judson, Fred	18.81	+0.0	2	615
M70 100 Meter Hurdles				
-- Kupczyk, Henryk	DNF	0.3		
M50 Discus Throw				
2 Hawkins, John	37.86m		621	
4 Berquist, Brian	33.44m		533	
M55 Discus Throw				
3 Hamill, Warren	34.60m		624	
9 Judson, Fred	27.47m		468	
M70 Discus Throw				
3 Kupczyk, Henryk	29.22m		690	
M50 Pole Vault				
9 Hawkins, John	2.40m		364	
9 Berquist, Brian	2.40m		364	
M55 Pole Vault				
1 Hamill, Warren	3.40m		799	
5 Judson, Fred	2.60m		493	
M70 Pole Vault				
-- Kupczyk, Henryk	NH			
M50 Javelin Throw				
3 Berquist, Brian	39.59m		598	
4 Hawkins, John	37.81m		564	
M55 Javelin Throw				
4 Hamill, Warren	37.46m		628	
8 Judson, Fred	31.91m		513	
M70 Javelin Throw				
5 Kupczyk, Henryk	23.34m		453	
M50 1500 M				
9 Berquist, Brian	6:01.08		511	
13 Hawkins, John	6:24.38		407	
M55 1500 M				



M70 Jack Castle - photo by Peter Freeman



W50 Mary Freeman - photo by Peter Freeman

2 Judson, Fred	5:17.93	811
7 Hamill, Warren	6:10.85	540
M70 1500 M		
6 Kupczyk, Henryk	10:14.78	27
Decathlon Totals		
4 Berquist, Brian	5897	
8 Hawkins, John	5414	
2 Hamill, Warren	7229	
5 Judson, Fred	6219	
6 Kupczyk, Henryk	2874	

Cross Country (8K)

W40	
11 Lyon, Marie	40:12.00
14 Dumais, Jocelyne	42:32.00
W50	
1 De St Croix, Maureen	30:43.00
9 McMillan, Marne	38:11.00
12 Freeman, Mary	39:22.00
W55	
2 Findley, Linda	35:46.00
W60	
9 Christensen, Joan	44:37.00
M50	
3 Drolet, Normand	29:37.00
40 Smith, Doug	43:29.00
M55	
21 Breton, Gaetan	34:53.00

M60	
18 Christensen, Vern	36:43.00
25 Mounsey, Duncan	39:39.00
M70	
16 Oxley, Brian	52:52.00
17 Castle, Jack	1:10:36.00

Cross Country Teams

W50	1	Team Canada	1:08:16
		De St. Croix, Maureen	3 rd 30:43
		McMillan, Marne	26 th 38:43
		Freeman, Mary	32 nd 39:22
M60	5	Team Canada	1:29:14
		Christensen, Verner	57 th 36:43
		Mounsey, Duncan	80 th 39:39
		Oxley, Brian	127 52:52

Road Racewalk

W40 10K	
1 Cashman, Katharine	57:39.00
W45	
2 Sweazey, Nanci	54:52.00
W50	
3 Whalen, Liliana	59:14.00
4 Watts, Sherry	1:04:23.00
7 Ramsden, Agnes	1:10:01.00
10 Leo, Nancy	1:13:15.00
W60	
6 Christensen, Joan	1:08:06.00
12 McKeigan, Jeannie	1:14:31.00
W70	
1 Provost, June-Marie	1:10:30.00
M55 20K	
10 Ramsden, Donald	2:13:53.00
M65	
4 Summerhayes, Stuart	2:25:49.00

Road Race Walk Teams 10K

W40	1	Team Canada	3:05:46
		Sweazey, Nancy	W45 54:52
		Cashman, Katharine	W40 57:39
		Leo, Nancy	W50 1:13:15
W50	1	Team Canada	3:13:38
		Whalen, Liliana	W50 59:14
		Watts, Sherry	W50 1:04:23
		Ramsden, Agnes	W50 1:19:01
W60	2	Team Canada	3:33:07
		Christensen, Joan	W60 1:08:06
		Provost, June-Marie	W70 1:10:30
		McKeigan, Jeannie	W60 1:14:31

Relays 4x100M

W50	2	Canada	57.29
		1) Trott, Rhona 54	2) Fossberg, Mette 51
		3) Radcliffe, Marg 61	4) Del Grande, Karla 50
W70	1	Canada	1:19.05
		1) Carmichael, Doreen 72	2) McLeod-Smith, Doreen 77
		3) Provost, June-Marie 70	4) Horne, Jean 70

4X400m

W40	5	Canada	5:03.62
		1) Findley, Linda 55	2) Cochrane, Nancy 51
		3) Cashman, Katharine 42	4) Sweazey, Nanci 47

W50	1	Canada	4:24.09
		1) McMillan, Marne 51	2) Del Grande, Karla 50
		3) Trott, Rhona 54	4) De St Croix, Maureen 50

W60	4	Canada	5:54.64
		1) Christensen, Joan 63	3) Radcliffe, Marg 61
		3) Visser, Helly 69	4) Horne, Jean 70

M60	3	Canada	51.15
		1) Morris, Michael 62	2) Badowski, Tony 60
		3) Slater, Alan 61	4) Morioka, Harold 60

M65	4	Canada	1:02.07
		1) Thompson, Bill 73	2) Poonia, Kesar 69
		3) Robson, Leslie 76	4) Giegerich, Joe 70

M50	3	Canada	3:54.71
		1) Judson, Fred 57	2) Valiant, Gordon 50
		3) Carter, Michael 53	4) Freeman, Peter 51

M60	1	Canada	4:07.74
		1) Badowski, Tony 60	2) Fee, Earl 74
		3) Mitchell, Bruce 60	4) Morioka, Harold 60

1000 photos at.....

<http://www.imagestation.com/album/?id=4289460865>



M50 Doug Smith - photo by Peter Freeman

Coming out of the jungle at the halfway on what had to be some of the hottest conditions that I've ever raced in - hot sun overhead and very humid without a hint of a breeze...at least that's my excuse for **BONKING!**