

CANADIAN MASTERS CROSS COUNTRY CHAMPIONSHIPS

Saturday, November 29th, 2003

Sunnybrook Park, Toronto

Hosted by the Toronto Olympic Club - Race Director Dave Christiani

<u>AG</u>	<u>Overall</u>		<u>Prov</u>	<u>Club</u>	<u>Time</u>	<u>AG %</u>
M30						
1	11	Chris Carrick	ON	TORONTO OLYMPIC CLUB	28:50	72.209
2	15	Jeff Barrett	ON	SAUGEEN T & F CLUB	29:10	72.372
3	19	Ian Sinclair	ON	TORONTO OLYMPIC CLUB	29:29	71.157
4	22	Michal Kapral	ON	LONGBOAT ROADRUNNERS	29:39	70.209
5	25	Jeff Cole	ON	UNATTACHED	29:48	70.407
6	54	Brian Lovshin	ON	TORONTO OLYMPIC CLUB	31:26	67.145
7	152	Tullio Bugada	ON	LONGBOAT ROADRUNNERS	39:45	52.378
8	177	Jason Boyd	ON	LONGBOAT ROADRUNNERS	42:46	49.058
W30						
1	52	Sue Joy	ON	PHYSI-KULT RUNNING GROUP	31:09	74.728
2	99	Margarita Svajina	ON	PHYSI-KULT RUNNING GROUP	35:07	66.717
3	109	Shelley Willemse	ON	PHYSI-KULT RUNNING GROUP	35:51	64.915
4	114	Tracy Barber	ON	OWEN SOUND RUNNERS	36:05	64.482
5	135	Dianne Flynn	ON	LONGBOAT ROADRUNNERS	38:04	61.237
6	190	Sandra Tam	ON	LONGBOAT ROADRUNNERS	45:06	51.602
M35						
1	1	Bruce Raymer	ON	TORONTO OLYMPIC CLUB	27:23	77.592
2	18	Peter Donato	ON	MARATHON DYNAMICS	29:22	73.246
3	33	Nick Duca	ON	TRI CITY TRACK CLUB	30:13	71.210
4	34	Ken Gosleigh	ON	SAUGEEN T & F CLUB	30:14	70.712
5	49	John Gonos	ON	EAST TORONTO STRIDERS	30:55	70.057
6	129	Craig Binning	ON	LONGBOAT ROADRUNNERS	37:07	58.330
W35						
1	42	Paula Wiltse	ON	PHYSI-KULT RUNNING GROUP	30:30	77.668
2	75	Colleen Hopkins	ON	UNATTACHED	33:24	72.332
3	81	Kim House	ON	ACHILLES RUNNING CLUB	33:55	70.273
4	118	Suzette Taggart	ON	PHYSI-KULT RUNNING GROUP	36:28	64.597
5	126	Nathalie Desormeau	QC	OTTAWA LIONS	36:59	64.048
6	163	Kristin Kay	ON	LONGBOAT ROADRUNNERS	41:56	57.613



Top Age-graded scorers - **W50 Maureen de St Croix** 83.49% and **M45 Jerry Kooymans** 82.79%
 (L) **M40 Paul Roberts** with Maureen. (R) Jerry just holds off **M40 Stuart Galloway**. **M40 Jamie Black** is just behind. BK



M40's Rob Lonergan, Stuart Galloway & M35 Bruce Raymer BK



M40 Neil Whitlock JC

M40

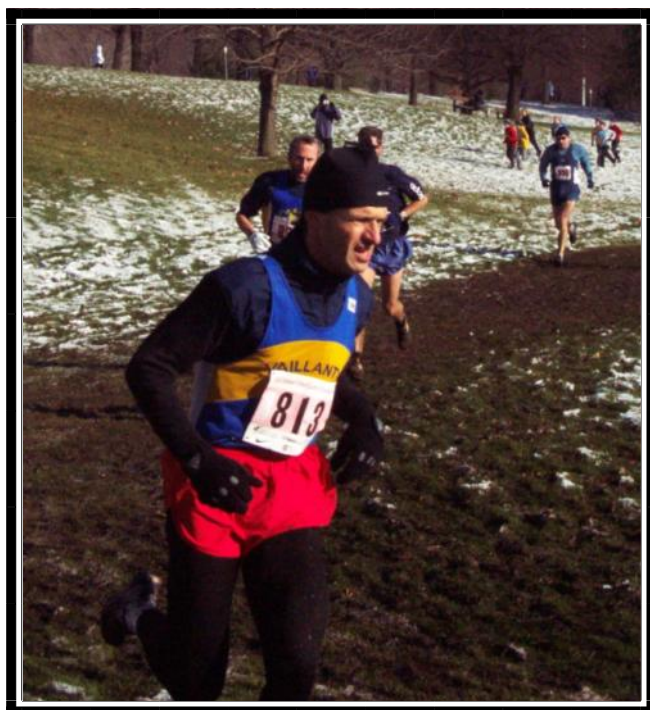
1	2	Rob Lonergan	BC	HERSHEY HARRIERS A.C.	27:45	81.304
2	4	Stuart Galloway	ON	NIAGARA OLYMPIC CLUB	28:05	79.196
3	5	Jamie Black	ON	UTTC	28:09	77.946
4	6	Gord Christie	ON	LONGBOAT ROADRUNNERS	28:25	78.270
5	7	Paul Kelly	ON	UNATTACHED	28:31	77.480
6	8	Ronald DaSilvaJardine	ON	EAST TORONTO STRIDERS	28:33	77.915
7	9	Rory Switzer	BC	KELOWNA RUNNING CLUB	28:38	77.684
8	10	Vince Friel	ON	SOUTH SIMCOE DUFFERIN	28:48	76.709
9	13	John Rendeiro	ON	ETOBICOKE HUSKIES STRIDERS	28:58	75.765
10	14	Larry Nightingale	BC	SUNSHINE COAST ATHLETICS	28:59	75.705
11	16	Ray Paulins	ON	BRANTFORD	29:12	76.741
12	17	John Kaandorp	ON	OWEN SOUND RUNNERS	29:15	75.534
13	20	Dave Kary	ON	OTTAWA LIONS	29:31	76.453
14	23	Mike Moon	BC	KAJAKS	29:44	74.825
15	24	Robert Earl	ON	EAST TORONTO STRIDERS	29:47	75.755
16	26	Yvan Lachance	QC	SHERBROOKE ATHLETICS	29:50	73.565
17	28	Jeff Collingwood	NF	NAUTILUS	29:55	73.840
18	30	John Meijer	ON	LAKESHORE MASTERS	29:57	74.287
19	31	David Deubelbeiss	ON	LONGBOAT ROADRUNNERS	30:08	73.326
20	32	Desmond Moloney	ON	EAST TORONTO STRIDERS	30:09	74.292
21	37	James Earl	ON	EAST TORONTO STRIDERS	30:23	74.262
22	41	Don Gallagher	ON	EAST TORONTO STRIDERS	30:30	72.958
23	44	Neil Whitlock	ON	UNATTACHED	30:35	73.242
24	45	Scott Vining	ON	OWEN SOUND RUNNERS	30:37	72.650
25	53	Kelly Kramp	ON	UNATTACHED	31:24	69.874
26	55	William Schnurr	ON	UNATTACHED	31:28	70.209
27	57	Steven Blostein	ON	UNATTACHED	31:46	70.046
28	62	Chris Mcdonald	ON	BRANTFORD	32:11	70.114
29	63	Nick Meloche	ON	OWEN SOUND RUNNERS	32:29	68.496
30	79	Rob Berry	ON	TORONTO OLYMPIC CLUB	33:46	65.872
31	80	Peter Bowen	ON	LAKESHORE MASTERS	33:52	65.235
32	94	Masters Mortimore	ON	UNATTACHED	34:37	64.723
33	97	Rob Hammers	ON	LAKESHORE MASTERS	35:02	63.489
34	105	James Wallace	ON	UNATTACHED	35:33	62.136
35	134	Ian Lam	ON	LONGBOAT ROADRUNNERS	38:03	58.053
36	165	Luke Keuken	ON	OWEN SOUND RUNNERS	41:05	54.537

W40

1	50	Nancy Tinari	BC	PHOENIX	30:56	81.196
2	74	Janice McCaffrey	AB	CALGARY ROAD RUNNERS	33:14	75.574
3	88	Michelle Carr	BC	CAPILANO EAGLES R.C.	34:12	72.815
4	92	Donna Dixon	AB	CALGARY ROAD RUNNERS	34:26	71.184
5	110	Gilliam Salter	ON	MM OAKVILLE	35:51	68.893
6	122	Agathe Nicholson	ON	PHYSI-KULT RUNNING GROUP	36:47	67.167
7	124	Lynn O'malley	ON	PHYSI-KULT RUNNING GROUP	36:52	67.014
8	131	Karen Millson	ON	PHYSI-KULT RUNNING GROUP	37:18	65.713
9	133	Anne Macrae	ON	LAKESHORE MASTERS	37:51	65.274
10	173	Jocelyne Dumais	QC	SHERBROOKE ATHLETICS	42:07	59.630
11	187	Alemka Dopuda	ON	LONGBOAT ROADRUNNERS	44:25	55.178

M45

1	3	Jerry Kooymans	ON	TORONTO OLYMPIC CLUB	28:05	82.789
2	12	Art Boileau	BC	HERSHEY HARRIERS A.C.	28:57	79.099
3	27	Jacques Bourgeois	QC	LES VAILLANTS	29:53	76.069
4	35	Ed Bickley	AB	CALGARY ROAD RUNNERS	30:15	75.134
5	36	Ted Kennedy	FL	UNATTACHED	30:22	75.949
6	39	Louis Carry	ON	DYNAMIQUE DE LAVAL	30:25	75.860
7	43	Ted De St Croix	BC	KAJAKS	30:32	74.972
8	47	Joe Lehmann	ON	OWEN SOUND RUNNERS	30:42	75.735
9	51	John Hudson	AB	CALGARY ROAD RUNNERS	31:01	73.280
10	60	Philip Steel	ON	HAMILTON OLYMPIC CLUB	31:57	71.663
11	61	Glen Marttila	ON	UNATTACHED	32:09	70.704
12	65	Mike Sellon	ON	UNATTACHED	32:42	71.633
13	66	George Hubbard	ON	LONGBOAT ROADRUNNERS	32:47	69.331
14	68	Larry Longo	ON	TORONTO OLYMPIC CLUB	32:51	69.192
15	69	Allan Johnson	ON	UNATTACHED	32:52	71.283
16	72	Winston Stairs	ON	UNATTACHED	33:06	69.185
17	73	Brent Hutchinson	ON	BRANTFORD	33:07	69.650
18	83	Konrad Doerrbecker	ON	LONGBOAT ROADRUNNERS	34:00	67.849
19	86	John Petrosoniak	ON	XSNRG RUNNING CLUB	34:08	68.092
20	87	Bill Cook	ON	UNATTACHED	34:11	68.554
21	100	Cliff Renfrew	ON	OWEN SOUND RUNNERS	35:13	64.546
22	107	Jim Rawling	ON	LONGBOAT ROADRUNNERS	35:41	65.142
23	108	David Spielvogel	ON	SCARBOROUGH MASTERS	35:48	64.436



Left - M45 Jacques Bourgeois finished 3rd M45. BK
M40 Jeff Collingwood 831 outsprints M50 Bill Shaw 20m
from the finish. M40 John Meijer close behind JC



W30 Tracy Barber
M45 Bruce Campbell
M45 Alex Keeting
M45 Denny Creighton JC

24	111	Fred Dykman	ON	HAMILTON OLYMPIC CLUB	35:52	64.803
25	115	Bruce Campbell	ON	LAKESHORE MASTERS	36:07	64.363
26	116	Alex Keeting	ON	ETOBICOKE HUSKIES STRIDERS	36:09	63.339
27	117	Denton Creighton	ON	LAKESHORE MASTERS	36:10	64.271
28	119	Claude David	QC	VAUDREUIL-DORION	36:37	63.484
29	125	Alan Davis	ON	LAKESHORE MASTERS	36:55	62.500
30	141	Ricky Mcrobert	ON		38:40	60.111
31	150	Andy Manahan	ON	LONGBOAT ROADRUNNERS	39:31	57.507
32	153	Michael Durocher	ON	LONGBOAT ROADRUNNERS	39:51	58.323
33	179	Tony Pietrangelo	ON	ETOBICOKE HUSKIES STRIDERS	43:01	52.832
W45						
1	84	Lynn Kobayashi	ON	LONGBOAT ROADRUNNERS	34:02	76.499
2	112	Dawn Hamel	ON	UNATTACHED	35:59	72.371
3	123	Karen Christie	ON	PHYSI-KULT RUNNING GROUP	36:49	70.729
4	139	Sharon Stewart	ON	NIAGARA OLYMPIC CLUB	38:31	66.965
5	140	Nanci PattenSweazey	ON	ETOBICOKE HUSKIES STRIDERS	38:38	67.398
6	155	Clara Northcott	ON	U OF T MASTERS	40:06	65.569
7	159	Chris Marino	ON	MM OAKVILLE	40:39	64.047
8	168	Pauline Watson	ON	MM OAKVILLE	41:32	63.308
9	175	Deidre Newman	ON	UNATTACHED	42:39	60.474
10	184	Lynn Roblin	ON	MM OAKVILLE	43:42	58.471
11	201	Judy Leahy	ON	LONGBOAT ROADRUNNERS	50:46	51.285
M50						
1	21	Paul Craig	ON	TORONTO OLYMPIC CLUB	29:37	79.771
2	29	Bill Shaw	ON	UNATTACHED	29:56	80.235
3	38	Michael Secker	AB	CALGARY ROAD RUNNERS	30:24	78.971
4	40	Bill Krezonoski	ON	UNATTACHED	30:26	77.622
5	46	Normand Drolet	QC	VAINQUEURS	30:40	77.665
6	48	George Aitken	ON	CAMBRIDGE HARRIERS	30:51	77.195
7	56	Brad Morley	ON	OWEN SOUND RUNNERS	31:40	74.601
8	58	John Grace	ON	GEORGETOWN RUNNERS	31:46	75.575
9	64	Murray Hale	ON	ETOBICOKE HUSKIES STRIDERS	32:37	74.889
10	77	Tim Payne	ON	CAMBRIDGE HARRIERS	33:41	71.897
11	89	Roger De Plancke	ON	CAMBRIDGE HARRIERS	34:16	70.688
12	91	Francesco Guardiani	ON	LONGBOAT ROADRUNNERS	34:23	71.041
13	93	Glen Fitchett	ON	UNATTACHED	34:35	68.279
14	96	Greg Kucowski	ON	TORONTO OLYMPIC CLUB	35:00	67.479
15	102	Dave Yaeger	ON	TORONTO OLYMPIC CLUB	35:22	66.765
16	128	Steve Blake	ON	GEORGETOWN RUNNERS	37:04	65.318
17	132	Doug Smith	ON	PRESIDENT	37:40	63.753
18	148	John Lyng	ON	LONGBOAT ROADRUNNERS	39:18	61.619
19	194	Allen Groome	ON	LONGBOAT ROADRUNNERS	45:36	53.577

W50					
1	59	Maureen DeStCroix	BC	KAJAKS	31:49 83.494
2	170	Karla Del Grande	ON	ETOBICOKE HUSKIES STRIDERS	41:44 63.638
3	180	Patricia Hinton	ON	NIAGARA OLYMPIC CLUB	43:03 64.454
4	181	Kathleen Cranmer	ON	LONGBOAT ROADRUNNERS	43:19 61.975
5	191	Christine Guy	ON	ETOBICOKE HUSKIES STRIDERS	45:08 58.849
6	193	Diane Marrow	ON	LONGBOAT ROADRUNNERS	45:32 59.596
7	202	Brenda Cassel	ON	CAMBRIDGE HARRIERS	51:41 53.698
8	207	Judith Jonas	ON	LONGBOAT ROADRUNNERS	1:00:53 44.564
9	209	Cathy Tedford	ON	SCARBOROUGH MASTERS	1:02:18 42.631
M55					
1	67	Peter Haase	ON	LONDON PACERS	32:49 76.504
2	70	Michael Bedley	ON	LONGBOAT ROADRUNNERS	32:58 75.455
3	71	Gerry Carrigan	QC	ASTRAGALE	32:59 74.726
4	76	Donald James	AB	CALGARY ROAD RUNNERS	33:40 73.890
5	78	Jim Buckley	ON	CAMBRIDGE HARRIERS	33:44 73.067
6	82	John Pickard	ON	ETOBICOKE HUSKIES STRIDERS	33:57 72.596
7	85	Jim Clarke	ON	GEORGETOWN RUNNERS	34:04 74.410
8	90	Gary Cassel	ON	CAMBRIDGE HARRIERS	34:21 73.810
9	101	Gaetan Breton	QC	SHERBROOKE ATHLETICS	35:18 70.473
10	103	Frank Lewis	ON	UNATTACHED	35:24 69.620
11	104	Wayne Richardson	ON	OWEN SOUND RUNNERS	35:29 70.104
12	106	Michael Sheridan	ON	HAMILTON OLYMPIC CLUB	35:34 70.603
13	113	Hugh Connolly	ON	LONGBOAT ROADRUNNERS	36:04 70.293
14	120	David Sheridan	ON	CAMBRIDGE HARRIERS	36:42 69.757
15	138	Dale Thibideau	ON	GEORGETOWN RUNNERS	38:20 64.900
16	142	Don Krueger	ON	UNATTACHED	38:45 63.606
17	144	Doug Barber	ON	OWEN SOUND RUNNERS	38:55 64.524
18	157	Adrian Beer	ON	GEORGETOWN RUNNERS	40:27 63.277
19	161	David Booth	ON	GEORGETOWN RUNNERS	40:46 62.186
20	164	Richard Bailey	ON	LONGBOAT ROADRUNNERS	40:59 60.139
21	166	Julius Palladino	ON	ETOBICOKE HUSKIES STRIDERS	41:11 60.395
22	188	John Powell	ON	ETOBICOKE HUSKIES STRIDERS	44:44 57.233
23	192	Hugh Miller	ON	SCARBOROUGH MASTERS	45:24 55.304
24	198	Tory Hoff	ON	LONGBOAT ROADRUNNERS	46:40 52.817
W55					
1	149	Linda Findley	ON	ETOBICOKE HUSKIES STRIDERS	39:25 72.095
2	167	Nancy Wells	ON	LONGBOAT ROADRUNNERS	41:14 69.787
3	203	Tina De Geus	ON	LONGBOAT ROADRUNNERS	53:17 55.417
4	206	Carol Green	AB	CALGARY ROAD RUNNERS	59:12 48.610



**M55's Mike Bedley
& Gerry Carrigan
finish 2nd and 3rd. JC**



2nd **M60 Vern Christensen**,
3rd **M60 Paul Yerich**,
Not-last **M50 Doug Smith**,
2nd **M65 Roger Davies BK**

M60

1	95	Glen Norcliffe	ON	TORONTO OLYMPIC CLUB	34:52	74.159
2	121	Vern Christensen	ON	SCARBOROUGH MASTERS	36:44	71.881
3	127	Paul Yerich	ON	ST CATHARINES	37:00	72.996
4	143	Brian Drewett	ON	ST CATHARINES	38:48	68.065
5	145	Reg Wilson	ON	SCARBOROUGH MASTERS	39:02	66.261
6	146	Dennis Shriner	ON	ST CATHARINES	39:14	66.612
7	147	Michael Goodstadt	ON	SCARBOROUGH MASTERS	39:18	67.953
8	154	Larry Lavoie	ON	ST CATHARINES	39:59	65.355
9	156	Colin Royce	ON	GEORGETOWN RUNNERS	40:18	64.184
10	160	Jack Friel	ON	SOUTH SIMCOE DUFFERIN	40:45	64.799
11	171	Bruce Mitchell	ON	ETOBICOKE HUSKIES STRIDERS	41:49	61.839
12	174	Wally Fenske	ON	GEORGETOWN RUNNERS	42:25	62.257
13	182	James Hutchison	AB	CALGARY ROAD RUNNERS	43:27	61.457
14	186	Ted Mitchell	ON	UNATTACHED	44:19	58.954
15	205	Paul Collier	ON	LONGBOAT ROADRUNNERS	57:50	44.716

W60

1	196	Adri Rowswell	ON	SCARBOROUGH MASTERS	45:56	68.045
2	200	Joan Christensen	ON	SCARBOROUGH MASTERS	47:10	66.264

M65

1	98	Jack Geddes	ON	SCARBOROUGH MASTERS	35:05	78.818
2	130	Roger Davies	AB	CALGARY ROAD RUNNERS	37:12	76.178
3	136	Ron Crichton	ON	ETOBICOKE HUSKIES STRIDERS	38:06	73.475
4	137	Robert Glazier	ON	MARATHON DYNAMICS	38:10	71.558
5	151	Lloyd Kehoe	ON	LONDON PACERS	39:36	68.972
6	158	Will Ray	NF	MERCURY ATHLETICS	40:39	67.201
7	162	Hyke Van Der Wal	ON	ATHLETE IN ACTION	40:56	66.743
8	169	Duncan Mounsey	ON	GEORGETOWN RUNNERS	41:42	65.497
9	178	Don Jones	ON	ETOBICOKE HUSKIES STRIDERS	42:58	65.132
10	183	Jim Milligan	ON	LONGBOAT ROADRUNNERS	43:32	65.967
11	189	Eugene Scanlan	ON	LONGBOAT ROADRUNNERS	44:53	63.155
12	197	James Pascoe	ON	ROUGE RIVER	45:56	59.460
13	199	Robert Nagle	ON	LONGBOAT ROADRUNNERS	46:48	58.371

W65

1	195	Helly Visser	AB	CALGARY ROAD RUNNERS	45:54	75.164
2	204	Wendi Hanger	ON	LONGBOAT ROADRUNNERS	55:55	58.598

M70

1	176	Bob Wild	ON	MUSKOKA X-TRAINING CLUB	42:42	69.138
2	185	Richard Graves	ON	ETOBICOKE HUSKIES STRIDERS	44:13	65.819

M75

1	208	Felix Charles	ON	ETOBICOKE HUSKIES STRIDERS	1:01:57	50.623
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2003 NATIONAL CROSS COUNTRY CHAMPIONSHIPS - Jack Castle

Our congratulations to all the members of the Toronto Olympic Club Race Committee who hosted a great cross country championship. In particular, our thanks to Dave Christiani, the Meet Director, Bob Moore who designed the course, the officials and the many volunteers needed for an event of this kind.

The course conditions were very challenging due to a heavy rainfall during the previous thirty-six hours followed by snow overnight and a very cold wind on the day. A number of the competitors indicated they thought the course was a good one and anyone who felt they ran a slower time than they expected - considering the weather conditions - you all did extremely well.

There were close finishes in the M30, M40, M45 and M55 age groups. In the M30, the difference between the first and fifth place finishers was only 58 seconds; in the M40, the first eight were only 63 seconds apart; in the M45, the first five were also 63 seconds apart and in the M55, the first 5 were only 55 seconds apart.

Congratulations to British Columbia, who although only represented by nine runners, won the "Bluenose" by finishing with an age graded total 3.10% greater than Ontario who did manage to get just over 5% closer than last year! British Columbia now leads Ontario by seven wins to six.

After such fine performances by teams from New Brunswick and Nova Scotia in 2002, it was disappointing there were no entries from those two provinces this year. Another point, when are we going to see teams from Manitoba and Saskatchewan? They have been absent for a few years.

Two club teams repeated as winners again this year - M40-49 - Owen Sound Runners from Ontario; M60-69 - Etobicoke Huskies Striders also from Ontario.

Team Results

W30-39

1. Physi-Kult Running Group - Ontario

Paula Wiltse	30:30
Angela Barker	40:57
Margarita Svajina	35:07
Shelley Willemse	<u>35:51</u>
Total	132:37

2. Longboat 'A' - Ontario

Dianne Flynn	38:04
Sue Joy	31:09
Kristin Kay	41:56
Sandra Tam	<u>45:06</u>
Total	166:03

W40-49

1. Physi-Kult Running Group - Ontario

Agathe Nicholson	36:47
Karen Christie	36:49
Lynn O'Malley	36:52
Karen Millson	<u>37:18</u>
Total	147:46

2. Merry Moms of Oakville - Ontario

Gilliam Salter	35:51
Chris Marino	40:39
Pauline Watson	41:32
Lynn Roblin	<u>43:42</u>
Total	161:44

3. Longboat 'B' - Ontario

Lynn Kobayashi	34:02
Alemka Dopuda	44:25
Judy Leahy	50:46
Wendi Hanger	<u>55:55</u>
Total	185:08

W50-59

1. Etobicoke Huskies Striders - Ontario

Linda Findley	39:25
Karla Del Grande	41:44
Christine Guy	<u>45:08</u>
Total	126:17

2. Longboat 'C' - Ontario

Nancy Wells	41:14
Kathleen Cranmer	43:19
Diane Marrow	<u>45:32</u>
Total	130:05

M40-49

1. Owen Sound Runners 'A' - Ontario

John Kaandorp	29:15
Scott Vining	30:37
Joe Lehmann	30:42
Brad Morley	<u>31:40</u>
Total	122:14

2. Calgary Road Runners - Alberta

Ed Bickley	30:15
Michael Secker	30:24
John Hudson	31:01
Janice McCaffrey	<u>33:14</u>
Total	124:54

3. Longboat 'E' - Ontario

Gord Christie	28:25
David Deubelbeiss	30:08
George Hubbard	32:47
Konrad Doerrbecker	<u>34:00</u>
Total	125:20

4. Lakeshore Masters - Ontario

John Meijer	29:57
Peter Bowen	33:52
Rob Hammers	35:02
Denton Creighton	<u>36:10</u>
Total	135:01

5. Etobicoke Huskies Striders - Ontario

John Rendeiro	28:58
Alex Keeting	36:09
Nanci Patten Sweazey	38:38
Tony Pietrangelo	<u>43:01</u>
Total	146:46

6. Owen Sound Runners 'B' - Ontario

Cliff Renfrew	35:13
Wayne Richardson	35:29
Doug Barber	38:55
Luke Keuken	<u>41:05</u>
Total	150:42

M50-59

1. Cambridge Harriers - Ontario

George Aitken	30:51
Tim Payne	33:41
Jim Buckley	33:44
Roger De Plancke	<u>34:16</u>
Total	132:32

2. Toronto Olympic Club - Ontario

Paul Craig	29:37
Glen Norcliffe	34:52
Greg Kuczowski	35:00
Dave Yaeger	<u>35:22</u>
Total	134:51

3. Longboat 'F' - Ontario

Michael Bedley	32:58
Francesco Guardiani	34:23
Hugh Connolly	36:04
John Lyng	<u>39:18</u>
Total	142:43

4. Etobicoke Huskies Striders - Ontario

Murray Hale	32:37
John Pickard	33:57
Julius Palladino	41:11
John Powell	<u>44:44</u>
Total	152:29

M60-69

1. Etobicoke Huskies Striders - Ontario

Ron Crichton	38:06
Bruce Mitchell	41:49
Don Jones	<u>42:58</u>
Total	122:53

2. Calgary Road Runners - Alberta

Roger Davies	37:12
Jim Hutchison	43:27
Helly Visser	<u>45:54</u>
Total	126:33

3. Longboat 'G' - Ontario

Jim Milligan	43:32
Eugene Scanlan	44:53
Robert Nagle	<u>46:48</u>
Total	135:13

M70-79

1. Etobicoke Huskies Striders - Ontario

Richard Graves	44:13
Felix Charles	<u>61:57</u>
Total	106:10



BLUENOSE TROPHY

(Top four age graded scores)

1st BRITISH COLUMBIA

Maureen de St. Croix	83.49%
Rob Lonergan	81.30%
Nancy Tinari	81.20%
Art Boileau	<u>79.10%</u>
Total	325.09%

3rd ALBERTA

Michael Secker	78.97%
Roger Davies	76.18%
Janice McCaffrey	75.57%
Helly Visser	<u>75.16%</u>
Total	305.88%

2nd ONTARIO

Jerry Kooymans	82.79%
Bill Shaw	80.23%
Paul Craig	79.77%
Stuart Galloway	<u>79.20%</u>
Total	321.99%

4th QUEBEC

Normand Drolet	77.67%
Jacque Bourgeois	76.07%
Gerry Carrigan	74.73%
Yvan Lachance	<u>73.56%</u>
Total	302.03%

Results by: ***RRResults***

BK

