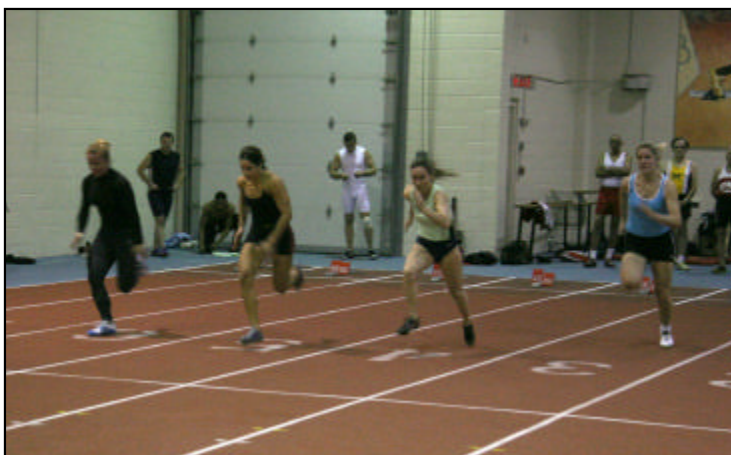


38th Annual Ontario Masters Indoor Track & Field Championships Toronto Track & Field Centre Saturday, March 3, 2007 Meet Director - Brian Keaveney

60m

W30	Marcantonio, Sandra	30	UNA	8.41	82.2% MR
	(old MR 9.12 Adrienne Ricker '06)				
	Halligan, Jillian	31	UNA	8.46	81.8%
W35	Kuczalska, Agnes	39	ETOB	8.66	81.8%
	Thomas, Anita	37	EHS	9.99	69.2%
W45	Ross, Kim	46	BC	8.55	89.7%
	Gunasekera, Roshani	49	UNA	9.55	82.9%
	Harron, Chris	49	UNA	10.44	75.8%
W50	Del Grande, Karla	53	ETOB	8.48	97.2%
	Graczyk, Ela	54	UNA	9.71	85.7%
W55	Trott, Rhona	58	HOC	9.57	90.4%
M30	Jackson, David	31	USA	7.55	84.6%
M35	Allen, Desmond	35	UNA	7.14	90.4% CANt
	(tied CAN 6.9=7.14 David Walter AB 1987, tied MR 6.9 Wilmar Alexander '82 and David Walter)				
	Ransky, Mike	36	UNA	7.28	89.4%
M40	Maister, Jonathan	41	UNA	7.64	88.4%
	Kudo, Ken	44	GUL	7.78	88.9%
	Bennett, Garfield	43	AB	8.05	85.3%
	Price, Willie	44	USA	8.09	85.5%
M45	Lee Foon, Michael	46	UNA	7.46	94.1%
	Roblin, Blair	48	ETOB	8.13	87.5%
	Seon, Scott	48	SMC	8.51	83.6%
	Arnfield, Spencer	47	BBA	8.67	81.5%



W30 Jillian Halligan, W30 Sandra Marcantonio, W35 Agnes Kuczalska, W35 Anita Thomas

M50	Smith, Kerry	53	ETOB	7.54	97.7%
	Solomon, Liviene	50	ETOB	8.15	88.5%
	Millar, Don	54	LLTF	9.43	78.7%
M60	Powell, Tony	63	UNA	8.32	94.7%
M65	McGruder, Malachi	65	USA	9.32	85.7%
M70	Agnoo, Charles	72	SMC	9.14	91.4%
	Sharma, Dev	71	MSC	9.44	87.9%
	Wardle, Ray	74	OTW	10.04	84.5%
M75	Thompson, Bill E.	77	HOC	10.98	79.4%

200m

W30	Marcantonio, Sandra	30	UNA	27.96	76.3%
W45	Ross, Kim	46	BC	28.84	84.2%
	(in Kim's first 200m race she just missed Karla's 28.28 CAN)				
	Harron, Chris	49	UNA	34.65	72.6%
	Gunasekera, Roshani	49	UNA	35.82	70.2%
W50	Del Grande, Karla	53	ETOB	27.65	95.0%
	Graczyk, Ela	54	UNA	33.43	79.5%
W55	Trott, Rhona	58	HOC	32.58	85.0%
W65	Palmason, Diane	68	OA	34.65	88.2% MR
	(old MR 35.72 Doreen Carmichael '98)				
M30	Jackson, David	31	USA	25.12	77.2%
M35	Kapitain, Sean	36	UNA	26.30	76.7%
	Alexander, Andre	37	UNA	26.33	77.2%
M40	Kudo, Ken	44	GUL	25.14	85.3%
	Maister, Jonathan	41	UNA	25.50	82.3%
M45	Roblin, Blair	48	ETOB	26.27	84.0%
M50	Millar, Don	54	LLTF	31.13	74.0%
	Malpus, Rob	50	UNA	DQ	



W65 Diane Palmason

Still holds the W55 CAN 200m, 400m and 800m records.

M60	Powell, Tony	63	UNA	26.44	92.5%CAN MR
	(old CAN & MR Tony's 26.45 set at last year's meet)				
	Mitchell, Bruce	63	ETOB	30.30	80.7%
	Powell, John	62	ETOB	35.80	67.9%
M65	McGruder, Malachi	65	USA	31.91	77.6%
M70	Sharma, Dev	71	MSC	31.72	82.6%
	Agnoo, Charles	72	SMC	32.61	81.5%
	Wardle, Ray	74	OTW	34.01	80.7%
M75	Thompson, Bill E.	77	HOC	39.75	72.5%
M80	Virkavs, Karl	81	UNA	42.81	72.5%



M45's Kenny Jackman, Philip Ko, Robb Langridge in the 800m

400m

W45	Willis, Katherine	48	ETOB	75.35	75.6%
W50	Del Grande, Karla	53	ETOB	63.67	93.9%
W60	Zadel, Mary	60	ETOB	1:27.52	72.9%
W65	Palmason, Diane	68	OA	1:20.95	86.1%
W70	Horne, Jean	74	UNA	DQ	
M35	Menzies, Patrick	36	UNA	56.79	78.9%
	Menzies, Neil	38	NOVA	59.08	77.0%
	Alexander, Andre	37	UNA	61.70	73.1%
M40	Kudo, Ken	44	GUL	56.74	83.7%
M45	Gorman, Steve	46	USA	59.19	81.4%
	Jackman, Kenny	46	UNA	62.69	76.8%
	Langridge, Robb	47	QLT	63.19	76.7%
M50	Solomon, Liviene	50	ETOB	59.48	83.2%

	Robbins, Fred	52	ETOB	61.82	81.1%
	Albert, John	51	UNA	63.91	78.0%
M55	Faulkner, John	58	BUR	71.32	73.1%
M60	Powell, John	62	ETOB	1:22.93	64.5%
M65	Pascoe, Jim	69	RRR	75.69	76.6%
	Wilson, Hugh	67	PQ	78.44	71.7%
	McGruder, Malachi	65	USA	1:22.56	66.0%
M70	Wardle, Ray	74	OTW	79.78	79.8%
	Bernaquez, Jean	74	PQ	1:26.07	74.0%
	Daghavarian, Harry	70	PQ	1:35.33	61.8%
M75	Fee, Earl	77	ETOB	68.20	98.6%MR
	(old MR 1:10.32 Earl in 2006)				

800m

W45	DeBoer, Lynda	47	ETOB	2:30.40	82.3%
	Willis, Katherine	48	ETOB	2:56.08	70.9%
W50	Lavallee, Christine	50	UNA	2:35.00	81.9%
	Northcott, Clara	52	ETOB	2:49.62	76.8%
W60	Zadel, Mary	60	ETOB	3:30.00	69.4%
M30	Halla, Jamie	31	SSD	2:16.91	74.4%
	Yung, Brian	31	UNA	2:19.21	73.2%
M35	Menzies, Patrick	36	UNA	2:10.17	80.9%
	Byrne, Louis	35	TOC	2:15.21	77.4%
	Menzies, Neil	38	NOVA	2:17.34	77.8%
	McLauchlin, Troy	38	BTFD	2:34.24	69.2%
	Alexander, Andre	37	UNA	2:36.28	67.9%
M40	Boucher, Alain	43	OTW	2:06.44	87.5%
	Peat, Geoff	43	NMKT	2:07.87	86.5%
	Reinhart, Otto	40	USA	2:19.16	77.8%
M45	Gorman, Steve	46	USA	2:22.23	79.5%
	Langridge, Robb	47	QLT	2:30.79	75.6%
	Jackman, Kenny	46	UNA	2:30.93	74.9%
	Ko, Philip	49	UNA	2:31.68	76.3%
	Air, Donald	46	UNA	2:38.84	71.2%
	Keeting, Alex	49	EHS	2:42.93	71.0%
M50	Robinson, Jim	53	USA	2:11.57	90.9%
	Robbins, Fred	52	ETOB	2:21.37	83.9%
	Hutchinson, Brent	50	BTFD	2:25.58	80.1%
	Meleca, Joe	52	NMKT	2:32.82	77.6%
M65	Wilson, Hugh	67	PQ	3:12.43	71.0%
	Pascoe, Jim	69	RRR	3:14.50	71.9%
M70	Bernaquez, Jean	74	PQ	3:27.53	71.8%
	Daghavarian, Harry	70	PQ	4:05.91	57.5%
M75	Fee, Earl	77	ETOB	2:44.11	94.8%



M35 Desmond Allen (lane 3) ties the CAN 60m record of 7.14

1500m

W40	Hopkins, Colleen	42	TOC	5:11.79	74.4%
	Snarr, Tracey	42	NMKT	5:47.41	66.8%
W45	DeBoer, Lynda	47	ETOB	5:04.67	84.3%
W50	Lavellee, Christine	50	PET	5:27.14	83.3%
M30	Halla, Jamie	31	SSD	4:35.51	74.7%
	Lamoureux, Johannes	32	UNA	4:45.56	72.1%
M35	Byrne, Louis	35	TOC	4:37.65	75.1%
	McLaughlin, Craig	38	NMKT	4:57.73	72.2%
	Hoage, Bryan	38	UNA	4:59.79	71.7%
	McLaughlin, Troy	38	BTFD	5:13.08	68.6%
M40	Peat, Geoff	43	NMKT	4:18.85	87.2%
	Friel, Vince	44	NMKT	4:30.84	84.1%
	Wallace, James	44	UNA	5:01.31	75.6%
M45	Andrew, Tim	46	UNA	4:41.98	82.3%
	Pacque, Raymond	49	CAC	4:47.83	82.9%
	D'Oliveira, Armand	46	SMC	4:54.46	78.9%
	Keeting, Alex	49	EHS	5:34.13	71.4%
M50	Robinson, Jim	53	USA	4:30.36	91.5%
	Hutchinson, Brent	50	BTFD	4:55.90	81.4%
	McCaskill, David	51	RRR	4:56.67	81.9%
	Marshall, Tom	51	BROC	5:04.38	79.8%
	Aitkin, George	54	CAM	5:07.73	81.1%
M55	DeFinney, John	57	CEN	4:57.28	86.1%
	Paget, Ted	55	CAC	4:57.44	84.6%
	Riposo, Philip	57	USA	5:47.10	73.7%
M60	Sheridan, David	63	CAM	5:53.84	76.0%
M65	Wilson, Hugh	67	PQ	6:40.87	69.3%
M70	Bernaquez, Jean	74	PQ	6:39.17	75.9%
	Abbott, Norm	70	UNA	7:09.72	66.3%
	Waller, Gary	72	SMC	7:46.41	62.9%
M80	Comber, Robert	81	UNA	7:09.65	78.7%

CAN, MR (old CAN & MR 7:41.5 Les Leyland BC 1998)



Women's 800m

**Mary Zadel, Clara Northcott, Katherine Willis,
Christine Lavellee, Lynda DeBoer**

3000m

W30	Nagy, Sarah	34	NMKT	10:18.52	81.0%
W40	Watson, Margaret	44	UNA	12:16.07	73.8%
W50	Spoel, Cathy	50	UNA	13:39.57	69.9%
W65	Christensen, Joan	67	SMC	15:45.08	73.1%
M30	Oreopoulos, Phil	34	TOC	9:32.02	78.6%
M35	Gosleigh, Ken	39	SAUG	9:37.11	80.6%
M40	Boucher, Alain	43	OTW	9:08.05	87.4%
	Black, Jamie	43	MAD	DNF	
M45	Holiday, John	46	NMKT	9:19.03	87.6%
	Roberts, Paul	49	NMKT	10:25.13	80.2%
	Whitlock, Neil	47	UNA	10:49.89	75.9%
M50	Marshall, Tom	51	BROC	10:51.45	78.2%
	Aitkin, George	54	CAM	10:55.35	79.7%
M55	Payne, Tim	56	CAM	11:36.11	76.3%
	Smith, Doug	55	PRES	13:26.20	65.3%
M60	de Vries, Bert	60	LBR	11:39.99	78.7%
	Prince, Jim	64	UNA	12:02.62	79.3%
M65	Moore, Robert	66	TOC	12:07.48	80.5%
	Christensen, Vern	66	SMC	12:50.51	76.0%
	Wilson, Hugh	67	PQ	13:21.74	73.9%
M70	Bernaquez, Jean	74	PQ	14:16.76	75.3%
	Waller, Gary	72	SMC	16:01.06	65.4%
M75	Whitlock, Ed	75	MIL	11:17.21	96.6% WR
	(old WR, CAN & MR 11:28.28 set by Ed in 2006)				
M80	Comber, Robert	81	UNA	15:50.14	75.8%
	CAN, MR (old CAN & MR 16:02 Odino Soligo 2003)				

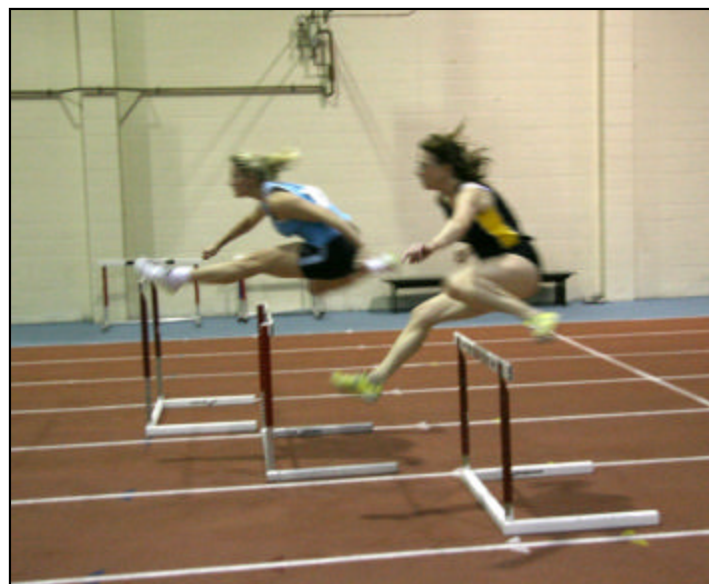
M80 Robert Comber from Windsor
broke the CAN records in both the 1500m and 3000m

Photo by Jack Castle



3000m Walk

W30	Raetsen, Sarah	30	EHS	16:55.14	69.3%
	Newroth, Stephanie	34	MTF	19:02.09	63.0%
W45	Cashman, Kitty	46	ETOB	15:55.24	82.4%
	Rossi, Joanne	49	MTF	19:42.06	68.2%
W50	Sweazey, Nanci Patten	51	ETOB	16:49.50	81.3% MR
	(old MR 17:20.2 Lily Whalen '03)				
	Lee, Sharon	50	MTF	18:43.90	72.4%
	Dashford, Cathy	52	LOP	21:24.29	64.5%
	Chetwynd, Anne	54	MTF	21:29.65	65.4%
W55	Whalen, Lily	55	ETOB	18:17.55	78.3%
	Liscio, Lina	57	MTF	20:30.88	70.5%
	Magni, Mary	57	UNA	21:10.57	68.3%
W65	Rosenitsch, AnnMarie	66	EHS	19:14.05	82.7%
	CAN, MR (old CAN & MR 19:28.9 Joan Christensen 2005)				
	Christensen, Joan	67	SMC	19:29.65	82.5%
	Van Leeuwen, Dianne	66	LOP	21:08.18	75.2%
M35	MacKinnon, Rob	37	MTF	18:00.62	61.2%
M55	King, Patrick	57	EHS	17:08.00	75.0%
M60	Ramsden, Don	60	LOP	17:36.86	74.9%
M70	Summerhayes, Stuart	72	CRW	18:35.12	80.6%
	Farrelly, Patrick	71	UNA	20:41.00	71.5%



W35 Anita Thomas & W55 Rhona Trott

Rhona broke her CAN record set two years ago.
A bit blurry, as we were using available light all winter at the TTFC, but a good shot by Jack.

60m Hurdles

W35	Thomas, Anita	37	EHS	11.56	70.5%
W55	Trott, Rhona	58	HOC	11.86	90.7%
	CAN, MR (old CAN Rhona's 12.14 in 2005 - no MR)				
M45	Chipkar, Glenn	47	MISS	9.86	83.8%
M50	Cilevitz, Ralph	52	ETOB	11.82	69.8%



W65's Ann Marie Rosenitsch & Joan Christensen
Ann Marie broke Joan's CAN record in the Racewalk
Note the new Brooks Scoreboard at the TTFC.

High Jump

W45	Gunasekera, Roshani	49	UNA	1.20m	70.5%
M35	Alexander, Andre	37	UNA	1.65m	72.3%
	McLaughlin, Troy	38	BTFD	1.50m	66.3%
M40	Olivierre, John	43	THR	1.40m	65.1%
M45	Ritchie, Don	45	UNA	1.55m	73.4%
	Lepard, Bev	49	UNA	1.50m	74.2%
M50	Sinnathurai, Thevar	53	UTSC	1.45m	75.1%
	Cilevitz, Ralph	52	ETOB	1.35m	68.8%

Pole Vault

M50	Cilevitz, Ralph	52	ETOB	2.10m	44.5%
M60	Miller, Hugh	60	SMC	2.55m	61.4%
M70	Land, Bob	70	UNA	2.25m	65.2%

Long Jump

W40	Sanchez, Michelle	40	AIO	2.85m	41.7%
W45	Gunasekera, Roshani	49	UNA	3.54m	58.3%
W55	Trott, Rhona	58	HOC	3.68m	69.3%
	CAN, MR (old CAN & MR 3.67 Doreen Carmichael 1987)				
M40	Crawford, Todd	42	UNA	6.47m	82.3% MR
	(old MR 6.20 Richard Rock '02)				
	Bennett, Garfield	43	AB	6.27m	80.6%
M45	Jackman, Kenny	46	UNA	5.32m	70.9%
	Ritchie, Don	45	UNA	4.99m	65.7%
M50	Sinnathurai, Thevar	53	UTSC	5.35m	78.1%
	Solomon, Livienne	50	ETOB	4.80m	67.3%
	Cilevitz, Ralph	52	ETOB	4.62m	66.5%
	Millar, Don	54	LLTF	3.21m	47.4%
M65	Mirkiewicz, Richard	65	UNA	3.10m	53.9%
M70	Daghavarian, Harry	70	PQ	2.59m	48.9%



M70 Bob Land

Triple Jump

W45	Gunasekera, Roshani	49	UNA	8.06m	68.6%
M35	Alexander, Andre	37	UNA	10.16m	58.3%
M40	Crawford, Todd	42	UNA	12.79m	79.0% MR
(old MR 12.77 Todd at last year's meet)					
M45	Jackman, Kenny	46	UNA	11.65m	76.2%
M50	Cilevitz, Ralph	52	ETOB	8.79m	62.7%
	Millar, Don	54	LLTF	7.87m	57.8%
M70	Daghavarian, Harry	70	PQ	6.41m	59.3%

Shot Put

4.0 Kgm shot					
W40	Sanchez, Michelle	40	AIO	6.53m	33.1%
3.0 Kgm shot					
W55	Trott, Rhona	58	HOC	7.91m	55.2%
W75	Tomsons, Velta	79	THR	6.03m	73.0%
7.26 Kgm					
M35	Hass, Ken	37	UNA	9.15m	39.5%
M40	Parkinson, Richard	42	THR	12.49m	57.3%
	Crawford, Todd	42	UNA	11.15m	51.1%
	Smith, Sheffield	40	UNA	11.05m	49.0%
	Olivierre, John	43	THR	9.92m	46.2%
M45	Ritchie, Don	45	UNA	10.50m	50.5%
	Nahri, Nabil	48	UNA	9.37m	48.1%
6.0 Kgm shot					
M50	Myers, Joe	54	USA	14.29m	77.1%
	Pearson, Bill	54	THR	11.71m	63.2%
	Bzibziak, Ray	52	USA	9.63m	49.8%
M55	Knox, Gary	57	UNA	9.33m	53.9%

5.0 Kgm shot					
M65	Mirkiewicz, Richard	65	UNA	9.97m	63.4%
	McGruder, Malachi	65	USA	9.15m	58.2%
	Morris, David	68	THR	9.14m	64.7%
	Wilson, Hugh	67	PQ	6.29m	43.0%

4.0 Kgm shot					
M70	Daghavarian, Harry	70	PQ	7.02m	39.5%
M75	Malmstrom, Eric	75	THR	8.38m	54.5%
	Woerle, Max	76	THR	6.96m	46.9%

3.0 Kgm shot					
M80	Viskers, Evalds	80	THR	9.57m	73.7%
M85	Bachman, Garry	85	THR	9.88m	93.3%

CAN, MR

(old CAN 6.88 Howard West 2000, MR 6.72 Karl Trei '96)

Weight Throw

15.90 Kg Wt					
M35	Hass, Ken	37	UNA	8.26m	33.6%
M40	Parkinson, Richard	42	THR	11.74m	51.1%
	Olivierre, John	43	THR	10.60m	46.8%

11.35 Kg Wt					
M50	Wetenhall, Jim	52	USA	19.48m	86.7%
(CAN record 18.10 Jan Graczyk last year)					
	Pearson, Bill	54	THR	12.86m	59.2%
	Myers, Joe	54	USA	12.17m	56.0%
	Bzibziak, Ray	52	USA	11.45m	50.9%

9.09 Kg Wt					
M65	Morris, David	68	THR	11.05m	57.7%

7.26 Kg Wt					
M75	Woerle, Max	76	THR	8.07m	47.4%
	Malmstrom, Eric	75	THR	6.88m	39.2%

5.44 Kg wt.					
M85	Bachman, Garry	85	THR	11.64m	83.9%
CAN, MR (old CAN 11.46 Howard West 2003, no MR)					

*Special thanks to **Barb Keaveney**
for looking after the Officials Lunch for many years.*



M55's Ted Paget 4:57.44 & John DeFinney 4:57.28

John was chasing Ed's 4:45 CAN record this year.

He came close with his 4:47 at MM#1