OMTFA Winter Mini Meet #1

Sunday, January 22, 2006 Toronto Track & Field Centre

60m

OUII			
Ennis, Maurice	M32 Unattached	7.12	89.75%
Allen, Desmond	M34 Unattached	7.16	89.53%
Augustine, Arthur	M28 Unattached	7.20	88.75%
Crepsac, Malik	M39 Unattached	7.27	91.61%
Smith, Kerry	M52 Etobicoke H	7.43	98.52%
Crawford, Todd	M41 Unattached	7.46	90.62%
Walker, Karl	M39 Unattached	7.59	87.75%
Bidgood, Stephen	M24 Unattached	7.73	82.66%
Williamson, Steve	M45 Unattached	7.87	88.56%
Baptiste, Joseph	M45 Unattached	7.92	88.01%
Price, Willie	M43 Unattached	8.02	85.66%
Varone, John	M47 Unattached	8.07	87.61%
Renelique, Eddy	M42 Unattached	8.17	83.35%
DeChelllis, Marco	M40 Unattached	8.30	80.84%
Powell, Tony	M62 Unattached	8.31	94.22%
Anthony, Tyler	M34 Unattached	8.37	76.58%
Morris, Mike	M65 Unattached	8.38	95.35%
Del Grande, Karla	W52 Gladstone	8.42	97.03%
Arnfield, Spencer	M46 Unattached	8.52	82.39%
Kuczalska, Agnes	W38 Etobicoke H	8.54	81.97%
Russo, Phil	M40 Unattached	8.58	78.21%
Stern, David	M65 Etobicoke H	8.91	89.67%
Jolicoeur, Denise	W49 Guelph Track	9.97	79.44%
Little, Clark	M69 Masters Sprint	10.64	76.97%

Eubicoke

Clarke Little, Denise Jolicoeur, David Stern

<u>300m</u>

36.67	88.74%MR			
(old MR 38.63 Matthew Van Nest Age 39 2004)				
38.25	93.28%			
39.15	78.98%			
41.18	82.37%			
42.54	79.74%			
42.79	90.23%			
42.91	77.42%			
44.50	90.83%			
44.75	70.32%			
45.86	80.18%			
46.83	84.67%			
48.46	67.62%			
49.87	79.51%			
54.17	77.87%			
54.74	74.63%			
61.11	82.77%			
	2004) 38.25 39.15 41.18 42.54 42.79 42.91 44.50 44.75 45.86 46.83 48.46 49.87 54.17 54.74			



Malik Crepsac breaking the Meet Record in the 300m

<u>600 m</u>

000 111			
Menzies, Patrick	M35 Unattached	1:36.50	77.06%
Byrne, Louis	M35 Unattached	1:39.95	74.40%
Hutchinson, Brent	M48 Brantford Track	1:40.88	80.78%
Beattie, Howie	M44 Unattached	1:43.50	76.44%
Carter, Mike	M56 Etobicoke H	1:44.91	82.81%
Williamson, Steve	M45 Unattached	1:46.18	75.04%
McLauchlin, Troy	M37 Brantford Track	1:46.21	70.95%
Fee, Earl	M76 Etobicoke H	1:53.67	95.08%
Sweazey, NanciPatten	W50 Etobicoke H	2:02.04	76.90%
Pascoe, James	M68 Rouge River RR	2:08.10	76.25%

<u>1500m</u>

1500III			
Deileman, Trevor	M19 Unattached	4:25.27	77.66%
Menzies, Patrick	M35 Unattached	4:29.93	77.31%
Cunliffe, Bill	M46 Unattached	4:34.41	84.66%
Byrne, Louis	M35 Unattached	4:48.62	72.30%
Beattie, Howie	M44 Unattached	4:50.89	78.38%
Hutchinson, Brent	M48 Brantford Track	4:51.63	81.13%
Hinnen, John	M39 Lakeshore Mast	4:54.05	73.87%
Lovshin, Brian	M36 Toronto Olym	4:55.33	71.36%
Laughlin, Steve	M38 Unattached	4:55.74	72.70%
Aitkin, George	M53 Cambridge Harr	4:57.80	83.07%
Paget, Ted	M54 No Team Listed	4:59.66	83.29%
Hopkins, Colleen	W41 Unattached	5:02.21	76.26% MR
Hopkins, Colleen	W41 Unattached avallee 5:06.0 Age 45		76.26% MR
Hopkins, Colleen			76.26% MR 78.86%
Hopkins, Colleen (old MR Christine L	avallee 5:06.0 Age 45	2002)	
Hopkins, Colleen (old MR Christine L Primrose, Elizabeth	avallee 5:06.0 Age 45 W44 Unattached	2002) 5:07.31	78.86%
Hopkins, Colleen (old MR Christine L Primrose, Elizabeth Nesbitt, Steve	avallee 5:06.0 Age 45 W44 Unattached M49 Unattached	2002) 5:07.31 5:17.42	78.86% 75.23%
Hopkins, Colleen (old MR Christine L Primrose, Elizabeth Nesbitt, Steve Air, Donald	avallee 5:06.0 Age 45 W44 Unattached M49 Unattached M43 Unattached	2002) 5:07.31 5:17.42 5:19.94 5:21.73	78.86% 75.23% 70.58%
Hopkins, Colleen (old MR Christine L Primrose, Elizabeth Nesbitt, Steve Air, Donald Mackie, Chris	avallee 5:06.0 Age 45 W44 Unattached M49 Unattached M43 Unattached M65 Unattached	2002) 5:07.31 5:17.42 5:19.94 5:21.73	78.86% 75.23% 70.58% 84.96%
Hopkins, Colleen (old MR Christine L Primrose, Elizabeth Nesbitt, Steve Air, Donald Mackie, Chris McLauchlin, Troy	avallee 5:06.0 Age 45 W44 Unattached M49 Unattached M43 Unattached M65 Unattached M37 Brantford Track	2002) 5:07.31 5:17.42 5:19.94 5:21.73 5:23.54	78.86% 75.23% 70.58% 84.96% 65.79%
Hopkins, Colleen (old MR Christine L Primrose, Elizabeth Nesbitt, Steve Air, Donald Mackie, Chris McLauchlin, Troy Prince, Jim	avallee 5:06.0 Age 45 W44 Unattached M49 Unattached M43 Unattached M65 Unattached M37 Brantford Track M63 Unattached	2002) 5:07.31 5:17.42 5:19.94 5:21.73 5:23.54 5:31.24	78.86% 75.23% 70.58% 84.96% 65.79% 81.19%
Hopkins, Colleen (old MR Christine L Primrose, Elizabeth Nesbitt, Steve Air, Donald Mackie, Chris McLauchlin, Troy Prince, Jim Sauer, Ted	avallee 5:06.0 Age 45 W44 Unattached M49 Unattached M43 Unattached M65 Unattached M37 Brantford Track M63 Unattached M58 Unattached	2002) 5:07.31 5:17.42 5:19.94 5:21.73 5:23.54 5:31.24 6:31.68	78.86% 75.23% 70.58% 84.96% 65.79% 81.19% 65.92%



Colleen Hopkins breaking the MR in the 1500m.

<u>3000m</u>

M53 Cambridge Harr	10:50.36	79.65%
M74 Milton RR	11:18.92	95.13%
M63 Unattached	11:49.58	80.01%
M61 Hamilton AC	12:08.57	76.39%
M47 Etobicoke H	12:19.30	66.79%
M54 President	12:31.76	69.48%
W50 Unattached	13:06.09	72.96%
M71 Unattached	15:51.37	65.28%
	M74 Milton RR M63 Unattached M61 Hamilton AC M47 Etobicoke H M54 President W50 Unattached	M63 Unattached 11:49.58 M61 Hamilton AC 12:08.57 M47 Etobicoke H 12:19.30 M54 President 12:31.76 W50 Unattached 13:06.09



Todd Crawford

1500m Racewalk			
Cashman, Kitty	W45 Gladstone	7:48.19	81.35%
Dinger, Hans	M49 Unattached	7:57.22	73.71%
Raetsen, Sarah	W28 Unattached	8:20.75	68.50%
Whalen, Lily	W55 Gladstone	8:50.34	78.34%
Leo, Nancy	W55 Unattached	8:50.34	78.34%
Christensen, Joan	W65 Scarborough M	9:23.00	81.78%
McBurney, Tracey	W37 Unattached	9:36.60	62.20%
Long Jump			
Crawford, Todd	M41 Unattached	6.31m	79.27%
Bidgood, Stephen	M24 Unattached	5.95m	66.48%
Price, Willie	M43 No Team Listed	4.79m	61.65%
Mallia, Maria	W51 Unattached	3.82m	64.75%
Jolicoeur, Denise	W49 Guelph Track	3.14m	51.73%
Pole Vault			
Campbell, Rob	M61 Unattached	2.15m	52.70%
Nastiuk, Ronald	M60 No Team Listed	2.10m	50.60%
Shot Put			
Parkinson, Richard	M41 Unattached	11.70m	52.85%
Crawford, Todd	M41 Unattached	11.00m	49.68%
Boghina, Rudy	M55 Throwers Club	10.89m	60.00%
Olivierre, John	M42 Throwers Club	9.23m	42.38%
Malmstrom, Eric	M74 Masters Sprint	8.97m	56.81%
Viskers, Evalds	M79 Throwers Club	8.62m	64.38%
Woerle, Max	M75 Throwers Club	7.93m	51.59%
Tomsons, Velta	W78 Throwers Club	6.40m	75.03%
Weight Throw			
Graczyk, Jan	M52 Unattached	17.46m	77.74%
Parkinson, Richard	M41 Unattached	11.85m	50.86%
Boghina, Rudy	M55 Throwers Club	11.34m	53.09%
0 0 1 55 11	3 F 4 4 T T 1 1	o = o	11 -0-:

M41 Unattached

M42 Throwers Club

M75 Throwers Club

M74 Masters Sprint

9.70m

9.43m

8.90m

 $6.50 \mathrm{m}$

41.63%

41.05%

50.71%

36.13%

Crawford, Todd

Olivierre, John

Malmstrom, Eric

Woerle, Max