

36th Annual Ontario Masters Outdoor Track & Field Championships

TD Waterhouse Stadium - London
Hosted by the London Legion Track Alliance
Meet Director - Linda Findley
Sunday, June 3rd, 2007

100m

W30	Ayippey, Mavis	MISS	12.74	82.3%
	Marcantonio, Sandra	UNA	13.91	75.4%
W40	Sanchez, Michelle	AIO	17.83	61.6%
W45	Gunasekera, Roshani	UNA	16.18	71.8%
	Harron, Chris	EHS	16.46	70.6%
W50	Alexis, Wendy	OTW	14.04	87.3%
	Graczyk, Ela	UNA	15.86	77.3%
W55	Trott, Rhona	HOC	15.42	83.7% MR
	(old MR 15.66 Rhona 2005)			
W60	Piresferreira, Marta	OTW	17.25	78.5%

M45	Lee Foon, Michael	UNA	12.19	87.1%
	Varone, John	UNA	12.75	83.2%
	Loh, Lawrence	OTW	13.01	81.6%
	White, Mel	UNA	13.14	80.8%
	Roblin, Blair	ETOB	13.24	80.2%
	Arnfield, Spencer	BBA	14.14	75.1%
M50	Smith, Kerry	ETOB	12.24	89.7%
	Malpus, Rob	UNA	13.49	81.3%
	Cilevitz, Ralph	ETOB	14.58	75.3%
	Millar, Don	LLTF	16.62	66.0%
M55	Zlobicki, Zeek	USA	13.30	85.2%
	Chubb, Roy	SMC	13.94	81.3%
	Hogan, Peter	USA	14.42	78.6%
M60	Powell, Tony	UNA	13.38	87.4%
	Ray, Clarence	USA	13.53	86.4%
	Butts, Tim	USA	14.37	81.4%
	Horvath, Jozsef	WLEG	15.99	73.1%
M65	Morris, Mike	PQ	14.20	84.9%
	Slater, Alan	WDSK	14.92	80.8%
	McGruder, Malachi	USA	15.57	77.4%
M70	Sharma, Dev	MSC	15.09	82.3%
	Wardle, Ray	OTW	16.09	77.1%
	Poonia, Kesar Singh	MSC	16.35	75.9%
M75	Thompson, Bill E.	HOC	17.68	74.6%



Ela Graczyk, Marta Piresferreira, Wendy Alexis, and Rhona Trott in the W50,55,60 100m

M30	James, Michael	MISS	11.40	85.8%
	Smeath, Daryl	UNA	13.15	74.4%
M35	Allen, Desmond	UNA	11.44	86.5%
	Proudfoot, Marc	UNA	12.96	76.3%
M40	Robinson, Paul	UNA	12.45	82.4%
	Price, Willie	USA	12.82	80.0%
	Renelique, Eddy	OAK	12.86	79.7%
	Biglow, John	KJK	13.02	78.8%
	Chapman, Michael	UNA	13.27	77.3%
	Reinhart, Otto	USA	13.44	76.3%
	Smith, Sheffield	UNA	13.82	74.2%



Kerry Smith leads the M50-55 100m

200m

W30	Ayippey, Mavis	MISS	25.97	82.1%
	Marcantonio, Sandra	UNA	28.29	75.4%
W45	Harron, Chris	EHS	35.51	67.7%
W50	Alexis, Wendy	OTW	29.29	86.9%
	Graczyk, Ela	UNA	33.25	76.5%
W55	Trott, Rhona	HOC	32.50	82.7% MR
	(old MR 33.45 Rhona in 2006)			
M35	Allen, Desmond	UNA	24.07	83.2%
	Proudfoot, Marc	UNA	26.28	76.2%
M40	Crepsac, Malik	UNA	23.48	88.7%
	Robinson, Paul	UNA	25.08	83.0%
	Renelique, Eddy	OAK	25.24	82.5%
	Reinhart, Otto	USA	26.09	79.8%
	Price, Willie	USA	26.19	79.5%
	Biglow, John	KJK	26.63	78.2%
	Chapman, Michael	UNA	27.56	75.5%
M45	Lee Foon, Michael	UNA	24.03	89.9%
	Loh, Lawrence	OTW	25.93	83.3%
	Ritchie, Don	ETOB	26.05	82.9%
	White, Mel	UNA	26.40	81.8%
	Roblin, Blair	ETOB	26.41	81.8%

**Mel White, Don Ritchie, and Blair Roblin in the M45 200m****400m**

W40	Bailey-Mason, Gwen	UNA	65.31	80.4%
W45	Willis, Katherine	ETOB	76.41	72.4%
W70	Horne, Jean	UNA	1:24.53	85.1%
M30	Hrynkow, Christopher	OTW	57.97	74.4%
	Smeath, Daryl	UNA	58.67	73.6%
M35	Proudfoot, Marc	UNA	60.85	73.1%
M40	Crepsac, Malik	UNA	52.55	87.8%
	Lemassif, Chris	UOT	53.52	86.2%
	Renelique, Eddy	OAK	55.44	83.3%
	Reinhart, Otto	USA	56.20	82.1%
	Jordan, Fred	QLT	72.74	63.4%
M45	Loh, Lawrence	OTW	58.44	81.9%
M50	Smith, Kerry	ETOB	55.22	89.7% MR
	(old MR 56.96 Bernie Smith 1986)			
	Robbins, Fred	ETOB	64.43	76.8%
M55	Carter, Mike	ETOB	63.68	80.4%
	Hogan, Peter	USA	66.06	77.5%
M60	Butts, Tim	USA	69.78	75.7%
	Powell, John	ETOB	DNF	
M65	McIlwaine, Bill	ETOB	74.72	73.0%
	Pascoe, Jim	RRR	78.75	69.2%
M70	Sharma, Dev	MSC	72.14	81.7%
	Wardle, Ray	OTW	1:20.10	73.6%
M75	Fee, Earl	ETOB	70.34	92.4%

**M40 Chris Lemassif in the 400m.**

M50	Solomon, Liviene	ETOB	26.29	85.2%
	Davis, Ken	TPS	27.19	82.4%
	Cilevitz, Ralph	ETOB	31.77	70.5%
	Millar, Don	LLTF	32.43	69.1%
M55	Zlobicki, Zeek	USA	26.63	87.1%
	Chubb, Roy	SMC	29.94	77.5%
M60	Powell, Tony	UNA	26.60	90.2%
	Mitchell, Bruce	ETOB	30.07	79.8%
	Powell, John	ETOB	35.57	67.4%
M65	Morris, Mike	PQ	29.45	84.1%
	Pascoe, Jim	RRR	33.63	73.7%
M70	Sharma, Dev	MSC	30.87	83.5%
	Wardle, Ray	OTW	34.04	75.7%
M75	Thompson, Bill E.	HOC	37.91	73.6%

800m

W45	Willis, Katherine	ETOB	2:53.78	70.0%
W50	Northcott, Clara	ETOB	2:51.51	74.0%
W65	Rosenitsch, Ann Marie	ETOB	3:38.23	73.8%
W70	Horne, Jean	UNA	3:16.29	90.8%
M30	Hrynkow, Christopher	OTW	2:12.22	76.4%
M35	Tremain, Rich	TRI	1:58.43	85.6% MR
	(old MR 1:59.68 Ray Tucker 1982)			
	Van Nest, Trevor	NMKT	2:07.35	79.6%
	Byrne, Louis	TOC	2:11.19	77.2%
	McLaughlin, Craig	NMKT	2:19.41	72.7%

M40	Jordan, Fred	QLT	2:41.91	65.7%
M45	Fiorini, Dan	NMKT	2:18.89	80.1%
M50	Solomon, Liviene	ETOB	2:17.27	84.7%
	Hutchinson, Brent	BTFD	2:20.91	82.5%
	Robbins, Fred	ETOB	2:22.92	81.3%
	Meleca, Joe	NMKT	2:27.09	79.0%
M55	Carter, Mike	ETOB	2:26.80	82.6%
M60	McGill, Dave	TRN	2:32.19	82.9%
M75	Fee, Earl	ETOB	2:42.21	92.2%



M45 Tim Andrew and M35 Louis Byrne in the 1500m

5000m

W40	Watson, Margaret	UNA	21:12.42	70.7%
	Parkinson, Andria	UNA	28:46.02	52.1%
W50	Tedford, Cathy	SMC	37:33.51	44.5%
W60	Wells, Nancy	LBR	24:01.68	79.7%
M35	Gosleigh, Ken	SAUG	16:58.36	75.9%
M45	Holiday, John	NMKT	16:45.46	82.7%
	Kaandorp, John	SAUG	17:03.47	81.2%
	Air, Donald	UNA	19:54.61	69.6%
	Hardy, Garry	UNA	22:17.50	62.2%
M50	Campbell, Bruce	LSM	20:57.23	68.8%
M55	Sikora, Joe	UNA	20:08.37	74.6%
	Hale, Murray	ETOB	20:53.51	71.9%
M60	Long, Burt	UNA	19:44.64	79.4%
	Woodhall, David	UNA	21:33.21	72.7%



M45 John Holiday leads the 5000m

1500m

W40	Snarr, Tracey	NMKT	5:40.88	72.1%
W50	Quibell, Rita	NMKT	5:29.22	84.0%
	Northcott, Clara	ETOB	5:47.13	79.7%
M30	Lamoureux, Johannes	UNA	DNF	
M35	Tremain, Rich	TRI	4:06.18	84.7% MR
	(old MR 4:07.8 Gord Michener 1983)			
	Byrne, Louis	TOC	4:42.51	73.8%
	McLaughlin, Craig	NMKT	4:51.97	71.4%
M45	Andrew, Tim	MLTC	4:34.56	83.8%
	Fiorini, Dan	NMKT	4:45.40	80.6%
	Whitlock, Neil	MIL	5:07.24	74.9%
	Hardy, Garry	UNA	5:59.36	64.0%
M50	McCaskill, David	RRR	4:53.52	82.1%
	Hutchinson, Brent	BTFD	5:00.35	80.2%
	Meleca, Joe	NMKT	5:06.58	78.6%
M55	Hale, Murray	ETOB	5:23.23	77.9%
M60	McGill, Dave	TRN	5:19.14	82.2%
	Cobbledick, Roger	OTW	5:28.17	80.0%
M75	Whitlock, Ed	MIL	5:26.03	94.5CAN, MR
	(old CAN 5:26.79 Ed in Dieppe 2006, old MR 8:19.6 Alfredo Cortes 1987)			
M80	Comber, Robert	WRAC	7:12.52	76.3% MR
	(old MR 7:41.90 Les Leyland 1998)			

5000m Walk

W30	Raetsen, Sarah	ETOB	30:20.93	65.1% MR
	(old MR 31:11.21 Sarah in 2006)			
	Newroth, Stephanie	MTF	31:26.28	62.9%
W35	McBurney, Tracey	ORW	33:36.03	59.4%
W40	DePompa, Rita	UNA	38:52.17	52.8%
W45	Cashman, Kitty	ETOB	28:00.41	76.3%
	Rossi, Joanne	MTF	33:20.44	64.1%
	Santi, Wendy	MTF	33:23.04	64.0%
W50	Lee, Sharon	MTF	31:28.08	70.9%
	Mitchell, Laurie	ETOB	36:52.91	60.5%
W55	Whalen, Lily	ETOB	32:13.81	72.6%
	Liscio, Lina	MTF	32:36.81	71.7%
	Magni, Mary	LOP	36:11.13	64.6%
	Chetwynd, Anne	MTF	37:26.27	62.5%
W65	Rosenitsch, Ann Marie	ETOB	33:21.15	78.7%
	Christensen, Joan	SMC	33:42.83	77.9%
	Van Leeuwen, Dianne	LOP	35:30.16	74.0%
W70	Provost, June-Marie	LOP	35:08.55	80.1%
M35	MacKinnon, Rob	MTF	31:40.33	57.7%
M50	Dinger, Hans	ETOB	29:14.42	70.1%
M55	Dragomir, Gerry	BC	28:40.83	74.6%
	Dewey, Ray	MTF	33:45.24	63.4%
M60	Ramsden, Don	LOP	31:48.65	70.5%
M70	Summerhayes, Stuart	CRW	33:16.56	75.2%



W45 Joanne Rossi, W35 Tracey McBurney, W45 Wendy Santi

Sprint Hurdles

W35	Thomas, Anita	ETOB	20.35	61.2%
W55	Trott, Rhona	HOC	15.69	78.4 CAN, MR
(old CAN 16.48 Rhona in Charlotte '06, MR 16.48 Rhona '06)				

M50	Cilevitz, Ralph	ETOB	20.12	65.8%
	Sinnathurai, Thevar	UTSC	21.19	62.5%
M70	Sharma, Dev	MSC	17.68	73.4%
	Lehmkuhl, Paul	USA	18.97	68.4%
	Poonia, Kesar Singh	MSC	21.33	60.9%

2000m SC

M65	Christensen, Vern	SMC	9:02.42	80.2%
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3000m SC

M40	Jordan, Fred	QLT	13:57.73	61.7%
M45	Deighan, Chris	NMKT	11:09.47	80.9%
M50	Robbins, Fred	ETOB	11:51.98	79.4%

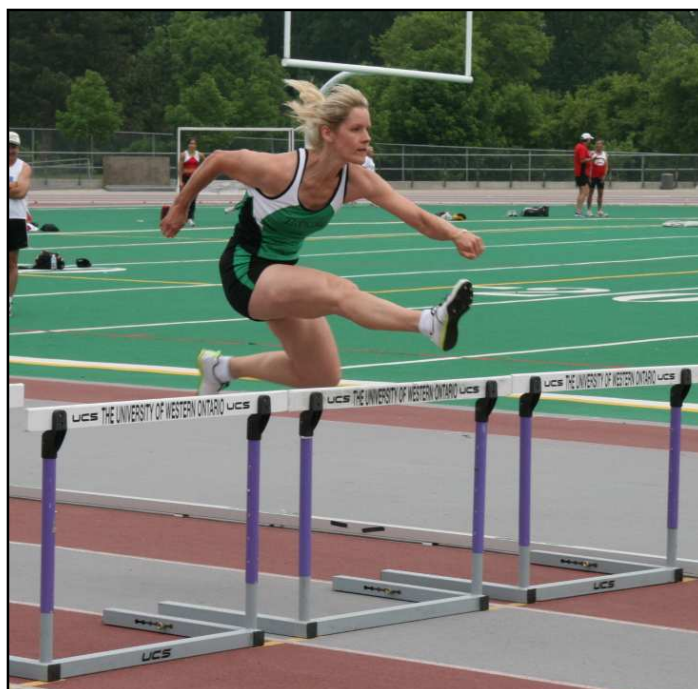


M45 Chris Deighan

High Jump

33

W55	Trott, Rhona	HOC	1.05m	66.8%
M30	Smeath, Daryl	UNA	1.65m	67.9% MR
(no previous mark)				
M40	Crawford, Todd	QLT	1.65m	74.3%
	Olivierre, John	THR	1.45m	65.3%
M45	Ritchie, Don	ETOB	1.65m	78.2%
	Sanjari, Kevin	UNA	1.40m	66.3%
M50	Sinnathurai, Thevar	UTSC	1.45m	72.5%
	Cilevitz, Ralph	ETOB	1.15m	57.5%
M55	Chubb, Roy	SMC	1.30m	68.7%
M60	Campbell, Rob	UNA	1.20m	67.4%
M70	Land, Bob	UNA	1.35m	85.9%
	Lehmkuhl, Paul	USA	1.15m	73.2%
	Poonia, Kesar Singh	MSC	1.05m	66.8%
	Boles, Harvey	UNA	1.05m	66.8%



W35 Anita Thomas

Long Jump

W40	Sanchez, Michelle	AIO	3.02m	44.2%
W45	Gunasekera, Roshani	UNA	3.70m	57.8%
W55	Trott, Rhona	HOC	4.12m	73.9 CAN, MR
(old CAN 3.94 Marg Radcliffe '98, MR 3.39 Marg '00)				

M30	Smeath, Daryl	UNA	5.53m	61.7%
M40	Crawford, Todd	QLT	6.57m	81.6% CAN
(old CAN 6.49 Todd 2005, MR is 6.66 Todd in 2006)				
M45	Sanjari, Kevin	UNA	5.11m	67.3%
M50	Sinnathurai, Thevar	UTSC	5.31m	74.4%
	Cilevitz, Ralph	ETOB	4.34m	60.8%
	Millar, Don	LLTF	3.89m	54.5%
M55	Chubb, Roy	SMC	4.06m	60.8%
M60	Horvath, Jozsef	WLEG	4.18m	67.3%
M65	Slater, Alan	WDSK	4.98m	86.6%
(CAN 5.00 Ian Hume 1980, MR 5.00 Ed Lukens '88)				
M70	Lehmkuhl, Paul	USA	3.41m	64.4%
	Poonia, Kesar Singh	MSC	3.36m	63.5%
	Boles, Harvey	UNA	2.41m	45.5%



M65 Alan Slater just missed the CAN record by 0.02m

Triple Jump

W45	Gunasekera, Roshani	UNA	7.77m	60.6%
M40	Crawford, Todd	QLT	11.03m	64.6%
M45	Sanjari, Kevin	UNA	10.82m	67.3%
M50	Cilevitz, Ralph	ETOB	10.16m	67.4%
	Millar, Don	LLTF	7.66m	50.8%
	Campbell, Bruce	LSM	6.83m	45.3%
M65	Slater, Alan	WDSK	10.08m	83.6%
M70	Lehmkuhl, Paul	USA	7.79m	70.5%
	Poonia, Kesar Singh	MSC	6.47m	58.5%
	Boles, Harvey	UNA	5.06m	45.7%



M40 Todd Crawford in his first PV.

Pole Vault

M30	Sniatenchuk, James	KWTF	3.80m	61.8%
M40	Crawford, Todd	QLT	2.70m	48.5%
M50	Woodward, Terry	USA	3.05m	62.7%
	Cilevitz, Ralph	ETOB	2.10m	43.2%
M60	Miller, Hugh	SMC	2.70m	65.0%
	Campbell, Rob	UNA	2.10m	50.6%
M70	Land, Bob	UNA	2.60m	75.3%



W55 Rhona Trott broke the CAN record with a fine **4.12m**

Shot Put 4.0 Kgm shot

W40	Sanchez, Michelle	AIO	6.78m	35.1%
W45	Dabrowski, Barb	THR	7.88m	45.8%
	SP 3.0 Kgm shot			
W55	Trott, Rhona	HOC	7.80m	52.3%
	Carter, Myrtle	EHS	6.36m	42.6%
W70	Poonia, Harbans	UNA	3.86m	36.2%
W75	Tomsons, Velta	THR	5.83m	63.0%

SP 7.26 Kgm

M30	Smeath, Daryl	UNA	9.38m	40.5% MR
	(old MR 9.02 Geoff Stewart 2003)			
M35	Buhlman, James	EHS	9.45m	40.8%
M40	Parkinson, Richard	THR	12.21m	54.2%
	Smith, Sheffield	UNA	11.02m	48.9%
	Olivierre, John	THR	9.55m	42.4%
M45	Bailey, Don	USA	12.57m	60.5%
	Ritchie, Don	ETOB	11.54m	55.5%
	Yoisten, Dan	THR	11.37m	54.7%
	SP 6.0 Kgm shot			
M50	Myers, Joe	USA	13.87m	68.8%
	Pearson, Bill	THR	11.30m	56.0%
	Bzibziak, Ray	USA	10.64m	52.7%
M55	Knox, Gary	UNA	9.41m	51.8%
	Chubb, Roy	SMC	8.80m	48.4%

SP 5.0 Kgm shot				
M65	McGruder, Malachi	USA	9.04m	57.5%
	Morris, David	THR	8.75m	55.7%
SP 4.0 Kgm shot				
M70	Poonia, Kesar Singh	MSC	9.70m	54.6%
	Boles, Harvey	UNA	8.82m	49.6%
M75	Malmstrom, Eric	THR	8.18m	53.2%
	Woerle, Max	THR	6.84m	44.5%
SP 3.0 Kgm shot				
M80	Viskers, Evalds	THR	9.10m	60.9%



M50 Bill Pearson Photo by Rudy Boghina

Discus

1.0 kgm disc				
W40	Sanchez, Michelle	AIO	17.71m	25.5%
W45	Dabrowski, Barb	THR	25.53m	39.8%
W55	Trott, Rhona	HOC	18.10m	33.8%
W75	Tomsons, Velta	THR	14.37m	44.3%
DT 2.0 kgm disc				
M40	Parkinson, Richard	THR	36.95m	49.8%
	Crawford, Todd	QLT	35.37m	47.7%
M45 Bailey, Don	USA	44.86m	63.5%	MR
(old MR 41.95 Don in 2006)				
	Yoisten, Dan	THR	35.79m	50.7%
	Ritchie, Don	ETOB	33.23m	47.0%
	Harding, Joe	WLEG	32.92m	46.6%
DT 1.5 kgm disc				
M50	Pearson, Bill	THR	35.56m	48.0%
	Myers, Joe	USA	35.49m	47.9%
	Bzibziak, Ray	USA	33.21m	44.8%
M55	Knox, Gary	UNA	27.53m	40.8%
	Hogan, Peter	USA	25.75m	38.1%
DT 1.0 kgm disc				
M65	McGruder, Malachi	USA	31.28m	52.8%
	Morris, David	THR	29.95m	50.5%
M70	Boyd, Jack	THR	26.55m	50.6%
	Land, Bob	UNA	24.97m	47.6%
	Boles, Harvey	UNA	22.90m	43.6%
	Poonia, Kesar Singh	MSC	20.05m	38.2%
M75	Woerle, Max	THR	21.03m	46.0%
M80	Viskers, Evalds	THR	27.77m	73.9%

Hammer

3.0 kgm Hamm				
W55	Trott, Rhona	HOC	19.93m	35.5%
HT 7.26 kgm Ham				
M40	Parkinson, Richard	THR	32.78m	40.8%
	Olivierre, John	THR	31.78m	39.5%
M45	Yoisten, Dan	THR	33.59m	45.8%
HT 6.0 kgm Ham				
M50	Graczyk, Jan	THR	45.66m	61.3%
	Pearson, Bill	THR	31.87m	42.8%
	Myers, Joe	USA	31.08m	41.7%
	Bzibziak, Ray	USA	26.86m	36.0%
HT 5.0 kgm Hamm				
M65	Morris, David	THR	26.82m	49.0%
HT 4.0 kgm Hamm				
M70	Muller, Emil	PQ	41.11m	76.3%
	Staveley, Bob	OTW	32.48m	60.3%
	Boles, Harvey	UNA	25.40m	47.1%
M75	Woerle, Max	THR	22.08m	47.7%



M75 Max Woerle Photo by Rudy Boghina

Javelin

600 gm Jav				
W45 Dabrowski, Barb	THR	32.63m	55.5%	CAN
(old CAN 31.92 Nancy MacKichan '05, MR 33.16 April Capwill USA '99)				
	Neilson, Ana Maria	THR	31.40m	53.4%
JT 500 gm Jav				
W50	Mitchell, Laurie	ETOB	7.57m	14.1%
W55	Carter, Myrtle	EHS	15.20m	32.1%
JT 800 gm Jav				
M40	Parkinson, Richard	THR	50.84m	58.2%
	Olivierre, John	THR	43.71m	50.0%
M45	Withers, Marty	BGA	53.73m	67.0%
	St.Pierre, Peter	THR	43.31m	54.0%
	Ritchie, Don	ETOB	39.31m	49.0%
JT 700 gm Jav				
M50	Finkbeiner, Michael	HOC	48.04m	62.3%
	Solomon, Livienne	ETOB	39.28m	51.0%

	Myers, Joe	USA	36.57m	47.4%
	Pearson, Bill	THR	32.27m	41.9%
	Bzibziak, Ray	USA	28.70m	37.2%
M55	Knox, Gary	UNA	32.28m	46.0%
	Hogan, Peter	USA	19.62m	28.0%
	JT 600 gm Jav			
M65	Pamenter, Fred	UNA	37.04m	62.0%
	McGruder, Malachi	USA	35.79m	59.9%
	Morris, David	THR	25.12m	42.0%
	JT 500 gm Jav			
M70	Boles, Harvey	UNA	24.44m	43.3%
	Poonia, Kesar Singh	MSC	20.62m	36.5%
M75	Malmstrom, Eric	THR	28.97m	59.1%
	Woerle, Max	THR	15.16m	30.9%

**W45 Barb Dabrowski**

unleashes an CAN record **32.63m** Jave. Photo by Rudy Boghina

**M50 Mike Finkbeiner****M70 Emil Muller** Photo by Rudy Boghina

Weight Throw

	15.90 Kg Wt			
M40	Parkinson, Richard	THR	12.64m	53.4%
	Olivierre, John	THR	10.29m	43.5%
M45	Yoisten, Dan	THR	9.82m	44.5%
	WT 11.35 Kg Wt			
M50	Graczyk, Jan	THR	16.65m	71.6%
	Myers, Joe	USA	12.69m	54.5%
	Pearson, Bill	THR	12.15m	52.2%
	Bzibziak, Ray	USA	9.54m	41.0%
	WT 9.09 Kg Wt			
M65	Morris, David	THR	10.31m	50.2%
	WT 7.26 Kg Wt			
M70	Muller, Emil	PQ	15.78m	78.9%
	Staveley, Bob	OTW	10.98m	54.9%
	Boles, Harvey	UNA	9.62m	48.1%
M75	Woerle, Max	THR	7.89m	44.9%