

USATF Masters Indoor Championships

March 23-25, 2007 Boston

Canadian Results

60m

W30
2 Marcantonio, Sandra ON 8.42

W45 Prelim

2 Burnett, Evelyn AB 8.82
7 Lauridsen, Susanne AB 9.21

W45 Final

3 Burnett, Evelyn AB 8.71
6 Lauridsen, Susanne AB 9.18

W50

1 del Grande, Karla ON 8.40

W55

3 Trott, Rhona ON 9.41

M45

15 Meyers, Darcy AB 8.73

60mH**W55**

1 Rhona Trott ON 11.46 CAN
(old CAN 12.14 Rhona 2005)

200m

W30
2 Marcantonio, Sandra ON 27.65

W45 Prelims

3 Burnett, Evelyn AB 29.66
5 Lauridsen, Susanne AB 30.58

W45 Finals

3 Burnett, Evelyn AB 29.35
4 Lauridsen, Susanne AB 30.59

W50 Prelim

1 del Grande, Karla ON 28.65
3 Gail Johns-Rees NC 30.60

W50 Finals

1 del Grande, Karla ON 27.33
3 Gail Johns-Rees NC 30.93

W55

3 Trott, Rhona ON 31.46

M45 Prelims

14 Meyers, Darcy AB 29.34

M60 Prelims

7 Mitchell, Bruce ON 30.16
8 Powell, John ON 34.99

M70

2 Fee, Earl ON 30.89

400m

W45
4 Lauridsen, Susanne AB 1:09.25

W50

1 del Grande, Karla ON 1:03.45
2 Gail Johns-Rees NC 1:10.65

M50

Fred Robbins ON 1:01.03

M60

7 Powell, John ON 1:20.13

M75

1 Fee, Earl ON 1:07.07
(WR Earl's 1:06.28 Boston '04)

800m**W45**

3 deBoer, Lynda ON 2:28.72
7 Willis, Katherine ON 2:50.79

W55

1 Martin, Kathryn NY 2:31.73 CAN
(old CAN 2:40.39 Diane Palmason 1995)

M40

2 Boucher, Alain ON 2:01.07

M50

9 Robbins, Fred ON 2:19.26

M55

9 Payne, Tim ON 2:33.98

M75

1 Fee, Earl ON 2:37.29

Mile**W40**

6 Hopkins, Colleen ON 5:29.46

W45

2 deBoer, Lynda ON 5:24.93
5 Willis, Katherine ON 6:16.87

W55

1 Martin, Kathryn NY 5:27.89 CAN
(old CAN 6:02.4 Molly Turner 1990)

M40

2 Boucher, Alain ON 4:27.98

3000m**W45**

2 deBoer, Lynda ON 11:05.83

W55

1 Martin, Kathryn NY 10:35.76 CAN
(old CAN 11:45 .94 Molly Turner 1992)

M55

4 Payne, Tim ON 11:21.58

High Jump**M55**

2 Hawkins, John BC 1.62m

Pole Vault**M45**

2 Courteau, Ambroise PQ 3.65m

M55

1 Hawkins, John BC 3.65m CAN
(old CAN 3.40 Hugh Miller 2003)

M60

5 DeHorn, William PQ 2.73m

Long Jump

W45

2 Lauridsen, Susanne AB 4.43m

M45

8 Meyers, Darcy AB 4.09m

M55

2 Hawkins, John BC 5.19m

Triple Jump

W45

2 Lauridsen, Susanne AB 8.82m

M55

2 Hawkins, John BC 10.26m

Shot Put

2 Hawkins, John BC 12.50m

Pentathlon W55

Pent 800m

1 Trott, Rhona ON 3:03.56 651

Pent 60mH

1 Trott, Rhona ON 11.83 838

Pent High Jump

1 Trott, Rhona ON 1.12m 610

Pent Long Jump

1 Trott, Rhona ON 3.55m 503

Pent Shot Put

1 **Trott, Rhona** ON 8.09m 680
(no previous CAN record) **3282 CAN****Pentathlon M55**

Pent 1000m

6 Hawkins, John BC 4:00.17 495

Pent 60mH

4 Hawkins, John BC 11.33 621

Pent High Jump

1 Hawkins, John BC 1.60m 868

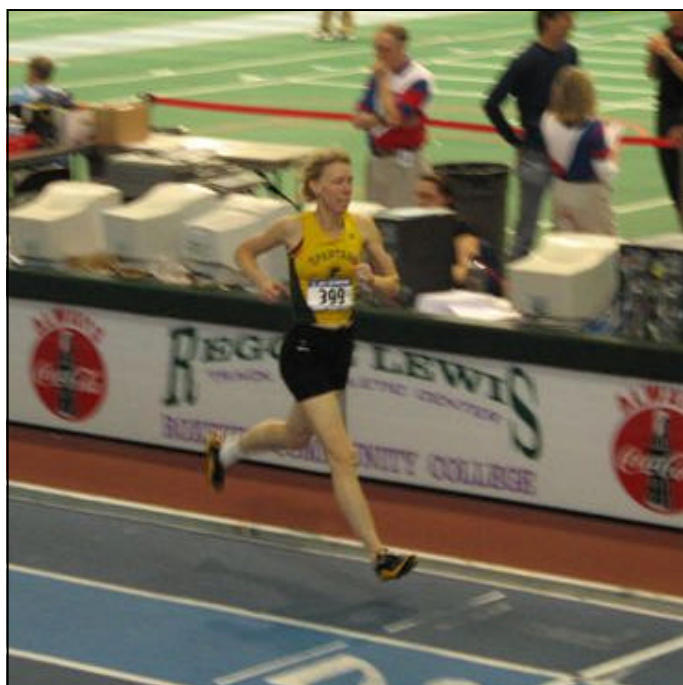
Pent Long Jump

1 Hawkins, John BC 5.00m 743

Pent Shot Put

1 Hawkins, John BC 11.94m 802
3529

W50's Gail Johns-Rees (L)
a Canadian Dual citizen living in Salem NC and **Karla**



W45 Susanne Lauridsen

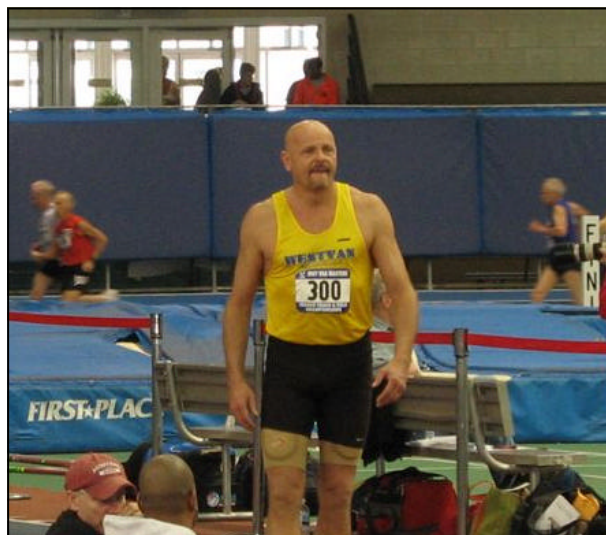
The meet was fantastic! It's always great to see so many Canadians at these events. Now that we're getting to know a few more of the westerners, it makes it much more enjoyable. Plus, everyone was so supportive of each other. I loved it. Plus, The Bay must be making a mint off the "CANADA" logo shirts and jackets we masters athletes are wearing everywhere! Rhona

Steve Burger's photos at...

<http://globalfolkart.phanfare.com/album/243785>

Al LePage's photos on the SONY site..

<http://www.imagestation.com/members/douglasjsmith>



M55 John Hawkins