

The Throwers Cage

with Rudy Boghina and Bill Pearson

OMTFA Weight Pentathlon Championships June 23 - Stouffville

Men		HT	SP	DT	JT	WT	PTS
Men 85-89							
Garry Bachman	86	Can. Rec.*					
Meters		29.80	9.73	27.05**	18.16	12.60	**750g Discus
AG Mark		72.22	18.48	62.30	47.51	23.49	
Perf.%		83.26%	79.95%	84.11%	48.25%	90.86%	
Points		1048	1005	1130	552	1227	4,962
Men 75-79							
Eric Malmstrom	75						
Meters		18.33	8.01	17.91	28.43	6.31	
AG Mark		34.36	12.04	29.04	57.13	9.29	
Perf.%		39.62%	52.12%	39.21%	58.02%	35.95%	
Points		421	609	446	695	412	2,583
Max Woerle	76						
Meters		24.20	6.94	20.45	15.54	7.59	
AG Mark		45.37	10.43	33.16	31.23	11.18	
Perf.%		52.31%	45.16%	44.77%	31.71%	43.25%	
Points		600	512	527	317	518	2,474
Men 70-74							
Harvey Boles	70						
Meters		23.65	8.23	24.81	22.55	9.36	
AG Mark		38.10	10.71	28.35	39.37	12.11	
Perf.%		43.93%	46.34%	38.27%	39.98%	46.85%	
Points		481	528	432	433	571	2,445
Men 65-69							
Gary Crawford	66						
Meters		31.02	10.08	33.37	21.94	11.90	
AG Mark		49.17	14.83	41.75	36.19	15.01	
Perf.%		56.69%	64.17%	56.37%	36.75%	58.05%	
Points		663	779	700	387	736	3,265
Dave Morris	69						
Meters		27.39	9.23	28.79	23.36	10.54	
AG Mark		43.42	13.58	36.02	38.53	13.29	
Perf.%		50.06%	58.76%	48.63%	39.13%	51.42%	
Points		568	703	584	421	638	2,914
Men 55-59							
Joe Meyers	55						
Meters		31.13	13.76	35.80	35.53	12.29	
AG Mark		40.44	17.52	39.32	49.95	14.87	
Perf.%		46.63%	75.80%	53.08%	50.72%	57.53%	
Points		519	945	651	588	728	3,431
Men 50-54							
Bill Pearson	54						
Meters		32.96	11.07	33.71	30.21	12.09	
AG Mark		38.41	12.69	33.71	38.63	13.44	
Perf.%		44.29%	54.91%	45.50%	39.23%	52.00%	
Points		486	648	538	422	646	2,740

Raymond Bzidziak	52						
Meters		24.90	10.04	37.02	28.56	11.02	
AG Mark		29.02	11.51	37.02	36.52	12.25	
Perf.%		33.46%	49.80%	49.97%	37.09%	47.40%	
Points		335	577	604	392	579	2,487
Men 45-49							
Dan Yoisten	47						
Meters		0.00	11.79	36.36	39.02	10.67	
AG Mark		0.00	13.12	38.17	47.92	12.52	
Perf.%		0.00%	56.76%	51.53%	48.67%	48.42%	
Points		0	675	627	558	594	2,454
Peter St. Pierre	48						
Meters		22.52	8.52	19.12	42.67	7.46	
AG Mark		26.67	9.48	20.07	52.41	8.75	
Perf.%		30.76%	41.02%	27.10%	53.22%	33.85%	
Points		297	454	273	624	382	2,030
Men 40-44							
Richard Parkinson	43						
Meters		34.47	11.72	35.02	48.33	12.10	
AG Mark		37.22	12.03	35.02	54.53	13.24	
Perf.%		42.91%	52.07%	47.27%	55.37%	51.20%	
Points		467	608	564	656	635	2,930
John Olivierre	43						
Meters		30.47	9.25	20.15	39.90	10.05	
AG Mark		32.90	9.50	20.15	45.01	10.99	
Perf.%		37.93%	41.09%	27.20%	45.71%	42.53%	
Points		397	456	275	515	508	2,151
Steve Ritchie	42						
Meters		25.43	9.44	19.58	19.64	0.00	
AG Mark		27.45	9.69	19.58	22.15	0.00	
Perf.%		31.66%	41.94%	26.43%	22.50%	0.00%	
Points		310	467	264	190	0	1,231
Men <30							
Damian Anisko	23						
Meters		53.15	12.10	45.33	30.90	16.50	
AG Mark		53.15	12.10	45.33	30.90	16.50	
Perf.%		61.28%	52.34%	61.19%	31.38%	63.81%	
Points		729	612	774	312	821	3,248
Andrew Dabrowski	26						
Meters		0.00	11.64	44.37	48.97	10.34	
AG Mark		0.00	11.64	44.37	48.97	10.34	
Perf.%		0.00%	50.35%	59.89%	49.73%	39.98%	
Points		0	585	754	573	471	2,383
Women		HT	SP	DT	JT	WT	PTS
Women 65-69							
Margaret Tosh	69			Can. Rec*			
Meters		22.02	8.21	23.92	25.17	9.26	
AG Mark		37.74	15.38	42.75	49.23	13.24	
Perf.%		49.02%	68.00%	55.67%	67.44%	56.14%	Can. Rec*
Points		662	h	708	845	692	3,793

A record 31 throwers entered the OMTFA Weight Pentathlon Championships sponsored by the Throwers Club in Stouffville June 23rd. We were pleased to welcome throwers from all over southern Ontario, the United States and Saskatchewan. It was a challenge handling the large number but in the end everything worked out well.

Garry Bachman M86 continues his assault on the record book with a World Record in the M85 Weight Pentathlon at 4,962pts (Note after meet it was realized that the 750g discus was used instead of 1kg - he did 4,930pts next meet which will be submitted for the record). His last Weight Throw was just foul and would have given him 5,000+pts!! He also set M85 Canadian Records in Hammer with 29.80m & Discus with 27.05m, respectively This is in addition to the records he set last month in shot & weight. The only record he is missing is Javelin!

We were pleased to welcome Marg Tosh W69 to her first meet at Stouffville. She responded with a Canadian Record in Discus of 23.92m & she shattered the W65 Canadian Weight Pentathlon record by over 500pts with a score of 3,793 pts. Congrats Marg!!

Estele Ritchie W95 set W95 Canadian records in Shot - 1.25m and Discus - 2.33m. As far as we are aware, she is the oldest women to ever compete in throwing in Canada!

In addition to the records, there were some excellent Weight Pentathlons - Joe Meyers M55 USA had 3,431pts, the best by an American in 2007. This include a fine Shot of 13.76m just short of his best this year of 13.90m which is 2nd ranked in USA. Gary Crawford M66 USA also found Stouffville to his liking & hit 3,265 pts, 2nd best in the US this year. Richard Parkinson M43 just missed breaking his Canadian record at 2,930pts. Damian Anisko M23 scored an impressive 3,248pts at an age when the factors are definitely not in your favour.

M50 Jan Graczyk
Rudy's brave to get this shot !!



W95 Estelle Ritchie putting the shot. Lest there be any question about her cane, I made sure that she understood that she was not allowed to use the cane during the throw, which would have made it an illegal device because the cane could be used as an aid. That's why it is draped over her arm.



W65 Margaret Tosh
and
W50 Barb Dabrowski

Margaret broke the
CAN record with a
23.92 Discus

