

9th Annual
OMTFA 5K Team Cross Country Championships
Taylor Creek Park
September 21st, 2003

W30			(old CR 31:24 Jean Horne '97)		
Sagun, Clelina	Unattached	29:25	Hanger, Wendi	Longboat RR	32:13
W35			M30		
Hopkins, Colleen	Unattached	20:00 CR	Kapral, Mikal	Longboat RR	17:19 CR
(old CR 21:17 Natalie Greenidge '01)			(old CR 22:10 Wade Ivan '01)		
Greenidge, Natalie	Toronto Olym	22:07	M35		
Barker, Angela	Longboat RR	24:14	Gonos, John	East Toronto	19:02
Kay, Kristin	Longboat RR	27:51	Krasny, Henry	Unattached	19:56
W40			Hinnen, John	Lakeshore Masters	21:29
MacRea, Anne	Unattached	24:39	M40		
Soucy-Fraser, Louise	Etobicoke HS	25:44	Da Silva Jardine, Ron	East Toronto	17:36
Dopuda, Alemka	Longboat RR	26:51	Christie, Gord	Longboat RR	17:46
W45			Earl, Rob	East Toronto	17:51
Sweazey, Nanci Patten	Etobicoke HS	22:51	Meijer, John	Lakeshore Masters	18:17
Newman, Deidre	Unattached	26:50	Deubelbeiss, David	Longboat RR	18:39
Hatton, Patricia	Scarborough Masters	31:08	Black, Jamie	Unattached	18:40
W50			Earl, James	East Toronto	18:48
Tedford, Cathy	Scarborough Masters	40:18	Moloney, Des	East Toronto	19:23
W55			Berry, Rob	Toronto Olympic Club	20:27
Wells, Nancy	Longboat RR	25:25	Bowen, Peter	Lakeshore Masters	21:03
de Geus, Tina	Longboat RR	32:40	McCartney, Jeff	Scarborough Masters	21:37
W60			Larcher, Winville	Unattached	24:58
Rowswell, Adri	Scarborough Masters	29:20	M45		
W65			Black, Jonathan	Unattached	19:15
Doench, Jean	Longboat RR	28:47 CR	Gillis, Dave	Longboat RR	21:05





W35 Colleen Hopkins broke the CR with a 20:00

Rawling, Jim	Longboat RR	22:09
Davis, Alan	Lakeshore Masters	23:06
Durocher, Mike	Longboat RR	24:21
Allegretti, Giuseppe	Longboat RR	27:28

M50

Aitkin, George **Cambridge Harriers** **18:53 CR**
(old CR 19:08 Phil Pyatt '00)

Shaw, Bill	Unattached	19:30
Payne, Tim	Cambridge Harriers	20:21
Johnson, David	Unattached	20:33
De Plancke, Roger	Cambridge Harriers	22:04
Guardiani, Francesco	Longboat RR	22:24
Smith, Doug	President	23:43
Lyng, John	Unattached	24:04

M55

Pickard, John	Etobicoke HS	20:29
Bedley, Mike	Longboat RR	20:31
Cassel, Gary	Cambridge Harriers	21:16
de Vries, Bert	Longboat RR	22:01
Grant, John	Unattached	25:06
Hoff, Tory	Unattached	26:13
Sauer, Ted	Unattached	26:57
Miller, Hugh	Scarborough Masters	29:38

M60

Tushingham, Tom	Toronto Olym	21:12
Moore, Bob	Toronto Olym	21:33
Christensen, Vern	Scarborough Masters	22:28
Yerich, Paul	Unattached	22:31

Norcliffe, Glen	Toronto Olym	22:46
Shriner, Dennis	Unattached	23:36
Drewett, Brian	St.Catharins	24:07
Lavoie, Larry	Unattached	24:18
Goodstadt, Michael	Scarborough Masters	24:47
Randewich, Clive	Unattached	25:03

M65

Geddes, Jack	Scarborough Masters	21:30
Pascoe, James	Rouge River RR	26:49
Nagle, Bob	Longboat RR	28:00
Scanlon, Eugene	Longboat RR	28:14

M70

Fee, Earl **Etobicoke HS** **23:28 CR Tie**
(CR 23:28 Earl in 2001)

Paterson, Morgyn	Etobicoke HS	29:13
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M75

Lang, Ralph **Metro Fitness** **27:31 CR**
(old CR 28:33 Bill Cameron '01)

Team Results

W30

1	Longboat Road Runners	78:56
	Barker, Angela	24:14
	Dopuda, Alemka	26:51
	Kay, Kristin	27:51

W40 Scarborough Masters 100:46

1	Rowswell, Adri	29:20
	Hatton, Patricia	31:08
	Tedford, Cathy	40:18

W50 Longboat Road Runners 58:05

	Wells, Nancy	25:25
	de Geus, Tina	32:40

W60 Longboat Road Runners 61:00

	Doench, Jean	28:47
	Hanger, Wendi	32:13



M40's James Earl & Jamie Black, and M50 George Aitkin
George broke Phil Pyatt's CR by 15 seconds.

2nd M55 **Mike Bedley**

M30	Longboat Road Runners	69:40
1	Kapral, Mikal	17:19
	Durocher, Mike	24:21
	Nagle, Bob	28:00
	Scanlon, Eugene	28:14

	Lakeshore Masters	71:06
2	Hinnen, John	21:29
	MacRea, Anne	24:39
	Larcher, Winville	24:58

M40

1	East Toronto Striders	54:15
	DaSilva-Jardine, Ron	17:36
	Earl, Rob	17:51
	Earl, James	18:48
	Moloney, Des	19:23

2	Longboat Road Runners	57:30
	Christie, Gord	17:46
	Deubelbeiss, David	18:39
	Gillis, Dave	21:05
	Rawling, Jim	22:09

3	Lakeshore Masters	62:26
	Meijer, John	18:17
	Bowen, Peter	21:03
	Davis, Alan	23:06
	Grant, John	25:06

M50

1	Cambridge Harriers	59:47	CR
	(old CR Scarborough Masters 62:15 '00)		
	Aitkin, George	18:53	
	Payne, Tim	20:21	
	Johnson, David	20:33	
	Cassel, Gary	21:16	

	De Plancke, Roger	22:04
2	Longboat Road Runners	64:56
	Bedley, Mike	20:31
	de Vries, Bert	22:01
	Guardiani, Francesco	22:24
	Lyng, John	24:04
3	Etobicoke Huskies Striders	66:48
	Pickard, John	20:29
	Sweazey, Nanci Patten	22:51
	Fee, Earl	23:28
	Soucy-Fraser, Louise	25:44

M60

1	Toronto Olympic Club	65:31	CR
	(old CR Scarborough Masters 70:29 '02)		
	Tushingham, Tom	21:12	
	Moore, Bob	21:33	
	Norcliffe, Glen	22:46	
2	Scarborough Masters	68:45	
	Geddes, Jack	21:30	
	Christensen, Vern	22:28	
	Goodstadt, Michael	24:47	
3	St. Catharines Road Runners	70:14	
	Yerich, Paul	22:31	
	Shriner, Dennis	23:36	
	Drewett, Brian	24:07	
	Lavoie, Larry	24:18	

Refreshments courtesy of

The Scarborough Masters

All photos by Bill Smith

**M50 Tim Payne** holds off **M40 Rob Berry** up the hill.