

CMAA Cross Country Relay

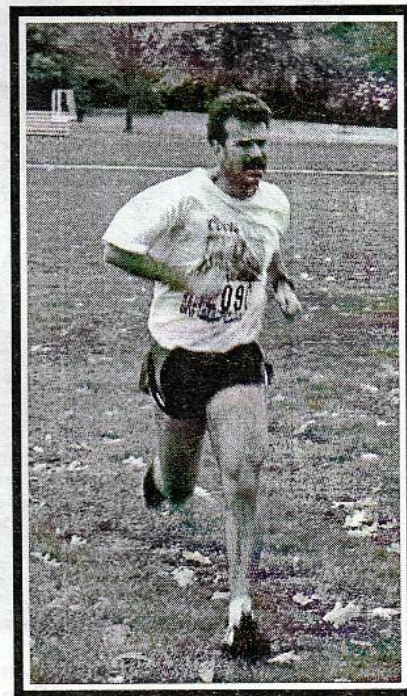
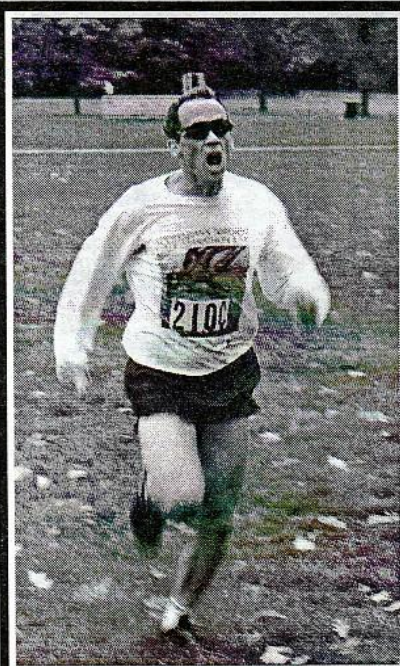
October 23, 1999

Sunnybrook Park, Toronto

Race Director - Don Farquharson

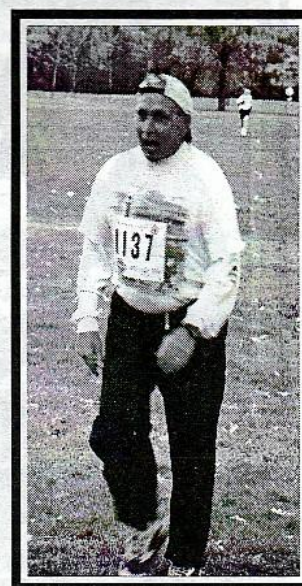
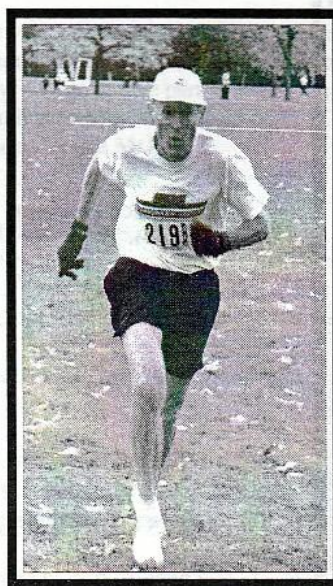
			Age	Club	Actual Time	AG Adjusted	Age Grading
1	3216	Turner, Molly	65	MTFB	21:10.00	13:31.28	95.95%
2	3219	Geddes, Jack	62	SMA	17:00.00	13:39.37	95.00%
3	1202	Aitkin, George	47	CAMB	15:03.00	13:45.44	94.30%
4	1141	Moore, Robert	58	UNA	16:34.00	13:49.40	93.85%
5	1148	Vidito, Mike	43	UNA	15:23.00	14:29.29	89.54%
6	2214	Fee, Earl	70	MISA	19:53.00	14:38.77	88.58%
7	2217	Simser, Brad	49	RRRA	16:23.00	14:44.80	87.97%
8	1142	Payne, Tim	49	UNA	16:23.00	14:44.80	87.97%
9	1203	Crichton, Ron	63	EHSA	18:39.00	14:50.06	87.45%
10	1203	Mostyn, Murray	53	RRRA	17:04.00	14:52.32	87.23%
11	1209	Kerr, Gordon	43	LAKA	15:51.00	14:55.66	86.09%
12	1219	Maxwell, Richard	73	SMA	21:10.00	15:00.50	86.48%
13	2210	Butlin, Richard	43	LAKB	16:00.00	15:04.13	86.09%
14	3217	Pickard, John	51	RRRA	17:16.00	15:17.80	84.81%
15	3210	Meijer, John	38	LAKB	15:32.00	15:22.22	84.40%
16	2209	Davis, Alan	43	LAKA	16:29.00	15:31.45	83.57%
17	2204	Paterson, Morgyn	67	EHSB	20:26.00	15:34.58	83.29%
18	2219	Christensen, Vern	58	SMA	18:41.00	15:35.44	83.21%
19	1216	Krolow, Gerhard	64	MTFB	19:48.00	15:39.17	82.93%
20	2202	Cassel, Gary	54	CAMB	18:11.00	15:42.85	82.56%
21	2216	Rappich, Art	67	MTFB	20:42.00	15:46.78	82.21%
22	3215	Lang, Ralph	71	MTFA	21:43.00	15:47.20	81.95%
23	3212	deVries, Bert	52	LBRB	18:00.00	15:49.00	81.75%
24	3209	Campbell, Bruce	43	LAKA	16:50.00	15:51.22	81.83%
25	3204	Upshall, Charlie	55	EHSB	18:31.00	15:52.13	81.75%
26	3214	Nichols, Mike	41	MISA	16:49.00	16:04.10	80.72%
27	1150	Madderon, Jake	55	UNA	18:45.00	16:04.13	80.74%
28	2216	Story, Val	52	MTFA	21:05.00	16:05.00	80.69%
29	1214	Rodrigues, Keith	46	MISA	17:28.00	16:05.32	80.64%
30	2203	Jones, Don	63	EHSA	20:15.00	16:06.42	80.54%
31	2220	Christensen, Joan	59	SMB	23:04.00	16:10.31	80.22%

← Correction
from last issue.
Sorry Molly!



(L-R) M35 John Meijer, W50 Brenda Cassel, M40 Bruce Campbell

32	3211	Fletcher, Tony	49	LBRA	17:58.00	16:10.31	80.22%
33	3203	Graves, Richard	66	EHSA	21:01.00	16:11.98	80.08%
34	3218	Pascoe, James	61	RRRB	20:01.00	16:14.38	79.89%
35	1146	Soligo, Odino	78	UNA	24:39.00	16:15.11	79.83%
36	1211	Emo, Adele	48	LBRA	20:28.00	16:16.76	79.69%
37	2211	Wells, Nancy	53	LBRA	21:47.00	16:25.09	79.02%
38	1204	Soucy-Fraser, Louise	38	EHSB	18:54.00	16:28.17	78.77%
39	1151	Rosenitsch, AnnMarie	58	UNA	23:15.00	16:28.17	78.73%
40	1210	Bowen, Peter	37	LAKB	16:49.00	16:31.55	78.50%
41	3202	Stokes, Trevor	52	CAMB	18:51.00	16:33.81	78.32%
42	3220	Wilson, Reg	56	SMB	19:30.00	16:33.92	78.32%
43	1222	Rowswell, Adri	58	SMD	23:31.00	16:39.98	77.84%
44	1145	Smith, Doug	48	UNA	18:23.00	16:40.54	77.80%
45	1139	Creighton, Denny	44	UNA	17:58.00	16:47.93	77.23%
46	1220	Spielvogel, David	42	SMB	17:43.00	16:48.47	77.19%
47	2212	Milligan, Jim	65	LBRB	21:37.00	16:50.89	77.00%
48	1205	Keeting, Alex	42	EHSC	17:53.00	16:57.96	76.47%
49	2205	Guy, Christine	46	EHSC	21:08.00	17:08.73	75.67%
50	1215	Bostock, Charles	60	MTFA	21:22.00	17:30.35	74.11%
51	1218	Morton, Tara	36	RRRB	19:46.00	17:30.68	74.08%
52	1149	Willis, Katherine	41	CAMA	20:47.00	17:39.33	73.48%
53	1208	Rogers, Ron	38	FTCA	18:09.00	17:42.87	73.24%
54	2221	Appleby, Brian	58	SMC	21:18.00	17:46.37	72.99%
55	3222	Holmes, Janet	66	SMD	28:30.00	17:52.52	72.58%
56	1223	Gallagher, Terry	57	SME	21:15.00	17:53.43	72.51%
57	1206	DiRienzo, Frank	45	EHSD	19:23.00	17:59.39	72.11%
58	3205	Jevremovic, Vladislav	40	EHSC	18:52.00	18:09.44	71.45%
59	1131	Abbott, Norm	62	UNA	22:56.00	18:25.35	70.42%
60	1140	Glance, Ken	50	UNA	20:44.00	18:31.02	70.06%
61	2218	Carter, Alan	58	RRRB	22:12.00	18:31.43	70.04%
62	1212	Baker, Angela	34	LBRB	20:41.00	18:37.03	69.68%
63	2222	Miller, Hugh	53	SMD	21:37.00	18:50.21	68.87%
64	2206	Snarr, Tracey	35	EHSD	21:15.00	18:58.71	68.36%
65	1147	Charles, Felix	71	UNA	26:33.00	19:18.59	67.18%
66	2201	Cassel, Brenda	50	CAMA	25:06.00	19:33.78	66.31%
67	1213	Groome, Allen	50	LBRC	22:06.00	19:44.26	65.73%
68	3221	Arnott, George	48	SMC	21:46.00	19:44.68	65.71%
69	2213	deGeus, Tina	55	LBRC	26:50.00	19:45.93	65.64%
70	2208	Farquharson, Christine	37	FTCA	22:31.00	19:47.13	65.57%
71	3213	Prest, Bill	50	LBRC	22:17.00	19:54.08	65.19%
72	1221	Martinez, Wayne	54	SMC	23:06.00	19:57.79	64.99%
73	3201	Fabry, Emese	39	CAMA	23:32.00	20:20.26	63.79%
74	1143	Powell, John	55	UNA	23:52.00	20:27.23	63.43%
75	2223	Tedford, Cathy	46	SME	26:52.00	21:47.82	59.52%
76	3208	Farquharson, John	38	FTCA	22:39.00	22:06.39	58.69%
77	3206	Fraser, Cam	40	EHSD	24:39.00	23:43.39	54.69%
78	1201	Robinson, Sharon	34	CAMA	26:58.00	24:16.37	53.45%
79	3223	Fitzpatrick, Mark	53	SME	28:37.00	24:56.20	52.02%
80	1137	Carroll, Ron	72	UNA	39:32.00	28:23.10	45.70%



M50 Hugh Miller, M55 Vern Christensen, M70 Ron Carroll
 Hugh ran close to AG 70%....not bad *for a Pole Vaulter !!*

Team Results

1 Scarborough A 88.23%

Geddes, Jack	62	95.00%
Maxwell, Richard	73	86.48%
Christensen, Vern	58	83.21%

2 Metro Fitness B 87.03%

Turner, Molly	65	95.95%
Krolow, Gerhard	64	82.93%
Rappich, Art	67	82.21%

3 Rouge River A 86.67%

Simser, Brad	51	87.97%
Mostyn, Murray	53	87.23%
Pickard, John	51	84.81%

4 Cambridge Harriers B 85.06%

Aitkin, George	47	94.30%
Cassel, Gary	54	82.56%
Stokes, Trevor	52	78.32%

5 Lakeshore A 83.83%

Kerr, Gordon	43	86.09%
Davis, Alan	43	83.57%
Campbell, Bruce	43	81.83%

6 Mississauga A 83.31%

Fee, Earl	70	88.58%
Nichols, Mike	41	80.72%
Rodrigues, Keith	46	80.64%

7 Lakeshore B 82.99%

Butlin, Richard	43	86.09%
Meijer, John	38	84.40%
Bowen, Peter	37	78.50%

8 Etobicoke HS A 82.69%

Crichton, Ron	63	87.45%
Jones, Don	63	80.54%
Graves, Richard	66	80.08%

9 Etobicoke HS B 81.27%

Paterson, Morgyn	67	83.29%
Upshall, Charlie	55	81.75%
Soucy-Fraser, Louise	38	78.77%

10 Longboat A 79.64%

Fletcher, Tony	49	80.22%
Emo, Adele	48	79.69%
Wells, Nancy	53	79.02%

11 Metro Fitness A 78.92%

Lang, Ralph	71	81.95%
Story, Val	52	80.69%
Bostock, Charles	60	74.11%

12 Scarborough B 78.58%

Christensen, Joan	59	80.22%
Wilson, Reg	56	78.32%
Spielvogel, David	42	77.19%

13 Longboat B 76.14%

deVries, Bert	52	81.75%
Milligan, Jim	65	77.00%
Baker, Angela	34	69.68%

14 Rouge River B 74.67%

Pascoe, James	61	79.89%
Morton, Tara	36	74.08%
Carter, Alan	58	70.04%

15 Etobicoke HS C 74.53%

Keeting, Alex	42	76.47%
Guy, Christine	46	75.67%
Jevremovic, Vladislav	40	71.45%

16 Scarborough D 73.10%

Rowswell, Adri	58	77.84%
Holmes, Janet	66	72.58%
Miller, Hugh	53	68.87%

17 Scarborough C 67.90%

Appleby, Brian	58	72.99%
Arnott, George	48	65.71%
Martinez, Wayne	54	64.99%

18 Cambridge Harriers A 67.86%

Willis, Katherine	41	73.48%
Cassel, Brenda	50	66.31%
Fabry, Emese	39	63.79%

19 Farquharson TC A 65.83%

Rogers, Ron	38	73.24%
Farquharson, Christine	37	65.57%
Farquharson, John	38	58.69%

20 Longboat C 65.99%

Groome, Allen	50	65.73%
deGeus, Tina	55	65.64%
Prest, Bill	50	65.19%

21 Etobicoke HS D 65.05%

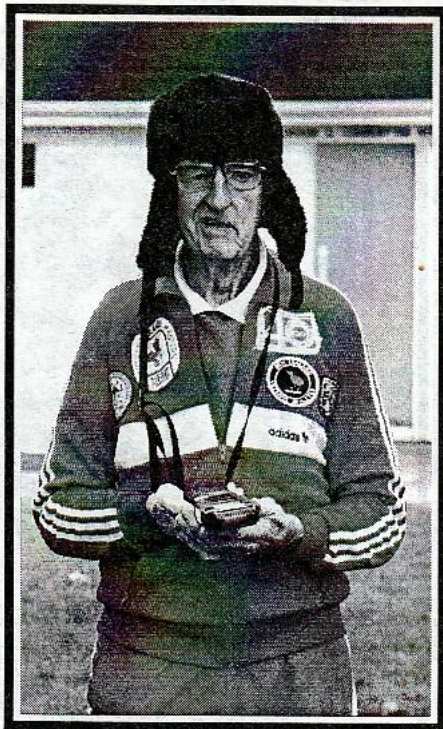
DiRienzo, Frank	45	72.11%
Snarr, Tracey	35	68.36%
Fraser, Cam	40	54.69%

22 Scarborough E 61.35%

Gallagher, Terry	57	72.51%
Tedford, Cathy	46	59.52%
Fitzpatrick, Mark	53	52.02%

23 Etobicoke HS E 58.77%

Charles, Felix	71	67.18%
Powell, John	55	63.43%
Carroll, Ron	72	45.70%



Comrade Race Director
Don Farquharson
stays warm at the finish
line....Russian Style!

W45 Cathy Tedford

