

OMTFA 5K Cross Country Championships

Chedoke Golf Course - Hamilton

Sunday, November 18, 2001

Meet Directors - Phil Steel, William V. Urie

Overall		Team	Time	Pace					
M30					16	Peter DRAKE	40	NOC	0:18:42.4 3:45
56	Wade IVAN	32	LONG	0:21:37.1 4:20	23	Rob BERRY	40	TOC	0:19:09.7 3:50
M35					24	Desmond MOLONEY	41	ETS	0:19:10.9 3:51
2	Jamie BLACK	38	TNOR	0:17:26.1 3:30	28	Peter SHIPMAN	41	TNOR	0:19:26.7 3:54
6	Kevin HOOPER	38	OSR	0:17:46.5 3:34	29	David TOOKE	44		0:19:33.3 3:55
12	Vince FRIEL	38		0:18:14.2 3:39	30	Graham MCGEE	42	LONG	0:19:54.7 3:59
15	Mark WEIST	37	LONG	0:18:39.4 3:44	37	Cliff RENFREW	43	OSR	0:20:19.9 4:04
17	Iain GALLOWAY	38	NOC	0:18:49.7 3:46	38	Rob SMITH	40	LONG	0:20:22.5 4:05
18	John GONOS	36	ETS	0:18:52.9 3:47	45	Joachim BROUWER	42		0:20:42.7 4:09
36	Peter BOWEN	39	LAKE	0:20:18.3 4:04	48	Mike JALONEN	42	LAKE	0:20:45.6 4:10
50	Martin AGNEW	36	LONG	0:20:51.0 4:11	68	Bruce FRIESEN	44	LAKE	0:22:09.7 4:26
55	John HINNEN	35	LAKE	0:21:31.5 4:19	75	David FOSCARINI	44		0:22:40.3 4:33
67	Brian BERRESFORD	37		0:22:08.1 4:26	80	Alex KEETING	44	EHS	0:23:25.7 4:42
86	Richard THOMPON	39	LONG	0:24:18.0 4:52					
M40					M45				
1	Ronald JARDINE	40	ETS	0:17:22.9 3:29	11	Joe LEHMANN	46	OSR	0:18:08.4 3:38
3	Tim WOOD	44	OSR	0:17:32.2 3:31	14	George AITKIN	49	CHAR	0:18:25.4 3:42
4	Stuart GALLOWAY	40	NOC	0:17:36.1 3:32	22	Jim VANBUSKIRK	45	LAKE	0:19:08.8 3:50
5	Robert EARL	42	ETS	0:17:43.0 3:33	25	Tom MARSHALL	46	BLEG	0:19:16.2 3:52
7	Ray PAULINS	41		0:17:49.0 3:34	27	Allan JOHNSON	47		0:19:22.6 3:53
8	Scott VINING	40	OSR	0:17:52.4 3:35	32	Mike SELLON	47		0:20:07.0 4:02
9	David HOUSE	41	ACH	0:17:57.5 3:36	33	John PICKARD	48	OSR	0:20:09.4 4:02
10	Doug KENNEDY	42		0:18:03.1 3:37	34	Jim RAWLING	46	LONG	0:20:13.0 4:03
13	Jonathan BLACK	43		0:18:17.3 3:40	40	Greg KUCZKOWSKI	48	TOC	0:20:31.2 4:07
					41	Dave YEAGER	48	TOC	0:20:32.6 4:07
					47	Bruce CAMPBELL	46	LAKE	0:20:44.0 4:09
					51	Conrad DOERRBECKER	45	LONG	0:20:55.5 4:12
					53	Denton CREIGHTON	46	LAKE	0:21:09.8 4:14



M40 Rob Earl leads M40 Stuart Galloway and M35 Jamie Black at 1K. Photo by Jack Castle



M45 George Aitkin leads the next pack Photo by Jack Castle



**M40 Doug Kennedy, M45 Joe Lehmann,
M35 Vince Friel kick for the finish**

Photo by Jack Castle

59	Michael GERAGHTY	46	HAC	0:21:40.7	4:21
66	Peter ALLEN	48	EHS	0:22:07.5	4:26
84	Kevin HAYES	48	LONG	0:24:00.1	4:48
88	John GREENFIELD	49	LONG	0:24:26.0	4:54

M50

20	Gary HASTINGS	53		0:19:03.7	3:49
21	Murray HALE	52	NBL	0:19:04.5	3:49
26	Fred CHAPMAN	50	LOPA	0:19:17.4	3:52
31	Mike BEDLEY	54	LONG	0:20:06.5	4:02
42	Tim PAYNE	51	RORI	0:20:33.4	4:07
46	Wayne RICHARDSON	54	OSR	0:20:43.5	4:09
52	Roger DEPLANKE	51	RORI	0:21:02.8	4:13
61	Don WILKINSON	54	OSR	0:21:44.7	4:21
63	Michael CARTER	52	SCAR	0:22:01.4	4:25
65	Trevor STOKES	54	OSR	0:22:06.8	4:26
69	John DICKSON	50	OSR	0:22:25.1	4:30
70	John FAULKNER	53		0:22:31.1	4:31
71	Doug SMITH	50		0:22:31.9	4:31
74	John LYNG	51	LONG	0:22:39.4	4:32
76	Tony FLETCHER	51	LONG	0:22:43.5	4:33
78	Tim UUKSULAINEN	50	LONG	0:23:12.7	4:39
79	Richard BAILEY	53	LONG	0:23:23.1	4:41
85	Allen GROOME	52	LONG	0:24:16.4	4:52
90	Ted SAUER	53	TNIA	0:24:58.8	5:00
96	Bill PREST	53	LONG	0:26:55.8	5:24

M55

19	Peter HAASE	55	LOPA	0:18:54.1	3:47
35	Murray MOSTYN	55	RORI	0:20:15.5	4:04
39	Bert DE VRIES	55	LONG	0:20:24.7	4:05
43	Hugh CONNOLLY	56	LONG	0:20:40.8	4:09
49	Charlie UPSHALL	57	EHS	0:20:48.9	4:10
54	Glen NORCLIFFE	58	TOC	0:21:26.8	4:18

57	Bill MILWARD	56		0:21:39.2	4:20
60	Michael SHERIDAN	55	HAC	0:21:43.9	4:21
89	Bruce MITCHELL	58	EHS	0:24:47.4	4:58
91	Hugh MILLER	55	SCM	0:25:18.4	5:04
93	John POWELL	57	EHS	0:25:57.9	5:12

M60

44	Jack GEDDES	64	SCM	0:20:41.5	4:09
62	Nick D'ASCANIO	61	LOPA	0:21:45.4	4:22
64	Brian DREWETT	60	SCRR	0:22:05.2	4:26
72	Paul YERICH	61	SCRR	0:22:32.8	4:31
73	Vern CHRISTIANSEN	60	SCAR	0:22:34.4	4:31
77	Brian DELANEY	64	SCRR	0:23:11.2	4:39
83	Bill MCILWAINE	63	EHS	0:23:52.6	4:47
87	John MURPHY	60	SCRR	0:24:23.8	4:53
94	Michael WEARING	64	LONG	0:26:05.9	5:14
102	Bernard CONWAY	60	LOPA	0:31:04.0	6:13

M65

58	Ron CRICHTON	65	EHS	0:21:40.0	4:20
82	Jim IRONS	65	OSR	0:23:40.5	4:45
92	Richard GRAVES	68	EHS	0:25:23.7	5:05
95	Eugene SCANLON	66	LONG	0:26:22.7	5:17
97	Morgyn PATERSON	69	EHS	0:27:01.1	5:25



Murray Hale (L) and Gary Hastings
Race for the M50 Gold Medal. Gary prevailed by 0.8 sec.

Photo by Jack Castle

M70

81	Earl FEE	72	SAU	0:23:26.3	4:42
98	Felix CHARLES	73	EHS	0:28:18.4	5:40
99	Manuel TOEDORO	73		0:28:28.5	5:42
101	Ralph LANG	73	MTFC	0:29:35.5	5:56
103	Ken MORRIS	71	MSC	0:32:41.6	6:33

M75

100	Bill CAMERON	76	MTFC	0:29:15.8	5:52
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W30

34	Sandra TAN	30	LONG	0:28:38.9	5:44
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W35

2	Colleen HOPKINS	38	PL	0:20:07.7	4:02
5	Margaret WATSON	38		0:21:17.1	4:16
6	Kim HOUSE	35	ACH	0:21:43.1	4:21
8	Kristin KAYL	37	LONG	0:21:59.9	4:24
12	Angela BARKER	36	LONG	0:23:02.7	4:37
15	Gerda ZONRUITER	39	LOPA	0:23:50.6	4:47
18	Janice GLADSTONE	39		0:24:29.4	4:54
19	Gina BEER	35	LW	0:24:35.2	4:56
21	Jane GYLES	36	OSR	0:24:46.2	4:58
23	Sandra OMAND	38	MMO	0:25:43.2	5:09
28	Alemka DOPUDA	39	LONG	0:26:38.1	5:20

W40

3	Karen MACKENZIE	43	LAKE	0:20:17.5	4:04
4	Christine LAVELLEE	44	PL	0:20:35.4	4:08
9	Catherine VANBENBER	40	MMO	0:22:41.2	4:33
10	Katherine WILLIS	43	EHS	0:22:48.8	4:34
11	Louise SOUCY-FRASER	40	EHS	0:22:55.4	4:36
13	Janet TUFTS	41	LOPA	0:23:34.6	4:43
35	Cindy BROWN	41	OSR	0:29:07.0	5:50



W40 Karen MacKenzie and W45 Janet Takahashi

W45

1	Janet TAKAHASHI	45		0:19:52.8	3:59
20	Ann FLEMING	47	OSR	0:24:38.5	4:56
22	Pauline WATSON	47	MMO	0:25:29.2	5:06
24	Laurie DEGRACE	48	MMO	0:25:53.7	5:11
27	Doris BENSON	47	LOPA	0:26:18.6	5:16
32	Teresa RUTTEN	47	LOPA	0:28:24.6	5:41
33	Carole BUTLIN	45	LAKE	0:28:34.3	5:43
37	Judy LEAHY	46	LONG	0:31:17.6	6:16
38	Nancy KONYU	45		0:31:24.7	6:17

W50

7	Linda FINDLEY	53	EHS	0:21:48.3	4:22
16	Adele EMO	50	LONG	0:23:57.3	4:48
17	Christine MCLEAN	50		0:24:21.6	4:53
25	Rhona TROTT	53	HOC	0:25:59.4	5:12
29	Diane MARROW	50	LONG	0:27:24.8	5:29
30	Margo HUNSBERGER	51	OSR	0:27:58.9	5:36
31	Julie RICE	52	OSR	0:28:13.7	5:39
39	Judith JONES	50	LONG	0:31:30.0	6:18

W55

14	Nancy WELLS	55	LONG	0:23:41.7	4:45
26	Clair OGER	57	LONG	0:26:00.7	5:13
36	Margaret ROLFE	59	EHS	0:30:01.8	6:01
40	Tina DE GEUS	57	LONG	0:31:31.6	6:19



M45 Mike Sellon leads M50 Mike Bedley

Photo by Jack Castle



M30 Winning Team - East Toronto Striders
Gonos, Moloney, Da Silva Jardine, Earl

Team Results

W30	
1. Etobicoke HS	97:34
Findley, Rolfe, Soucy-Fraser, Willis	
2. Merry Moms Of Oakville	99:47
Watson, Vanderberg, Roblin, Degrace	
3. Longboat	100:20
Barker, Tam, Dopuda, Kay	
4. London Pacerettes	102:10
Zonruiter, Tufts, Rutten, Bensen	
5. Owen Sound Women	105:38
Fleming, Hunsberger, Rice, Gyles	

W45	
1. Longboat	114:08
Emo, Leahy, Marrow, Jones	

W55	
1. Longboat	81:12
Wells, Oger, de Geus	

M30	
1. East Toronto Striders	73:10
Moloney, Jardine, Gonos, Earl	
2. Longboat	81:30
Went, Ivan, Agnew, Smith	
3. Lakeshore	82:52
MacKenzie, Bowen, Hinnen, Campbell	

M40	
1. Owen Sound	73:52
Lehmann, Vining, Wood, Morley, Renfrew	
2. Toronto Olympic Club	81:41

Berry, Kuczkowski, Norcliffe, Yaeger	
3. Longboat	85:05
Rawling, Greenfield, Hayes, Doerrbecker, McGee	
4. Etobicoke Huskies Striders	91:10
Allen, Keeting, Mitchell, Powell, Upshall	
5. Lakeshore Masters	92:40
C. Butlin, Jaloney, Creighton, Freisen	

M50	
1. Rouge River	82:01
Mostyn, Payne, Pickard, DePlancke	
2. Longboat A	83:57
deVries, Connolly, Bedley, Uuksulainen, Fletcher	
3. Owen Sound	87:01
Richardson, Dickson, Wilkinson, Low, Stokes	
4. Scarborough Masters	90:34
Christensen, Carter, Geddes, Miller	
5. Longboat B	97:14
Bailey, Lyng, Groome, Prest	

M60	
1. St Catherines Road Runners	67:49
Delaney, Yerich, Drewett, Murphy	
2. Etobicoke Huskies Striders	70:57
Charles, Crichton, Graves, McIlwaine, Paterson	

M70	
Metro Fitness Club	58:50
Cameron, Lang	

All of Jack & Doug's photos are at..

<http://www.imagestation.com/album/?id=4292253627>



M50 Second Place Team
Bedley, Fletcher, deVries, Connolly