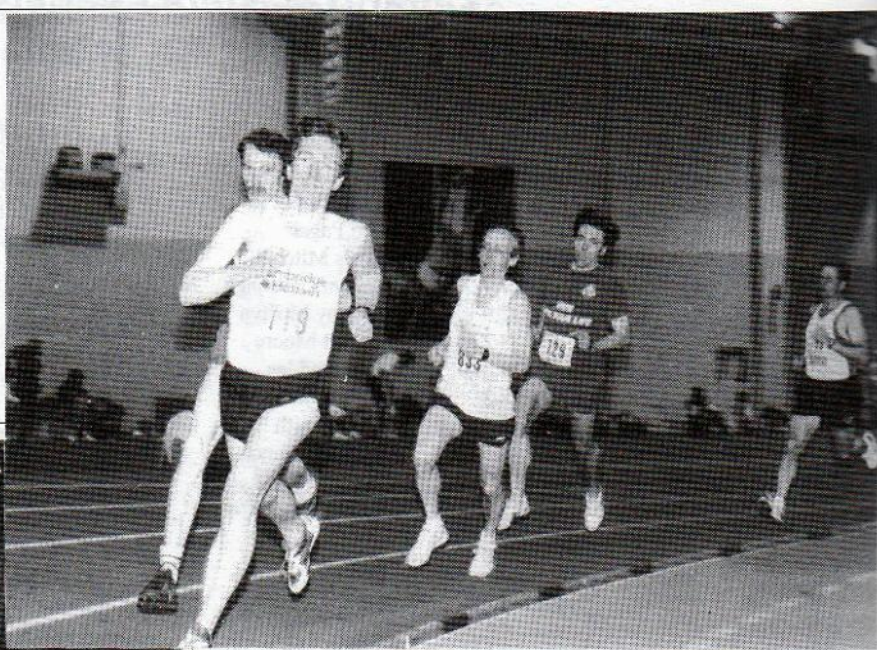


George Aitkin leads the M40 field in the 800m. Fred Robbins is right behind, followed by Ted Paget, Doug Brown, and Gordon Eddy.



Indoors '96

M70 Kurt Gelbhaar (L)
and M60 Richard Graves



M55 Bob Moore leads the pack on his way to a new Canadian record in the 3000m. M55 Jack Geddes and M50 Dave Sheridan follow.



27th Annual

Ontario Masters Indoor Championships

March 9, 1996

Meet Director - Brian Keaveney

WR World Record
COR Canadian Open Record
CNR Canadian Native Record
MR OMTFA Indoor Meet Record

60 M

W60	Edith Gray	9.67	COR, MR
	(Old COR Doreen Carmichael 9.99 '91)		
	Janet Holmes	10.57	
W55	Ann Marie Rosenitsch	9.66	COR, MR
	(Old COR 9.5 Doreen Carmichael '87)		
	Adri Roswell	10.1	
W45	Rhona Trott	9.15	CNR
	(Old CNR 9.19 P. Duncan '92, 9.19p Rhona '95)		
W40	Deborah Lenz	8.66	COR, MR
	(Old COR 8.5 Marta Pires-Ferreira BRA '86)		
W35	Corry Fox	8.53	
	Terry Manley	8.6	
WOpen	Viki Brisebois	10.6	
M85	Karl Trei	12.64	COR, MR
	(No previous COR or MR)		
M75	Art Obokata	10.0	
	Harry Miller	11.46	
	Victor Koresaar	12.99	
M70	John O'Neill	8.56	COR
	(Old 8.86 Percy Duncan, 8.39p WR John '94)		
M65	Ross Mitchell	8.39	
	Kenneth Morris	9.27	
	Jim Flowers	9.72	
M60	Charles Agnoo	8.22	t COR, MR
	(Old COR, MR 8.22 Charles '95)		
	Tom Callender	8.43	
	Roger Burke	8.85	
	Dev Sharma	9.15	
	Kesar Poonia	9.38	
M55	Scott Tyler	7.79	COR, MR
	(Old COR, MR 7.81 Scott '95)		
	Dave Waddell	9.16	
	Carlos Vernon	9.22	
	Donald French	10.82	
M50	Alan Slater	8.13	
	Chuck LaChiusa	8.17	
	Richard Champagne	8.7	
M45	Richard Lech	7.83	
	Mike Nedd	7.86	
	Roy Chubb	8.1	
	Arnold LaFramboise	8.21	
	Gary Crawford	8.65	
	Chris Kirlis	9.36	
M40	Mike Stevely	7.95	
	Jeff Therrien	8.04	

Ken Felepchuk	8.19
Bert Lee	8.42
David Harper	8.76
Patrick Carew	8.93
M35 Ed Harris	7.55
Rodney Wilson	7.88
Glenn Chipkar	7.91
Rob Malpus	7.96
Blair Roblin	8.09
Mark Schaber	8.4
Tim Manley	8.46

60m Sprint Hurdles

M55	Scott Tyler	9.28	COR
	(Scott has a 9.27p '95)		
M50	Daniel Anderson	12.93	
M45	William DeHorn	10.39	
M35	Valan Sarjeant	9.34	
	Michael Heron	9.36	
	Glenn Chipkar	9.60	
W35	Corry Fox	10.12	MR
	(Old MR 10.95 Corry '95)		

200M

M75	Art Obokata	34.87	
M65	Earl Fee	28.57	
	Ross Mitchell	29.51	
	Kenneth Morris	31.83	
M60	Tom Callender	27.58	COR
	(Old 27.81 Earl Fee '90, 27.12p Tom '93)		
	Charles Agnoo	28.92	
	Dev Sharma	31.13	
M55	Carlos Vernon	32.59	
	Donald French	38.33	
M50	Malachi McGruder	29.05	
	Daniel Anderson	30.59	
	Glenn Hooper	30.75	
M45	Mike Nedd	25.65	
	Roy Chubb	26.56	
	Francisco Machado	26.71	
	Mark Steinman	27.54	
	Gary Crawford	28.31	
M40	Ken Davis	26.01	
	Jeff Therrien	26.32	
	Mike Stevely	27.37	
	David Harper	28.65	
	Patrick Carew	30.86	
M35	Michael Lee Foon	24.16	
	Ed Harris	24.91	
	Michael Heron	25.11	
	Christopher Hood	25.28	

Ian Talbot	25.69
Rob Malpus	25.97
Rodney Wilson	26.01

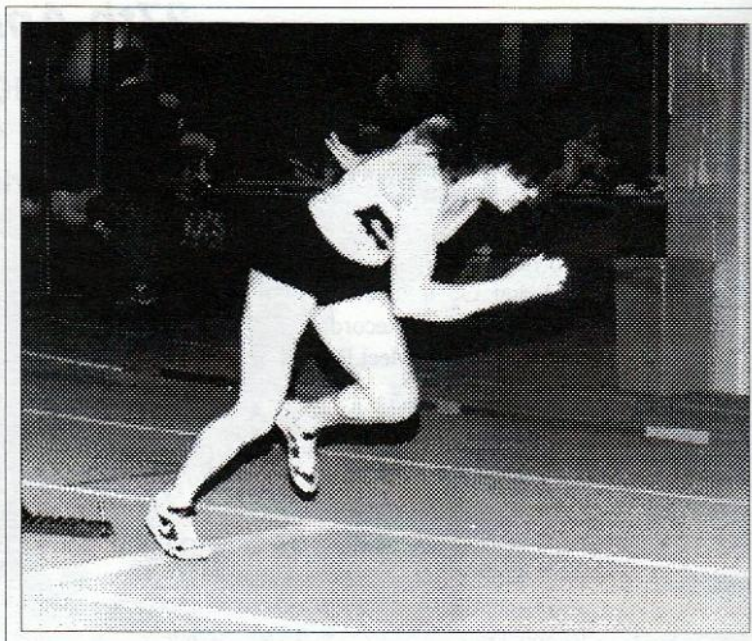
W60	Janet Holmes	36.56
W55	Ann Marie Rosenitsch	31.88
	Adri Roswell	34.70
W45	Rhona Trott	30.30
	Mary Zadel	36.80
W40	Deborah Lenz	29.13
W35	Terry Manley	28.71
	Carol Felepchuk	30.52
WOpen	Viki Brisebois	36.09

400M

M70	Karl Virkavs	1:10.4
M65	Kenneth Morris	1:15.2
M60	Dev Sharma	1:09.9
	Christopher Wilson	1:12.1
M55	Hugh Wilson	1:06.8
	James Pascoe	1:07.8
	Paul Knuvila	1:09.0
	Donald French	1:28.1
M50	Daniel Anderson	1:05.6
	Glenn Hooper	1:10.4
	John Powell	1:10.5
M45	Mike Nedd	58.3
	Francisco Machado	58.7
	John Faulkner	1:01.3
	Mark Steinman	1:03.0
M40	Ken Davis	57.4
	Charles Swanekamp	63.8
	Gordon Eddy	64.2
M35	Ed Harris	53.2
	Michael Lee Foon	53.4
	Ian Talbot	54.9
	Bill Dunford	57.7
	Rob Malpus	1:00.6



W35 Terry Manley starts the 200m



W45 Rhona Trott in the 200m

W60	Jean Horne	1:20.7	COR, MR
	(Old 1:23.8 Ruth Carrier '92, 1:21.87p Ruth '93 MR)		
W45	Rhona Trott	1:09.4	
	Mary Zadel	1:20.9	
W35	Carol Felepchuk	1:07.9	

800M

M70	Kurt Gelbhaar	2:53.1
M65	Don Farquharson	DNF
M60	Bill Bryson	2:48.2
	Gerhard Krolow	2:51.3
M55	Hugh Wilson	2:34.0
	James Pascoe	2:38.1
M50	Jim Wilson	2:23.1
	Bruce Mitchell	2:24.1
	Daniel Anderson	2:35.6
M45	Norm Creen	2:14.6
	John Faulkner	2:17.7
	Tim Payne	2:19.3
M40	Fred Robbins	2:15.6
	Doug Brown	2:16.1
	Ted Paget	2:17.5
	George Aitken	2:20.6
	Gordon Eddy	2:34.2
M35	Bill Dunford	2:15.3
	Glenn Chipkar	2:16.8
W65	Ruth Carrier	3:01.7 WR
	(Old WR 3:11.72 Joselyn Ross GBR '94, old COR 3:32.7 Dorly Brechbuehl '91)	
W60	Jean Horne	2:56.6 COR
	(OldCOR 3:11.8 Ruth Carrier '92, 2:52.4p Jean '93, WR 2:56.75 Joyce Hals USA '93)	
W45	Monica Thomas	2:56.6
W40	Lynn Kobayashi	2:45.0
W35	Katherine Willis	2:51.0
	Cheryl Robbins	3:36.9

Valden Sadul Memorial 1500M

M70	Kurt Gelbhaar	5:56.67	
	Odino Soligo	6:57.06	
M65	Earl Fee	4:49.59	MR
	(Old MR 5:29.35 Cliff Hall '93)		
	Manuel Teodoro	6:10.47	
M60	Bill Bryson	5:33.50	
	Richard Graves	5:47.17	
	Gerhard Krolow	5:49.92	
M55	Robert Moore	4:51.51	
	Jack Geddes	4:59.03	
	Michael Golding	5:00.89	
	Hugh Wilson	5:15.74	
	Wayne Cosgrove	5:54.35	
	Dennis Foyle	6:11.80	
M50	Jim Wilson	4:43.35	
	Murray Mostyn	4:52.59	
	Daniel Anderson	5:06.26	
M45	Brad Simser	4:27.58	
	Gary Hastings	4:34.92	
M40	Fred Robbins	4:29.54	
	William McMullen	4:33.02	
	Ted Paget	4:33.30	
	George Aitken	4:44.13	
	Doug Smith	5:10.76	
	Gordon Eddy	5:36.65	
W75	Judith Kazdan	8:15.83	
W45	Monica Thomas	6:02.94	
	Diane Cosgrove	6:17.39	
W35	Cheryl Youldon	5:05.51	

3000M

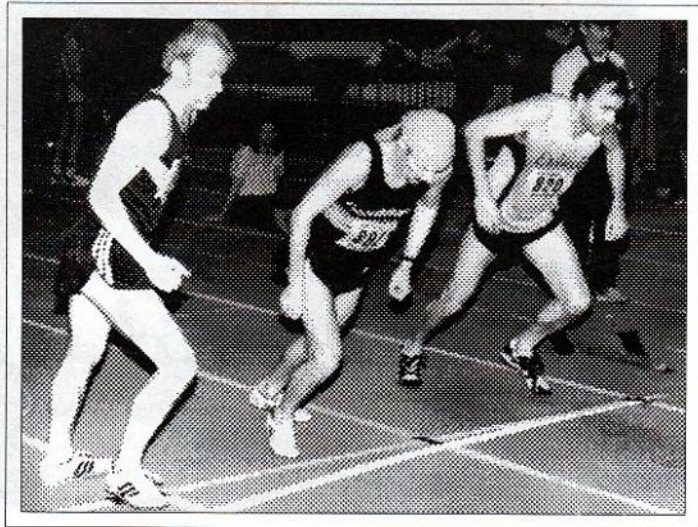
M75	Uno Limit	17:15.44	COR, MR
	(Old COR, MR 18:09.54 Whitey '93)		
M70	Kurt Gelbhaar	12:17.03	CNR, MR
	(Old COR 12:38.2 Richard Bredenbeck USA '78, MR 12:23.57p Kurt '94)		
	Odino Soligo	14:40.84	
	Peter Fellowes	15:01.55	
M65	Ed Whitlock	10:11.60	WR
	(Old WR 10:32.28 William Marshall GBR '93, old COR 11:36.6 John Houlden '89, old MR 11:51.0 Richard Bredenbeck '74)		
	Manuel Teodoro	13:13.79	
M60	Richard Graves	12:15.70	
	Gerhard Krolow	13:01.69	
M55	Robert Moore	10:09.78	COR, MR
	(Old COR 10:15.1 Ray Garrity '89, old MR 10:41 Sam Groves '79)		
	Michael Golding	10:51.66	
	Jack Geddes	10:55.90	
	Hugh Wilson	11:09.58	
	Norm Abbott	11:13.30	
	Dennis Foyle	13:09.58	
	Joseph Kamesnski	15:16.89	
M50	David Sheridan	10:11.72	
	Murray Mostyn	10:24.56	
	Michael Sheridan	10:40.98	
	Gary Cassel	11:15.53	
M45	Bert deVries	10:30.51	

	Gaetan Breton	11:14.61	11
M40	Paul Barron	9:05.93	
	Fred Robbins	9:43.62	
	Gerry Holiday	9:50.66	
	Csaba Nagy	10:35.62	
M35	James Earl	8:58.28	
	Kwai-Wah Ko	10:43.40	

W75	Judith Kazdan	17:17.48	COR, MR
	(Old COR, MR 17:20.68 Judith '95)		
W45	Mary Zadel	14:20.47	
W40	Cathy Tedford	17:11.18	
W35	Joyce Switzer	10:07.29	
	Jocelyne Dumais	13:52.47	

3000M Racewalk

M75	Uno Limit	21:31.5	COR
	(Old COR 21:46.8 George Peterson '88, 18:56.76p Max Gould '93)		
M70	Peter Fellowes	19:34.9	
M65	Salvatore Brancaccio	17:48.8	
M60	Stewart Summerhayes	15:58.2	
	Ron Turner	19:25.4	
M55	Lenard Weinstein	17:52.6	
M50	Mike Freeman	16:44.2	
M45	Steve Feith	18:25.2	
	Bob Ferguson	19:12.7	
W60	June-Marie Provost	19:53.8	COR, MR
	(Old COR 21:28.70 Phyllis Goodlad '92, no previous MR)		
W55	Jeannie McKeigan	20:59.9	
W50	Marilyn Chute	17:52.7	COR, MR
	(Old 18:26.6 Jeanne McKeigan '92)		
	Heather Berry	20:11.2	
W45	Kathy Collins	19:30.8	
W40	Nancy Sweazey	15:24.6	COR, MR
	(Old COR 15:40.7 Jocelyn Richard '84, old MR 15:55.1 Sherry Watts '95)		
	Liliana Whalen	16:56.6	
	Kerry Weaver	18:58.0	
W35	Kelly Ykema	23:24.1	



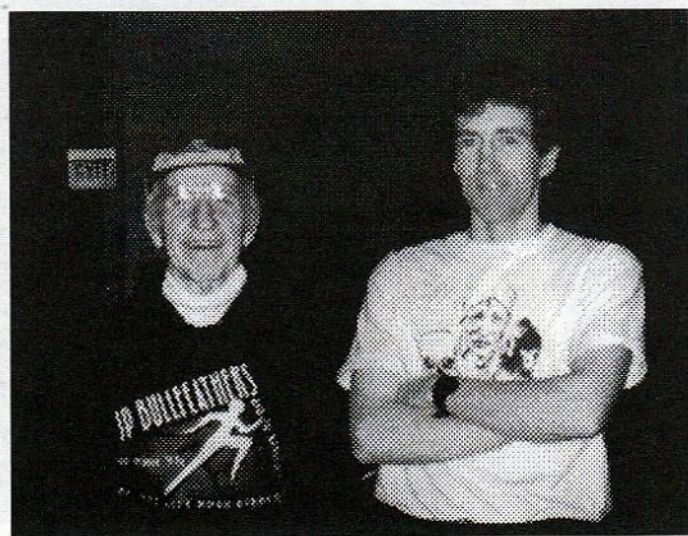
M50 800m start (L-R) Dan Anderson, Jim Wilson, Bruce Mitchell

High Jump

M80	Ian Hume	1.14	MR
	(Old MR 1.13 Ian '95)		
M75	Victor Koresaar	1.11	
	Lembit Saar	1.08	
M65	Max Woerle	1.25	
M60	Roger Burke	1.14	
M55	David Morris	1.34	
M45	Imrick Kiraly	1.55	
	William DeHorn	1.55	
	Steve Bogatek	1.45	
M40	Ken Felepchuk	1.60	
M35	Ambroise Courteau	1.65	
	Tim Manley	1.60	
	Mark Schaber	1.55	
W60	Edith Gray	1.25	Tie WR
	(Tie WR 1.25 Leonore McDaniel USA '91, Old COR 1.15 Helgi Pedal '86)		
W40	Maria Mallia	1.34	MR
	(Old MR 1.32 Rhona Trott '91)		

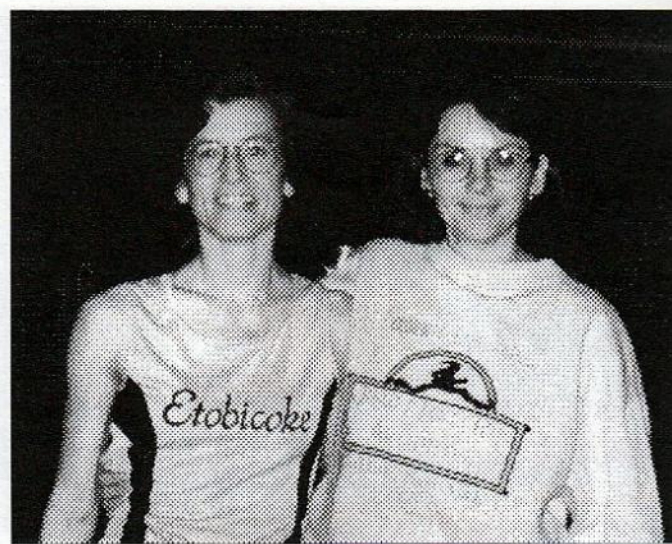
Pole Vault

M80	Ian Hume	1.65	
M55	Brian Merrilees	2.85	
M50	Matti Kilpelainen	3.92	CNR
	(Old CNR 3.40 Stan Egerton '80)		
M45	Hugh Miller	3.63	
	William DeHorn	3.47	
	Tom Rauscher	3.32	
M35	Ambroise Courteau	3.92	
	Mark Schaber	3.77	
	Jim Beatty	3.32	
W60	Edith Gray	1.80	WR
	(Old WR 1.67 Leonore McDaniel '93, no previous COR, or MR)		
W55	Ann Marie Rosenitsch	2.10	COR t
	(ties 2.10 Jutta Riegel '95)		
W45	Chris Kirlis	2.55	COR, MR
	(Old COR, MR 1.80 Barbara Stewart '90)		



Cambridge runners M70 Art Wilson and M40 George Aitkin

Photo - Dorly

Racewalkers W40 Liliana Whalen and W50 Marilyn Chute
Marilyn broke the COR in the 3000mRW Photo - Dorly**Long Jump**

M75	Art Obokata	3.56	
	Harry Miller	2.21	
M65	Kenneth Morris	3.57	
	Chuck Sochor	DNF	
M60	Kesar Poonia	4.27	
	Roger Burke	4.00	
M55	Paul Knuvila	4.72	
	Dave Waddell	4.03	
	Carlos Vernon	3.51	
M50	Alan Slater	5.22	
	Richard Champagne	3.97	
M45	Arnold LaFramboise	4.99	
	Alex Kosturek	4.30	
M40	Erwin Turney	5.68	
	Ken Felepchuk	5.46	
	Patrick Carew	4.59	
W60	Edith Gray	3.77	ties WR
	(Tie WR 3.77 Elizabeth Steedman GBR '94, old COR 2.38 Mary Thomson '89, old MR 2.33 Mary Thomson '89)		
W40	Deborah Lenz	4.27	
W35	Corry Fox	4.62	

Triple Jump

M80	Ian Hume	6.21	
M75	Harry Miller	5.68	
M60	Roger Burke	7.86	
M55	Paul Knuvila	10.38	CNR, MR
	(Old CNR, MR 10.04p Paul '95)		
	Dave Waddell	7.94	
	Carlos Vernon	7.58	
M50	Alan Slater	10.11	
	Richard Champagne	DNF	
M45	Armond LaFramboise	9.78	
M40	Erwin Turney	12.55	



W45 Monica Thomas (L) and W60 Jean Horne in the 800m
Jean's COR of 2:56.6 comes very close to the WR 2:56.75,
but you have to add 0.24 to her hand-timed mark.

Triple Jump Cont...

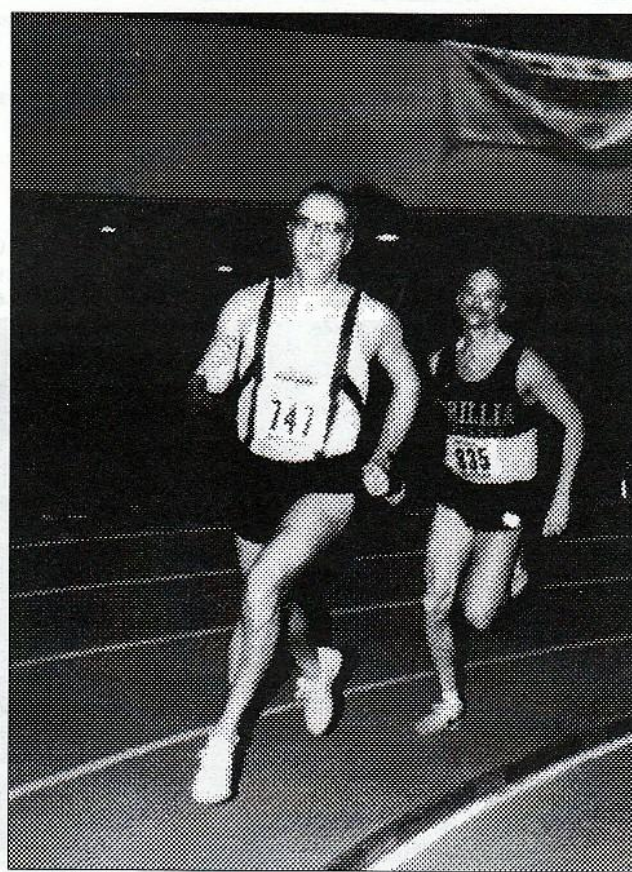
Ken Felepchuk	10.73
Patrick Carew	9.42
Gordon Eddy	9.32

W35	Corry Fox	9.28	CNR
	(Old COR 6.70 Pat Brown '88, 9.72p Corry '95)		

Shot Put

M85	Karl Trei	6.72	COR, MR
	(No previous record)		
M80	Ian Hume	7.86	
M75	Lembit Saar	10.25	
	Victor Koresaar	8.37	
	Harry Miller	7.63	
M70	Garry Bachman	12.27	
	Peder Nielsen	9.3	
M65	Helmut Lange	10.59	
	Ken Pitcher	9.92	
	Evalds Vickers	9.84	
	Max Woerle	9.47	
	Jim Flowers	8.04	
M60	Kesar Singh Poonia	10.63	
M55	Juhan Toomes	10.74	
	David Morris	10.27	
	Donald French	7.01	

M50	Richard Champagne	10.07	
	Maiachi McGruder	10.04	
	Gordon Barnum	7.49	
M45	Alex Kosturek	8.5	
	Roy Chubb	8.26	
	Gary Crawford	6.45	
M40	Mike Stevely	9.12	
M35	Tim Manley	8.77	
W70	Helgi Pedal	7.07	
W65	Velta Thomsons	6.87	
W60	Edith Gray	7.86	
	Lida Sawdyk	6.82	
W55	Adri Roswell	9.00	COR, MR
	(Old COR 7.62p Jutta Riegel '95, old MR 7.90 Edith Gray '95)		
W35	Corry Fox	10.54	



Norm Creen leads Tim Payne in the M45 800m.
Lucky guys...Norm and Ed Whitlock both changed age
categories *three days before* the meet.
Unlucky guy....the Editor turns 45
the day *after* the 1/2 Marathon Championship.

Weight Throw (using new WAVA standards)

M70	Peder Nielsen	12.12
M65	Max Woerle	13.23
	Ken Pitcher	11.63
M55	Juhan Toomes	13.04
	Don French	6.97