

30th Annual Ontario Masters Indoor Track and Field Championships

Saturday March 6, 1999 - York University

Meet Director - Brian Keaveney

Despite blizzard conditions (for the second year in a row), most of the entries (and officials) showed for a very successful meet. **Helgi Pedal** broke the W75 World Record in the High Jump, and **John O'Neill** tied the M75 WR in the 60m. He also tied Percy Duncan's Canadian Record in the 200m.

Some very old records fell. New member **Richard Rock** broke a 22 year old Canadian record in the M40 Long Jump, and **Igor Kononov** broke an 11 year old MR in the M50 Triple Jump.

Rhona Trott broke three Canadian Records in the W50 60, 200, and 400.

Perhaps the most phenomenal athlete on the day was Sudbury's **Kurt Gelbhaar**. Newly turned 75, Kurt laid waste to the Canadian distance records, beating the 800m record by 1:07, the 1500m by 1:17, and the 3000m by 1:23.

A Harold Morioka CAN record is usually etched in granite, but **Kerry Smith** came within 5/100ths of a second to breaking one in the M45 200m.

It was the **30th annual** Ontario Indoor Championships. **Brian Keaveney** has been the Meet Director for the past 14 championships.

60m

W30

Linda Carty 8.69

W40

Katherine Willis 10.35

W50

Rhona Trott 8.94 CAN, MR

(old CAN 9.20 Jutta Riegel '90,
old MR 9.4 Doreen Carmichael '82)

Mary Zadel 10.86

W60

Edith Gray 9.90

Margaret Heilig 10.69

W65

Doreen Carmichael 10.34

M35 Heats

Michael Lee Foon 7.35

Andrew Yap 7.52

Paul Kern 7.57

Willie Price 7.68

Michael Heron 7.84

Glenn White Jr 8.02

Khalid Gafar 8.12

Michael Chapman 8.13

Steve Fletcher 8.15

M35 Final

Michael Lee Foon 7.35

Andrew Yap 7.49

Willie Price 7.55

Paul Kern 7.61

Michael Heron 7.64

Khalid Gafar 8.38

M40 Heats

Val Grose 7.58

John Varone 8.12

Rob Malpus 8.25

Ron Williams 8.31

Cassius Richards 8.32

Mark Schaber 8.62

Jaswant Grewal 8.83



M35 60m Final 1,2,3 (L-R) Michael Lee Foon, Andrew Yap, Willie Price

M40 Final

Val Grose	7.48
John Varone	7.96
Cassius Richards	8.14
Ron Williams	8.18
Rob Malpus	8.20
Mark Schaber	8.50
Jaswant Grewal	8.99

M45

Kerry Smith	7.59
Roy Chubb	8.24
Wayne Spitz	8.24
Rufus Samuel	8.34
Jim Geer	8.54
Paul Claravella	8.99

M50

Robert Lloyd	7.91
Richard Lech	7.98
Jean-Pierre Mayer	8.20
Dave Treleaven	8.30
Alberto Aguirre	10.48

M55

Ken Mollineau	8.81
Mike Morris	9.07
Bill Day	10.36

M60

Dev Sharma	8.83
Clark Little	9.10
Hugo Bain	10.14

M65

Paul Lehmkuhl	8.89
Kesar Singh Poonia	9.65

**M60 Hugo Bain (L) and M55 Dan Anderson****M70**

Chuck Sochor	8.93
Jim Flowers	9.78

M75

John O'Neill 8.95 WR tie
(old WR 8.95 Tim Murphy USA '97
old CAN, MR 9.43 Max Pickl '93)

M85

Karl Trei	13.45
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60mH**W60**

Edith Gray	13.19
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M35

Andrew Yap 8.86 CAN, MR
(old CAN 9.34 Val Sargeant '96, Glenn Chipcar '98,
old MR 8.90 Dan Glushefski USA '94 & '97)
Glenn White Jr 9.25

M40

Ron Williams	12.50
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M55

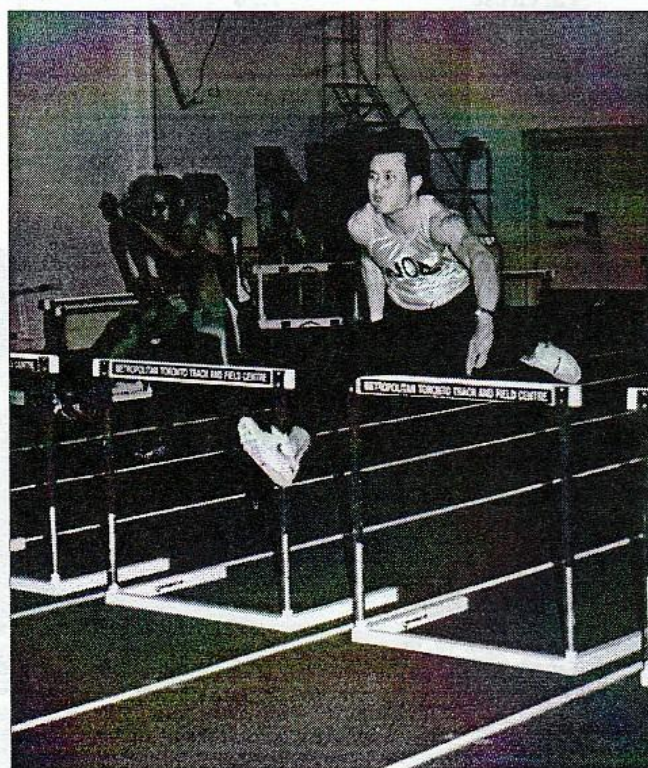
Dan Anderson	20.01
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M60

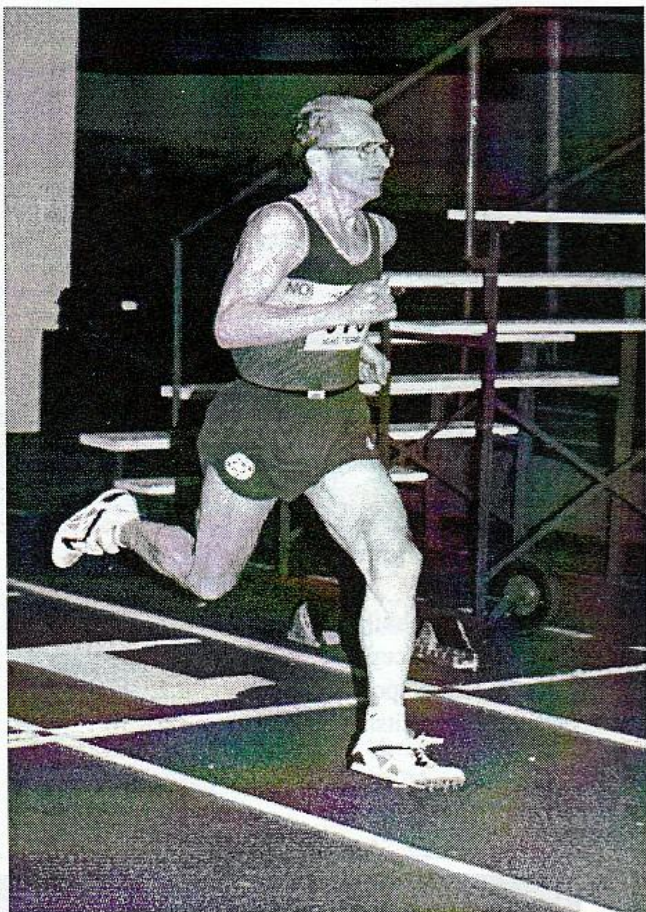
Hugo Bain	12.98
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M70

Chuck Sochor USA 11.11 MR*
(old MR 11.23 Chuck '98,
faster than CAN 11.3 Ian Hume '85)
Jim Flowers 13.90

**M35 Andrew Yap** on his way to a new CAN record.

Andrew also broke the CAN record in the
110mH at the Outdoors in London last summer.



M69 & 11/12ths **Earl Fee** in his last race in the 60's.
Earl turned 70 later in the month.

200m

W30

Linda Carty 28.65

W40

Carol Felepchuk 30.08

Katherine Willis 34.29

Judy Sherrard 34.98

W45

Brigita Ervin 33.05

W50

Rhona Trott 30.23 CAN, MR

(old CAN 30.5 Ann Marie Rosenitsch '92,

old MR 31.15 Ann Marie '91)

Mary Zadel 37.41

W55

Ann Marie Rosenitsch 34.27

W65

Doreen Carmichael 43.07

M35

Michael Lee Foon 23.24

Paul Kern 25.61

Michael Morrison 26.00

Michael Chapman 26.84

Khalid Gafar 27.76

M40

Val Grose 25.34

Rob Malpus 26.62

Vladislav Jevremovic 29.87

Ron Williams 32.10

Richard Rock 37.70

M45

Kerry Smith 23.87 MR

(old MR 24.35 Les Hale '98)

Jim Geer 28.13

Rufus Samuel 28.14

Roy Chubb 28.81

M50

Robert Lloyd 25.95

Richard Lech 26.70

Wayne Martinez 27.95

Dave Treleaven 29.06

Alberto Aguirre 32.98

M55

Bruce Mitchell 29.53

Ken Mollineau 29.61

Hugh Wilson 32:36

M60

Dev Sharma 29.58

Clark Little 30.46

Jim Pascoe 32.06

Hugo Bain 36.62

M65

Earl Fee 29.60

George Gluppe 33.21

Kesar Singh Poonia 33.51

M70

Chuck Sochor USA 29.78 MR*

(old MR 30.24 Chuck '98,

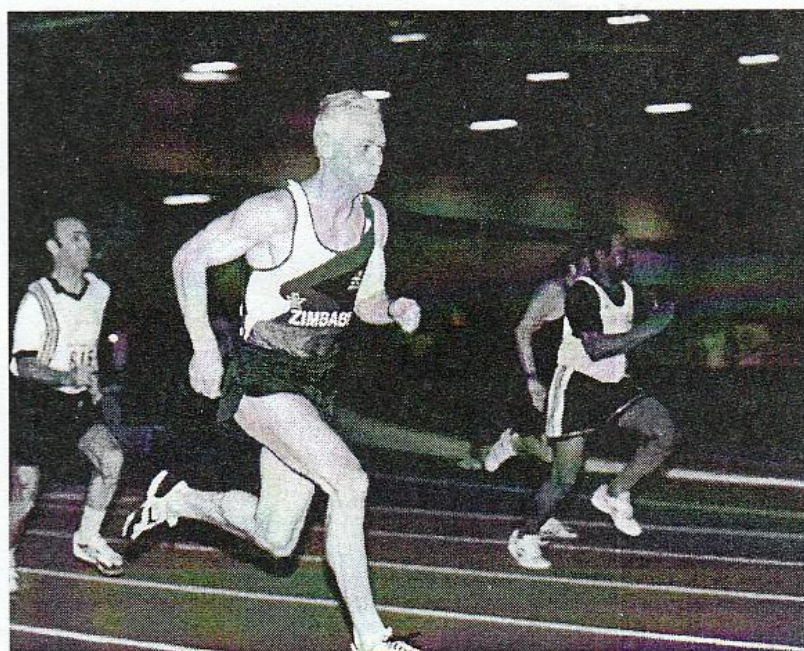
*faster than the CAN record of 30.69)

Jim Flowers 33.51

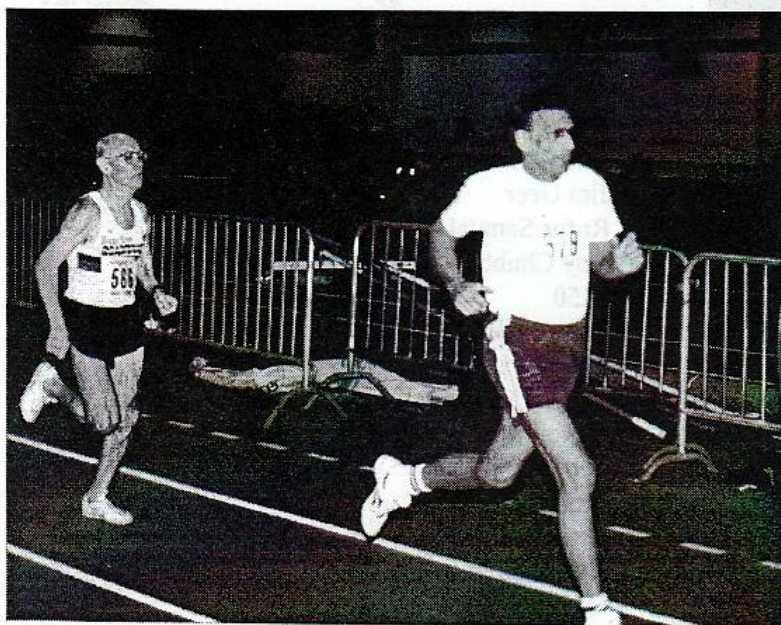
M75

John O'Neill 33.07 CAN, MR tie

(tied CAN, MR 33.07 Percy Duncan '90)



M45 Kerry Smith sets a new Meet Record in the 200m.



M60 400m winner Dev Sharma leads Jim Pascoe

400m

W40

Carol Felepchuk	1:07.45
Katherine Willis	1:15.33
Judy Sherrard	1:21.58

W50

Rhona Trott	1:08.19 CAN, MR
(old CAN 1:09.00 Ann Marie Rosenitsch '92, old MR 1:09.4 Ann Marie '92)	
Mary Zadel	1:21.01

M35

Michael Morrison	58.35
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M40

Rob Bracey	57.26
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M45

Gerald Feeney	55.91
Dan Swanson	58.95
Michael Carter	59.52
Jim Geer	63.18

M50

Robert Lloyd	59.29
Wayne Martinez	63.61
Ken Glance	65.70
John Powell	DNF

M55

Hugh Wilson	68.76
Dan Anderson	70.36

M60

Dev Sharma	66.66
Jim Pascoe	69.16
Gerhard Krolow	74.97

M65

Earl Fee	62.37 MR
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(old MR 62.4 Chuck Sochor '93)

M70

Chuck Sochor	71.67
Jim Flowers	89.06

M75

John O'Neill	DQ
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800m

W40

Chris Marino	2:58.29
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W50

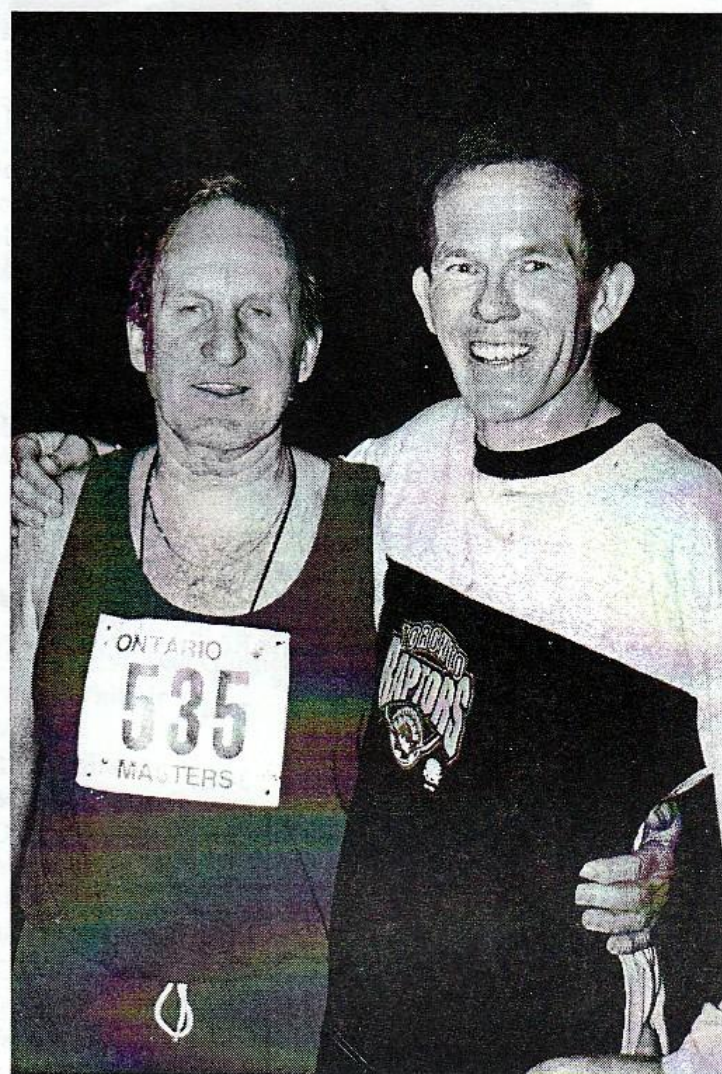
Linda Findley	2:42.28
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M35

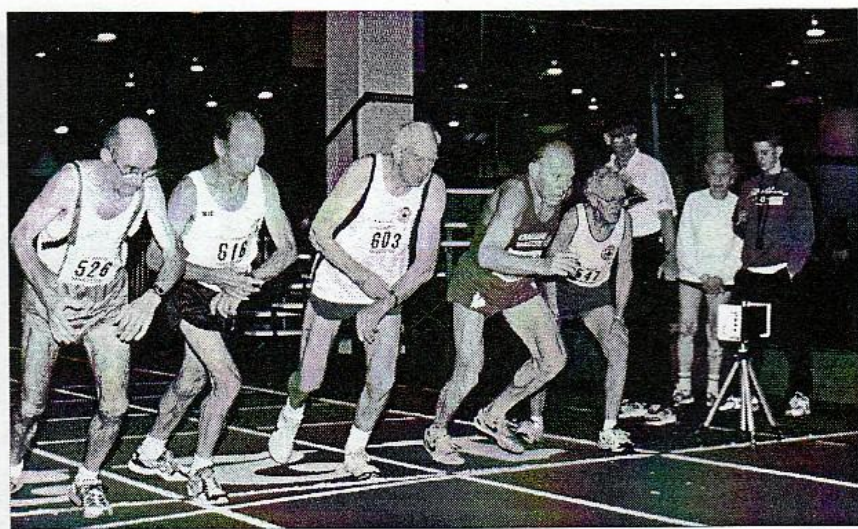
Chris Kilford	2:18.89
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M40

Fred Robbins	2:15.56
Rob Bracey	2:16.55
Ken Felepchuk	2:25.17
Bruce Fritshaw	2:51.56



M60 Jim Irons and M40 Robert Bracey after the 800m.



1500m (L-R) M60's Jack Geddes & Gerhard Krolow,
M70 Don Farquharson, M75 Kurt Gelbhaar, and M80 Les Leyland

M45

Gerald Feeney	2:12.38
Joseph Chimino	2:13.26
Michael Carter	2:22.15
Ted Paget	2:22.22
Tim Payne	2:24.03
William McMullen	2:24.04

M50

Ken Glance	2:48.07
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M55

Hugh Wilson	2:50.33
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M60

Jim Irons	2:35.80
Hyke van der Wal	2:41.91
Gerhard Krolow	2:51.59

M65

Earl Fee	2:24.76
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M70

Don Farquharson	DNF
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M75

Kurt Gelbhaar	3:09.76 CAN, MR
(old CAN 4:16.0 Hugh Yeomans '91, no previous MR)	

M80

Les Leyland	3:58.21 CAN, MR
(no previous records)	
Whitey Sheridan	7:55.98

1500m

W35

Louise Soucy-Fraser	5:22.92
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W50

Linda Findley	5:26.22
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W55

Marilyn Morehead	6:35.43
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W60

Merion Knight	6:49.33
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W75

Judith Kazdan	8:39.09
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M35

(hand timed)

Tim Andrew	4:34.0
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M40

Fred Robbins	4:41.9
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M45

Tim McMullen	4:18.9
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Charlie McMullen	4:24.4
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John Clarke	4:31.9
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George Aitkin	4:35.2
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Joseph Chimino	4:38.6
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Tim Payne	4:41.7
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Ted Paget	4:43.4
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William McMullen	4:44.1
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Daryll Davies	4:55.4
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M50

Gary Hastings	4:49.1
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Ronald Ruffin	5:00.9
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M55

Robert Moore	5:02.6
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Vern Christensen	5:21.2
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Hugh Wilson	5:30.8
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M60

Jack Geddes	5:04.8
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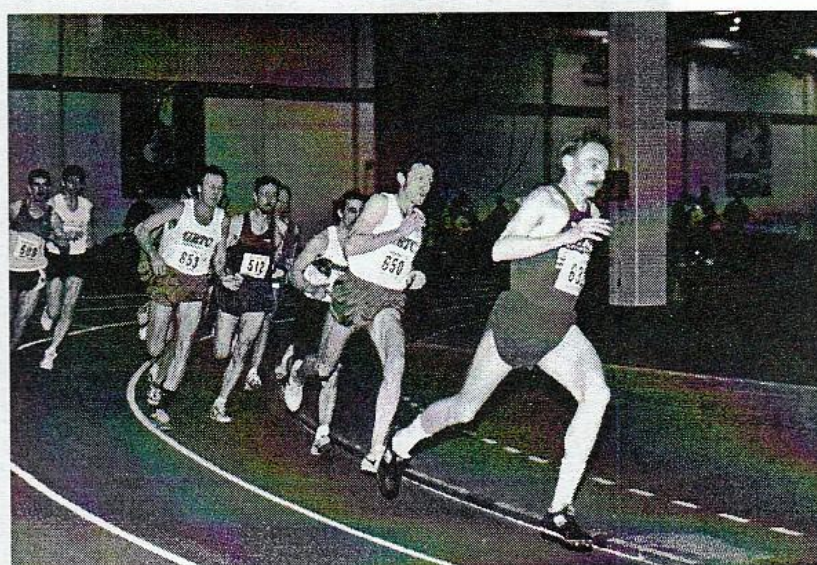
Gerhard Krolow	5:49.7
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M75

Kurt Gelbhaar	6:12.0 CAN, MR
(old CAN, MR 7:29.0 Odino Soligo '98)	

M80

Les Leyland	7:44.5
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M40 Fred Robbins leads the M35-49 1500m field in the first lap.

3000m (hand timed) *Grand Prix Points***W35**

Louise Soucy-Fraser	12:07.1	1
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W40

Janice Robinson	11:45.9	
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Chris Marino	12:27.2	2
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Katherine Willis	12:35.3	1
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W45

Cathy Tedford	16:47.5	1
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W75

Judith Kazdan	18:55.7	1
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M35 (electronic timed)

Tim Andrew	9:52.62	1
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M40

Jerry Kooymans	9:03.66	7
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Fred Robbins	9:44.93	
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Joe Allegretti	9:59.49	6
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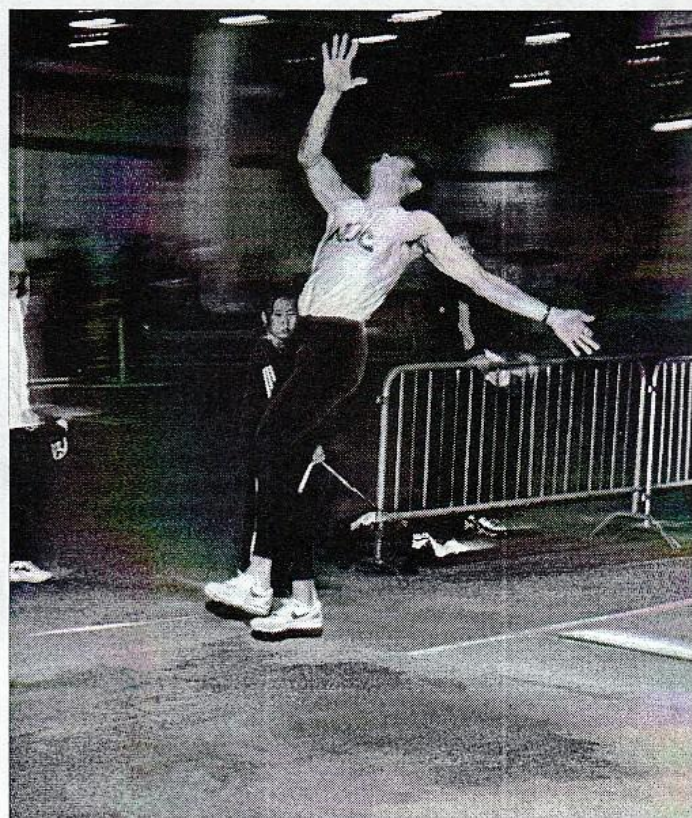
Ray Pacque	10:10.07	5
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Larry Longo	10:41.88	4
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Bruce Campbell	10:51.39	3
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Horst Scheddin	11:30.62	2
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Vladislav Jevremovic	11:55.11	1
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**M35 Anrew Yap in the Long Jump****M45**

George Aitkin	9:51.44	4
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John Clarke	9:57.25	3
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Keith Rodrigues	10:36.38	2
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Roger De Plancke	10:52.36	
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Doug Smith	12:03.10	1
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M50

Michael Sheridan	10:37.69	5
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Gary Cassel	10:43.16	4
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Murray Mostyn	10:46.41	3
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Jimmy O'Brien	10:50.75	2
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Andre Kocsis	12:17.81	1
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Francis Janczak	13:33.89	
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M55

Robert Moore	10:32.91	2
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Vern Christensen	11:44.96	1
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M60

Jack Geddes	11:00.29	2
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Gerhard Krolow	12:33.00	1
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M65

Ed Whitlock	10:32.47	3
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Richard Graves	13:17.55	2
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Morgyn Paterson	15:03.81	1
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M70

Felix Charles	15:10.31	1
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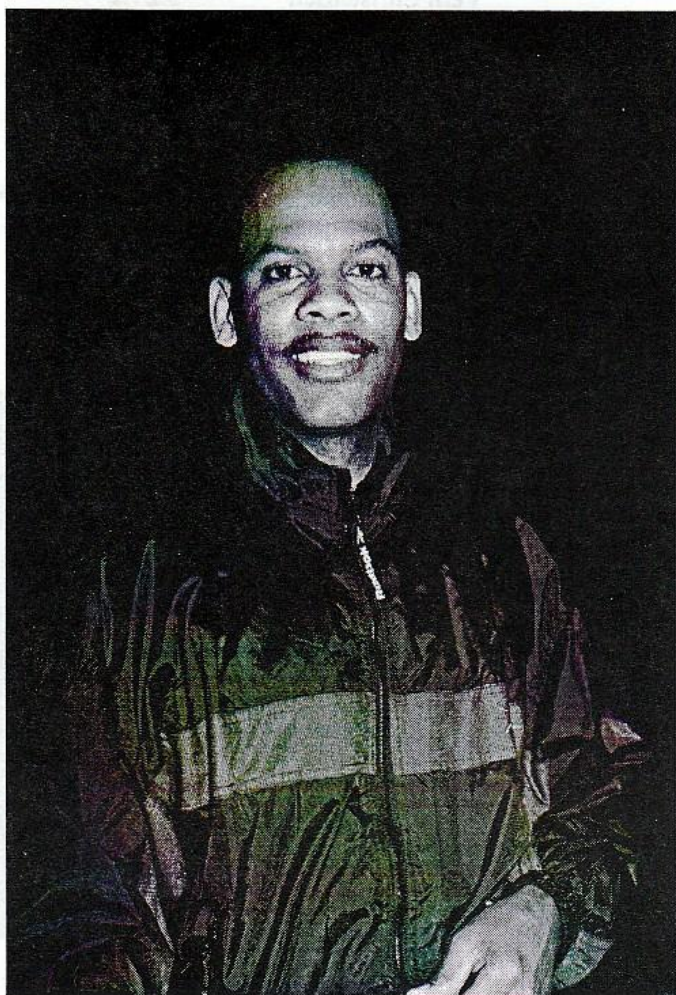
M75

Kurt Gelbhaar	13:27.10	CAN, MR	1
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(old CAN, MR 14:50.00 Odino Soligo '97)

M80

Les Leyland	16:54.13	
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**M40 Richard Rock** after breaking the 22 year old CAN record in the Long Jump.

3000m Racewalk (hand timed)

W45

Sherry Watts 16:46.3 MR
(old MR Marilyn Chute '94)

W50

Aggie Ramsden 20:13.0

W55

Ann Marie Rosenitsch 18:03.0 CAN, MR

(old CAN 18:29.0 June-Marie Provost '90,

old MR 19:25.5 Joan Sutherland '91)

Jeanne Bocci 20:11.0

M35

Thomas Jenkins 14:55.8

M50

Don Ramsden 17:32.1

M55

Mike Freeman DQ

M60

Stuart Summerhays 16:34.3

Bruno Apollonio 18:33.8

M65

John Weston 20:28.8

M70

Salvatore Brancaccio 18:53.5

High Jump

W60

Edith Gray 1.21

W75

Helgi Pedal 1.08 WR

(old WR 0.94 Katrina Smildzina URS '97

no previous CAN or MR)

M35

Greg Crosswell 1.65

M40

John Varone 1.65

Bev Lepard 1.55

Bill Mathers 1.55

Mark Schaber 1.45

M45

Roy Chubb 1.35

M50

Jean-Pierre Mayer 1.52

Francis Janczak NH

M55

Bob Campbell 1.43

Fred Quick 1.15

M60

Dave Morris 1.27

Gerhard Krolow 1.03

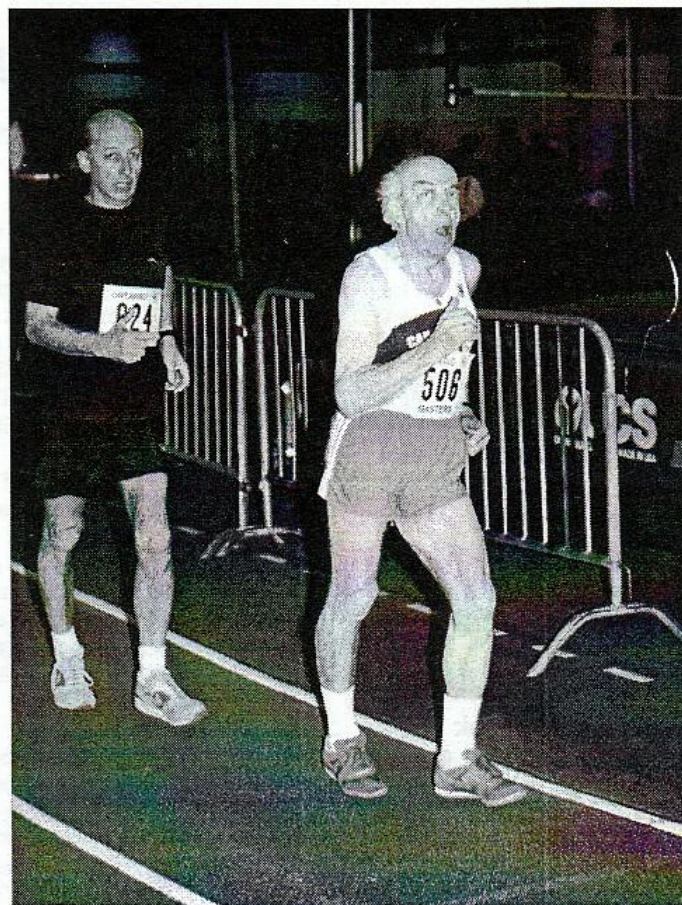
M65

Paul Lehmkuhl 1.24

Max Woerle 1.21

M70

Jim Mathers 1.21



M70 Sal Brancaccio leads M60 Bruno Apollonio

Sal owns the M70 meet record that he set in '98.

M75

Peder Nielsen 1.10

M80

Lembit Saar 1.03

Pole Vault

W60

Edith Gray 1.72

M40

Mark Schaber 3.60

M45

Rufus Samuel 2.72

Roy Chubb 2.12

M50

Matti Kilpelainen USA 3.95*

(betters CAN 3.50 Ron Nastiuk '95)

Hugh Miller 3.15

M55

Fred Quick 1.92

M60

Brian Merrilees 2.82

M65

Max Woerle 2.02

M70

Jim Mathers 2.12

Stan Egerton NH

Long Jump

W60

Edith Gray 3.52

M35

Willie Price 6.04

Michael Morrison 5.38

Andrew Yap 5.21

M40

Richard Rock 6.16 CAN, MR

(old CAN 6.06 Vladimir Kostic '77,
old MR 6.13 Bill Wood '87)

Bill Mathers 4.54

Jaswant Grewal 4.50

Ron Williams 4.45

Bruce Campbell 4.42

Bruce Fritshaw 3.72

M50

Richard Lech 5.48

Dave Treleaven 4.79

Francis Janczak 4.33

M55

Dan Anderson 3.77

M60

Hugo Bain 3.81

M65

Paul Lehmkuhl 4.21

Kesar Singh Poonia 3.93

M70

Chuck Sochor 4.28

Jim Mathers 3.41

M85

Karl Trei 2.43

Triple Jump

M40

Nabil Nahri 10.25

Bill Mathers 10.14

Jaswant Grewal 9.23

Bruce Campbell 7.91

M50

Igor Konovalov 11.62 MR

(old MR 11.39 Ed Andrade '88)

Francis Janczak 9.14

M65

Paul Lehmkuhl 8.42

Kesar Singh Poonia 8.33

M70

Jim Mathers 7.04

Shot Put

W65 3kg

Doreen Carmichael 7.04

W70

Velta Tomsons 7.26

W75

Helgi Pedal 6.83 CAN, MR
(no previous records)

M40 7.26kg

Nabil Nahri 9.96

M45

Roy Chubb 8.34

M50 6kg

Jean-Pierre Mayer 13.37 CAN, MR

(old CAN, MR 12.90 JP Mayer '98)

M55

Mastan Singh Kotkapura 8.13

M60 5kg

Juhan Toomes 10.90

David Morris 10.01

M65

Kesar Singh Poonia 10.40

Max Woerle 8.98

M70 4kg

Evalds Viskers 9.99

M75

Garry Bachman 11.39 CAN, MR

(old CAN, MR 11.32 Garry '97)

Peder Nielsen 8.67

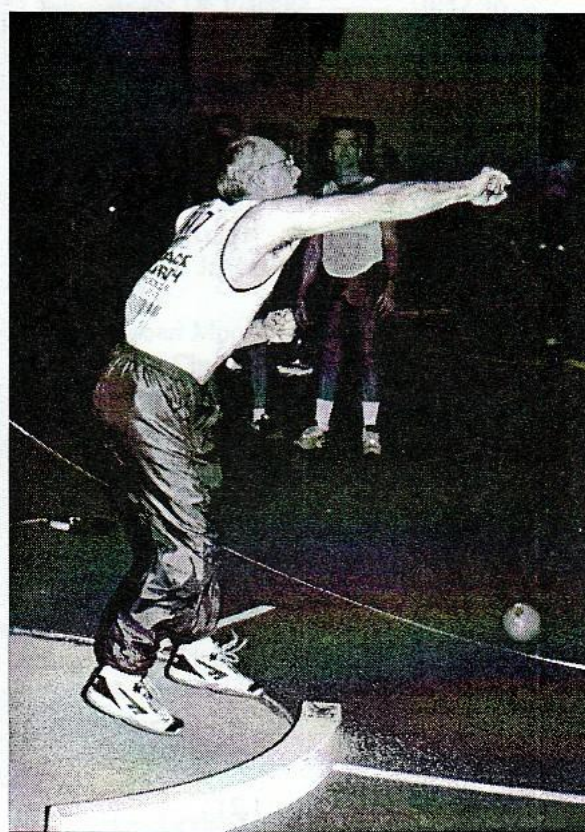
M80

Lembit Saar 9.13m CAN, MR

(old CAN, MR 8.91 Ian Hume '95)

Aleks Upmalis 8.98

Weight Throw - event not held this year.



M50 Jean-Pierre Mayer breaks his own CAN record.