



Ontario Masters Director Jim Pascoe presents the *Jim Breslin Trophy* to Bruce Cambell and the Lakeshore Masters winners of the OMTFA Team Cross Country Series '99.
(L-R) Jim, Kerry Koblinsky, Bruce, Denny Creighton, John Meijer, (fnt) Wayne Morris, Richard Butlin, Al Davis.

OMTFA cross country series

Congratulations go out to **Lakeshore Masters** for their win in the OMTFA cross-country series. The club not only won the series but finished first in each of the five events.

The series consisted of five events that included "The Bruce's Twosome", in Etobicoke, the CMAA relay, and OMTFA 8k, in Sunnybrook, plus the Provincial Championship, and National Championship in Etobicoke. The first race in the series was well organised by Etobicoke Huskies, and it was a great day, unfortunately the turn-out was low. In fact just three clubs managed to field a six-runner team; **Lakeshore Masters**, **Scarborough Masters**, and **Rouge River**. One of the competition regulations was that all five events were to be completed, thus it became a three team competition, that was a disappointment, it was the hope that five or six teams would be involved. In the four events following that first one we had seven and eight teams involved.

In the actual competition **Lakeshore** finished first in each event while **Scarborough** and **Rouge River** exchanged second and third places throughout the first four events. **Rouge River** failed to field a full team for the last event.

It was an auspicious beginning for **Lakeshore Masters**. The club was formed just this year, a "spin-off" from the **Adelaide Club**, and they managed to recruit some very talented 35 and 40 year-olds all of whom went at the cross-country series with determination and enthusiasm.

The series will go again in 2000 and we will change the rules a bit, to be more flexible. There will be six races next year, the same five as 1999 plus the 5k in Taylor Creek. The series points will be determined for three, or four races, (to be decided), but at least two must be the OMTFA 8k, and the CMAA relay.

The series results have been listed on the web-site www.3symapico.ca/ontario.masters, but for those of you not on the Internet here is a summary.

	#1	#2	#3	#4	#5	total
Lakeshore	47	52	49	50	33	231
Scarborough	70	59	70	70	49	318
Rouge River	68	66	55	64	0	319

In the table below all team are listed with the total points shown for the "best-three" events.

	#1	#2	#3	#4	#5	Total
Lakeshore M	47	119	128	132	140	294
Georgetown			73	158	124	355
Rouge River	68	177	133	162		363
Scarborough M	70	148	175	173	197	391
Etobicoke HS		152	128	126	184	406
Longboat RR		237	122		148	507
TOC				67	56	123
Cambridge H		255			188	443
River Valley					119	119
Metro Fitness		141				141
London P			170			170

The team turn-out in that first event was poor but in the remaining four events we had seven and eight teams involved. The National championship had the largest turn-out of the series, over 170 entries and more than 150 finishers. The age-divisions M40 and M50 team race in this event were both hotly contested.

Five teams in the M40 group with **TOC** (Kooymans, J.Craig, McKeigan, Moore) moving well ahead of **River Valley** (Wood, Lehmann, Morley, Renfrew), and **Georgetown** (Grace, John Clarke, vanBuskirk, Ackroyd) in third. In the M50 group with six teams, **North Bay** (Northey, Horwich, Hale, N.Dunford) well ahead of **Rouge River** (Mostyn, Simser, Pickard, Pascoe) and **Longboat** (Bedley, deVries, Connolly, Strapenhurst). In the M60 group **Etobicoke** (Crichton, Graves, Jones, Paterson) comfortably won their division.

In the ladies division W35 was **Etobicoke** (Soucy-Fraser, Guy, Burke, Snarr) while in the W40 it was **Longboat** (Emo, Wells, Oger, Morrow).