

31st Ontario Masters Outdoor Track & Field Championships

McMaster University - Hamilton

June 15-16, 2002

Hosted by the Stoney Creek Track Club

Meet Director - Val Sarjeant

M35 -100m-	
Brett Kelly	12.11
Tim Kemp	13.07
M40 -100m-	
Joe Baptiste	12.74
Rodney Wilson	12.81
Melville White	12.99
M45 -100m-	
Ken Frazer	13.77
Henry Cirocici	13.85
M50 -100m-	
Richard Lech	12.93
Roy Chubb	13.58
M60 -100m-	
Mike Morris	13.48
Alan Slater	13.99
Malachi McGruder	14.38
Dave Stern	14.48



M60 100m - Malachi, Alan, David, Mike



M65 100m - Charles, Clark, Hugo, Harvey, Kesar

M65 -100m-	
Charles Agnoo	14.53
Clark Little	14.91
Kesar Singh Poonia	15.41
Harvey Boles	16.62
Hugo Bain	17.41
George Horton	DNF
M70 -100m-	
Bill.E Thompson	15.99

W30 -100m-	
Sara Gooze	14.68
W40 -100m-	
Leslie Estwick	13.53
W45 -100m-	
Karla Del Grande	14.53
Denise Hogg	15.85
W50 -100m-	
Rhona Trott	14.70

M35 -200m-	
Paul Robinson	26.20
Tim Kemp	27.44
M40 -200m-	
Joe Baptiste	26.17
Nabil Nahri	27.27
M45 -200m-	
Wayne Gagne	27.04
Ken Frazer	28.12
M50 -200m-	
Michael Carter	28.07
Roy Chubb	28.58
M55 -200m-	
Dale Gaide	28.72
Bruce Mitchell	29.83
M60 -200m-	
Mike Morris	29.30
Malachi McGruder	31.34
Joseph Berger	59.59



Earl Fee breaking his friend Chuck Sochor's MR in the 300mH.

M65 -200m-	
Charles Agnoo	30.63
Dev Sharma	30.93
Clark Little	31.78
Kesar Singh Poonia	34.35

W35 -200m-	
Maureen Rodrigue	27.37
W45 -200m-	
Karla Del Grande	30.02
W50 -200m-	
Rhona Trott	31.31

M35 -400m-	
Sheffield Smith	60.69
Paul Robinson	DNF
M40 -400m-	
Mark Gundy	56.68
Joe Baptiste	57.68
Kenny Jackman	63.88
M45 -400m-	
Wayne Gagne	58.98
Ken Frazer	62.42
Henry Cirocici	65.99
M50 -400m-	
Michael Carter	60.57
M55 -400m-	
Dale Gaide	62.13
John Powell	74.35
M60 -400m-	
Mike Morris	68.70
M65 -400m-	
Dev Sharma	69.10
M70 -400m-	

Earl Fee	65.71
W45 -400m-	
Karla Del Grande	70.07
W50 -400m-	
Rhona Trott	73.19
W65 -400m-	
Jean Horne	79.44
M30 -800m-	
Trevor Van Nest	2:05.66
M35 -800m-	
Brian Berresford	2:27.37
M40 -800m-	
Ronald Jardine	2:12.45
Mark Gundy	2:13.91
Joe Lanteigne	2:24.66
Kenny Jackman	2:37.09
M50 -800m-	
Michael Carter	2:22.32
Don Krueger	2:49.19
M55 -800m-	
Dale Gaide	2:25.95
Bill Millward	2:38.28
M60 -800m-	
Jack Geddes	2:41.65
M65 -800m-	
Jack Miller	2:34.08
M70 -800m-	
Earl Fee	2:32.27



Leslie Estwick breaking the MR in the 80mH

W35 -800m-	
Maureen Rodrigue	2:34.75
W40 -800m-	
Katherine Willis	2:48.00
W45 -800m-	
Karla Del Grande	2:44.40
W55 -800m-	
Mary Zadel	3:07.39
W65 -800m-	
Jean Horne	3:05.72

M35 -1,500m-	
Vince Friel	4:12.56
M40 -1,500m-	
Tim Andrew	4:33.19
Ray Pacque	4:39.34
M45 -1,500m-	
George Aitkin	4:39.14
John Byrne	5:04.95
Alan Davis	5:14.04
M55 -1,500m-	
Dale Gaide	5:02.83
Gary Cassel	5:09.43
Bill Millward	5:10.48
Andre Kocsis	6:01.48
M60 -1,500m-	
Vern Christensen	5:41.97

M70 -1,500m-
Ed Whitlock 5:41.50 MR
 (old MR 5:43.71 Kurt Gelbhaar '93)



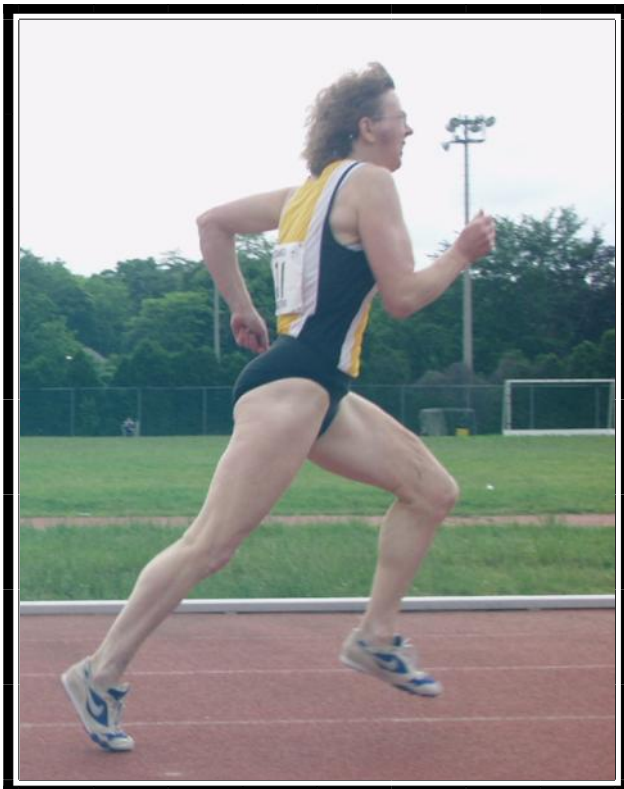
M65 100mH - Bob Land, Kesar Singh Poonia, Hugo Bain

W35 -1,500m-	
Colleen Hopkins	4:59.58
W50 -1,500m-	
Linda Findley	5:39.55
W55 -1,500m-	
Mary Zadel	6:32.24
W60 -1,500m-	
Jeannie McKeigan	8:52.22
W65 -1,500m-	
Jean Horne	6:31.21

M40 -5km-	
James Earl	16:54.25
Joe Lanteigne	17:09.06
Des Moloney	17:32.94
Les Yatabe	18:26.16
Mikhail Gorbounov	18:49.45
M45 -5km-	
Mike Vidito	17:12.29
George Aitkin	17:24.56
Glen Fitchett	18:57.44
M50 -5km-	
Don Krueger	20:42.02
Doug Smith	22:16.05
M55 -5km-	
Gary Cassel	19:30.09
Michael Sheridan	19:59.11
Peter Dilalla	21:17.56
Andre Kocsis	22:19.82
M60 -5km-	
Jack Geddes	19:25.08
Chris Mackie	19:43.50
Brian Drewett	20:30.82
Vern Christensen	20:58.23
M65 -5km-	
Ron Crichton	21:20.42



M70 Ed Whitlock breaks Kurt Gelbhaar's MR in the 1500m.
M60 Vern Christensen finishes just behind Ed.



W50 Rhona Trott broke the CAN record in the 300mH.

M70 -5km-	
Ed Whitlock	21:16.98
Morgyn Paterson	26:00.50
Felix Charles	27:28.90

W35 -5km-	
Colleen Hopkins	18:25.70
W45 -5km-	
Nanci Patten-Sweazey	21:10.39
W50 -5km-	
Linda Findley	DNF
W60 -5km-	
Joan Christensen	26:13.20

M55 -10km-	
David Sheridan	40:29.27
M60 -10km-	
Brian Drewett	42:39.94
Duncan Mounsey	46:50.16
M65 -10km-	
Richard Graves	48:29.35



W45 Nanci Sweazey broke the CAN 5K Walk record.

W45 -10km-	
Cathy Tedford	1:05:59.00
W50 -10km-	
Frieda Wahl	53:08.43

M70 -80m HH 0.762M-		
Earl Fee	16.70	
W40 -80m HH 0.762M-		
Leslie Estwick	12.10	MR
(old MR 13.3 Liz McBlain '88)		
M65 -100m HH 0.840M-		
Kesar Singh Poonia	22.10	
Hugo Bain	23.08	
Bob Land	25.07	
M70 -300m LH 0.686M-		
Earl Fee	53.81	MR
(old MR 54.72 Chuck Sochor '99)		



W50 Lily Whalen broke the CAN record in the 5K Walk.



M55 Hugh Miller broke the CAN record
as well as Stan's 19 year old MR.

W50 -300m LH 0.762M-
Rhona Trott 57.44 CAN, MR
(old CAN 1:01.6 Ann Marie Rosenitsch '95 Hamilton
no previous MR)
W35 -400m LH 0.762M-
Maureen Rodrigue 70.05 MR
(old MR 75.75 Carol Felepchuk '96)

Don Farquharson Memorial Steeplechase

M60 -2km SC-
Vern Christensen 8:51.85
M40 -3km SC-
Stephen Keating 11:00.34
M50 -3km SC-
Michael Carter 12:51.98
Doug Smith 14:00.82

M55 -5km WALK-
Don Ramsden 29:31.54
M65 -5km WALK-
Stuart Summerhayes 30:19.27
W40 -5km WALK-
Kitty Cashman 28:34.88
W45 -5km WALK-
Nanci Patten-Sweazy 25:53.26 CAN, MR
(old CAN 26:21 Laura Lynn '97 Toronto,
old MR 27:52.66 Nanci '01)
Sherry Watts 28:53.05
W50 -5km WALK-

Liliana Whalen 29:10.02 CAN, MR
(old CAN 29:46 Marilyn Chute '95 Dearborn MI,
old MR 30:25.38 Marilyn Chute '97)

W55 -5km WALK-
Marilyn Chute 31:47.48
W60 -5km WALK-
Joan Christensen 33:01.32
Jeannie McKeigan 37:34.85
W65 -5km WALK-
June-Marie Provost 32:27.04

M35 -HJ-
Jean Francois Latour 1.35m
M50 -HJ-
Jean-Pierre Mayer 1.50m
Roy Chubb 1.35m
M60 -HJ-
David Morris 1.15m
M65 -HJ-
Bob Land 1.30m
Harvey Boles 1.15m
Hugo Bain 1.15m
M70 -HJ-
Max Woerle 1.15m
Jim Mathers 1.10m
Eric Malmstrom 1.00m

M40 -PV-
Mark Schaber 3.30m
M50 -PV-
Roy Chubb 1.90m

M55 -PV-
Hugh Miller 3.30m CAN, MR
(old CAN 3.25 Brian Merrilees '95 Buffalo
old MR 3.00 Stan Egerton '83 – Brian Merrilees '97)

M65 -PV-
Bob Land 2.40m
Harvey Boles 2.15m

M35 -LJ-
Paul Keating 4.61m
M40 -LJ-
Peter Stasiuk 6.16m
Kenny Jackman 5.47m
M45 -LJ-
Henry Ciocici 4.78m
M50 -LJ-
Jean-Pierre Mayer 5.29m
Richard Lech 5.20m

M60 -LJ-
Alan Slater 5.05m CAN, MR
(old CAN 4.93 Ian Hume '79 Hanover GER
old MR 4.77 Ian '79)

M65 -LJ-
Kesar Singh Poonia 3.82m
Hugo Bain 3.57m
Harvey Boles 3.41m
M70 -LJ-
Jim Mathers 3.05m
Eric Malmstrom 2.94m



Leslie Estwick broke the CAN record in the LJ.

W40 -LJ-

Leslie Estwick 5.28m CAN, MR
(old CAN & MR 4.95 Liz McBlain '88 Etobicoke)

M35 -TJ-

Paul Keating 9.30m
Jean F Latour 9.19m

M40 -TJ-

Kenny Jackman 11.25m

M50 -TJ-

Jean-Pierre Mayer 10.24m

M60 -TJ-

Alan Slater 10.60m CAN, MR
(old CAN 10.50 Ian Hume '81 Gothenburg SWE
old MR 9.89 Ian '79)

M65 -TJ-

Kesar Singh Poonia 8.10m
Harvey Boles 7.44m

M70 -TJ-

Jim Mathers 5.81m

M35 -SP 7.26KGM-

Jean F Latour 9.66m

M40 -SP 7.26KGM-

Nabil Nahri 9.95m

Kenny Jackman 7.53m

M45 -SP 7.26KGM-

Bill Pearson 10.41m

M50 -SP 6.0 KGM-

Jean-Pierre Mayer 13.18m

Rudy Boghina 11.28m

Roy Chubb 8.83m

M60 -SP 5.0 KGM-

Bill Rykhus 11.14m

Malachi McGruder 10.08m

Joseph Berger 9.11m

David Morris 9.11m
M65 -SP 5.0 KGM-
Kesar Singh Poonia 9.65m
Richard Kihn 9.43m
Alf Sundin 8.77m
Harvey Boles 8.68m
M70 -SP 4.0 KGM-
Eric Malmstrom 8.07m
M75 -SP 4.0 KGM-
Evalds Viskers 8.95m

W70 -SP 3.0 KGM-

Velta Tomsons 7.12m

M35 -DT 2.0 KGM-

Jean F Latour 30.57m

M40 -DT 2.0 KGM-

Joe Harding 29.00m

M45 -DT 2.0 KGM-

Jeff Shervington 31.04m

M50 -DT 1.5 KGM-

Jean-Pierre Mayer 41.27m

Rudy Boghina 34.85m

M55 -DT 1.5 KGM-

John Kasperski 39.58m MR
(old MR 37.88 Eero Yla-Outinen '93)

M60 -DT 1.0 KGM-

Malachi McGruder 36.14m

Bill Rykhus 34.62m

David Morris 34.52m

M65 -DT 1.0 KGM-

Russell Van Put 33.68m

Juhan Toomes 33.50m

Jack Boyd 32.06m



M70 Eric Malmstrom in the Long Jump



W35 Diana Jaam broke the CAN record in the Discus despite throwing from a rain-soaked circle!

Harvey Boles	31.03m
M70 -DT 1.0 KGM- Eric Malmstrom	20.24m
M75 -DT 1.0 KGM- Evalds Viskers	30.42m

W35 -DT 1.0 KGM- Diana Jaam	36.72m CAN, MR
(old CAN 33.30 Sharon Jacques '99 Toronto old MR 33.90 Bozena Wojekian '93)	
W70 -DT 1.0 KGM- Velta Tomsons	15.34m

M35 -HT 7.26 KGM- Jean F Latour	40.55m
Richard Parkinson	34.40m
M55 -HT 6.0 KGM- John Kasperski	36.77m
M65 -HT 5.0 KGM- Juhan Toomes	36.99m
Bob Staveley	35.85m
M70 -HT 4.0 KGM- Max Woerle	33.97m

M35 -JT 800 GMS- Richard Parkinson	53.33m
M40 -JT 800 GMS- Marty Withers	55.46m
Peter St. Pierre	42.61m
Rodney Wilson	25.55m

M45 -JT 800 GMS- Michael Finkbeiner	53.36m MR
(old MR 53.15 Michael '00)	
Bill Pearson	31.84m
M50 -JT 700 GMS- Rudy Boghina	31.22m
Roy Chubb	26.57m
M60 -JT 600 GMS- Fred Pamenter	42.66m
Malachi McGruder	40.65m
M65 -JT 600 GMS- Harvey Boles	28.95m
Alf Sundin	27.33m
Kesar Singh Poonia	24.88m
M70 -JT 500 GMS- Eric Malmstrom	30.09m

M35 -WT 15.9 KGM- Richard Parkinson	13.01m CAN, MR
(old CAN 12.51 Jean Francois Latour '01 Toronto old MR 10.97 Jean Francois '01)	

M55 -WT 11.35 KG- John Kasperski	15.73m MR
(old MR 15.18 John '99)	
M60 -WT 9.09 KGM- David Morris	10.69m
M65 -WT 9.09 KGM- Bob Staveley	11.83m
Juhan Toomes	11.56m
Alf Sundin	10.44m
M70 -WT 7.26 KGM- Max Woerle	12.83m



M35 Richard Parkinson won the Javelin.
He also broke the CAN record in the Weight Throw.