



THE ONTARIO MASTERS TRACK AND FIELD CHAMPIONSHIPS

These championships were held in Tillsonburg, Ontario on June 10, 11. The weather for the most part was good and as can be seen from the following results some excellent performances were turned in.

Results

Women

100 Metres

W35: - 1. Deborah Lenz 13.6.

W40: - 1. Marg Hendershot 13.5.

W45: - 1. Rhona Trott 14.4; Pam Duncan 15.1.

W50: - 1. AnnMarie Rosenitsch 15.5.

W60: - 1. Janet Holmes 16.7.

W80: - 1. Isobel Cunningham 24.1.

200 Metres

W35: - 1. Deborah Lenz 28.5; 2. Carol Felepchuk 31.0.

W40: - 1. Marg Hendershot 28.3.

W45: - 1. Rhona Trott 30.3; 2. Pam Duncan 31.8.

W50: - 1. Ann Marie Rosenitsch 33.1.

W80: - 1. Isobel Cunningham 1:00.7

400 Metres

W45: - 1. Rhona Trott 1:08.0.

W50: - 1. Ann Marie Rosenitsch 1:11.1.

W60: - 1. Janet Holmes 1:25.7.

800 Metres

W40: - 1. Christine Guy 2:53.8; 2. Robin Burns 3:00.8; 3. Cathy Tedford 3:44.7.

W60: - 1. Jean Horne 2:52.2; 2. Ruth Carrier 3:25.5.

W70: - 1. Dorly Brechbuehl 3:51.7.

1500 Metres

W35: - 1. Janet Takahashi 4:40.6.

W40: - 1. Christine Guy 5:52.1; 2. Robin Burns 6:15.6; 3. Cathy Tedford 8:01.7.

W45: - 1. Linda Findley 5:09.9.

W50: - 1. Margaret Rolfe 6:37.9.

W55: - 1. Joan Stapleton 6:28.3.

W60: - 1. Jean Horne 5:57.6; 2. Ruth Carrier 6:37.6.

W70: - 1. Dorly Brechbuehl 7:19.0.

5000 Metres

W35: - 1. Janet Takahashi 17:42.9; 2. Jennifer Ditchfield 18:50.4; 3. Rebecca Brooke 19:46.2.

W40: - 1. Cathy Tedford 28:47.0.

W45: - 1. Linda Findley 19:24.0.

W50: - 1. Margaret Rolfe 23:44.5.

W55: - 1. Joan Stapleton 23:38.2.

W70: - 1. Dorly Brechbuehl 26:50.4.

10000 Metres

W40: - 1. Cathy Tedford 59:42.5.

W55: - 1. Marge Potter 46:25.9.

400 Metre Hurdles

W35: - 1. Carol Felepchuk 1:19.4.

W40: - 1. Robin Burns 1:27.6.

300 Metre Hurdles

W60: - 1. Ruth Carrier 1:13.0.

5000 Metre Walk

W35: - 1. Nanci Sweazy 25:52.3.

W40: - 1. Sherry Watts 27:33.3; 2. Liliana Whalen 28:40.6.

W45: - 1. Marilyn Chute 29:08.7.

W60: - 1. June-Marie Provost 29:41.3.

High Jump

W55: - 1. Edith Gray 1.19.

Pole Vault

W50: - 1. Ann Marie Rosenitsch 2.28.

Long Jump

W35: - 1. Deborah Lenz 4.64.

W55: - 1. Dortha Swanson 2.96.

Discus

1 KG

W30: - 1. Sharon Jacques 33.90

W40: - 1. Bozena Wojciekian 32.84; 2. Darlene Aulenback 24.96.

W50: - 1. Colleen Ogilvie 22.58.

W60: - 1. Doreen Carmichael 17.46.

W65: - 1. Velta Tomsons 19.32.

Javelin

600 G

W40: - 1. Darlene Aulenback 23.68.

400 G

W55: - 1. Dortha Swanson 19.30.

W80: - 1. Isobel Cunningham 13.14.

Shot Put

4 KG

W40: - 1. Bozena Wojciekian 11.64; 2. Darlene Aulenback 9.10.

3Kg

W55: - 1. Dortha Swanson 7.34.

W65: - 1. Velta Tomsons 7.61.

Hammer

4 KG

W40: - 1. Darlene Aulenback 29.94; 2. Bozena Wojciekian 26.92.

3KG

W55: - 1. Dortha Swanson 26.62.

Weight

9.08 KG

W40: 1. Bozena Wojciekian 10.30; 2. Darlene Aulenback 9.26.

7.26 KG

W55: - 1. Dortha Swanson 8.03.

Men

100 Metres

M35: - 1. Blair Roblin 12.1; 2. Rob Malpus; 3. Cassius Richards 12.5; 4. Jeff Therrien 12.9; 5. Mark Hayes 13.0.

M40: - 1. George Kenins 12.1; 2. Mike Stevely 12.5; 3. Sachai Rai 13.6.

M45: - 1. Smokey Santillo 11.6; 2. Mike Nedd 11.9; 3. Bob Zimmerman 12.3; 4. Richard Lech 12.3; 5. Roy Chubb 12.7; 6. Armond Laframboise 12.9; 7. Gary Crawford 13.2.

M50: - 1. Geoff Francis 12.8; 2. Alan Slater 13.0; 3. John Palmer 14.7; 4. Charles Saxon 15.3.

M55: - 1. Scott Tyler 12.3; 2. Byron Henry 12.3; 3. Dev Sharma 13.5; Clarke Little 13.7.

M60: - 1. Charles Agnoo 12.7; 2. Paul Williams 13.0; 3. Ted Swanson 14.4.

M65: - 1. Chuck Sochor 13.3; 2. Jim Flowers 15.7; 3. Doug Helwig 17.0.

M70: - 1. John O'Neill 13.4; 2. Norm Baum 14.4.

M75: - 1. Art Obokata 15.5.

M85: - 1. Karl Trei 20.5.

200 Metres

M35: - 1. Blair Roblin 25.3; 2. Rob Malpus 25.5; Jeff Therrien 26.0.

M40: - 1. Jim Geer 26.4; 2. Bob Davidson 26.9; 3. Mike Stevely 27.4.

M45: - 1. Bob Zimmerman 25.6; 2. Gary Crawford 27.6.

M50: - 1. Lance Alcindor 28.4; 2. Malachai Magruder 29.8; 3. Dan Anderson 30.8; 4. Charles Saxon 31.9.

M55: - 1. Byron Henry 26.5; 2. Clarke Little 28.6; 3. Dev Sharma 29.1; 4. Lornel Anderson 37.2.

M60: - 1. Charle Agnoo 29.2; 2. Ted Swanson 30.8.

M65: - 1. Chuck Sochor 28.5; 2. Jim Flowers 32.8.

M70: - 1. Norm Baum 30.5.

M75: - 1. Art Obokata 33.6.

400 Metres

M35: - 1. Rob Malpus 56.9; 2. Jeff Therrien 57.2; 3. Cassius Richards 59.6; 4. Alex Keeting 1:11.3.

M40: - 1. Horace Hudson 56.0; 2. Jim Geer 56.9; 3. Alan Mayhew 57.7; 4. Bob Davidson 1:00.1; 5. Gordon Eddy 1:01.1.

M45: - 1. Mike Nedd 56.6; 2. Roy Chubb 1:00.8; 3. Gary Crawford 1:03.5; 4. Scott Evans 1:03.8.

M50: - 1. Lance Alcindor 1:02.8; 2. Vern Christensen 1:05.9; 3. Dan Anderson 1:06.3; 4. Jack White 1:07.4; 5. Charles Saxon 1:09.5.

M55: - 1. Bill McIlwaine 1:01.6; 2. Hugh Wilson 1:04.8; 3. Clarke Little 1:07.7; 4. Lornel Anderson 1:18.7.

M65: - 1. Earl Fee 58.9; 2. Chuck Sochor 1:03.6.

M70: - 1. Norm Baum 1:08.9.

800 Metres

M35: - 1. Jeff Therrien 2:22.1; 2. Alex Keeting 2:36.4.

M40: - 1. Steve Izzo 2:17.2; 2. Norm Creen 2:18.1; 3. Bob Davidson 2:22.4; 4. Gordon Eddy 2:23.4; 5. Mike Sellon 2:24.8.

M45: - 1. John Faulkner 2:18.7; 2. Scott Evans 2:24.3; 3. Gary Crawford 2:40.7.

M50: - 1. Dan Anderson 2:36.4; 2. Charles Saxon 2:41.9; 3. Joe Kopu 3:56.4.

M55: - 1. Hugh Wilson 2:33.6; 2. Jim Pascoe 2:36.3.

M65: - 1. Earl Fee 2:21.3.

M70: - 1. Art Wilson 3:08.9; 2. Don Farquharson 3:21.0.

1500 Metres

M35: - 1. Alex Keeting 5:25.3.

M40: - 1. Fred Chapman 4:29.6; 2. Allan Mayhew 4:32.8; 3. Mike Sellon 4:49.1; 4. Norm Creen 4:59.9; 5. Gordon Eddy 5:05.1; 6. Bob Davidson 5:05.4; 7. Doug Smith 5:09.3.

M45: - 1. John Pickard 4:36.0.

M50: - 1. Dan Anderson 5:15.3; 2. Vern Christensen 5:17.9; 3. Charles Saxon 5:39.0; 4. Joe Kopu 7:40.1.

M55: - 1. Jack Geddes 4:56.3; 2. Hugh Wilson 5:11.8; 3. Jim Pascoe 5:28.7.

M70: - 1. Art Wilson 6:25.5; 2. Sydney Carter 7:17.6.

5000 Metres

M35: - 1. James Earl 15:35.1.

M40: - 1. Fred Chapman 17:08.2; 2. Tim Uuksulainen 19:48.7.

M50: - 1. Brian Drewitt 18:51.2; 2. Gary Cassel 19:52.2; 3. Joe Kopu 27:35.4.

M55: - 1. Duncan Mounsey 20:58.1; 2. Lornel Anderson 21:44.2.

M70: - 1. Art Wilson 25:39.6.

10000 Metres

M40: - 1. Tim Uuksulainen 40:21.4.

M50: - 1. Brian Drewitt 38:07.5; 2. Dan Anderson 46:12.0; 3. Joe Kopu 55:46.1.

M70: - 1. Sydney Cartel 54:05.4.

80 Metre Hurdles

M85: - 1. Karl Trei 20.5.

100 Metre Hurdles

M50: - 1. Jack White 20.7.

M55: - 1. Scott Tyler 15.4.

M60: - 1. Ted Swanson 20.4.

M65: - 1. Jim Flowers 22.0; 2. Jim Mathers 24.2.

110 Metre Hurdles

M35: - 1. Val Sarjeant 17.4.

M40: - 1. Horace Hudson 19.3; 2. Jim Geer 19.9.

300 Metre Hurdles

M60: - 1. Ted Swanson 58.7.

M65: - 1. Earl Fee 48.4; 2. Chuck Sochor 54.3.

400 Metre Hurdles

M40: - 1. Horace Hudson 1:04.9; 2. Jim Geer 1:07.2; 3. Charles Swanekamp 1:10.0; 4. Gordon Eddy 1:11.4.

M45: - 1. Armond Lafroimboise 1:17.6.

M50: - 1. Dan Anderson 1:17.8.

2000 Metre Steeplechase

M65: - 1. Chuck Sochor 9:57.8.

3000 Metre Steeplechase

M35: - 1. Steve Keating 10:56.7.

M40: - 1. Fred Robbins 10:34.3; 2. Doug Smith 12:25.5.

M45: - 1. John Pickard 11:24.9.

M50: - 1. Vern Christensen 12:38.7; 2. Dan Andersen 13:58.5.

M55: - 1. Jack Geddes 12:28.1.

5000 Metre Walk

M35: - 1. Paul Guimond 26:47.9.

M50: - 1. Victor Sipes 25:38.3; 2. Mike Freeman 28:33.7; 3. Mike Gough 31:48.0.

M60: - Stuart Summerhayes 27:27.4; 2. Jack Castle 40:05.7.

M70: - 1. Peter Fellowes 33:08.9; 2. Uno Limit 34:45.9.

High Jump

M35: - 1. Bill Mathers 1.68.

M40: - 1. Bob Davidson 1.65.

M45: - 1. Gary Crawford 1.34.

M50: - 1. Jack White 1.22.

M55: - 1. Dave Morris 1.40.

M60: - 1. Max Woerle 1.37; 2. Ted Swanson 1.25; 3. Walter Mozewsky 1.25.

M65: - 1. Jim Mathers 1.22.

M70: - 1. Karl Pavasars 1.10; 2. Alan Todd 1.04.

M80: - 1. Ian Hume 1.25.

M85: - 1. Karl Trei 1.04.

Pole Vault

M45: - 1. Hugh Miller 3.60; 2. Kent Hall 3.00

M50: - 1. Fred Quick 3.00; 2. Bob Campbell 2.80.

M60: - 1. Walter Mozewsky 2.20; 2. Ted Swanson 1.92.

M65: - 1. Stan Egerton 2.90; 2. Jim Mathers 2.10.

M80: - 1. Ian Hume 2.01.

Long Jump

M35: - 1. Bill Mathers 5.07; 2. Mark Hayes 4.73.

M40: - 1. Erwin Turney 5.73; 2. Ken Felepchuk 5.40; 3. Sucha Rai 3.76.

M45: - 1. Armond Laframboise 4.97; 2. Roy Chubb 4.14; 3. Gary Crawford 3.86.

M50: - 1. Alan Slater 5.43; Jack White 3.77.

M55: - 1. Paul Kniivila 4.43.

M60: - 1. Paul Williams 4.70; 2. Ted Swanson 4.42; 3. Walter Mozewsky 3.35.

M65: - 1. Jim Mathers 3.65; 2. Doug Helwig 3.62.

M75: - 1. Art Obokata 3.77.

M80: - 1. Ian Hume 3.07.

M85: - 1. Karl Trei 3.07.

Triple Jump

M35: - 1. Bill Mathers 10.99.

M40: - 1. Ken Felepchuk 10.33; 2. Mike Stevely 7.77.

M45: - 1. Gary Crawford 8.61.

M50: - 1. Alan Slater 10.36; 2. Fred Quick 9.53; 3. Dan Anderson 8.30.

M55: - 1. Paul Kniivila 9.67.

M60: - 1. Ted Swanson 7.41; 2. Walter Mozewsky 7.02.

M65: - 1. Jim Mathers 7.58.

M80: - 1. Ian Hume 6.97.

Discus

2KG

M40: - 1. Charles Swanekamp 24.64.

M45: - 1. Robert Carlone 31.24; 2. Armond Laframboise 28.60.

1.5 KG

M50: - 1. John Kasperski 37.60; 2. Malachai McGruder 30.00; 3. Jack White 25.58.

M55: - 1. Dave Morris 37.12.

1 KG

M60: - 1. Jack Boyd 38.88; 2. Max Woerle 34.54; 3. Alf Sundin 28.30; 4. Walter Mozewsky 26.62.

M65: - 1. Evalds Viskers 35.38; 2. Ken Pitcher 26.48; 3. Jim Flowers 25.14.

M70: - 1. Karl Pavasars 33.98; 2. Gary Bachman 32.84; 3. Don Farquharson 21.62.

M75: - 1. Aleks Upmalis 24.50; 2. Ed Purgalis 21.82.

M80: - 1. Ian Hume 25.84.

Javelin

800 G

M40: - 1. Folgo Delavedova 56.40; 2. Mike Finkbeiner 53.70; 3. Sucha Rai 28.20.

M45: - 1. Armond Laframboise 38.50; 2. Roy Chubb 27.98.

M50: - 1. Malachai McGruder 41.70.

M55: - 1. Fred Pamerter 42.18; 2. Arthur Hubbard 26.38.

600 G

M60: - 1. Alf Sundin 34.86; 2. Bob Stavely 33.50; 3. Max Woerle 28.62; 4. Walter Mozewsky 27.60.

M65: - 1. Helmut Lange 32.56; 2. Ken Pitcher 21.80; 3. Jim Flowers 20.12.

M70: - 1. Karl Pavasars 29.22; 2. Peder Nielson 23.30.

M75: - 1. Ed Purgalis 27.90.

M80: - 1. Ian Hume 29.04.

Shot Put

7.26 KG

M40: - 1. Mike Stevely 9.05.

M45: - 1. Robert Carlone 10.57.

5 KG

M50: - 1. John Kasperski 13.45.

M55: - 1. Dave Morris 11.08; 2. Arthur Hubbard 9.61.

5 KG

M60: - 1. Alf Sundin 10.54; 2. Max Woerle 10.33; 3. Walter Mozewsky 8.16.

M65: - 1. Ken Pitcher 9.98; 2. Evalds Riskers 9.54; 3. Jim Flowers 8.23.

1 KG

M70: - 1. Garry Bachman 12.13.

M75: - 1. Aleks Upmalis 9.25; 2. Ed Purgalis 9.24.

M80: - 1. Ian Hume 8.91.

Hammer

7.26 KG

M40: - 1. Sucha Rai 21.76.

M45: - 1. Bogden Poprowski 35.30.

5 KG

M50: - 1. John Kasperski 36.84.

5 KG

M60: - 1. Max Woerle 39.50; 2. Bob Stavely 37.68.

M65: - 1. Helmut Lange 28.78; 2. Ken Pitcher 23.50.

1 KG

M70: - 1. Peder Nielson 27.38.

M75: - 1. Aleks Upmalis 27.58; 2. Ed Purgalis 24.74.

M80: - 1. Ian Hume 24.94.

Weight Throw

15.88 KG

M40: - 1. Sucha Rai 6.22.

11.34 KG

M50: - 1. John Kasperski 13.49.

9.08 KG

M60: - 1. Max Woerle 13.97; 2. Bob Stavely 12.74; 3. Alf Sundin 12.67.

M65: - 1. Helmut Lange 13.92; 2. Ken Pitcher 11.12.

7.26 KG

M70: - 1. Peder Nielson 11.52.

M75: - 1. Aleks Upmalis 10.11; 2. Ed Purgalis 9.44.

12 LBS

M80: - 1. Ian Hume 12.09.

