

28th Annual

OMTFA Outdoor Championships

June 12-13, 1999
York University

Christine Guy & Shirley Powell
- Registration and Awards
Mike Freeman - Results
Brian Keaveney - Track Referee
- Assistant to Meet Head
Jim Pascoe - Results
Jim Flowers - Hurdles, Throws
Rudy Ewinger - Chief Finish Line Judge
Bill Peel - Starter's Assistant
Bill McIlwaine - Starter (Sat), Recall (Sun)
John Caufield - Photo Timing
Don Hibbert - LJ & TJ
Susan Noda - PV
Sven Paulsen - HJ & LJ
Tom Woodward - Throws
Richard Kihn - Throws (Sat)
Sherry Watts - Results (Sat)
Jack Castle - Finish Line
Owen Crane - Starter (Sun)
Jean Horne - Sales
Norm Creen - Finish Line
Joan Christensen - Finish Line
Kevin Duguay - Therapist
Jason Kajiura - Wing Guage
Geoge Pachovsky - TJ
Merike Kalm - Racewalk Judge
Joan Sutherland - Racewalk Judge
Don Farquharson - Announcer
Doug Smith - Meet Head

W55
Ann Marie Rosenitsch 16.35
Adri Rowswell 19.54
W60
Edith Gray 16.28
W65
Doreen Carmichael 16.96
W85
Isobel Cunningham 23.78 WR
(old WR & CAN 28.61 Ivy Granstrom '97,
no previous MR)

Brian Baldsing 13.35
Jaswant Grewal 13.91
Vladislav Jevremovic 14.00
John Varone 23.54
M45
Wayne Spitz 13.27
Roy Chubb 13.31
Paul Ciaravella 13.46
Kerry Smith DQ
M50
Richard Lech 12.69



Rodney Wilson leads the M40 100m followed by Jaswant Grewal,
Vlad Jevremovic and John Varone

100m

W Open
Angies Kuczalska 13.68
W35
Louisa Manners 14.78
Maria Venecia 17.39
W40
Elaine Weeks 13.90
Maggie Dawkins 15.88
Katherine Willis 16.43
W45
Judy Sherrard 15.93
W50
Rhona Trott 14.27 MR
(old MR 14.6 AnnMarie Rosenitsch '94)
Mary Zadel 17.63

M35
Willie Price 11.66
Michael Chapman 12.13
John Olivierre 12.19
Michael Morrison 12.25
Steve Ingle 12.51
Ken Switnicki 12.83
Rick Buys DQ
M40
Rodney Wilson 12.66
Rob Malpus 13.31

Wayne Martinez 13.65
Fred Judson 13.88
Jurgen Buege 14.68
M55
Keith Charles 13.20
Alan Slater 13.64
Lance Alcindor 13.72
Malachi McGruder 13.79
Mike Morris 14.34
M60
Dev Sharma 13.87

Charles Agnoo	13.91	old MR 15.1 Percy '90)
Carl Baynes	15.23	M90
M65		Karl Trei 22.50 CAN
Tom Callender	14.64	(no previous CAN, MR record)
Ken Morris	15.25	
John Weingust	15.28	

(old MR 31.2 Ann Marie Rosenitsch '94)	
Mary Zadel	35.88
W55	
Ann Marie Rosenitsch	34.42
W65	
Doreen Carmichael	38.41

W65 Doreen Carmichael (L) and W50 Mary Zadel

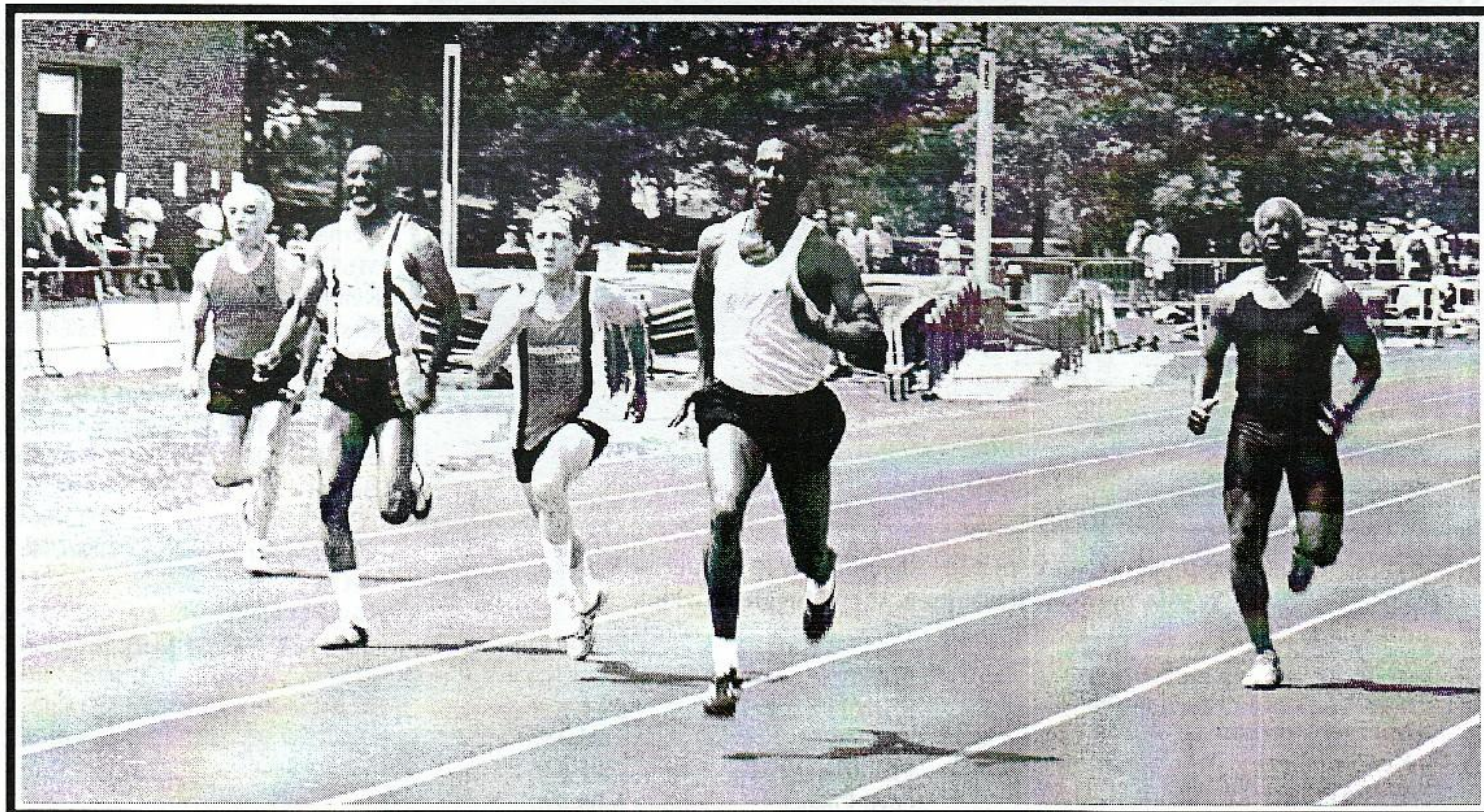


Kesar Singh Poonia	15.38
Parbhakar Singh Gill	15.52
Bill Thompson	16.26
M70	
Chuck Sochor	14.90
Jim Flowers	15.50
John Reeves	15.90
M75	
John O'Neill 13.40 CAN	
(old CAN 14.99 Percy Duncan '90,	

200m

W40	
Carol Felepchuk	29.66
Katherine Willis	34.73
W45	
Judy Sherrard	32.78
Bridgita Ervin	32.81
W50	
Rhona Trott	29.91 MR

M35	
Willie Price	24.17
Rick Buys	24.49
Michael Morrison	24.95
Michael Chapman	25.70
Ken Switnicki	26.96
M40	
Rodney Wilson	26.32
Rob Malpus	27.13
Vladislav Jevremovic	28.60
Jaswant Grewal	29.37
M45	
Jim Geer	26.89
Wayne Spitz	26.94
Paul Ciaravella	27.25
Roy Chubb	27.50
Kerry Smith	DQ
M50	
Francisco Machado	26.29
Richard Lech	26.36
Wayne Martinez	28.12
Jurgen Buege	28.17
Shanti McLelland	29.38
M55	
Keith Charles	27.19
Lance Alcindor	28.81
Mike Morris	30.37



The M55 100m - (L-R) Mike Morris, Lance Alcindor, Alan Slater, Keith Charles, Malachi McGruder

Joseph Berger 31.74

M60

Dev Sharma 28.98

Charles Agnoo 30.38

Carl Baynes 30.99

Jim Pascoe 31.77

M65

Tom Callender 30.26

John Weingust 31.20

Ken Morris 31.81

Kesar Singh Poonia 33.45

M70

Earl Fee 29.79 CAN

(old CAN, MR 29.6ht Percy Duncan '85)

Jim Flowers 34.72

M75

John O'Neill 31.80

400m**W40**

Carol Felepchuk 1:07.10

Katherine Willis 1:18.87

W45

Judy Sherrard 1:16.91

W50

Rhona Trott 1:09.75 MR

(old MR 1:09.9 Ann Marie Rosenitsch '91)

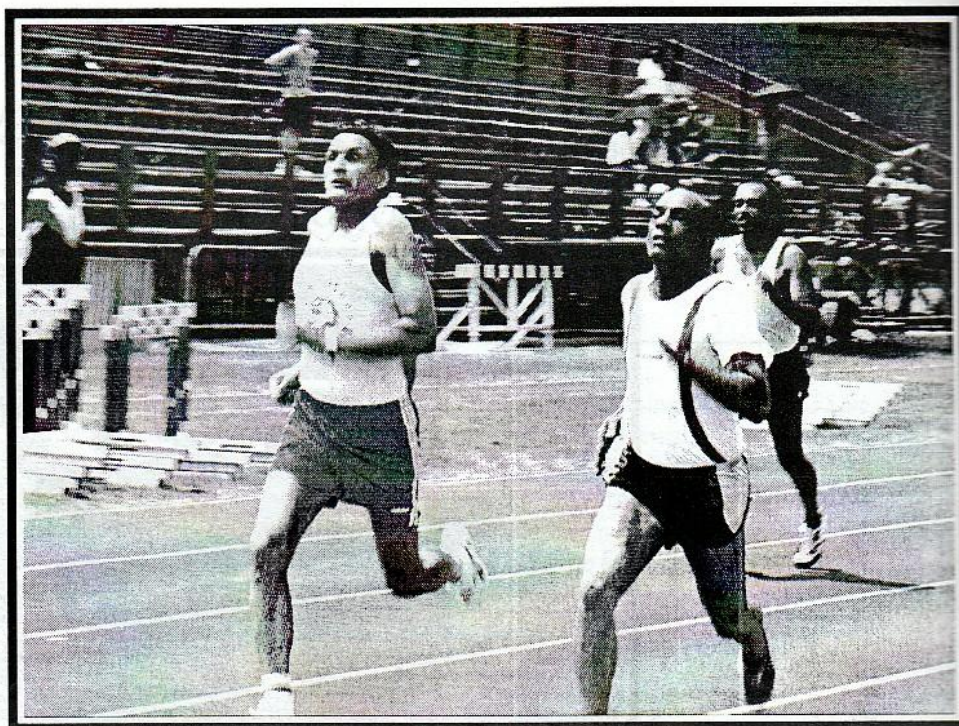
Mary Zadel 1:20.26

W65

Jean Horne 1:17.00 CAN

(old CAN 1:24.54 Nessie Hollicky '96,

old MR 1:37.1 Dorly '91)



M60 100m - Dev Sharma edges Charles Agnoo by 4/100ths with Carl Baynes in hot pursuit.

M40

Fred Robbins 1:00.78

Rob Malpus 1:01.29

M50

Francisco Machado 58.37

Fred Judson 1:00.45

Ken Glance 1:01.96

Wayne Martinez 1:02.21

Shanti McLelland 1:06.48

Jurgen Buege 1:06.73

Ted Sauer 1:07.77

M55

Bruce Mitchell 1:06.61

Dan Anderson 1:11.60

M60

Dev Sharma 1:04.62

Jim Irons 1:07.81

Jim Pascoe 1:09.01

Gerhard Krowlow 1:14.97

M65

Ken Morris 1:15.36

Kesar Singh Poonia 1:32.19

M70

Earl Fee 1:02.49 CAN

(old CAN 1:08.40 Norm Baum '95,

old MR 1:08.9 Bill Weinacht / Norm

Baum)

Chuck Sochor 1:13.66

Jim Flowers 1:36.79

M75

John O'Neill 1:29.01 MR

(old MR 1:30.04 Mark Brennan '79)

M45

Michael Carter 59.52

Tim Payne 1:03.78

Paul Ciaravella 1:05.82

Glen Fitchett 1:06.89

M35

Rick Buys 54.83

Michael Morrison 54.97

Ken Switnicki 58.90

Willie Price 1:41.97



Women's 100m - (L-R) W45 Judy Sherrard, W40 Katherine Willis, W55 Ann Marie Rosenitsch, W40 Maggie Dawkins

800m

W35

Louise Soucy-Fraser 2:41.97

W40

Katherine Willis 2:47.22

M70

Earl Fee 2:23.04 WR
(old WR 2:27.57 James Lytjen USA '91,
old CAN, MR 2:47.26 Kurt Gelbhaar '93)

M75

Kurt Gelbhaar 3:01.21 MR
(old MR 4:00.9 Mark Brennan '79)

1500m

W40

Gail Walton 5:25.31
Katherine Willis 5:56.28

W45

Tina Varzeas 5:44.08
Brenda Cassel 7:16.79

W50

Linda Findley 5:24.46

W65

Jean Horne 6:10.03 CAN
(old CAN 6:13.8 Hazel Cameron '89,
old MR 6:56.9 Dorly '91)

W70

Dorly 8:17.17

M40

Fred Robbins 4:26.91
Jim Sebert 4:30.35



These guys have been at it before...
M65 Ed Whitlock chased **M55 Bob Moore**
around the track for 10 laps in the 5,000,
then kicked with two to go
and held on by a 7 second margin.

Ken Felepchuk 4:56.31
Mike Sellon 4:57.66
Rob Bracey DNF

M45

George Aitkin 4:30.56
Ted Paget 4:33.86

M50

Ray Tucker 4:25.17
Bradford Simser 4:32.62

Gary Cassel 4:59.16
Murray Mostyn 5:04.70

M60

Jack Miller 5:07.33
Jim Irons 5:22.44
Art Conro 5:26.87
Don Jones 5:34.57
Gerhard Krolow 5:51.39

M65

Ed Whitlock 4:53.96
Morgyn Paterson 5:51.76

M70

Don Farquharson DNF

5000m

Series Pts

W35

Gillian Salter 20:37.69 1

W45

Tina Varzeas 21:04.15
Brenda Cassel 27:38.04 2
Cathy Tedford 30:43.09 1

W50

Linda Findley 20:29.11 1

W55

Jeannie McKeigan 32:54.16 1

W70

Dorly 31:44.76 1

M40

Jerry Kooymans 15:58.15 4
Peter Wallace 16:14.51
Mike Sellon 18:12.34 3
Bruce Campbell 18:49.32 2
David Tooke 18:56.70
Vlad Jevremovic 20:39.87 1

M45

John Clarke 17:39.72 4
Keith Rodrigues 18:55.96 3
Glen Fitchett 19:08.71 2
Bob Fenwick 25:15.54 1

M50

Gary Cassel 18:59.24 3
Bill Weir 19:04.42 2
Andre Koscis 21:39.38 1

M55

Robert Moore 18:00.89 2
Vern Christensen 20:50.79 1

M60

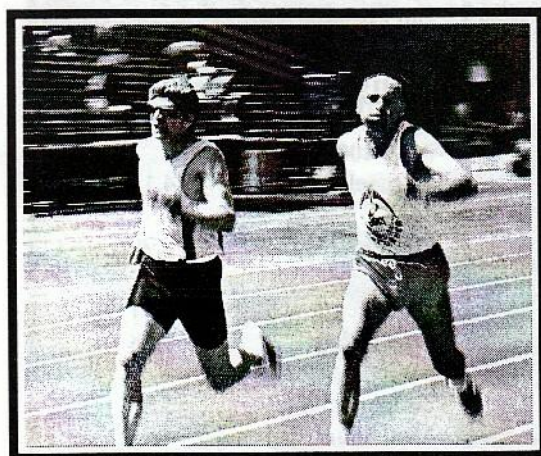
Jack Geddes 18:55.47 2
Gerhard Krolow 21:48.27 1

M65

Ed Whitlock 17:53.71 2
Morgyn Paterson 22:51.85 1

M75

Odino Soligo 28:44.46 MR
(old MR 30:35.09 Whitey '92) 1



Another Close One ! - **Francisco Machado** nicks
Richard Lech by 7/100ths in the M50 200m.

W50

Linda Findley 2:45.09
Rhona Trott 2:48.96

W65

Jean Horne 2:58.37 CAN
(old CAN 2:59.64 Ruth Carrier '94,
old MR 3:06.45 Ruth Carrier '96)

W70

Dorly 4:14.28

M35

Michael Morrison 2:14.17

M40

Jim Sebert 2:08.83
Fred Robbins 2:15.16
Ken Felepchuk 2:18.72

M45

Michael Carter 2:16.27
Ted Paget 2:17.69
Tim Payne 2:20.20

M50

Ray Tucker 2:09.37 MR
(old MR 2:09.3ht Kelsey Brown '79)
Bradford Simser 2:15.94
Fred Judson 2:19.30
Ken Glance 2:25.68
John Pickard 2:26.55

M55

Dan Anderson 2:52.53

M60

Jack Miller 2:28.50
Arthur Conro 2:36.77
Jim Irons 2:53.33

10,000m

Series Points

W40

Chris Marino 44:13.50 1

W45

Beverley Coburn 45:11.91

Cathy Tedford 62:02.00 1

M35

Steven Keating 37:08.02 1

M45

John Clarke 36:50.77 3

Glen Fitchett 39:16.78 2

Cameron Hodge 52:26.40 1

M55

Vern Christensen 44:07.97 1

M60

Brian Delaney 44:28.20 1

M65

Richard Graves 48:17.66 1

M70

Felix Charles 54:22.00 1

M75

Kurt Gelbhaar 47:33.98 MR

(old MR 52:59.10 Odino '97) 2

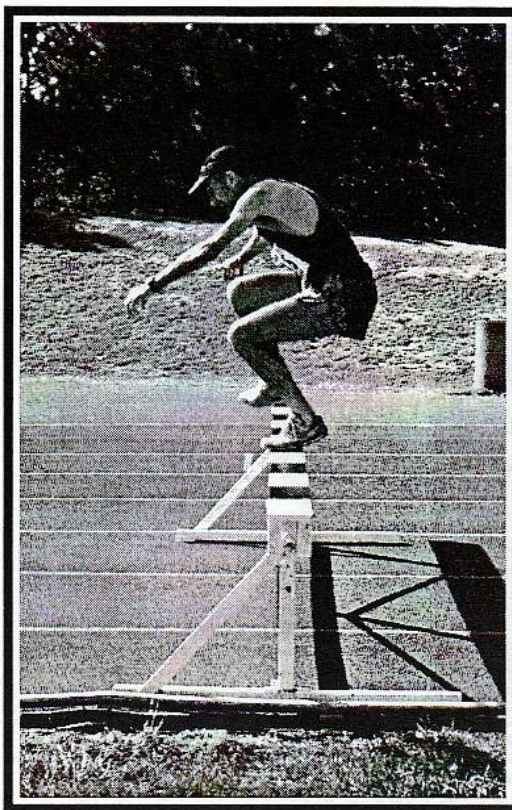
Odino Soligo 59:12.61 1

Sprint Hurdles**W60 80m**

Edith Gray 18.36

M35 110m

Michael Heron 17.33



M60 Jack Geddes shows fine form over the lower barriers. Both M60 competitors were DQ'd when they failed to negotiate the 1st water jump.

John Olivier 22.46

M55 100m

Dan Anderson 22.54

M60

Hugo Bain 21.19

M70 80m

Chuck Sochor 14.91 MR

(old MR 15.2 Ian Hume '85)

Jim Flowers DNF

Long Hurdles**M35 400m**

Michael Chapman 74.18

M45

Charles Swanekamp 75.79

M50

Francisco Machado 66.21

Fred Judson 66.48

M55

Dan Andersson 88.50

M60 300m

Dev Sharma 54.44

Hugo Bain 68.19

M65

Ken Morris 62.68

M70

Chuck Sochor 54.72 MR

(old MR 56.7 Art Obokata '89)

Steeplechase**M35 3000m 36" Barriers**

Steven Keating 10:56.01

M40

Fred Robbins 10:53.09

Jerry Kooymans DNF

M45

Doug Smith 13:07.51*

(fastest time without warmup)

M50

John Pickard 12:42.22

M55

Vern Christensen 13:33.05

M60 2000m 30" Barriers

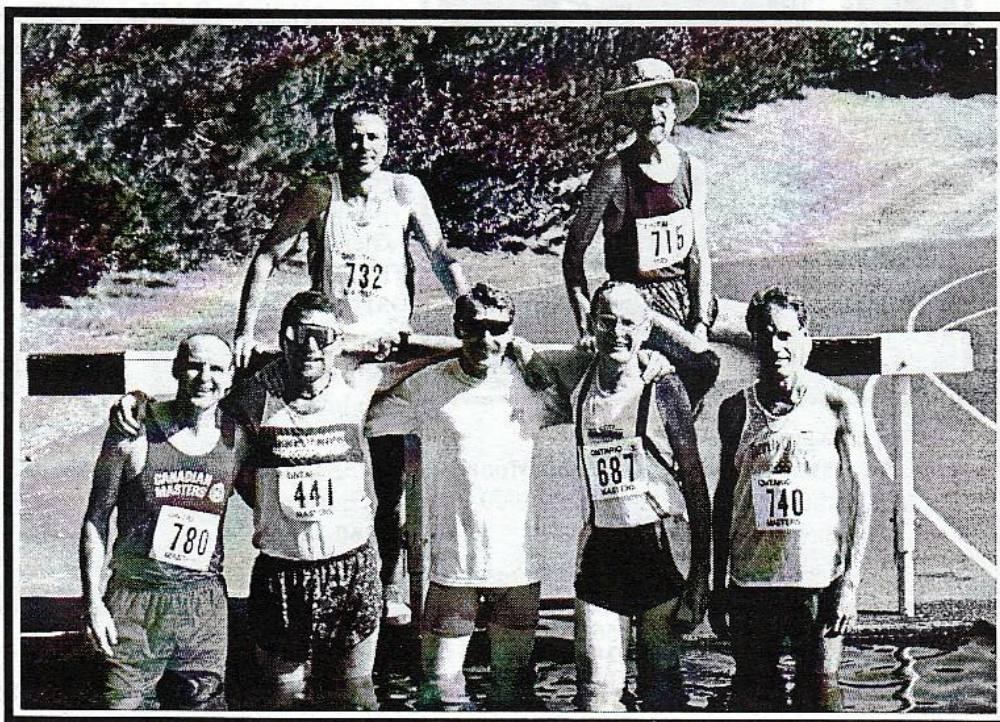
Jack Geddes DQ

Kesar Singh Poonia DQ

4 X 100 Relay**M60 Masters Sprint Club** 1:00.85

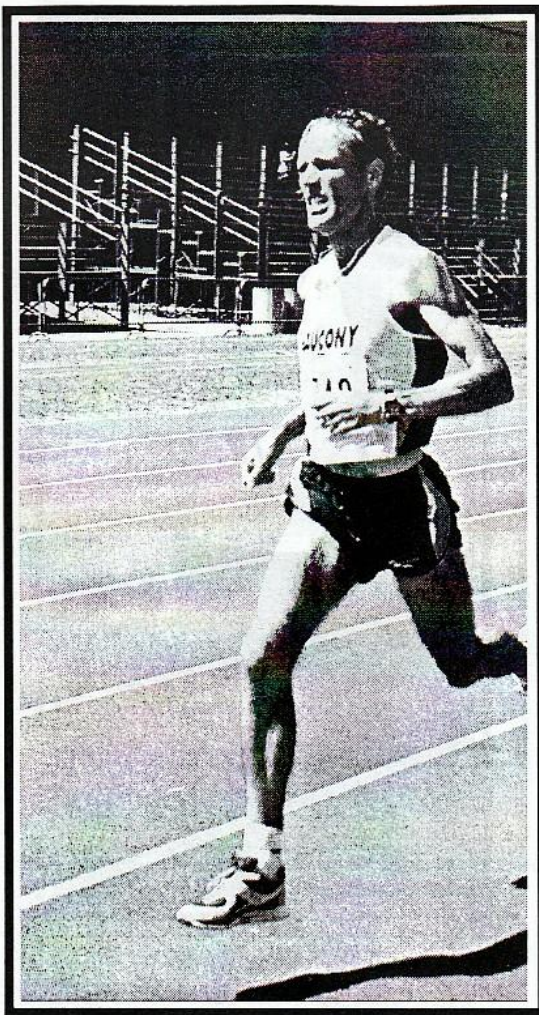
(O'Neill, Pascoe, Flowers, Morris)

The MSC put a strong team together to challenge the 20 year old M60 Meet Record of 54.7 held by the MSC team of Grant, Max Pickl, Jamieson, and Hans Warwas.

**Steeplechase '99**

M50 John Pickard, M45 Doug Smith, M40 Fred Robbins, M55 Vern Christensen, M40 Jerry Kooymans, (back) M35 Steven Keating, M60 Jack Geddes.

(Kesar missing - had to throw the Shot)



M40 Jerry Kooymans had to bail from his assault on Hyke's M40 Steeplechase CAN record (9:37) due to a sore foot, aggravated by the water jump. He went on to win a very hot duel with **Peter Wallace** in the 5000m.

5000m Racewalk

W35

Joni Bender 23:31.91 MR
(old MR 25:52.3 Nanci Sweazey '95)

W45

Sherry Watts 29:41.58
Lily Whalen 30:37.92

W55

Jeannie McKeigan 36:16.91

W65

June-Marie Provost 30:32.75 MR
(old MR 31:20.56 June-Marie '98)

M50

Don Ramsden 28:45.80
M.T.Kelly 31:20.90

M55

Mike Freeman 29:33.80

M65

Stuart Summerhays 29:09.10
Josh Fedder 36:41.60

M70

Bill Flick 31:40.20
Salvatore Brancaccio 33:03.10

M80

Les Brown DQ

High Jump

W60

Edith Gray 1.20

W65

Lida Sawdyk NH

W75

Helgi Pedel 1.11 WR
(old WR 1.01 Margaret Hinton USA
'96, old CAN 0.81 Ernestine Yeomans
'94, no previous MR)

M35

John Olivierre 1.47

M40

Steve Dovaston 1.85

John Varone 1.65

Bev Lepard 1.62

M45

Roy Chubb 1.32

M50

Jean-Pierre Mayer 1.53

Fred Judson 1.41

M55

Rob Campbell 1.41

M60

David Morris 1.29

Harvey Boles 1.20

M65

Roger Burke 1.29

Max Woerle 1.20

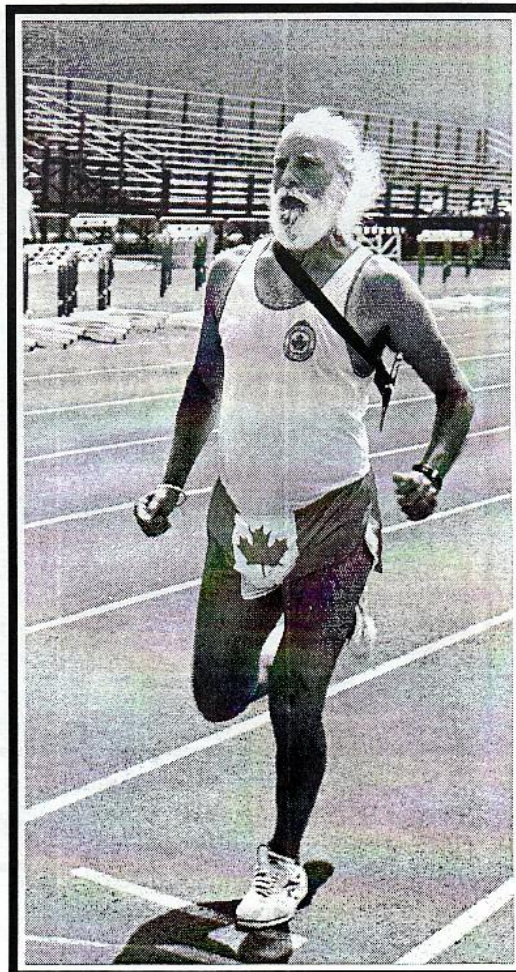
Kesar Singh Poonia 1.14

M70

Jim Mathers 1.23



M40 Jaswant Grewal wins the Long Jump



M65 Kesar Singh Poonia

M80

Lembit Saar 1.05

Wib Ragland 0.93

M90

Karl Trei 0.90 CAN
(no previous CAN, MR records)

Pole Vault

M40

Mark Schaber 3.60

M45

Roy Chubb 1.95

M50

Matti Kilpelainen 4.00

Hugh Miller 3.15

Fred Judson 2.55

M60

Harvey Boles 2.40

Long Jump

W40

Elaine Weeks 4.45

W60

Edith Gray 3.31



W50 Linda Findley, W1 Shannon and her mother W35 Gillian Salter after a very hot 5000m. Note - since there were no awards in her category, Shannon skipped the race and napped in the shade with her father Bob Fenwick.

Long Jump (con't)

M35	
Willie Price	6.04
Rick Buys	5.42
Michael Morrison	5.28
M40	
Jaswant Grewal	4.51
Bev Lepard	4.41
M45	
Wayne Spitz	4.61
M50	
Jean-Pierre Mayer	5.85 MR
(old MR 5.47 Alan Slater / Richard Lech)	
Richard Lech	5.50
Igor Konovalov	5.28
Fred Judson	4.70
Shanti McLelland	3.83
Jurgen Buege	3.78
M55	
Keith Charles	5.33 CAN
(old CAN 5.30 Alan Slater '97, old MR 5.20 Alan '97)	
Alan Slater	4.74
Dan Anderson	3.36
M60	
Harvey Boles	3.73
Hugo Bain	3.58
M65	
Kesar Singh Poonia	3.97
Roger Burke	3.58

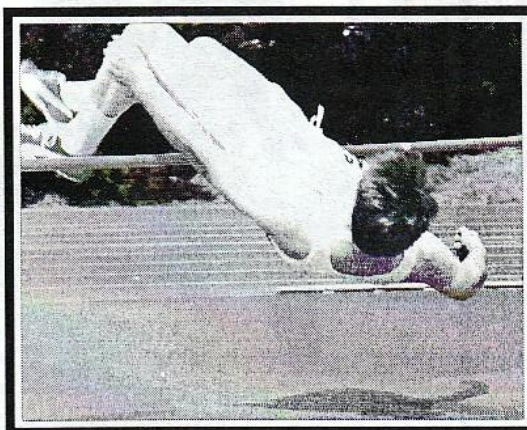
Parbhakar S.Gill	3.09
M70	
Chuck Sochor	3.85
Jim Mathers	3.21
M90	
Karl Trei	2.55 WR
(old WR 2.44 Buell Crane USA '90, no previous CAN, MR records)	

Triple Jump

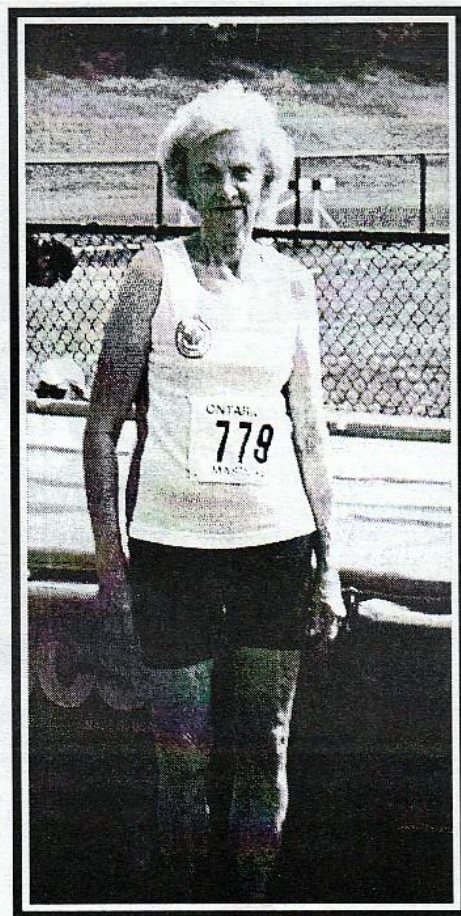
M35	
John Olivierre	10.54
M40	
Nabil Nahri	10.27
Bev Lepard	10.10
Jaswant Grewal	9.73
M50	
Igor Konovalov	11.63 MR
(old MR 11.42 Alan Slater '92)	
Shanti McLelland	8.60
M55	
Alan Slater	10.27
Dan Anderson	8.10
M60	
Harvey Boles	8.15
Hugo Bain	8.08
M65	
Kesar Singh Poonia	8.47
M90	
Karl Trei	5.57 WR
(old WR 5.51 Buell Crane USA '90, no previous CAN, MR records)	

Shot Put

W40 4kg	
Maggie Dawkins	6.72
W45	
April Capwill (USA)	10.00 MR
(old MR 7.36 Gean Hemming '89, CAN 9.44 Liz McBlain '96)	
W65 3kg	
Lida Sawdyk	5.99



M40 Bev Lepard



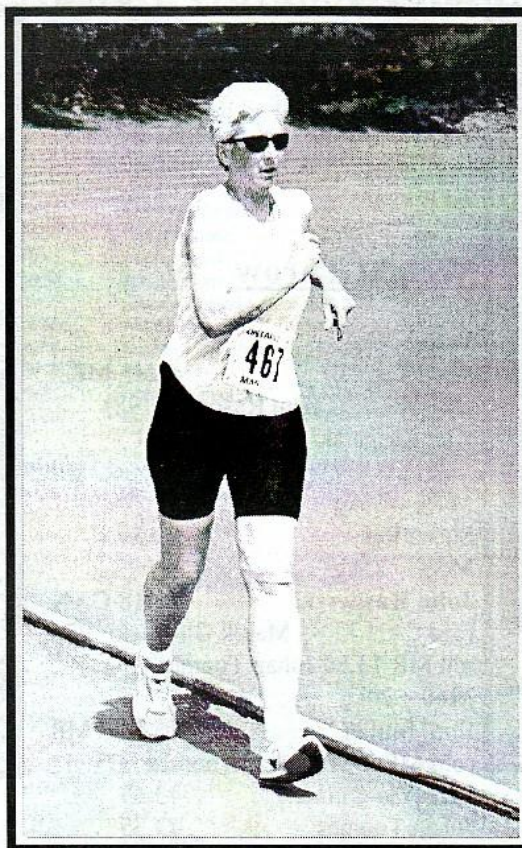
W75 Helgi Pedel after her WR High Jump. Note the bar is above her elbow.

W70	
Velta Tomsons	7.07
W75	
Helgi Pedel	6.48 CAN
(old CAN, MR 6.08 Elga Meri '96)	
M35 7.26kg	
John Olivierre	8.75
M40	
Nabil Nahri	9.55
M45	
Roy Chubb	8.22
Sucha Rai	6.84
M50 6.0kg	
Jean-Pierre Mayer	13.31
Fred Judson	8.95
M55	
John Kasperski	12.87 CAN
(old CAN 12.26 Marek Glowacki '98, old MR 12.11 Mike Gastaneda '79)	
Malachi McGruder	9.23
Joseph Berger	8.13
M60 5.0kg	
William Eisenhart	11.67
Eero Yla-Outinen	10.80
Bill Rykhus	10.79
David Morris	9.77

Sukhdev Singh Dhaliw	9.54	
M65		
Keesar Singh Poonia	10.03	
Parbhakar S.Gill	9.34	
Ken Pitcher	9.04	
M70 4.0kg		
Evalds Viskers	9.75	
M75		
Peder Nielsen	8.18	
M80		
Aleks Upmalis	8.75	
Lembit Saar	8.75	
Ed Purgalis	7.33	
M90		
Karl Trei	5.54	CAN
(no previous CAN, MR records)		

Javelin

W45 600g		
April Capwill (USA)	33.16	MR
(old MR (CAN) 25.82 June Meyer '87)		
M35 800g		
Marty Withers	58.72	CANp
(old CAN listed 56.24 Marty '97, MR 63.10 Marty '98)		
Paul Williams	51.76	
Rick Buys	41.32	
M40		
Peter St.Pierre	44.40	
M45		
Mike Finkbeiner	52.59	MR
(old MR 52.58 ! Folgo '96)		
Folgo Dellavedova	47.36	
Sucha Rai	25.39	
Roy Chubb	23.16	
M50		
Fred Judson	33.04	
M55		
Malachi McGruder	42.70	
Fred Pamenter	41.70	
Mastan S.Kotkapura	26.26	
M60 600g		
William Eisenhart	43.70	
Eero Yla-Outinen	38.39	
David Morris	34.40	
Bob Staveley	32.45	
Harvey Boles	28.57	
M65		
Ken Pitcher	27.53	
Parbhakar S.Gill	19.54	
M70		
Jim Flowers	18.32	
M75		
Peder Nielsen	19.18	
M80		
Ed Purgalis	22.46	
Aleks Upmalis	13.27	



W45 Sherry Watts winning Gold in the Racewalk. After she finished, Sherry spent the rest of the day helping in the results booth. The next week Sherry was competing in the Canadian Open meet in Winnipeg.

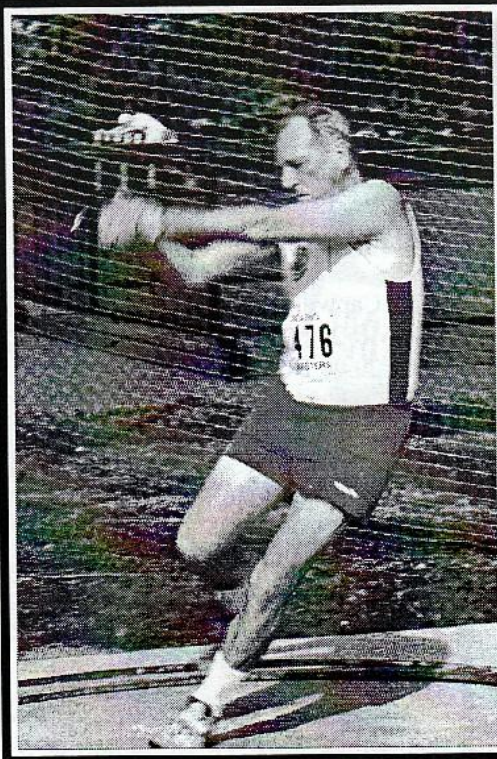
M90		
Karl Trei	17.74	WR
(old WR 17.44 Buell Crane USA '90, no previous CAN, MR records)		

Discus

W35 1.0kg		
Sharon Jacques	33.30	CAN
(old CAN 31.98 Dorothy Kempf '80, MR 33.90 Bozena Wojiekian POL '93)		
W40		
Maggie Dawkins	20.73	
W45		
April Capwill (USA)	32.66	MR
(old MR 21.50 Audrey Heimstra '86, CAN 29.08 Dorothy Kempf '88)		
Kim Kasperski	21.39	
W55		
Adri Rowswell	21.07	MR
(old MR 20.74 Velta Tomsons '86)		
W65		
Lida Sawdyk	14.13	
W70		
Velta Tomsons	18.01	
M60 1.0kg		
William Eisenhart	38.47	
Eero Yla-Outinen	37.88	
Jack Boyd	36.46	
Bill Rykhus	36.26	
Harvey Boles	34.64	
David Morris	33.19	
Sukhdev S. Dhaliwal	29.43	
M65		
Max Woerle	33.70	
Ken Pitcher	26.51	
Parbhakar S.Gill	23.88	
M70		
Evalds Viskers	33.21	
Karl Pavasars	31.74	
M75		
Peder Nielsen	24.29	



Jumps Crew - Two of Brian's Students, Don Hibbert, Assistant Meet Head Brian Keaveney, Alan Slater, and George Pachovsky



M65 Max Woerle

Discus (con't)

M80

Aleks Upmalis	21.97
Ed Purgalis	17.74

M90

Karl Trei	16.98	CAN
(no previous CAN, MR records)		

Hammer

W45 4kg

April Capwill (USA)	28.00	MR
(old MR 20.74 Kim Kasperski '98, CAN 27.90 Debi Heit '97)		
Kim Kasperski	21.22	

M45 7.26kg

Sucha Rai	21.30
Roy Chubb	16.89

M50 6.0kg

Boris Zaitchouk	54.10	CAN
(old CAN 47.64 Steve James '97, old MR 41.58 Max Woerle '84)		

M55

John Kasperski	39.32
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M60

Emil Muller	44.66	MR
(old MR 39.64 Juhan Toomes '97)		
Bob Staveley	37.30	
Juhan Toomes	37.22	
Eero Yla-Outinen	36.54	

M65

Max Woerle	37.74
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Ken Pitcher	24.78
M75 4kg	
Peder Nielsen	23.96
M80	
Aleks Upmalis	22.92
Lembit Saar	21.02
Ed Purgalis	20.34

Weight Throw

W45 20kg

April Capwill	9.21	MR
(old MR 8.02 Kim Kasperski '98)		
Kim Kasperski	8.21	

M45 35kg

Sucha Rai	7.15
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M55 25kg

John Kasperski	15.18	CAN
(old CAN 13.85 Marek Glowacki '97, old MR 13.60 Juhan Toomes '96)		

M60 20kg

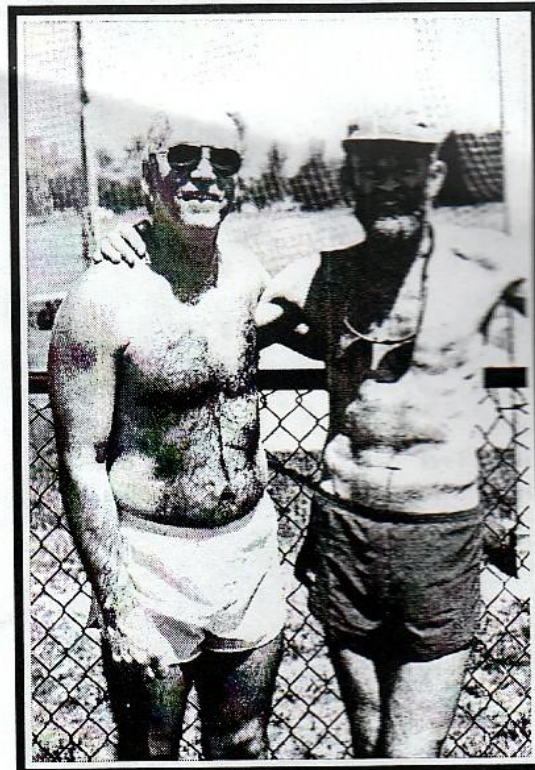
Emil Muller	15.55	MR
(old MR 15.16 Juhan Toomes '97)		
Eero Yla-Outinen	13.49	
Juhan Toomes	13.35	
Bob Staveley	12.97	
David Morris	11.10	

M65

Max Woerle	13.89
Alf Sundin	11.82
Ken Pitcher	11.01

M75 16kg

Peder Nielsen	10.74	CAN
(old CAN 9.47 Aleks Upmalis '95, old MR 10.11 Aleks '95)		

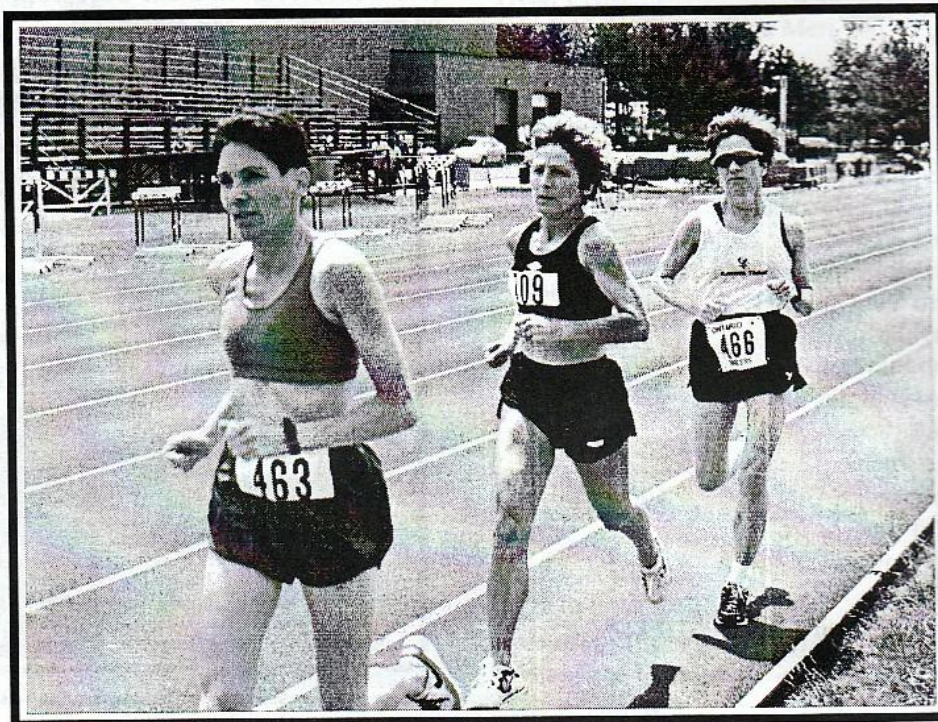


Busy Guys !

M45 Roy Chubb (L) and M50 Fred Judson
after finishing **19 events**.
Fred won 8 medals, Roy won 5.

M80 12kg

Aleks Upmalis	11.66	CAN
(old CAN 9.82 Aleks '98, MR 12.32 Ian Hume '97)		
Lembit Saar	10.48	
Ed Purgalis	8.67	



1500m - W45 Tina Varzeas, W50 Linda Findley, W40 Gail Walton
Tina came up from Massachusetts for the meet.