


DOUGLAS AND SCHUSTER ATHLETES OF THE MEET AT CMAA CHAMPIONSHIPS

by
Jack Castle

Canadian track & field championships;
Saskatoon, July 3rd. through 5th., 1998

Although the number of master athletes who took part was disappointing the meet itself went off without a hitch. The organizing committee led by Judy Warick did a great job and the various officials were very competent.

Extending the meet to 2 1/2 days from our usual 2 days (primarily due to the fact it was

run in concert with a junior/senior athletic event) was a plus. It is recommended future meets adopt the same extra time frame. The extra half day was used to stage the 5,000 metre race walk, the 10,000 metres and the pentathlon - all completed on the Friday.

The weather was good to us although Saturday was a little cool and wet for a few hours. However, it did not dampen the spirits of either the athletes or spectators and was totally forgotten by the evening when a delightful buffet dinner and entertainment was provided by our hosts. I don't know how Judy managed it at \$5.00 a head!

Of the approximately 175 masters who did compete, many turned in fine performances with a number of records being set or broken. At the end of the meet, the athletes of the 2 1/2 days proceedings were announced. The selection is based on their age graded results and they must have completed more than one event.

The two recipients were:

Avril Douglas, British Columbia
Al Schuster, Saskatchewan

Once again Judy, thanks to *you* and your team for a great time. The "no-shows" missed out on a well organized and well run meet. Perhaps *you* will invite us back in a few years time'

Complete Results Follow:

Women

100 Metres

W30: - 1. Shelley Ruecker SK 12.90 (w:-3.4).

W40: - 1. Betsy Lord BC 13.69 (w:-3.4); 2. Selina Coward SK 14.19.

W45: - 1. Rhona Trott ON 14.47 (w:-3.4); 2. Mette Fossberg, AB 14.95; 3. Janine Plantana SK 14.97.

W50: - 1. Avril Douglas BC 14.55 (w:-3.4).

W55: - 1. Carol LaFayette-Boyd SK 14.92 (w:-2.7); 2. Adri Rowsell MB 17.54.

W60: - 1. Eileen Watson AB 18.43 (w:-2.7).

W65: - 1. Doreen Carmichael ON 17.79 (w:-2.7).

W75: - 1. Olga Kotelko BC 23.70 (w:-2.7).

W85: - 1. Ivy Granstrom BC 31.61 (w:-2.7).

200 Metres

W40: - 1. Betsy Lord BC 27.23 (w:0.3); 2. Selina Coward SK 29.33.

W45: - 1. Rhona Trott ON 29.31 (w:0.3); 2. Mette Fossberg AB 30.30.

W50: - 1. Avril Douglas BC 28.63 (w:1.5).

W55: - 1. Carol LaFayette-Boyd SK 30.11 (w:1.5); 2. Adri Rowsell MB 37.27.

W60: - 1. Eileen Watson AB 38.96 (w:1.5).

W75: - 1. Olga Kotelko BC 54.68 (w:1.5).

400 Metres

W40: - 1. Alison Douglas AB 1:07.98.

W45: - 1. Rhona Trott ON 1:08.89.

W50: - 1. Avril Douglas BC 1:04.23; 2. Mary Zadel ON 1:20.58.

W60: - 1. Eileen Watson AB 1:30.68; 2. Alice Whitty BC 2:24.54.

W65: - 1. Nessie Hollocky AB 1:26.38.

W75: - 1. Lenore Marvin BC 1:52.44.

W85: - 1. Ivy Granstrom BC 2:29.50.



Joan Cochrane W35 from Saskatchewan leads the field in the 5000 metres

800 Metres

W35: - 1. Donna Dixon AB 2:31.68.

W40: - 1. Janet Christ SK 2:33.13; 2. Alison Douglas AB 2:35.31.

W45: - 1. Robin Burns AB 3:05.10.

W50: - 1. Avril Douglas BC 2:29.28; 2. Mary Zadel ON 3:02.43.

W60: - 1. Helly Visser AB 3:04.78; 2. Grace Butcher USA 3:08.69.

W65: - 1. Nessie Hollocky AB 3:21.38.

W70: - 1. Dorly Brechbuehl ON 4:06.62.

W85: - 1. Ivy Granstrom BC 5:36.37.

1,500 Metres

W35: - 1. Joan Cochrane SK 5:08.66; 2. Donna Dixon 5:10.15.

W40: - 1. Janet Christ SK 5:18.65; 2. Alison Douglas AB 5:20.74.

W50: - 1. Mary Zadel ON 6:23.57.

W60: - 1. Helly Visser AB 6:21.39.

W65: - 1. Nessie Hollocky AB 6:53.43.

W70: - 1. Dorly Brechbuehl ON 8:00.96.

5,000 Metres

W35: - 1. Joan Cochrane SK 19:01.82; 2. Jocelyne Dumais QC 23:41.45.

W40: - 1. Alison Douglas AB 20:16.82.



Helly Viser W60 followed by Mary Zadel W50 - both winners in the 1500 Metres

W45: - 1. Cathy Tedford ON 29:44.48.
W60: - 1. Helly Visser AB 23:04.40.
W65: - 1. Nessie Hollocky AB 25:12.90.
W70: - 1. Dorly Brechbuehl ON 29:32.99.
W85: - 1. Ivy Granstrom BC 40:41.81.

10,000 Metres

W35: - 1. Jocelyne Dumais QC 49:58.56.
W45: - 1. Cathy W Tedford ON 1:04:24.59.
W85: - 1. Ivy Granstrom BC 1:26:55.70.

80 Metre Hurdles

W50: - 1. Liz McBlain AB 17.80 (w:-3.3).
W60: - 1. Alice Whitty BC 25.98 (w:-3.3)

300 Metre Hurdles

W50: - 1. Liz McBlain AB 1:02.66.

2000 Metre Steeplechase

W45: - 1. Judy Warick SK 8:46.67.

4X400 Metre Relay

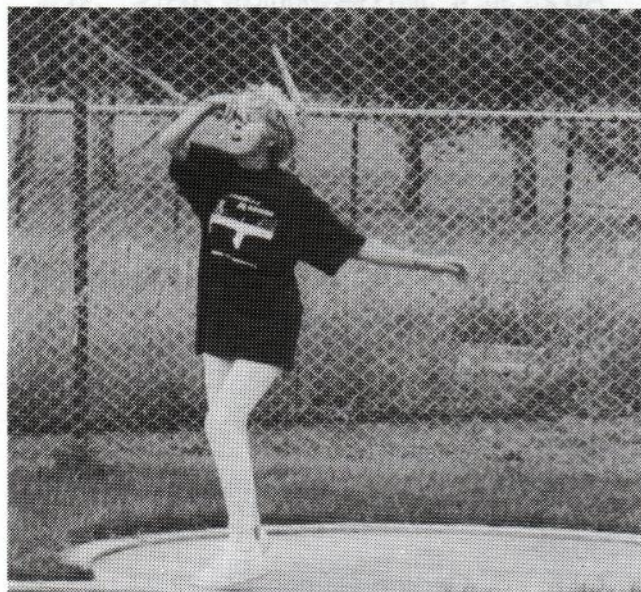
W30-39: - 1. Calgary Roadrunners 5:13.22.

High Jump

W50: - 1. Liz McBlain AB 1.30; Ruby Neumann, SK NH.
W60: - 1. Alice Whitty BC 0.90.

Long Jump

W45: - 1. Mette Fossberg AB 4.41 (w:4.4).
W50: - 1. Liz McBlain AB 3.87 (w:5.9); 2. Ruby Neumann SK 3.18 (w:3.1).



Alice Whitty W60 from British Columbia a former Empire Games high jump medalist is making a comeback in the masters ranks - here in the discus

Triple Jump

W50: - 1. Liz McBlain AB 7.68 (w:1.1)

W55: - 1. Adri Rowswell MB 3.47 (w:5.0); 2. Rita Verma SK 1.52 (w:4.5).

W60: - 1. Eileen Watson AB 3.20 (w:2.6).

W55: - 1. Adri Rowswell MB 7.01 (w:1.7).

Shot Put

W35: - 1. Pearleen Baptiste SK 6.84.

W45: - 1. Debi Heit SK 7.65.

W50: - 1. Liz McBlain AB 10.18; 2. Ruby Neumann SK 9.14; 3. Carolyn Thauberger SK 6.94.

W55: - 1. Adri Rowswell MB 8.05; 2. Rita Verma SK 6.25.

W60: - 1. Alice Whitty BC 4.94.

W65: - 1. Doreen Carmichael ON 6.99.

W70: - 1. Velta Tomsons ON 7.31.

W75: - 1. Olga Kotelko BC 5.99.

Discus

W35: - 1. Pearleen Baptiste SK 24.30.

W45: - 1. Judy Warick SK 27.10; 2. Debi Heit SK 22.62; 3. Kimberly Kasperski ON 21.54; 4. Sharon Hill SK 19.80.

W50: - 1. Ruby Neumann SK 25.34.

W55: - 1. Adri Rowswell MB 21.92.

W60: - 1. Alice Whitty BC 10.92.

W65: - 1. Doreen Carmichael ON 14.46.

W70: - 1. Velta Tomsons ON 18.32.

W75: - 1. Olga Kotelko BC 14.98.

Hammer

W45: - 1. Debi Heit SK 25.68; 2. Kimberly Kasperski ON 20.52.

W50: - 1. Liz McBlain AB 28.54.

Javelin

W45: - 1. Debi Heit SK 22.50.

W75: - 1. Olga Kotelko BC 14.28.

Weight Throw

W45: - 1. Debi Heit SK 8.24; 2. Kimberly Kasperski ON 7.95.

W50: - 1. Liz McBlain AB 10.08.

Pentathlon

W50: - 1. Liz McBlain AB 3221 Points: The rows in the following tables contain the events, the actual result, wind readings (where applicable), the age graded result, the age graded percentage and the number of points awarded for each event.

100	SP	HJ	LJ	800
16.88	10.51	1.37	3.83	3:16.36
-0.3			3.0	
14.80	12.79	1.77	5.11	2:47.23
72.75	59.65	85.09	67.91	67.50%
485	713	941	589	493

Weight Triathlon

W50: - 1. Liz McBlain AB 1576; 2. Carolyn Thauberger SK 996.

W75: - 1. Olga Kotelko BC 1955.

1,500 Meter Walk

W40: - 1. Merne Wilson SK 9:02.41.

W45: - 1. Katherine Okamura AB 9:39.00; 2. Mary Freeman BC 10:36.74.

W50: - 1. Barbara Bass AB 10:06.83.

W 70: - 1. Jennie Binning AB 9:45.12.

W75: - 1. Lenore Marvin BC 11:40.25.

5,000 Meter Walk

W40: - 1. Merne Wilson SK 30:55.03.

W45: - 1. Katherine Okamura AB 33:29.92.

W50: - 1. Barbara Bass AB 36:12.69.

W65: - 1. Maxine Smallwood BC 40:20.60.

W70: - 1. Jennie Binning AB 34:39.48.

W75: - 1. Lenore Marvin BC 39:46.23.

Men

100 Metres

M35: - 1. Doug Ditchfield ON 12.31 (w:-0.5); 2. Glenn Chipkar ON 12.77.

M40: - 1. Al Holm AB 12.24 (w:-0.1); 2. Bob Blackburn, USA 12.28; 3. Tom Daniels BC 12.52 4. Rod Johnston SK 12.94 5. Blair Roblin ON 13.06; 6. Terry Krahn AB 13.40.

M45: - 1. Walter Linder AB 12.36 (w:-2.6); 2. Brian Berquist SK 12.69; 3. Peter Freeman BC 13.08; 4. Barry Brown AB 13.52; 5. Roy Chubb ON 13.57; 6. Don Zeman SK 13.99; 7. John Hawkins BC 14.23.

M50: - 1. Bill Gardiner SK 12.82 (w:-1.2); 2. Greg Marshall QC 13.00; 3. Bruce Mintz AB 13.61; 4. Keith Burr SK 14.33; 5. Jack Walton SK 15.88.

M55: - 1. Norman Reynolds AB 14.10 (w:-1.7); 2. Erv Hickie AB 14.35; 3. Clarence Wiseman BC 14.82; 4. John Palmer ON 17.82.

M60: - 1. Gordon Reilly BC 15.28 (w:-2.5); 2. William Louie AB 16.47.

M65: - 1. George Gluppe BC 15.51 (w:-2.5).

M70: - 1. Jim Flowers ON 16.37 (w:-2.5).

M80: - 1. Harry Miller SK 23.28 (w:-2.5).



Howard West M85 (SK) and Harry Miller (M80) (SK) in a tight battle in the 100M

M85: - 1. Howard West SK 23.69 (w:-2.5).

200 Metres

M35: - 1. Doug Ditchfield ON 24.61 (w:0.3); 2. Glenn Chipkar ON 25.26; 3. Wayne Lewin AB 25.38; 4. Jim Gerwing SK 26.03.

M40: - 1. Jim Bissenden BC 24.12 (w:0.4); 2. Al Holm AB 24.93; 3. Bob Blackburn USA 25.07; 4. Blair Roblin ON 26.45; 5. Russ Regier SK 28.15.

M45: - 1. Brian Berquist SK 24.85 (w:0.3); 2. Peter Freeman BC 25.63; 3. Roy Chubb ON 27.18; 4. Barry Brown AB 27.48; 5. Don Zeman SK 28.61 6. Randy Warick, SK 28.72.

M50: - 1. Bill Gardiner SK 25.92 (w:0.7); 2. Greg Marshall QC 26.07; 3. Bruce Mintz AB 26.84; 4. Ken McKechney SK 30.20.

M55: - 1. Norman Reynolds AB 28.65 (w:NWI); 2. Clarence Wiseman BC 29.34; 3. Erv Hickie AB 30.24 4. Hugh Wilson QC 30.29.

M65: - 1. George Gluppe BC 32.27 (w:1.3); 2. Al Schuster SK 34.95.

M70: - 1. Jim Flowers ON 32.59 (w:1.3).

M75: - 1. Harry Thompson BC 34.63 (w:1.3).

M85: - 1. Howard West SK 58.11 (w:1.3).

400 Metres

M35: - 1. Doug Ditchfield ON 54.88; 2. Glenn Chipkar ON 56.38; 3. Jim Gerwing SK 57.29; 4. Wayne Lewin AB 59.56.

M40: - 1. Ken Fyfe AB 56.09; 2. Rod Johnston SK 59.03; 3. Blair Roblin ON 1:01.85; 4. Ray Morris SK 1:03.53.

M45: - 1. Peter Freeman BC 56.76; 2. Douglas Cameron AB 58.45; 3. Jim Hendry SK 1:00.91; Roy Chubb ON DNF.

M50: - 1. Francisco Machado ON 58.47; 2. Bruce Mintz AB 59.57; 3. Ken McKechney SK 1:05.81; 4. Bruce Suffield BC 1:08.94; 5. John Powell ON 1:10.92.

M55: - 1. Bill McIlwaine ON 1:03.53; 2. Hugh Wilson QC 1:05.33; 3. Clarence Wiseman BC 1:05.83.

M60: - 1. Gerhard Krolow ON 1:12.29.

M65: - 1. Al Schuster SK 1:13.57; 2. Brian Oxley ON 1:14.39; 3. George Gluppe BC 1:14.70.

M70: - 1. Stanley Oracheski AB 1:31.31; 2. Jim Flowers ON 1:32.85.

M75: - 1. Harry Thompson , BC 79.45.

800 Metres

M35: - 1. Doug Ditchfield ON 2:11.99; 2. Steven Wilson SK 2:12.60; 3. Glenn Chipkar ON 2:14.17.

M 40: - 1. Ken Fyfe AB 2:06.58; 2. Neil Munro AB 2:19.96; 3. Hal Puttick SK 2:25.18.

M45: - 1. Phil Bell BC 2:17.78.

M50: - 1. Fred Judson AB 2:14.92; 2. Rick Smith SK 2:18.64; 3. Francisco Machado ON 2:22.97; 4. Jake Madderom BC 2:23.23; 5. Ken McKechney SK 2:28.38; 6. Bruce Suffield BC 2:44.97; John Powell ON DNF.

M55: - 1. Bill McIlwaine ON 2:28.61; 2. Hugh Wilson QC 2:38.60; 3. Daniel Anderson ON 2:49.79.

M60: - 1. James Pascoe, ON 2:33.97; 2. Hylke van der Wal SK 2:35.01; 3. Gerhard Krolow ON 2:50.25.

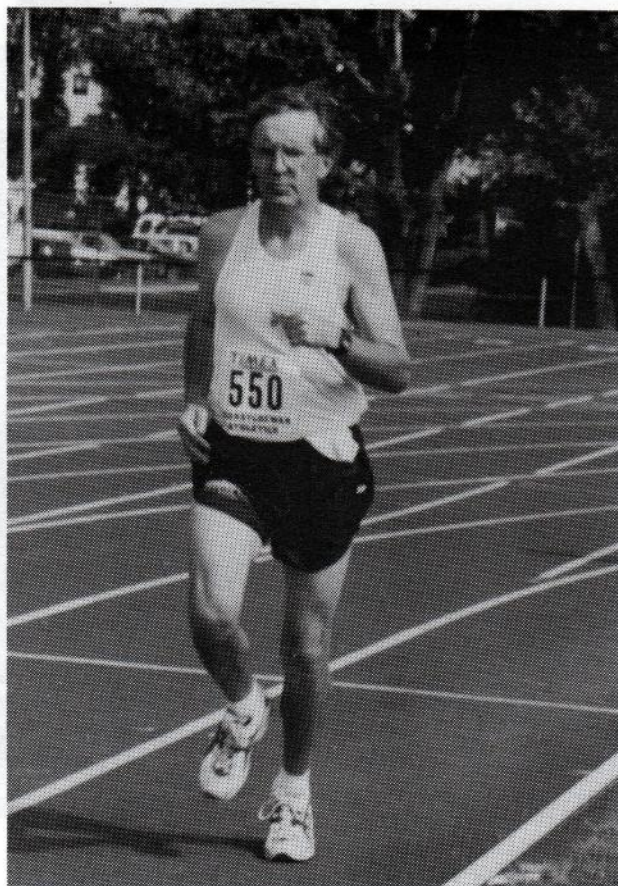
M65: - 1. Al Schuster SK 2:43.22.

M70: - 1. John Houlden MB 3:22.21; 2. Donald Thomson AB 3:27.90; 3. Stanley Oracheski AB 3:31.35.

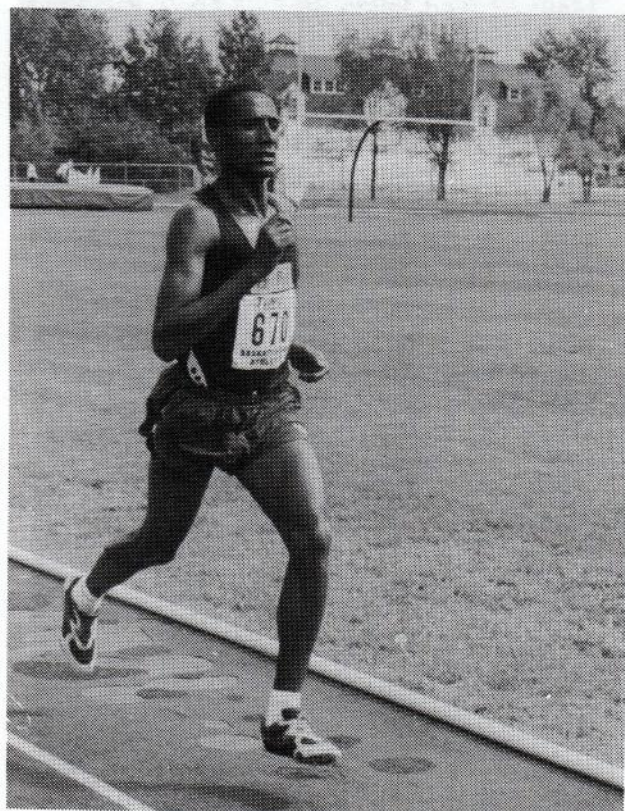
M75: - 1. Kurt Gelbhaar ON 3:03.05; 2. Harry Thompson BC 3:09.67.

1500 Metres

M35: - 1. Steven Wilson SK 4:35.32.



Randy Warick M45 (SK) in the 5000M



Ted Jaleta M40 (SK) was victorious in both the 1500 metres and 5000 metres.



Jake Madderom (BC) leading Rick Smith (SK) and Ken Mckechney (SK) in the M50 800 Metres.

M40: - 1. Ted Jaleta SK 4:26.10; 2. Ken Fyfe AB 4:32.56; 3. Neil Munro AB 4:49.26; 4. Bruce Campbell ON 5:00.88.

M45: - 1. Phil Bell BC 4:39.79.

M50: - 1. Fred Judson AB 4:46.92; 2. Donald James AB 4:55.44; 3. Jake Madderom BC 4:56.61.

M55: - 1. Bill Nielsen AB 5:19.10; 2. Albert Orban SK 5:28.17; 3. Hugh Wilson QC 5:30.62; 4. Lornel Anderson BC 6:32.66.

M60: - 1. Roger Davies AB 5:19.07; 2. James Pascoe ON 5:30.28; 3. Gerhard Krolow ON 5:47.05; 4. William Louie AB 6:16.24; 5. David Innes ON 6:41.66.

M65: - 1. Al Schuster SK 5:26.23.

M70: - 1. John Houlden MB 6:45.88; 2. Stanley Oracheski AB 7:01.64; 3. Donald Thomson AB 7:04.93.

M75: - 1. Kurt Gelbhaar ON 6:17.78; 2. Harry Thompson BC 6:40.94.

M80: - 1. Les Leyland BC 7:42.95.

5000 Metres

M40: - 1. Ted Jaleta SK 15:54.68; 2. David Olsen SK 17:37.17; 3. Kirby Baynton SK 17:46.87; 4. Bruce Campbell ON 18:46.02.

M45: 1. John Byrns 20:06.98; 2. Doug Smith ON 20:16.21; 3. Ed Tomlinson SK 21:15.02; 4. Randy Warick SK 21:32.03.

M50: - 1. Donald James AB 18:37.51; 2. Ric Hanna SK 18:50.05; 3. Lyall Petrie SK 19:13.37; 4. Gaetan Breton QC 20:18.03; 5. Jack Penfold AB 21:08.01; 6. Marty Leier SK 24:18.99.

M55: - 1. Bill Nielsen AB 18:49.56; 2. Albert Orban SK 20:11.47; 3. David Jobling SK 22:21.42; 4. Lornel Anderson BC 23:05.58.

M60: - 1. Roger Davies AB 19:03.69; 2. Gerhard Krolow ON 21:43.34; 3. William Louie AB 23:04.93; 4. Willis Bass AB 24:57.22.

M65: - 1. Al Schuster SK 19:23.87.

M70: - 1. John Houlden MB 23:33.22; 2. Donald Thomson AB 25:00.05; 3. Stanley Oracheski AB 25:50.39.

M80: - 1. Les Leyland BC 29:34.69.

10000 Metres

M40: - 1. David Olsen SK 36:46.45.

M45: - 1. John Byrns 41:35.97.

M50: - 1. Ric Hanna SK 39:14.68; 2. Roland Muzzonlini SK 39:35.30; 3. Lyall Petrie SK 39:35.39; 4. Jack Penfold AB 42:56.73; 5. Gaetan Breton QC 43:24.86.

M55: - 1. Bill Nielsen AB 38:26.82; 2. Albert Orban SK 40:42.72; 3. Lornel Anderson BC 47:16.35.

M60: - 1. Roger Davies AB 39:31.28.

M70: - 1. John Houlden MB 48:39.87; 2. Donald Thomson AB 51:08.52.

M75: - 1. Kurt Gelbhaar ON 46:20.43.

80 Metre Hurdles

M70: - 1. Jim Flowers ON 18.88 (w:-3.3).

100 Metre Hurdles

M50: - 1. Steve E Kashman AB 24.55 (w:-2.6).

M55: - 1. Daniel Anderson ON 22.41 (w:-2.6); 2. Lornel Anderson BC 29.57.

110 Metre Hurdles

M35: - 1. Glenn Chipkar ON 17.28 (w:-3.1); 2. Winchester Johnson SK 17.56.

M40: - Bob Blackburn, USA DNF.

300 Metre Hurdles

M60: - 1. Hylke van der Wal SK 52.28'

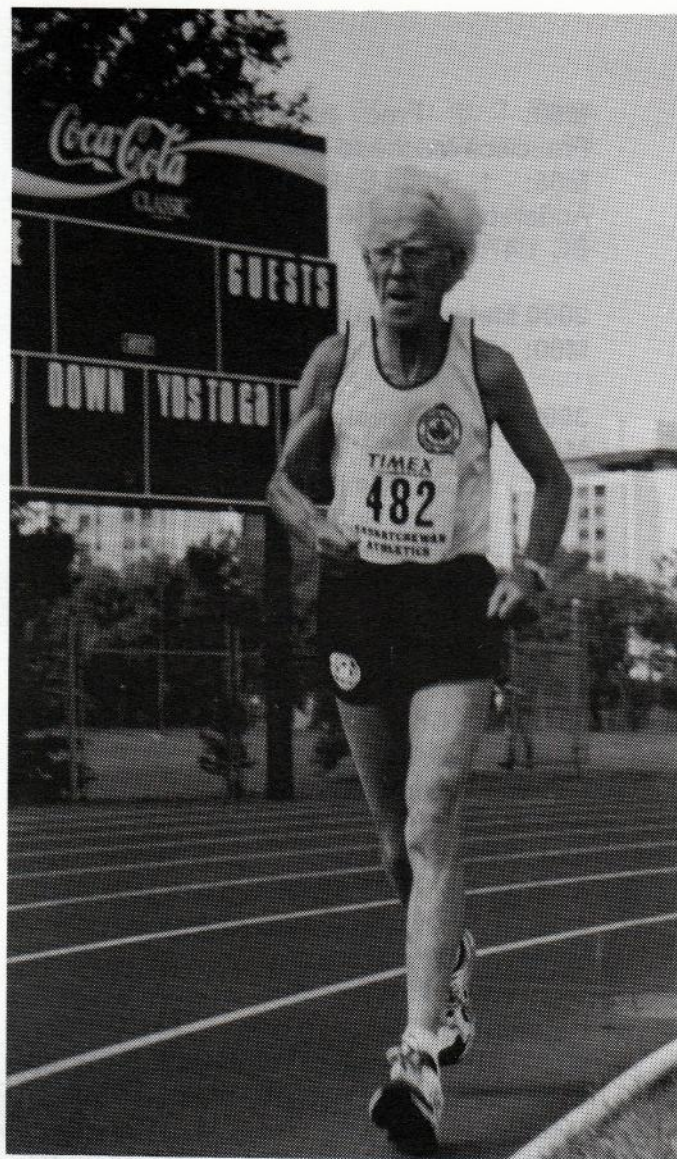
M70: - 1. Jim Flowers ON 1:14.18.

400 Metre Hurdles

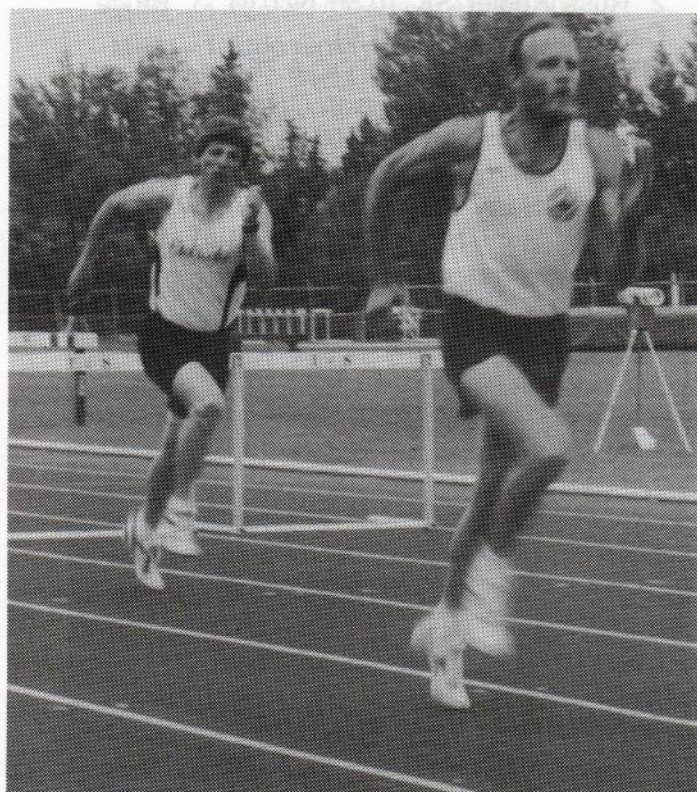
M35: - 1. Glenn Chipkar ON 1:00.13.



Glenn Chipkar M35 from Ontario hurdled to victory in both the 110 and 400 metres.



Les Leyland M80 from British Columbia competed in the 1500 and 5000 metres



Although Fred Judson's lead over Francisco Machado seems safe his final margin of victory was only 0.03 second in the M50 400 metre hurdle event.



The Ontario Masters 4 x 400 Metre Relay team from left to right Bruce Campbell, Roy Chubb, John Powell and Francisco Machado.

M50: - 1. Fred Judson AB 1:06.11; 2. Francisco Machado ON 1:06.14.

M55: - 1. Bruce Selby AB 1:15.52; 2. Daniel Anderson ON 1:19.43; 3. Lornel Anderson BC 1:47.61.

2000 Metre Steeplechase

M60: - 1. Hylke van der Wal SK 9:30.24.

3000 Metre Steeplechase

M40: - 1. Kirby Baynton SK 11:19.02.

M45: - 1. Doug Smith ON 12:48.82.

M50: - 1. Bruce Suffield BC 13:29.40.

M55: - 1. Bruce Selby AB 13:39.57; 2. Daniel Anderson ON 13:58.73; 3. Lornel Anderson BC 15:18.00.

4x100 Metre Relay

30-39: - 1. Chipditch Masters 47.47.

40-49: - 1. B.C. Masters 49.21.

50-59: - 1. Edmonton Masters 52.49.

4X400 Metre Relay

40-49 1. CanAm 3:58.45; 2. Sask Masters 4:10.98; 3. Ontario A 4:26.30

50-59: - 1. Edmonton Masters 4:20.35.

High Jump

M35: - 1. Winchester Johnson SK 1.82; Scott Hopkins ON NH.

M40: - 1. Doug Ross AB 1.77; 2. Terry Krahn AB 1.72; 3. Jim Bissenden BC 1.67; 4. Russ Regier SK 1.67; 5. Ken Fyfe AB 1.42.

M45: - 1. John Hawkins BC 1.72; 2. Terry Mountjoy SK 1.32; 3. Roy Chubb ON 1.27.

M 50: - 1. Jack Walton SK 1.52; 2. Fred Judson AB 1.42.

M55: - 1. Lornel Anderson BC 1.02.

M60: - 1. Philip Fehlen USA 1.72; 2. Gerhard Krolow ON 1.07.

M65: - Max Woerle ON NH.

M75: - 1. Lembit Saar ON 1.02.

M80: - 1. Harry Miller SK 0.67.

Pole Vault

M40: - 1. Doug Ross AB 4.10.

M45: - 1. John Hawkins BC 3.50; 2. Roy Chubb ON 2.45.

M50: - 1. Fred Judson AB 2.75.

M55: - 1. Erv Hickie AB 2.15.

M60: - 1. Udo Grady BC 2.30.

M65: - 1. Max Woerle ON 2.00.

Long Jump

M35: - 1. Doug Ditchfield ON 5.80 (w:2.6); 2. Wayne Lewin AB 5.13. (w:0.8).

M40: - 1. Jim Bissenden, BC 6.05 (w:1.9); 2. Bob Blackburn USA 5.72 (w:3.5); 3. Russ Regier SK 5.19 (w:2.7); 4. Bruce Campbell ON 4.41 (w:2.8).

M45: - 1. Walter Linder AB 5.60 (w:0.1); 2. Ron E Thompson AB 5.20 (w:2.0); 3. John Hawkins BC 5.09m w:3.2; 4. Don Zeman SK 4.52 (w:1.9).

M50: - 1. Greg Marshall QC 5.01 (w:4.8); 2. Bruce Mintz AB 4.56 (w:4.6).

M55: - 1. Erv Hickie AB 4.52 (w:5.6); 2. Norman Reynolds AB 4.14 (w:5.6); 3. Daniel Anderson ON 3.63 (w:2.4); 4. John Palmer ON 3.36; (w:2.5); 5. Lornel Anderson BC 2.70m (w:2.8).

M60: - 1. Gordon Reilly BC 3.93 (w:2.6); 2. Hylke van der Wal, SK 3.83 (w:4.2).

M75: - 1. Harry Thompson BC 3.27 (w:3.7).

M80: - 1. Harry Miller SK 1.85 (w:-0.7).

Triple Jump

M35: - 1. Winchester Johnson SK 13.49 (w:2.6).

M40: - 1. Bob Blackburn USA 11.39 (w:1.8); 2. Russ Regier SK 10.56 (w:0.1); 3. Bruce Campbell ON 8.77 (w:1.0).

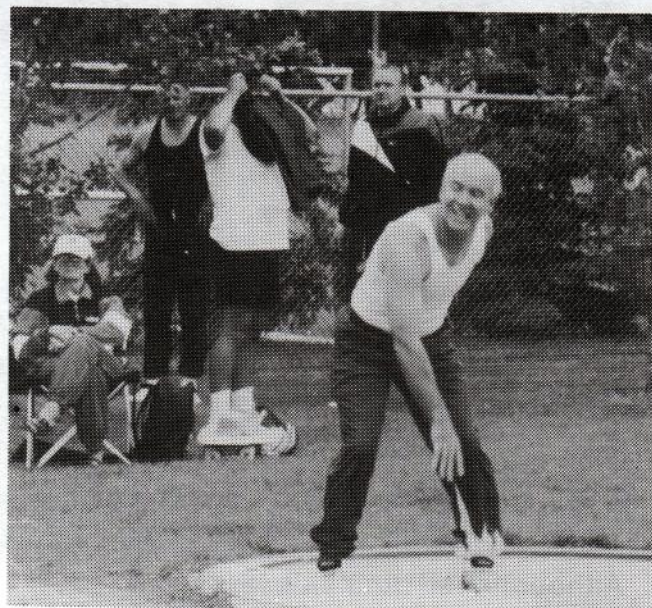
M50: - 1. Greg Marshall QC 8.75 (w:-0.1).

M55: - 1. Daniel Anderson ON 8.13 (w:1.0); 2. Lornel Anderson BC 6.56 (w:0.1).

M60: - 1. Gordon Reilly BC 7.35 (w:-1.1).

M75: - 1. Harry Thompson BC 6.78 (w:0.1).

M80: - 1. Harry Miller SK 4.95 (w:1.4).



Roy Chubb M45 from Ontario competing in the Shot Put

Shot Put

M35: - 1. Dale Janzen AB 10.91; 2. Scott Hopkins ON 9.33.

M45: - 1. Murray Hall BC 10.45; 2. John Hawkins BC 9.73; 3. Ron Chmielewski AB 9.61; 4. Roy Chubb, ON 8.24.

M50: - 1. John Kasperski ON 12.92; 2. Bob Sager USA 11.79.

M55: - 1. Marek Glowacki AB 11.96.

M60: - 1. Udo Grady BC 9.37; 2. Bob Staveley ON 8.80.

M65: - 1. Ray Feick USA 11.19.

M75: - 1. Lembit Saar ON 8.88.

M80: - 1. Aleks Upmalis ON 8.24; 2. Harry Miller SK 6.44.

M85: - 1. Howard West SK 6.40.

Discus Throw

M35: - 1. Dale Janzen AB 37.84; 2. Scott Hopkins ON 30.58.

M45: - 1. Murray Hall BC 39.36; 2. Longin Szafranski AB 36.04; 3. Terry Mountjoy SK 31.18; 4. John Hawkins BC 31.10; 5. Ron Chmielewski AB 30.28; 6. Don Zeman SK 23.36; 7. Roy Chubb ON 23.06.

M50: - 1. John Kasperski ON 40.62; 2. Bob Sager, USA 34.54.

M55: - 1. Marek Glowacki AB 41.70.

M60: - 1. Udo Grady BC 30.64.

M65: - 1. Ray Feick USA 33.78.

M75: - 1. Lembit Saar ON 21.02; 2. Cecil Goodvin BC 14.48.

M80: - 1. Aleks Upmalis ON 21.28; 2. Harry Miller SK 14.42.

M85: - 1. Howard West SK 15.84.

Hammer

M35: - 1. Dale Janzen AB 40.56.

M45: - 1. Ron Chmielewski AB 26.02; 2. Roy Chubb ON 16.68.

M50: - 1. Bob Sager USA 42.52; 2. John Kasperski ON 36.46.

M60: - 1. Udo Grady BC 36.20; 2. Bob Staveley ON 34.96.

M65: - 1. Ray Feick USA 37.48; 2. Max Woerle ON 35.02.

M75: - 1. Lembit Saar ON 23.00.

M80: - 1. Aleks Upmalis ON 25.62; 2. Harry Miller SK 19.42.

Javelin

M35: - 1. Dale Janzen AB 38.38.

M40: - 1. Russ Regier SK 36.86.

M45: - 1. John Hawkins BC 40.36; 2. Brian Berquist SK 39.94; 3. Ron Chmielewski, AB 32.36; 4. Roy Chubb ON 30.20.

M60: - 1. Philip Fehlen USA 45.08; 2. Bob Staveley ON 32.84; 3. Gordon Reilly BC 31.26.

M65: - 1. Ray Feick, USA 34.76.

M75: - 1. Lembit Saar ON 17.98.

M80: - 1. Aleks Upmalis ON 13.78; 2. Harry Miller SK 12.40.

M85: - 1. Howard West SK 14.02.

Weight Throw

M35: - 1. Dale Janzen AB 10.40.

M45: - 1. Longin Szafranski AB 8.41; 2. Ron Chmielewski AB 8.06.

M50: - 1. Bob Sager USA 14.80; 2. John Kasperski ON 12.90.

M55: - 1. Marek Glowacki AB 13.85.

M60: - 1. Udo Grady BC 12.63; 2. Bob Staveley ON 12.03.

M65: - 1. Ray Feick USA 15.08; 2. Max Woerle ON 12.99.

M80: - 1. Aleks Upmalis ON 9.82; 2. Harry Miller SK 5.79.

Pentathlon The rows in the following tables contain the events, the actual result, wind reading (when applicable) the age graded result, the age graded percentage and the number of points awarded for each event.

M35: - 1.. Winchester Johnson SK 3147;

200	LJ	JT	DT	1500
24.40	6.36	45.82	38.96	5:18.29
-3.0	4.9			
23.99	6.69	49.32	38.96	5:12.47
82.25	74.82	51.38	54.78	66.47%
694	741	579	643	490

2. Scott Hopkins, ON 2481;

200	LJ	JT	DT	1500
26.56	5.02	41.30	27.92	4:59.13
-3.0	3.7			
26.11	5.28	44.44	27.92	4:53.66
75.56	59.06	46.31	39.26	70.73
516	437	507	424	597

3. Blaine Hockley ON 1712.

200	LJ	JT	DT	1500
26.67	4.25	21.66	18.26	5:15.52
-3.0	4.4			
26.22	4.47	23.30	18.26	5:15.52
75.25	50.00	24.29	25.67	65.83
507	285	206	240	474

M45: - 1. Brian Berquist SK 2929;

200	LJ	JT	DT	1500
25.34	4.75	39.02	28.04	5:28.51
-3.0	2.9			
23.21	5.72	50.72	30.70	5:00.06
84.96	63.93	52.84	43.17	69.20
766	527	599	478	559

2. Doug Boyd, , SK 1967;

200	LJ	JT	DT	1500
29.06	4.85	30.16	22.50	7:09.31
-3.0	1.3			
26.62	5.84	39.20	24.62	6:32.27
74.09	65.28	40.84	34.64	52.95
476	552	431	360	148

M50: - 1. Fred Judson AB 3073;

200	LJ	JT	DT	1500
28.20	4.61	32.90	29.78	4:51.62
-4.4	NWI			
24.93	5.94	46.98	32.12	4:16.28
79.11	66.43	48.96	45.17	81.05
612	574	544	506	937

M55: - 1. Bruce Selby AB 2821;

200	LJ	JT	DT	1500
28.27	4.41	23.34	21.72	5:18.26
-4.4	2.3			
24.12	6.07	36.62	26.10	4:28.23
81.78	67.95	38.17	36.73	77.43
682	602	393	388	756

M60: - 1. Hylke van der Wal SK 2295;

200	LJ	JT	DT	1500
29.72	3.81	10.86	22.64	5:55.53
-4.4	4.1			
24.45	5.61	17.24	25.28	4:46.28
80.65	62.77	17.98	35.57	72.55
653	504	125	372	641

M 70: - 1. Jim Flowers ON 1934.

200	LJ	JT	DT	1500
34.01	2.78	20.26	24.98	9:42.20
-4.4	2.0			
25.60	4.69	38.88	34.68	7:00.76
77.07	52.45	40.50	48.78	49.36
556	324	426	557	71

Weight Triathlon

M35: - 1. Dale Janzen, AB 1577.

M45: - 1. Longin Szafranski, AB 1726; 2. Ron Chmielewski AB 1508; 3. Terry Mountjoy SK 1499.

M50: - 1. Bob Sager, USA 1744.

M55: - 1. Marek Glowacki, AB 2478.

M65: - 1. Ray Feick, USA 2470; 2. Max Woerle ON 1747.

M80: - 1. Aleks Upmalis ON 1644; 2. Harry Miller SK 1254.

1,500 Metre Walk

M45: - 1. Malcolm Landry AB 7:50.54.

M50: - 1. Steve Kashman AB 7:55.52; 2. Ron McIntoch AB 7:59.58.

M60: - 1. Stuart Summerhayes ON 7:50.03; 2. Willis Bass AB 9:01.00.

M65: - 1. John Weston BC 9:49.12; Jack Castle ON DQ.

5,000 Meter Walk

M45: - 1. Malcolm Landry AB 28:39.61.

M50: - 1. Ron McIntoch AB 29:35.12; 2. Steve Kashman AB 31:42.92.

M60: - 1. Stuart Summerhayes ON 28:15.35; 2. Willis Bass AB 32:24.70.

M65: - 1. John Weston BC 34:47.88.

Mixed 4 x 100 Metre Relay

1. 1. Ontario A 54.65; 2. Masters 55.64; 3. Judy & Family 1:05.13.



Judy and family relay team - from left to right husband Randy, Judy, sister Ruby Neuman and brother Erv Hickie.