

Ontario Masters 5K Cross Country Championships

Chedoke Golf Course - Hamilton

Sunday, November 17th, 2002

Race Director - Phil Steel

W30				5	Paul KELLY	40	0:18:57.0
1	Julie CRITCHELL	31 ROUG	0:26:55.3	6	James EARL	43 ETS	0:19:00.1
2	Sandra TAM	31 TLC	0:29:24.5	7	Rob EARL	43 ETS	0:19:01.3
M30				8	Desmond MOLONEY	42 ETS	0:19:02.7
1	Brian LOVSHIN	33 TOC	0:20:12.8	9	Kevin DILLON	43 TOC	0:19:20.7
2	Ivan WADE	34 TLC	0:23:26.3	10	Jonathon BLACK	44	0:19:22.3
W35				11	Rob BERRY	41 TOC	0:20:09.8
1	Colleen HOPKINS	38	0:21:10.2	12	John MEIJER	41 LAKE	0:20:16.0
2	Margaret WATSON	39 TRID	0:22:20.8	13	George HUBBARD	44 TLC	0:20:42.7
3	Kim HOUSE	36 ACH	0:22:24.9	14	Michael POWER	41	0:21:08.1
4	Natalie GREENIDGE	36 TOC	0:23:06.8	15	Mark GUNBY	40 MISS	0:21:18.2
5	Nancee HUNTER	35 OTTL	0:24:02.8	16	Larry LONGO	44 TOC	0:21:24.3
M35				17	Peter BOWEN	40 LAKE	0:21:36.4
1	Jamie BLACK	39 UTTC	0:18:20.1	18	Ian CRITCHELL	40 XLS	0:22:11.5
2	Vince FRIEL	39 SSD	0:18:34.7	19	Mike JALONEN	43	0:23:31.9
3	Kevin HOOPER	39 OS	0:19:17.7	20	Dave LAFOREST	43 XLS	0:24:07.2
4	Brian BERRESFORD	38	0:21:05.4	W45			
5	Dale LAPHAM	37 XLS	0:21:41.1	1	Nanci SWEAZEY	47 EHS	0:24:36.8
6	Mark WEIST	38 TLC	0:22:05.2	2	Clara NORTHCOTT	48 UTTC	0:25:20.8
7	John GONOS	37 ETS	0:22:15.0	3	Ann WILSON	45 LAKE	0:26:18.2
8	John HINNEN	36	0:22:16.3	4	Sharon STEWART	47 NOC	0:26:47.7
W40				5	Christine GUY	49 EHS	0:29:09.8
1	Karen MACKENZIE	44 LAKE	0:21:25.1	6	Judy LEAHY	49 TLC	0:30:11.2
2	Gillian SALTER	41 MMO	0:23:41.0	7	Carole BUTLIN	46 LAKE	0:30:39.3
3	Louise SOUCY-FRASER	41 EHS	0:25:10.7	8	Robin BUTTON	49 TLC	0:38:03.4
4	Lise ADSHEAD	42 NOC	0:32:27.5	M45			
M40				1	Tim WOOD	45 OS	0:18:36.9
1	Stuart GALLOWAY	41 NOC	0:18:06.4	2	Joe LEHMANN	47 OS	0:19:36.9
2	Ray PAULINS	42 BRNT	0:18:15.4	3	John CRAIG	49 TOC	0:19:46.3
3	Stan TRUDEAU	43 TOC	0:18:40.6	4	Jim VAN BUSKIRK	46 MISS	0:19:57.0
4	Dave DEUBELBEISS	40 TLC	0:18:42.3	5	Allan JOHNSON	48	0:20:34.3





6	Mike SELLON	48	0:21:13.6
7	Richard BUTLIN	46 LAKE	0:21:27.5
8	Denton CREIGHTON	47 LAKE	0:21:34.9
9	Dave BURT	48 FRON	0:22:07.9
10	David GILLIS	45 TLC	0:22:13.7
11	Mike GERAGHTY	47	0:22:22.1
12	Wayne MORRIS	46 LAKE	0:22:22.9
13	Jim RAWLING	47 TLC	0:22:24.4
14	Greg KUSZKOWSKI	49 TOC	0:22:25.4
15	Bruce CAMPBELL	46 LAKE	0:22:31.2
16	Fred DYKMAN	47 HAC	0:22:32.8
17	Tom MARSHALL	47 BLEG	0:23:02.6

3	Bill SHAW	52 FTRC	0:20:03.9
4	Fred CHAPMAN	51	0:20:10.6
5	John DEFINNEY	52 CENT	0:20:15.9
6	Murray HALE	53 NBL	0:20:17.2
7	Tim PAYNE	52 ROUG	0:20:58.1
8	Ron LARIVIERE	52	0:21:46.3
9	Roger DEPLANCKE	52 ROUG	0:22:40.0
10	Dan SNIDER	51 TOC	0:22:42.0
11	Francesco GUARDIANI	53 TLC	0:23:11.3
12	John DICKSON	51 OS	0:23:18.4



M55 Mike Bedley

13	Tony FLETCHER	52 TLC	0:23:33.4
14	Timo UUKSULAINEN	52 TLC	0:23:36.4
15	Dave GRANT	51 FRON	0:23:58.0
16	John LYNG	52 TLC	0:24:31.4
17	Rick ROGERS	50 XLS	0:25:13.6
18	Michael CARTER	53 EHS	0:25:26.4
19	Richard BAILEY	54 TLC	0:26:09.2



2nd M40 Ray Paulins



1st W35 Colleen Hopkins, M45 Larry Longo, and M40 Mike Sellon

18	Paul ZEGLEN	47 MISS	0:24:00.5
19	John POWELL	45 TOC	0:26:47.2
20	Kevin HAYES	49 TLC	0:27:18.2
W50			
1	Linda FINDLEY	54 EHS	0:22:58.8
2	Adele EMO	51 TLC	0:26:48.6
3	Diane MARROW	51 TLC	0:28:26.3
4	Brenda CASSEL	53 CMB	0:30:51.2
M50			
1	George AITKIN	50 CMB	0:19:05.4
2	Joe SAX	50 MISS	0:19:48.4

20	John GREENFIELD	50 TLC	0:26:56.0
W55			
1	Nancy WELLS	56 TLC	0:24:55.0
2	Tina DE GEUS	58 TLC	0:33:14.5
M55			
1	Bill HORWICH	55	0:20:06.4
2	Mike BEDLEY	55 TLC	0:21:12.5
3	Gary CASSEL	57 CAMB	0:21:39.1
4	Hugh CONNOLLY	57 TLC	0:22:18.5
5	Bert DE VRIES	56 TLC	0:22:40.7
6	Glen NORCLIFFE	59 TOC	0:22:45.1
7	Dave SHERIDAN	58 FTRC	0:23:14.2
8	Don WILKINSON	55 OS	0:24:04.3
9	Ian DONALDSON	56 OS	0:25:57.8
10	John POWELL	58 EHS	0:28:31.4
11	Paul COLLIER	59 TLC	0:35:08.8



3rd M45 John Craig

W60

1	Adriana ROWSWELL	62 SCAR	0:29:42.2
2	Joan CHRISTENSEN	62 SCAR	0:30:19.6

M60

1	Bob MOORE	62 TOC	0:22:37.5
2	Brian DREWETT	61 SCRR	0:23:17.6
3	Vern CHRISTENSEN	61 SCAR	0:23:38.8
4	Paul YERICH	63	0:24:33.0
5	Larry LAVOIE	60 SCRR	0:25:07.9
6	Jim PASCOE	64 ROUG	0:28:38.4
7	Ted MITCHELL	60	0:28:55.4

M65

1	Ron CRICHTON	66 EHS	0:24:35.1
2	Richard GRAVES	69 EHS	0:27:48.7
3	Jim MILLIGAN	68 TLC	0:29:16.3

M70

1	Fee EARL	73 EHS	0:25:46.7
2	Bob WILD	70 MUSK	0:25:47.9
3	Morgan PATERSON	70 EHS	0:28:33.5



1st W30 Julie Critchell and 2nd W50 Adele Emo

Julie took a break from doing the computer results from the other Cross Country races this season.. **Thanks Julie!**



Longboat
Won the W30,
W50, and M50
team catagories.

Team Results

Age Grp	TEAM	NAME	Time	Total
W30-39	(3 to score/4 to a team)			
1st	Longboat (TLC)	Sandra Tam (31)	29.24.5	
		Judy Leahy (49)	30.11.2	
		Robin Button (49)	38.03.4	77.39.1
W40-49	(3 to score/4 to a team)			
1st	Etobicoke (EHS)	Linda Findlev (54)	22.58.8	
		Nancy Patten-Sweazv (47)	24.36.8	
		Louise Soucy-Fraser(41)	25.10.7	72.46.3
		Christine Guv (49)	29.09.8	
2nd	Lakeshore (LAKE)	Karen Mackenzie (44)	21.25.1	
		Ann Wilson (45)	26.18.2	
		Carol Butlin (46)	30.39.3	78.22.6
W50-59	(2 to score/2 to a team)			
1st	Longboat A (TLC)	Nancy Wells (56)	24.55.0	
		Adele Emo (51)	26.48.2	51.43.2
2nd	Longboat B (TLC)	Diane Marrow (51)	28.26.3	
		Tina De Geus (58)	33.14.5	61.40.8
W60+	(2 to score/2 to a team)			
1st	Scarborough	Adriana Rowsell (62)	29.42.2	
	(Young Grannies)	Joan Christensen (62)	30.19.6	60.01.8
M30-39	(3 to score/4 to a team)			
1st	Lakeshore (LAKE)	Denton Creighton (47)	21.34.9	
		Peter Bowen (40)	21.36.4	
		John Hinnen (36)	22.16.3	65.27.6
		Bruce Campbell (46)	22.31.2	
2nd	Longboat (TLC)	Mark Weist (38)	22.05.2	
		Ivan Wade (34)	23.26.3	
		Andy Manahan (44)	24.47.9	70.19.4
		Kevin Hayes (49)	27.18.2	
M40-49	(3 to score/4 to a team)			
1st	East Toronto (ETS)	James Earl (43)	19.00.1	
	Striders	Rob Earl (43)	19.01.3	
		Desmond Moloney (42)	19.02.7	57.04.1
2nd	Toronto Olympic A	Stan Trudeau (43)	18.40.6	
	(TOC)	Kevin Dillon (43)	19.20.7	
		John Craig (49)	19.46.3	57.47.6
		Rob Berrv (41)	20.09.8	
3rd	Mississauga (MISS)	Joe Sax (50)	19.48.4	
		Jim Van Buskirk (46)	19.57.0	
		Mark Gumbv (40)	21.18.2	61.03.6
		Paul Zealen (47)	24.00.5	
4th	Longboat (TLC)	Dave Deubelheiss (40) 241	18.42.3	
		George Hubbard (44)	20.42.7	
		Dave Gillis (45)	22.13.7	61.38.7
		Jim Rawling (47)	22.24.4	
5th	Lakeshore (LAKE)	John Meijer (41)	20.16.0	
		Richard Butlin (46)	21.27.5	
		Wayne Morris (46)	22.22.9	64.06.4
		Mike Jalonen (43)	23.31.9	
6th	Toronto Olympic B	Larry Longo (44)	21.24.3	
	(TOC)	Greg Kuczkowski (49) 133	22.25.4	
		Natalie Greenidge (F36) 168	23.06.8	66.56.5
		John Powell (45)	26.47.2	
7th	XLS TC	Ian Critchell (40)	22.11.5	
		Dave LaForest (43)	24.07.2	
		Rick Rogers (50)	25.13.6	71.31.3
M50-59	(3 to score/4 to a team)			
1st	Longboat A (TLC)	Mike Bedlev (55)	21.12.5	
		Hugh Connolly (57)	22.18.5	
		Bert de Vries (56)	22.40.7	66.11.7
2nd	Toronto Olympic	Bob Moore (62)	22.37.5	
	(TOC)	Dan Snider (51)	22.42.0	
		Glen Norcliffe (59)	22.45.1	67.59.6
3rd	Longboat B (TLC)	Tony Fletcher (52)	23.33.4	
		Tim Uuksulainen (52)	23.36.4	
		John Lyng (52)	24.31.4	71.31.2
		Richard Bailey (54)	26.09.2	
4th	Owen Sound (OS)	John Dickson (51)	23.18.4	
		Don Wilkinson (55)	24.04.3	
		Ian Donaldson (56)	25.57.8	73.21.5
M60-69	(3 to score/4 to a team)			
1st	St.Catharines RR	Brian Drewett (61)	23.17.6	
	(SCRR)	Paul Yerich (63)	24.33.0	
		Larry Lavoie (60)	25.07.9	72.58.5