

27th Annual
Ontario Masters 8K Cross Country Championships
 Sunnybrook Park, Toronto
 Sunday, November 10, 2002

W30

Fiorino, Missy	30:29.02	77.5%
Sherwood, Kathryn	33:28.33	70.6%
Nelson, Kate	35:19.10	66.9%
Van Rothenburg, Hel	40:59.66	57.6%
McVean, Marcia	50:26.73	46.8%

W35

Webb, Kim **30:43.15** **79.2%** **CR tie**
 (CR 30:43 Beth Carmichael '00)

Hopkins, Colleen	33:43.53	72.1%
Greenidge, Natalie	36:52.45	64.9%
Miller, Gisele	37:54.20	63.6%
Venart, Jennifer	42:01.28	57.9%
Yee, Jeanette	54:11.90	44.5%

W40

Rothschild, Cynthia	39:25.11	63.7%
Salter, Gillian	39:53.55	62.5%
Soucy-Fraser, Louise	41:43.72	59.7%
Van den Berg, Cathe	42:03.69	59.2%

W45

Sweazey, Nanci	38:08.30	68.8%
Northcott, Clara	40:01.35	66.1%
Watson, Pauline	43:57.54	60.2%
Roblin, Lynn	44:28.99	57.9%
Del Grande, Karla	45:14.24	59.0%
Newman, Deidre	46:23.16	56.0%
deGrace, Laurie	47:04.84	56.7%
Tryon, Jane	48:09.57	54.0%
Guy, Christine	48:17.05	55.3%

W50

Findley, Linda **36:30.36** **76.7%** **CR**
 (old CR 42:49 Linda '98)

McLean, Christine	41:44.84	65.1%
Emo, Adele	42:44.35	63.6%

W55

Wells, Nancy	39:05.63	73.1%
de Geus, Tina	54:40.79	53.3%

W60

Christensen, Joan **47:16.80** **64.5%** **CR**
 (old CR 47:36 Adri Rowswell '00)

Rowswell, Adri	48:47.12	62.5%
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W65

Turner, Molly	43:38.70	75.2%
Hanger, Wendi	49:54.43	63.3%

M30

Sinclair, Ian	30:18.48	70.3%
Lovshin, Brian	31:31.17	67.6%
Oreopoulos, Phil	32:32.03	65.5%
Ivan, Wade	37:52.51	56.2%
McGrath, Robert	38:15.87	55.7%
Lock, David	38:47.40	54.9%

M35

Friel, Vince	29:13.91	74.9%
Black, Jamie	29:18.59	74.7%
Donato, Peter	29:36.63	72.4%
Fischer, Ray	31:59.20	67.5%
Gonos, John	32:30.31	66.4%
Berresford, Brian	34:11.92	63.6%



Hinnen, John	36:22.77	58.9%
Weist, Mark	36:56.91	58.8%
Kelly, Tom	37:11.17	58.9%

M40

Earl, James	30:00.07	75.1%
Deubelbeiss, David	30:10.64	73.1%
Black, Jonathan	30:31.18	74.4%
Moloney, Des	31:04.77	72.0%
Hubbard, George	32:50.88	69.1%
Berry, Rob	33:00.96	67.3%
Longo, Larry	33:19.13	68.1%
Meijer, John	33:31.94	66.2%
Bowen, Peter	35:18.59	62.4%
Duff, Mark	35:51.87	61.5%
Jalonen, Mike	36:05.19	62.4%
Wallace, James	36:36.17	60.2%
Allegretti, Joe	37:00.00	61.3%
Michael, Proctor	37:25.27	60.2%
Jevremovic, Vladisl	37:47.90	59.6%
Pietrangelo, Tony	48:55.92	46.4%

M45

Lehmann, Joe	31:24.61	73.3%
Van Burskirk, Jim	31:42.63	72.1%
Rawling, Jim	34:30.86	67.3%
Sellon, Mike	34:37.53	67.6%
Morris, Wayne	35:12.28	65.4%
Creighton, Denton	35:33.49	65.3%
Campbell, Bruce	35:49.49	64.3%
Kuczkowski, Greg	35:54.18	65.7%
Dykman, Fred	36:03.37	64.4%
Spielvogel, David	36:37.93	62.4%
Keeting, Alex	37:07.61	61.6%
Powell, John	40:18.86	56.7%
Hayes, Kevin	46:26.30	50.8%
Edwards, Jeremy	48:35.21	47.0%

M50

Aitkin, George	30:55.70	76.8%
De Finney, John	32:05.86	75.3%
Hale, Murray	32:08.33	75.8%



M35 Vince Friel 1st Overall with **M35 Jamie Black** close behind.
Vince was running one of his last races in the M35's, turning 40 soon.

Pyatt, Phil	33:09.86	73.4%
Payne, Tim	34:05.81	70.8%
De Plancke, Roger	35:27.66	68.1%
Pickard, John	35:47.42	68.6%
Snider, Dan	36:40.30	65.3%
Guardiani, Francesc	37:13.57	65.4%
Lyng, John	39:33.14	61.1%
Carter, Mike	39:36.16	61.5%
Groome, Allen	45:35.06	53.4%
Hoff, Tory	46:07.70	52.8%
Tanaka, Min	56:53.21	43.2%

M55

Sheridan, David	34:27.50	73.8%
Bedley, Mike	35:07.48	70.5%
King, Frank	35:10.95	71.0%
Connolly, Hugh	35:23.20	71.2%
de Vries, Bert	36:11.97	69.0%
Norcliffe, Glen	36:18.69	70.7%
Milward, Bill	37:15.14	67.7%
Miller, Hugh	42:42.15	58.5%
Kavanagh, Dermot	43:21.22	57.1%
Powell, John	44:56.49	56.6%
Collier, Paul	56:07.66	45.7%

M60

Mackie, Chris	36:24.59	72.6%
Woodhall, David	37:28.30	69.1%
Christensen, Vern	37:35.93	69.6%
Yerich, Paul	37:42.20	70.8%
Drewett, Brian	38:41.77	67.6%
Goodstadt, Michael	38:58.93	67.8%
Lavoie, Larry	39:00.69	66.4%
Mounsey, Duncan	42:12.53	63.9%
Pascoe, James	42:47.91	63.0%
Murphy, John	43:46.73	59.8%
Nagle, Bob	46:58.21	57.4%

M65

Geddes, Jack	37:02.91	73.5% CR
(old CR 37:28 Ron Crichton '01)		
Crichton, Ron	38:57.41	70.7%



M45 Wayne Morris & M55 Hugh Connolly
on the first trip up the **Bob Moore Hill**.

Krolow, Gerhard	42:35.59	65.4%
Milligan, Jim	43:11.49	65.2%
Rice, Gordon	45:44.64	60.2%

M70

Wild, Bob	40:47.18	70.7%
Fee, Earl	41:16.93	72.6%
Wilson, David	42:29.16	68.7%
Paterson, Morgyn	46:15.50	62.3%
Lang, Ralph	50:52.15	59.7%

Team Results**Kim Webb** tied Beth Carmichael's W35 **30:43** Course Record**M30** (4 to run, 3 to score)

1	Marathon Dynamics	90:55	CR
	Donato, Black, Sherwood		
	(old CR 92:19 East Toronto Striders '99)		
2	TOC	94:21	
	Lovshin, Oreopoulos, Sinclair		
3	Lakeshore Masters	107:31	
	Hinnen, Campbell, Bowen, Wilson		
4	Longboat	114:23	
	Weist, Ivan, Lyng		

M40

1	TOC	102:16	
	Berry, Longo, Kuczkowski, Norcliffe		
2	Lakeshore Masters	104:17	
	Meijer, Morris, Creighton, Jalowen		
3	Longboat	107:33	
	Rawling, Deubelbeiss, Hubbard, Hayes		
4	Hamilton A C	107:46	
	D.Sheridan, Dykman, M.Sheridan, Millward		
5	Scarborough Masters	122:17	
	Spielvogel, McVean, Duff		
6	East Toronto Striders	DNF	
	Moloney, Da Silva Jarnine, J.Earl		

M50

1	Rouge River	105:22	
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**2nd M40 Dave Deubelbeiss - Don't Ask !**

	Payne, Pickard, DePlanke, Pascoe	
2	Longboat	106:44
	Bedley, Connolly, de Vries, Guardiani	
3	Etobicoke HS	118:43
	Carter, Powell, Crichton	
4	Scarborough Masters	121:08
	Miller, Pyatt, DelGrande	
5	Longboat	147:52
	Groome, Hoff, Collier	

M60

1	Scarborough Masters	113:38
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**Marathon Dynamics** broke the M30 Course Record...(with a Woman!)
set in 1999 by the East Toronto Striders. Oh the shame!
Peter Donato 29:36, Kathryn Sherwood 33:28, Jamie Black 29:18



(old CR 106:27 Etobicoke '00)

- 2 Merry Oakville Moms 139:44
Yee, Roblin, deGrace, Tryon

W40

- 1 Etobicoke HS 116:22
Findley, Guy, Soucy-Fraser, Sweazey
2 Merry Oakville Moms 125:56
Salter, Watson, Vanderberg

W50

- 1 Longboat 93:47
deGeus, Wells

W60

- 1 **Scarborough Masters** **96:04** **CR**
J.Christensen, Rowswell
(no previous record)

M45 Fred Dykman & M40 Mike Jalonen

- Geddes, V.Christensen, Goodstadt
2 St Catherines 115:26
Drewett, Murphy, Yerich, Lavoie
3 Longboat 132:56
Nagle, Milligan, Emo

M70 (2 to run)

- 1 Etobicoke 87:33
Fee, Paterson
2 Metro Fitness 94:32
Molly Turner, Lang

W30

- 1 **TOC** **98:04** **CR**
Greenidge, Webb, Fiorino



M35 John Gonos & M30 Phil Oreopoulos

*Many thanks to Vern and the
Scarborough Masters
for providing
the refreshments once again.*



W50's Linda Findley 1st (CR),
Christine McLean 2nd, Adele Emo 3rd