

WMA Championships

Brisbane Australia

July 4-14, 2001

Canadian Results

			Age	Heat	Place	Result	Wind	Age Grade	Record Award
100m									
Fossberg	Mette	W45	100mP	22	14.86	-0.7	81.97%		
Lord	Betsy	W45	100mF	1	13.56	-1.2	87.17%	GOLD	CAN
(old CAN record 14.17 Jutta Riegel '85 & Rhona Trott '94)									
Lord	Betsy	W45	100mS	3	13.58	0.2	87.04%		
Lord	Betsy	W45	100mP	5	13.61	NWI	86.85%		
Trott	Rhona	W50	100mS	11	14.52	0.2	85.88%		
Trott	Rhona	W50	100mP	14	14.66	0.0	85.06%		
Radcliffe	Margaret	W55	100mP	28	15.76	0.0	83.57%		
Webb	Coral	W70	100mP	7	17.83	-1.1	82.05%		CAN
(old CAN record 17.92 Isobel Saumier '87)									
Kotelko	Olga	W80	100mF	2	21.45	-0.5	80.33%	SILVER	
Fleming	Annie	W80	100mF	3	23.03	-0.5	74.82%	BRONZE	
200m									
Fossberg	Mette	W45	200mS	13	30.78	n/a	80.47%		
Fossberg	Mette	W45	200mP	16	31.05	-0.7	79.77%		
Lord	Betsy	W45	200mF	1	27.43	0.0	87.42%	GOLD	
Lord	Betsy	W45	200mS	2	28.22	n/a	84.98%		
Lord	Betsy	W45	200mP	1	27.90	0.4	85.95%		
Trott	Rhona	W50	200mP	6	30.00	-0.3	84.67%		
Radcliffe	Margaret	W55	200mS	13	32.77	-1.0	82.24%		



W45 Betsy Lord (2nd from right) won Gold in the 100m, 200m, & 400m.



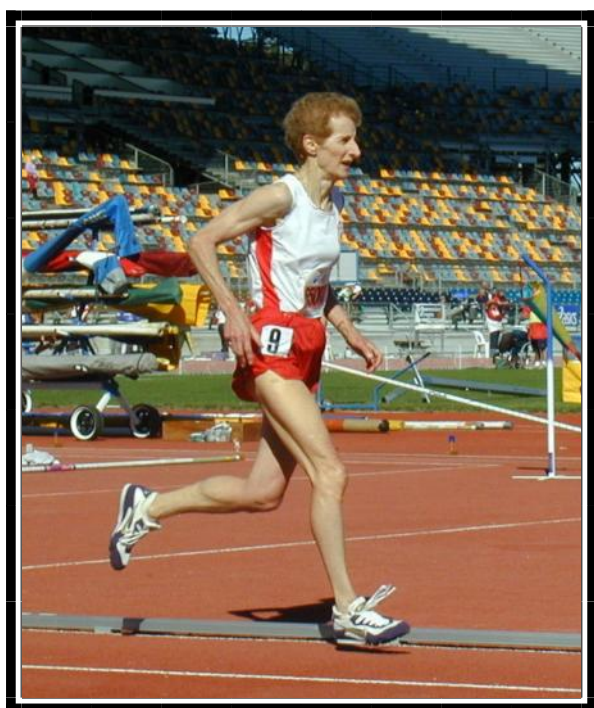
W45 Maureen de St Croix won the 800m, 1500m, and the Cross Country



W35 Anna Cranton (L) made the finals of the 400m and 800m

	Radcliffe	Margaret	W55	200mP	14	33.10	0.4	81.42%	
	Rosenitsch	Anne Marie	W60	200mS	18	35.91	n/a	75.72%	
	Rosenitsch	Anne Marie	W60	200mP	19	35.37	-0.4	76.87%	
	Webb	Coral	W70	200mF	7	40.00	NWI	75.47%	
	Webb	Coral	W70	200mP	6	38.57	n/a	78.27%	
	Fleming	Annie	W80	200mF		n/a	n/a		SILVER
	Kotelko	Olga	W80	200mF		n/a	n/a		BRONZE
400m	Cranton	Anna	W35	400mF	8	61.40		82.72%	
	Cranton	Anna	W35	400mP	7	60.99		83.28%	
	Lord	Betsy	W45	400mF	1	60.96		88.02%	GOLD
	Lord	Betsy	W45	400mP	1	62.86		85.36%	
	Trott	Rhona	W50	400mP	9	69.24		82.29%	
	Radcliffe	Margaret	W55	400mP	18	77.51		78.58%	
	Rosenitsch	Anne Marie	W60	400mP	13	79.54		77.36%	
	Horne	Jean	W65	400mF	2	74.73		90.27%	SILVER CAN
	(old CAN record 1:15.61 Jean '99)								
	Horne	Jean	W65	400mP	2	75.39		89.48%	
	Webb	Coral	W70	400mF	5	1:34.22		73.45%	
	McLeod-Smith	Doreen	W75	400mF	5	2:08.97		57.68%	
800m	Cranton	Anna	W35	800mF	7	2:13.63		84.47%	
	Cranton	Anna	W35	800mS	4	2:22.28		84.03%	
	Cranton	Anna	W35	800mP	6	2:24.48		82.75%	
	de St. Croix	Maureen	W45	800mF	1	2:18.20		94.19%	GOLD
	de St. Croix	Maureen	W45	800mP	1	2:27.95		87.98%	
	McMillan	Marne	W45	800mF	7	2:34.40		85.07%	
	McMillan	Marne	W45	800mP	3	2:38.83		82.70%	
	Horne	Jean	W65	800mF	2	2:58.65		90.55%	SILVER

Carrier	Ruth	W70	800mF	2	3:42.20	74.81%	SILVER
Marvin	Lenore	W80	800mF	1	4:03.47	82.66%	GOLD CAN
(old CAN 4:10.29 Lenore '00)							
1500m							
de St. Croix	Maureen	W45	1500mF	1	4:39.75	94.14%	GOLD CAN
(old CAN 4:52.94 Maureen '99 Gateshead)							
de St. Croix	Maureen	W45	1500mP	2	5:13.88	83.90%	
McMillan	Marne	W45	1500mF	8	5:20.79	82.84%	
McMillan	Marne	W45	1500mP	11	5:29.9	80.55%	
Findley	Linda	W50	1500mF	6	5:15.11	87.62%	
Findley	Linda	W50	1500mP	4	5:28.60	84.02%	
Horne	Jean	W65	1500mF	1	6:00.98	90.88%	GOLD CAN
(old CAN record 6:03.77 Jean '99 Gateshead)							
Visser	Helly	W65	1500mF	2	6:02.84	89.19%	SILVER
Marvin	Lenore	W80	1500mF	1	8:17.30	82.24%	GOLD
5000m							
Dumais	Jocelyne	W40	5000m	27	23:38.16	65.01%	
Tedford	Cathy	W45	5000m	30	29:26.08	54.99%	
Findley	Linda	W45	5000m	3	19:38.37	86.35%	BRONZE
Christensen	Joan	W60	5000m	16	25:15.12	73.01%	
Turner	Molly	W65	5000m	6	22:32.53	87.97%	
Visser	Helly	W65	5000m	3	22:14.11	89.18%	BRONZE CAN
(old CAN record 22:24.61 Roseamund Dashwood '89 Eugene)							
Marvin	Lenore	W80	5000m	1	29:15.88	85.23%	GOLD CAN
(old CAN record 31:28.11 Lenore '00 Kamloops)							
10,000m							
Stromsmoe	Marcia	W50	10,000m	11	45:40.00	75.93%	
Turner	Molly	W65	10,000m	3	46:29.13	87.99%	BRONZE CAN
(old CAN record 46:54.87 Roseamund Dashwood '89 Eugene)							
80mH							
Estwick	Leslie	W40	80mH-F	1	11.25	95.73%	GOLD CAN
(old CAN record 13.38 Liz McBlain '89 Eugene)							
Estwick	Leslie	W40	80mH-P	1	11.37	95.72%	
400mH							
Cochrane	Nancy	W45	400mH-P	11	1:35.13	67.07%	



2nd in the 400m and 800m, **W65 Jean Horne** won the Gold in the 1500m



W45 Nancy Cochrane was the only CAN woman in the Steeplechase



300mH

W60 Joan Christensen in the 5000m
served as Assistant Team Captain



W45 Cathy Tedford in the 5000m

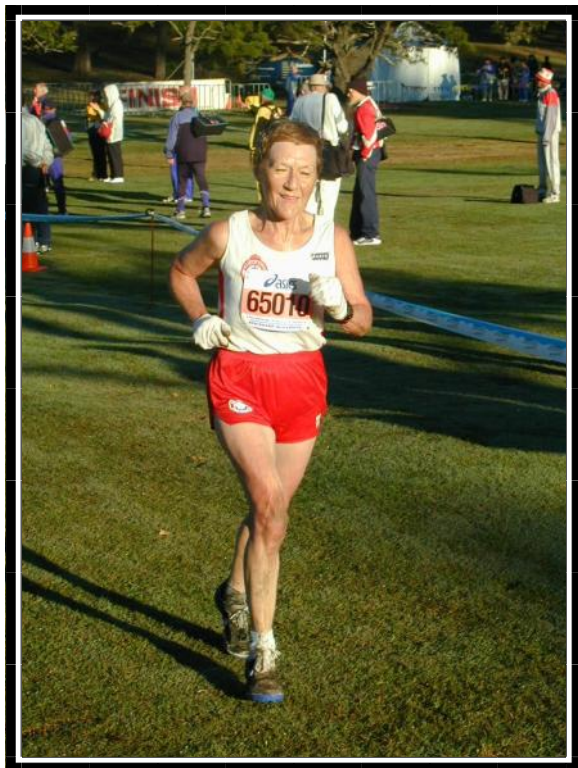
Carrier	Ruth	W70	300mH	1	77.78	74.16%	GOLD	CAN
(no previous CAN record)								
Steeplechase								
Cochrane	Nancy	W45	Steeple	7	10:42.79	66.97%		
5kRW								
Watts	Sherry	W45	5000mRW	14	30:51.38	74.66%		
Hoover	Helen	W45	5000mRW	16	31:31.12	73.70%		
Sweazey	Nanci	W45	5000mRW		DQ			
Ramsden	Aggie	W50	5000mRW	15	32:24.71	73.58%		
Johnson	Faune	W50	5000mRW	21	34:57.90	68.82%		



W40 Leslie Estwick won the Gold in the Hurdles,
Silver in the HJ, Bronze in the LJ, and 5th in the PV.



W45 Mary Freeman (R)



W65 Molly Turner won a Bronze in both the Cross Country and the 10,000m.



W80 Lenore Marvin
won 5 Golds - 800m, 1500m,
5000m, 5000W, and the Cross Country

Chute	Marilyn	W55	5000mRW	12	31:36.67	77.53%	
Sakar	Eileen	W55	5000mRW	20	33:49.36	75.35%	
Rosenitsch	AnnMarie	W60	5000mRW	5	31:48.72	80.91%	
McKeigan	Jeannie	W60	5000mRW	13	34:02.25	76.42%	
Christensen	Joan	W60	5000mRW	14	34:07.71	76.21%	
Provost	June-Marie	W65	5000mRW	4	31:01.21	90.61%	
Smallwood	Maxine	W70	5000mRW	15	40:20.69	73.17%	
Marvin	Lenore	W80	5000mRW	1	42:24.69	79.08%	GOLD CAN
(no previous CAN record)							

LJ

Estwick	Leslie	W40	LJ	3	5.50m	0.0	84.49%	BRONZE CAN
(old CAN record 4.95 Liz McBlain '88 Etobicoke)								
Fossberg	Mette	W45	LJ	13	3.89m	0.0	68.13%	
Radcliffe	Margaret	W55	LJ	14	3.44m	-0.1	69.49%	
Webb	Coral	W70	LJ	7	3.06m	0.7	72.51%	CAN
(old CAN 3.05 Elga Meri '91 Turku)								
McLeod-Smith	Doreen	W75	LJ	2	2.10m	-1.5	53.44%	SILVER CAN
(old CAN record 1.75 Ernestine Yeomans '94)								
Pedel	Helgi	W75	LJ	3	1.51m	-0.1	39.63%	BRONZE
Kotelko	Olga	W80	LJ	1	2.14m	-0.3	61.32%	GOLD CAN
(no previous CAN record)								

TJ

Banack	Angeline	W35	TJ	11	9.02m	61.28%	
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HJ

Szanto	Gaby	W35	HJ	4	1.60m	82.47%	
Estwick	Leslie	W40	HJ	2	1.66m	91.21%	SILVER
McBlain	Liz	W50	HJ	4	1.25m	80.65%	
Radcliffe	Margaret	W55	HJ	3	1.25m	86.81%	BRONZE CAN
(ties CAN record 1.25 Edith Gray '94 Edmonton)							
Pedel	Helgi	W75	HJ	1	1.01m	87.07%	GOLD
McLeod-Smith	Doreen	W75	HJ	5	.86m	72.88%	
Kotelko	Olga	W80	HJ	1	.89m	83.18%	GOLD

PV

Szanto	Gaby	W35	PV	1	3.10m	75.98%	GOLD	CAN
(ties CAN record 3.10 Leslie Estwick '00 Toronto)								
Estwick	Leslie	W40	PV	5	2.90m	76.52%		CAN
(no listed CAN record)								
Hammer								
McLeod-Smith	Doreen	W75	HT	7	10.81m	34.90%		CAN
(old CAN record 5.44 Lillian White '89 Eugene)								
Kotelko	Olga	W80	HT	2	16.31m	62.04%	SILVER	
SP								
Banack	Angeline	W35	SP-4KG	14	10.36m	48.30%		
Smallwood	Maxine	W70	SP-3KG	13	5.17m	53.74%		
Pedel	Helgi	W75	SP-3KG	4	5.84m	69.69%		
McLeod-Smith	Doreen	W75	SP-3KG	5	5.41m	60.92%		
Kotelko	Olga	W80	SP-3KG	3	4.73m	65.79%	BRONZE	
Discus								
Banack	Angeline	W35	DT-1KG	15	30.79m	41.68%		
Smallwood	Maxine	W70	DT	12	12.78m	40.14%		
McLeod-Smith	Doreen	W75	DT	4	12.59m	42.48%		
Kotelko	Olga	W80	DT	1	13.42m	54.60%	GOLD	
Javelin								
Banack	Angeline	W35	Javelin	10	19.68m	28.67%		
Radcliffe	Margaret	W55	Javelin	3	25.99m	59.56%	BRONZE	
Smallwood	Maxine	W70	Javelin	9	13.27m	42.42%		
McLeod-Smith	Doreen	W75	Javelin	3	10.92m	37.63%	BRONZE	
Kotelko	Olga	W80	Javelin	1	11.17m	46.81%	GOLD	
Wt Pent								
Banack	Angeline	W35	Wt. Pent	15	2196			
McBlain	Liz	W50	Wt. Pent	10	2353			
Kotelko	Olga	W80	Wt. Pent	1	2172		GOLD	
8K Cross Country								



W45 Team Cross Country Silver Medalists
Marnie McMillan, Maureen de St Croix, and Linda Findley (Photo courtesy Photo Graphics Brisbane)

Dumais	Jocelyne	W40	8k X-C	36	45:01.0		
de St. Croix	Maureen	W45	8k X-C	1	30:08.0		GOLD
Findley	Linda	W45	8k X-C	9	35:13.0		
McMillan	Marnie	W45	8k X-C	13	39:07.0		
Freeman	Mary	W45	8k X-C	18	41:10.0		
Tedford	Cathy	W45	8k X-C	25	52:36.0		
Christensen	Joan	W60	8k X-C	17	44:14.0		
McKeigan	Jeanie	W60	8k X-C	36	55:44.0		
Turner	Molly	W65	8k X-C	3	41:07.0		BRONZE
Marvin	Lenore	W80	8k X-C	1	56:00.0		GOLD
X-C Teams							
de St. Croix, Findley, McMillan		W45	8k X-C -T	2	104:28		SILVER
10kRW							
Sweazey	Nanci	W45	10kRW	12	1:01.27	74.51%	CAN
(old CAN record 1:02:45 Cecelia Roth '83)							
Watts	Sherry	W45	10kRW	16	1:03:57	73.36%	
Hoover	Helen	W45	10kRW	17	1:04:53	72.91%	
Ramsden	Aggie	W50	10kRW	17	1:08:31	70.87%	
Johnson	Faune	W50	10kRW	24	1:12:41	67.40%	
Chute	Marilyn	W50	10kRW	11	1:04:42	77.10%	
Sakar	Eileen	W55	10kRW	22	1:11:22	72.66%	
McKeigan	Jeannie	W60	10kRW	19	1:12:20	73.16%	
Provost	June-Marie	W65	10kRW	4	1:02:56	90.83%	
10kRW Teams							
Sweazey, Watts, Hoover		W45	10kRW-T	3	3:10:17		BRONZE
Marathon							
Stromsmoe	Marcia	W50	Marathon	5	3:43:47	70.63%	
Relays							
Rosenitsch,Provost,Christensen,Radcliffe			W55	4x100	DQ		
Webb,McLeod-Smith,Kotelko,Carrier			W70	4x100	1	1:21.05	GOLD
Lord,Findley,McMillan,deSt.Croix			W45	4x400	DQ		
Radcliffe,McBlain,Rosenitsch,Trott			W50	4x400	4	49:74	



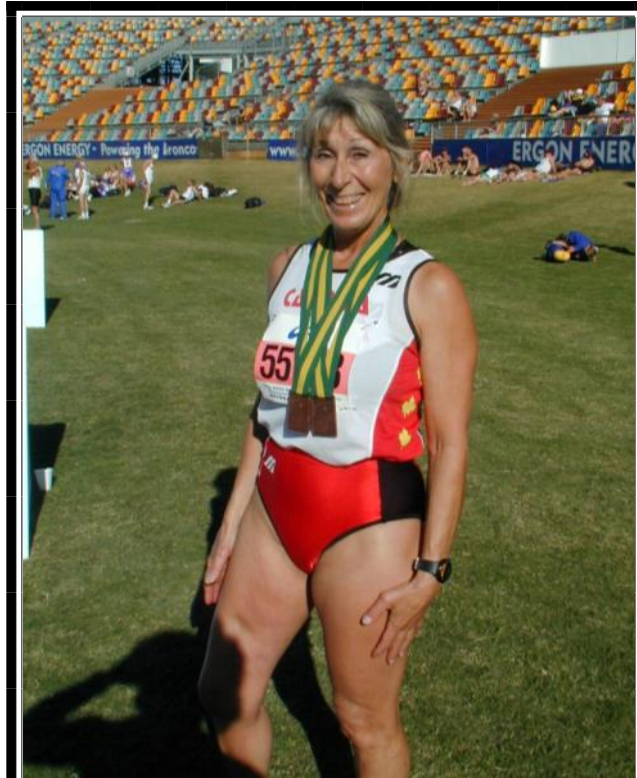
M70 Jack Castle, the CMAA President, ran the Cross Country



M45 Peter Freeman ran the 200m and the 400m.



M40 Mike Moon shows the Aussies and the Kiwis how Canadians run a hill! :-)



W55 Marg Radcliffe with her Bronze medals from the High Jump and Javelin

Men's Results

100m

Mailloux	Roger	M40	100mP	50	13.09	0.0	81.05%
Smith	Kerry	M45	100mF	4	11.67	-1.5	92.72%
Smith	Kerry	M45	100mS	4	11.66	-0.2	92.80%
Smith	Kerry	M45	100mP	7	11.74	0.0	92.16%
Grose	Val	M45	100mF	8	12.00	-1.5	89.00%
Grose	Val	M45	100mS	7	11.85	0.0	90.13%
Grose	Val	M45	100mP	5	11.97	-0.9	89.22%
Dickson	Tom	M45	100mS	11	11.96	0.2	89.57%
Dickson	Tom	M45	100mP	10	12.11	-0.9	90.01%
Killas	Kostie	M45	100mS	13	12.08	0.0	89.57%
Killas	Kostie	M45	100mP	13	12.14	-0.9	89.13%
Linder	Walter	M50	100mS	11	12.29	0.0	89.83%
Linder	Walter	M50	100mP	13	12.51	-0.2	88.25%
Genik-Sas-Berezowski	Miron	M50	100mP	45	13.24	-0.1	84.52%
Charles	Keith	M55	100mP	26	13.08	1.6	88.46%
Day	William	M60	100mP	43	15.79	NWI	75.87%
Wisneth	Eric	M60	100mP	46	18.06	NWI	66.33%
Thompson	Bill	M70	100mP	22	15.38	NWI	84.27%
Robson	Leslie	M70	100mP	25	15.82	0.0	84.51%

200m

Killas	Kostie	M45	200mF	8	24.53	NWI	89.03%
Killas	Kostie	M45	200mS	8	24.54	-1.0	89.00%
Killas	Kostie	M45	200mP	11	24.79	0.3	88.10%
Smith	Kerry	M45	200mP	2	23.93	-0.1	91.27%
Cameron	Douglas	M45	200mP	31	27.12	0.7	81.08%
Freeman	Peter	M45	200mP	42	32.40	-0.7	68.36%
Linder	Walter	M50	200mS	9	24.81	-1.0	89.92%
Linder	Walter	M50	200mP	4	24.80	-0.7	89.96%
Genik-Sas-Berezowski	Miron	M50	200mP	41	27.59	0.5	82.02%
Sutherland	Bill	M50	200mP	49	28.37	0.2	78.64%
Glance	Ken	M50	200mP	57	30.02	-0.2	75.38%

Charles	Keith	M55	200mP	22	26.81	0.3	87.47%
Mitchell	Bruce	M55	200mP	39	29.44	-0.1	80.23%
Thompson	Bill	M70	200mS	15	32.72	-0.1	80.96%
Robson	Leslie	M70	200mS	16	32.74	-0.2	83.69%
400m							
Killas	Kostie	M45	400mS	8	54.26		89.22%
Killas	Kostie	M45	400mP	9	54.97		88.07%
Freeman	Peter	M45	400mS	13	55.84		87.95%
Freeman	Peter	M45	400mP	20	55.89		87.87%
Cameron	Douglas	M45	400mP	31	58.46		83.41%
Carter	Michael	M50	400mP	29	58.43		85.30%
Genik-Sas-Berezowski	Miron	M50	400mP	35	59.41		84.55%
Delecki	Andrew	M50	400mP	49	63.91		77.41%
Mitchell	Bruce	M55	400mP	38	67.14		78.52%
Fee	Earl	M70	400mS		DQ		
Fee	Earl	M70	400mP	3	66.69		91.02%
Robson	Leslie	M70	400mP	20	75.20		82.74%
Thompson	Bill	M70	400mP	23	77.81		77.07%
800m							
Carter	Michael	M50	800mP	28	2:15.81		86.64%
Delecki	Andrew	M50	800mP	41	2:22.83		81.72%
Judson	Fred	M55	800mS	16	2:23.80		84.57%
Judson	Fred	M55	800mP	11	2:19.54		87.15%
Madderom	Jake	M55	800mP	23	2:31.23		81.12%
Fee	Earl	M70	800mF	1	2:27.24		98.57%
Fee	Earl	M70	800mS	2	2:29.91		96.82%
Fee	Earl	M70	800mP	6	2:49.08		85.84%
1500m							

GOLD

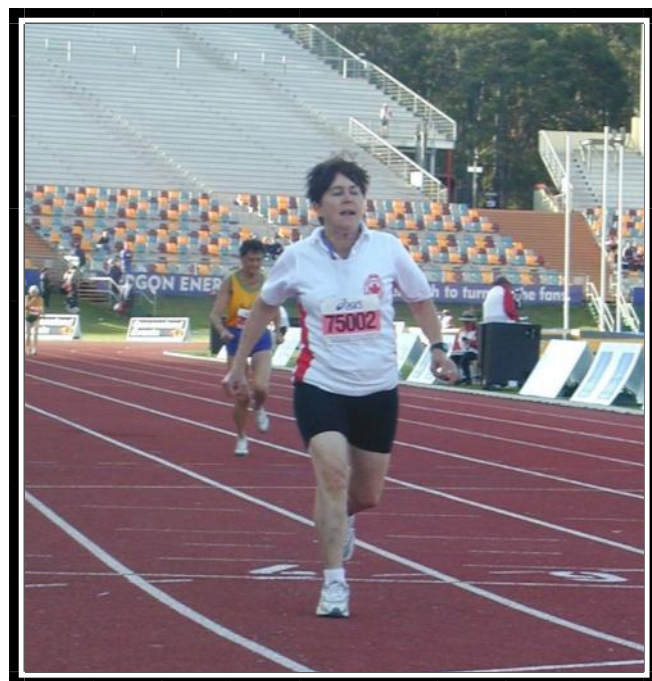


Vern Christensen leads this group in the M60 Steeplechase, followed closely by **Hyke Van Der Wal** (22)



Doug Smith (R) dukes it out with a Spanish Steeplechaser

Photo courtesy Nancy Cochrane



W80 Annie Fleming winning a Silver in the 200m

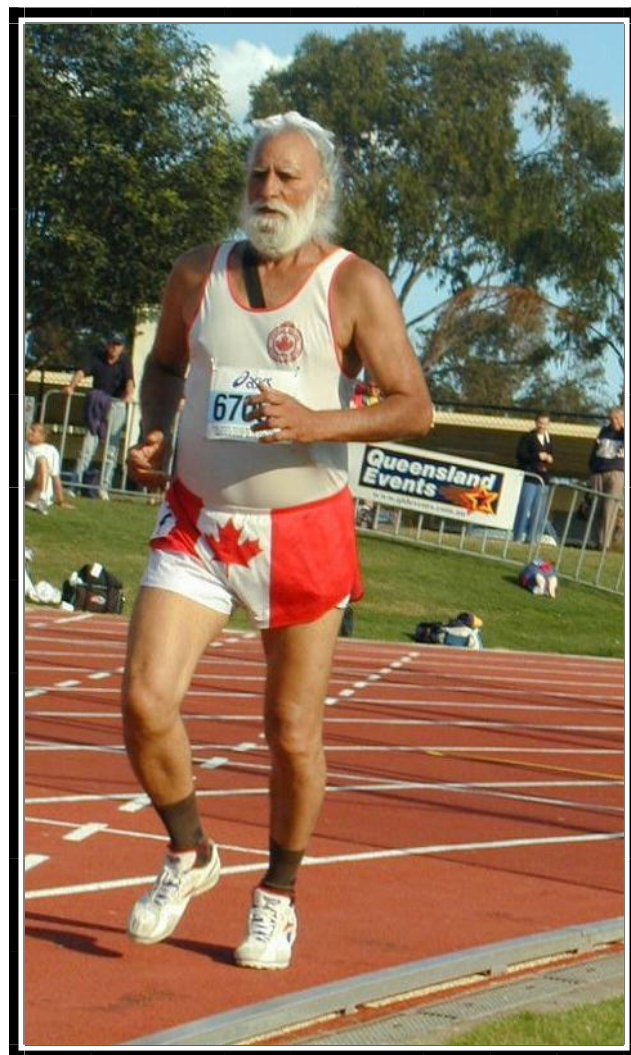
	Carter	Michael	M50	1500mP	42	5:01.28	79.10%	
	Judson	Fred	M55	1500mF	11	4:53.57	83.95%	
	Judson	Fred	M55	1500mP	12	4:51.60	84.51%	
	Madderom	Jake	M55	1500mP	23	5:04.44	81.67%	
	Christensen	Vern	M60	1500mP	20	5:22.82	79.91%	
	Davies	Roger	M65	1500mF	3	5:03.71	90.35%	BRONZE
	Davies	Roger	M65	1500mP	1	5:10.69	88.32%	
	Krolow	Gerhard	M65	1500mP	19	5:50.50	78.29%	
	Leyland	Leslie	M80	1500mF	6	8:04.53	74.07%	
5000m								
	Moon	Michael	M40	5000m	35	17:02.51	79.10%	
	Smith	Doug	M45	5000m	58	20:29.59	70.33%	
	Breton	Gaetan	M50	5000m	56	20:00.27	74.42%	
	Dilalla	Peter	M55	5000m	48	19:54.07	76.07%	
	Moore	Robert	M60	5000m	9	18:18.93	86.45%	
	Christensen	Vern	M60	5000m	25	19:50.52	79.80%	
	MacNeill	James	M60	5000m	31	20:25.94	80.64%	
	Mounsey	Duncan	M60	5000m	61	22:37.58	71.38%	
	Davies	Roger	M65	5000m	6	19:17.76	87.22%	
	Krolow	Gerhard	M65	5000m	32	22:21.60	75.27%	
	Martin	James	M70	5000m	9	21:45.56	80.94%	
	Whitlock	Ed	M70	5000m	1	18:33.38	94.91%	WR GOLD
	(old WR 18:34 Derek Turnbull NZL '97, old CAN record 20:47 Kurt Gelbhaar '93)							
	Galbraith	Jack	M75	5000m	22	31:41.26	62.10%	
	Leyland	Leslie	M80	5000m	9	29:53.26	73.28%	
10,000m								
	Moon	Michael	M40	10,000m	21	35:17.52	78.96%	
	Smith	Doug	M45	10,000m	40	44:19.9	67.22%	
	Breton	Gaetan	M50	10,000m	45	41:25.27	74.32%	
	Moore	Robert	M60	10,000m	4	37:45.42	86.74%	
	MacNeill	James	M60	10,000m	23	42:35.55	80.02%	
	Mounsey	Duncan	M60	10,000m	32	45:23.61	73.59%	
	Davies	Roger	M65	10,000m	5	39:35.99	87.91%	
	Whitlock	Ed	M70	10,000m	1	38:04.13	95.71%	WR GOLD
	(old WR 38:23 Warren Utes USA '91, old CAN 42:59 Kurt Gelbhaar '93)							
	Leyland	Leslie	M80	10,000m	6	1:04:07.14	70.68%	
80mH								

Morrow	Bert	M85	80mH	2	24.35	79.71%	SILVER
300mH							
Van Der Wal	Hyke	M60	300mH-P	12	51.81	83.86%	
400mH							
Judson	Fred	M55	400mH-F	8	68.38	85.41%	
Judson	Fred	M55	400mH-P	5	68.14	85.71%	
Steeplechase							
Smith	Doug	M45	3000mSC	13	12:59.96	72.62%	
Christensen	Vern	M60	2000mSC	13	8:08.34	84.78%	
Van Der Wal	Hyke	M60	2000mSC	20	9:17.01	77.33%	
5000mRW							
Dragomir	Gerald	M45	5000mRW	11	25:17.17	81.98%	
Ramsden	Don	M50	5000mRW	11	27:22.01	78.91%	
LJ							
Linder	Walter	M50	LJ	4	5.89m	0.2	84.87%
Delecki	Andrew	M50	LJ	25	3.85m	0.4	55.48%
Charles	Keith	M55	LJ	7	5.32m	-0.2	84.18%
Robson	Leslie	M70	LJ	7	3.78m	0.0	73.30%
TJ							
Poonia	Kesar Singh	M65	TJ	12	8.18m	72.52%	
HJ							
Hamill	Warren	M55	HJ	6	1.60m	86.49%	CAN
(old CAN record 1.47 Max Woerle '85 Toronto)							
Woerle	Maximilian	M70	HJ	5	1.18m	74.86%	
PV							
Hamill	Warren	M55	PV	9	3.10m	71.43%	
Judson	Fred	M55	PV	13	2.50m	57.60%	
Hammer							



M70 Jim Martin in the 5000m

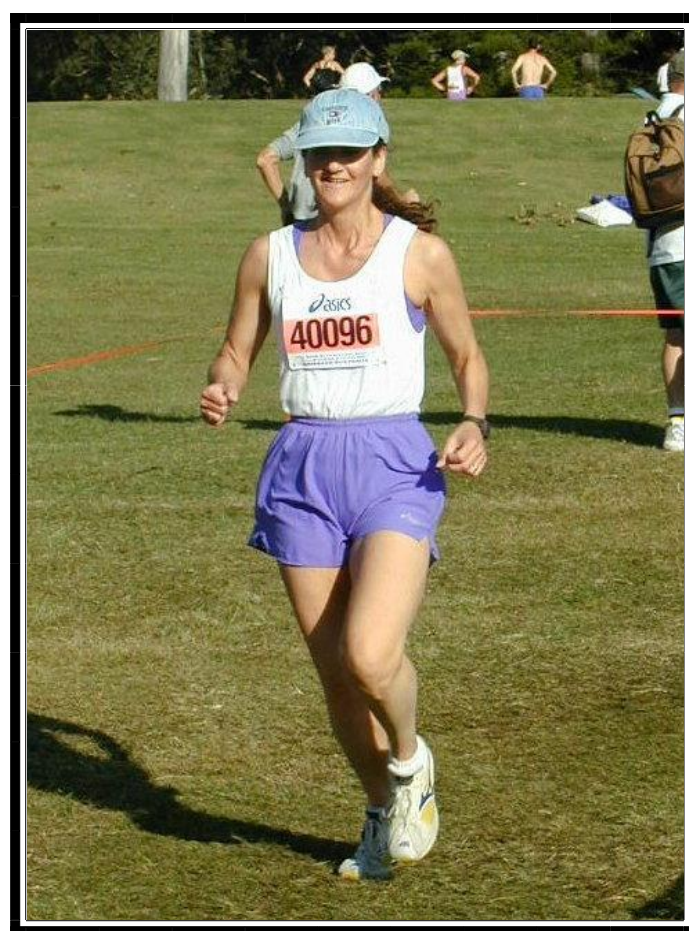
M65 Kesar Singh Poonia (R) starts the 1500
- the last event of his two day Decathlon



Holly	Cory	M40	HT-16LB	7	39.87m	56.61%	
Zaitchouk	Boris	M50	HT-6KG	1	63.66m	101.22%	GOLD CAN
(old CAN record Boris 60.35 OMTFA Championships in June)							
Muller	Emil	M65	HT-5KG	1	47.78m	90.91%	GOLD
Monds	Douglas	M70	HT-4KG	5	38.38m	74.05%	
Woerle	Maximilian	M70	HT-4KG	9	36.53m	67.51%	
West	Howard	M85	HT-4KG	7	18.89m	59.18%	
Shot							
Hawkins	John	M50	SP-6KG	21	10.90m	61.41%	
Poonia	Kesar Singh	M65	SP-5KG	26	9.49m	67.54%	
Taylor	Charles	M65	SP-5KG	28	8.10m	60.13%	
Monds	Douglas	M70	SP-4KG	15	9.33m	66.17%	
Goodvin	Cecil	M75	SP-4KG	13	5.27m	42.53%	
West	Howard	M85	SP-4KG	6	6.53m	76.64%	
Discus							
Taylor	Charles	M65	Dis-1KG	32	26.98m	51.60%	
Monds	Douglas	M70	Dis-1KG	20	20.68m	42.24%	
Goodvin	Cecil	M75	Dis-1KG	18	13.83m	32.18%	
West	Howard	M85	Dis-1KG	6	17.21m	58.34%	
Javelin							
West	Howard	M85	Javellin	10	14.35	46.16%	
Decathlon							
Hawkins	John	M50	Decath	18	4574		
Hamill	Warren	M55	Decath	1	7327	GOLD	
Judson	Fred	M55	Decath	3	6026	BRONZE	
Poonia	Kesar Singh	M65	Decath	17	4472		
Weight Pentathlon							
West	Howard	M85	Wt Pent	4	2748		
8K Cross Country							



W50 Linda Findley on the 1st lap of the Cross Country



W40 Jocelyne Dumais

Moon	Michael	M40	8k X-C	14	29:09.0		
Breton	Gaetan	M50	8k X-C	52	35:34.0		
Dilalla	Peter	M55	8k X-C	41	35:22.0		
Christensen	Vern	M60	8k X-C	31	36:05.0		
Moore	Robert	M60	8k X-C	8	32:11.0		
MacNeill	James	M60	8k X-C	33	36:17.0		
Mounsey	Duncan	M60	8k X-C	62	41:12.0		
Krolow	Gerhard	M65	8k X-C	35	40:23.0		
Castle	Jack	M70	8k X-C	39	69:02.0		
Martin	James	M70	8k X-C	9	39:31.0		
Team X-C							
Moore, Christensen, MacNeill		M60	8k X-C	4	104:33.0		
20kRW							
Dragomir	Gerald	M45	20kRW	10	1:54:03	76.36%	
Ramsden	Don	M50	20kRW	11	2:03:51	71.78%	
Relays							
Dickson, Killas, Grose, Linder				M45	4x100	7	49.74
Robson, Poonia, Mitchell, Judson				M55	4x100	6	56:88
Judson, Cameron, Freeman, Genik-Sas-Berenzowski				M55	4x400	5	1:21.05

Team Captain - Brian Keaveney

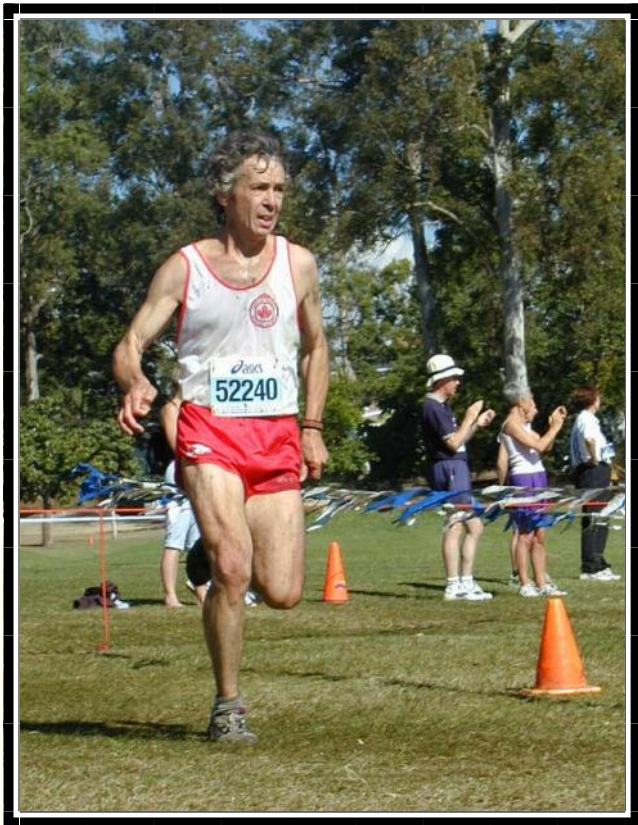
Results compiled by Team Assistant Captain Joan Christensen



M45 4 X 400m Relay Team

Doug Cameron (45), Miron Genik-Sas-Berezowski (50), Fred Judson (55), Peter Freeman (45)

Photo courtesy Miron



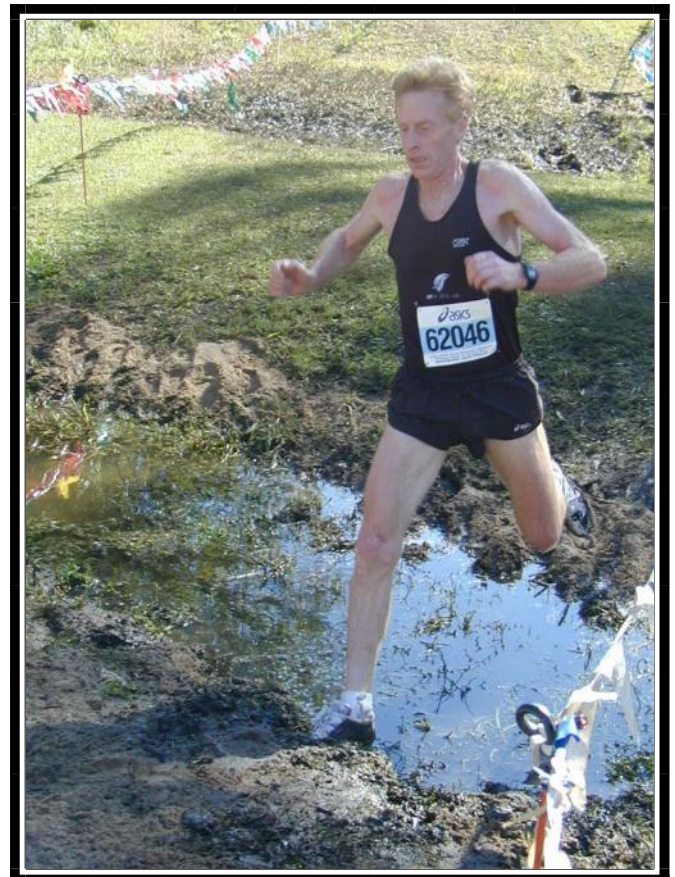
M50 Gaëtan Breton



Bob Moore (R) finished 8th in a big field of M60's.



W45 winner Maureen de st Croix



Kiwi Ron Robertson won the X-C...as well as the 1500, 5000, and Steeplechase—World Records in the last three!!



M45 Kosti Killas (L) made the final in the 200m.



M60 Duncan Mounsey (L) and **M55 Peter Dilalla** enjoyed fine runs on a great day at the Cross Country